

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. KUMAR ANKIT
EC NO.	181540
DESIGNATION	BRANCH OPERATIONS
PLACE OF WORK	ASPUR DEOSAR
BIRTHDATE	14-01-1998
PROPOSED DATE OF HEALTH CHECKUP	11-03-2023
BOOKING REFERENCE NO.	22M181540100045482E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **01-03-2023** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

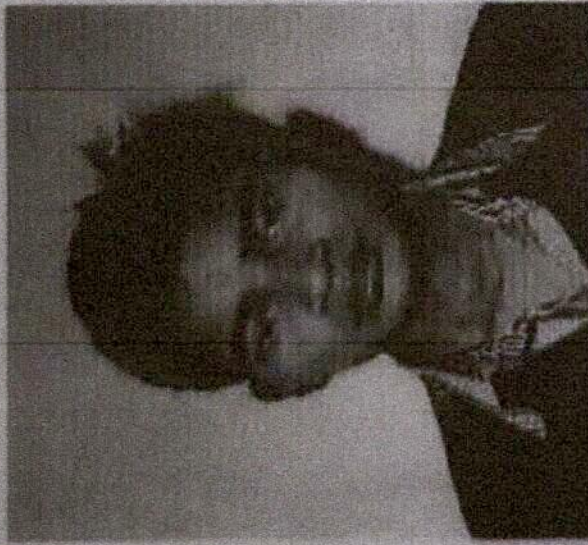

Dr. Pawan Kumar Singh
M.B.B.S., DNB (Medicine)
UPMCI-61330
Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



भारत सरकार

GOVERNMENT OF INDIA



अंकित कुमार

ANKIT KUMAR

जन्म तिथि/ DOB: 14/01/1998

पुरुष / MALE




Dr. Pawan Kumar Singh

4673 3478 4803


आधार-आम आदमी का अधिकार


Dr. Pawan Kumar Singh
M.B.B.S., DNB (Medicine)
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Director & Consultant Physician
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 **बैंक ऑफ बड़ोदा**
Bank of Baroda

नाम
Name : **ANKIT KUMAR**

कर्मचारी कूट क्र.
E.C. No. : **181540**




होल्डर का हस्ताक्षर
Signature of holder


उपस्थिति अधिकारी (ड.के.ए.)
Deputy Authority (D.R.M.)




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MR ANKIT KUMAR

11.03.2023 9:21:58
JPK CLINIC AND DIAGNOSTICS
NORMAL COMPOUND SUPER MARKET
SULTANPUR

Location: Room:
Order Number:
Indication:
Medication 1:
Medication 2:
Medication 3:

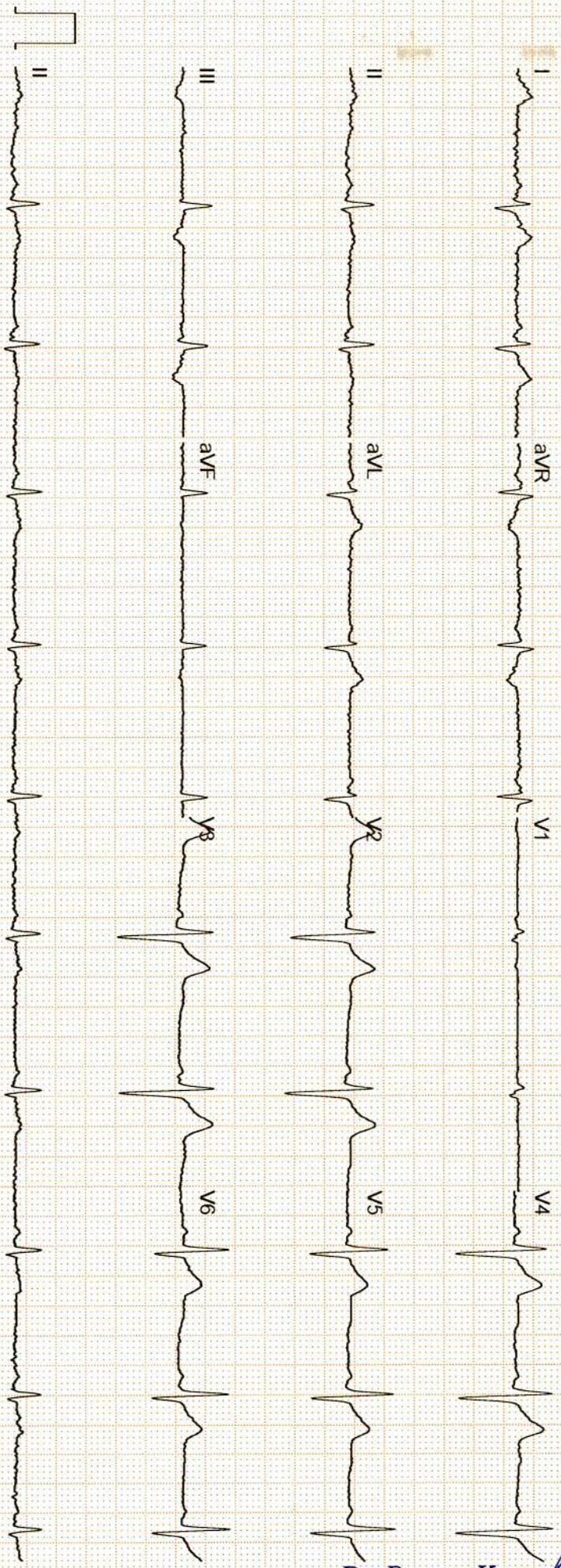
Technician:
Ordering Ph: DR. J. P. SINGH
Referring Ph:
Attending Ph:

QRS : 92 ms
QT / QTcBaz : 374 / 376 ms
PR : 114 ms
P : 50 ms
RR / PP : 986 / 983 ms
P / QRS / T : 73 / 95 / 5 degrees

Normal sinus rhythm
Rightward axis
Borderline ECG

61 bpm
- / - mmHg

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GE MAC2000 1.1 12SL™ V241 25 mm/s 10 mm/mV ADS 0.56-20 Hz 50 Hz 4x2.5x3 25_R1 1/1

Unconfirmed



राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 17,189
 Patient Name : Mr. ANKIT KUMAR
 Age (Y-M-D) : 25 - 0 - 0
 Sex : Male
 Referred By : Dr. J.P Singh MD.



Bill No. / Day Sr.: 11-Mar-23 12
 Receiving Date : 11-Mar-23 12
 Reporting Date :

ULTRASONOGRAPHIC FINDINGS OF WHOLE ABDOMEN MALE.

LIVER

: Liver show enlarged in size 168 MCL with generalized enhancement of echotexture intrahepatic vascular and biliary landmark are adequately seen.No S.O.L./ I.H.B.R.D. seen. I.V.C. , portal vein and hepatic vein are normal.

GALL BLADDER

: Gall bladder is normal in distension & shows echofree lumen. Wall thickness is within normal limit. No obvious GB calculus / sludgeness noted.

PV/CBD

: Portal vein and CBD are normal in their course and calibre.

PANCREAS

: Pancreas is normal in size, contous & echotexture.

SPLEEN.

: Spleen is normal in size and echogenicity.
 No focal or diffuse mass lesion seen.

KIDNEYS

: Both kidneys are normal in size, contour and echopattern. Cortico medullary differentiation is normally preserved. No calculus or mass lesion is seen.No hydronephrosis is seen.

URETER

: B/L ureters are normally visualized.

U.BLADDER

: Urinary Bladder is normal in wall thickness with evidence of anechoic lumen. No calculi or mass lesion seen.

PROSTATE

: Prostate is normal in size,shape & echo-texture .

POST VOID

: Not done.

BOWEL

: Gaseous Bowel loops are normal in calibre & wall thickness.No dilated loops are seen.No ascitis or fluid collection seen in abdominal cavity.
 No obvious lymphadenopathy noted.

IMPRESSION

: **FATTY LIVER WITH HEPATOMEGALY**

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Dr. Amit Kumar
 M.B.B.S. MS
 Reg.No.-29176
 Dr. Amit Kumar
 (Sonologist.)



Timings : 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.

If there is any doubt please repeat test free of cost.

{ NOT FOR MEDICO LEGAL PURPOSE }



सर्वे सन्तु निरामया

राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 17,191
 Patient Name : Mr. ANKIT KUMAR
 Age (Y-M-D) : 25 - 0 - 0
 Sex : Male
 Referred By : Dr. J.P Singh MD.



Bill No. / Day Sr.-: 3/11/2023 12
 Receiving Date : 3/11/2023 12
 Reporting Date :

X-RAY CHEST P.A.

