



Patient Name : Mr.VYKUNTAIAH S C	Collected : 26/Oct/2024 10:14AM
Age/Gender : 54 Y 2 M 19 D/M	Received : 26/Oct/2024 12:34PM
UHID/MR No : CMYS.0000062464	Reported : 26/Oct/2024 02:03PM
Visit ID : CMYSOPV130899	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22E35010	

**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324**

**IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE.**



**Dr. PAVAN KUMAR M**  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:MYS241001479





Patient Name : Mr.VYKUNTAIAH S C	Collected : 26/Oct/2024 01:24PM
Age/Gender : 54 Y 2 M 19 D/M	Received : 26/Oct/2024 02:04PM
UHID/MR No : CMYS.0000062464	Reported : 26/Oct/2024 03:17PM
Visit ID : CMYSOPV130899	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22E35010	

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, FASTING , NAF PLASMA	281	mg/dl	74-106	GOD, POD

**Comment:**

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

**Note:**

- 1.The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	313	mg/dl	70-140	GOD, POD

**Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other. Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.



Dr. PAVAN KUMAR M  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:MYS241001533



Patient Name : Mr.VYKUNTAIAH S C	Collected : 26/Oct/2024 10:14AM
Age/Gender : 54 Y 2 M 19 D/M	Received : 26/Oct/2024 01:52PM
UHID/MR No : CMYS.0000062464	Reported : 26/Oct/2024 03:25PM
Visit ID : CMYSOPV130899	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22E35010	

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Interval	Method
<b>HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA</b>				
HBA1C, GLYCATED HEMOGLOBIN	<b>11.8</b>	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	292	mg/dL		Calculated

**Comment:**

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

**Note:** Dietary preparation or fasting is not required.

1. HbA1c is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.

2. Trends in HbA1c values is a better indicator of Glycemic control than a single test.

3. Low HbA1c in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.

4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.

5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control

A: HbF >25%

B: Homozygous Hemoglobinopathy.

(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



Dr. PAVAN KUMAR M  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No: MYS241001474



Patient Name : Mr.VYKUNTAIAH S C	Collected : 26/Oct/2024 10:14AM
Age/Gender : 54 Y 2 M 19 D/M	Received : 26/Oct/2024 12:41PM
UHID/MR No : CMYS.0000062464	Reported : 26/Oct/2024 02:27PM
Visit ID : CMYSOPV130899	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22E35010	

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Interval	Method
<b>LIPID PROFILE , SERUM</b>				
TOTAL CHOLESTEROL	152	mg/dl	0-200	CHOD
TRIGLYCERIDES	88	mg/dl	0-150	GPO, Trinder
HDL CHOLESTEROL	<b>39</b>	mg/dL	40-60	CHOD
NON-HDL CHOLESTEROL	113	mg/dL	<130	Calculated
LDL CHOLESTEROL	95.3	mg/dL	<100	Calculated
VLDL CHOLESTEROL	17.7	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.90		0-4.97	Calculated
ATHEROGENIC INDEX (AIP)	0.00		<0.11	Calculated

**Comment:**

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220



**Dr. PAVAN KUMAR M**  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:MYS241001475



Patient Name : Mr.VYKUNTAIAH S C	Collected : 26/Oct/2024 10:14AM
Age/Gender : 54 Y 2 M 19 D/M	Received : 26/Oct/2024 12:41PM
UHID/MR No : CMYS.0000062464	Reported : 26/Oct/2024 02:27PM
Visit ID : CMYSOPV130899	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22E35010	

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Interval	Method
<b>LIVER FUNCTION TEST (LFT) , SERUM</b>				
BILIRUBIN, TOTAL	0.55	mg/dl	0-1.2	NBD
BILIRUBIN CONJUGATED (DIRECT)	<b>0.21</b>	mg/dl	0-0.2	Diazotized sulfanilic acid
BILIRUBIN (INDIRECT)	0.34	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	27	U/l	0-45	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	23.0	U/l	0-35	IFCC
AST (SGOT) / ALT (SGPT) RATIO (DE RITIS)	0.8		<1.15	Calculated
ALKALINE PHOSPHATASE	94.00	U/l	53-128	IFCC (AMP buffer)
PROTEIN, TOTAL	7.60	g/dl	6.4-8.3	Biuret
ALBUMIN	4.40	g/dl	3.5-5.2	Bromcresol Green
GLOBULIN	3.20	g/dL	2.0-3.5	Calculated
A/G RATIO	1.38		0.9-2.0	Calculated

**Comment:**

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin) Common patterns seen:

1. Hepatocellular Injury:

\*AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.\*ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI. Disproportionate increase in AST, ALT compared with ALP. AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson’s diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Patten:\*ALP – Disproportionate increase in ALP compared with AST, ALT. ALP elevation also seen in pregnancy, impacted by age and sex.\*Bilirubin elevated- predominantly direct , To establish the hepatic origin correlation with elevated GGT helps.

