

Patient Name : Mrs.BHARTI VIJAN

Age/Gender : 31 Y 7 M 5 D/F

UHID/MR No : STAR.0000055325

Visit ID : STAROPV57978

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 125048

Collected : 25/Mar/2023 08:38AM

Received : 25/Mar/2023 11:43AM

Reported : 25/Mar/2023 02:49PM

: Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF HAEMATOLOGY**

Status

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

# PERIPHERAL SMEAR, WHOLE BLOOD-EDTA

Methodology: Microscopic

RBC : Normocytic normochromic

WBC: Normal in number, morphology and distribution. No abnormal cells seen

Platelets : Adequate in Number Parasites: No Haemoparasites seen

IMPRESSION: Normocytic normochromic blood picture

Note/Comment: Please Correlate clinically

Page 1 of 12





Patient Name : Mrs.BHARTI VIJAN

Age/Gender : 31 Y 7 M 5 D/F

UHID/MR No : STAR.0000055325

: STAROPV57978

: 125048

**Test Name** 

Ref Doctor : Dr.SELF

Visit ID

Emp/Auth/TPA ID

Collected : 25/Mar/2023 08:38AM Received : 25/Mar/2023 11:43AM

Reported : 25/Mar/2023 02:49PM

: Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

Bio. Ref. Range

Method

# **DEPARTMENT OF HAEMATOLOGY** ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

HAEMOGLOBIN	12.9	g/dL	12-15	Spectrophotometer
PCV	39.60	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.47	Million/cu.mm	3.8-4.8	Electrical Impedence
MCV	89	fL	83-101	Calculated
MCH	29	pg	27-32	Calculated
MCHC	32.6	g/dL	31.5-34.5	Calculated
R.D.W	14.6	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	3,700	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (D	LC)			
NEUTROPHILS	52	%	40-80	Electrical Impedanc
LYMPHOCYTES	40	%	20-40	Electrical Impedance
EOSINOPHILS	02	%	1-6	Electrical Impedance
MONOCYTES	06	%	2-10	Electrical Impedance
BASOPHILS	00	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	1924	Cells/cu.mm	2000-7000	Electrical Impedance
LYMPHOCYTES	1480	Cells/cu.mm	1000-3000	Electrical Impedance
EOSINOPHILS	74	Cells/cu.mm	20-500	Electrical Impedance
MONOCYTES	222	Cells/cu.mm	200-1000	Electrical Impedance
PLATELET COUNT	282000	cells/cu.mm	150000-410000	Electrical impedence
ERYTHROCYTE SEDIMENTATION RATE (ESR)	12	mm at the end of 1 hour	0-20	Modified Westergre
PERIPHERAL SMEAR				

Status

Unit

Result

Methodology: Microscopic RBC: Normocytic normochromic

WBC: Normal in number, morphology and distribution. No abnormal cells seen

Platelets: Adequate in Number Parasites: No Haemoparasites seen

IMPRESSION: Normocytic normochromic blood picture

Note/Comment: Please Correlate clinically

Page 2 of 12



SIN No:BED230075283

**Apollo Speciality Hospitals Private Limited** 

(Formely known as a Nova Speciality Hospitals Private Limited)
CIN- U85100TG2009PTC099414

Regd Off:1-10-62/62,5th Floor, Ashoka RaghupathiChambers, Begumpet, Hyderabad, Telangana - 500016



: Mrs.BHARTI VIJAN

Age/Gender

: 31 Y 7 M 5 D/F

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Emp/Auth/TPA ID

: Dr.SELF : 125048 Collected

: 25/Mar/2023 08:38AM

Received

: 25/Mar/2023 11:43AM

Reported

: 25/Mar/2023 02:48PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# DEPARTMENT OF HAEMATOLOGY ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324 Test Name Result Unit Bio. Ref. Range Method

BLOOD GROUP ABO AND RH FACTOR, WHOLE BLOOD-EDTA				
BLOOD GROUP TYPE	0	Forward & Reverse Grouping with Slide/Tube Aggluti		
Rh TYPE	POSITIVE	Forward & Reverse Grouping with Slide/Tube Agglutination		

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: Mrs.BHARTI VIJAN

Age/Gender

: 31 Y 7 M 5 D/F

UHID/MR No

: STAR.0000055325

Visit ID Ref Doctor : STAROPV57978

Emp/Auth/TPA ID

: Dr.SELF : 125048 Collected

: 25/Mar/2023 03:00PM

Received

: 25/Mar/2023 03:57PM

Reported

: 25/Mar/2023 04:54PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF BIOCHEMISTRY**

ARCOFEMI - MEDIWHEEL - FULL BODY	/ HEALTH ANNUAL	DI LIS CHECK -	FEMALE - 2D ECHO - E	DAN INDIA - EV2324
ANCOI LIVII - WILDIWITELL - I OLL BOD	I IILALIII ANNOAL	LOS CILCR	I LIVIALL - 2D LCITO - I	AN INDIA - 1 12324
Too! Nome	Decult	I Imit	Die Det Dense	Mathad
Test Name	Result	Unit	Bio. Ref. Range	Method

GLUCOSE, FASTING , NAF PLASMA	90	mg/dL	70-100	GOD - POD	
-------------------------------	----	-------	--------	-----------	--

#### **Comment:**

# As per American Diabetes Guidelines

Fasting Glucose Values in mg/d L	Interpretation	
<100 mg/dL	Normal	
100-125 mg/dL	Prediabetes	
≥126 mg/dL	Diabetes	F

GLUCOSE, POST PRANDIAL (PP), 2	98	mg/dL	70-140	GOD - POD
HOURS, NAF PLASMA				

#### **Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Ref: Marks medical biochemistry and clinical approach

Page 4 of 12





: Mrs.BHARTI VIJAN

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: Dr.SELF : 125048 Collected

: 25/Mar/2023 08:38AM

Received

: 25/Mar/2023 04:06PM

Reported

: 25/Mar/2023 05:34PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY	/ HEALTH ANNUAL	DI LIS CHECK -	FEMALE - 2D ECHO - E	DAN INDIA - EV2324
ANCOI LIVII - WILDIWITELL - I OLL BOD	I IILALIII ANNOAL	LOS CILCR	I LIVIALL - 2D LCITO - I	AN INDIA - 1 12324
Too! Nome	Decult	I Imit	Die Det Dense	Mathad
Test Name	Result	Unit	Bio. Ref. Range	Method

