





ZUDIO - Star Bazaar, Q

Nagar, Sector 11, Ghansoli, Navi

Lat: 19.1192057

Lon: 72.9936004

23/12/2023 12:53:10 PM GMT+05:30



#### MEDICAL EXAMINATION FORM

Confidential without Prejudice Report. To Be Filled In Strictly By the Physician/Diagnostic Center

PART I: GENERAL DETAILS

NAME OF THE PATIENT: Shrade	dha	Jamdade	
D.O.B. 08/11/1993 Age: 29	_Sex: F	Phone number 937	0922989

PART II: MEDICAL EXAMINATION REPORT (Strictly to be filled by Medical Examiner)

Disease	Yes/ No	Medicine	& Surgery Details	s	Disease		Yes/ No	Medicir	ne & Surgery Details
Diabetes Mellitus					Cancer			(	
Hypertension					Tumor/Benign				
IHD					Genital urinar	у		1	1
Stroke		4	han		Rheumatic joi diseases or syn	nt nptoms			140.
Surgeries			IVIO		Asthma			4	
Tuberculosis					Pulmonary Dis	sease			
Congenital Disease					Anemia				· ·
Arrhythmia					Bleeding diseas Disorder.	se or			
Aids (HIV)			5 5 1 2 1		Mental Stress	E I		0	
2. Habits:			47-174		158				
Diet		Alcohol	ma	Tob	acco/Smoking	NA	Me	edicine	NA
	Relevant p	ast history if	any:	ap					
l. Major complaints/	ospitalizat	ion Investigat	ion, consultation)		hm				
	ospitalizat	ion Investigat	fully g						FILE CA

CREDENCE CARE HOSPITAL PVT. LTD. Cloud 36 Building, Plot No.6, Sector -11, New Palm Beach Road, Ghansoli, Navi Mumbai - 400 701 | Tel.: 99301 12288.Email: info@credencecarehospital.com | Web: www.credencecarehospital.com CIN: U85100MH2020PTC352657



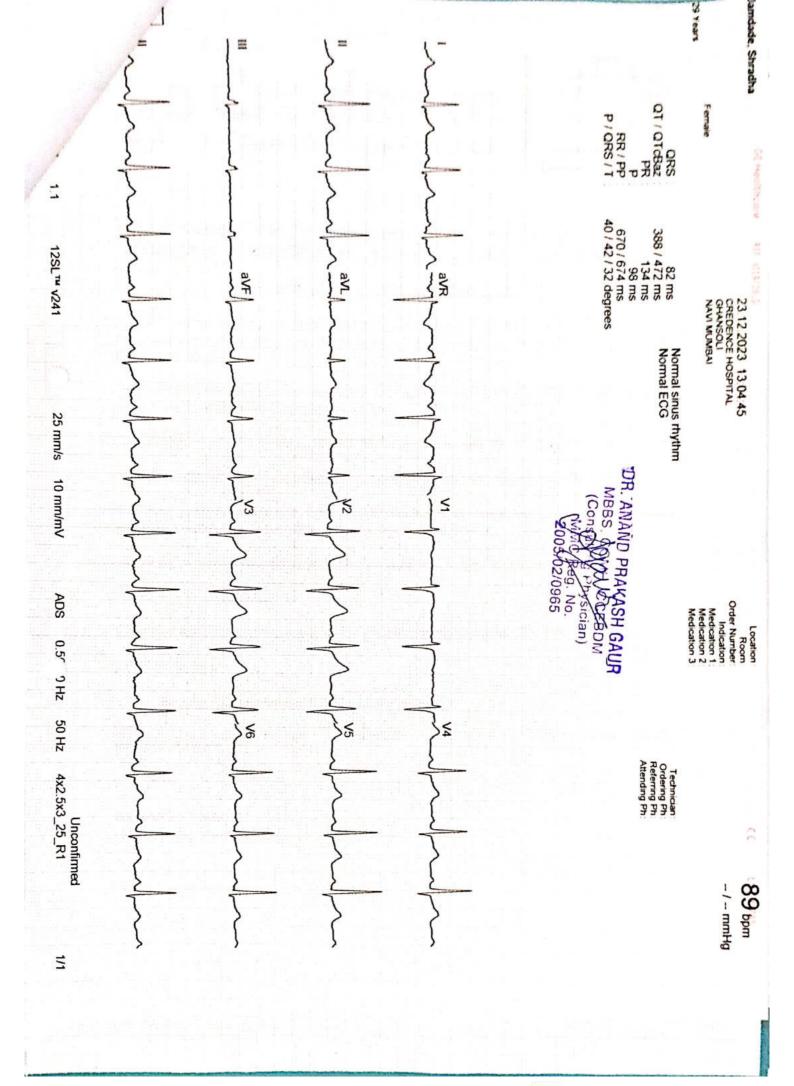
B. MEDICAL EXAMINERS FINDING AND ASSESMENT: (Please answer each question and where appropriate provide particulars. You are asked not to give any information to the person, assured, about the results

