

NAME:	Mr. Shubhakar T. Dole	UHID:	
AGE:	34 yrs	DATE OF HEALTHCHECK:	20/07/2023
GENDER:	Male		

HEIGHT:	163.5 cm	MARITAL STATUS:	M
WEIGHT:	65.9 kg	NO OF CHILDREN:	2
BMI:	24.7		

C/O: ✓

K/C/O:
PRESENT MEDICATION: - No.

P/M/H: - No

P/S/H: - No

ALLERGY: - No

PHYSICAL ACTIVITY: Active/ Moderate/ Sedentary

H/A: SMOKING:

FAMILY HISTORY FATHER: - No

ALCOHOL: - No

MOTHER: - No

TOBACCO/PAN: - No

O/E:

LYMPHADENOPATHY:

BP: 110/76 PULSE: - 80/min

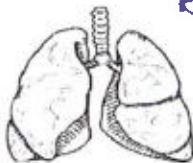
PALLOR/ICTERUS/CYNOSIS/CLUBBING: - No

TEMPERATURE: ✓ SCARS:

OEDEMA:

S/E:

RS:



P/A:

CVS: S, A, H

Extremities & Spine: - No

CNS: Cerebrum, cerebellum

ENT:

Skin: - No

Vision:

	Without Glass		With Glass	
	Right Eye	Left Eye	Right Eye	Left Eye
FAR :				
NEAR :				
COLOUR VISION:				



OPHTHALMIC EVALUATION

UHID No.: _____

Date: 30/3/23

Name: Suduganka Tande

Age: 34

Gender: Male / Female

Without Correction :

Distance: Right Eye 6/6

Left Eye 6/6

Near : Right Eye N/G

Left Eye N/G

With Correction :

Distance: Right Eye _____

Left Eye _____

Near : Right Eye _____

Left Eye _____

	RIGHT					LEFT				
	SPH	CYL	AXIS	PRISM	VA	SPH	CYL	AXIS	PRISM	VA
Distance	/					/				
Near	/					/				

Colour Vision : (Normal)

Anterior Segment Examination : _____

Pupils : _____

Fundus : _____

Intraocular Pressure : _____

Diagnosis : _____

Advice : _____

Re-Check on _____ (This Prescription needs verification every year)

DR. SHETH NIKET PRASHANT
M.B.B.S
Regn. No 2008.103046

Dr. _____
(Consultant Ophthalmologist)

DENTAL CHECKUP

NAME: Shivsankar Tandale	MR NO:
AGE: 34 GENDER: M.	DATE: 30/3/2023.

Medical history: Diabetes Hypertension

EXAMINATION	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Calculus & Stains	✓	✓	✓	✓
Mobility		✓	✓	✓
Caries (Cavities)				
a) Class 1 (Occlusal)			✓	
b) Class 2 (Proximal)				
c) Class 5 (Cervical)				
Faulty Restoration				
Faulty Crown				
Fractured Tooth				
Root Pieces				
Impacted Tooth				
Missing Tooth				
Existing Denture				

TREATMENT ADVISED:

TREATMENT	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Restoration / Filling			✓	
Root Canal Therapy				
Crown				
Extraction				

Oral Prophylaxis: Scaling & polishing

Orthodontic Advice for Braces: Yes / No

Prosthetic Advice to Replace Missing Teeth: Denture Bridge Implant

Oral Habits: Tobacco Cigarette Others since ___ years

Advice to quit any form of tobacco as it can cause cancer.

Other Findings: NA

- Scaling and polishing - 1700.
- filling = 76 - 1200.



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Name : Mr. Shivshankar Nivarti Tandle Gender : Male Age : 34 Years
UHID : Bill No : Lab No : V-3760-23
Ref. by : SELF Sample Col.Dt : 30/03/2023 10:20
Barcode No : 774 Reported On : 30/03/2023 20:29

TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

HAEMOGRAM(CBC,ESR,P/S)-WB (EDTA)

