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- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MRS NAYANA GAYAKWAD
 Referred By Dr : MEDIWHEEL
 Sex : FEMAL Age : 41 Years
 Collected At : MAHAVIR NAGAR MAIN BRANCH

Lab No. : JGB8271 *JGB8271*
 Reg. Date : 23-Jul-2022 9:30 am
 Report Date : 23-Jul-2022 3:49 pm
 Print Date : 25-Jul-2022 1:41 pm

BIOCHEMISTRY REPORT

| TEST | RESULT | NORMAL VALUES |
|---------------------------|--------|---------------|
| Blood Urea Nitrogen (BUN) | 10.00 | 5 - 20 mg/dl |

----- End of Report -----

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PRANALI

DR. BHAVINI KAMDAR
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

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HEALTHCARE

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BIOCHEMISTRY REPORT (SERUM)

| TEST | RESULT | UNITS | NORMAL VALUES |
|-----------------|--------|-------|------------------------|
| Serum Uric Acid | 5.0 | mg% | Female : 2.4 - 5.7 mg% |

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BLOOD GROUP

| TEST | RESULT |
|-------------|----------|
| Blood Group | 'B' |
| Rh Factor | Positive |

----- End of Report -----

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BLOOD SUGAR REPORT

| TEST | RESULT | UNITS | NORMAL VALUES |
|-----------------------------|--------|-------|--|
| BLOOD SUGAR FASTING | 86.4 | mg/dL | Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occasion) |
| BLOOD SUGAR (Post prandial) | 95.5 | mg/dl | Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: >= 200 (on more than one occasion) |
| URINE SUGAR (Fasting) | Absent | | |
| URINE SUGAR (Post prandial) | Absent | | |

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

Comment:

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

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COMPLETE BLOOD COUNT

| TEST | RESULT | UNITS | NORMAL VALUES |
|----------------------------|-------------------------|-------------|--------------------------------------|
| Haemoglobin | 12.3 | gm % | Female : 11.5 - 14.5 gm% |
| Erythrocytes (Total RBCs) | 4.18 | mill. / cmm | Female : 3.8 - 5.2 mill. / cmm |
| PCV | 36.4 | % | Female : 32 - 47 % |
| MCV | 86.90 | fl | 80- 96 fl |
| MCH | 29.40 | pg | 27 - 32 pg |
| MCHC | 33.80 | gm% | 32 - 37 gm% |
| RDW | 13.1 | % | 12 - 14.5 |
| TOTAL WBC COUNT | | | |
| TOTAL WBC COUNT | 6500 | / cumm | 4,000 - 11,000 |
| DIFFERENTIAL COUNT | | | |
| Neutrophils | 63 | % | 40 - 75 |
| Lymphocytes | 32 | % | 20 - 40 |
| Eosinophils | 03 | % | 0 - 6 |
| Monocytes | 02 | % | 2 - 8 |
| Platelet count | 314000 | Lacs/cmm | 150000-450000 |
| PERIPHERAL SMEAR | | | |
| RBC Morphology | Normocytic Normochromic | | |
| WBC Morphology | Normal | | |
| Platelets Morphology | Adequate | | |
| ESR (westergren's method) | 32 | mm/hr | Male: 0 - 10 mm Female: 0 - 20 mm |

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eGFR / CREATININE

| TEST | RESULT | UNITS | NORMAL VALUES |
|--------------------|--------|--------|-----------------|
| CREATININE | 0.61 | mg/dl | 0.5 - 1.5 mg/dl |
| Age of the Patient | 41 | | |
| eGFR | 114.88 | ml/min | |

eGFR calculation based on MDRD guideline 2012

REFERENCE RANGE FOR CREATININE CLEARANCE ml/min

| AGE | MALES | FEMALES | AGE | MALES | FEMALES |
|-------|--------|---------|-------|-------|---------|
| 20-29 | 94-140 | 72-121 | 60-69 | 54-98 | 45-75 |
| 30-39 | 89-137 | 71-110 | 70-79 | 49-79 | 37-61 |
| 40-49 | 76-120 | 50-102 | 80-89 | 30-60 | 27-55 |
| 50-59 | 67-109 | 50-102 | 90-99 | 26-44 | 26-42 |

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HBA1C

| TEST | RESULT | UNITS | NORMAL VALUES |
|---------------------------|--------|-------|---------------|
| HBA1C | 5.1 | % | 4 - 5.7 % |
| ESTIMATED AVERAGE GLUCOSE | 99.67 | | |
| METHOD : NEPHELOMETRY | | | |

DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%
 Impaired glucose tolerance: 5.8% to 6.4%
 Diabetes: 6.5% or more

CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less
 Fair control: 7.0% to 8.0%
 Poor control: More than 8.0%

Comment :

HbA1c values should not be used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

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LIPID PROFILE

| TEST | RESULT | UNITS | NORMAL VALUES |
|-------------------|--------|---------|---|
| SR. CHOLESTEROL | 178 | mg / dl | Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl |
| SR. TRIGLYCERIDES | 70 | mg / dl | Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl |
| HDL CHOLESTEROL | 46 | mg / dl | 40 - 60 mg / dl |
| VLDL | 14.00 | mg / dl | 6 - 38 mg / dl |
| LDL CHOLESTEROL | 118.00 | mg / dl | Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl |
| CHOLESTEROL / HDL | 3.87 | | < 5 |
| LDL / HDL | 2.57 | | < 3.5 |

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL
 Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MRS NAYANA GAYAKWAD
Referred By Dr : MEDIWHEEL
Sex : FEMAL Age : 41 Years
Collected At : MAHAVIR NAGAR MAIN BRANCH

Lab No. : JGB8271 *JGB8271*
Reg. Date : 23-Jul-2022 9:30 am
Report Date : 23-Jul-2022 3:49 pm
Print Date : 25-Jul-2022 1:41 pm

LIVER FUNCTION TESTS

| TEST | RESULT | UNITS | NORMAL VALUES |
|----------------------|-------------|---------|--|
| Bilirubin Total | 0.6 | mg / dl | 0.5 - 1.0 mg / dl |
| Bilirubin Direct | 0.14 | mg / dl | 0.1 - 0.3 mg / dl |
| Bilirubin Indirect | 0.46 | mg/dl | UPTO 0.8 mg / dl |
| S.G.P.T. | 15.90 | U / L | Up to 49 U / L |
| S.G.O.T. | 15.60 | U / L | Up to 46 U / L |
| Alkaline Phosphatase | 89.00 | U/l | 4 - 15 Years: 54 - 369 U/l 20 - 59 Years: 42 - 98 U/l > 60 Years: 53 - 141 U/l |
| Total Proteins | 7.23 | gm / dl | 6 - 8 gm / dl |
| Albumin | 3.72 | gm / dl | 3.2 - 5.5 gm / dl |
| Globulin | 3.51 | mg/dl | 2 - 3.5 mg / dl |
| A / G Ratio | 1.06 | | 1.0- 2.3 |
| GGT | 12 | IU/L | 5 - 50 IU/L |