1. Anthropometry:

Height	156 cm	Weight	76.85 kg	ВМІ		
2. Vital Parameters: (i)						
Respiratory Rate	2	Ilmin	Pulse Rate		82	врм
(ii) Blood Pressure (Th	ree consecutive Read	ding):			1910	
Systolic	13		120		130	
Diastolic		0	80		90	/
Further readings at 10 interval if the first read exceeds 140/90	minute		0.0		40	
3. Skin Is there is any evidence	of					
Chronic Ulcer:		F0	100			
Circuit Cicer:	Y	ES NO	Eczema		YES	NO
Swelling	Y	ES NO	Varicose Veins	s	YES	✓ NO
Skin Discoloration	Y	ES NO	) Psoriasis		YES	V NO
Any Other skin proble  EXAMINATION FINE  4. Cardiovascular Syste	DINGS DETAILS					
5. Genito-Urinary Sy	rstem:					

7. Gastro-Entrology System: NA3
(a) Oropharyngeal:
(b) Abdomen: Soft non terret
Evidence of Hernia, Hydrocele, Fissure, Fistula & piles, MD
If yes, please describe
8. Nervous System: Convious / Sien ted
9. Eye Check-up
10. ENT
12. For Female Clients Only:
1. Is there any disease of breast?
2. (1) Is there any evidence of pregnancy?
(II) If Pregnant, are any complications to be expected?
Do you suspect any disease of uterus, cervix of ovaries?      Any menstrual complaints? \tag{TYPGMG}.
4. Any menstrual complaints? [170926].

C. SUMMARY of the examination findings:
Positive Findings if any: (Please Specify)
1000 300 1100
Advice:
USh (918) Crinacologist opinion
Conclusion on the fitness of the client:
Clinically & Medically Fit,
0
D. DOCTOR'S DECLARATION:
I confirm that I have examined this CLIENT and the findings stated above are true and correct to the best of my knowledge.
DR. ANAND PRAKASH GAUR  MBBS, CCMH, CCEBDW
1. Name of the Medical Examiner: (Consulting Physician)
Signature of the Medical Examiner:
Stamp of the Medical Examiner  DR. ANAND PRAKASH GAUR  MBBS, CCMH, CCEBDM  (Con.
Registration Number 2005   02   09 65  Date of medicals conducted: 23   12   23
Date of medicals conducted: 23 12 23
Place: Chansoli
2. Name of the Client: Shraddha Jandade
Signature of the Client:
NOTE: NAME AND SIGNATURE OF MEDICAL EXAMINER AND THE CLIENT IS MANDATORY ON THIS FORM





PATIENT'S NAME	MRS. SHRADDHA JAMDADE	AGE :- 29 y/F
REFERRED BY	CREDENCE CARE HOSPITAL	DATE: 23/12/2023

#### **USG WHOLE ABDOMEN & PELVIS**

LIVER is normal in size, normal in shape and echotexture. No evidence of any focal lesion seen. The portal vein appears normal & shows normal hepato-petal flow. No evidence of intra-hepatic biliary duct dilatation.

GALL BLADDER appears well distended with normal wall thickness. There is no calculus or pericholecystic collection. CBD appears normal.

Visualised parts of head & body of PANCREAS appear normal. PD is not dilated.

SPLEEN is normal in size and echotexture. No focal lesion seen. Splenic vein is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis

URINARY BLADDER is partially filled with urine wall is mild thickened irregular.

UTERUS is normal in size.

Visualised bowel loops appear normal. There is no free fluid seen in abdomen and pelvis.

#### **IMPRESSION:**

No Significant abnormality is detected.

THIS REPORT IS NOT TO BE USED FOR MEDICOLEGAL PURPOSE. THE CONTENTS OF THIS REPORT REQURE CLINICAL CO-RELATION BEFORE ANY APPLICATION.