Haemoglobin(Colorimetric method)	14.6	g/dl	13 - 18
RBC Count (Impedance)	5.00	Millions/cumm.	4 - 6.2
PCV/Haematocrit(Calculated)	42.9	%	35 - 55
MCV:(Calculated)	85.7	fl	78 - 98
MCH:(Calculated)	29.1	pg	26 - 34
MCHC:(Calculated)	34	gm/dl	30 - 36
RDW-CV:	14.5	%	11.5 - 16.5
Total Leucocyte count(Impedance)	6290	/cumm.	4000 - 10500
Neutrophils:	60	%	40 - 75
Lymphocytes:	33	%	20 - 40
Eosinophils:	04	%	0 - 6
Monocytes:	03	%	2 - 10
Basophils:	00	%	0 - 2
Platelets Count(Impedance method)	2.45	Lakhs/c.mm	1.5 - 4.5
MPV	8.4	fl	6.0 - 11.0
ESR(Westergren Method)	06	mm/1st hr	0 - 20
Peripheral Smear (Microscopic examination)			
RBCs:	Normochromic, Normocytic		
WBCs:	Normal		
Platelets	Adequate		
Note:	Test Run on 5 part cell counter. Manual diff performed.		

Alsaba Shaikh
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Verified By

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Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically

Name : Mr. Shivshankar Nivarti Tandle Gender : Male Age : 34 Years
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TEST

RESULTS

Blood Grouping (ABO & Rh)-WB(EDTA) Serum

ABO Group:

:B:

Rh Type:


Positive

Method :

Tube Agglutination (forward and reverse)

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Indira Health And Lifestyle Private Limited.

NABL Accredited Laboratory

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Besides Neel Siddhi Tower, Vashi-Navi Mumbai-400703.

Tel. : (022) - 2788 1322 / 23 / 24 ☎ 8291490000

Email: apolloclinicvashi@gmail.com

Apollo Clinic
VASHI


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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
PLASMA GLUCOSE			
Fasting Plasma Glucose :	92	mg/dL	Normal < 100 mg/dL Impaired Fasting glucose : 101 to 125 mg/dL Diabetes Mellitus : >= 126 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)
Post Prandial Plasma Glucose :	131	mg/dL	Normal < 140 mg/dL Impaired Post Prandial glucose : 140 to 199 mg/dL Diabetes Mellitus : >= 200 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)

Method : Hexokinase

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TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

HbA1c(Glycosylated Haemoglobin)WB-EDTA

(HbA1C) Glycosylated Haemoglobin : 5.4 %
 Normal <5.7 %
 Pre Diabetic 5.7 - 6.5 %
 Diabetic >6.5 %
 Target for Diabetes on therapy < 7.0 %
 Re-evaluation of therapy > 8.0 %

Mean Blood Glucose : 108.28 mg/dL

Correlation of A1C with average glucose

A1C (%)	Mean Blood Glucose (mg/dl)
6	126
7	154
8	183
9	212
10	240
11	269
12	298


Method High Performance Liquid Chromatography (HPLC).

INTERPRETATION

- * The HbA1c levels correlate with the mean glucose concentration prevailing in the course of Pts recent history (apprx 6-8 weeks) & therefore provides much more reliable information for glycemia control than the blood glucose or urinary glucose.
- * This Methodology is better than the routine chromatographic methods & also for the diabetic pts. having HEMOGLBINOPATHIES OR UREMIA as Hb variants and uremia does not INTERFERE with the results in this methodology.
- * It is recommended that HbA1c levels be performed at 4 - 8 weeks during therapy in uncontrolled DM pts. & every 3 - 4 months in well controlled diabetics.
- * Mean blood glucose (MBG) in first 30 days (0-30) before sampling for HbA1c contributes 50% whereas MBG in 90 - 120 days contribute to 10% in final HbA1c levels

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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

Lipid Profile- Serum

S. Cholesterol(Oxidase)	208	mg/dL	Desirable < 200 Borderline:>200-<240 Undesirable:>240
S. Triglyceride(GPO-POD)	88	mg/dL	Desirable < 150 Borderline:>150-<499 Undesirable:>500
S. VLDL:(Calculated)	17.6	mg/dL	Desirable <30
S. HDL-Cholesterol(Direct)	<u>39.6</u>	mg/dL	Desirable > 60 Borderline:>40-<59 Undesirable:<40
S. LDL:(calculated)	150.8	mg/dL	Desirable < 130 Borderline:>130-<159 Undesirable:>160
Ratio Cholesterol/HDL	<u>5.3</u>		3.5 - 5
Ratio of LDL/HDL	<u>3.8</u>		2.5 - 3.5