TRACHEA- : Trachea is central,
 CARDIAC SHADOW- : The cardiac size and silhouette is normal.
 ANGLES- : Both costophrenic angles are clear.
 PARENCHYMA- : Both lung fields are clear & have normal volume bronchovascular pattern. bilateral broncho-vascular marking are prominent
 C / T RATIO- : Normal
 MEDIASTINUM- : no mediastinal shift is seen.
 DOME OF DIAPHRAGM- : Both domes of the diaphragm are normal in position, outline & curvature.
 IMPRESSION- : BRONCHITIS

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Patient ID : 044099
 Name : Mr. ANKIT KUMAR
 Age/Gender : 25Y/M
 Date/Time : 11-03-2023/17:42
 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
BIO-CHEMISTRY		
LRN-008762 Uric Acid	Uric Acid 4.58 mg/dL	Male 4.0-8.5 mg/dL Female: 2.7-7.3 mg/dL
Sample Collection Time 11 Mar 2023 / 17:48 Result Approval Time 11 Mar 2023 / 18:03		
LRN-008763 Bilirubin Total	Liver Function Test (LFT) 0.89 mg/dL	10.0 - 14.0 mg/dL 3-5 Days (Premature) 4.0 - 8.0 mg/dL 3-5 Days (Full Term) 0.0 - 1.0 mg/dL (Adult)
Bilirubin Direct	0.41 mg/dL	0.0 - 0.2 mg/dL
Bilirubin Indirect	0.48 mg/dL	0.0 - 0.8 mg/dL
SGOT	57.0 U/L	upto 40 U/L (Males) upto 32 U/L (Females)
SGPT	190.6 U/L	upto 41 U/L (Males) upto 33 U/L (Females)
Alkaline Phosphatase	89.5 U/L	UPTO 125 U/L
Total Protein	6.84 g/dL	6.0 - 8.0 g/dL
Albumin	4.51 g/dL	3.5 - 5.2 g/dL
Globulin	2.33 g/dL	1.5 - 3.0 g/dL
A/G	2.9	1 - 2
Sample Collection Time 11 Mar 2023 / 17:48 Result Approval Time 11 Mar 2023 / 18:03		
LRN-008762 GGT	Gamma Glutamyl transferase (GGT) 22.5 U/L	5-36 U/L (Female) 8-61 U/L (Male)
Sample Collection Time 11 Mar 2023 / 17:48 Result Approval Time 11 Mar 2023 / 18:03		
LRN-008762 PSA TOTAL	PSA Total 0.45 ng/mL	<4.00 ng/mL

Rakesh

Rakesh Sharma
Lab Technician

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Dr. SHIWANGI
 MBBB, DCP (DNB)
 Consultant Pathologist
 JPK Clinic & Diagnostics
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Patient ID : 044099
 Name : Mr. ANKIT KUMAR
 Age/Gender : 25Y/M
 Date/Time : 11-03-2023/17:42
 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
Sample Collection Time 11 Mar 2023 / 17:48 Result Approval Time 11 Mar 2023 / 18:03		
LRN-008763	Blood Urea Nitrogen (BUN)	
Blood Urea Nitrogen (BUN)	10.4 mg/dL	5-18 mg/dL Infant/Child 6-20 mg/dL Adult 8-23 mg/dL Adult >60Yr
Sample Collection Time 11 Mar 2023 / 17:48 Result Approval Time 11 Mar 2023 / 18:03		
LRN-008762	Serum Creatinine	
Serum Creatinine	0.9 mg/dL	Male 0.9-1.3 mg/dL Female 0.6-1.1 mg/dL
Sample Collection Time 11 Mar 2023 / 17:48 Result Approval Time 11 Mar 2023 / 18:03		
LRN-008763	Lipid Profile	
Total Cholesterol	160.0 mg/dl	Desirable < 200 mg/dL Borderline 200-239 mg/dL High > 240 mg/dL
Triglycerides	117.4 mg/dL	Normal < 150 mg/dL Borderline High 150-199 mg/dL High 200-499 mg/dL Very high > 500 mg/dL
HDL	52.8 mg/dL	Low < 40 mg/dL Normal 40 -60 mg/dL High > 60 mg/dL
LDL	84.1 mg/dL	Optimal <100 mg/dL Near Optimal 100-129 mg/dL Borderline high 130-159 mg/dL High 160-189 mg/dL
VLDL	23.4 mg/dL	Very high >190 mg/dL 15-30 mg/dL Desirable < 20 mg/dL

Rakesh
 Rakesh Sharma
 Lab Technician

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JPK CLINIC & DIAGNOSTICS

(A unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

An ISO 9001:2015 Certified Center

Super Market, Sultanpur -228 001 (U.P.)

Ph. : 05362-241192, 9196008963

www.jpkhospitals.com



An ISO 9001:2015 Certified Center

Patient ID : 044099
Name : Mr. ANKIT KUMAR
Age/Gender : 25Y/M
Date/Time : 11-03-2023/17:42
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
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TC/HDL Ratio

3.0

Borderline High 21-39 mg/dL

High > 40 mg/dL

(Less than 5.0)

LDL/HDL

1.5

UPTO 3.5

Sample Collection Time 11 Mar 2023 / 17:48

Result Approval Time 11 Mar 2023 / 18:03

LRN-008762

Fasting blood sugar

Fasting Blood Sugar

104.0 mg/dL

70-110 mg/dl

Sample Collection Time 11 Mar 2023 / 17:48

Result Approval Time 11 Mar 2023 / 18:03

LRN-008764

HbA1C

Glycosylated Haemoglobin

4.5 %

4-6% - NON-DIABETIC

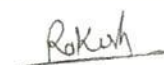
6-7% - GOOD CONTROL

7-8% - FAIR CONTROL

>8% - ACTION SUGGESTED

Sample Collection Time 11 Mar 2023 / 17:48

Result Approval Time 11 Mar 2023 / 18:03



Rakesh Sharma
Lab Technician


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Facilities Available

ECG • PFT • Endoscopy • Hematology • Biochemistry • Microbiology • FNAC • Histopathology • ABP • TMT • Echocardiography • Ultrasound



Patient ID : 044099
 Name : Mr. ANKIT KUMAR
 Age/Gender : 25Y/M
 Date/Time : 11-03-2023/17:42
 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
HAEMATOLOGY		
LRN-008760	Erythrocyte sedimentation Rate (ESR)	
Erythrocyte sedimentation Rate (ESR)	11 mm/hr	Male : 0 - 10 mm/hr Female : 0 - 20 mm/hr
Sample Collection Time 11 Mar 2023 / 17:48 Result Approval Time 11 Mar 2023 / 18:03		
Blood grouping and Rh typing		
LRN-008761	Blood Group	A
RH Typing	POSITIVE (+)	
Sample Collection Time 11 Mar 2023 / 17:48 Result Approval Time 11 Mar 2023 / 18:03		
Complete Blood Count		
LRN-008759	Haemoglobin	13-18g/dL(>15yr Adult Male) 12-15g/dL(>15yrAdult Female)
WBC Count	5970	4000-11,000/cumm
Differential Count		
Neutrophils	52 %	40-75 %
Lymphocytes	38 %	20-45 %
Eosinophils	02 %	01-08 %
Monocytes	08 %	02-10 %
Basophils	00 %	00-01 %
RBC Count	5.12 million/cumm	4.5-6.0 million/cumm (Male) 4.0-5.5 million/cumm (Female)
PCV	44.0 %	40-54 % (>15yr Adult Male) 34-48 % (>15yr Adult Female)
MCV	85.9 fl	75-95 fl
MCH	29.5 pg	26-32 pg
MCHC	34.3 %	30-35%
Platelet Count	152000 cells/cumm	150000 - 400000 cells/cumm
Mean Platelet Volume(MPV)	15.1 fL	7.5-11.5 fL
RDW-CV	13.1 %	11-16 %

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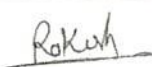


Patient ID : 044099
 Name : Mr. ANKIT KUMAR
 Age/Gender : 25Y/M
 Date/Time : 11-03-2023/17:42
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INVESTIGATION	RESULT	REFERENCE RANGE
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RDW-SD	44.3 %	35-56 %
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Sample Collection Time 11 Mar 2023 / 17:48
 Result Approval Time 11 Mar 2023 / 18:03


 Rakesh Sharma
 Lab Technician


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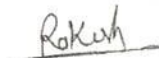
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Patient ID : 044099
Name : Mr. ANKIT KUMAR
Age/Gender : 25Y/M
Date/Time : 11-03-2023/17:42
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
LRN-008765	Clinical Pathology URINE - ROUTINE/MICROSCOPY	
PHYSICAL EXAMINATION		
Quantity in ml	20 ML	
Urine Color	PALE YELLOW	
Reaction	ACIDIC	
CHEMICAL EXAMINATION		
Leukocytes	NEGATIVE	
Nitrite	NEGATIVE	
Urobilinogen	NEGATIVE	
pH	6.0	
Blood	NEGATIVE	
Sp.Gravity	1.020	
Ketone	NEGATIVE	
Bilirubin	NEGATIVE	
Glucose	NEGATIVE	
Protein	NEGATIVE	
MICROSCOPIC EXAMINATION		
Epithelial Cells	1-2/HIGH POWER FIELD	
RBC	NIL	
Pus Cells	2-3/HIGH POWER FIELD	
Casts	NOT SEEN	
Crystals	NOT SEEN	
Sample Collection Time 11 Mar 2023 / 17:48 Result Approval Time 11 Mar 2023 / 18:03		



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of ECG • PFI • Endoscopy • Hematology • Biochemistry • Microbiology • Histopathology • Sample Collection from Home & Online Delivery of Reports • ABP • TMT • Echocardiography • Ultrasound






Patient ID : 044099
 Name : Mr. ANKIT KUMAR
 Age/Gender : 25Y/M
 Date/Time : 11-03-2023/17:42
 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
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INVESTIGATION	RESULT	REFERENCE RANGE
CHEMILUMINESCENCE IMMUNOASSAY		
Thyroid Function Test (T3, T4, TSH)		
LRN-008766		
T3	1.25 ng/mL	0.69-2.15
T4	89.6 ng/mL	52-127
TSH	2.89 µIU/mL	21 weeks- 20 years: 0.7-6.4 µIU/mL 21-54 years: 0.4 - 4.2 µIU/mL 55- 87 years: 0.5 – 8.9 µIU/mL Pregnancy: 1st Trimester: 0.24 – 2.99 µIU/mL 2nd Trimester: 0.46 – 2.95 µIU/mL 3rd Trimester: 0.43 – 2.78 µIU/mL

