Health Check up Booking Confirmed Request(bobE31647), Package Code-*KG10000240, Beneficiary Code-62645

Mediwheel <wellness@mediwheel.in>

Sat 3/4/2023 11:33 AM

To: AHC BGLR <ahc_bglr@apollohospitals.com>

Cc: mediwheelwellness@gmail.com < mediwheelwellness@gmail.com>

011-41195959 Email:wellness@mediwheel.in

Hi Apollo Hospital (Unit of Imperial Hospital),

Diagnostic/Hospital Location: 154/11, Bannerghatta Main Road, IIM Opposite, Krishnaraju Layout, Panduranga Nagar, ,City:Bangalore

We have received the confirmation for the following booking.

Beneficiary

Name

: PKG10000240

Beneficiary

Name

: MR. G DARSHAN KUMAR

Member Age

: 31

Member Gender : Male

Member Relation: Employee

Package Name : Medi-Wheel Metro Full Body Health Checkup Male Below 40

: BENGALURU, Karnataka-560001

Contact Details: 8050631048

Booking Date

: 03-03-2023

Appointment

Location

Date

: 06-03-2023

Instructions to undergo Health Check:

- 1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- 2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
- 3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
- 4. Please bring all your medical prescriptions and previous health medical records with you.
- 5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

- 1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
- 2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.

AHEL Email Security

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Apollo Hospitals Enterprise Ltd.



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Name : Mr. DARSHAN KUMAR Age : 33Yr 9Mth 11Days Gender : Male

UHID : AHB.0001133812 / AHBHC118839 **W/BNo/RefNo** : AHC

SIN \ LRN : 8564082 \ 8564086 \ 8564081 \ 3738859

Specimen : Serum

Ref Doctor : Dr. Jyoti Jain





2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	<u>UNITS</u>
GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD (HPLC)			
GLYCATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD	5.8	NON-DIABETICS: <5.7 PRE-DIABETIC: >=5.7 - <6.5 DIABETIC: >=6.5 THERAPEUTIC GOALS: <6 years : <8.5 (but >7.5) 6-12 years : <8 13-19 years: <7.5 ADULTS : <7.0 POOR CONTROL: >8.0	%
ALT(SGPT) - SERUM (UV WITHOUT P-5-P) ALBUMIN - SERUM (BCG)	27	<= 50	U/L
GLOBULIN - SERUM - CALCULATED	2.8	Adult 2.0 - 4.0	g/dL
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.7	0.8 - 2.0	
ALBUMIN - SERUM (BCG)	4.7	Healthy Adults: 20 TO 60 Years : 3.5 - 5.2 60 to 90 Years : 3.2 - 4.6 >90 Years : 2.9 - 4.5	g/dL

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Specimen : Serum

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Collected on : 06-MAR-2023 09:48:28 AM Received on : 06-MAR-2023 10:40:06 AM Reported on : 06-MAR-2023 11:40:37 AM

ALKALINE PHOSPHATASE - SERUM	79	Healthy adults : 30-120	U/L
(PNP AMP BUFFER)		>= 60 YEARS:	
		MALES : 56-199	
		FEMALES : 53-141	
AST (SGOT) - SERUM	26	<= 50	U/L
(UV WITHOUT P-5-P)			
BILIRUBIN, TOTAL - SERUM	1.42 *	0.30 - 1.20	mg/dL
(SULPH ACID DPL/CAFF-BENZ)			
CHLORIDE - SERUM	104	Healthy Adults : 101-109	mmol/L
(Indirect ISE)			
CHOLESTEROL - SERUM			
(CHOD/PAP)			
TOTAL CHOLESTEROL - SERUM	132	Desirable : <200	mg/dL
		Borderline: 200 – 239	
		High Risk : >239	
CREATININE - SERUM / PLASMA			
(JAFFES)			
CREATININE - SERUM	1.13	Male : 0.9 -1.3	mg/dL
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE -	33	<= 55	U/L
SERUM			
(GLUTAMYL-3-CO-4-NO-ANILIDE)			
GLUCOSE - SERUM / PLASMA (FASTING)			
(HEXO KINASE)			
GLUCOSE - PLASMA (FASTING)	96	Non-Diabetic :<= 100	mg/dL
		Impaired Fasting Glucose:100-125	
		Diabeic :>= 126	