3. Synthetic function impairment:\*Albumin- Liver disease reduces albumin levels, Correlation with PT (Prothrombin Time) helps.

4. Associated tests for assessment of liver fibrosis - Fibrosis-4 and APRI Index.



Dr. PAVAN KUMAR M  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:MYS241001475



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Age/Gender : 54 Y 2 M 19 D/M	Received : 26/Oct/2024 12:41PM
UHID/MR No : CMYS.0000062464	Reported : 26/Oct/2024 02:58PM
Visit ID : CMYSOPV130899	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22E35010	

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Interval	Method
<b>RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM</b>				
CREATININE	<b>0.61</b>	mg/dL	0.67-1.17	Enzymatic colorimetric
UREA	23.88	mg/dl	13-43	Urease, UV
BLOOD UREA NITROGEN	11.2	mg/dL	8.0 - 23.0	Calculated
URIC ACID	3.70	mg/dL	3.5-7.2	Uricase
CALCIUM	9.00	mg/dl	8.6-10.3	Arsenazo III
PHOSPHORUS, INORGANIC	2.86	mg/dl	2.7-4.5	Molybdate
SODIUM	136	mmol/L	135-145	Direct ISE
POTASSIUM	<b>3.4</b>	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	104	mmol/L	98 - 107	Direct ISE
PROTEIN, TOTAL	7.60	g/dl	6.4-8.3	Biuret
ALBUMIN	4.40	g/dl	3.5-5.2	Bromcresol Green
GLOBULIN	3.20	g/dL	2.0-3.5	Calculated
A/G RATIO	1.38		0.9-2.0	Calculated



Dr. PAVAN KUMAR M  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:MYS241001475





Patient Name : Mr.VYKUNTAIAH S C	Collected : 26/Oct/2024 10:14AM
Age/Gender : 54 Y 2 M 19 D/M	Received : 26/Oct/2024 12:41PM
UHID/MR No : CMYS.0000062464	Reported : 26/Oct/2024 02:18PM
Visit ID : CMYSOPV130899	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22E35010	

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Interval	Method
<b>GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM</b>	34.00	U/l	0-55	IFCC



**Dr. PAVAN KUMAR M**  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:MYS241001475



Patient Name : Mr.VYKUNTAIAH S C	Collected : 26/Oct/2024 10:14AM
Age/Gender : 54 Y 2 M 19 D/M	Received : 26/Oct/2024 12:41PM
UHID/MR No : CMYS.0000062464	Reported : 26/Oct/2024 02:59PM
Visit ID : CMYSOPV130899	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22E35010	

**DEPARTMENT OF IMMUNOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Interval	Method
<b>THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM</b>				
TRI-IODOTHYRONINE (T3, TOTAL)	1.03	ng/mL	0.87-1.78	CLIA
THYROXINE (T4, TOTAL)	10.88	µg/dL	6.09-12.23	CLIA
THYROID STIMULATING HORMONE (TSH)	1.800	µIU/mL	0.38-5.33	CLIA

**Comment:**

<b>For pregnant females</b>	<b>Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)</b>
First trimester	0.1 - 2.5
Second trimester	0.2 – 3.0
Third trimester	0.3 – 3.0

1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes

**Dr. PAVAN KUMAR M**  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:MYS241001476



Patient Name	: Mr.VYKUNTAIAH S C	Collected	: 26/Oct/2024 10:14AM
Age/Gender	: 54 Y 2 M 19 D/M	Received	: 26/Oct/2024 12:41PM
UHID/MR No	: CMYS.0000062464	Reported	: 26/Oct/2024 02:59PM
Visit ID	: CMYSOPV130899	Status	: Final Report
Ref Doctor	: Self	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 22E35010		