HBA1C, GLYCATED HEMOGLOBIN , WHOLE BLOOD-EDTA	5.2	%	HPLC
ESTIMATED AVERAGE GLUCOSE (eAG) , WHOLE BLOOD-EDTA	103	mg/dL	Calculated

#### **Comment:**

Reference Range as per American Diabetes Association (ADA):

REFERENCE GROUP	HBA1C IN %
NON DIABETIC ADULTS >18 YEARS	<5.7
AT RISK (PREDIABETES)	5.7 – 6.4
DIAGNOSING DIABETES	≥ 6.5
DIABETICS	
· EXCELLENT CONTROL	6 – 7
· FAIR TO GOOD CONTROL	7 – 8
· UNSATISFACTORY CONTROL	8 – 10
· POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- 1. A1C test should be performed at least two times a year in patients who are meeting treatment goals (and who have stable glycemic control).
- 2. Lowering A1C to below or around 7% has been shown to reduce microvascular and neuropathic complications of type 1 and type 2 diabetes. When mean annual HbA1c is <1.1 times ULN (upper limit of normal), renal and retinal complications are rare, but complications occur in >70% of cases when HbA1c is >1.7 times ULN.
- 3. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present. Fructosamine may be used as an alternate measurement of glycemic control

Page 5 of 12





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Visit ID : STAROPV57978

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Received : 25/Mar/2023 11:31AM Reported : 25/Mar/2023 04:31PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF BIOCHEMISTRY**

ARCOFEMI - MEDIWHEEL - FULL BODY	/ ΗΕΔΙ ΤΗ ΔΝΝΙΙΔΙ	PLUS CHECK -	FEMALE - 2D ECHO - F	PAN INDIA - FY2324
ALCON EIIII IIIEBITTITEEE TOLL BOD	1112/12/11//11/10/12	. Loc onLon	. Ellin CEE ED EGITO I	7(14 114 D1) 1 1 1 2 0 2 4
Toot Name	Decult	I Imia	Die Det Denge	Mathad
Test Name	Result	Unit	Bio. Ref. Range	Method

LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	122	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	73	mg/dL	<150	
HDL CHOLESTEROL	29	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	93	mg/dL	<130	Calculated
LDL CHOLESTEROL	78.4	mg/dL	<100	Calculated
VLDL CHOLESTEROL	14.6	mg/dL	<30	Calculated
CHOL / HDL RATIO	4.21		0-4.97	Calculated

# **Comment:**

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
INCNEHDI CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations.

NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.

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SIN No:SE04330666

**Apollo Speciality Hospitals Private Limited** 

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Reported

: 25/Mar/2023 04:31PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY				
ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324				
Test Name	Result	Unit	Bio. Ref. Range	Method

LIVER FUNCTION TEST (LFT), SERUM				
BILIRUBIN, TOTAL	0.30	mg/dL	0.1-1.2	Azobilirubin
BILIRUBIN CONJUGATED (DIRECT)	0.10	mg/dL	0.1-0.4	DIAZO DYE
BILIRUBIN (INDIRECT)	0.20	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	15	U/L	4-44	JSCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	21.0	U/L	8-38	JSCC
ALKALINE PHOSPHATASE	84.00	U/L	32-111	IFCC
PROTEIN, TOTAL	7.50	g/dL	6.7-8.3	BIURET
ALBUMIN	5.20	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	2.30	g/dL	2.0-3.5	Calculated
A/G RATIO	2.26		0.9-2.0	Calculated

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: Mrs.BHARTI VIJAN

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Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY				
ARCOFEMI - MEDIWHEEL - FULL BODY	HEALTH ANNUAL	PLUS CHECK -	FEMALE - 2D ECHO - F	PAN INDIA - FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method

RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT), SERUM				
CREATININE	0.63	mg/dL	0.4-1.1	ENZYMATIC METHOD
UREA	16.30	mg/dL	17-48	Urease
BLOOD UREA NITROGEN	7.6	mg/dL	8.0 - 23.0	Calculated
URIC ACID	3.90	mg/dL	4.0-7.0	URICASE
CALCIUM	10.00	mg/dL	8.4-10.2	CPC
PHOSPHORUS, INORGANIC	4.00	mg/dL	2.6-4.4	PNP-XOD
SODIUM	141	mmol/L	135-145	Direct ISE
POTASSIUM	4.4	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	100	mmol/L	98-107	Direct ISE

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Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF BIOCHEMISTRY** ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324 Result Unit Bio. Ref. Range Method

GAMMA GLUTAMYL TRANSPEPTIDASE	15.00	U/L	16-73	Glycylglycine Kinetic
(GGT), SERUM				method

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Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 125048

Collected : 25/Mar/2023 08:38AM

Received : 25/Mar/2023 11:26AM Reported : 25/Mar/2023 02:24PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF IMMUNOLOGY**

ARCOFEMI - MEDIWHEEL - FULL BODY	Y HEALTH ANNUAL	PLUS CHECK -	FEMALE - 2D ECHO - F	PAN INDIA - FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method

THYROID PROFILE (TOTAL T3, TOTAL T4, TSH) , SERUM				
TRI-IODOTHYRONINE (T3, TOTAL)	1.05	ng/mL	0.67-1.81	ELFA
THYROXINE (T4, TOTAL)	7.16	μg/dL	4.66-9.32	ELFA
THYROID STIMULATING HORMONE (TSH)	1.670	μIU/mL	0.25-5.0	ELFA

#### **Comment:**

Serum TSH concentrations exhibit a diurnal variation with the peak occurring during the night and the nadir occurring between 10 a.m. and 4 p.m.In primary hypothyroidism, thyroid-stimulating hormone (TSH) levels will be elevated. In primary hyperthyroidism, TSH levels will be low. Elevated or low TSH in the context of normal free thyroxine is often referred to as subclinical hypo- or hyperthyroid-ism, respectively. Physiological rise in Total T3 / T4 levels is seen in pregnancy and in patients on steroid therapy.

Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active.