Sample Collection Time 11 Mar 2023 / 17:48
 Result Approval Time 11 Mar 2023 / 18:03

----- End of Report -----

 Rakesh Sharma Lab Technician	 Dr. Pawan Kumar Singh M.B.B.S., DNB (Medicine) UPMCI-61330 Director & Consultant Physician JPK Clinic & Diagnostics (A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)	 Dr. SHIWANGI MBBS/DCP (DNB) Consultant Pathologist JPK Clinic & Diagnostics (A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)
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Date: 11 / 03 / 2023 09:46:47 AM

METS: 1.0/ 88 bpm 45% of THR

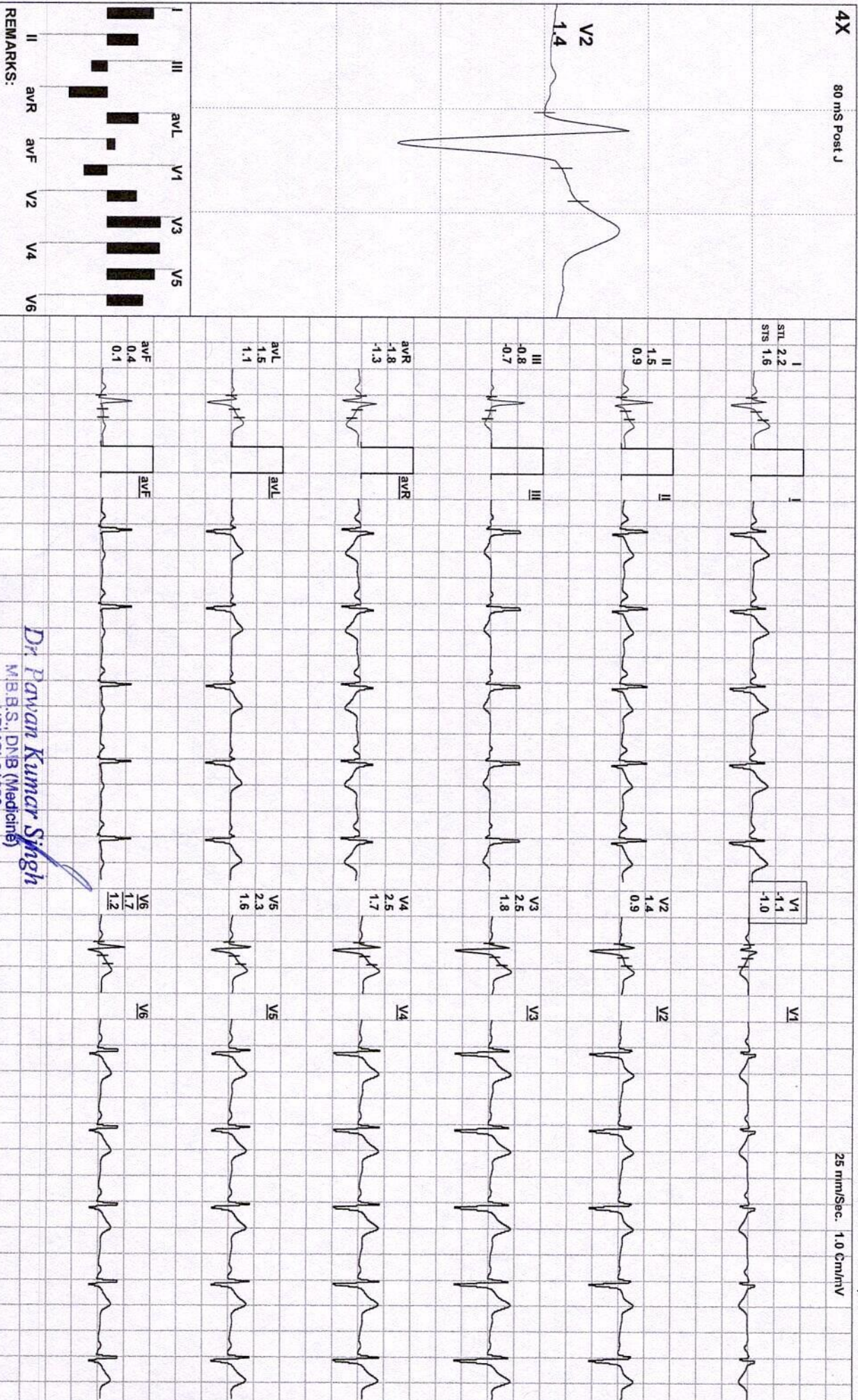
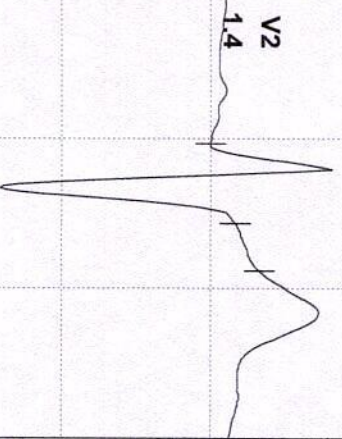
BP: 122/78 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

Dr. Pawan Kumar Singh
M.B.B.S., DNB (Medicine)
JPMCH-61530

Director & Consultant Physician
JPK Clinic & Diagnostics
A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.

(ADX_GEM217220330)(R)Allengers



Date: 11 / 03 / 2023 09:46:47 AM

MEETS: 1.0/ 76 bpm 39% of THR

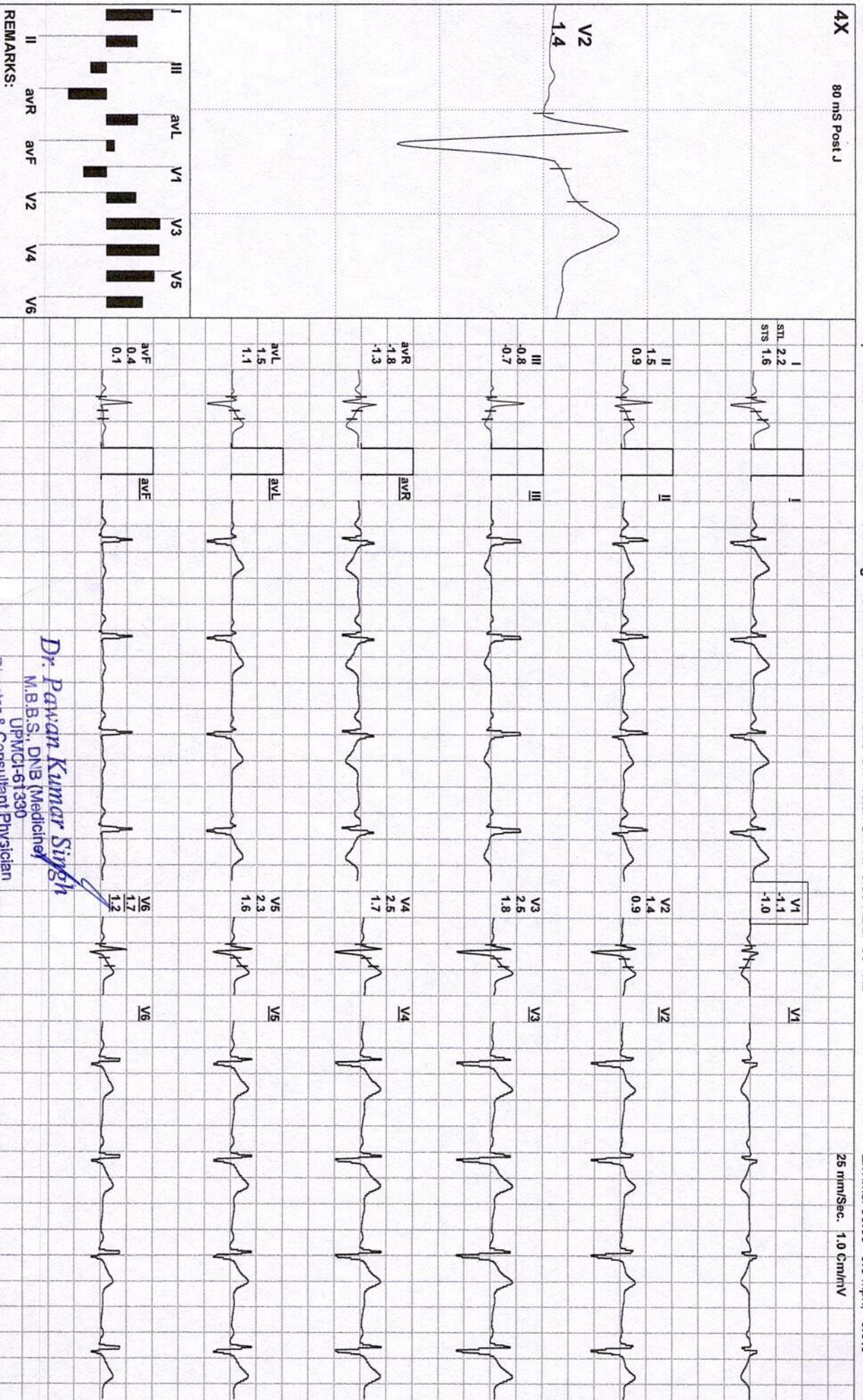
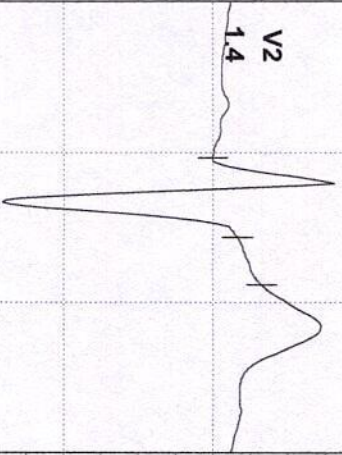
BP: 122/78 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 mph, 0.0%

