

CID : 2204500387

Name : MRS. SNEHA SHIRISH DESHPANDE

Age / Gender :53 Years / Female

Consulting Dr.

Reg. Location : Swargate, Pune (Main Centre)

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## MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/2D ECHO

CBC (Complete Blood Count), Blood **PARAMETER RESULTS BIOLOGICAL REF RANGE METHOD RBC PARAMETERS** Haemoglobin 12.6 12.0-15.0 g/dL Spectrophotometric RBC 6.27 3.8-4.8 mil/cmm Elect. Impedance PCV 40.3 36-46 % Calculated MCV 80-100 fl Calculated MCH 20.0 27-32 pg Calculated MCHC 31.2 31.5-34.5 g/dL Calculated RDW 17.7 11.6-14.0 % Calculated **WBC PARAMETERS** WBC Total Count 6500 4000-10000 /cmm Elect. Impedance 40.1 20-40 %

WBC DIFFERENTIAL AND ABSOLUTE COUNTS Lymphocytes

Absolute Lymphocytes 2606.5 1000-3000 /cmm Calculated Monocytes 5.6 2-10 %

Absolute Monocytes 364.0 200-1000 /cmm Calculated Neutrophils 52.3 40-80 % Absolute Neutrophils 3399.5 2000-7000 /cmm Calculated Eosinophils 2.0 1-6 % Absolute Eosinophils 130.0 20-500 /cmm Calculated

Basophils 0.0 0.1-2 % Absolute Basophils 0.0 20-100 /cmm Calculated

WBC Differential Count by Absorbance & Impedance method/Microscopy.

**PLATELET PARAMETERS** 

Platelet Count 252000 150000-400000 /cmm Elect. Impedance MPV 8.3 6-11 fl Calculated PDW 15.0 11-18 % Calculated

**RBC MORPHOLOGY** 

Immature Leukocytes

Hypochromia Microcytosis

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CENTRAL PROCESSING LAB: 2<sup>nd</sup> Floor, Aston, Sundervan Complex, Above Mercedes Showroom, Andheri West, Mumbai - 400053



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: Swargate, Pune (Main Centre)

Mild

Mild

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Macrocytosis

Anisocytosis

Poikilocytosis

Polychromasia

Target Cells

Basophilic Stippling

Normoblasts

Others

WBC MORPHOLOGY

PLATELET MORPHOLOGY

COMMENT

Elliptocytes-occasional

Occasional

Features suggest thalassemia trait. Advice: Hb electrophoresis

Specimen: EDTA Whole Blood

ESR, EDTA WB

3

2-30 mm at 1 hr.

Westergren

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# MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/2D ECHO

PARAMETER

RESULTS

BIOLOGICAL REF RANGE

**METHOD** 

GLUCOSE (SUGAR) FASTING,

Fluoride Plasma

117.8

Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose:

Hexokinase

100-125 mg/dl

140-199 mg/dl

Diabetic: >/= 126 mg/dl

Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance:

Hexokinase

GLUCOSE (SUGAR) PP, Fluoride 114.5

Plasma PP/R

Diabetic: >/= 200 mg/dl

Urine Sugar (Fasting)

Absent

Absent

Urine Ketones (Fasting)

Absent

Absent

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Por and Solver Dr.SHAMLA KULKARNI

> M.D.(PATH) Pathologist

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# MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/2D ECHO GLYCOSYLATED HEMOGLOBIN (HbA1c)

PARAMETER

RESULTS

**BIOLOGICAL REF RANGE** 

METHOD

Glycosylated Hemoglobin (HbA1c), EDTA WB - CC

6.5

Non-Diabetic Level: < 5.7 %

Collected

Reported

HPLC

Prediabetic Level: 5.7-6.4 %

Diabetic Level: >/= 6.5 %

Estimated Average Glucose (eAG), EDTA WB - CC

139.9

mg/dl

Calculated

#### Intended use:

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

#### Clinical Significance:

- HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

#### Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

#### Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate \*\*\* End Of Report \*\*\*







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# MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/2D ECHO URINE EXAMINATION REPORT