**DEPARTMENT OF IMMUNOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324**

High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma
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**Dr. PAVAN KUMAR M**  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:MYS241001476





Patient Name : Mr.VYKUNTAIAH S C	Collected : 26/Oct/2024 10:14AM
Age/Gender : 54 Y 2 M 19 D/M	Received : 26/Oct/2024 01:12PM
UHID/MR No : CMYS.0000062464	Reported : 26/Oct/2024 02:23PM
Visit ID : CMYSOPV130899	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22E35010	

**DEPARTMENT OF CLINICAL PATHOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Interval	Method
<b>COMPLETE URINE EXAMINATION (CUE) , URINE</b>				
<b>PHYSICAL EXAMINATION</b>				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Physical Measurement
pH	6.0		5-7.5	Double Indicator
SP. GRAVITY	1.010		1.002-1.030	Bromothymol Blue
<b>BIOCHEMICAL EXAMINATION</b>				
URINE PROTEIN	NEGATIVE		NEGATIVE	Protein Error Of Indicator
GLUCOSE	POSITIVE (++)		NEGATIVE	Glucose Oxidase
URINE BILIRUBIN	NEGATIVE		NEGATIVE	Azo Coupling Reaction
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	Sodium Nitro Prusside
UROBILINOGEN	NORMAL		NORMAL	Modified Ehrlich Reaction
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Leucocyte Esterase
<b>CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY</b>				
PUS CELLS	5 - 7	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1 - 2	/hpf	<10	Microscopy
RBC	NIL	/hpf	0-2	Microscopy
CASTS	NIL		0-2 Hyaline Cast	Microscopy
CRYSTALS	ABSENT		ABSENT	Microscopy

**Comment:**

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods. Microscopy findings are reported as an average of 10 high power fields.



Dr. PAVAN KUMAR M  
M.B.B.S.,M.D(Pathology)  
Consultant Pathologist

SIN No:MYS241001477



Patient Name : Mr.VYKUNTAIAH S C	Collected : 26/Oct/2024 10:14AM
Age/Gender : 54 Y 2 M 19 D/M	Received : 26/Oct/2024 01:12PM
UHID/MR No : CMYS.0000062464	Reported : 26/Oct/2024 01:49PM
Visit ID : CMYSOPV130899	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22E35010	

**DEPARTMENT OF CLINICAL PATHOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Interval	Method
URINE GLUCOSE(POST PRANDIAL)	POSITIVE (+++)		NEGATIVE	GOD-POD

Test Name	Result	Unit	Bio. Ref. Interval	Method
URINE GLUCOSE(FASTING)	POSITIVE (++)		NEGATIVE	GOD-POD

\*\*\* End Of Report \*\*\*



**Dr. PAVAN KUMAR M**  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:MYS241001478





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Patient Name	: Mr. VYKUNTAIAH S C	Age	: 54Yrs 2Mths 23Days
UHID	: CMYS.0000062464	OP Visit No.	: CMYSOPV130899
Printed On	: 29-10-2024 11:38 AM	Advised/Pres Doctor	: --
Department	: Radiology	Qualification	: --
Referred By	: Self	Registration No.	: --
Employer Id	: 22E35010		

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## DEPARTMENT OF RADIOLOGY

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### ULTRASOUND WHOLE ABDOMEN

**LIVER:** It is normal in size, outline and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

**GALL BLADDER:** It is distended with evidence of a echogenic calculus measuring ~3mm noted neck of gall bladder

**SPLEEN:** It is normal in size, outline and echopattern. No e/o focal lesions.

**PANCREAS:** It is normal in size, outline and echopattern.

**RIGHT KIDNEY:** It measures 11.6cm with parenchymal thickness of 1.6 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen. **A simple cystic lesion measuring 1.9x1.5cm is noted in lower pole cortex of right kidney.**

**LEFT KIDNEY:** It measures 10.4 cm with parenchymal thickness of 1.6 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**URINARY BLADDER:** It is well distended. The UB wall is normal. No e/o calculi.

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**PROSTATE:** It is normal in size, outline and echotexture.

No e/o free fluid in the abdomen.