# Note:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

Page 10 of 12



Begumpet, Hyderabad, Telangana - 500016



Patient Name : Mrs.BHARTI VIJAN

Age/Gender : 31 Y 7 M 5 D/F

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Visit ID : STAROPV57978
Ref Doctor : Dr.SELF

Emp/Auth/TPA ID : 125048

Collected : 25/Mar/2023 08:38AM

Received : 25/Mar/2023 01:18PM Reported : 25/Mar/2023 03:41PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY				
ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324				
Test Name	Result	Unit	Bio. Ref. Range	Method

COMPLETE URINE EXAMINATION , UPHYSICAL EXAMINATION	IRINE		14	
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	6.5		5-7.5	Bromothymol Blue
SP. GRAVITY	1.005		1.002-1.030	Dipstick
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NEGATIVE		NORMAL	EHRLICH
BLOOD	NEGATIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS
CENTRIFUGED SEDIMENT WET MO	OUNT AND MICROSCOPY			
PUS CELLS	1-2	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1-2	/hpf	<10	MICROSCOPY
RBC	ABSENT	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

Page 11 of 12



SIN No:UR2084839

Begumpet, Hyderabad, Telangana - 500016





Patient Name : Mrs.BHARTI VIJAN

Age/Gender

: 31 Y 7 M 5 D/F

UHID/MR No

: STAR.0000055325

Visit ID Ref Doctor : STAROPV57978

: Dr.SELF

Emp/Auth/TPA ID : 125048

Collected : 25/Mar/2023 04:40PM Received

: 26/Mar/2023 05:37PM

Reported

: 27/Mar/2023 04:05PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF CYTOLOGY**

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

	CYTOLOGY NO.	5905/23
I	SPECIMEN	
a	SPECIMEN ADEQUACY	ADEQUATE
b	SPECIMEN TYPE	LIQUID-BASED PREPARATION (LBC)
	SPECIMEN NATURE/SOURCE	CERVICAL SMEAR
c	ENDOCERVICAL-TRANSFORMATION ZONE	PRESENT WITH ENDOCERVICAL CELLS
d	COMMENTS	SATISFACTORY FOR EVALUATION
II	MICROSCOPY	Superficial and intermediate squamous epithelial cells with benign morphology. Negative for intraepithelial lesion/ malignancy.
Ш	RESULT	
a	EPITHEIAL CELL	
	SQUAMOUS CELL ABNORMALITIES	NOT SEEN
	GLANDULAR CELL ABNORMALITIES	NOT SEEN
b	ORGANISM	NIL
IV	INTERPRETATION	NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY

Pap Test is a screening test for cervical cancer with inherent false negative results. Regular screening and follow-up is recommended (Bethesda-TBS-2014) revised

DR. APEKSHA MADAN MBBS, DPB

PATHOLOGY

DR. K. RAMA KRISHNA REDDY M.B.B.S, M.D

CONSULTANT PATHOLOGIST

\*\*\* End Of Report \*\*\*

Dr. Sandip Kumar Banerjee M.B.B.S,M.D(PATHOLOGY), D.P.B

Consultant Pathologist

Page 12 of 12

SIN No:CS061765

Apollo Speciality Hospitals Private Limited

Apollo Health & Lifestyle Ltd, Global Reference Laboratory, Hyderabad

(Formely known as a Nova Speciality Hospitals Private Limited)

CIN- U85100TG2009PTC099414

Regd Off:1-10-62/62,5th Floor, Ashoka RaghupathiChambers, Begumpet, Hyderabad, Telangana - 500016







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Collected

: 25/Mar/2023 04:40PM

Received

: 26/Mar/2023 05:37PM : 27/Mar/2023 04:05PM

Reported Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# DEPARTMENT OF CYTOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

	CYTOLOGY NO.	5905/23
I	SPECIMEN	
a	SPECIMEN ADEQUACY	ADEQUATE
b	SPECIMEN TYPE	LIQUID-BASED PREPARATION (LBC)
	SPECIMEN NATURE/SOURCE	CERVICAL SMEAR
c	ENDOCERVICAL-TRANSFORMATION ZONE	PRESENT WITH ENDOCERVICAL CELLS
d	COMMENTS	SATISFACTORY FOR EVALUATION
II	MICROSCOPY	Superficial and intermediate squamous epithelial cells with benigr morphology.Negative for intraepithelial lesion/ malignancy.
Ш	RESULT	
a	EPITHEIAL CELL	
	SQUAMOUS CELL ABNORMALITIES	NOT SEEN
	GLANDULAR CELL ABNORMALITIES	NOT SEEN
b	ORGANISM	NIL
IV	INTERPRETATION	NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY

Pap Test is a screening test for cervical cancer with inherent false negative results. Regular screening and follow-up is recommended (Bethesda-TBS-2014) revised

\*\*\* End Of Report \*\*\*

DR. K. RAMA KRISHNA REDDY M.B.B.S, M.D CONSULTANT PATHOLOGIST

Page 1 of 1

SIN No:CS061765

This test has been performed at Apollo Health & Lifestyle Ltd, Global Reference Laboratory, Hyderabad



#### APOLLO SPECTRA HOSPITALS

Famous Cine Lads, 156, Pt. M.M. Malviya Road, Tardeo, Mumbai- 400 034.Ph. No.: 022 4332 4500 www.apollospectra.com

25/3/23 Date: 31 6

Age: 31/

Bhart Vi Jan Name:

**Present Complaints:** 

Present Medications: No

Personal History:

Diet: Veg/Mixed

Alcohol: No

Bowel: (N)

**Physical Activities:** 

Active/Moderate/Sedentary

Allergy: No

Past Medical History: No.

Family History: Farther DM

**Physical Examination findings** 

Pulse: /min BP: \60 mm/hg

No Pallor/icterus/cyanosis/clubbing/edema

RS:

CVS: (W

P/Abdo:

CNS: (W

Musculoskeletal: (W)

Unmarried/Married

Sleep: Normal/Disturbed/Snoring

Tobacco: Chews/Smokes No

Bladder: (w)

Menstrual History: 3to Aday 30days

Mosher: Hyperty and.

Normal Reperts
Advice:

Fit for Job.