RAMAN CT SCAN & DIAGNOSTIC CENTER. Cloud 36 Building, Shop No.8, Plot No.6, Sector 11, New Palm Beach Road, Ghansoli, Navi Mumbai - 400 701

DR SACAR GARGE (consultant Radiologist)





PATIENT'S NAME	MRS. SHRADDHA JAMDADE	AGE:- 29y/F
REFERRED BY	CREDENCE HOSPITAL	DATE:-23/12/2023

#### USG BREAST

Bilateral breast parenchyma show normal echotexture.

Mammary zone shows normal glandular tissue.

Retro mammary tissue appears normal.

No axillary lymphnodes are seen bilaterally.

No evidence of any other lesion noted.

IMPRESSION: NO ABNORMALITY DETECTED.



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Name: Mrs. Shraddha Jamdade Age/Sex: 29Y/Female

Date: 23/12/2023

# 2 D Echocardiography & color Doppler Study

# **FINDINGS:**

- No LV regional wall motion abnormality.
- No LV diastolic dysfunction.
- No LV wall hypertrophy. No LV dilation.
- Normal left ventricle systolic function. LVEF apprx-60%.
- No mitral regurgitation.
- No aortic regurgitation.
- No TR. No pulmonary hypertension.
- Cardiac valves are structurally normal.
- Normal size of cardiac chambers.
- Intact IAS & IVS.
- No LV clot/vegetation/pericardial effusion.
- Normal RV systolic function. No hepatic congestion.

# **Conclusion:**

Normal 2D echo & color Doppler Study.

DR. KUMAR RAJEEV M.D.(Med),DNB(Cardiology)



Name: Mrs. Shraddha Jamdade Age/Sex: 29Y/Female

Date: 23/12/2023

2D Measurements:

LA	35 mm
AORTIC ROOT	28 mm
EF SLOPE	90 mm/sec
LVIDD	40 mm
LVIDS	29 mm
IVS(D)	09 mm
PW(D)	09 mm
RVID	28 mm
LVEF	60 %

# Doppler study:

AV max -	1.1 m/sec	E vel	0.9 m/sec
PV max -	0.9 m/sec	A vel	0.7 m/sec
PASP		E/A	1.3



Name: Mr. Sachin Jamdade Age/Sex: 33Y/Male

Date: 23/12/2023

# 2 D Echocardiography & color Doppler Study

### FINDINGS:

- No LV regional wall motion abnormality.
- No LV diastolic dysfunction.
- No LV wall hypertrophy. No LV dilation.
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# Conclusion:

Normal 2D echo & color Doppler Study.

DR. KUMAR RAJEEV

M.D.(Med), DNB(Cardiology)





Name: Mr. Sachin Jamdade Age/Sex: 33Y/Male

Date: 23/12/2023

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Patient

Name

: MRS. SHRADDHA JAMDADE

Patient ID: 2005

Age /Gender: 29yrs/FEMALE

Date: 23/12/2023

## X-RAY CHEST PA

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Plain P.A. Radiograph of chest shows: -

The hilar shadows are normal in size, position and density.

Both Cardio phrenic and Costophrenic angles are clear.

The Cardiac silhouette is within normal

limits. Aortic shadow is normal.

Rest of the visualized mediastinum shadows are

normal. Both domes of diaphragms are normal.

The visualized bony thorax is normal.

CONCLUSION:

NO SIGNIFICANT ABNORMALITY DETECTED

DR. Nikunj Kothia

MBBS, DMRD Reg-2009093218





Referral Doctor: HEALTH CHECKUP Pt.Type / ID : OPD/

Age / Gender : Years / Female

Collection Date: 23/12/2023 01:30 PM Reporting Date: 23/12/2023 05:30 PM

#### Complete Blood Count (CBC)

Test Description	Value(s)	Unit	Reference Range
Hemoglobin	12.1	gms/dl	12 - 15
RBC Count	4.02	mil./cmm	3.8 - 5.8
Haematocrit (HCT)	40.0	%	37 - 47
	RBC Ind	ices	
MCV	99.50	fL	80 - 100
MCH	30.10	pg	27 - 34
MCHC	30.25	gm/dl	32 - 36
RDW-CV	12.0	%	11 - 16
Total WBC Count	7800	/uL	4000 - 10000
	DIFFERENTIAL	L COUNT	
Neutrophil	72	%	40 - 70
Lymphocytes	24	%	20 - 40
Eosinophil	02	%	1 - 6
Monocytes	02	%	2 - 8
Basophils	00	%	0 - 1
	Platelet In	dices	
Platelet Count	210000	/cmm.	150000 - 450000
RBC Morphology	Normocytic N	ormochromic	
WBC Morphology	Within Normal	Limits	
Platelet	Adequate on sr	near	
D	TDD A TIOCO		