**IMPRESSION:**

- Right renal simple cyst
- Cholelithiasis

---End Of The Report---



Dr.CHETAN HOLEPPAGOL  
MBBS, DNB(RADIO DIAGNOSIS)  
90037  
Radiology



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Patient	Mr. VYKUNTAIAH S C	Doctor	MADHURA B P	Appt ID	CMYSAPT1187
Age/Gender	54Y   Male	Qualification	M.Sc. Nutrition and Dietetics	Consult Date	27 Oct 2024
UHID	CMYS.0000062464	Reg. No.	A104102	Order Bill ID	CMYS-OCR-24559
				Visit Display ID	CMYSOPV130899

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## VITALS

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Weight : 79Kgs	Height : 159Cms
Pulse : 74 BPM	Spo2 : 98%
BP : 100 / 70 MmHg	Respiratory Rate : 22 BPM
Temperature : 98.3 °F	

MADHURA B P  
**Doctor's Signature**

**Apollo Health and Lifestyle Limited**

(CIN-U85110TG2000PLC115819)

Corporate Office: 7-1-617/A, 7\* Floor, Imperial Towers, Ameerpet, Hyderabad-500016, Telangana

Ph No: 040-4904 7777 | www.apollohl.com | Email ID:enquiry@apollohl.com

Patient Name	: Mr. VYKUNTAIAH S C	Age	: 54Yrs 2Mths 20Days
UHID	: CMYS.0000062464	OP Visit No.	: CMYSOPV130899
Printed On	: 26-10-2024 07:56 AM	Advised/Pres Doctor	: --
Department	: Radiology	Qualification	: --
Referred By	: Self	Registration No.	: --
Employeer Id	: 22E35010		

### DEPARTMENT OF RADIOLOGY

Lung fields are clear.

Cardio thoracic ratio is normal.

Apices, costo and cardio phrenic angles are free.

Cardio vascular shadow and hila show no abnormal feature.

Bony thorax shows no significant abnormality.

Domes of diaphragm are well delineated.

**IMPRESSION: NORMAL STUDY .**

---End Of The Report---



Dr.CHETAN HOLEPPAGOL  
MBBS, DNB(RADIO DIAGNOSIS)  
90037  
Radiology

Patient Name	: Mr. VYKUNTAIAH S C	Age	: 54Yrs 2Mths 20Days
UHID	: CMYS.0000062464	OP Visit No.	: CMYSOPV130899
Printed On	: 26-10-2024 07:55 AM	Advised/Pres Doctor	: --
Department	: Cardiology	Qualification	: --
Referred By	: Self	Registration No.	: --
Employer Id	: 22E35010		

## DEPARTMENT OF CARDIOLOGY

Observation :-

1. Sinus Rhythm.
2. Heart rate is 70 beats per minutes.

**Impression:**

NORMAL RESTING ECG.

---End Of The Report---

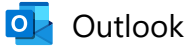


Dr. GURU PRASAD B V  
MBBS, PGDCC  
69949  
Cardiology









## Your appointment is confirmed

**From** noreply@apolloclinics.info <noreply@apolloclinics.info>

**Date** Fri 25-10-2024 15:59

**To** vykuntaiah2010@gmail.com <vykuntaiah2010@gmail.com>

**Cc** Mysore Apolloclinic <mysore@apolloclinic.com>; Yogeesh KV <mkt.mysore@apolloclinic.com>; Syamsunder M <syamsunder.m@apollohl.com>



**Dear MR. C VYKUNTAIAH S s,**

Greetings from Apollo Clinics,

Your corporate health check appointment is confirmed at **KALIDASA RAOD clinic** on **2024-10-26** at **08:15-08:30**.

Payment Mode	
Corporate Name	<b>ARCOFEMI HEALTHCARE LIMITED</b>
Agreement Name	<b>[ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN INDIA OP AGREEMENT]</b>
Package Name	<b>[ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324]</b>

**"Kindly carry with you relevant documents such as HR issued authorization letter and or appointment confirmation mail and or valid government ID proof and or company ID card and or voucher as per our agreement with your company or sponsor."**

**Note: Video recording or taking photos inside the clinic premises or during camps is not allowed and would attract legal consequences.**

**Note: Also once appointment is booked, based on availability of doctors at clinics tests will happen, any pending test will happen based on doctor availability and clinics will be updating the same to customers.**

### **Instructions to be followed for a health check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning. If any medications taken, pls inform our staff before health check.