Physician & Carciologist Reg. No. 50942

Dr. Chhaya Vaja

# APOLLO SPECIALTY HOSPITALS PRIVATE LIMITED

(Formerly known as Nova Specialty Hospitals Private Limited) CIN: U85100KA2009PTC049961





TOUC Patient Name

: Mrs.BHARTI VIJAN

Age/Gender

: 31 Y 7 M 5 D/F

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: Dr.SELF : 125048

Emp/Auth/TPA ID

Collected

: 25/Mar/2023 08:38AM

Received

: 25/Mar/2023 11:43AM

Reported

: 25/Mar/2023 02:49PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF HAEMATOLOGY**

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

# PERIPHERAL SMEAR, WHOLE BLOOD-EDTA

Methodology: Microscopic RBC : Normocytic normochromic

WBC : Normal in number, morphology and distribution. No abnormal cells seen

Platelets : Adequate in Number Parasites: No Haemoparasites seen

IMPRESSION: Normocytic normochromic blood picture

Note/Comment : Please Correlate clinically

Page 1 of 11







Pätfent Name

: Mrs.BHARTI VIJAN

Age/Gender

: 31 Y 7 M 5 D/F

UHID/MR No Visit ID

: STAR.0000055325 : STAROPV57978

Ref Doctor

: Dr.SELF

Emp/Auth/TPA ID

: 125048

Collected

: 25/Mar/2023 08:38AM

Received

: 25/Mar/2023 11:43AM : 25/Mar/2023 02:49PM

Reported Status

Sponsor Name

: Final Report : ARCOFEMI HEALTHCARE LIMITED

# DEPARTMENT OF HARMATOLOGY

				aleks med sine filt grass	
ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324					
Test Name	Result	Unit	Bio. Ref. Range	Method	

HAEMOGLOBIN	12.9	g/dL	12-15	Spectrophotometer
PCV	39.60	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.47	Million/cu.mm	3.8-4.8	Electrical Impedence
MCV	89	fL	83-101	Calculated
MCH	29	pg	27-32	Calculated
MCHC	32.6	g/dL	31.5-34.5	Calculated
R.D.W	14.6	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	3,700	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (	DLC)			
NEUTROPHILS	52	%	40-80	Electrical Impedance
LYMPHOCYTES	40	%	20-40	Electrical Impedance
EOSINOPHILS	02	%	1-6	Electrical Impedance
MONOCYTES	06	%	2-10	Electrical Impedance
BASOPHILS	00	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	1924	Cells/cu.mm	2000-7000	Electrical Impedance
LYMPHOCYTES	1480	Cells/cu.mm	1000-3000	Electrical Impedance
EOSINOPHILS	74	Cells/cu.mm	20-500	Electrical Impedance
MONOCYTES	222	Cells/cu.mm	200-1000	Electrical Impedance
PLATELET COUNT	282000	cells/cu.mm	150000-410000	Electrical impedence
ERYTHROCYTE SEDIMENTATION RATE (ESR)	12	mm at the end of 1 hour	0-20	Modified Westergrer
ERIPHERAL SMEAR				

Methodology: Microscopic RBC: Normocytic normochromic

WBC: Normal in number, morphology and distribution. No abnormal cells seen

Platelets: Adequate in Number Parasites: No Haemoparasites seen

IMPRESSION: Normocytic normochromic blood picture

Note/Comment: Please Correlate clinically

Page 2 of 11

SIN No:BED230075283





ouc⊣Patient Name

: Mrs.BHARTI VIJAN

Age/Gender

: 31 Y 7 M 5 D/F

UHID/MR No Visit ID : STAR.0000055325 : STAROPV57978

Ref Doctor Emp/Auth/TPA ID : Dr.SELF : 125048 Collected

: 25/Mar/2023 08:38AM

Received

: 25/Mar/2023 11:43AM

Reported Status

: 25/Mar/2023 02:48PM : Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF HAEMATOLOGY**

ARCOFEMI - MEDIWHEEL - FULL BODY	HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method

BLOOD GROUP ABO AND RH FACT	OR , WHOLE BLOOD-EDTA	
BLOOD GROUP TYPE	0	Forward & Reverse

Rh TYPE POSITIVE Forward & Reverse Grouping with Slide/Tube Aggluti

Rh TYPE POSITIVE Forward & Reverse Grouping with Slide/Tube Agglutination

Page 3 of 11



SIN No:BED230075283





: Mrs.BHARTI VIJAN

Age/Gender

: 31 Y 7 M 5 D/F

UHID/MR No

: STAR.0000055325

Visit ID

: STAROPV57978

Ref Doctor Emp/Auth/TPA ID

: 125048

: Dr.SELF

Collected

: 25/Mar/2023 03:00PM

Received

: 25/Mar/2023 03:57PM : 25/Mar/2023 04:54PM

Reported Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT C	F	BIOCHEMISTRY	Y
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ARCOFEMI - MEDIWHEEL - FULL BODY	HEALTH ANNUAL	PLUS CHECK -	FEMALE - 2D ECHO - F	AN INDIA - FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method

GLUCOSE, FASTING, NAF PLASMA 90 mg/dL 70-100 GOD - POD

# **Comment:**

# As per American Diabetes Guidelines

Fasting Glucose Values in mg/d L	Interpretation	
<100 mg/dL	Normal	
100-125 mg/dL	Prediabetes	
≥126 mg/dL	Diabetes	

GLUCOSE, POST PRANDIAL (PP), 2 HOURS , NAF PLASMA	98	mg/dL	70-140	GOD - POD	
--	----	-------	--------	-----------	--

# **Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Ref: Marks medical biochemistry and clinical approach

Page 4 of 11

SIN No:PLF01949276,PLP1315688



Apollo DIAGNOSTICS

TOUCH

Patient Name

: Mrs.BHARTI VIJAN

Age/Gender

: 31 Y 7 M 5 D/F

UHID/MR No

: STAR.0000055325

Visit ID

: STAROPV57978

Ref Doctor Emp/Auth/TPA ID : Dr.SELF : 125048 Collected

: 25/Mar/2023 08:38AM

Received

: 25/Mar/2023 04:06PM

Reported

: 25/Mar/2023 05:34PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL I	BODY HEALTH ANNUAL	PLUS CHECK	- FEMALE - 2D ECHO - P.	AN INDIA - FY2324
Test Name	Result	Unit	Bio Ref Range	Method

HBA1C, GLYCATED HEMOGLOBIN , WHOLE BLOOD-EDTA	5.2	%	HPLC
ESTIMATED AVERAGE GLUCOSE (eAG) , WHOLE BLOOD-EDTA	103	mg/dL	Calculated