----- End of Report -----

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

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ROUTINE URINE EXAMINATION

| TEST | RESULT |
|---|--------------|
| PHYSICAL EXAMINATION | |
| Quantity | 15 ml |
| Colour | Pale yellow |
| Appearance | clear |
| Deposit | Absent |
| pH | Acidic (5.0) |
| Specific Gravity | 1.020 |
| CHEMICAL EXAMINATION | |
| Proteins | Absent |
| Sugar | Absent |
| Ketone | Absent |
| Occult Blood | Absent |
| Bile Pigment | Absent |
| Bile Salts | Absent |
| Urobilinogen | Normal |
| MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT | |
| Red Blood Cells | Absent |
| Pus Cells | 1-2/ hpf |
| Epithelial Cells | 1-2/ hpf |
| Casts | Not seen |
| Crystals | Not seen |
| Yeast | Not seen |
| Bacteria | Absent |

----- End of Report -----

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THYROID FUNCTION TEST

| TEST | RESULT | UNITS | NORMAL VALUES |
|-----------------------------------|--------|--------|--------------------|
| T3 [Tri - iodothyronine] | 140 | ng/dl | 55 - 180 ng/dl |
| Method | ELFA | | |
| T4 [Thyroxine] | 9.5 | ug/dl | 4.66 - 10.50 ug/dl |
| Method | ELFA | | |
| TSH [Thyroid Stimulating Hormone] | 0.96 | uIU/mL | 0.25 - 5.0 uIU/mL |
| Method | ELFA | | |

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.

----- End of Report -----

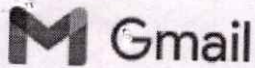
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Health Check up Booking Confirmed Request(bobS13953),Package Code-PKG10000243, Beneficiary Code-69850

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Fri, Jul 22, 2022 at 3:59 PM

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We have received the confirmation for the following booking .

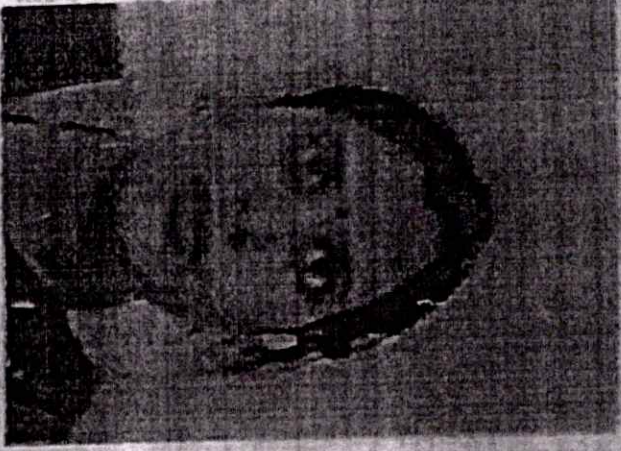
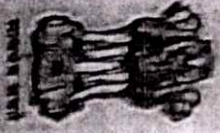
Beneficiary Name : PKG10000243**Beneficiary Name :** Nayna y gaikwad**Member Age :** 41**Member Gender :** Female**Member Relation :** Spouse**Package Name :** Medi-Wheel Metro Full Body Health Checkup Female Above 40**Location :** MUMBAI,Maharashtra-400103**Contact Details :** 7247519579**Booking Date :** 17-07-2022**Appointment Date :** 23-07-2022**Instructions to undergo Health Check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.



भारत सरकार

Government of India

नयना योगेश गायकवाड

Nayna Yogesh Gaikwad

पति : योगेश भौसाहेब गायकवाड

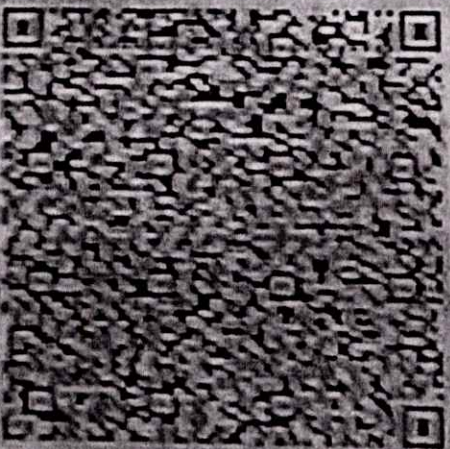
Husband : Yogesh Bhausahab Gaikwad

जन्म वर्ष / Year of Birth : 1979

महिला / Female

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मुख्य प्रबंधक / Chief Manager
मोंटेन्ट प्वाँन्स/Mount Ponsant Pt.
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Reg. No.: 2018115643

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

| | | | |
|------------------------|-------------------------|--------------|------------|
| NAME: | MRS NAYNA GAIKWAD | DATE: | 23/07/2022 |
| HEIGHT: 160 CMS | WEIGHT: 74.4 KGS | AGE: | 41 YRS |
| REFERRED BY: | MEDIWHEEL | SEX: | FEMALE |

PRESENT COMPLAIN: NIL

CURRENT MEDICATION: NIL

PAST HISTORY: LSCS DONE IN 2006 AND 2012.

ALLERGY: NIL **HABITS:** NIL **APPETITE:** GOOD

SLEEP: GOOD **BLADDER:** NAD **BOWEL:** NAD

MENSES: REGULAR. NO COMPLAINTS. G3P2A1L2

FAMILY HISTORY: MOTHER: HTN, FATHER: HTN.

GENERAL EXAMINATION: **ADVICE-**

P: 110/min BP: 120/70 mm of hg
SPO2-97%

ICTERUS: NIL **OEDEMA:** NIL

OTHERS: NAD

RS: NAD

CVS: NAD

PA: NAD

CNS: NAD

*Consult. Cardiologist
Fit for employment
Avoid oily fried food.*

For
DR. NAVEEN RAI
MBBS, DIPLOMA CARDIOLOGY (FGDCC)
DR. Y. J. MEHTA
MBBS, MD

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

EYE CHECK UP & COLOUR VISION

| | | | |
|-------------------------|--|----------------|-------|
| NAME: MRS NAYNA GAIKWAD | | DATE: 23/07/22 | |
| REF. BY: MEDIWHEEL | | AGE: 41YRS | SEX:F |

| | RIGHT EYE | LEFT EYE |
|------------------|-----------|----------|
| CORNEA | NORMAL | NORMAL |
| PUPIL | NORMAL | NORMAL |
| SCLERA | NORMAL | NORMAL |
| EYE MOVEMENTS | NORMAL | NORMAL |
| REFRACTIVE ERROR | NORMAL | NORMAL |
| COLOUR VISION | NORMAL | NORMAL |

NO H/O SQUINT, CATARACT, GLAUCOMA, INFLAMMATION, REDNESS, CONJUNCTIVITIS, STYE, CHALAZION

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

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| | | | |
|-------------|-------------------|------|------------|
| NAME | MRS NAYNA GAIKWAD | DATE | 23/07/2022 |
| PATIENT ID | | AGE | 41YRS |
| REFERRED BY | MEDIWHEEL | SEX | F |

GYNAEC / OBST. CHECK-UP

PRESENT COMPLAINTS: NIL

CURRENT MEDICATION: NIL

PRESENT MENSTRUAL HISTORY: REGULAR MENSES, NO LEUCORRHOEA, NO MENORRHAGIA, NO CLOTS

GYNAEC HISTORY:

LMP: 04/07/2022

OBST HISTORY: G3P2A1L2. LSCS DONE IN 2006 AND 2012

BREAST EXAM: B/L SYMMETRY, NO LUMPS, NO DISCOLOURATION, NO DISCHARGE

Paul
Healthcare
 Mahavir Suryadarshan Soc.
 Satya Nagar Road, Mahavir Nagar,
 Kandivali (W), Mumbai - 400 067
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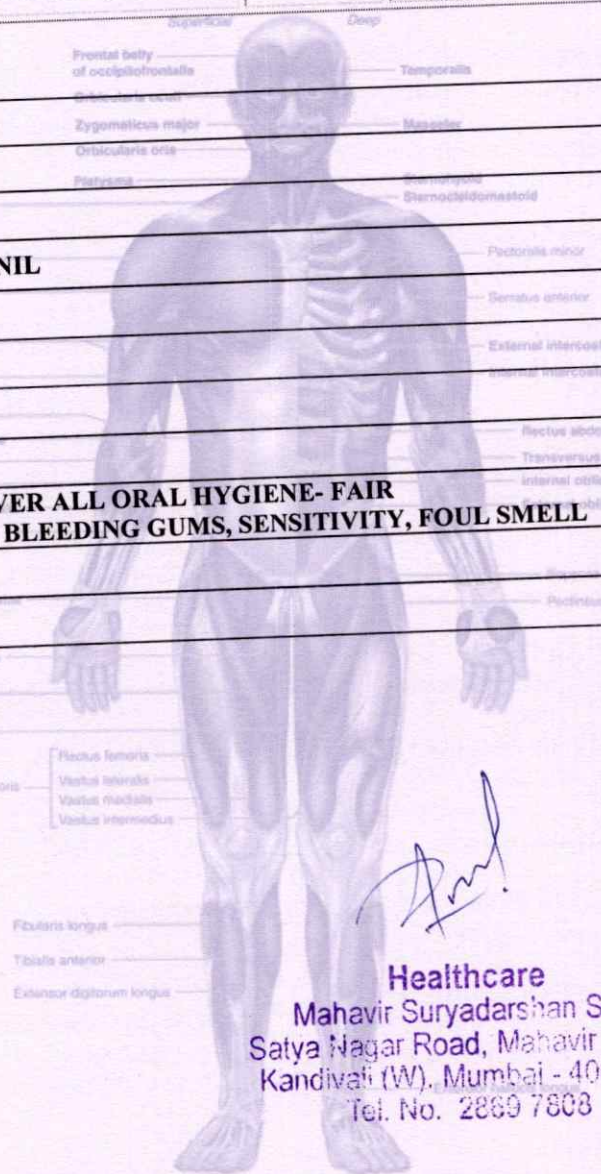
HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

DENTAL CHECK UP

| | | | |
|-------------|-------------------|-------|------------|
| NAME | MRS NAYNA GAIKWAD | DATE | 23/07/2022 |
| REFERRED BY | MEDIWHEEL | AGE - | 34 YRS |
| | | SEX | F |

| |
|--|
| CHIEF COMPLAINT :NIL |
| PAST DENTAL HISTORY :NIL |
| HABITS :NIL |
| ORAL EXAMINATION :OVER ALL ORAL HYGIENE- FAIR NO E/O MOUTH ULCERS, BLEEDING GUMS, SENSITIVITY, FOUL SMELL |



[Handwritten Signature]

Healthcare
 Mahavir Suryadarshan Soc.
 Satya Nagar Road, Mahavir Nagar,
 Kandivali (W), Mumbai - 400 067
 Tel. No. 2869 7808

(a) Anterior view

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DATE: 23/7/22

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TO,

Medinshel

This is regarding your client Miss/Mrs/Mr. Nayna

Garkwood

Visited to our centre on 23/7/22 for

her/his proposed tests. All tests are done as scheduled except

Pending/skipped tests: Stool routine

Reason: Client not willing

We are canceling / will reschedule it as per her/his convenience.

Thank you.

[Signature]
Dr. NUPUR RAI
 MBBS, DIPLOMA CARDIOLOGY (PGDCC)
 Reg. No.: 2018115643

[Signature]

Client's sign

Healthcare
 Mahavir Suryadarshan Soc.
 Satya Nagar Road, Satya Nagar,
 Kandivali (W), Mumbai - 400067
 Tel. No. 2869 7808
Medical Examiner

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| | | | |
|--------------------|----------------------------|-------------|-------------------|
| NAME | MRS NAYANA GAYAKWAD | DATE | 23.07.2022 |
| | | AGE | 41YRS |
| REF. BY DR. | MEDIWHEEL | SEX | FEMALE |

X-RAY CHEST (PAVIEW).

The lungs on the either side show equal translucency.

The pleural spaces are normal.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

IMPRESSION :

NO EVIDENCE OF PLEURAL OR PARENCHYMAL PATHOLOGY IS NOTED.

Correlate clinically.

DR .SACHIN JADKAR
(Consultant Radiologist)

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly

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| | | | |
|-------------------|----------------------------|-------------|-------------------|
| NAME | MRS NAYANA GAYAKWAD | DATE | 23.07.2022 |
| | | AGE | 41 YRS |
| REF. BY DR | MEDIWHEEL | SEX | FEMALE |

REAL TIME ABDOMINAL SONOGRAPHY SHOWS ,

LIVER : Liver is normal in size showing homogenous parenchymal echotexture . There is no evidence of solid or cystic mass .The portal and the hepatic venous system appears normal.

Gall bladder : The Gall bladder is well distended .The gall bladder wall of normal thickness . No evidence of gall stones.

PANCREAS : Pancreas is normal in size with smooth margin and homogenous parenchymal echotexture. No focal lesion seen.

KIDNEYS : Both kidneys are normal in size and shows homogenous cortical echotexture. Central calyceal echoes appears normal. There is no evidence of hydronephrosis or renal calculus.

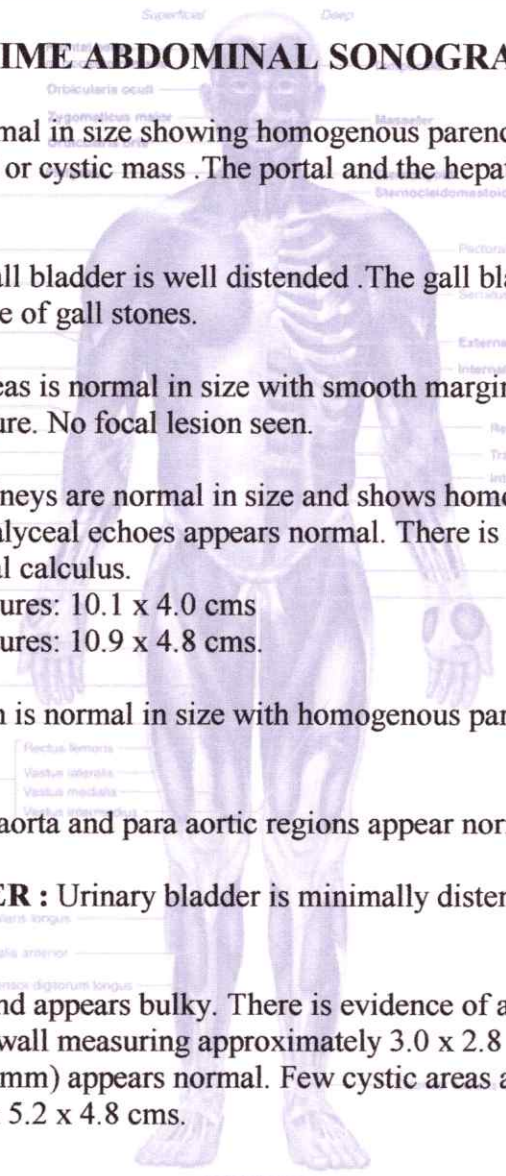
- (a) Right kidney measures: 10.1 x 4.0 cms
- (b) Left kidney measures: 10.9 x 4.8 cms.