PARAMETER	DECLUTE TO THE PORT OF THE POR		
PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
PHYSICAL EXAMINATION			
Color	Pale yellow	Pale Yellow	
Reaction (pH)	Acidic (5.0)	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.010	1.001-1.030	Chemical Indicator
Transparency	Clear	Clear	-
Volume (ml)	30	2	•
CHEMICAL EXAMINATION			
Proteins	Absent	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Absent	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
MICROSCOPIC EXAMINATION			Oriess rese
Leukocytes(Pus cells)/hpf	1-2	0-5/hpf	
Red Blood Cells / hpf	Absent	0-2/hpf	
Epithelial Cells / hpf	2-3	271151	
Casts	Absent	Absent	
Crystals	Absent	Absent	
Amorphous debris	Absent	Absent	
Bacteria / hpf	5-6	Less than 20/hpf	









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# MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/2D ECHO BLOOD GROUPING & Rh TYPING

PARAMETER

RESULTS

ABO GROUP

Rh TYPING

Positive

NOTE: Test performed by Semi- automated column agglutination technology (CAT)

Specimen: EDTA Whole Blood and/or serum

Clinical significance:

ABO system is most important of all blood group in transfusion medicine

#### Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

#### Refernces:

- Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia 1
- AABB technical manual

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate \*\*\* End Of Report \*\*\*







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# MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/2D ECHO LIPID PROFILE

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
CHOLESTEROL, Serum	171.0	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	Enzymatic
TRIGLYCERIDES, Serum	108.0	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	Enzymatic
HDL CHOLESTEROL, Serum	53.9	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Enzymatic
NON HDL CHOLESTEROL, Serum	117.1	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated
LDL CHOLESTEROL, Serum	95.0	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Colorimetric
VLDL CHOLESTEROL, Serum	22.1	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	3.2	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	1.8	0-3.5 Ratio	Calculated

<sup>\*</sup>Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate \*\*\* End Of Report \*\*









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# MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/2D ECHO KIDNEY FUNCTION TESTS

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
BLOOD UREA, Serum	10.4	12.8-42.8 mg/dl	Kinetic
BUN, Serum	4.9	6-20 mg/dl	Calculated
CREATININE, Serum	0.67	0.51-0.95 mg/dl	Enzymatic
eGFR, Serum	98	>60 ml/min/1.73sqm	Calculated
TOTAL PROTEINS, Serum	6.9	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	4.5	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	2.4	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.9	1 - 2	Calculated
URIC ACID, Serum	4.1	2.4-5.7 mg/dl	Enzymatic
PHOSPHORUS, Serum	4.0	2.7-4.5 mg/dl	Molybdate UV
CALCIUM, Serum	9.5	8.6-10.0 mg/dl	N-BAPTA
SODIUM, Serum	141	135-148 mmol/l	ISE
POTASSIUM, Serum	5.1	3.5-5.3 mmol/l	ISE
CHLORIDE, Serum	103	98-107 mmol/l	ISE

<sup>\*</sup>Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate
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Pathologist

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# MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/2D ECHO THYROID FUNCTION TESTS

PARAMETER

RESULTS

**BIOLOGICAL REF RANGE** 

**METHOD** 

Free T3, Serum

3.6

2.6-5.7 pmol/L

CMIA

Kindly note change in reference range and method w.e.f. 16/08/2019

Free T4, Serum

12.0

9-19 pmol/L

CMIA

Pregnant Women (pmol/L): First Trimester: 9.0-24.7 Second Trimester: 6.4-20.59 Third Trimester: 6.4-20.59

Kindly note change in reference range and method w.e.f. 16/08/2019

sensitiveTSH, Serum

1.28

0.35-4.94 microIU/ml

CMIA

Pregnant Women (microIU/ml): First Trimester: 0.1-2.5 Second Trimester: 0.2-3.0 Third Trimester: 0.3-3.0

Kindly note change in reference range and method w.e.f. 16/08/2019. NOTE: 1) TSH values between 5.5 to 15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH. 2) TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal & heart failure, severe burns, trauma & surgery etc.

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#### Interpretation:

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

#### Clinical Significance:

- 1)TSH Values between 5.5 to 15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH.
- 2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections, liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.

Diurnal Variation: TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation: 19.7% (with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid, TSH receptor Antibody, Thyroglobulin, Calcitonin

Limitations: Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.