#### **Comment:**

Reference Range as per American Diabetes Association (ADA):

REFERENCE GROUP	HBA1C IN %
NON DIABETIC ADULTS >18 YEARS	<5.7
AT RISK (PREDIABETES)	5.7 – 6.4
DIAGNOSING DIABETES	≥ 6.5
DIABETICS	
· EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
· UNSATISFACTORY CONTROL	8 – 10
· POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- 1. A1C test should be performed at least two times a year in patients who are meeting treatment goals (and who have stable glycemic control).
- 2. Lowering A1C to below or around 7% has been shown to reduce microvascular and neuropathic complications of type 1 and type 2 diabetes. When mean annual HbA1c is <1.1 times ULN (upper limit of normal), renal and retinal complications are rare, but complications occur in >70% of cases when HbA1c is >1.7 times ULN.
- 3. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present. Fructosamine may be used as an alternate measurement of glycemic control

Page 5 of 11

SIN No:EDT230030882





: Mrs.BHARTI VIJAN

Age/Gender

: 31 Y 7 M 5 D/F

UHID/MR No

: STAR.0000055325

Visit ID

: STAROPV57978

Ref Doctor Emp/Auth/TPA ID

: Dr.SELF : 125048

Collected Received

: 25/Mar/2023 08:38AM

: 25/Mar/2023 11:31AM

Reported Status

: 25/Mar/2023 04:31PM

Sponsor Name

: Final Report : ARCOFEMI HEALTHCARE LIMITED

# DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY	HEALTH ANNUAL	PLUS CHECK	- FEMALE - 2D ECHO - P	AN INDIA - FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method

LIPID PROFILE, SERUM		/		1
TOTAL CHOLESTEROL	122	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	73	mg/dL	<150	
HDL CHOLESTEROL	29	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	93	mg/dL	<130	Calculated
LDL CHOLESTEROL	78.4	mg/dL	<100	Calculated
VLDL CHOLESTEROL	14.6	mg/dL	<30	Calculated
CHOL / HDL RATIO	4.21		0-4.97	Calculated

#### **Comment:**

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations.

NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.

Page 6 of 11



SIN No:SE04330666





: Mrs.BHARTI VIJAN

Age/Gender

: 31 Y 7 M 5 D/F

UHID/MR No

: STAR.0000055325

Visit ID

: STAROPV57978

Ref Doctor Emp/Auth/TPA ID : Dr.SELF : 125048

Collected

: 25/Mar/2023 08:38AM

Received

: 25/Mar/2023 11:31AM : 25/Mar/2023 04:31PM

Reported Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL B	ODY HEALTH ANNUAL	PLUS CHECK	- FEMALE - 2D ECHO - P	AN INDIA - FY2324
Test Name	Result	Unit	Bio Ref Range	Method

BILIRUBIN, TOTAL	0.30	mg/dL	0.1-1.2	Azobilirubin
BILIRUBIN CONJUGATED (DIRECT)	0.10	mg/dL	0.1-0.4	DIAZO DYE
BILIRUBIN (INDIRECT)	0.20	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	15	U/L	4-44	JSCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	21.0	U/L	8-38	JSCC
ALKALINE PHOSPHATASE	84.00	U/L	32-111	IFCC
PROTEIN, TOTAL	7.50	g/dL	6.7-8.3	BIURET
ALBUMIN	5.20	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	2.30	g/dL	2.0-3.5	Calculated
A/G RATIO	2.26		0.9-2.0	Calculated

Page 7 of 11





TOUC Patient Name

: Mrs.BHARTI VIJAN

Age/Gender

: 31 Y 7 M 5 D/F

UHID/MR No Visit ID

: STAR.0000055325 : STAROPV57978

Ref Doctor Emp/Auth/TPA ID : Dr.SELF

: 125048

Collected

: 25/Mar/2023 08:38AM

Received

: 25/Mar/2023 11:31AM : 25/Mar/2023 04:31PM

Reported Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# DEPARTMENT OF BIOCHEMISTRY

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ARCOFEMI - MEDIWHEEL - FULL BODY	HEALTH ANNUAL	PLUS CHECK -	FEMALE - 2D ECHO - E	PAN INDIA - FY2324
AICOI LIMI - MILDIWITELE - I OLL BOD	TILALITI ANNOAL	I LOG ONLON	I LINALE - 2B LONG - I	AN INDIA - 1 12024
Test Name	Result	Unit	Bio. Ref. Range	Method
rost Maine	Rosult	- Jille	Dio. iton italigo	otilou

CREATININE	0.63	mg/dL	0.4-1.1	ENZYMATIC METHOD
UREA	16.30	mg/dL	17-48	Urease
BLOOD UREA NITROGEN	7.6	mg/dL	8.0 - 23.0	Calculated
URIC ACID	3.90	mg/dL	4.0-7.0	URICASE
CALCIUM	10.00	mg/dL	8.4-10.2	CPC
PHOSPHORUS, INORGANIC	4.00	mg/dL	2.6-4.4	PNP-XOD
SODIUM	141	mmol/L	135-145	Direct ISE
POTASSIUM	4.4	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	100	mmol/L	98-107	Direct ISE

Page 8 of 11



SIN No:SE04330666



Apollo DIAGNOSTICS

TOUC Patient Name

: Mrs.BHARTI VIJAN

Age/Gender

: 31 Y 7 M 5 D/F

UHID/MR No

: STAR.0000055325

Visit ID

: STAROPV57978

Ref Doctor Emp/Auth/TPA ID : Dr.SELF : 125048 Collected

: 25/Mar/2023 08:38AM

Received Reported

: 25/Mar/2023 11:31AM : 25/Mar/2023 04:31PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# DEPARTMENT OF BIOCHEMISTRY

Test Name	Result	Unit	Bio. Ref. Range	Method

GAMMA GLUTAMYL TRANSPEPTIDASE	15.00	U/L	16-73	Glycylglycine Kinetic
(GGT) , SERUM		-		method

Page 9 of 11



SIN No:SE04330666

Ph No: 040-4904 7777





: Mrs.BHARTI VIJAN

Age/Gender

: 31 Y 7 M 5 D/F

UHID/MR No

: STAR.0000055325

Visit ID

: STAROPV57978

Ref Doctor Emp/Auth/TPA ID : Dr.SELF : 125048

Collected Received : 25/Mar/2023 08:38AM

: 25/Mar/2023 11:26AM

Reported

: 25/Mar/2023 02:24PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY	HEALTH ANNUAL	PLUS CHECK -	FEMALE - 2D ECHO - P	AN INDIA - FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method