Done on fully Automated cell counter-ERBA H360

Signature

Dr. Disha Sorde MD Pathologist Reg No. 2016/08/3416

CIN: 1/85100MH2028P1C352657







Referral Doctor: HEALTH CHECKUP
Pt.Type / ID: OPD/

Age / Gender : Years / Female

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#### ESR (ERYTHROCYTE SEDIMENTATION RATE)

<b>Test Description</b>	Value(s)	Unit	Reference Range
Erythrocyte Sedimentation Rate	08	mm/hr	< 20
Wintrobe method			

**Interpretation:** It indicates presence and intensity of an inflammatory process. It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, acute rheumatic fever,. It is also increased in multiple myeloma, hypothyroidism.

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#### BLOOD GROUP (BG)

Test Description Value(s) Unit Reference Range

Sample Type: WHOLE BLOOD EDTA

Blood Group: A Rh Positive

METHOD: Monoclonal blood grouping (Agglutination test) by slide method

KIT: Span diagnostics.

Signature

By.





Referral Doctor: HEALTH CHECKUP
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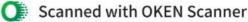
#### GLYCOSYLATED HAEMOGLOBIN (GHB/HBA1c)

Test Description	Value(s)	Unit	Reference Range
HbA1c	5.5	%	Below 6.0% - Normal Value
H.P.L.C			6.0% - 7.0% - Good Control
			7.0% - 8.0% - Fair Control
			8.0% - 10% - Unsatisfactory
			Control
			Above 10% - Poor Control

Interpretation: Glycosylated Haemoglobin is acurate and true index of the "Mean Blood Glucose Level in the body for the previous 2-3 months. HbA1c is an indicator of glycemic control. HbA1c represent average glycemia over the past six to eight weeks. Glycation ofhemoglobin occurs the entire 120 days life span of the red blood cell, but with in this 120 days. Recent glycemia has the largestinfluence on the HbA1c value. Clinical studies suggest that a patient in stable control will have 50% of their HbA1c formed in themouth before sampling, 25% in the month before that, and the remaining 25% in months 2-4.

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#### LIPID PROFILE

Test Description	Value(s)	Unit	Reference Range
Total Cholesterol	140.0	mg/dl	Low < 125 Desirable : < 200 Borderline High : 201 - 240 High : > 240
Triglycerides	99.0	mg/dl	Low < 25 Normal : < 150 Borderline High : 151 - 199 High : > 200
HDL Cholesterol	43.0	mg/dl	< 35 Low >80 High
Non HDL Cholesterol	97.00	mg/dl	Desirable : < 130 Boderline high : 130 - 159 High : > 160
LDL Cholesterol	77.20	mg/dl	Low < 85 Optimal : <100 Near/Above Optimal : 101 - 129 Borderline High : 130 - 159 High : >160
VLDL Cholesterol	19.80	mg/dl	Below 40
TOTAL CHOL/HDL Ratio	3.26		Desirable/Low Risk: 3.3 - 4.4 Borderline/Middle Risk: 4.5 - 7.1 Elevated/High Risk: 7.2 - 11.0
LDL/HDL Ratio	1.80		Desirable/Low Risk: 0.5 - 3.0 Borderline/Middle Risk: 3.1 - 6.0 Elevated/High Risk: >6.1
Appearance of Serum	Clear		

**Signature** 

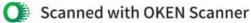
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Pt.Type / ID: OPD/

Age / Gender : Years / Female

**Collection Date**: 23/12/2023 01:30 PM **Reporting Date**: 23/12/2023 05:30 PM

#### URIC ACID

<b>Test Description</b>	Value(s)	Unit	Reference Range
Uric Acid	5.0	mg/dl	2.6 - 6.0

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Reg No. 2016/08/3416





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Age / Gender : Years / Female

Collection Date: 23/12/2023 01:30 PM Reporting Date: 23/12/2023 05:30 PM

#### BLOOD UREA NITROGEN

<b>Test Description</b>	Value(s)	Unit	Reference Range
BUN*	8.9	mg/dL	7 - 18.0
Serum, Calculated			

