

MR No. 146181 Patient Name Mrs. Hirdi Parasham 24 Age 24 Sex F Date 29/06/23

H - 124

W - 80

BP - 120/80

P - 70

Reports were

Dr. Bhawna Garg
MBBS, DIP.GO, PGDHA
Reg. No. MPMC-18035
Deputy Medical Superintendent
RJN Apollo Spectra Hospitals

Patient NAME : Mrs.MRINALI PARASHAR	Collected : 29/Jun/2023 08:55AM
Age/Gender : 24 Y O M O D /F	Received : 29/Jun/2023 09:41AM
UHID/MR NO : ILK.00031253	Reported : 29/Jun/2023 03:04PM
Visit ID : ILK.89953	Status : Final Report
Ref Doctor : Dr.ARCOFEMI HEALTHCARE LIMITED	Client Name : INSTA

DEPARTMENT OF HEMATOLOGY

COMPLETE BLOOD COUNT- CBC / HAEMOGRAM , WHOLE BLOOD EDTA

Haemoglobin (Hb%)	10.1	gm%	11.5-16.0	Cyanmeth
P.C.V (Hematocrit)	32.1	%	40-54	Cell Counter
RBC Count	5.1	Mill./cu mm	4.00-5.50	Cell Counter
Mean Corpuscular Volume(MCV)	62.4	fL	76-96	Calculated
Mean Corpuscular Hb. (MCH)	19.7	pg	27.0-32.0	Calculated
Mean Corp. Hb. Conc.(MCHC)	31.6	g/dl	30.0-35.0	Calculated
RDW	15.9	%	11-16	Calculated
Total WBC count (TLC)	6,000	/cu mm	4000-11000	Cell Counter

Differential Count by Flowcytometry/Microscopy

Neutrophils	63.3	%	50-70	Cell Counter
Lymphocytes	24.6	%	20-40	
Monocytes	9.0	%	01-10	Cell Counter
Eosinophils	2.5	%	01-06	Cell Counter
Basophils	0.6	%	00-01	Cell Counter

Absolute Leucocyte Count

Neutrophil (Abs.)	3,798	per cumm	2000 - 8000	Calculated
Lymphocyte (Abs.)	1476	per cumm	600-4000	Calculated
Monocyte (Abs.)	540	per cumm	0-600	Calculated
Eosinophil (Abs.)	150	per cumm	40-440	Calculated
Basophils (Abs.)	36	per cumm	0-110	Calculated
Platelet Count	1.80	Lac/cmm	1.50-4.00	Cell Counter

ERYTHROCYTE SEDIMENTATION RATE (ESR)

Erythrocyte Sedimentation Rate (ESR)	22	mm 1st hr.	0-20	Wester Green
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SIN NO : 10363233,

(Signature)

DR. ASHOK KUMAR
M.D. (PATH)

Patient NAME : Mrs.MRINALI PARASHAR
Age/Gender : 24 Y 0 M 0 D /F
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DEPARTMENT OF HEMATOLOGY

BLOOD GROUPING(A,B,O) AND RH FACTOR , WHOLE BLOOD EDTA

Blood Grouping	B		Slide/Tube Agglutination
Rh (D) Type	POSITIVE		Slide/Tube Agglutination

BLOOD PICTURE - PERIPHERAL SMEAR EXAMINATION , WHOLE BLOOD EDTA

RBC : Microcytic hypochromic with anisocytosis.
No cytoplasmic inclusions or hemoparasite.

WBC : Normal in number , morphology and distribution. No toxic granules seen.
No abnormal cell seen.

PLATELETS : Adequate on smear.

IMPRESSION : Microcytic hypochromic picture.



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A.K. Rajong

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DEPARTMENT OF BIOCHEMISTRY-ROUTINE

Test Name	Result	Unit	Bio. Ref. Range	Method
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GLUCOSE - FASTING (FBS) , NAF PLASMA

Fasting Glucose	99.0	mg/dL	65-110	God - Pod
Ref.for Biological Reference Intervals: American Diabetic Assiosation.				

GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL) , FLUORIDE PLASMA

Post Prandial Glucose	104.0	mg/dL	90-140	2hrs. after...gm glucose/lunch
Ref.for Biological Reference Intervals: American Diabetic Assiosation.				



SIN NO :10363233,

A. Ashok Kumar

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DEPARTMENT OF BIOCHEMISTRY-ROUTINE

Test Name	Result	Unit	Bio. Ref. Range	Method
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GLYCOSYLATED HAEMOGLOBIN (GHB/HBA1C) , WHOLE BLOOD EDTA

Glycosylated Haemoglobin HbA1c	4.6	%	Normal: <5.7 Pre-Diabetes: 5.7-6.4 Diabetes: 6.5	NEPHELOMETRY
Approximate mean plasma glucose	85.32			Calculated

Ref.for Biological Reference Intervals: American Diabetes Association.

INTERPRETATION:

The A1C test measures your average blood glucose for the past 2 to 3 months. Diabetes is diagnosed at an A1C of greater than or equal to 6.5%.

Therapeutic goals for glycemic control (ADA)

-Adults:

- Goal of therapy: <7.0% HbA1c
- Action suggested: >8.0% HbA1c

-Pediatric patients:

- Toddlers and preschoolers: <8.5% (but >7.5%)
- School age (6-12 years): <8%
- Adolescents and young adults (13-19 years): <7.5%



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DEPARTMENT OF BIOCHEMISTRY-ROUTINE

Test Name	Result	Unit	Bio. Ref. Range	Method
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COMPLETE KIDNEY PROFILE (RFT/KFT) , SERUM

Urea	13.7	mg/dL	13.0-43.0	Urease
Creatinine	0.5	mg/dL	0.5-1.3	Enzymatic
Uric Acid	4.0	mg/dL	2.6-6.0	Urease
Sodium	136.0	Meq/L	135-155	Direct ISE
Potassium	4.0	Meq/L	3.5-5.5	Direct ISE
Chloride	105.0	mmol/L	96-106	Direct ISE
Calcium	9.1	mg/dL	8.6-10.0	OCPC
Phosphorous	3.3	mg/dL	2.5-5.6	PMA Phenol
BUN	6.40	mg/dL	6.0-20.0	Reflect Spectrothoto



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DEPARTMENT OF BIOCHEMISTRY-ROUTINE

Test Name	Result	Unit	Bio. Ref. Range	Method
LIPID PROFILE , SERUM				
Type OF Sample	SERUM			
Total Cholesterol	146	mg/dl	up to 200	End Point
Total Triglycerides	54	mg/dL	Borderline High Risk : 150-199 High Risk: 200-499 Very High Risk: >500	End Point
HDL Cholesterol	50	mg/dL	Optimal: >55 Border Line High Risk: 35-55 High Risk:- <35	Reflect Spectrothoto
Non - HDL Cholesterol	96	mg/dL	<130	
LDL Cholesterol	85.2	mg/dL	63-167	Reflect Spectrothoto
VLDL Cholesterol	10.8	mg/dL	5.0-40.0	Reflect Spectrothoto
Chol / HDL Ratio	2.92		Low Risk : 3.3-4.4 Average Risk : 4.5-7.1 Moderate Risk : 7.2-11.0 High Risk : >11.0	CALCULATED



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DEPARTMENT OF BIOCHEMISTRY-ROUTINE

Test Name	Result	Unit	Bio. Ref. Range	Method
LIVER FUNCTION TEST (LFT) WITH GGT , SERUM				
Total Bilirubin	1.2	mg/dL	0.2-1.2	Jendrassik-Grof
Direct Bilirubin	0.3	mg/dL	0.0-0.3	Jendrassik-Grof
Indirect Bilirubin	0.9	mg/dL	0.0-0.9	Calculated
SGOT / AST	14.0	U/L	1-30	UV Kinetic (IFCC)
SGPT / ALT	18.0	U/L	1-34	UV Kinetic (IFCC)
Alkaline Phosphatase	58.0	U/L	43-115	PNPP
Gamma Glutaryl Transferase (GGT)	9.0	U/L	0.0-55.0	Reflect Spectrophoto
Total Protein	7.1	g/dl	6.4-8.3	Biuret
Albumin	4.5	g/dL	3.5-5.2	BCG
Globulin	2.6	g/dl	2.0-3.5	Calculated
A/G Ratio	1.73	%	1.0-2.3	Calculated