THYROID PROFILE (TOTAL T3, TOTAL T4,	TSH) , SERUM		1 - 1 - 1	
TRI-IODOTHYRONINE (T3, TOTAL)	1.05	ng/mL	0.67-1.81	ELFA
THYROXINE (T4, TOTAL)	7.16	μg/dL	4.66-9.32	ELFA
THYROID STIMULATING HORMONE (TSH)	1.670	μIU/mL	0.25-5.0	ELFA

# **Comment:**

Serum TSH concentrations exhibit a diurnal variation with the peak occurring during the night and the nadir occurring between 10 a.m. and 4 p.m.In primary hypothyroidism, thyroid-stimulating hormone (TSH) levels will be elevated. In primary hyperthyroidism, TSH levels will be low. Elevated or low TSH in the context of normal free thyroxine is often referred to as subclinical hypo- or hyperthyroid-ism, respectively. Physiological rise in Total T3 / T4 levels is seen in pregnancy and in patients on steroid therapy.

Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active.

Note:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)				
First trimester	0.1 - 2.5				
Second trimester	0.2 - 3.0				
Third trimester	0.3 - 3.0				

Page 10 of 11



SIN No:SPL23049644



Method

Patient Name

: Mrs.BHARTI VIJAN

Age/Gender

: 31 Y 7 M 5 D/F

UHID/MR No Visit ID

: STAR.0000055325 : STAROPV57978

Ref Doctor Emp/Auth/TPA ID

: Dr.SELF : 125048

Collected

: 25/Mar/2023 08:38AM

Bio. Ref. Range

Received

: 25/Mar/2023 01:18PM

Reported Status

: 25/Mar/2023 03:41PM : Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF CLINICAL PATHOLOGY**

ARCOFEMI - MEDIWHEEL - FULL BO	DY HEALTH ANNUAL	PLUS CHECK	- FEMALE - 2D ECHO - P	AN INDIA - FY2324
Test Name	Result	Unit	Bio, Ref, Range	Method

COMPLETE URINE EXAMINATION, URIN	VE .			
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
рН	6.5		5-7.5	Bromothymol Blue
SP. GRAVITY	1.005		1.002-1.030	Dipstick
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NEGATIVE		NORMAL	EHRLICH
BLOOD	NEGATIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS
CENTRIFUGED SEDIMENT WET MOUN	T AND MICROSCOPY			
PUS CELLS	1-2	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1-2	/hpf	<10	MICROSCOPY
RBC	ABSENT	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

\*\*\* End Of Report \*\*\*

Result/s to Follow:

LBC PAP TEST- PAPSURE

DR. APEKSHA MADAN MBBS, DPB

PATHOLOGY

Dr. Sandip Kumar Banerjee M.B.B.S, M.D(PATHOLOGY), D.P.B

Consultant Pathologist

Page 11 of 11



SIN No:UR2084839



#### APOLLO SPECTRA HOSPITALS

Famous Cine Labs, 156, Pt. M.M. Malviya Road, Tardeo, Mumbai- 400 034.Ph. No.: 022 4332 4500 www.apollospectra.com

> Date: 25-03-2023 Age: 31 year

> > reng

# SONOGRAPHY OF ABDOMEN & PELVIS

LIVER: The liver is normal in size but shows diffuse increased echotexture suggestive

> of fatty infiltration. No focal mass lesion is seen. The intrahepatic biliary tree & venous radicles appear normal. The portal vein and CBD appear normal.

The gall bladder is well distended and reveals normal wall thickness. There is no GALL

evidence of calculus seen in it. BLADDER

**PANCREAS:** The pancreas is normal in size and echotexture. No focal mass lesion is seen.

SPLEEN : The spleen is normal in size and echotexture. No focal parenchymal mass lesion

is seen. The splenic vein is normal.

The **RIGHT KIDNEY** measures 10.9 x 3.8 cms and the **LEFT KIDNEY** measures KIDNEYS:

11.1 x 4.6 cms in size. Both kidneys are normal in shape and echotexture. There is

no evidence of hydronephrosis or calculi seen on either side.

There is no e/o paraaortic lymphadenopathy or free fluid seen in the abdomen.

**URINARY:** The urinary bladder is well distended and is normal in shape and contour. No

intrinsic lesion or calculus is seen. The bladder wall thickness is normal. BLADDER

**UTERUS:** The uterus is anteverted & it appears normal in size, shape and echotexture.

It measures 6.9 x 4.1 x 3.7 cms.

Normal myometrial & endometrial echoes are seen.

Endometrial thickness is 10.0 mm.

No focal mass lesion is noted within the uterus.

Both ovaries reveal normal size, shape and echopattern. **OVARIES:** 

> Right ovary measures 2.9 x 1.6 cms. Left ovary measures 2.4 x 2.1 cms. There is no free fluid seen in cul de sac.

**IMPRESSION:** The Ultrasound examination reveals mild fatty infiltration of the Liver. No other significant abnormality is detected

Report with compliments

DR VINOD V SHET

M.D.,D.M.R.D.

CONSULTANT SONOLOGIST

# APOLLO SPECIALTY HOSPITALS PRIVATE LIMITED

(Formerly known as Nova Specialty Hospitals Private Limited) CIN: U85100KA2009PTC049961

ID Age Bhaste

1910001

Height 160cm

Gender

Female

**Date** 25. 3. 2023

Time 08:51:39

APOLLO SPECTRA HOSPITAL

**Body Composition** 

31

souy Composit	DE ESSENZIONS DE L'ADRIGUES	nder		Norm	al			Ove	r		UNIT:%	Normal Range
Weight	40	55 7	0 85	100	115	130 69	145 9. 5 k	160 g	175	190	205	45.7~61.8
Muscle Mass Skeletal Muscle Mass	60	70 8	0 90	100	110 2	4. 8 k	130 g	140	150	160	170	20. 3 ~ 24. 9
Body Fat Mass	20	40 6	0 80	100	160	220	<sup>280</sup> ■ 24.	340 7 kg	400	460	520	10. 8 ~ 17. 2
TBW Total Body Water	32. 8	32. 8 kg (27. 4~ 33. 5)				F F M Fat Free Mass			44. 8 kg (34. 9~44. 6)			
Protein	8.9 kg (7. 3~9. 0)				Mineral*			3. 08 kg (2. 53~3. 10)				

\* Mineral is estimated.