#### Reference

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2.Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3. Tietz , Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4. Biological Variation: From principles to Practice-Callum G Fraser (AACC Press)

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# MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/2D ECHO LIVER FUNCTION TESTS

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
BILIRUBIN (TOTAL), Serum	0.73	0.1-1.2 mg/dl	Colorimetric
BILIRUBIN (DIRECT), Serum	0.35	0-0.3 mg/dl	Diazo
BILIRUBIN (INDIRECT), Serum	0.38	0.1-1.0 mg/dl	Calculated
TOTAL PROTEINS, Serum	6.9	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	4.5	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	2.4	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.9	1 - 2	Calculated
SGOT (AST), Serum	29.8	5-32 U/L	NADH (w/o P-5-P)
SGPT (ALT), Serum	48.3	5-33 U/L	NADH (w/o P-5-P)
GAMMA GT, Serum	26.8	3-40 U/L	Enzymatic
ALKALINE PHOSPHATASE, Serum	59.7	35-105 U/L	Colorimetric

<sup>\*</sup>Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate \*\*\* End Of Report \*\*\*









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Name: Mos sneha Deshpanche Sex/Age: 534n/F

CID: 22 04500 387

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Date: 14/2/22

#### EYE EXAMINATION

#### VISION

Distance Vision Without Glasses	Right Eye & C	Left Eye 6/6
Distance Vision With Glasses	Right Eye	Left Eye
Near Vision Without Glasses	Right Eye	Left Eye
Near Vision With Glasses	Right Eye	Left Eye

GENERAL EXAMINATION:

LIDS CORNEA CONJUCTIVAE **EYE MOVEMENTS COLOUR VISION** 

DR I.U.BAMB

M.B.B.S MD (Medicine)

Reg No 39452

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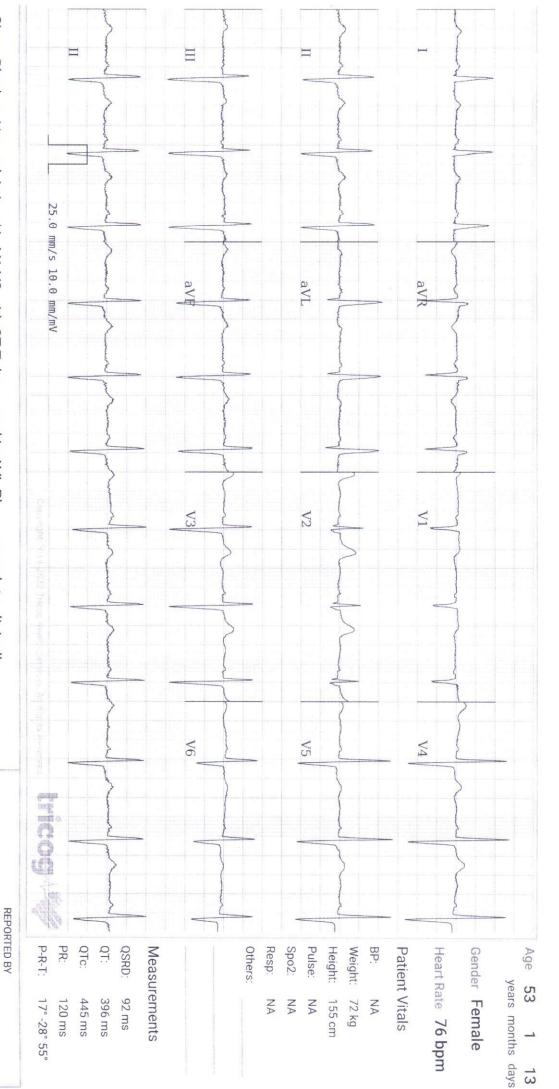
# SUBURBAN DIAGNOSTICS - SWARGATE, PUNE

Patient Name: DESHPANDE SNEHA SHIRISH

Date and Time: 14th Feb 22 9:22 AM

13

Patient ID: 2204500387



Sinus Rhythm, Normal Axis, q' in V1 V2 with STT depressed in AVL. Please correlate clinically.