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A.K. Rajong

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Age/Gender : 24 Y 0 M 0 D /F	Received : 29/Jun/2023 01:17PM
UHID/MR NO : ILK.00031253	Reported : 29/Jun/2023 01:30PM
Visit ID : ILK.89953	Status : Final Report
Ref Doctor : Dr.ARCOFEMI HEALTHCARE LIMITED	Client Name : INSTA

DEPARTMENT OF BIOCHEMISTRY-SPECIAL

Test Name	Result	Unit	Bio. Ref. Range	Method
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THYROID PROFILE-I, SERUM

Trilodothyronine Total (TT3)	1.50	ng/dL	0.6-1.8	Chemilluminescence
Thyroxine (TT4)	8.08	µg/dL	4.5-10.9	Chemilluminescence
Thyroid Stimulating Hormone (TSH)	3.079	µIU/ml	0.35-5.50	Chemilluminescence

COMMENT :- Above mentioned reference ranges are standard reference ranges.

AGE RELATED GUIDLINES FOR REFERENCE RANGES FOR TSH

TSH	NEW BORN	INFANT	CHILD	ADULT
(u lu/ml)	0.52-38.9	1.7-9.1	0.7-6.4	0.3-5.6

PREGNENCY RELATED GUIDLINES FOR REFERENCE RANGES FOR TSH

TSH	1st Trimester	2nd & 3rd Trimester
(u lu/ml)	0.2 - 2.5	0.3 - 3.0

NOTE: TSH levels are subject to circadian variation, reaching peak levels between 2-4 AM and at a minimum between 6-10 PM. Dose and time of drug intake also influence the test result.

Ultrasensitive kits used.

Serum T3/ FT3 , T4/FT4 and TSH measurements form three components of thyroid screening panel.

- :-Primary hypothyroidism is accompanied by elevated serum T3 & T4 values alongwith depressed TSH level.
- :- Primary hypothyroidism is accompanied by elevated serum T3 & T4 values & elevated serum TSH level.
- :-Normal T3 &T4 levels with high TSH indicate mild / subclinical HYPOTHYROIDISM.
- :-slightly elevated T3 levels may be found in pregnancy and in estrogen therapy while depressed levels may be encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol .
- :-Although elevated TSH levels are nearly always indicative of primary hypothyroidism. Rarely they can result from TSH secreting pituitary tumours (secondary hyperthyroidism).

A.K. Rajong

DR. ASHOK KUMAR
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DEPARTMENT OF CLINICAL PATHOLOGY

Test Name	Result	Unit	Bio. Ref. Range	Method
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URINE ROUTINE , URINE

Physical Examination

Colour	REDDISH YELLOW			Visual
Transparency	SLIGHTLY HAZY		Clear	Visual
Specific Gravity	1.005		1.002-1.030	Dipstick
pH	7.0		5.0-7.5	Dipstick

Biochemical Examination

Urine Protein	PRESENT (+)		Nil	Dipstick/Heat Test
Urine Glucose	NIL		NIL	Dipstick/Benedict
Urine Ketone	NIL		NIL	Dipstick
Urobilinogen	NIL		NIL	Dipstick/Ehrlichs
Bile Salts	ABSENT		ABSENT	Dipstick
Bile Pigments	ABSENT		ABSENT	Dipstick/Fouchets
Urine Nitrate	ABSENT		ABSENT	Dipstick

Microscopic Examination.

Pus Cells	6-8	/Hpf	0-5	
Epithelial Cells	2-3	/Hpf	<10	
RBC	60-70	/Hpf	ABSENT	
Casts	ABSENT		ABSENT	
Crystals	ABSENT		ABSENT	
Bacteria	INCREASED		NORMALLY PRESENT	
Budding Yeast Cells	Absent		Absent	

*** End Of Report ***



SIN NO :10363233,

A.K. Rajong

DR. ASHOK KUMAR
M.D. (PATH)

ECHO CARDIOGRAPHY REPORT

Patient Name : Mrs. Mrinali Parashar
Date : 29/06/2023

AGE & Sex :24yrs /Female

Echocardiography was performed on vivid.