3. Please bring all your medical prescriptions and previous health medical records with you.
4. Kindly inform our staff, if you have a history of diabetes and cardiac problems.

**For Women:**

1. Pregnant women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any health check during menstrual cycle.

**For further assistance, please call us on our Help Line #: 1860 500 7788.**

**Clinic Address: 23, KALIDASA ROAD, VV MOHLLA, MYSORE.**

**Contact No: (0821) 400 6040 - 41.**

P.S: Health Check-Up may take 4 - 5hrs for completion on week days & 5 - 6hrs on Saturdays, kindly plan accordingly, Doctor Consultation will be completed after all the Reports are ready.

Warm Regards,  
Apollo Clinic



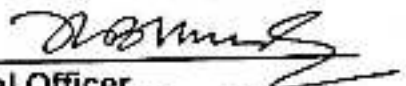
## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Mr Vykontarath S.C on 26/10/24

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>• Medically Fit</li> </ul>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> <li>• Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. <u>Strict Glycemia Control</u></p> <p>2. ....</p> <p>3. ....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> <li>• Currently Unfit. Review after _____ recommended</li> </ul>	
<ul style="list-style-type: none"> <li>• Unfit</li> </ul>	

Dr.   
**Medical Officer**  
**Apollo Clinic**  
 # 23, 1st Floor,  
 Kuvempu Road, Mysore - 02  
 Ph : 0821-4006040/41

*This certificate is not meant for medico-legal purposes*

**Apollo Health and Lifestyle Limited**

(CIN - U85110TG2000PLC115819)

Regd. Office: 1-14-60/62, Ashoka Rajchudhari Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 015.

Ph. No: 040 4904 7777, Fax No: 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

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Koramangala (Sarjapur Road) Mysore (W Mohali)

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**

[Phy]

Mr. N. K. S. C

Dr. Umesh

54 Years / Male

Height: 160	Weight: 58.9	BMI:	Waist Circum:
Temp:	Pulse: 70/mnt	Resp: 18/mnt	B.P: 120/80

General Examination / Allergies History

Clinical Diagnosis & Management Plan

AS  
NS  
PRA | NAs

Adi

T. OPRA-MET-5XR 1000

TC 20

T. Voglicard M 02/500 001 20

T. AZI-D3 60K once 10  
a.w.u

T. Bantamine plus 200 30

T. Pantocid D 100 BID 10

Regular Exercise / Dieting

RI# - 15 days

2D Echo  
T.M  
2024.4

Follow up date :

Doctor Signature

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41

Date : 10/26/2024 Department : ENT  
 Patient Name : Mr. VYKUNTAIAH S C Doctor : Dr. PRAVEEN KUMAR R  
 UHID : CMYS.0000062464 Registration No. : 66012  
 Age / Gender : 54Yrs 2Mths 19Days / Male Qualification : MBBS, MS (ENT)  
 Consultation Timing : 2:28 PM

Height : 160	Weight : 58.9	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 120/83

General Examination /  
 Allergies History

Clinical Diagnosis & Management Plan

Came for regular health check

Ear Bilateral TM - normal

Nose - onstn (L)

oral cavity & oropharynx - (N)

well (N)

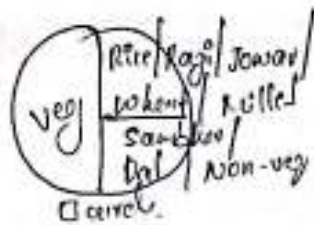
As

features

PL

Follow up date :

Doctor Signature  
**Apollo Clinic**  
 # 23, 1st Floor,  
 Kalidasa Road, Mysore - 02  
 Ph : 0821-4006040/41



Date : 10/26/2024 Department : Nutrition & Dietetics  
 Patient Name : Mr. VYKUNTAIAH S C Doctor : Miss.MADHURA B P  
 UHID : CMYS.0000062464 Registration No. : A104102  
 Age / Gender : 54Yrs 2Mths 19Days / Male Qualification : M.Sc. Nutrition and Dietetics  
 Consultation Timing : 2:28 PM **DH D\***

IBW - 60kg

Height : 160	Weight : 58.9 kg	BMI : 22.7 kg/m <sup>2</sup>	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 120/80

**General Examination / Allergies History**

ESR - 32  
 FBS - 281  
 PPBS - 313  
 HbA1c - 11.8  
 HDL - 39

**Clinical Diagnosis & Management Plan**

T<sub>2</sub>DM - 16 years.

