



PATIENT NAME	NARESH KUMAR	DATE	9-Jul-22
SEX / AGE	MALE 28 / YRS		
REF. BY	DR . JAYESH AMBALIYA		

U.S.G. ABDOMEN & PELVIS

Liver is normal in size (**13.8 cm**) and shows diffuse bright echotexture. No evident focal lesion is seen. No evidence of dilated I.H.B.R. Portal vein is normal in size.

Gall bladder appears normal. No evidence of gall stone. Wall thickness is normal.

CBD is normal in size. No evidence of CBD stone.

Pancreas is normal morphologically. No mass lesion or calcification is seen in the pancreas. Main pancreatic duct is not dilated.

Spleen is normal in size (**10.3 cm**) and shows normal echotexture. No evidence of any focal lesion is seen. Splenic vein is normal in size.

Right kidney is normal in size, shape and position. Cortico-medullary differentiation is well preserved. No evidence of stone or hydronephrosis.

Left kidney is normal in size, shape and position. Cortico-medullary differentiation is well preserved. No evidence of stone or hydronephrosis.

Right kidney: 102x44 mm

Left kidney: 106 x 47 mm

Urinary bladder is distended and shows normal wall thickening. No evidence of calculus, mass lesion or diverticulum.

Prostate appears normal measures 10 cc.

ON HIGH FREQUENCY PROBE:

- No evident dilatation of rest of the bowel loops is noted.
- No evident enlarged para-aortic lymphadenopathy is seen.
- No evidence of free fluid noted in abdomen and pelvis.

IMPRESSION:

- Grade I fatty liver without evident focal lesion.
- No evident organomegaly or ascites.
- Rest of the USG abdomen - Normal at present scan.

DR AJAY CHAUDHARI
M.D. RADIOLOGIST (FMF)

DR SIDDHARTH ZALA
M.D. RADIOLOGIST (FSIR)

DR TUSHAR THAKOR
M.D. RADIOLOGIST

DR. SIDDHARTH A. ZALA
MD RADIODIAGNOSIS

REG. G-51075

- ફિઝિશીયન
- રેડી ઓલોજી
- અન. અ.
- ઓર્થોપેડિક
- જનરલ સર્જન
- પેથોલોજી
- આઈ.સી.યુ.
- આંખ વિભાગ
- ગાયનેક
- કાન-નાક-ગળા વિભાગ
- પીડીયાટ્રીક
- ફિઝિયોથેરાપી
- મનોરોગ વિભાગ

કેશલેસ અને મેડીકલેમની સુવિધાઓ ઉપલબ્ધ

ફાર્મસી ૨૪ X ૭

512/1, Nr.G-6 Circle, Opp. SBI, Sector-23, Gandhinagar-382023.

Phone : +91-8980809753 / 54



UHID No : A39389
 Name : NARESHKUMAR RAMABHAI KHANT
 Doctor : PRE INSURANCE CHEKUP (DR. JAYESH AMBALIYA)
 Ref. By : SELF
 Date : 09/07/2022
 Age / Sex : 25 Y 1 M 21 days / Male
 Address :
 Mobile No : 9586489260
 Weight :

R_x

25 year old male come
 for Routine health check up

R.B.S=83

E.C.G. normal

FAST → normal

40 Breatures/min
 on exertion

ACW

No generalised weakness

→ Reassurance

PRP = 170/100
 BP = 110/70

→ agrees

DR. JAYESH AMBALIYA
 M.D. (GENERAL MEDICINE)
 G-30363

RSBSB
 clear

we stand
 normal

PIA /
 W / M / A

- ફિઝિશીયન
- ડિપાર્ટમેન્ટ
- ઓર્થોપેડિક
- આઈ.સી.યુ.
- એન.આઈ.સી.યુ.
- પેથોલોજી
- આંખ વિભાગ
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- ડેન્ટલ
- એનેસ્થેસિયા
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- મનોરોગ વિભાગ

કેશલેસ અને મેડીક્લેમની સુવિધાઓ ઉપલબ્ધ

ફાર્મસી ૨૪ X ૭



UHID No : A39389

Name : NARESHKUMAR RAMABHAI KHANT

Doctor : PRE INSURANCE CHEKUP (DR. DONIKA PATEL)

Ref. By : SELF

Date : 09/07/2022

Age / Sex : 25 Y 1 M 21 days / Male

Address :

Mobile No : 9586489260

Rx

Weight :

routine check up

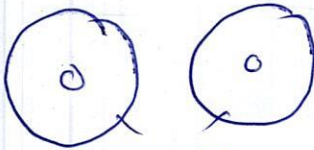
Dm { 616
616

Nm { rb
rb

Color vision [17/17 plates
Normal

SILE

(RE) (LE)



SPLV
Ac. @

pupil central x 2

Act.

- Recharge gel 1/1/1
1-1-1

- ફિઝિશીયન
- રેડિયોલોજી
- એન. આઈ. સી. યુ.
- ડેન્ટલ
- પીડિયાટ્રીક
- ઓર્થોપેડીક
- જનરલ સર્જન
- પેથોલોજી
- એનેસ્થેશિયા
- ફિઝિયોથેરાપી
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કેશલેસ અને મેડીકલેમની સુવિધાઓ ઉપલબ્ધ

ફાર્મસી ૨૪ X ૭

PRE INSURANCE CHECKUP

512/1, Nr.G-6 Circle, Opp. SBI, Sector-23, Gandhinagar-382023.

Phone : +91-8980809753 / 54

PRE INSURANCE CHECKUP



Pagarav
Hospital & I.C.U.



AN ISO
9001:2015
CERTIFIED

PATIENT NAME	NARESHKUMAR R.KHANT	DATE	09-07-2022
SEX / AGE	28Y-M		

X-RAY CHEST PA

- Both lung fields show prominent broncho-vascular markings.
- No evidence of consolidation or mass lesion is seen.
- Cardiac size appears within normal limit.
- Trachea and mediastinal soft tissue shadow appear unremarkable.
- Both C.P. angles and both domes of diaphragm appear normal.
- Bony thorax under vision appears normal.

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DR TUSHAR THAKOR
M.D. RADIOLOGIST

DR. SIDDHARTH A. ZALA
MD RADIODIAGNOSIS
REG. G-51679

- ફિઝિશીયન
- રેડિયોલોજી
- એન. આઈ. સી. યુ.
- ડેન્ટલ
- પીડીયાટ્રીક
- ઓર્થોપેડીક
- જનન લ સર્જન
- પેથોલોજી
- એનેસ્થેશિયા
- ફિઝિયોથેરાપી
- આઈ. સી. યુ.
- આંખ વિભાગ
- ગાયનેક
- કાન-નાક-ગળા વિભાગ
- મનોરોગ વિભાગ

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ફાર્મસી ૨૪ X ૭

512/1, Nr.G-6 Circle, Opp. SBI, Sector-23, Gandhinagar-382023.
Phone : +91-8980809753 / 54

NAME: NARESHKUMAR R. KHANT
AGE/GENDER: 28 yrs/MALE

ID: 53
HEIGHT: 168 cm.

PROTOCOL: Bruce
WEIGHT: 62 Kg.

Summary report
DATE/TIME: 09-07-2022 11:17
REF. BY:
SMOKER: Non Smoker

Test Results

Protocol	: Bruce	Max Work load:	12.15	BMI	: 22
Target HR	: 192 (163)bpm	Exer. Time	: 12:6min	Max RPP(1000)	: 22.712
Maximum HR	: 167 (87 %) bpm	Recov. Time	: 9:24min	Max BP	: 136/84 mmHg

(1) Reason for termination :
Target heart rate achieved

(2) Functional Capacity : Normal

(3) HR Response to Exercise : Appropriate

(4) BP Response to Exercise :
Normal resting BP - Appropriate response

(5) Overall Impression :
Normal stress test

(6) Comment :
Normal ECG

(1) Restring ECG :
Normal

(2) Chest Pain :
None

(3) ST Changes :
None

(4) Arrhythmias :
None

(5) History : Routine health checkup

(6) Medication :
None

Arvind

DR. JAYESH AMBOLYA
M.D. (INTERNAL MEDICINE)
G 30363

Arvind

NAME: NARESHKUMAR R. KHANT
AGE/GENDER: 28 yrs/MALE

ID: 53
HEIGHT: 168 cm.