Quality Of Imaging : Adequate

Mitral Valve : Normal

Tricuspid Valve : Normal

Aortic Valve : Normal

Pulmonary Valve : Normal

Left Atrium : 3.4cms

Left Ventricle :
IVSD : 1.1 cms LVPWD : 1.2cms
EDD : 4.7 cms EF 60 %
ESD : 2.9 cms FS 32 %

RWMA : NO REGIONAL WALL MOTION ABNORMALITY

Right Atrium : Normal

Right Ventricle : Normal

Aorta : 3.1cms

IAS IVS : Intact

Pulmonary Artery : Normal

Pericardium : Normal

SVC, IVC : Normal

Pulmonary Artery : Normal

Intracardiac Masses : Nil

Doppler : E > A

Conclusion :

NORMAL CARDIAC CHAMBERS DIMENSION .
NO REGIONAL WALL MOTION ABNORMALITY
NORMAL LV SYSTOLIC FUNCTION , LVEF-60%
NORMAL VALVES
INTACT SEPTUM
NO CLOT /VEGETATION /PERICARDIAL EFFUSION

Dr. Abhishek Sharma
MBBS, MD (Medicine), DNB (Cardiology)
Consultant Interventional Cardiology
RjN Apollo Spectra Hospitals
Reg.No. MP 12056

Consultant
Dr. Abhishek sharma (DNB)
(Interventional Cardiologist)

MR No. Patient Name Mrs Mainali Parashar Age 24 yrs Sex F Date 29/6/2023

CP Irregular cycles / Anxious to conceive.

LMP 28/6/2023 (D2)

to flow.

PH: P, L1.

LEB - 2 1/2 yrs - ♀ - NVD.

Med/Surg: NAD.

P/E

Breast - NAD.

RT Breast - small mobile
2 fibroadenoma.

LN, soft.

P/E, Bleeding Ⓟ.

Adm

- P. folic acid (5mg) OD
x 1 mth.

- P. Detrol (2.5mg) BID
x 5 days

- P. Escoprin (75mg) OD
x 1 mth.

- Review on 10/7/2023
for full monitoring



Dr. RACHNA DOGRA
Consultant Gynaecology
RJN Apollo Spectra Hospitals Gwalior
REG. NO. NH10002



RATAN JYOTI NETRALAYA

OPHTHALMIC INSTITUTE & RESEARCH CENTRE

Hospital Reg. No. : 071



॥ सर्वेन्द्रियाणाम् नयनम् प्रधानम् ॥

18, Vikas Nagar, Near Sai Baba Mandir, Gwalior-2 (M.P.) INDIA Tel. : 2423350/51, Web : www.ratanjyotigroup.org, Email : rjneye@gmail.com
Opp. Medical College, Gate No. 3 Jhansi-284128 (U.P.) Ph. 0510-2322311 (M) 9109973225

AHC

SR.NO.	: 1864095	DATE	: 29-June-2023
NAME	: MRS MIRNALI PRASHAR	MRD NO.	: R-099572
AGE/SEX	: 24 YRS / FEMALE	CITY	: Deoghar

Rx.	EYE	From	To	Instructions
1	ECOTEARS HA EYE DROP (SODIUM HYALURONATE 0.1% CMC 0.5% ERYTHRITOL GLYCERIN OPHTHALMIC SOLUTION)	BOTH	29-Jun-2023 27-Dec-2023	ONE DROP 4 TIMES A DAY FOR 182 DAYS EYE

TREATMENT PLAN : -PERIODICAL FOLLOW UP .

REFERRED TO :

DR. SHRIKANT THAPAK

Reg.No MP-140005

NEXT REVIEW : 29-Dec-2023 9:55AM OR EARLIER IN CASE OF ANY PROBLEM

NOTE : Kindly continue medications as advised for the period advised.
In case of redness or allergy please discontinue and inform the doctor.

Nutritional Advice : As per treating physician

Instructions : Patient and Attendant(s) Counselling

Advised medicine may be replaced with a good quality generic medicine.