SPLEEN : The spleen is normal in size with homogenous parenchymal echotexture. No focal lesion are seen.

AORTA : The upper aorta and para aortic regions appear normal.

URINARY BLADDER : Urinary bladder is minimally distended.

UTERUS (TVS): Uterus is anteverted and appears bulky. There is evidence of a intramural heterogenous lesion in the posterior wall measuring approximately 3.0 x 2.8 cm. Endometrial lining (7 mm) appears normal. Few cystic areas are noted within. Uterus measures: 8.3 x 5.2 x 4.8 cms.



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|-------------------|----------------------------|-------------|-------------------|
| NAME | MRS NAYANA GAYAKWAD | DATE | 23.07.2022 |
| | | AGE | 41 YRS |
| REF. BY DR | MEDIWHEEL | SEX | FEMALE |

ADNEXA :

Right ovary is normal in size and shows homogenous echo pattern. No evidence of focal lesion. Right ovary measures: 2.3 x 1.1 cm.

Left ovary is normal in size and shows homogenous echo pattern. No evidence of focal lesion. Left ovary measures: 2.4 x 1.3 cm.

No evidence of free fluid.

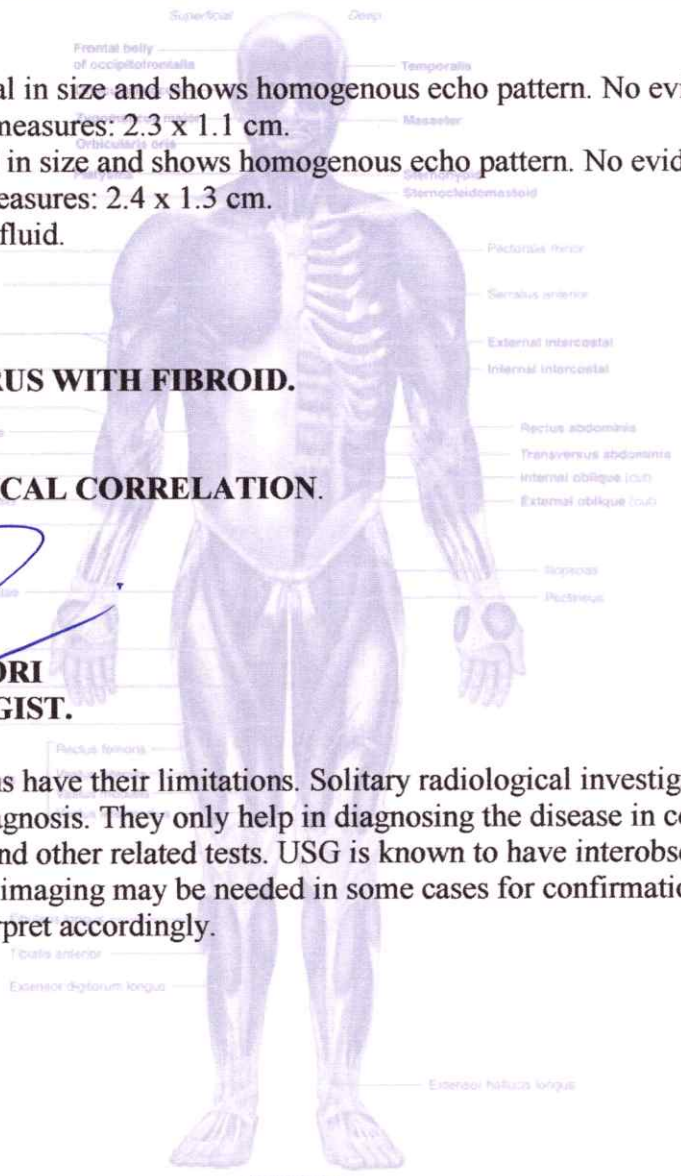
IMPRESSION :

- **BULKY UTERUS WITH FIBROID.**

SUGGEST: CLINICAL CORRELATION.

DR. BHAVESH GORI
CONS. RADIOLOGIST.

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variation. Further / Follow-up imaging may be needed in some cases for confirmation of USG findings. Please interpret accordingly.



(a) Anterior view

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| | | | |
|----------------------|----------------------------|-------------|-------------------|
| NAME | MRS NAYANA GAYAKWAD | DATE | 23.07.2022 |
| INVESTIGATION | SONO MAMMO | AGE | 41YRS |
| REF. BY DR. | MEDIWHEEL | SEX | FEMALE |

SONOMAMMOGRAPHY OF BOTH BREASTS

Breast tissue is predominantly fibro-glandular parenchyma..

There is no focal hypo or hyperechoic solid / cystic lesion in both breasts.

The retromammary region is normal.

No dilated tubular structure seen.

There is no appreciable lymphnode in both axillas.

IMPRESSION:

Normal sonomammography findings.

Suggest: Clinical correlation/ Mammography.

DR. BHAVESH GORI

CONS. RADIOLOGIST.

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variation. Further / Follow-up imaging may be needed in some cases for confirmation of USG findings. Please interpret accordingly.

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ELECTROCARDIOGRAM (ECG)

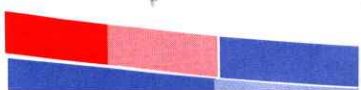
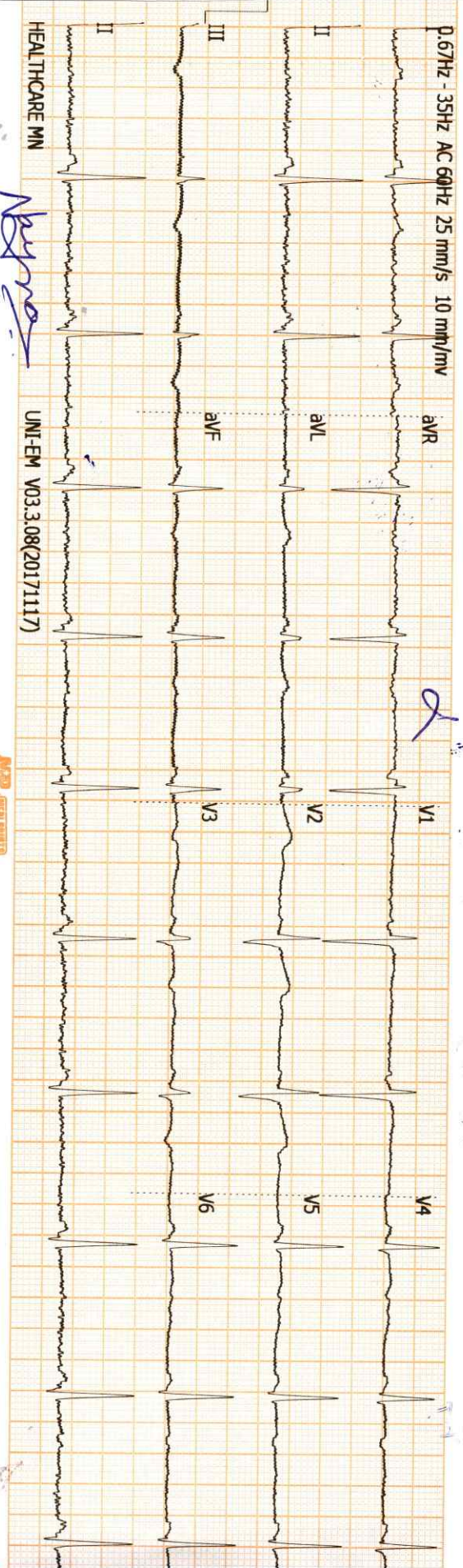
MRS NAYANA GAVAKWAD
EJGB8271
23-Jul-2022
ECG

PATIENT MRS Nayana Gavakwad AGE 41 SEX F
 REF. BY DR. Medhmel DATE 23/7/2022

INTERPRETATION : T wave inversion in V3-V6, & T waves leads.