Signature





Referral Doctor: HEALTH CHECKUP Pt.Type / ID : OPD/

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#### **CREATININE**

<b>Test Description</b>	Value(s)	Unit	Reference Range
CREATININE	0.8	mg/dl	0.6 - 1.4
Jaffe IDMS			

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#### **BUN/CREATININE RATIO**

<b>Test Description</b>	Value(s)	Unit	Reference Range
BUN/CREATININE RATIO	11.1	Mg/dL	5 - 20

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#### LIVER FUNCTION TEST (LFT)

Test Description	Value(s)	Unit	Reference Range
Bilirubin Total	0.52	mg/dL	0.3 - 1.5
Bilirubin Direct	0.25	mg/dL	0.0 - 0.5
Bilirubin Indirect	0.27	mg/dL	0.2 - 0.9
SGOT (AST)	20.0	U/L	0 - 45
SGPT (ALT)	230	U/L	0 - 45
Alkaline Phosphatase	150.0	U/L	80 - 306
Protein Total	6.6	g/dL	6 - 8
Albumin	3.5	g/dL	3.2 - 5.0
Globulin	3.1	g/dL	2.5 - 3.3
A/G Ratio	1.13	_	1.0 - 2.1

Signature





Referral Doctor: HEALTH CHECKUP
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Age / Gender : Years / Female

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#### **GAMMA GT**

<b>Test Description</b>	Value(s)	Unit	Reference Range
Gamma Glutaryl Trans Peptidase	10.0	U/L	5 - 40

Signature

Dr. Disha Sorde
MD Pathologist

Reg No. 2016/08/3416





Patient Name: MRS. SHRADDHA JAMDADE Age / Gender: Years / Female

#### THYROID FUNCTION TEST (TFT)

Test Description	Value(s)	Unit	Reference Range
TOTAL TRIIODOTHYRONINE (T3) Competitive Chemi Luminescent Immuno Assay	110.0	ng/dl	60 - 181
TOTAL THYROXINE (T4) Competitive Chemi Luminescent Immuno Assay	5.2	μg/dL	4.5 - 12.6
THYROID STIMULATING HORMONE (TSH)	2.1	uIU/mL	0.3 - 5.5
SANDWICH CHEMI LUMINESCENT IMMUNO ASSAY			

#### SANDWICH CHEMI LUMINESCENT IMMUNO ASSAY

Reference range for < 18 years

TEST	1 - 3 D	4 - 30 D	31 - 60 D	61 D - 12 M	1 - 5 Y	6 - 10 Y	11 - 14 Y	15 - 18 Y
TSH	0.1-9.2	0.2-8.5	0.2-7.8	0.30-5.9	0.4-4.8	0.5-4.7	0.5-4.6	0.6-4.5
T3	41.7-272.1	48.2-272.1	54.7-272.1	76.8-272.1	89.2-246.7	87.2-218.1	86.6-199.8	85.3-188.8
T4	4.9-15.8	5-15.3	5.2-14.8	5.7-13.3	5.7-11.7	5.4-10.7	5.2-10	5.1-9.6
FT3	1.5-5.3	1.6-5.2	1.6-5.1	1.8-4.8	2-4.5	2.1-4.4	2.3-4.4	2.3-4.3
FT4	0.84-2.08	0.85-1.98	0.85-1.89	0.89-1.62	0.89-1.48	0.85-1.46	0.84-1.45	0.84-1.45

Signature

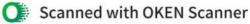
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#### URINE ROUTINE REPORT

Test Description	Value(s)	Unit	Reference Range
	Physical Examin	nation	
Quantity	20	ml	
Colour	Pale Yellow		Pale yellow/Yellow
Appearance	Slightly Hazy		Clear
Specific Gravity	1.010		1.005-1.030
pH	Acidic		Acidic
Deposit	Absent		Absent
無法自由政治法	Chemical Exami	nation	
Protein	Absent		Absent
Sugar	Absent		Absent
Ketones	Absent		Absent
Bile Salt	Absent		Absent
ile Pigment	Absent		Absent
robilinogen	Normal		Normal
	Microscopic Examina	ation (/hpf)	
Pus Cell	2-4		Upto 5
Epithelial Cells	1-2		Upto 5
Red Blood Cells	Absent		Absent
Casts	Absent		Absent
Crystals	Absent		Absent
Bacteria	Absent		Absent

\*\*END OF REPORT\*\*

Signature

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