Suburban Diagnostics PVT, LTD. Scraph Centre, Opp. Pentagon Mail,

M.B.B.S

DR ISHWARLAL BAMB

17° -28° 55° 120 ms

M.B.B.S MD (MEDICINE) cardiologist 39452



Age /Sex: 53/F

Patient Name: Mrs. Sneha Deshpande

Ref: Arcofemi Health Care

Date: 14/02/2022

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#### **2D ECHO REPORT**

### Findings:-

- > Normal chamber dimensions
- > No Regional wall motion abnormality.
- > No concentric LVH
- ➤ Good LV systolic function, LVEF-60%
- > Normal cardiac valves
- > Intact IAS/IVS.
- ➤ No LV Clot /PE/Vegetation.

#### DOPPLER:-

- No LV DD
- No PH, RVSP- 20 mm HG
- No AS/AR/Trivial MR/Grade I TR

Measurements (mm):- AO-30, LA-26, IVS-9, PW-9, LVIDd-42, LVIDs-28, LVEF-60%

Impression:- NORMAL STUDY WITH GOOD LV FUNCTION (LVEF-60%)

Dr RAJESH WAGH

MD (MEDICINE), DM (CARDIOLOGY).

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: 2204500387

Name

: Mrs DESHPANDE SNEHA SHIRISH

Age / Sex

: 53 Years/Female

Ref. Dr

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Reg. Location: Swargate, Pune Main Centre

Reg. Date

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## **USG WHOLE ABDOMEN**

LIVER: Normal in size (measures 14.2 cms) and shows generalised increased echogenicity. No IHBR dilatation. Hepatic veins appear normal. Portal vein and common bile duct show normal caliber.

GALL BLADDER: Partially distended. No evidence of any pericholecystic collection.

PANCREAS: Normal in size and echotexture. Pancreatic duct is normal.

SPLEEN: Normal in size and echopattern. No focal lesion. Splenic vein is normal.

RIGHT KIDNEY: Measures 9.6 x 4.1 cm. Normal in size and echogenicity. No calculus or hydronephrosis. Corticomedullary differentiation is maintained.

**LEFT KIDNEY**: Measures 10.5 x 4.5 cm. Normal in size and echogenicity. No calculus or hydronephrosis. Corticomedullary differentiation is maintained.

# Retroperitonium and flanks obscured due to bowel gas.

Paraaortic and paracaval region appears to be normal.

No evidence of lymphnodes noted.

No free fluid in abdomen.

URINARY BLADDER: Well distended. No calculi. Wall thickness is normal.

UTERUS and left ovary : Not visualised -post operative status.

Right ovary is normal and measures 2.9 x 2.3 cm.

IMPRESSION: Normal size liver with fatty changes.

Clinical correlation is indicated.

-----End of Report-----

This report is prepared and physically checked by Dr Nikhil Joshi before dispatch.

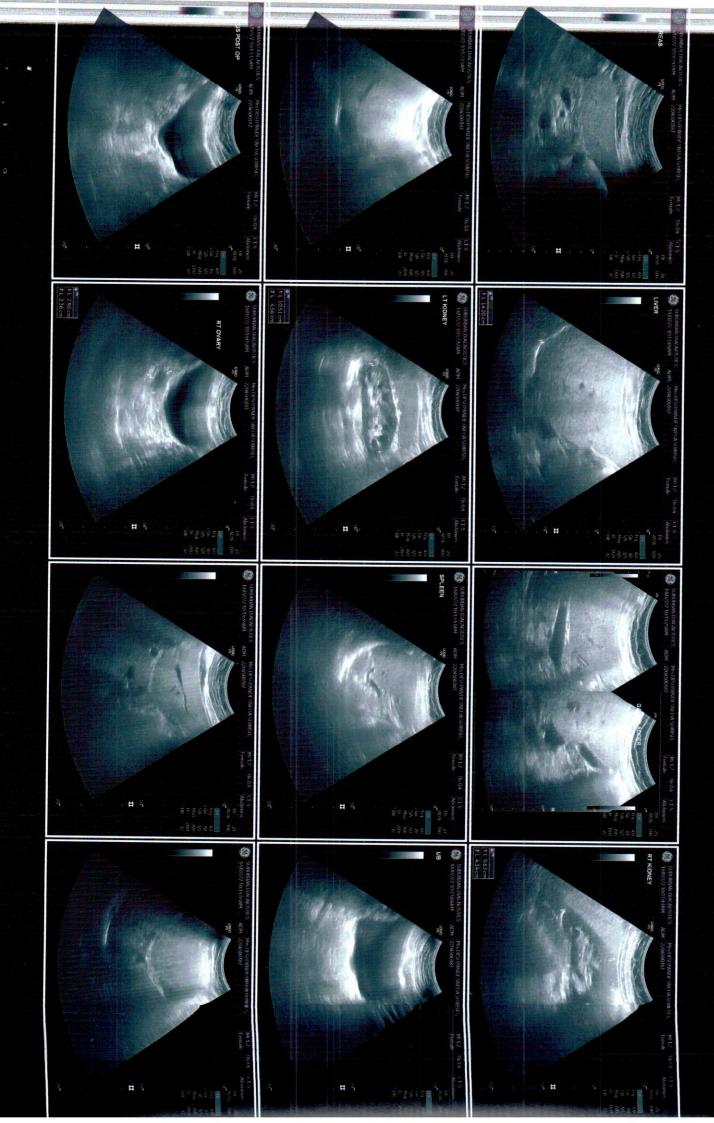
DR. NIKHIL G. JOSHI M.B.B.S., D.M.R.E. REG. NO. 2001/02/397