# **Obesity Diagnosis**

	Value	Normal Range
B.M.I. Body Mass Index (kg/m	27. 1	18. 5 ~ 25. 0
PBF (% Percent Body Fat	35.6	18. 0 ~ 28. 0
WHR Waist-Hip Ratio	0. 94	0. 75 ~ 0. 85
B M R (kca Basal Metabolic Rate	1337	1410 ~ 1642

Protein	<b>☑</b> Normal	□ Deficient	
Mineral	☑Normal	□ Deficient	
Fat	□Normal	□ Deficient	<b>☑</b> Excessive
Weight M	lanagemen	t	
Weight	□Normal	□ Under	<b>☑</b> Over
SMM	Mormal	□Under	☐ Strong
Fat	□Normal	□ Under	☑ Over
Obesity [	Diagnosis		
BMI	□Normal	☐ Under ☐ Extremely	<b></b> Over ✓ Over
PBF	□Normal	□ Under	☑ Over
WHR	□Normal	□ Under	✓ Over

# Muscle-Fat Control

Muscle Control	0. 0 kg	Fat Control	$-11.4\mathrm{kg}$	Fitness Score	72
----------------	---------	-------------	--------------------	---------------	----

Segmental Lean	Lean Mass Evaluation
2. 5kg Normal	2. 4kg Normal
Trunk	
عد 21. 1 kg	
Norma	Hogan
6.8kg Normal	7, 0 kg Normal

n
76
Right
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\* Segmantal Fat is estimated.

# **Impedance**

# Exercise Planner Plan your weekly exercises from the followings and estimate your weight loss from those activities.

Energy	nergy expenditure of each activity(base weight: 69. 5 kg / Duration: 30min. / unit: kcal)											
Ä	Walking	1281	Jogging		Bicycle		Swim	2	Mountain Climbing	2/	Aerobic	
K	139	P	243	ON	209	2	243	3	227		243	
AL:	Table tennis	A :-	Tennis	3	Football	•	Oriental Fencing	N'	Gate ball	4	Badminton	
1	157	不。	209	1.	243	人	348	1.7	132	A	157	
20.	Racket ball	2	Tae- kwon-do		Squash	2/9	Basketball	(2)	Rope jumping	1	Golf	
	348		348	97	348	X	209	N	243		122	
	Push-ups	8	Sit-ups	9	Weight training	ů.	Dumbbell exercise		Elastic band	2 1	Squats	
	development of upper body	~	abdominal muscle training	4	backache prevention	h	muscle strength		muscle strength	71	maintenance of lower body muscle	

#### How to do

- 1. Choose practicable and preferable activities from the left.
- Choose exercises that you are going to do for 7 days.
- 3. Calculate the total energy expenditure for a week.
- 4. Estimate expected total weight loss for a month using the formula shown below.
- Recommended calorie intake per day

  1400 kcal

\*Calculation for expected total weight loss for 4 weeks: Total energy expenditure (kcal/week) X 4weeks ÷ 7700

<sup>\*</sup>Use your results as reference when consulting with your physician or fitness trainer.

# **Apollo Spectra Hospitals**

Everest Building, 156, Tardeo Rd, Tardeo, Mumbai, Maharashtra - 400 034 Ph. No.: 022 4332 4500 www.apollospectra.com



Patient Name:_	Bharti	Vijan	Age:3 1475	>
Address:		· ·	Date:	
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fashin lugar fashin lugar tebAIC

Don'

Signature



#### APOLLO SPECTRA HOSPITALS

Famous Cine Lads, 156, Pt. M.M. Malviya Road, Tardeo, Mumbai- 400 034.Ph. No.: 022 4332 4500 www.apollospectra.com

Bharti Vijan 314rs 25/03/23. As. Miscamage in Jan 123. - D+C done unp- 21/2/23., Ho PLOD.

MIH - 3-4d Reg 30 Mod

PlH - NII

Flt - Father - DM momer - typothyroid.

Cx (F)

W SFM

Fx dear

LBC faken.

# APOLLO SPECIALTY HOSPITALS PRIVATE LIMITED

(Formerly known as Nova Specialty Hospitals Private Limited) CIN: U85100KA2009PTC049961



# Mrs. Blook Vijan 31/F

RX

Date: 25/2/2028

- scaling -> ls 1900/-

Filling > 12 2100/-

- Replacement

M

Dr. Rinal Modi B.D.S. (Mumbai) Dental Surgeon Reg. No.: A-28591

Email: doctorrinal@gmail.com M: 8779256365 / 9892290876

**Alliance Dental Care Limited** 

GSTIN: 36AAECA1118N1ZR

Corporate & Regd. Office: #7-1-617/A, 615 & 616, Imperial Towers, 7th Floor, Opp to: Ameerpet Metro Station, Ameerpet, Hyderabad 500038, Telangana.

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To book an appointment



www.apollodental.in

# Name: Mr. Bharti Vyan Age /Sex: 3tylf Complaint: No railan do Mr. Mo 89 | Neo Mo DA

Spectacle Rx

Examination

V. 6/6

Near le Ing

Right Eye								
	Vision	Sphere	Cyl.	Axis	Vision	Sphere	Cyl.	Axis
Distance								
Read								

Remarks:

Colores la & wowe

**Medications:** 

As Kw

Trade Name	Frequency	Duration
-		

Follow up:

Rinders Kur

Consultant:

**Apollo Spectra Hospitals** 

Famous Cine Labs, 156, Pt. M. M.
Malviya Road, Tardeo, Mumbai • 400 034.
Tel.: 022 4332 4500 • www.apollospectra.com





#### APOLLO SPECTRA HOSPITALS

Famous Cine Lads, 156, Pt. M.M. Malviva Road. Tardeo, Mumbai- 400 034.Ph. No.: 022 4332 4500 www.apollospectra.com

Name: Mrs Bharti Vijan Age: 31/F

- for Health check up - Offers no complaints

BIL TM intact, mobile

Nose - External deformity to Mild DNS to (1)