PROTOCOL: Bruce
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Summary report
DATE/TIME: 09-07-2022 11:17

REF. BY:
SMOKER: Non Smoker

Stage	Time Min:Sec	HR bpm	BP mmHg	Speed (mph) /G rate (%)	Load METS	RPP 1000	II	V2	V5
Supine	00:12	72	120/80	0.0/0.0	1.0	8.64	0.6/0.1	3.0/1.1	2.5/0.5
Standing	01:06	76	120/80	0.0/0.0	1.0	9.12	0.7/0.5	3.4/1.6	2.7/0.9
HyperV	00:18	75	120/80	0.0/0.0	1.0	9	0.8/0.5	3.2/1.3	2.7/0.8
Exer : 1/7	03:00	98	126/85	1.7/10.0	4.8	12.348	0.8/0.5	2.8/1.2	2.5/1.1
Exer : 2/7	03:00	103	130/88	2.5/12.0	6.8	13.39	0.6/1.2	3.4/1.7	2.7/1.7
Exer : 3/7	03:00	135	130/88	3.4/14.0	9.3	17.55	1.6/2.5	3.6/2.5	2.3/2.5
Exer : 4/7	03:00	167	136/92	4.2/16.0	12.0	22.712	0.4/4.5	4.2/4.0	3.5/4.8
Exer : 5/7	00:06	172	136/92	5.0/18.0	12.2	23.392	2.2/2.0	3.7/2.4	2.5/4.9
Peak	12:06	167	136/92	5.0/18.0	12.2	22.712	-2.1/-0.9	3.6/7.6	3.2/6.4
Recovery	01:00	128	136/92	0.0/0.0	1.0	17.408	3.3/4.5	7.2/6.4	6.3/7.0
Recovery	02:00	109	136/92	0.0/0.0	1.0	14.824	0.4/1.7	5.1/3.6	4.4/3.6
Recovery	03:00	96	135/92	0.0/0.0	1.0	12.96	0.6/1.3	3.4/1.7	1.6/2.4
Recovery	04:00	94	135/92	0.0/0.0	1.0	12.69	0.4/0.7	3.0/1.3	1.8/0.8
Recovery	05:00	91	123/90	0.0/0.0	1.0	11.193	0.4/0.4	3.1/1.1	1.6/0.4
Recovery	06:00	93	123/90	0.0/0.0	1.0	11.439	0.7/1.1	3.0/1.5	1.4/1.1
Recovery	07:00	91	120/80	0.0/0.0	1.0	10.92	0.8/0.8	3.1/1.3	2.0/0.5
Recovery	08:00	86	120/80	0.0/0.0	1.0	10.32	0.6/0.5	3.1/1.2	2.0/0.5
Recovery	09:00	85	120/80	0.0/0.0	1.0	10.2	0.8/0.5	3.2/1.3	2.4/0.9
Recovery	09:24	85	120/80	0.0/0.0	1.0	10.2	0.7/0.4	3.3/1.2	2.0/0.7

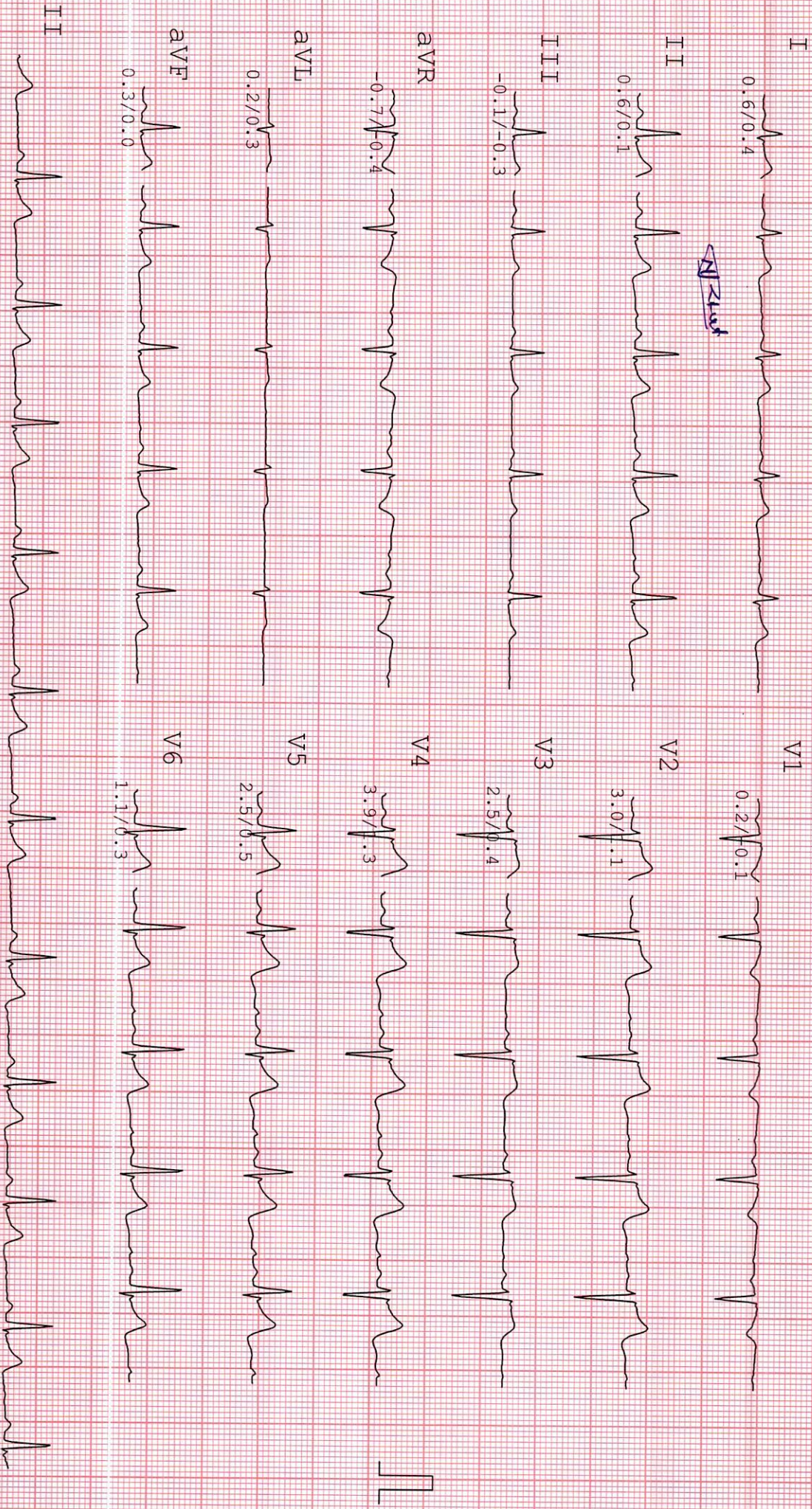
NAME : NARESHKUMAR R. KHANT
 AGE/GENDER : 28 yrs/MALE
 DATE/TIME : 09-07-2022 11:17