Dr. Byr
 Dr. NUPUR RAI
 MBBS, DIPLOMA CARDIOLOGY (PGDCC)
 Reg. No.: 2018115643

Healthcare
 Mahavir Stryadarsan Soc.
 Salya Nagar Road, Mahavir Nagar,
 Kandivalli (W), Mumbai - 400 067
 Tel. No. 2869 7808



History :

B.P. :

Drugs :

Standard :

Auricular Rate : 62 bpm

Ventricular Rate : 62 bpm

Rhythm : NS

Mechanism :

Voltage :

Axis :

P. Waves :

PR Interval :

Q. Waves : (NS)

QRS Interval :

ST Segment :

T. Waves :

QT Interval :

Extra Systoles :

REMARKS & CONCLUSIONS :

T wave inversion in V3-V6 & If leads

MAHAVIR SURYADARSHAN SOC SATYANAGAR ROAD
 MAHAVIR NAGAR KANDIVALI WEST 400068

MRS NAYANA GAIKWAD
 ID : 385
 DATE : 23/07/2022
 AGE/SEX : 41 / F
 HT/WT : 160 / 74
 REF. BY : MEDIMWHEEL

TREADMILL TEST REPORT
 PROTOCOL : Bruce
 HISTORY : Checkup/Physical fitness,
 INDICATION :
 MEDICATION : NONE

| PHASE | TOTAL TIME | STAGE TIME | SPEED Km/Hr | GRADE % | H.R. bpm | B.P. mmHg | RPP x100 | ST LEVEL (MM) | | | METS |
|-------------|------------|------------|-------------|---------|----------|-----------|----------|---------------|-----|------|------|
| | | | | | | | | II | V1 | V5 | |
| STANDING | | | | | 80 | 120 / 70 | 96 | 0.1 | 0.2 | 0 | |
| SUPINE | | | | | 73 | 120 / 70 | 87 | 0.1 | 0.6 | -0.1 | |
| HYPERVENT | | | | | 72 | 120 / 70 | 86 | -0.1 | 0.8 | -0.2 | |
| Stage 1 | 2:55 | 2:55 | 2.7 | 10 | 147 | 130 / 70 | 191 | 0.5 | 0.1 | 0 | 4.67 |
| Stage 2 | 5:55 | 2:55 | 4 | 12 | 166 | 140 / 80 | 232 | 1 | 0.4 | 0.4 | 7.04 |
| PK-EXERCISE | 8:3 | 2:3 | 5.4 | 14 | 171 | 150 / 90 | 256 | 2.1 | 0.7 | 0.9 | 9.08 |
| RECOVERY | 9:9 | 0:58 | | | 137 | 140 / 80 | 191 | 2.3 | 0.5 | 0.5 | |
| RECOVERY | 10:0 | 1:49 | | | 115 | 130 / 70 | 149 | 2.4 | 0.2 | 0.2 | |
| RECOVERY | 11:6 | 2:55 | | | 105 | 120 / 70 | 126 | 1.3 | 0.6 | 0.8 | |

RESULTS

EXERCISE DURATION : 8:3
 MAX HEART RATE : 171 bpm
 MAX BLOOD PRESSURE : 150 / 90 mm Hg
 REASON OF TERMINATION : Achieved THR,
 BP RESPONSE : Normal,
 ARRHYTHMIA : None,
 H.R. RESPONSE : Normal Chronotropic Response,
IMPRESSIONS :
 FAIR EFFORT TOLERANCE,
 NO ANGINA, ~~NO ARRHYTHMIA~~,
 NORMAL HR, BP RESPONSE,
 NO SIGNIFICANT ST CHANGES NOTED DURING TEST AS COMPARED TO BASELINE ECG,
 STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA,

MAX WORK LOAD : 9.08 METS

ISOLATED VPC SEEN IN HYPERVENTILATION PHASE

Dr. NUPUR RAI
 MBBS, DIPLOMA CARDIOLOGY (PGDCC)
 Reg. No.: 2018115643

Healthcare
 Mahavir Suryadarshan Soc.
 Satya Nagar Road, Mahavir Nagar,
 Kandivali (W), Mumbai - 400 067
 Tel. No. 2869 7808

Technician : 1

YOGESH MEHTA (MD)

HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS NAYANA GAIKWAD
I.D. 385
Age 41/F
Date 23/07/2022