Speciality Clinics : ▪ Comprehensive Ophthalmology Clinic ▪ Cataract & IOL Clinic ▪ Vitreo Retina & Uvea Clinic ▪ Spectacle Removal Clinic (Lasik/Femto Lasik/Phakic Lens) ▪ Cornea Clinic ▪ Glaucoma Clinic ▪ Orbit & Oculoplasty Clinic ▪ Trauma Clinic ▪ Squint Clinic
▪ Paediatric Ophthalmology Clinic ▪ Low Vision Aid Clinic ▪ Contact Lens Clinic

CONSULTATION TIMINGS : MORNING 9:00 A.M. TO 6:00 P.M. (SUNDAY OFF)

- केन्द्रीय कर्मचारियों के लिए मान्यता प्राप्त ● कैशलेस इंश्योरेन्स एवं टी.पी.ए. सुविधा उपलब्ध
- For Appointment Please Contact : 9111004046

स्वामी विद्यानंद भारती आई बैंक

नेत्रदान

करें और करायें इसे अपने परिवार की परम्परा बनायें
नेत्रदान के लिए सम्पर्क करें : 9111004044

MR No. Patient Name Mrinali Age Sex F Date 29/6/23

Health checkup.

O/E -

- Calculus in
- stone in
- gen. gingivitis

Re.

Choleliths in w/w

↓

PATIENT NAME - MRS. MRANALI PARASHAR 24 Y/F
REFERRED BY - HCP
DATE - 29/06/2023
INVESTIGATION - USG WHOLE ABDOMEN

IMAGING FINDINGS:-

Liver appears enlarged in size (~ 16.6 cm) and normal in position, shape, echotexture and margin. Liver does not show any measurable focal or diffuse abnormality. The intrahepatic biliary and portal venous radicles appear normal. Hepatic veins and portal vein are normal.

Gall Bladder is well distended. GB wall and lumen content appears normal. No echogenic focus within GB lumen. Visualized **CBD** is of normal caliber.

Spleen appears normal in size (~ 12 cm), position, shape, echotexture and margin. No any focal lesion within splenic parenchyma. Splenic vein is normal and undilated.

Pancreas is well visualized, appears normal in size, shape and echotexture. Pancreatic duct is not dilated. No USG evidence of obvious measurable focal lesion.

Both Kidneys: Measurements are right kidney ~ 11.3x4.3 cm and left kidney ~ 10.5x4.6 cm. Both kidneys are normal in position, size, shape, surface, echotexture and cortico-medullary differentiation. Bilateral PC systems are compact. No significant calculus or hydronephrosis on either side. Ureters are undilated on either side.

Urinary Bladder is minimally distended.

Uterus is anteverted, appears grossly normal measures ~ 7.8x3.8 cm. No obvious measurable myometrial focal lesion. Endometrium is linear, regular and normal in thickness. No abnormal endometrial collection.

No abnormal measurable mass or cyst in adnexal region.

No obvious ascites.