ID : 53
 BP : 120/80mmHg
 HR : 68bpm

PROTOCOL : Bruce
 STAGE : Supine
 STAGE TIME : 00:12

Linked Median Report
 SPEED/GRADE : 0.0/0.0
 POST J at 80 msec

GAIN : 1X
 STL in mm
 STS in mm/sec

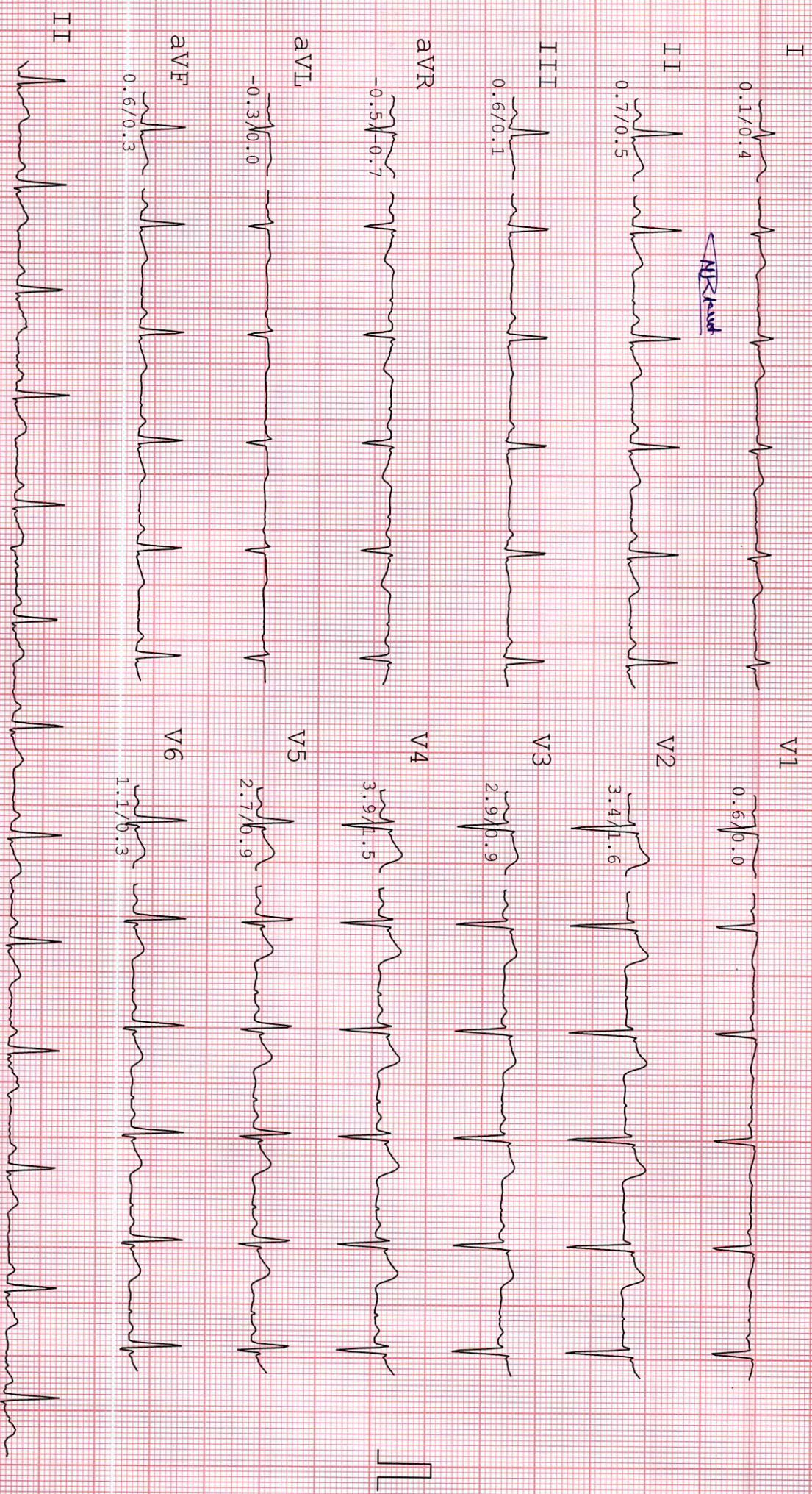


NAME : NARESHKUMAR R. KHANT
 AGE/GENDER : 28 yrs/MALE
 DATE/TIME : 09-07-2022 11:17
 ID: 53
 BP: 120/80mmHg
 HR: 76bpm

PROTOCOL : Bruce
 STAGE : Standing
 STAGE TIME: 01:06

Linked Median Report
 SPEED/GRADE: 0.0/0.0
 POST J at 80 msec

GAIN: 1X
 STL in mm
 STS in mm/sec



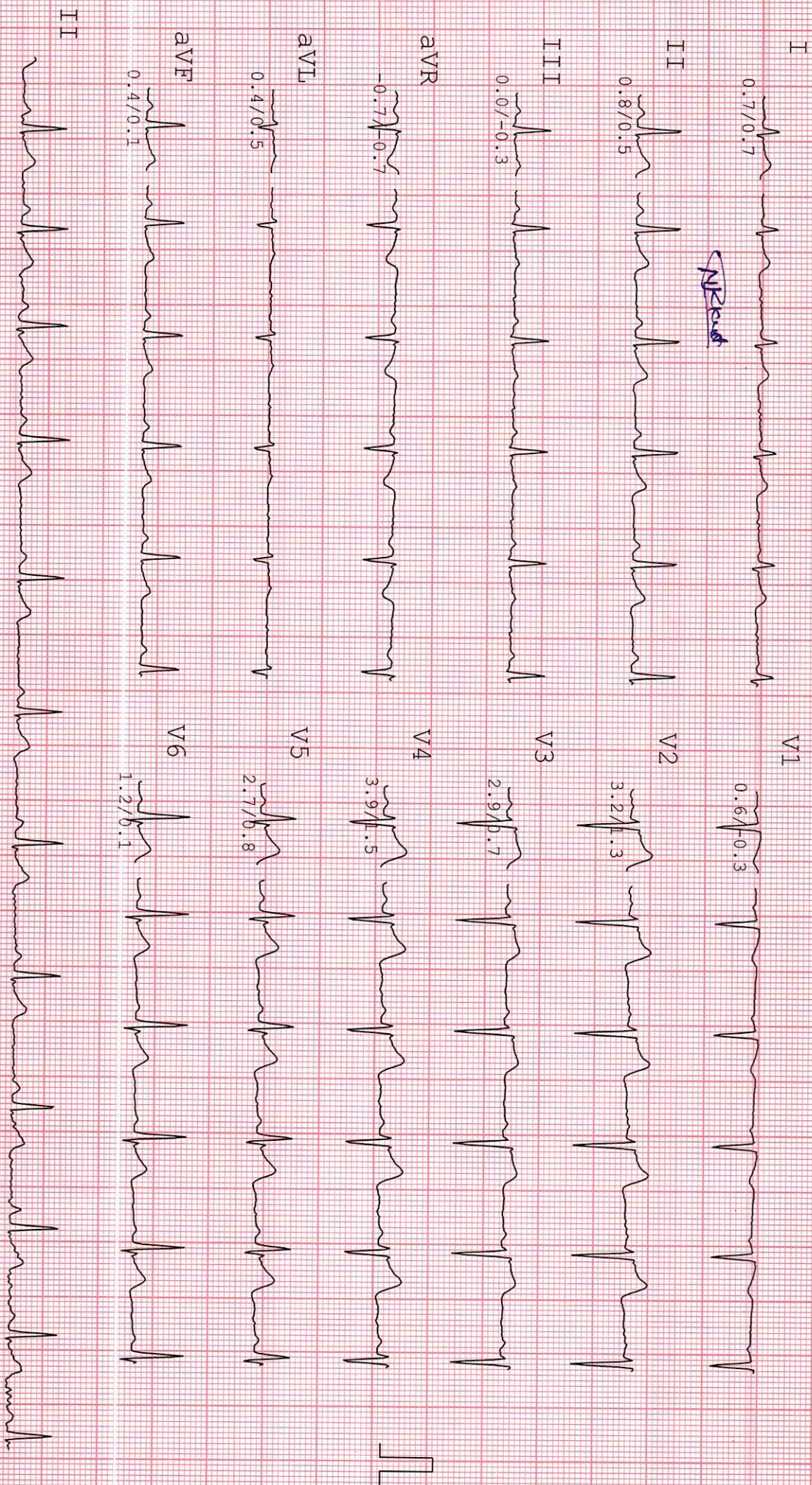
NAME : NARESHKUMAR R. KHANT
 AGE/GENDER : 28 yrs/MALE
 DATE/TIME : 09-07-2022 11:17