4X 80 MS Post J

25 mm/Sec. 1.0 Cm/rV



REMARKS:

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M.B.B.S., DNB (Medicine)
UPMCI-61330

Director & Consultant Physician

JPK Clinic & Diagnostics
Unit of JPK Hospitals & Trauma Centre Pvt. Ltd)

(ADX_GEM217220330)(R)Allengers



Date: 11 / 03 / 2023 09:46:47 AM

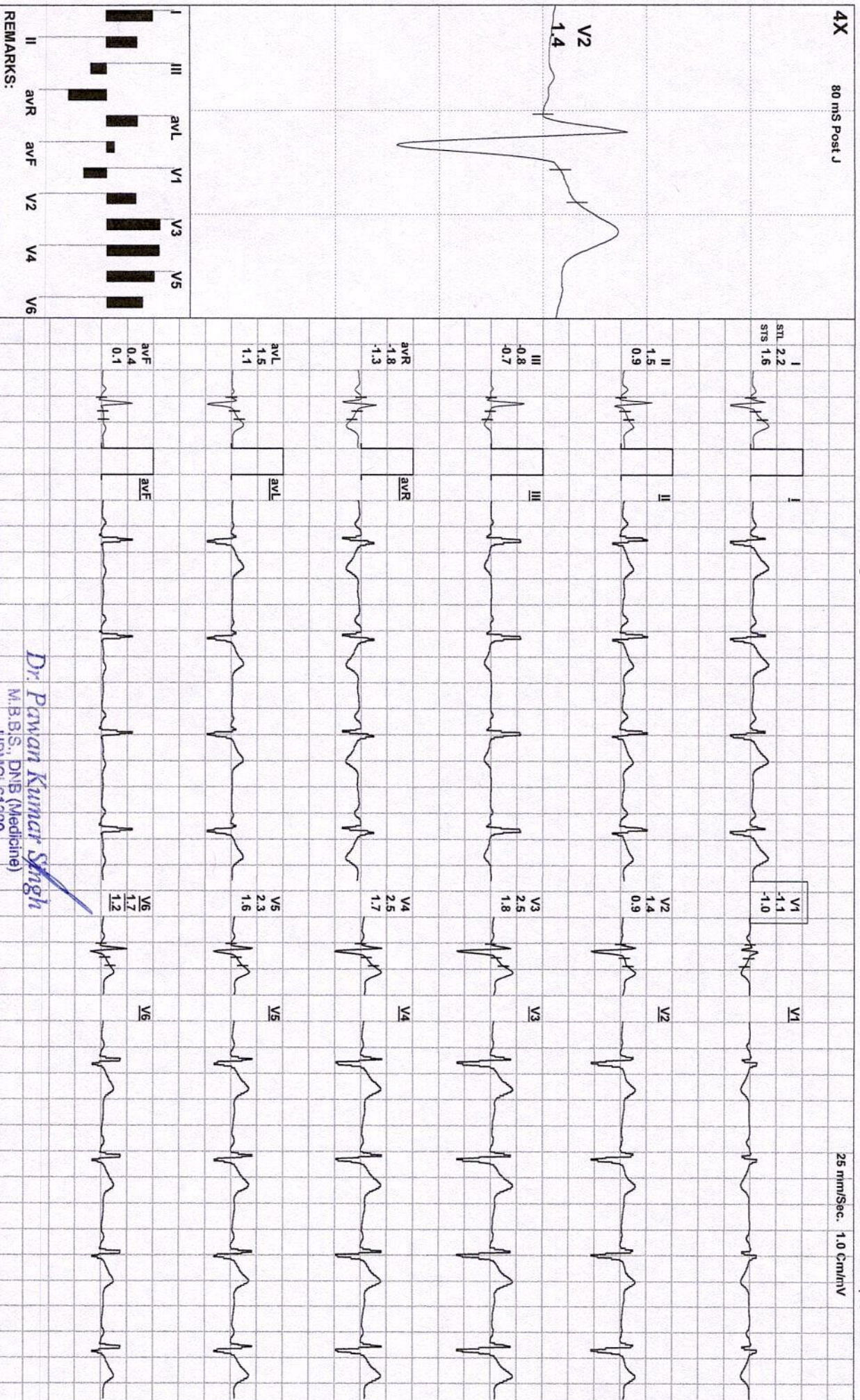
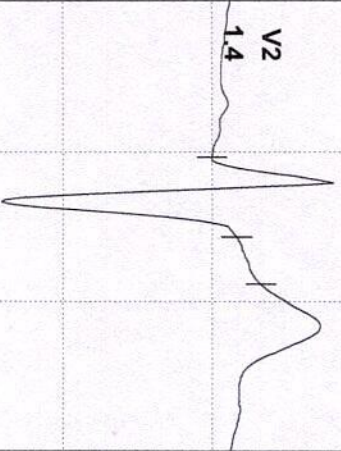
METS: 1.0/ 80 bpm 41% of THR

BP: 122/78 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 mph, 0.0%

4X 80 ms Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

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(ADX_GEM217220330)(R)/Allergers



Date: 11 / 03 / 2023 09:46:47 AM

METS: 1.0/ 80 bpm 41% of THR

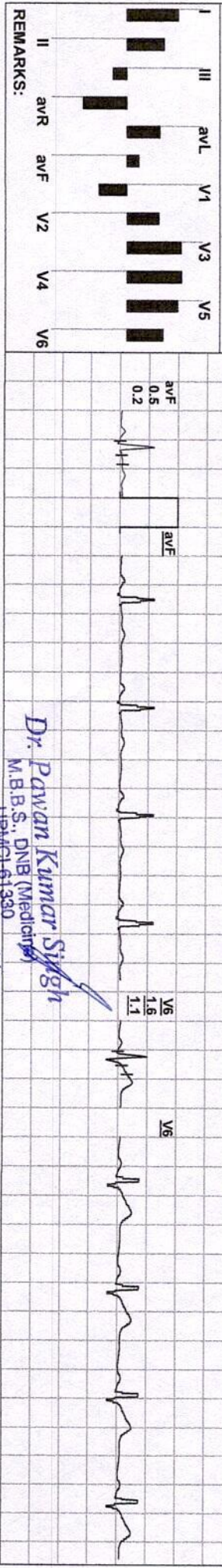
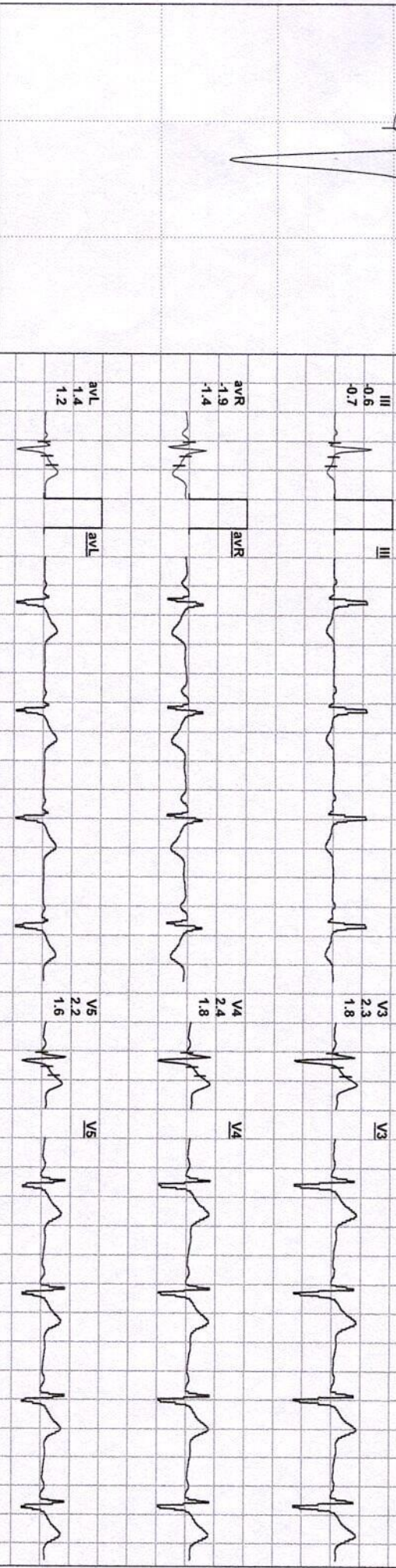
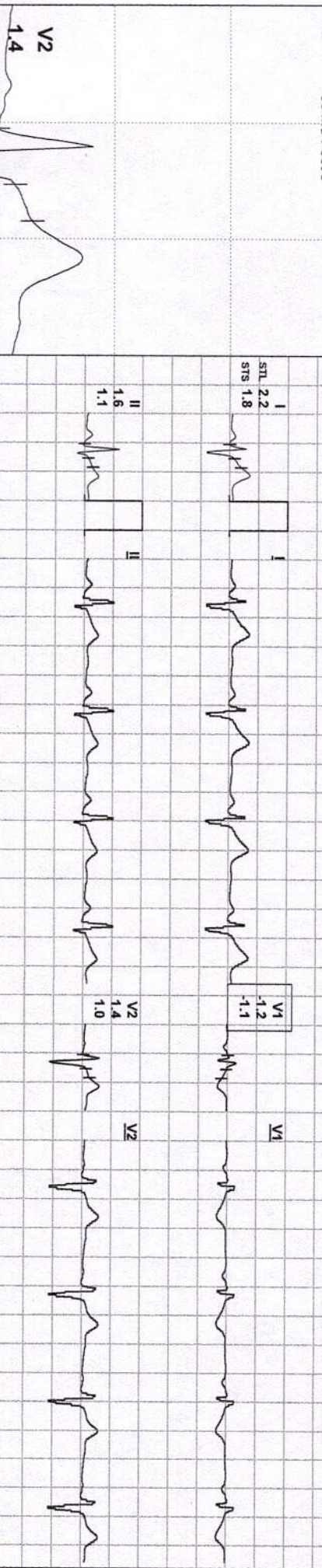
BP: 122/78 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%