OPINION:- Features are suggestive of-

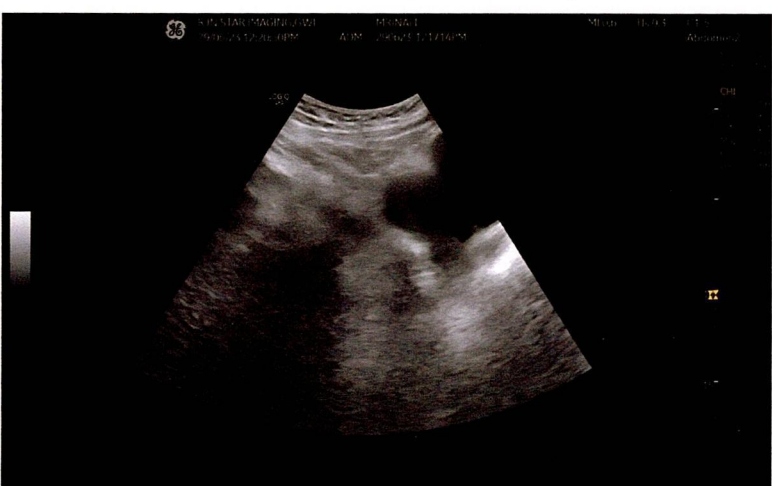
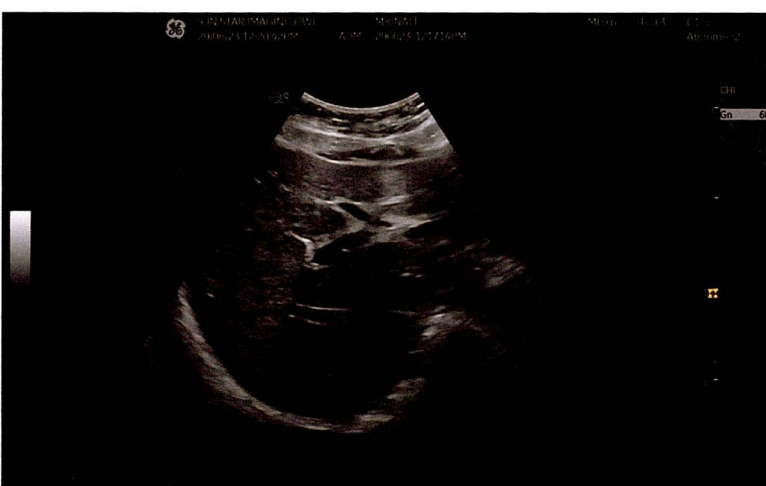
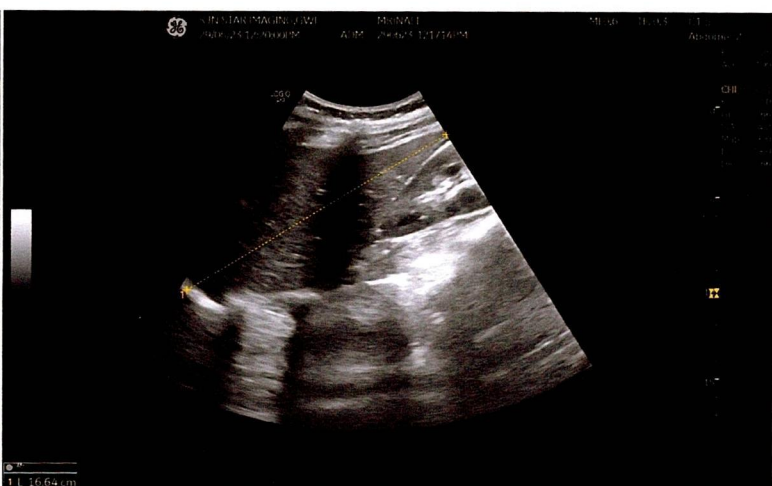