ID : 53
 BP : 120/80mmHg
 HR : 73bpm

PROTOCOL : Bruce
 STAGE : HyperIV
 STAGE TIME : 00:18

Linked Median Report
 SPEED/GRADE : 0.0/0.0
 POST J at 80 msec

GAIN : 1X
 STL in mm
 STS in mm/sec



NAME : NARESHKUMAR R. KHANT
 AGE/GENDER : 28 yrs/MALE
 DATE/TIME : 09-07-2022 11:17
 ID : 53
 BP : 126/85mmHg
 HR : 96bpm

PROTOCOL : Bruce
 STAGE : Exer : 1/7
 STAGE TIME : 03:00
 Linked Median Report
 SPEED/GRADE : 1.7/10.0
 POST J at 80 msec
 GAIN : 1X
 STL in mm
 Srs in mm/sec

I



VI1



II



VI2



III



VI3



aVR



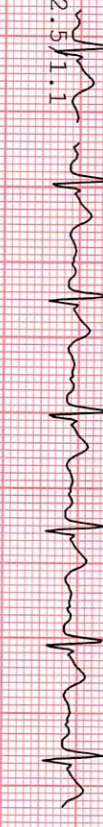
VI4



aVL



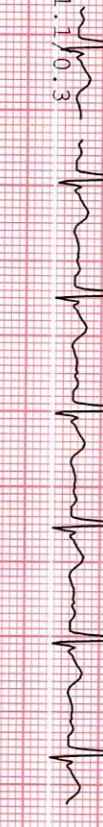
VI5



aVF



VI6



II



NAME : NARESHKUMAR R. KHANT
 AGE/GENDER : 28 Yrs/MALE
 DATE/TIME : 09-07-2022 11:17
 ID : 53
 BP : 130/88mmHg
 HR : 104bpm

PROTOCOL : Bruce
 STAGE : Exer : 2/7
 STAGE TIME : 03:00
 Linked Median Report
 SPEED/GRADE : 2.5/12.0
 POST J at 80 msec
 GAIN : 1X
 STL in mm
 STS in mm/sec

I

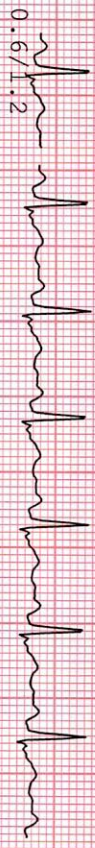


0.6/0.8

V1

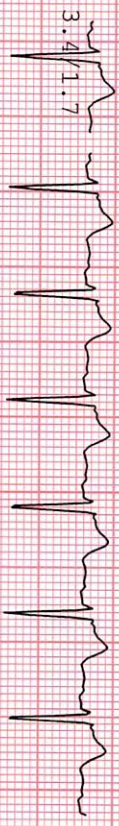


II



0.6/1.2

V2



III



0.0/0.3

V3



aVR



-0.7/-1.1

V4



aVL



0.4/0.4

V5



aVF



0.3/0.7

V6



II



NAME : NARESHKUMAR R. KHANT
 AGE/GENDER : 28 yrs/MALE
 DATE/TIME : 09-07-2022 11:17
 ID: 53
 BP: 130/88mmHg
 HR: 136bpm

PROTOCOL : Bruce
 STAGE : Exer : 3/7
 STAGE TIME: 03:00
 Linked Median Report
 SPEED/GRADE: 3.4/14.0
 POST J at 80 msec
 GAIN: 1X
 STL in mm
 STS in mm/sec

I



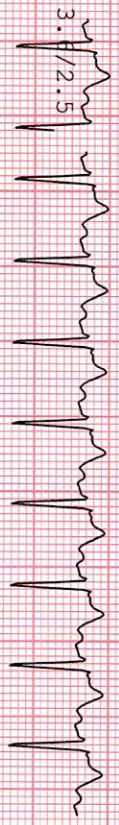
V1



II



V2



III



V3



aVR



V4



aVL



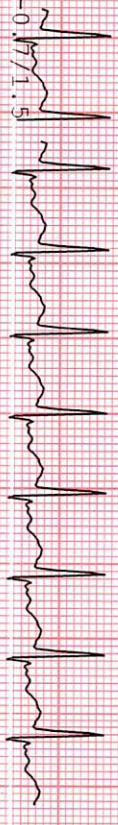
V5



aVF



V6



II



NAME : NARESHKUMAR R. KHANT ID : 53
 AGE/GENDER : 28 yrs/MALE BP : 136/92mmHg
 DATE/TIME : 09-07-2022 11:17 HR : 172bpm

PROTOCOL : Bruce Linked Median Report
 STAGE : Exer : 4/7 SPEED/GRADE : 4.2/16.0
 STAGE TIME : 03:00 POST J at 80 msec
 GAIN : 1X
 STL in mm
 STS in mm/sec

I



V1



II



V2



III



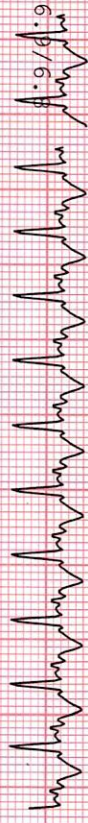
V3



aVR



V4



aVL



V5



aVF



V6



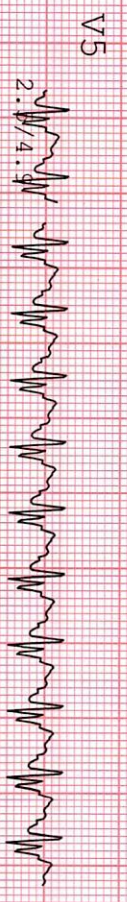
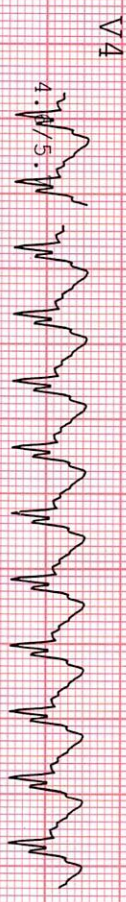
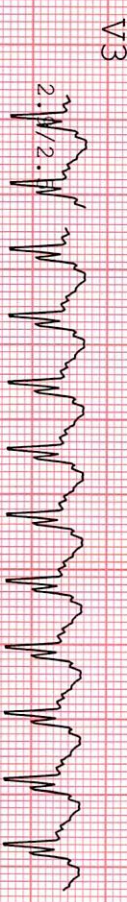
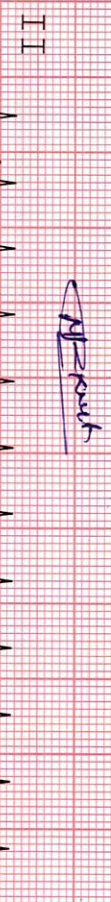
II



NAME : NARESHKUMAR R. KHANT
 AGE/GENDER : 28 yrs/MALE
 DATE/TIME : 09-07-2022 11:17
 ID : 53
 BP : 136/92mmHg
 HR : 167bpm