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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL


LFT(Liver Function Tests)-Serum

S.Total Protein (Biuret method)	7.49	g/dL	6.6 - 8.7
S.Albumin (BCG method)	4.64	g/dL	3.5 - 5.2
S.Globulin (Calculated)	2.85	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	1.63		0.9 - 2
S.Total Bilirubin (DPD):	0.39	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	0.13	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.26	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with P5P): 17		U/L	5 - 40
S.ALT (SGPT) (IFCC Kinetic with P5P): 28		U/L	5 - 41
S.Alk Phosphatase(pNPP-AMP Kinetic): 61		U/L	40 - 129
S.GGT(IFCC Kinetic): 21		U/L	11 - 50

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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
RFT - Renal Profile-serum			
S.Urea(Urease-GLDH)	16.5	mg/dL	10.0 - 45.0
S. Urea Nitrogen(Calculated)	7.7	mg/dL	5 - 20
S.Creatinine(Jaffe's Kinetic)	0.86	mg/dL	0.50 - 1.3
S.Uric Acid(Uricase-POD)	5.2	mg/dL	3.4 - 7.0
S.Total Protein(Biuret)	7.49	g/dL	6.6 - 8.7
S.Albumin(BCG)	4.64	g/dL	3.5 - 5.2
S.Globulin(Calculated)	2.85	g/dL	2 - 3.5
A/G Ratio(Calculated)	1.63		0.9 - 2
S.Sodium(Na) (ISE-Direct)	137	mmol/L	135 - 145
S.Potassium(K) (ISE-Direct)	4.4	mmol/L	3.5 - 5.3
S.Chloride(Cl) (ISE-Direct)	97	mmol/L	95 - 106
S.Calcium(NM-BAPTA)	9.85	mg/dL	8.6 - 10.0
S.Phosphorus(UV Phosphomolybdate)	3.65	mg/dL	2.5 - 4.5

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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

Thyroid (T3,T4,TSH)- Serum

Total T3 (Tri-iodo Thyronine) (ECLIA)	1.84	nmol/L	1.3 - 3.1 nmol/L
Total T4 (Thyroxine) (ECLIA)	88.60	nmol/L	66 - 181 nmol/L
TSH-Ultrasensitive (Thyroid-stimulating hormone) Method : ECLIA	3.17	□IU/ml	Euthyroid : 0.35 - 5.50 □IU/ml Hyperthyroid : < 0.35 □IU/ml Hypothyroid : > 5.50 □IU/ml

Grey zone values observed in physiological/therapeutic effect.

Note:

T3 :

1. Decreased values of T3 (T4 and TSH normal) have minimal Clinical significance and not recommended for diagnosis of hypothyroidism.
2. Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites ,Pregnancy, Drugs (Androgens,Estrogens,O C pills, Phenytoin) etc. In such cases Free T3 and free T4 give corrected Values.
3. Total T3 may decrease by < 25 percent in healthy older individuals

T4 :

1. Total T3 and T4 Values may also be altered in other condition due to changes in serum proteins or binding sites, Pregnancy Drugs (Androgens,Estrogens,O C pills, Phenytoin), Nerphrosis etc. In such cases Free T3 and Free T4 give Corrected values.

TSH :

1. TSH Values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart failure. Severe burns, trauma and surgery etc.
2. Drugs that decrease TSH values e,g L dopa, Glucocorticoids.
3. Drugs that increase TSH values e.g. Iodine,Lithium, Amiodarone

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Page 6 of 9 Chief Pathologist

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TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

URINE REPORT

PHYSICAL EXAMINATION

QUANTITY	50	mL	
COLOUR	Pale Yellow		
APPEARANCE	Clear		Clear
SEDIMENT	Absent		Absent

CHEMICAL EXAMINATION(Strip Method)


REACTION(PH)	7.0		4.6 - 8.0
SPECIFIC GRAVITY	1.005		1.005 - 1.030
URINE ALBUMIN	Absent		Absent
URINE SUGAR(Qualitative)	Absent		Absent
KETONES	Absent		Absent
BILE SALTS	Absent		Absent
BILE PIGMENTS	Absent		Absent
UROBILINOGEN	Normal(<1 mg/dl)		Normal
OCCULT BLOOD	Absent		Absent
Nitrites	Absent		Absent