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HDL CHOLESTEROL - SERUM / PLASMA (DIRECT)			
HDL CHOLESTEROL - SERUM	37 *	Low : <40 High: >59	mg/dL
LDL CHOLESTEROL - SERUM (DIRECT LDL) (DIRECT)			
LDL CHOLESTEROL - SERUM	94	Optimal: <100 Near/Above Optimal: 100 – 129 Borderline High: 130 – 159 High: 160 – 189 Very High: > 189	mg/dL
POTASSIUM - SERUM (Indirect ISE)	4.6	Healthy Adults: 3.5 - 5.1	mmol/L
PROTEIN TOTAL - SERUM (BIURET)	7.5	ADULT: 6.0 - 8.5	g/dL
SODIUM - SERUM (Indirect ISE)	137	Healthy Adults: 136 - 146	mmol/L
TOTAL T3: TRI IODOTHYRONINE - SERUM (CLIA)	145.31	Adults: 87 - 178	ng/dL
TOTAL T4: THYROXINE - SERUM (CLIA)	8.5	5.93 - 13.29	μg/dL
TRIGLYCERIDES - SERUM (LIP/GK COLORIMETRY)	124	Normal: < 150 Borderline High: 150 – 199 High: 200 – 499 Very High: > 499	mg/dL
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.6	< 5.0	

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THYROID STIMULATING HORMONE [TSH]	3.44	0.34 - 5.6	μIU/mL	
CLIA) JREA - SERUM / PLASMA				
(Urease Kinetic)				
JREA - SERUM	42	15 - 45	mg/dL	
JRIC ACID - SERUM	6.9	Adult Male: 3.0 - 7.0	mg/dL	
URICASE/PEROX)				
/LDL CHOLESTEROL - SERUM	25	Desirable: <30	mg/dl	
Calculated)				
BILIRUBIN CONJUGATED (DIRECT) - SERUM				
(DIAZOTIZED SULFANILIC ACID)				
BILIRUBIN DIRECT - SERUM	0.24 *	Healthy Adults: < 0.2	mg/dL	
BILIRUBIN INDIRECT - SERUM - CALCULATED	1.18 *	0.1 - 1.0	mg/dL	
BICARBONATE (HCO3) - SERUM / PLASMA				
(PEP CARBOXYLASE)				
BICARBONATE (HCO3) - SERUM	31	Healthy Adults: 21 - 31		
GLUCOSE - SERUM / PLASMA (POST PRANDIAL)				
(HEXO KINASE)				
GLUCOSE - PLASMA (POST PRANDIAL)	94	Non-Diabetic : <=140	mg/dL	
		Impaired Glucose		
		Tolerance: 140-199		
		Diabeic : >=200		

Age: 33Yr 9Mth 11Days Name : Mr. DARSHAN KUMAR Gender : Male

UHID : AHB.0001133812 / AHBHC118839 W/BNo/RefNo : AHC

SIN \ LRN : 8564082 \ 8564086 \ 8564081 \ 3738859

: Serum Specimen

Ref Doctor : Dr. Jyoti Jain





: 06-MAR-2023 11:40:37 AM 06-MAR-2023 09:48:28 AM : 06-MAR-2023 10:40:06 AM Reported on Received on

Report Status:Final

* - Abnormal Value

* END OF REPORT *

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GOVINDARAJU N L Dr.SABHARI PRIYA S

Clinical Biochemist Registrar

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DEPARTMENT OF BLOOD BANK

47

Name : Mr. DARSHAN KUMAR Age : 33Yr 9Mth 11Days Gender : Male

UHID : AHB.0001133812 / AHBHC118839 W/BNo/RefNo : AHC

SIN \LRN : 8564087 \ 3738859

Specimen : Blood

Ref Doctor : Dr. Jyoti Jain





Collected on : 06-MAR-2023 09:48:28 AM Received on : 06-MAR-2023 10:28:06 AM Reported on : 06-MAR-2023 12:25:16 PM

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

TEST NAME RESULT

BLOOD GROUPING AND TYPING (ABO and Rh)

Blood Group: O

Rh (D) Type: POSITIVE

Method: COLUMN AGGLUTINATION

Report Status:Final

* - Abnormal Value

* END OF REPORT *

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138380

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Dr. GEETHA N GOUDAR CONSULTANT PATHOLOGIST KMC - 28706

Page 1 of 1



DEPARTMENT OF HAEMATOLOGY

2847

Name : Mr. DARSHAN KUMAR Age : 33Yr 9Mth 11Days Gender : Male

UHID : AHB.0001133812 / AHBHC118839 **W/BNo/RefNo** : AHC

SIN \LRN : 8564083 \ 3738859

Specimen : Whole Blood (EDTA)

Ref Doctor : Dr. Jyoti Jain





Collected on : 06-MAR-2023 09:48:28 AM Received on : 06-MAR-2023 10:23:49 AM Reported on : 06-MAR-2023 11:27:11 AM