PROTOCOL : Bruce
 STAGE : Exer : 5/7
 STAGE TIME : 00:06
 Linked Median Report
 SPEED/GRADE : 5.0/18.0
 POST J at 80 msec

GAIN : 1X
 STL in mm
 STS in mm/sec

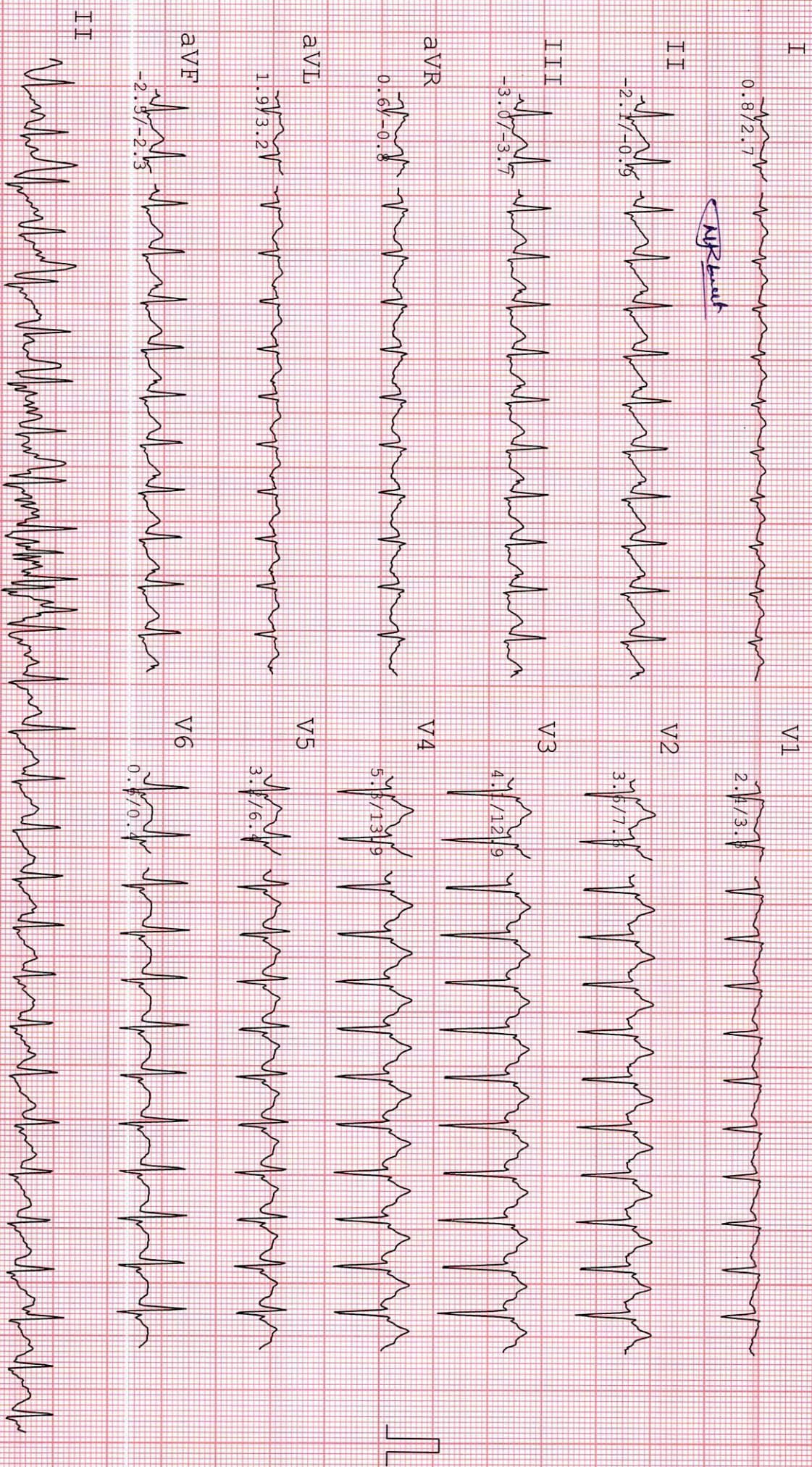


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NAME : NARESHKUMAR R. KHANT ID: 53
 AGE/GENDER: 28 Yrs/MALE BP: 136/92mmHg
 DATE/TIME : 09-07-2022 11:17 HR: 169bpm

PROTOCOL : Bruce
 STAGE : Peak
 STAGE TIME: 00:06
 Linked Median Report
 SPEED/GRADE: 5.0/18.0
 POST J at 80 msec