4X 80 ms Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

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Date: 11 / 03 / 2023 09:46:47 AM

METS: 1.0/ 86 bpm 44% of THR

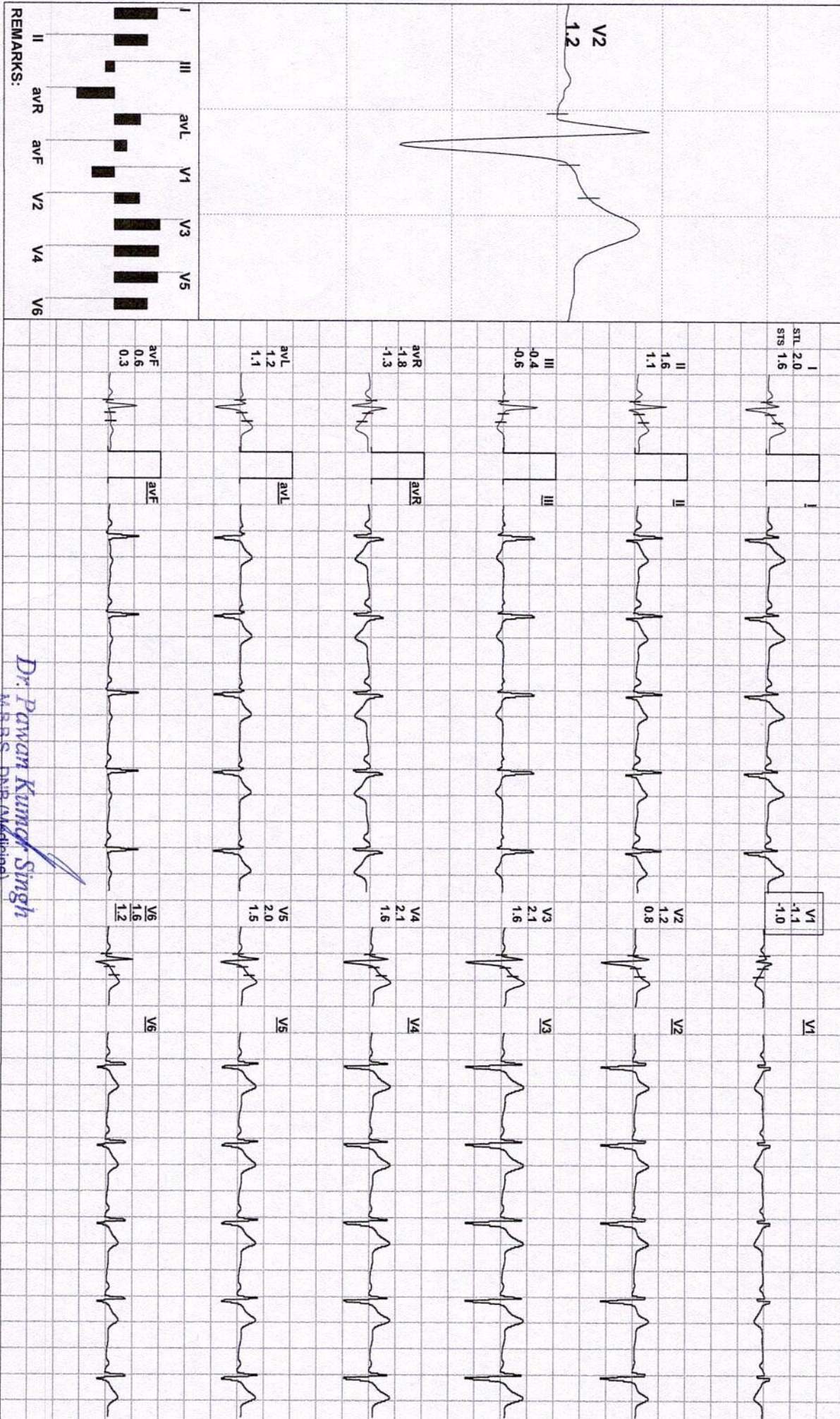
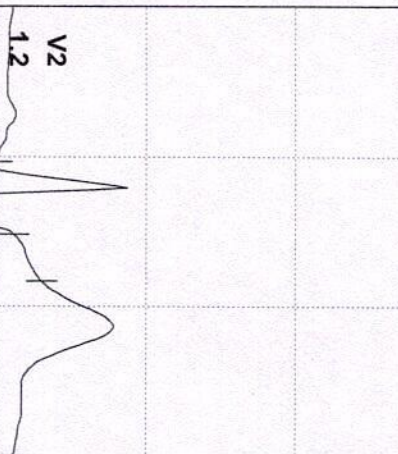
BP: 122/78 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

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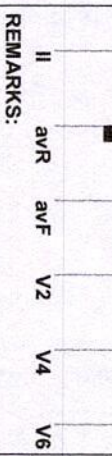
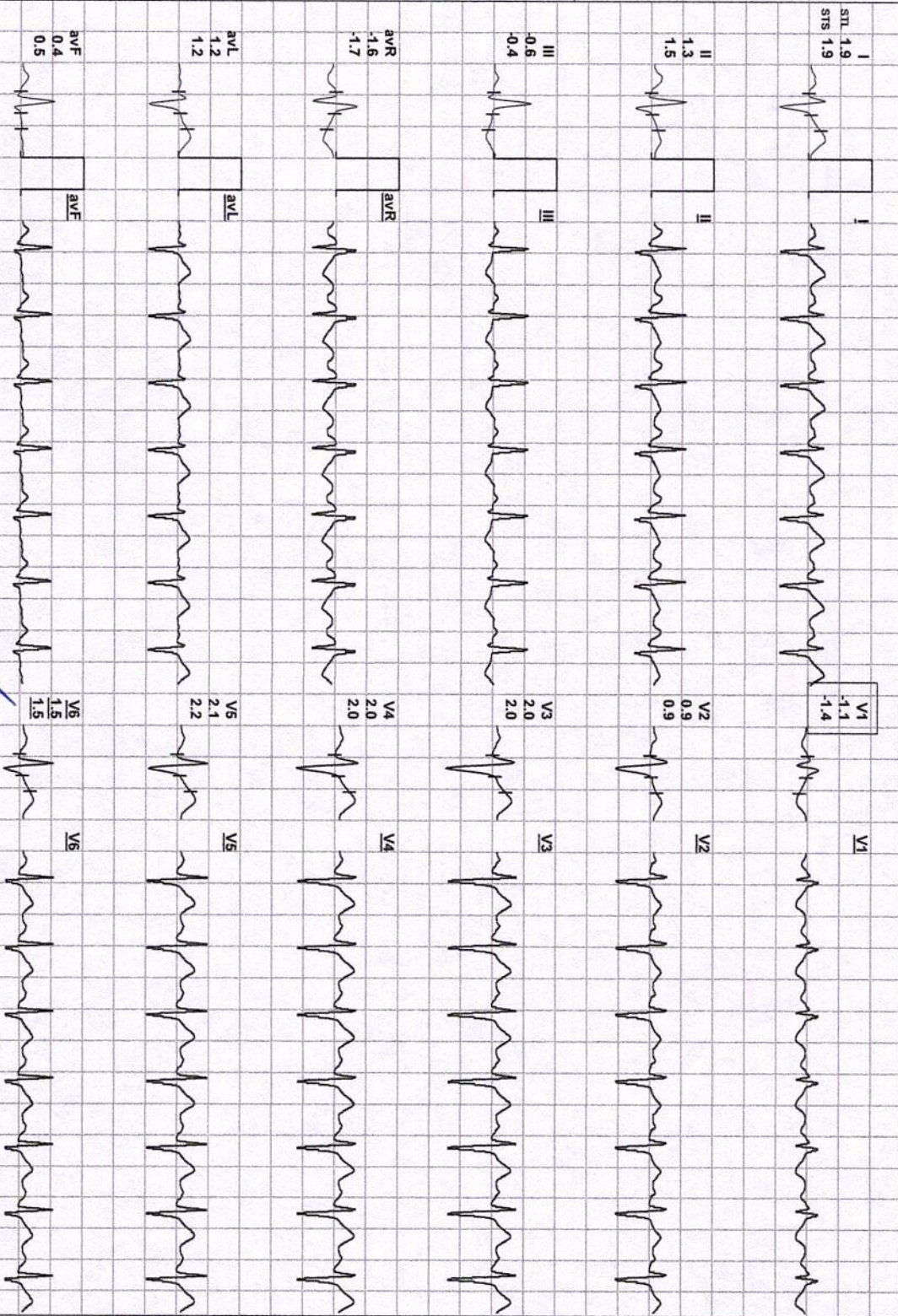
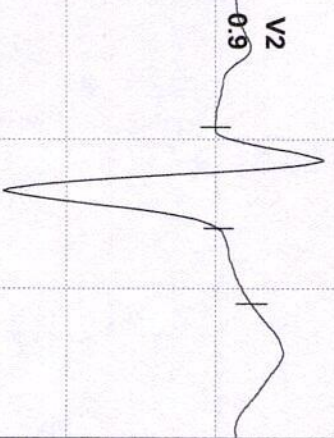
ANKIT KUMAR / 25 Yrs / M / 172 Cms / 79 Kg / HR : 123