Δ<sup>cs</sup> - cholelithiasis.

→ Advised diabetic diet with fiber rich foods.

→ Avoid root vegetables like potato, sweet potato, Yam & Arbi.

→ Fruits like Apple, Papaya, Muskmelon, Orange, Mosambi & Guava can be taken 100gms (Low). FBS < 100 mg/dl. [For next 45 days avoid fruits].

→ Cooking oil - 1/2 liter/person (month). Use combination of oils like Rice bran oil, Coconut oil, Groundnut oil, Rice bran oil, Mustard oil, Gingeli oil & Ahu. Do not mix the oil & boil it.

→ Avoid bakery products, chats, junk foods, deep fried foods, packed & processed foods.

Follow up date : → Avoid seed meat.

Doctor Signature

**Apollo Clinic**

# 23, 1st Floor,  
 Kalidasa Road, Mysore - 02  
 Ph : 0821-4006040/41

26/10/2024

Date : 10/26/2024 Department : Dental  
 Patient Name : Mr. VYKUNTAIAH S C Doctor : Dr. JYOTHISHREE P V  
 UHID : CMYS.0000062464 Registration No. : 33268A  
 Age / Gender : 54Yrs 2Mths 19Days / Male Qualification : B.D.S.[Bachelor of Dental Surgery]  
 Consultation Timing : 2:27 PM

Height : 160	Weight : 58.9	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 120/80

General Examination /  
Allergies History

Clinical Diagnosis & Management Plan

O/E

6 321 / 6 missing.

65 / 7 mobility?

Cu AP, SGT

Gen. Periodontal issues?

Follow up date :

Jyothishree

Doctor Signature

**Apollo Clinic**  
 # 23, 1st Floor,  
 Kallidasa Road, Mysore - 02  
 Ph : 0821-4005040/41

Date : 10/26/2024 Department : General Practice  
 Patient Name : Mr. VYKUNTAIAH S C Doctor : Dr. SUJATHA T R  
 UHID : CMYS.0000062464 Registration No. : 69649  
 Age / Gender : 54Yrs 2Mths 19Days / Male Qualification : MBBS, PGDMCH  
 Consultation Timing : 2:28 PM

Height : 160	Weight : 58.9	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 120/80

General Examination / Allergies History

Clinical Diagnosis & Management Plan

Distance vision

Un  $\left\{ \begin{array}{l} 6/9 \\ 6/6 \end{array} \right.$  rph 6/6  
 6/6

Near vision

NG

Colour vision

(OU) = normal

Sub

R = +0.75 Rt

L = +0.75

Add

+1.25 Sp (BE)

Follow up date : 20/10/24

*Ateeba*  
 Doctor Signature

**Apollo Clinic**  
 # 23, 1st Floor,  
 Kallidasa Road, Mysore - 02  
 Ph : 0821-4006040/41



Patient Name	: Mr. VYKUNTAIAH S C	Age	: 54Yrs 2Mths 19Days
UHID	: CMYS.0000062464	OP Visit No.	: CMYSOPV130899
Printed On	: 26-10-2024 01:26 PM	Advised/Pres Doctor	: --
Department	: Radiology	Qualification	: --
Referred By	: Self	Registration No.	: --
Employee Id	: 22E35010		

**DEPARTMENT OF RADIOLOGY**

Lung fields are clear.

Cardio thoracic ratio is normal.

Apices, costo and cardio phrenic angles are free.

Cardio vascular shadow and hila show no abnormal feature.

Bony thorax shows no significant abnormality.

Domes of diaphragm are well delineated.

**IMPRESSION: NORMAL STUDY.**

---End Of The Report---



**Dr. CHETAN HOLEPPAGOL**  
**MBBS, DNB(RADIO DIAGNOSIS)**  
90037  
Radiology

Patient's Name : Mr. VYKUNTAIAH S C	Age & sex : 54Yrs /Male
Date :26 .10.2024	UHID No :62464

## 2D ECHOCARDIOGRAPHY STUDY

### Impression:

- Normal chamber volumes
- Normal left ventricular function. EF 62%
- No regional wall motion abnormality
- Normal valves
- No clots. No pericardial effusion

### Findings

Left Ventricle:	Normal
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	Normal