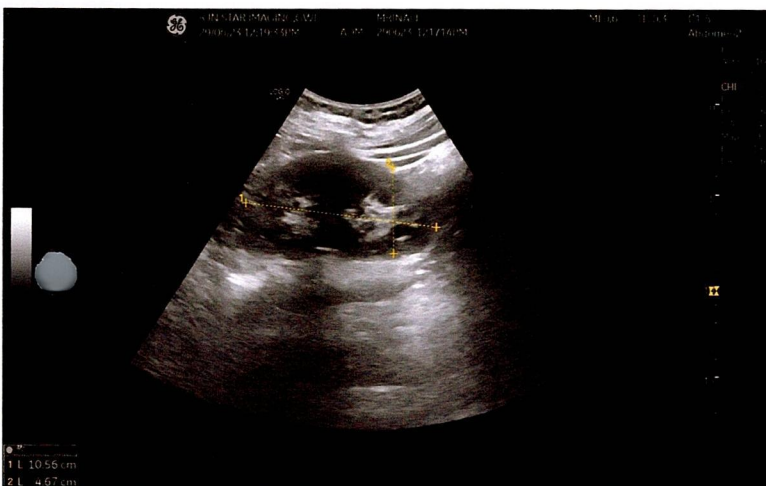
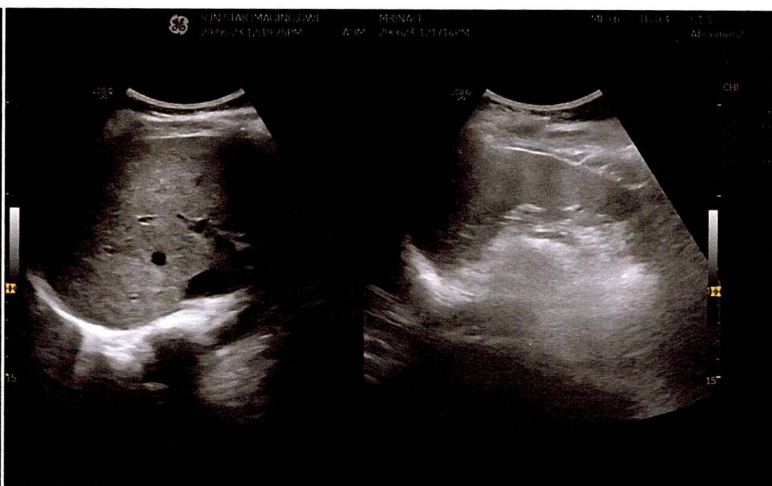
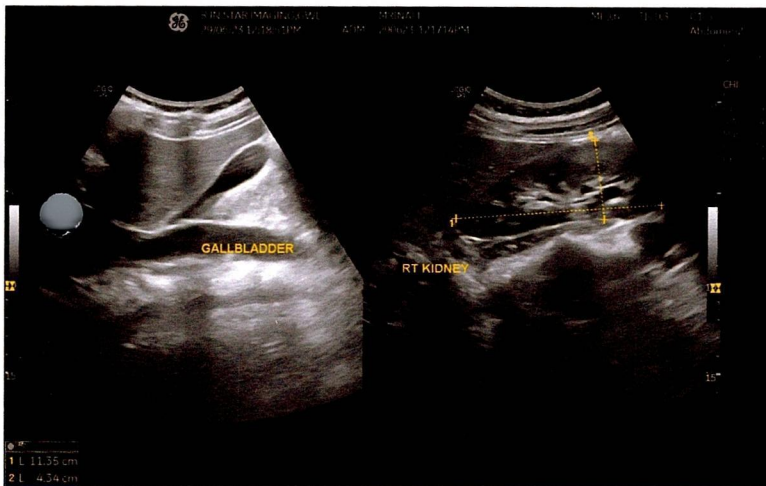
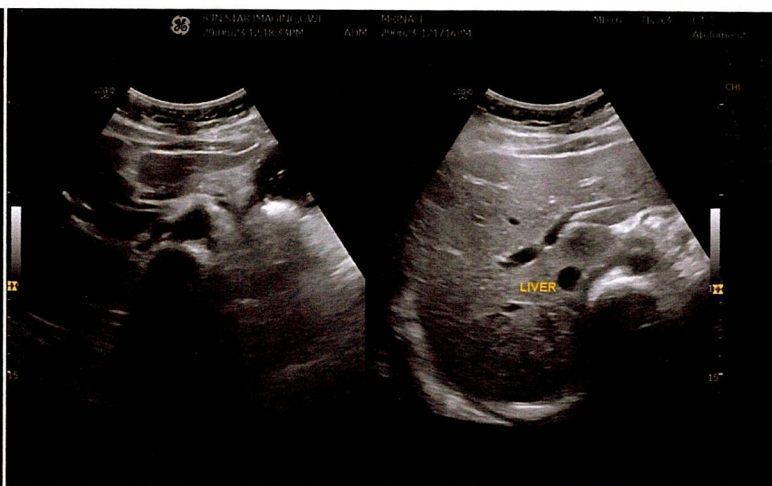
- **Mild hepatomegaly.**