Date: 11 / 03 / 2023 09:46:47 AM METS: 4.71 123 bpm 63% of THR BP: 124/80 mmHg Combined Medians/ BLC On/ Naich On/ HF 0.05 HZLF 35 HZ

EXTime: 03:00 1.7 mph, 10.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

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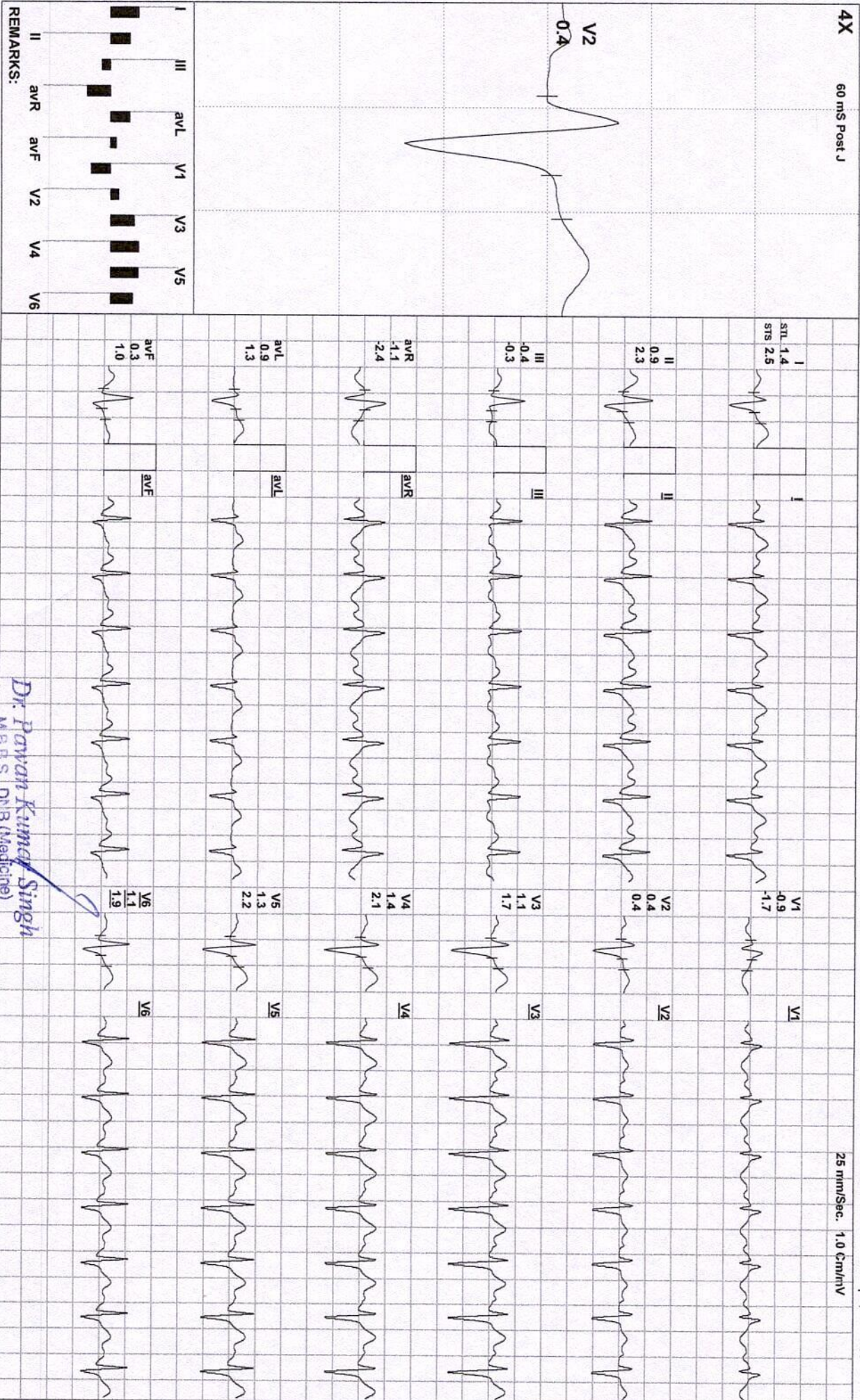
ANKIT KUMAR / 25 Yrs / M / 172 Cms / 79 Kg / HR : 137

Date: 11 / 03 / 2023 09:46:47 AM METS: 7.1/ 137 bpm 70% of THR BP: 126/82 mmHg Combined Medians/ BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 06:00 2.5 mph, 12.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/hv



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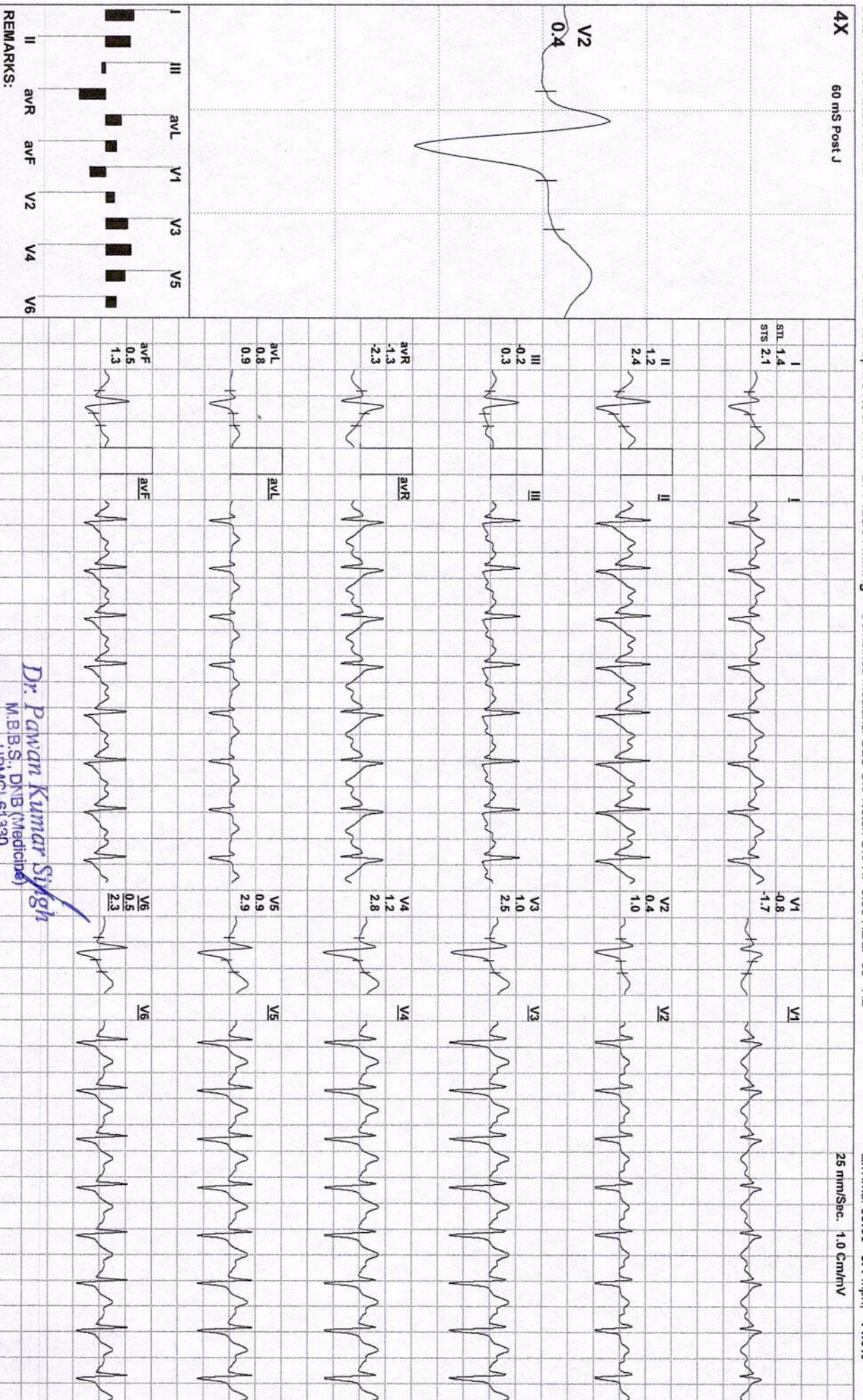
ANKIT KUMAR / 25 Yrs / M / 172 Cms / 79 Kg / HR : 157

Date: 11 / 03 / 2023 09:46:47 AM METS: 10.2 / 157 bpm 81% of THR BP: 128/84 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 09:00 3.4 mph, 14.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