**Dr. C.B. KESHAVAMURTHY MD, DM, DNB**  
**CONSULTANT CARDIOLOGIST**

#### Apollo Health and Lifestyle Limited

(CIN: UB51101G2000PLC11581P)

Regd. Office: 1-10-10-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016


Ph No: 041-404 7777 Fax No: 4904 7744 | Email ID: enquiry@apolloh.com | www.apolloh.com

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Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**

Patient's Name : Mr. VYKUNTAIAH S C	Age & sex : 54Yrs /Male
Date :26 .10.2024	UHID No :62464

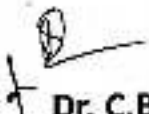
Measurements

AO : 2.44 cm  
LA : 3.13 cm

RV : 1.92 cm  
LVIDd : 4.16 cm  
LVIDs : 2.76 cm  
IVSd : 1.02 cm  
IVSs : 1.34 cm  
PWd : 1.05 cm  
PWs : 1.39 cm  
EF : 62.0 %  
FS : 33.0 %

Doppler

MV	TV	AV	PV
E: 0.97 m/s	E 0.65 m/s	V max 1.62 m/s	V max 0.88 m/s
A: 0.65 m/s	A 0.52 m/s		
MR Nil	TR Nil	AR Nil	PR Nil

  
**Dr. C.B. KESHAVAMURTHY MD, DM, DNB**  
**CONSULTANT CARDIOLOGIST**

**Apollo Health and Lifestyle Limited**

ICN: LB511GTG2000PLC1158191

Head Office: 1-10-60-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

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TO BOOK AN APPOINTMENT

 **1860 500 7788**

Patient Name: Mr. VYKUNTAIAH S C	Date: 26.10.2024	Referring Doctor: Self
Age / Sex :54 yrs /Male	UHID :62464	
<b>ULTRASONOGRAPHY – ABDOMEN &amp; PELVIS</b>		

**LIVER:** It is normal in size, outline and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

**GALL BLADDER:** It is distended with evidence of a echogenic calculus measuring ~3mm noted neck of gall bladder

**SPLEEN:** It is normal in size, outline and echopattern. No c/o focal lesions.

**PANCREAS:** It is normal in size, outline and echopattern.

**RIGHT KIDNEY:** It measures 11.6cm with parenchymal thickness of 1.6 cm. It is normal in size, outline and echotexture. No c/o calculus or hydronephrosis seen. A simple cystic lesion measuring 1.9x1.5cm is noted in lower pole cortex of right kidney.

**LEFT KIDNEY:** It measures 10.4 cm with parenchymal thickness of 1.6 cm. It is normal in size, outline and echotexture. No c/o calculus or hydronephrosis seen.

**URINARY BLADDER:** It is well distended. The UB wall is normal. No c/o calculi.

**PROSTATE:** It is normal in size, outline and echotexture.

No c/o free fluid in the abdomen.

**IMPRESSION:**

- Right renal simple cyst
- Cholelithiasis

*[Signature]*  
Dr. Karthik H V MDRD, DNB  
Consultant Radiologist.

**Apollo Health and Lifestyle Limited**

ICIN: U85110G7000PLC115819

Regd Office | 10-12-12, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

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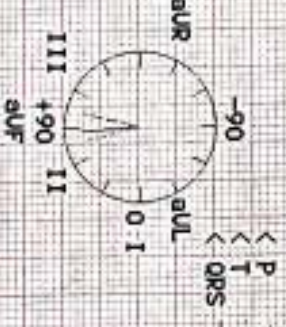
Koramangala | Sarjapur Road | Mysore | YV Mahalle

Online appointments: www.apolloclinics.com

TO BOOK AN APPOINTMENT

**1860 500 7788**

AGE: NO:  
 Measurement Results:  
 QRS : 94 ms  
 QT/QTcB : 412 / 466 ms  
 PR : 128 ms  
 P : 98 ms  
 RR/PP : 782 / 780 ms  
 P/QRS/T : 75 / 85 / 105 degrees  
 QTd/QTcBd : 20 / 23 ms  
 Sokolow : 3.1 mV  
 NK : 11



Interpretation:

**Apollo Clinic**  
 # 23, 1st Floor,  
 Kallidasa Road, Mysore - 02  
 Ph : 0821-4006040/41

Unconfirmed report.