GAIN: 1X
 STL in mm
 STS in mm/sec

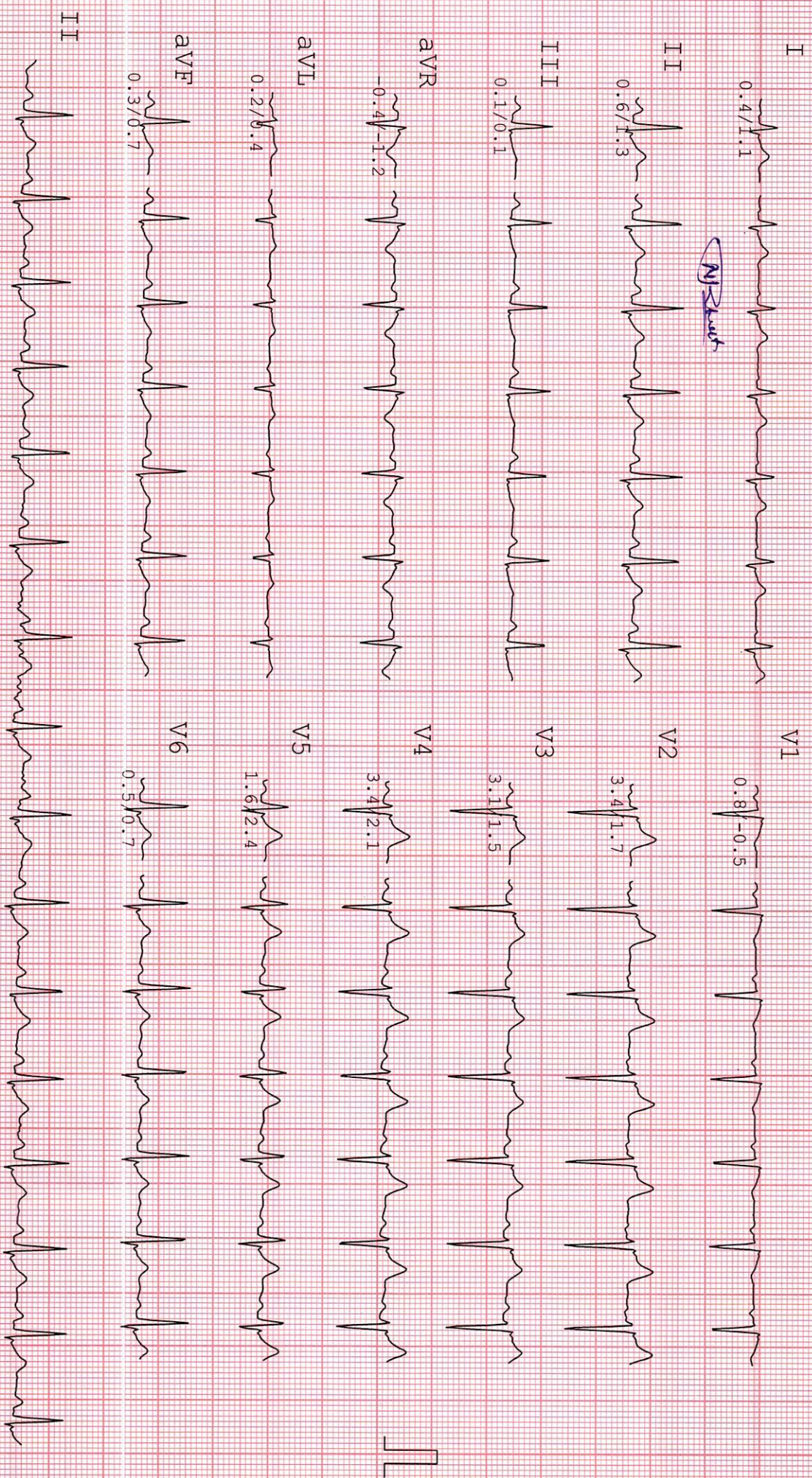


NAME : NARESHKUMAR R. KHANT ID: 53
 AGE/GENDER : 28 yrs/MALE BP: 135/92mmHg
 DATE/TIME : 09-07-2022 11:17 HR: 96bpm

PROTOCOL : Bruce
 STAGE : Recovery
 STAGE TIME: 03:00

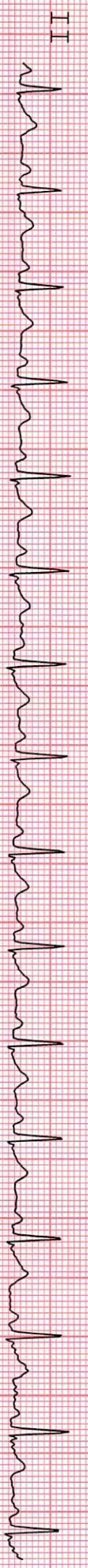
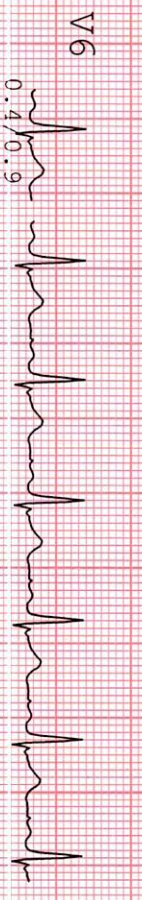
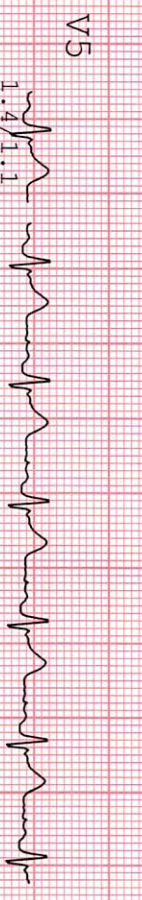
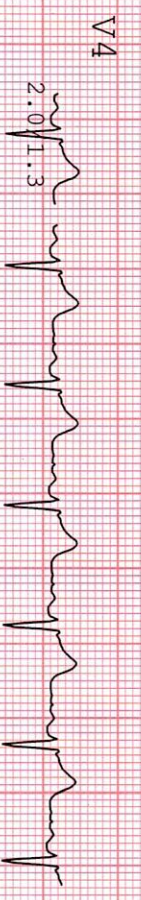
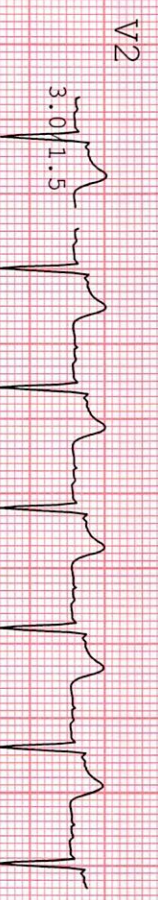
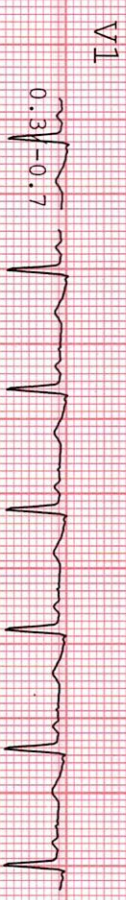
Linked Median Report
 SPEED/GRADE: 0.0/0.0
 POST J at 80 msec

GAIN: 1X
 ST1 in mm
 ST5 in mm/sec



NAME : NARESHKUMAR R. KHANT ID: 53
 AGE/GENDER: 28 yrs/MALE BP: 123/90mmHg
 DATE/TIME : 09-07-2022 11:17 HR: 92bpm

PROTOCOL : Bruce
 STAGE : Recovery
 STAGE TIME : 06:00
 Linked Median Report
 SPEED/GRADE: 0.0/0.0
 POST J at 80 msec
 GAIN: 1X
 STI in mm
 SRS in mm/sec



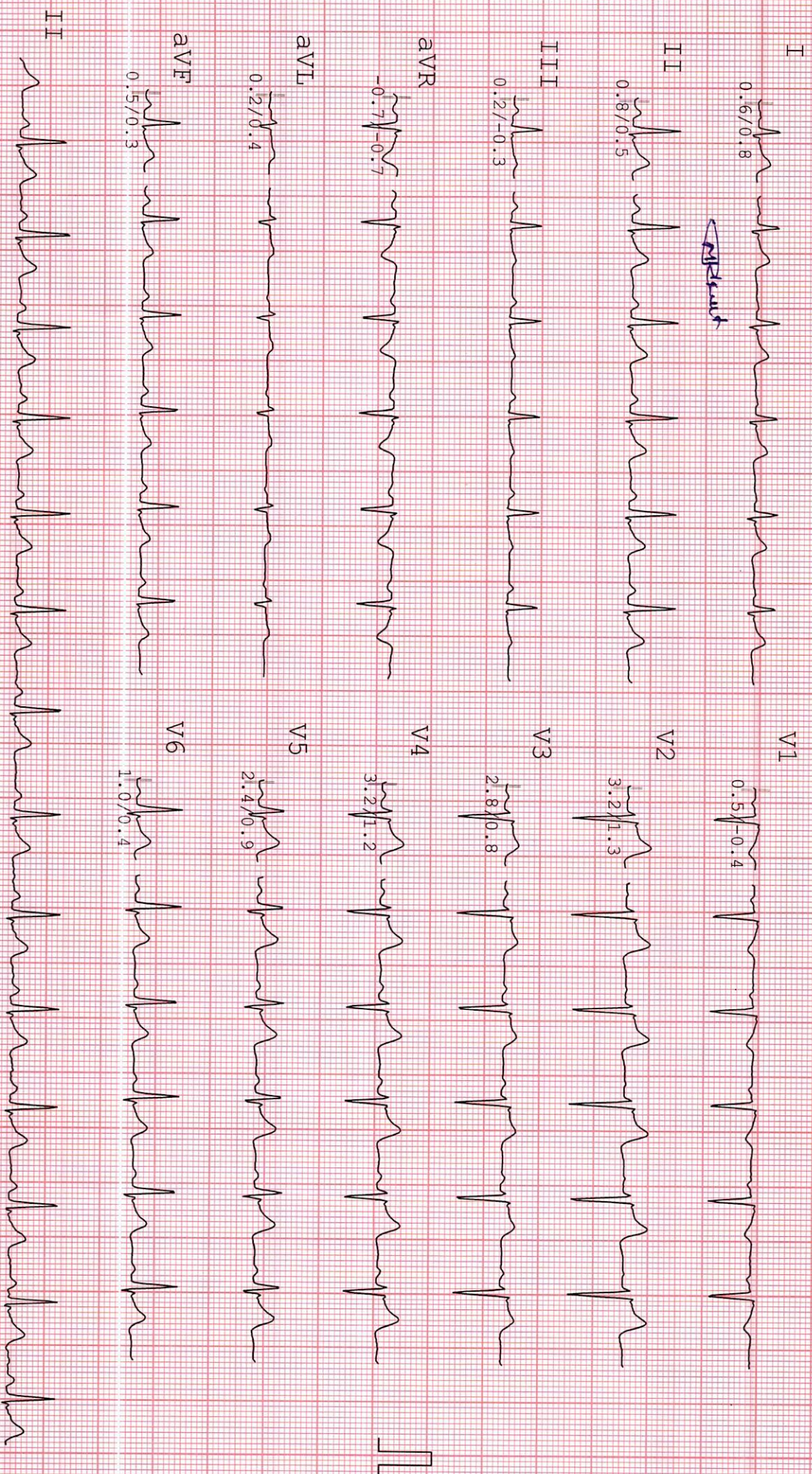
NAME : NARESHKUMAR R, KHANT
 AGE/GENDER : 28 yrs/MALE
 DATE/TIME : 09-07-2022 11:17