Suggested clinical correlation/Follow up imaging.



DR. SAKSHI CHAWLA
(MD RADIODIAGNOSIS)

Disclaimer: The science of radiology is based upon interpretation of shadows of normal and abnormal tissue. This is neither complete nor accurate; hence, findings should always be interpreted in to the light of clinico-pathological correlation. This is a professional opinion, not a diagnosis. Not meant for medico legal purposes. For any kind of typing error, please intimate us within 7 days of reporting.



24 Years

Rate 72 . Sinus rhythm.....normal P axis, V-rate 50- 99
. Borderline repolarization abnormality.....ST dep & abnormal T
PR 131
QRSD 90
QT 382
QTc 419

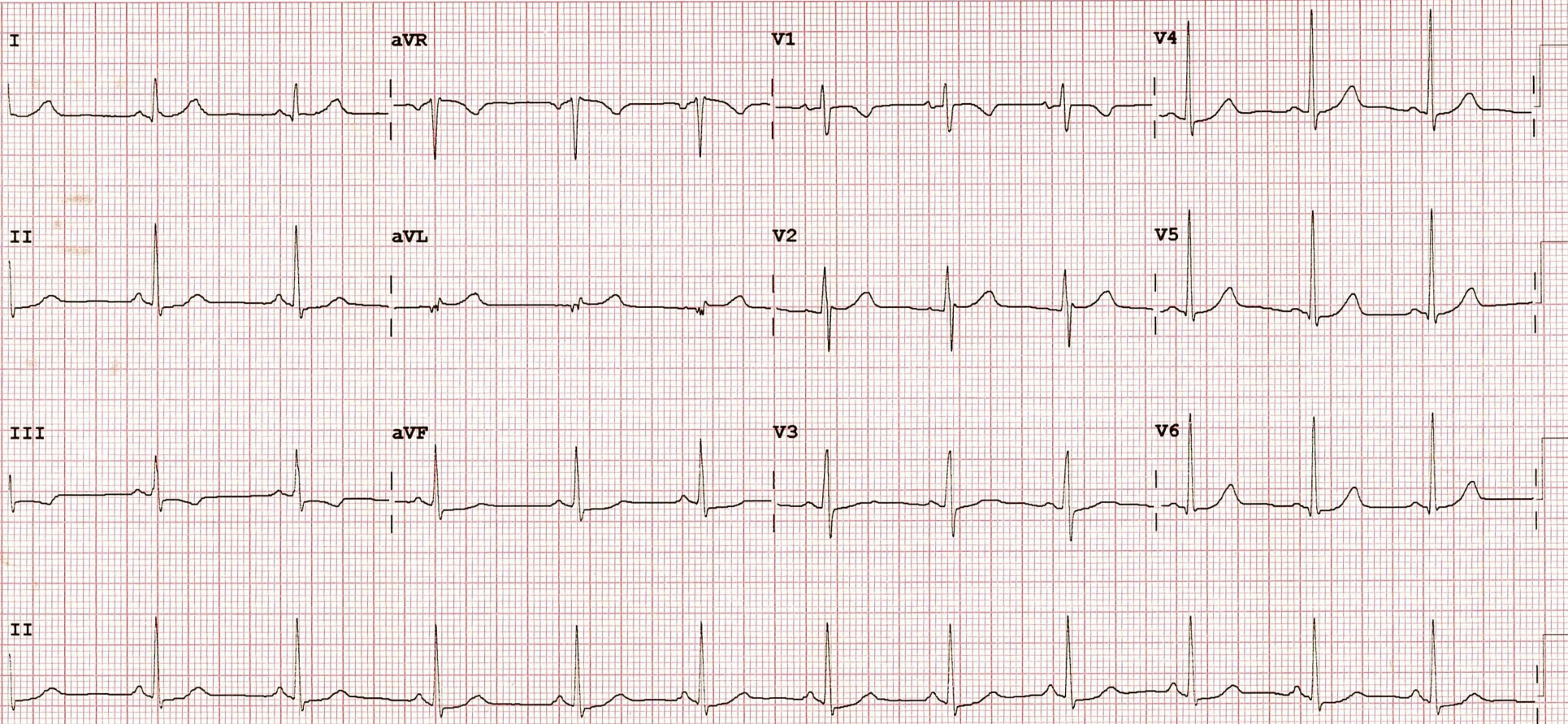
--AXIS--

P 65
QRS 56
T -16

- BORDERLINE ECG -

12 Lead; Standard Placement

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 60~ 0.15-100 Hz

PH100B CL

P?