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

TEST NAME	<u>RESULT</u>	BIOLOGICAL REFERENCE INTERVALS	<u>UNITS</u>	
HEMOGRAM : (Automation)				
Hemoglobin :Oxyhemoglobin	13.9	13-17	g/dL	
method(Photometric measurement)				
RBC Count (Impedance)	4.52	4.5 - 5.5	x(10)12 /I	
Packed cell volume (Calculated)	42	40 - 50	%	
MCV (Derived from RBC histogram)	92	83 - 101	fl	
MCH (Calculated)	31	27 - 32	pg	
MCHC (Calculated)	34	31.5 - 34.5	g/dl	
RDW (Calculated)	12.7	11.60 - 14.00	%	
Platelet Count (Impedance)	197	150 - 450	x(10)9 /I	
WBC Count (Impedance)	4.74	4 - 11	x(10)9 /I	
Differential Count(Microscopy)				
Neutrophils	55	40 - 80	%	
Lymphocytes	37	20 - 40	%	
Monocytes	7	2 - 10	%	
Eosinophils	1	1 - 6	%	
Basophils	0	0 - 2	%	
Red Cell Morphology				
ERYTHROCYTE SEDIMENTATION	9	Adult Male- 0 - 10	mm/1st hr	
RATE (ESR) (Teflon Capillary				
Photometry)				
- J/				



DEPARTMENT OF HAEMATOLOGY

Name : Mr. DARSHAN KUMAR Age : 33Yr 9Mth 11Days Gender : Male

UHID : AHB.0001133812 / AHBHC118839 **W/BNo/RefNo** : AHC

 SIN \LRN
 : 8564083 \ 3738859

 Specimen
 : Whole Blood (EDTA)

Ref Doctor : Dr. Jyoti Jain





Collected on : 06-MAR-2023 09:48:28 AM Received on : 06-MAR-2023 10:23:49 AM Reported on : 06-MAR-2023 11:27:11 AM

Report Status:Final

* - Abnormal Value

* END OF REPORT *

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1091073

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Dr.Kanyakumari

Page 2 of 2

DEPARTMENT OF RADIOLOGY

Patient's Details DARSHAN KUMAR 033Y Mr. Μ UHID AHB.0001133812 Ward/Bed No. AHC / AHC I.P.No./Bill No. AHBHC118839 Scanned on 06-Mar-2023 11:47 06-Mar-2023 10601.223020730 Accession Number : Reported On 16:42:40 Referring Doctor null

ULTRASOUND WHOLE ABDOMEN

Clinical Information: - Routine health checkup.

Liver appears normal in size, shape and echopattern. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gall bladder is moderately distended. No definite calculi identified. No evidence of abnormal wall thickening noted.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas appears normal in size, shape and echopattern. No definite calcification or ductal dilatation noted.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis seen on either side *Both kidneys show concretions*.

Urinary bladder is distended and appears normal. No evidence of abnormal wall thickening noted.

Prostate appears normal in size. Normal echopattern noted within the gland.

No evidence of ascites or pleural effusion seen.

IMPRESSION:

Bilateral renal concretions.

- Suggested clinical correlation.

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(Enclosed report) MI

DR. APURVA A J RESIDENT

DR. ARUNA R. PATIL MD, DNB, FRCR CONSULTANT

N.B.: This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

DEPARTMENT OF RADIOLOGY

Patient's Details : Mr. DARSHAN KUMAR | M | 033Y

UHID : AHB.0001133812 Ward/Bed No. : AHC / AHC

I.P.No./Bill No. : AHBHC118839 Scanned on : 06-Mar-2023 11:47

Accession Number: 10601.223020730 Reported On : 06-Mar-2023

Referring Doctor : null

Dr. Aruna. R. Patil MD,DNB,FRCR, Consultant

---END OF THE REPORT---

DEPARTMENT OF RADIOLOGY

Patient's Details :	Mr. DARSHAN			M	033Y
UHID :	AHB.0001133812	Ward/Bed No.	:		AHC / AHC
I.P.No./Bill No. :	AHBHC118839	Scanned on	:		06-Mar-2023 09:24
Accession Number :	10601.123026465	Reported On	:		06-Mar-2023 9:44:22
Referring Doctor :	null				

X-RAY CHEST PA VIEW

Clinical information - health check up

Lung fields appear clear bilaterally with normal bronchovascular markings.

Cardiac silhouette and cardiothoracic ratio appear normal.

Costophrenic angles appear normal on both sides.

Domes of the diaphragm appear normal.

Underlying bony and soft tissue shadows appear normal.

IMPRESSION:

No definite abnormality noted on the chest radiograph.

- -Suggested clinical and other investigation correlation

Dr Anjitha S Resident

DR ANJITHA S RESIDENT

---END OF THE REPORT---

N.B.: This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.