ID: 53
 BP: 120/80mmHg
 HR: 85bpm

PROTOCOL : Bruce
 STAGE : Recovery
 STAGE TIME: 09:00

Linked Median Report
 SPEED/GRADE: 0.0/0.0
 POST J at 80 msec

GAIN: 1X
 STL in mm
 STS in mm/sec

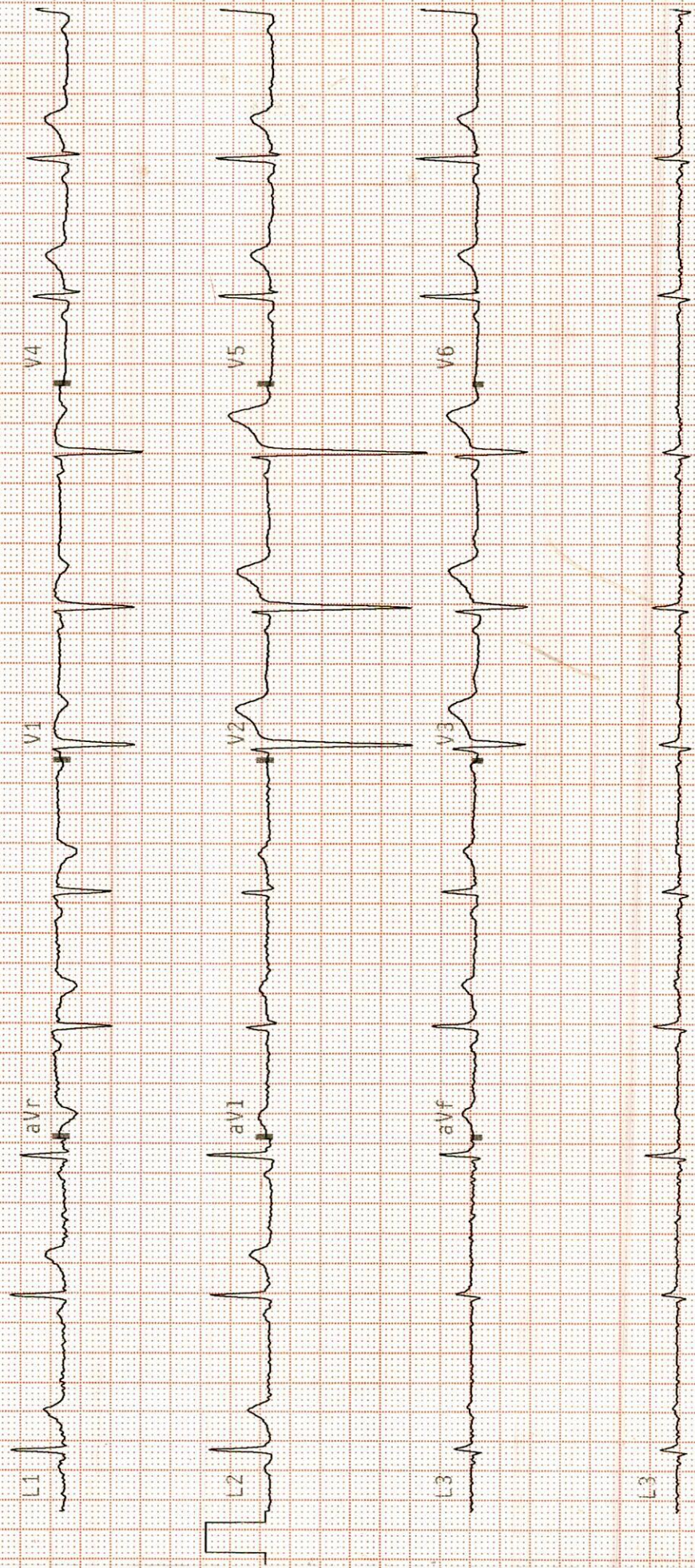


Interpretation : (Minnesota Code)
ECG within Normal Limits.

HR : 62 bpm

Room : 000 (cm) Dep: Intervals (msec)
 ID : 0 P : 44 PR:160, QRS: 88
 Name : QRS: 39 QT:403, QTc:413
 Gender : T : 32 ST: 66
 Height : 000 (cm) Age : 000 (Yrs)
 Weight: 000(Kg)

Handwritten notes:
 11:07
 000
 11:07
 11:07



Handwritten signature: Ajayesh

DR. JAYESH AMBALIYA
 M.D. (GENERAL MEDICINE)
 G-30363

Handwritten signature: AJR



भारत सरकार

GOVERNMENT OF INDIA

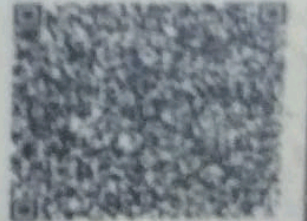


ખંત નરેશકુમાર

Khant Nareshkumar

જન્મ તારીખ/ DOB: 10/11/1993

પુરુષ / MALE



9028 7504 7845

આધાર-સામાન્ય માણસનો અધિકાર



 GPS Map Camera



Gandhinagar, Gujarat, India

511/2, Rd Number 6, Sugandhi, Rd Number 6, Sugandhi,
Sector 23, Gandhinagar, Gujarat 382024, India

Lat 23.24402°

Long 72.651161°

09/07/22 10:31 AM



बैंक ऑफ बड़ोदा
Bank of Baroda



नाम

नरेशकुमार रामाभाई खांट

Name

NARESHKUMAR RAMABHAI KHANT

कर्मचारी कूट क्र.

E.C. No.

123114

Colour Zero

जारीकर्ता प्राधिकारी
Issuing Authority

धारक के हस्ताक्षर
Signature of Holder

Patient Name : Nareshkumar Khant
Sample No.. : 7757
Referred : Bank Of Baroda

Age/Sex : 28 Years/Male
Registration On:09/07/2022/11:48
Approved On :09/07/2022 16:29

THYROID FUNCTIONS

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>	<u>NORMAL VALUE</u>
Serum T3 :	1.52	ng/dl	0.6 - 1.80 ng/dl
Serum T4 :	7.81	microgm/dl	5.2 - 12.7microgm/dl
Serum T.S.H :	1.29	microU/ml	0.3 - 4.5 microU/ml

COMMENTS :

TSH levels may be affected by acute illness and drugs like doapamine and gluco corticoids.

Low or undetectable TSH is suggestive of Grave~s disease

TSH between 5.5 to 15.0 with normal T3 T4 indicates impaired thyroid hormone or subclinical hypothyroidism or normal T3 T4 with slightly low TSH suggests subclinical Hyperthyroidism.

TSH suppression does not reflect severity of hyperthyroidism therefore , measurement of FT3 ,FT4 is important.

FreeT3 is first hormone to increase in early Hyperthyroidism.

Only TSH level can prove to be misleading in patients on treatment. Therefore FreeT3 , FreeT4 along with TSH should be checked.