MICROSCOPIC EXAMINATION

PUS CELLS	Occasional		0 - 3/hpf
RED BLOOD CELLS	Nil /HPF		Absent
EPITHELIAL CELLS	Occasional		3 - 4/hpf
CASTS	Absent		Absent
CRYSTALS	Absent		Absent
BACTERIA	Absent		Absent

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NORMAL ECG

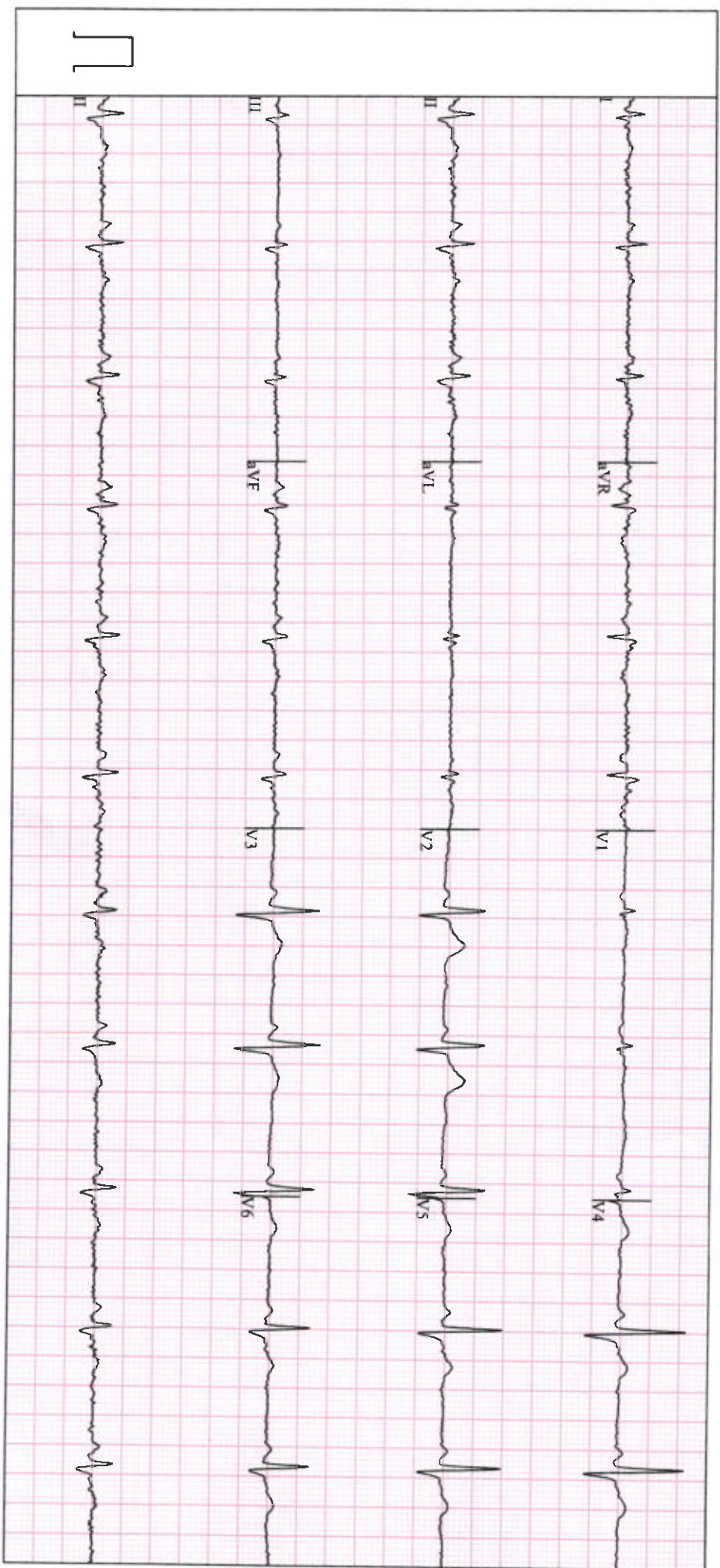
65 bpm
-- / -- mmHg

Normal sinus rhythm
Normal ECG

QRS : 90 ms
QT / QTcBaz : 376 / 391 ms
PR : 124 ms
P : 88 ms
RR / PP : 920 / 923 ms
P / QRS / T : 46 / 53 / 38 degrees