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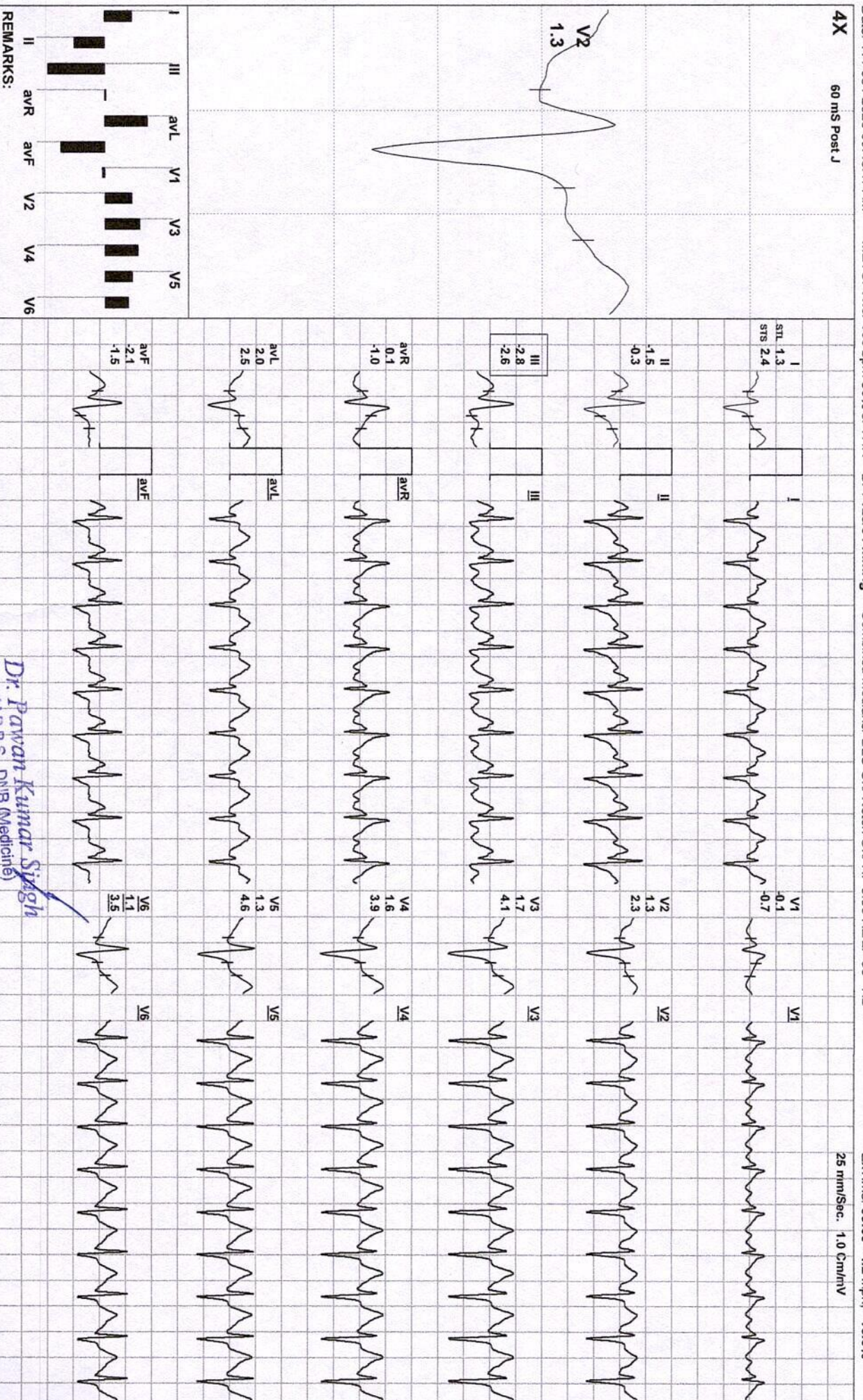
ANKIT KUMAR / 25 Yrs / M / 172 Cms / 79 Kg / HR : 168

Date: 11 / 03 / 2023 09:46:47 AM METS: 11.3/ 168 bpm 86% of THR BP: 128/84 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 09:59 4.2 mph, 16.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



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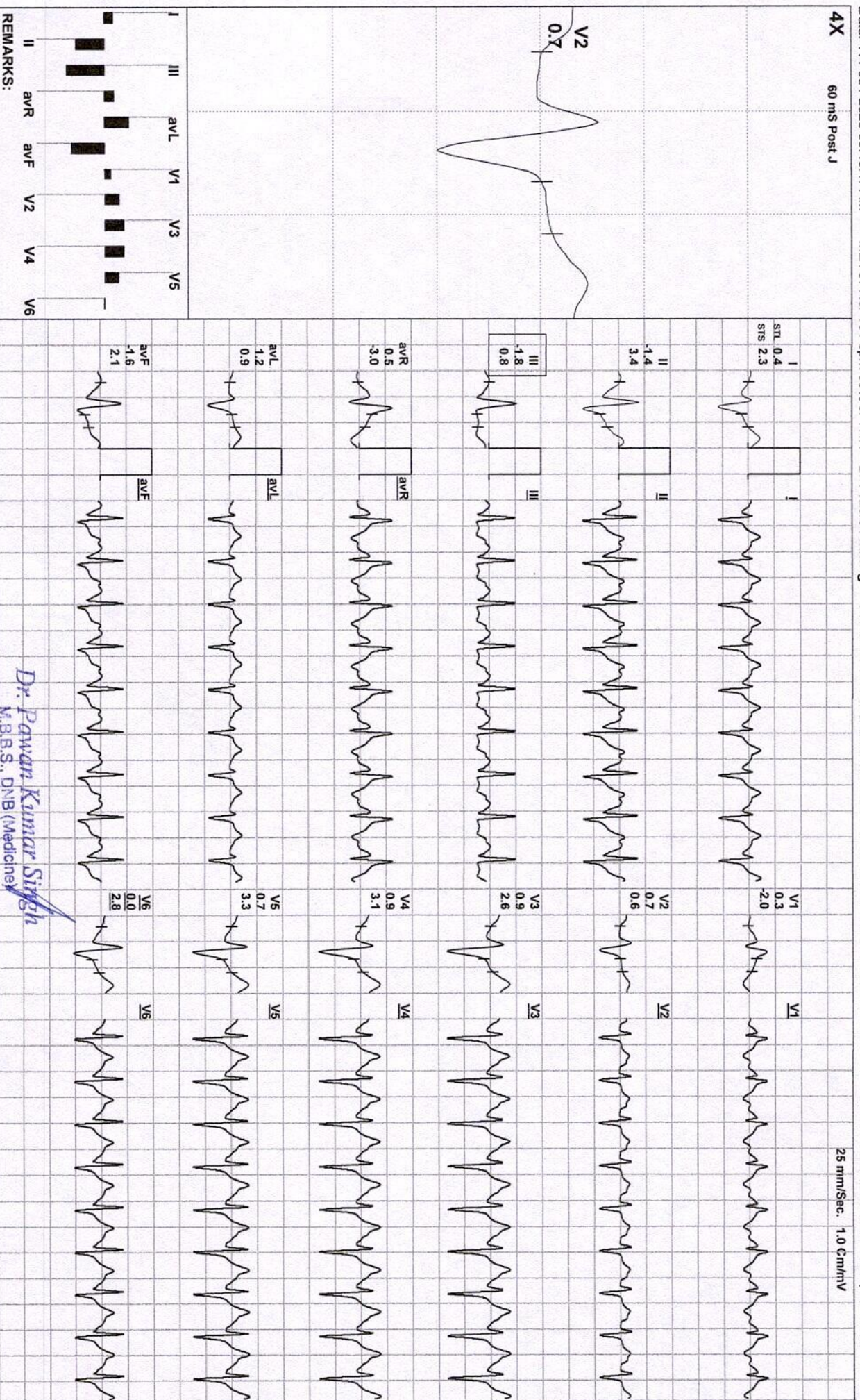
ANKIT KUMAR / 25 Yrs / M / 172 Cms / 79 Kg / HR : 161

Date: 11 / 03 / 2023 09:46:47 AM METS: 7.3/ 161 bpm 83% of THR BP: 128/84 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 09:59 1.1 mph, 0.0%

4X 60 ms Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

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(ADX_GEM217220330)(R)Allengers



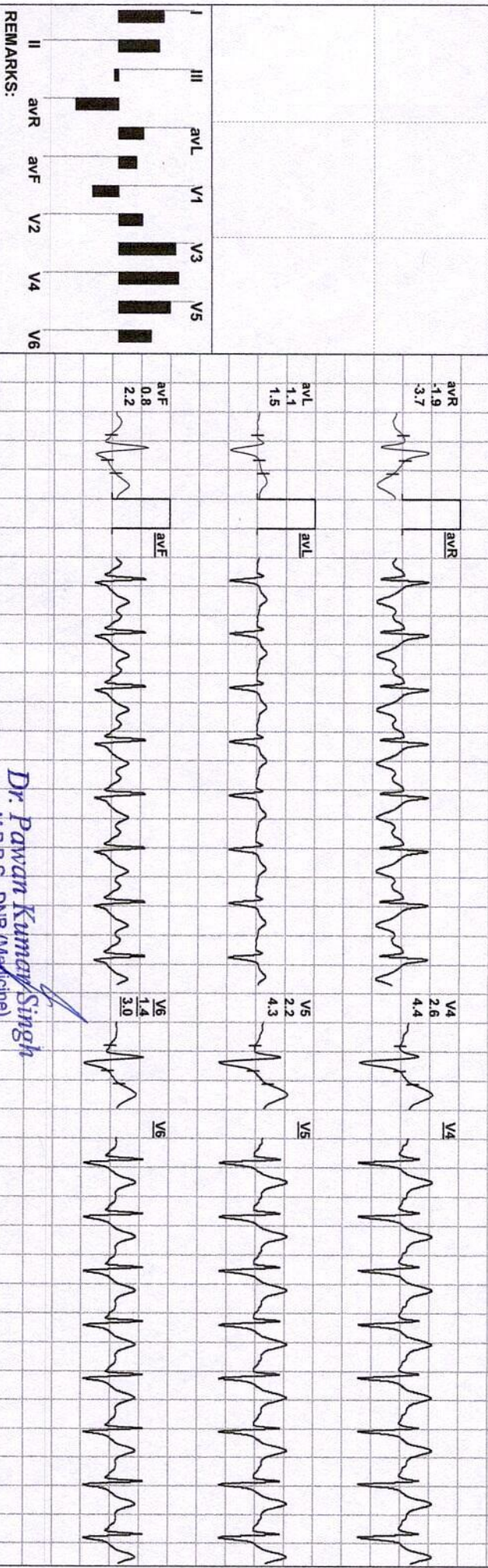
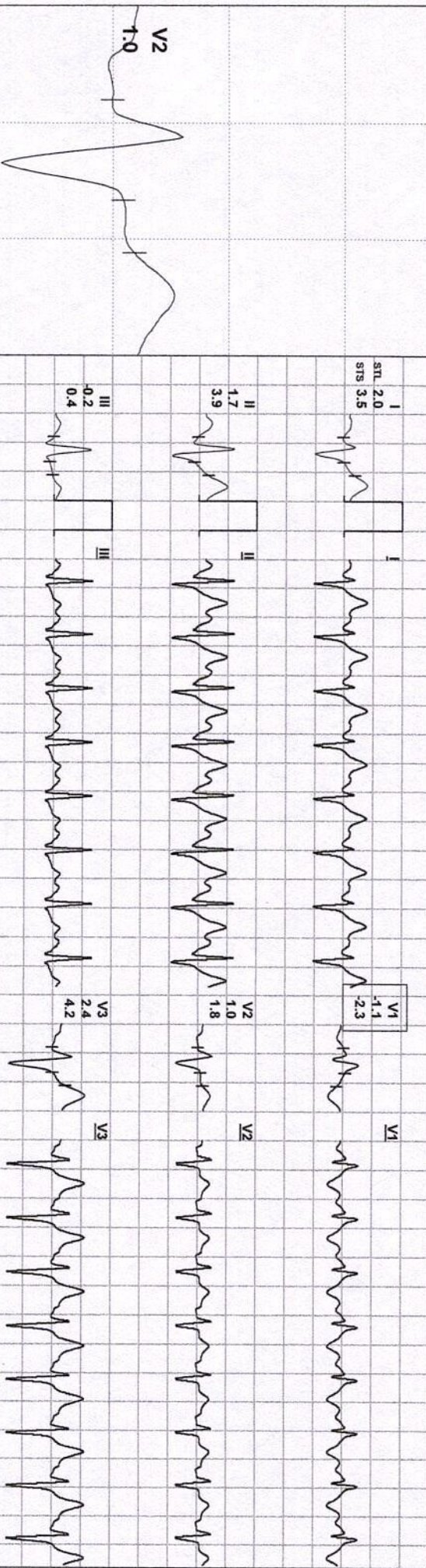
ANKIT KUMAR / 25 Yrs / M / 172 Cms / 79 Kg / HR : 149