RATE 80bpm
B.P. 120/70

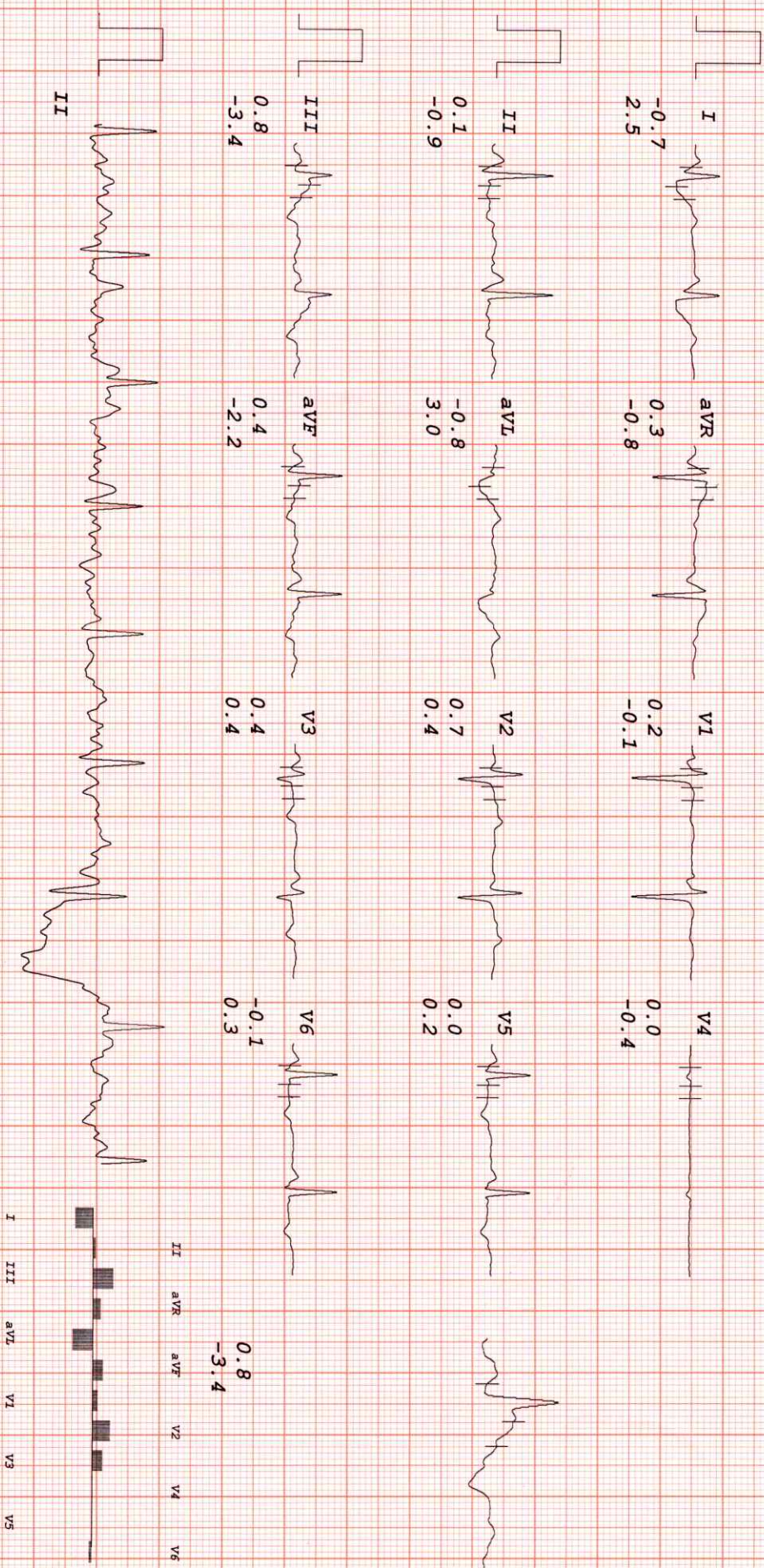
PRETEST
STANDING

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN

Mag. X 2

III



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS NAYANA GAIKWAD
I.D. 385
Age 41/F
Date 23/07/2022

RATE 73bpm
B.P. 120/70

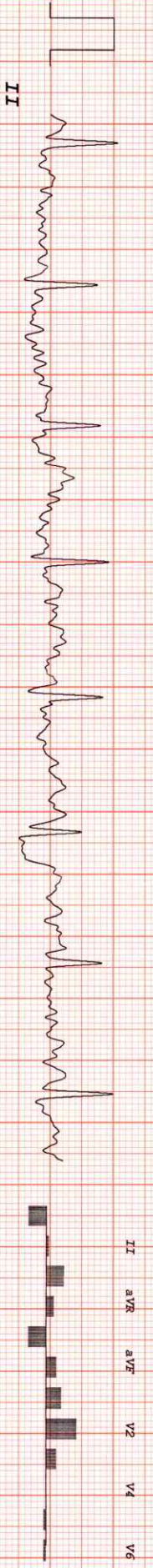
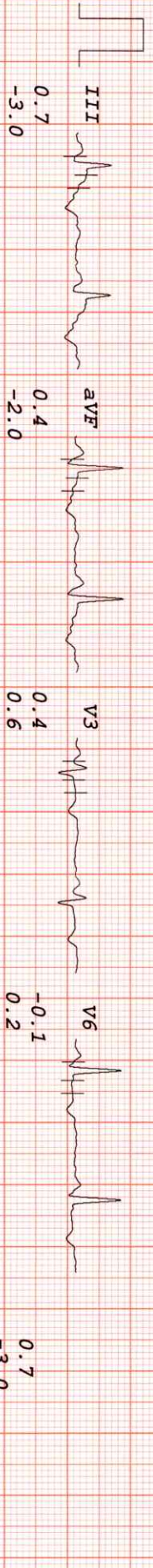
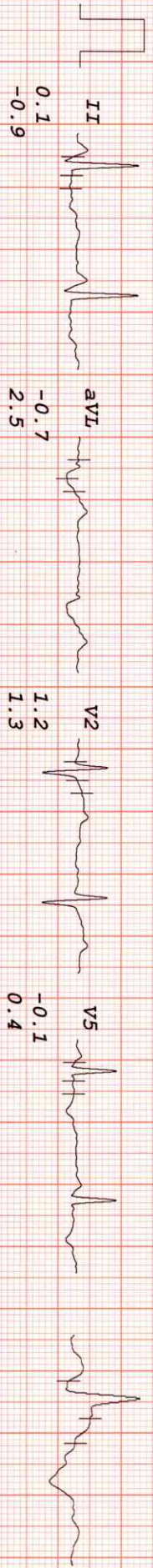
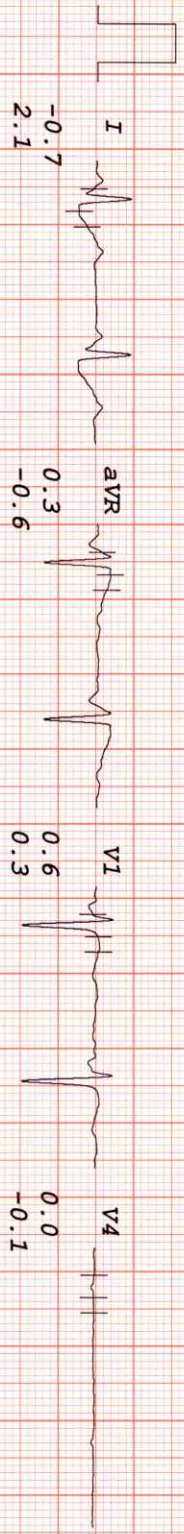
PRETEST
SUPINE

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN

Mag. X 2

III



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS NAYANA GAIKWAD
 I.D. 385
 Age 41/F
 Date 23/07/2022