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CENTRAL PROCESSING LAB: 2nd Floor, Aston, Sundervan Complex, Above Mercedes Showroom, Andheri West, Mumbai - 400053





: 2204500387

Name

: Mrs DESHPANDE SNEHA SHIRISH

Age / Sex

: 53 Years/Female

Ref. Dr

.

Reg. Location: Swargate, Pune Main Centre

Reg. Date

Reported

g. Date

Use a QR Code Scanner Application To Scan the Code

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: 14-Feb-2022 / 09:56

: 14-Feb-2022 / 09:57

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X-RAY CHEST PA VIEW

The lung fields are clear with no parenchymal lesion.

The cardiothoracic ratio is maintained and the cardiac outline is normal.

The domes of the diaphragm are normal.

The cardio and costophrenic angles are clear.

Bony thorax is normal.

<u>IMPRESSION</u>: Essentially normal X-ray of the chest.

Clinical corelation is indicated.

-----End of Report-----

This report is prepared and physically checked by Dr Nikhil Joshi before dispatch.

DR. NIKHIL G. JOSHI M.B.B.S., D.M.R.E. REG. NO. 2001/02/397

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## भारत सरकार GOVERNMENT OF INDIA



स्नेहा शिरीष देशपांडे Sneha Shirish Deshpande जन्म वर्ष / Year of Birth : 1969 स्त्री / Female

9367 3828 2999



आधार – सामान्य माणसाचा अधिकार

Stort grude

SUBURBAN DIAGNOSTICS PVT. LTD.
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Tel: 020-41094509



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Name

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E

: MRS.SNEHA SHIRISH DESHPANDE Age / Gender : 53 Years/Female : 14-Feb-2022 / 08:12 Consulting Dr. :-Collected : 14-Feb-2022 / 08:12 Reported

Reg.Location : Swargate, Pune (Main Centre) : 14-Feb-2022 / 18:56 Printed : 14-Feb-2022 / 18:59

# MAMMOGRAPHY

Both mammograms have been performed with cranio-caudal (CC) and medio-lateral oblique (MLO)

Mixed fatty and dense fibroglandular pattern is noted in both breasts limiting optimal evaluation. No evidence of focal asymmetric density / spiculated high density mass lesion / retraction/clusters of No abnormal skin thickening is seen.

Sonomammography of both breasts show normal parenchymal echotexture.

No focal solid or cystic lesion is seen. No obvious focal area of altered echoes seen on both sides. No evidence of enlarged axillary lymphnode is seen on either side.

# **IMPRESSION:**

Normal mammography and sonomamography of both breasts. ACR BIRADS CATEGORY I

# SUGGEST:

Follow up mammography after one year is suggested. Please bring all the films for comparison.

# ACR BIRADS CATEGORY

I Renian finding	breast imaging reporting and data system]. _IV Suspicious (Indeterminate). _V Highly suggestive of malignancy.
Investigation	

Investigations have their limitations. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly.

\*\*\* End Of Report \*\*\*

Dr.ANURADHA KELKAR M.D (Radiologist)

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