WNL
[Signature]

DR. RISHIA. BHARGAVA
MD, DM (Cardiology)
CONSULTANT CARDIOLOGIST
Reg. No.: 2019/02/0494



PATIENT'S NAME	SHIVSHANKAR TANDLE	AGE :- 34 Y/M
UHID		DATE :- 30-03-23

2D Echo and Colour doppler report

- All cardiac chambers are normal in dimension.
- No obvious resting regional wall motion abnormalities (RWMA).
- Interatrial and Interventricular septum – Appears Normal
- Valves – Structurally normal.
- Good biventricular function.
- IVC is normal.
- Pericardium is normal.
- Great vessels - Origin and visualized proximal part are normal.
- No coarctation of aorta.

Doppler study

- Normal flow across all the valves.
- No pulmonary hypertension.
- PASP – 14 mmHg.
- No diastolic dysfunction.
- Peak systolic gradients across LVOT/AV – 07mmHg.

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Measurements

Aorta annulus	16 mm
Left Atrium	25 mm
LVID(Systole)	26 mm
LVID(Diastole)	42 mm
IVS(Diastole)	10 mm
PW(Diastole)	10 mm
LV ejection fraction.	55-60%

Conclusion

- Good biventricular function
- No RWMA
- Valves – Structurally normal
- No diastolic dysfunction
- No PAH.



DR. RISHI BHARGAVA

MD DM

CONSULTANT INTERVENTIONAL CARDIOLOGIST

• ANDHERI • COLABA • NASHIK • VASHI

PATIENT'S NAME	SHIVSHANKAR N TANDEL	AGE :- 34y/M
UHID		DATE :- .30 Mar. 23

X-RAY CHEST PA VEIW

OBSERVATION:

Bilateral lung fields are clear.
Both hila are normal.
Bilateral cardiophrenic and costophrenic angles are normal.
The trachea is central.
Aorta appears normal.
The mediastinal and cardiac silhouette are normal.
Soft tissues of the chest wall are normal.
Bony thorax is normal.

IMPRESSION:

➤ No significant abnormality seen.



DR.CHHAYA S. SANGANI
CONSULTANT SONOLOGIST
Reg No. 073826

PATIENT'S NAME	SHIVSHANKAR TANDLE	AGE :- 34 y/M
UHID NO		30 Mar 2023

USG WHOLE ABDOMEN

LIVER is normal in size, shape and echotexture .No evidence of any focal lesion. The portal vein appears normal & shows normal hepatopetal flow. No evidence of intra-hepatic biliary duct dilatation.

Gall Bladder appears well distended with normal wall thickness. There is no calculus or pericholecystic collection or free fluid noted. CBD appears normal.

Visualised parts of head & body of pancreas appear normal. PD is not dilated.

SPLEEN is normal in size, and echotexture. No focal lesion seen. SV is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis or calculi or mass seen.
RIGHT KIDNEY measures 9.7 x 4.1 cm. **LEFT KIDNEY** measures 9.6 x 4.9 cm.

Urinary Bladder is adequately distended; no e/o any obvious wall thickening or mass or calculi seen.

PROSTATE is normal in size, shape & echotexture.

Visualised bowel loops appear normal. There is no free fluid seen.

IMPRESSION –

- No significant abnormality detected.

THIS REPORT IS NOT TO BE USED FOR MEDICOLEGAL PURPOSE.THE CONTENTS OF THIS REPORT REQUIRE CLINICAL CO-RELATION BEFORE ANY APPLICATION.



DR.CHHAYA S. SANGANI
CONSULTANT SONOLOGIST
Reg: No. 073826

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Name: Mr. Shivshankar Tandle Age: 34 Date of Health check-up: 30/3/23

Findings and Recommendation:

Findings:-

All lab: WNL

Recommendation:-

Signature:

Consultant -



DR. SHRUTILAYA AYYAGARI
MD MEDICINE
Reg. No. 2016-002514