RATE 72bpm
 B.P. 120/70

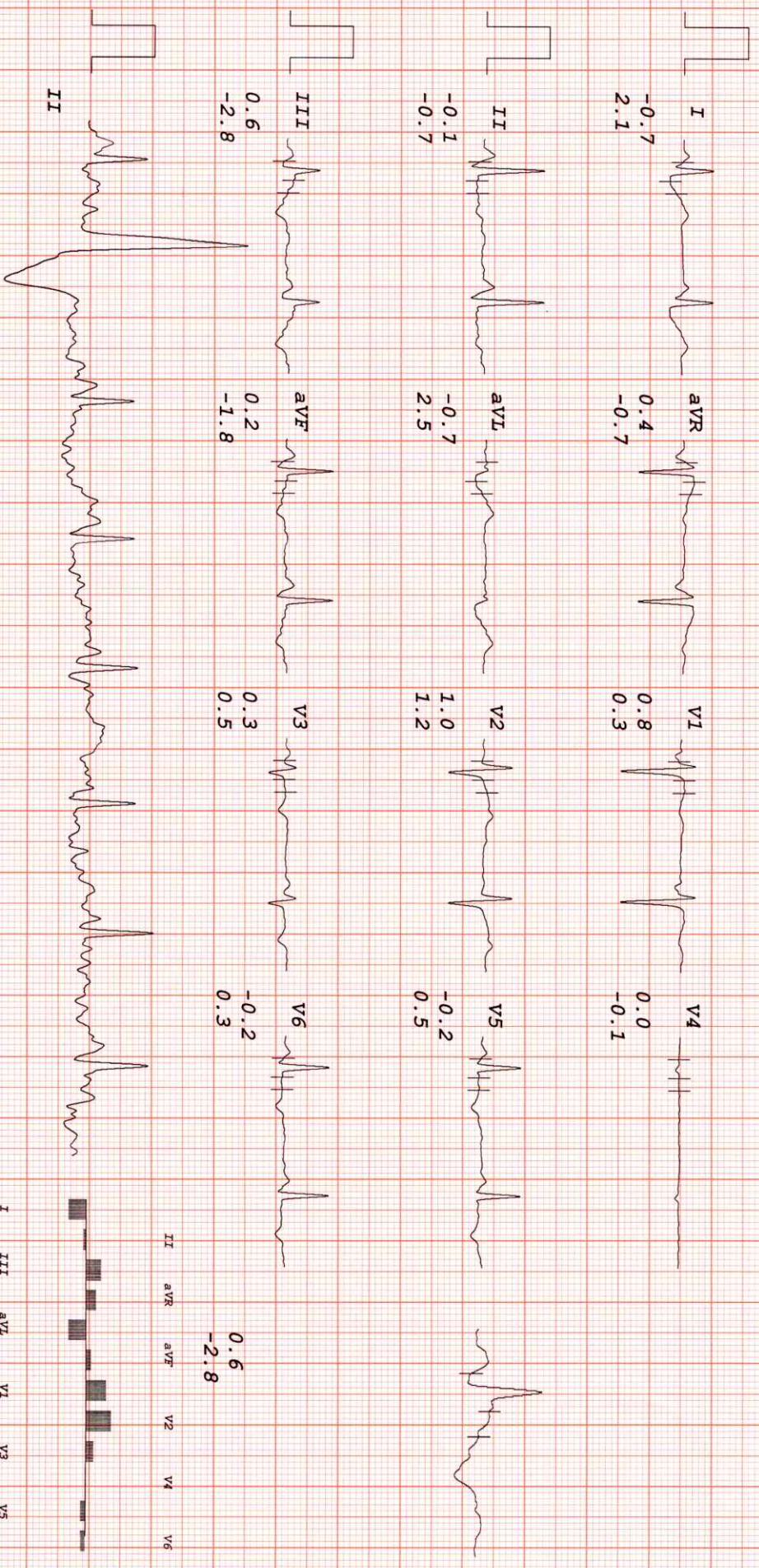
PRETEST
 HYPERVENT
 PHASE TIME 0:03

ST @ 10mm/mV
 80ms Post J

LINKED MEDIAN

Mag. X 2

III



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS NAYANA GAIKWAD
 I.D. 385
 Age 41/F
 Date 23/07/2022

Rate 147bpm
 B.P. 130/70

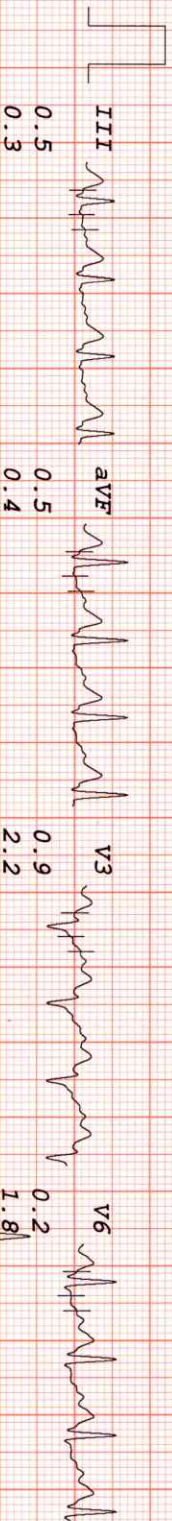
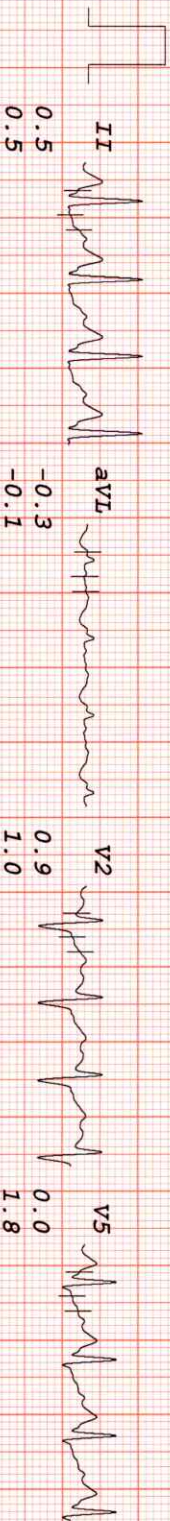
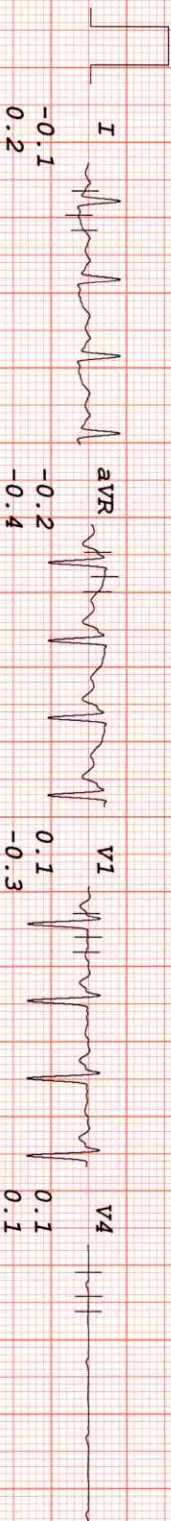
Bruce
 Stage 1
 TOTAL TIME 2:55
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ
 Speed 2.7 km/hr
 SLOPE 10 %

LINKED MEDIAN

Mag. X 2

V5



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS NAYANA GAIKWAD
 I.D. 385
 Age 41/F
 Date 23/07/2022