During pregnancy clinically T3 T4 can be high and TSH can be slightly low



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(M.D. Path)
G- 11663

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Registration On:09/07/2022/11:48
Approved On :09/07/2022 15:46

COMPLETE BLOOD COUNT

<u>Test</u>		<u>Sample :</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Ref. Interval</u>
<u>BLOOD COUNT</u>					
Hemoglobin	colorimetric		13.9	g/dL	13 - 17
R.B.C Count	Electrical impedance		6.28	mill/cmm	4.5 - 5.5
W.B.C Count	Electrical impedance		5.4	10 ³ /uL	4.0 - 10.0
Platelet Count	Electrical impedance		241	10 ³ /uL	150 - 450
<u>DIFFERENTIAL COUNT</u>					
Polymorphs	Microscopic		61	%	60 - 70
Lymphocytes	Microscopic		36	%	20 - 40
Eosinophils	Microscopic		01	%	1 - 6
Monocytes	Microscopic		02	%	2 - 10
Basophils	Microscopic		00	%	0 - 2
<u>BLOOD INDISES</u>					
HCT	Rbc Histogram		44.9	%	40 - 50
MCV	Calculated		<u>71.5</u>	fl	80 - 100
MCH	Calculated		<u>22.1</u>	pg	27 - 32
MCHC	Calculated		<u>31</u>	g/dl	32 - 36
RDW-CV	Calculated		14.2	%	10 - 16.5

PERIPHERAL SMEAR EXAMINATION

SMEAR RBC Line 1: Normochromic normocytic red cells.

SMEAR Platelets: Adequate

Erythrocyte sedimentation rate

ESR AT 1 hour westergren 07 mm/Hour 00 - 15

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Age/Sex : 28 Years/Male
Registration On:09/07/2022/11:48
Approved On :11/07/2022 15:18

BLOOD GROUP

<u>Test</u>	<u>Result</u>
BLOOD GROUP	: " B "
RH GROUP	: POSITIVE.

A handwritten signature in black ink, appearing to read "D.K. Patel", is written over a light blue rectangular background.

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Patient Name : Nareshkumar Khant
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COMPLETE BLOOD CHEMISTRY

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Normal Range</u>
S. Cholesterol	: 187.8	mg/dl	Desirable : < 200 Borderline High : 200 - 239 High : > 240
Serum Triglycerides	: 134.9	mg/dl	Normal : Normal < 150 Borderline : 150 - 199 High : > 200
HDL Cholesterol	: 41.7	mg/dl	40 - 60 mg/dl
Serum LDL Cholesterol (Calculated)	: 119.12	mg/dl	Up to 150
Cholesterol/HDLC Ratio (Calculated)	: 4.5	mg/dl	Up to 5.0
Serum VLDL Cholesterol (Calculated)	: 26.98	mg/dl	Up to 35
LDLC/HDLC Ratio (Calculated)	: 2.86	mg/dl	Up to 3.4
Total Lipid (Calculated)	: 633.52	mg/dl	400 - 1000 mg/dl
S. Bilirubin (Total)	: 0.68	mg/dl	up to 1.2
S. Bilirubin (Direct)	: 0.15	mg/dl	up to 0.2
S. Bilirubin (Indirect)	: 0.53	mg/dl	up to 1.0
SGOT	: 42.9	U/L	up to 40
SGPT	: 40.4	U/L	up to 42
GGT	: 32.7	U/L	12 - 64
S. Alkaline Phosphatase	: 89.3	U/L	40 - 129
Total Proteins	: 6.86	g/dl	6.0 - 8.3
Albumin	: 4.06	g/dl	3.5 - 5.2
Globulins	: 2.8	g/dl	2.4 - 3.7
AGRATIO	: 1.45		

Signature



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Glycosylated HB - (HBA1C)

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Ref Interval</u>
HBA1C: (Immunoturbidimetric)	4.7	%	Normal : ≤ 5.6 Prediabetes : 5.7 - 6.4 Diabetes : ≥ 6.5 <u>DIABETES CONTROL CRITERIA</u> 6 - 7 : Near Normal Glycemia < 7 : Goal 7 - 8 : Good Control > 8 : Action Suggested
Mean Blood Glucose:	88.19	mg/dl	

Criteria for the diagnosis of diabetes

- HbA1c ≥ 6.5 *
Or
- Fasting plasma glucose >126 gm/dL. Fasting is defined as no caloric intake at least for 8 hrs.
Or
- Two hour plasma glucose ≥ 200 mg/dL during an oral glucose tolerance test by using a glucose load containing equivalent of 75 gm anhydrous glucose dissolved in water.
Or.
- In a patient with classic symptoms of hyperglycemia or hyperglycemic crisis, a random plasma glucose ≥ 200 mg/dL. *In the absence of unequivocal hyperglycemia, criteria 1-3 should be confirmed by repeat testing. American diabetes association. Standards of medical care in diabetes 2011. Diabetes care 2011;34;S11.

Limitation of HbA1c

- In patients with Hb variants even analytically correct results do not reflect the same level of glycemic control that would be expected in patients with normal population. 2) Any cause of shortened erythrocyte survival or decreased mean erythrocyte survival or decreased mean erythrocyte age eg. hemolytic diseases, pregnancy, significant recent/chronic blood loss etc. will reduce exposure of RBC to glucose with consequent decrease in HbA1c values. 3) Glycated HbF is not detected by this assay and hence specimens containing high HbF ($>10\%$) may result in lower HbA1c values than expected.

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BLOOD SUGAR LEVEL

Specimen :

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Ref. Interval</u>
Fasting Blood Sugar: (GOD-POD)	89.84	mg/dl	70-110
Post Prandial Blood Glucose: (GOD-POD)	<u>97.6</u>	mg/dl	100 - 150

American Diabetes Association Reference Range :

Normal : < 100 mg/dl

Impaired fasting glucose(Prediabetes) : 100 - 126 mg/dl

Diabetes : >= 126 mg/dl

Conditions that can result in an elevated blood glucose level include: Acromegaly, Acute stress (response to trauma, heart attack, and stroke for instance), Chronic kidney disease, Cushing syndrome, Excessive consumption of food, Hyperthyroidism, Pancreatitis. A low level of glucose may indicate hypoglycemia, a condition characterized by a drop in blood glucose to a level where first it causes nervous system symptoms (sweating, palpitations, hunger, trembling, and anxiety), then begins to affect the brain (causing confusion, hallucinations, blurred vision, and sometimes even coma and death). A low blood glucose level (hypoglycemia) may be seen with: Adrenal insufficiency, Drinking excessive alcohol, Severe liver disease, Hypopituitarism, Hypothyroidism, Severe infections, Severe heart failure, Chronic kidney (renal) failure, Insulin overdose, Tumors that produce insulin (insulinomas), Starvation.

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[Signature]
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URINE EXAMINATION

PHYSICAL :


Colour - **Pale Yellow**
Deposits - **Absent**
Transparency - **Clear**
Reaction - **Acidic**
Sp. Gravity - **1.004**

CHEMICAL :

Albumin - **Absent**
Sugar - **Absent**
Bile Salts - **Absent**
Bile Pigments - **Absent**

MICROSCOPIC: (After centrifugation at 2000 r.p.m. for 5 minutes)

Pus Cells - **Not seen** /h.p.f.
Red Cells - **Not seen** /h.p.f.
Epithelial Cells - **1 - 2** /h.p.f.
Casts - **Not seen**/l.p.f.
Crystals - **Not seen**
Amorphous - **Not seen**

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Kidney Function Test

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Normal Range</u>
S. Uric Acid:	5.7	mg/dl	3.2 - 7.2 mg/dl
Sr. Creatinine:	0.73	mg/dl	0.6 - 1.2 mg/dl
Urea:	13.6	mg/dl	10 - 50 mg/dl
Bun/Creat Ratio:	8.71		

Intrinsic renal damage (< 40: 1)

A handwritten signature in black ink, appearing to read "D. K. Patel", is written over a light blue rectangular background.

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