Airblast not reduced

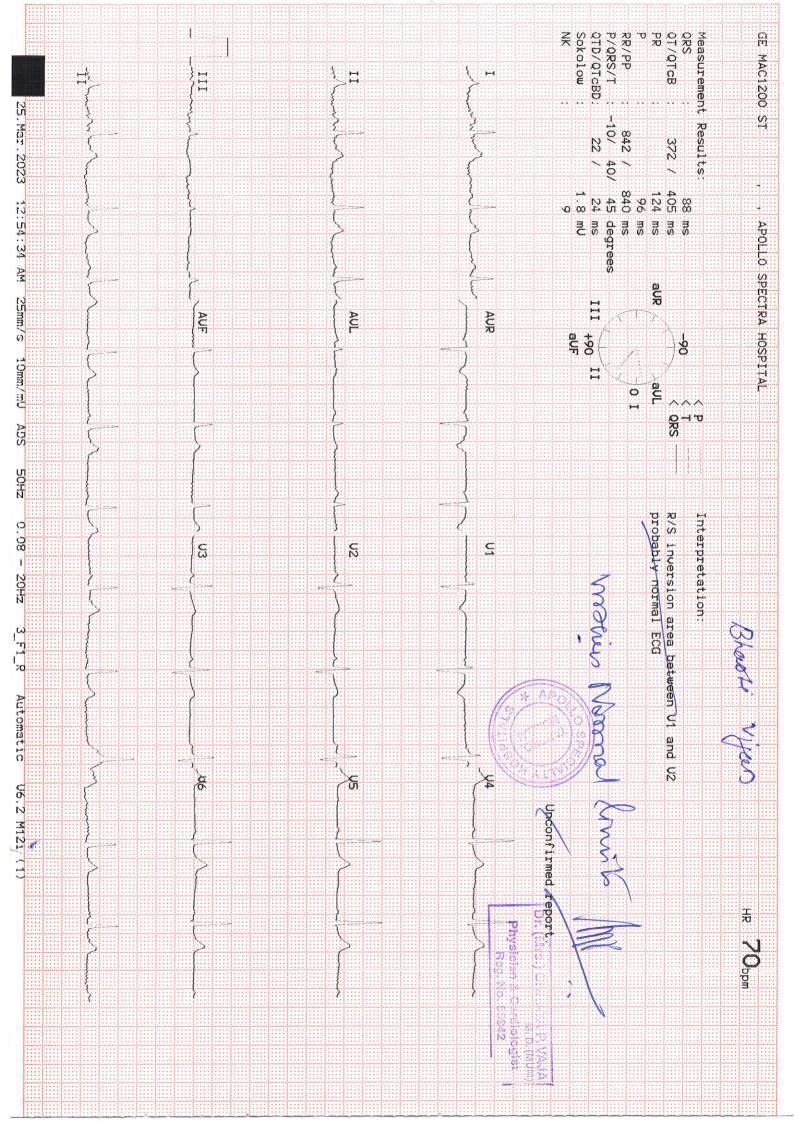
Throat - NAD

A- DNS (L)

MAJ. (DR.) SHRUTI ANH SHARMA M.S. (ENT) PGD HAM. PG DMLS MMC. 2019096177

# APOLLO SPECIALTY HOSPITALS PRIVATE LIMITED

(Formerly known as Nova Specialty Hospitals Private Limited) CIN: U85100KA2009PTC049961







Patient Name : Mrs. Bharti Vijan Age/Gender : 31 Y/F

 UHID/MR No.
 : STAR.0000055325
 OP Visit No
 : STAROPV57978

 Sample Collected on
 : 25-03-2023 15:23

**Ref Doctor** : SELF **Emp/Auth/TPA ID** : 125048

# DEPARTMENT OF RADIOLOGY

# **ULTRASOUND - WHOLE ABDOMEN**

LIVER: The liver is normal in size but shows diffuse increased echotexture suggestive

**of fatty infiltration.** No focal mass lesion is seen. The intrahepatic biliary tree & venous radicles appear normal. The portal vein and CBD appear normal.

GALL : The gall bladder is well distended and reveals normal wall thickness. There is no

**BLADDER** evidence of calculus seen in it.

PANCREAS: The pancreas is normal in size and echotexture. No focal mass lesion is seen.

**SPLEEN**: The spleen is normal in size and echotexture. No focal parenchymal mass lesion

is seen. The splenic vein is normal.

**<u>KIDNEYS</u>**: The **RIGHT KIDNEY** measures 10.9 x 3.8 cms and the **LEFT KIDNEY** measures

11.1 x 4.6 cms in size. Both kidneys are normal in shape and echotexture. There is

no evidence of hydronephrosis or calculi seen on either side.

There is no e/o paraaortic lymphadenopathy or free fluid seen in the abdomen.

**URINARY:** The urinary bladder is well distended and is normal in shape and contour. No

**BLADDER** intrinsic lesion or calculus is seen. The bladder wall thickness is normal.

**UTERUS:** The uterus is anteverted & it appears normal in size, shape and echotexture.

It measures 6.9 x 4.1 x 3.7 cms.

Normal myometrial & endometrial echoes are seen.

Endometrial thickness is 10.0 mm.

No focal mass lesion is noted within the uterus.

**OVARIES**: Both ovaries reveal normal size, shape and echopattern.

Right ovary measures 2.9 x 1.6 cms.

Left ovary measures 2.4 x 2.1 cms.

There is no free fluid seen in cul de sac.

IMPRESSION: The Ultrasound examination reveals mild fatty infiltration of the Liver.

No other significant abnormality is detected

**Dr. VINOD SHETTY**Radiology



Patient Name : Mrs. Bharti Vijan Age/Gender : 31 Y/F

 UHID/MR No.
 : STAR.0000055325
 OP Visit No
 : STAROPV57978

 Sample Collected on
 : 25-03-2023 10:51

**Ref Doctor** : SELF **Emp/Auth/TPA ID** : 125048

# DEPARTMENT OF RADIOLOGY

# X-RAY CHEST PA

Both lung fields and hila are normal.

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear.

Both diaphragms are normal in position and contour.

Thoracic wall and soft tissues appear normal.

# **CONCLUSION:**

No obvious abnormality seen.

Dr. VINOD SHETTY

Radiology