Date: 11 / 03 / 2023 09:46:47 AM METS: 4.3/ 149 bpm 76% of THR BP: 130/86 mmHg Combined Medians/ BLC On/ Natch On/ HF 0.05 HZ/LF 35 HZ

EXTime: 09:59 1.1 mph, 0.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

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(ADX_GEM217220330)(R)/Allergers



Date: 11 / 03 / 2023 09:46:47 AM

METS: 3.2/ 150 bpm 77% of THR

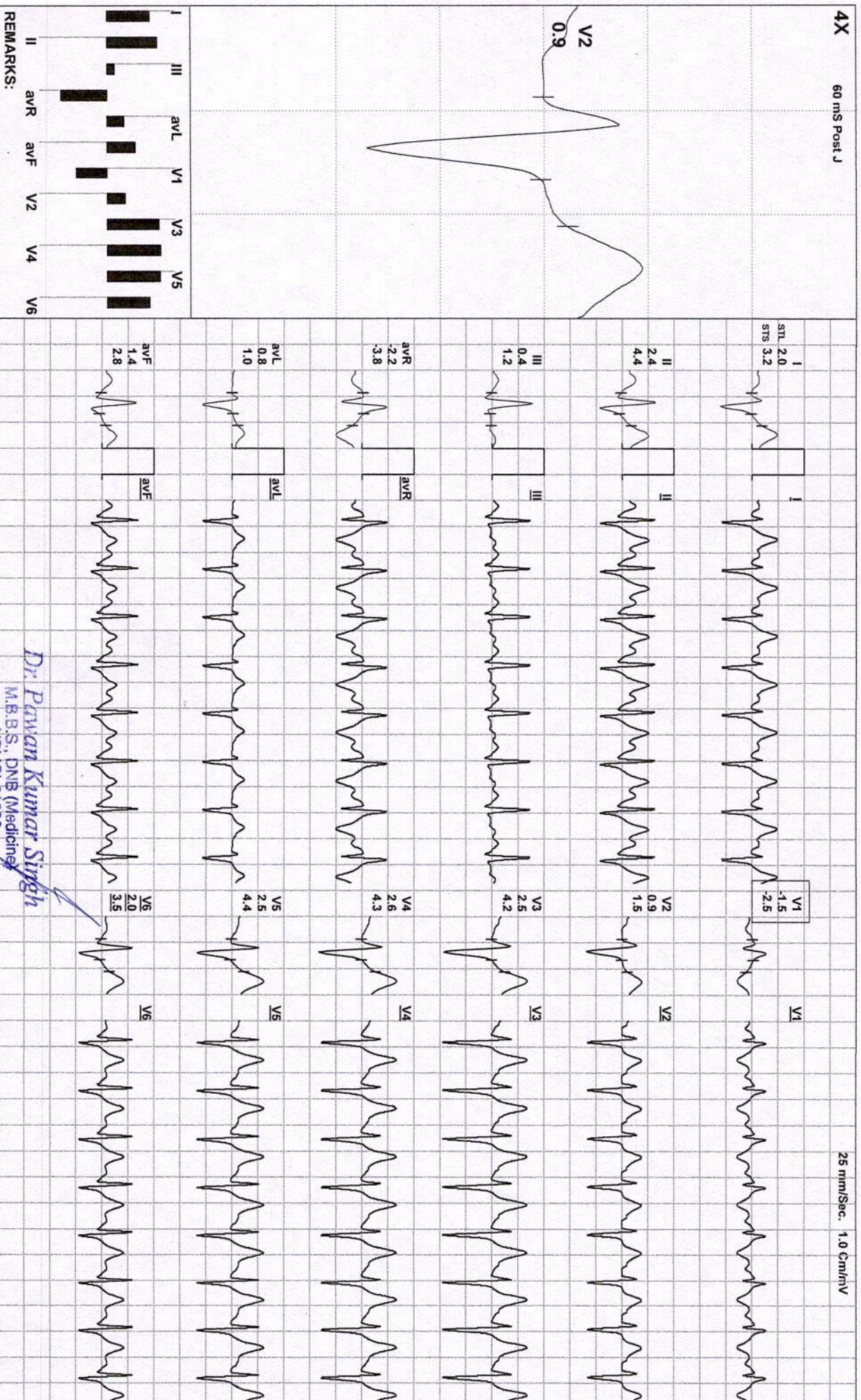
BP: 130/86 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 09:59 0.0 mph, 0.0%

4X 60 ms Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

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(ADX_GEM217220330)(R)Allengers

JPK HOSPITAL AND TRAUMA CENTER
SUPER MARKET SULTANPUR Email:

Report



ANKIT KUMAR / 25 Yrs / M / 172 Cms / 79 Kg
Date: 11 / 03 / 2023 09:46:47 AM Refd By: SELF Examined By: DR PAWAN KUMAR SINGH

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:07	0:07	00.0	00.0	01.0	088	45 %	122/78	107	00	
Standing	00:12	0:05	00.0	00.0	01.0	076	39 %	122/78	092	00	
HV	00:17	0:05	00.0	00.0	01.0	080	41 %	122/78	097	00	
Warm Up	00:23	0:06	00.0	00.0	01.0	080	41 %	122/78	097	00	
ExStart	00:34	0:11	00.0	00.0	01.0	086	44 %	122/78	104	00	
BRUCE Stage 1	03:34	3:00	01.7	10.0	04.7	123	63 %	124/80	152	00	
BRUCE Stage 2	06:34	3:00	02.5	12.0	07.1	137	70 %	126/82	172	00	
BRUCE Stage 3	09:34	3:00	03.4	14.0	10.2	157	81 %	128/84	200	00	
PeakEx	10:33	0:59	04.2	16.0	11.3	168	86 %	128/84	215	00	
Recovery	11:03	0:30	01.1	00.0	07.3	161	83 %	128/84	206	00	
Recovery	11:33	1:00	01.1	00.0	04.3	149	76 %	130/86	193	00	
Recovery	11:43	1:10	00.0	00.0	03.2	150	77 %	130/86	195	00	

FINDINGS :

Exercise Time : 09:59
Initial HR (ExStrt) : 86 bpm 44% of Target 195
Initial BP (ExStrt) : 122/78 (mm/Hg)
Max Workload Attained : 11.3 Good response to induced stress
Max ST Dep Lead & Avg ST Value : III & -2.8 mm in PeakEx
Duke Treadmill Score : 10.0
Test End Reasons : Test Complete

REPORT :

TEST OBJECTIVE

ROUTINE CHECK UP

Max HR Attained 168 bpm 86% of Target 195
Max BP Attained 130/86 (mm/Hg)
VO2Max : 39.6 ml/Kg/min (Fair)

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Doctor : DR PAWAN KUMAR SINGH

RISK FACTOR	:	NONE
ACTIVITY	:	VERY ACTIVE
MEDICATION	:	NONE
BRIEF HISTORY	:	NOT SIGNIFICANT
REASON FOR TERMINATION	:	TEST COMPLETE
EXERCISE TOLERANCE	:	GOOD
EXERCISE INDUCED ARRHYTHMIAS	:	NO
HAEMODYNAMIC RESPONSE	:	NORMAL
CHRONOTROPIC RESPONSE	:	NORMAL
FINAL IMPRESSION	:	STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE


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