RATE 166bpm
 B.P. 140/80

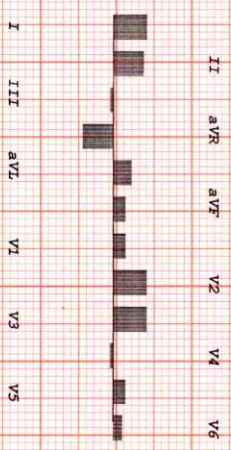
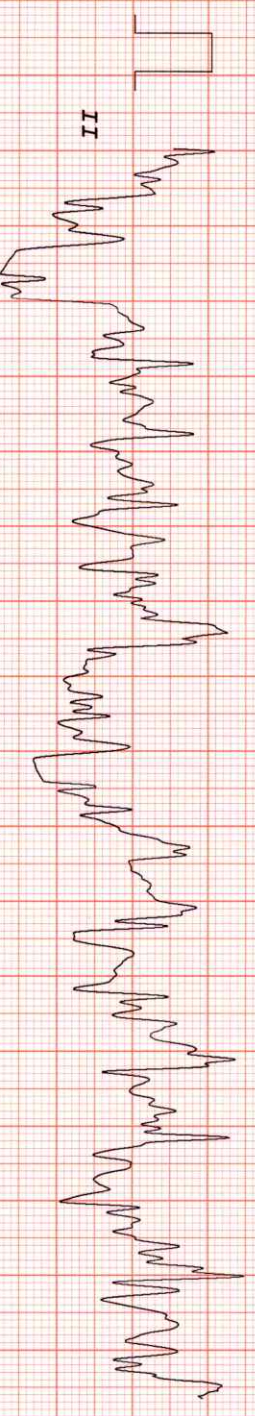
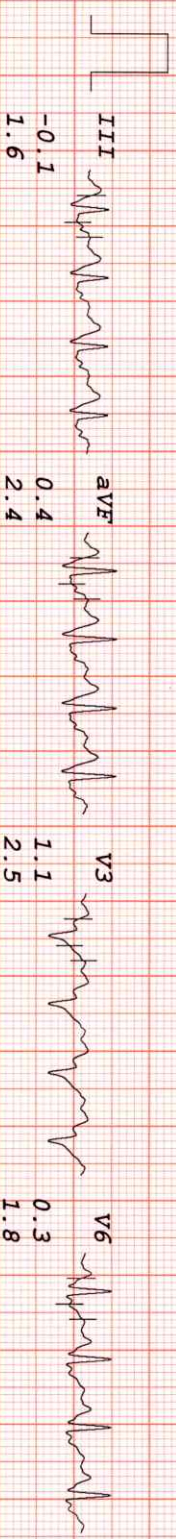
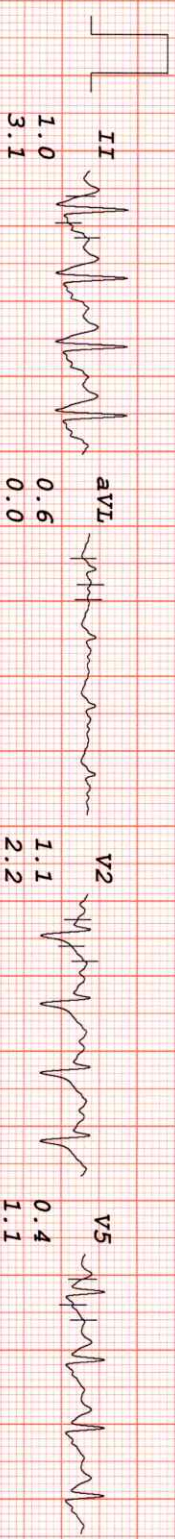
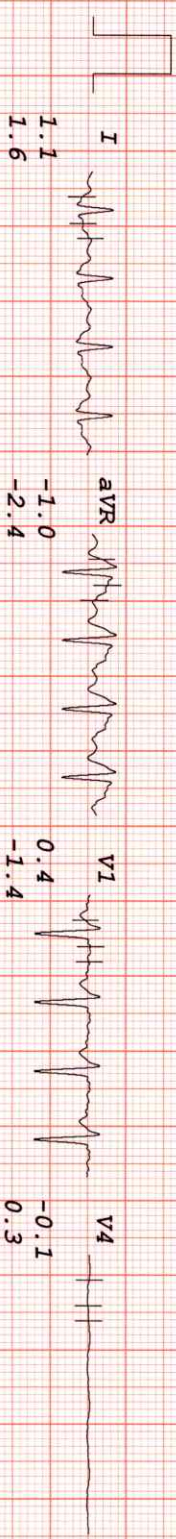
Bruce
 Stage 2
 TOTAL TIME 5:55
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ
 Speed 4 km/hr
 SLOPE 12 %

LINKED MEDIAN

Mag. X 2

V4



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS NAYANA GAIKWAD
 I.D. 385
 Age 41/F
 Date 23/07/2022

RATE 171bpm
 B.P. 150/90

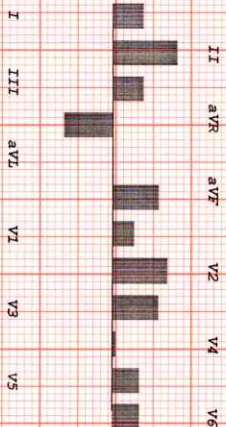
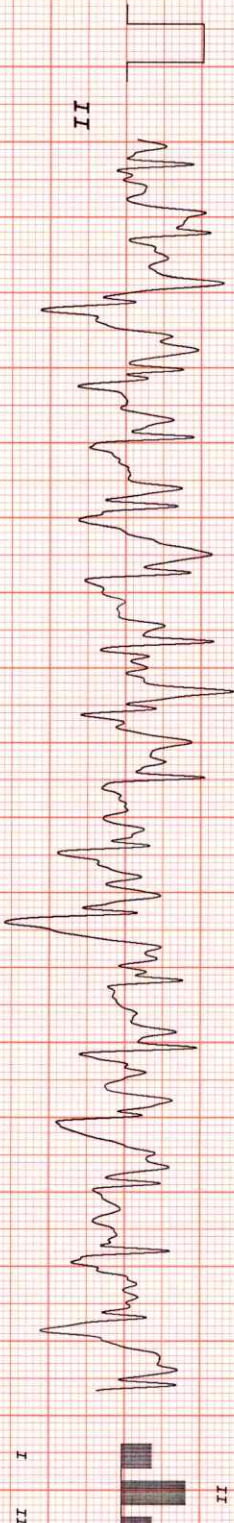
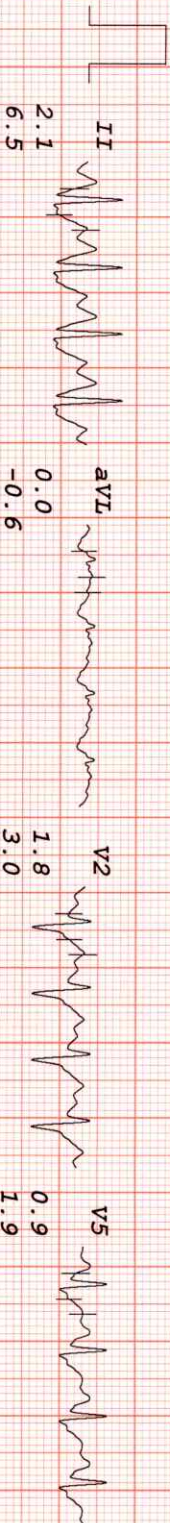
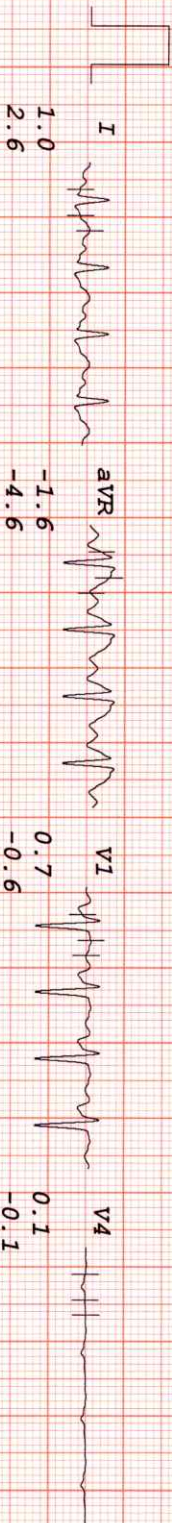
Bruce
 PK-EXERCISE
 TOTAL TIME 8:03
 PHASE TIME 2:03

ST @ 10mm/mV
 80ms PostJ
 Speed 5.4 km/hr
 SLOPE 14 %

LINKED MEDIAN

Mag. X 2

V4



[Signature]

HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS NAYANA GAIKWAD
I.D. 385
Age 41/F
Date 23/07/2022

RATE 137bpm
B.P. 140/80

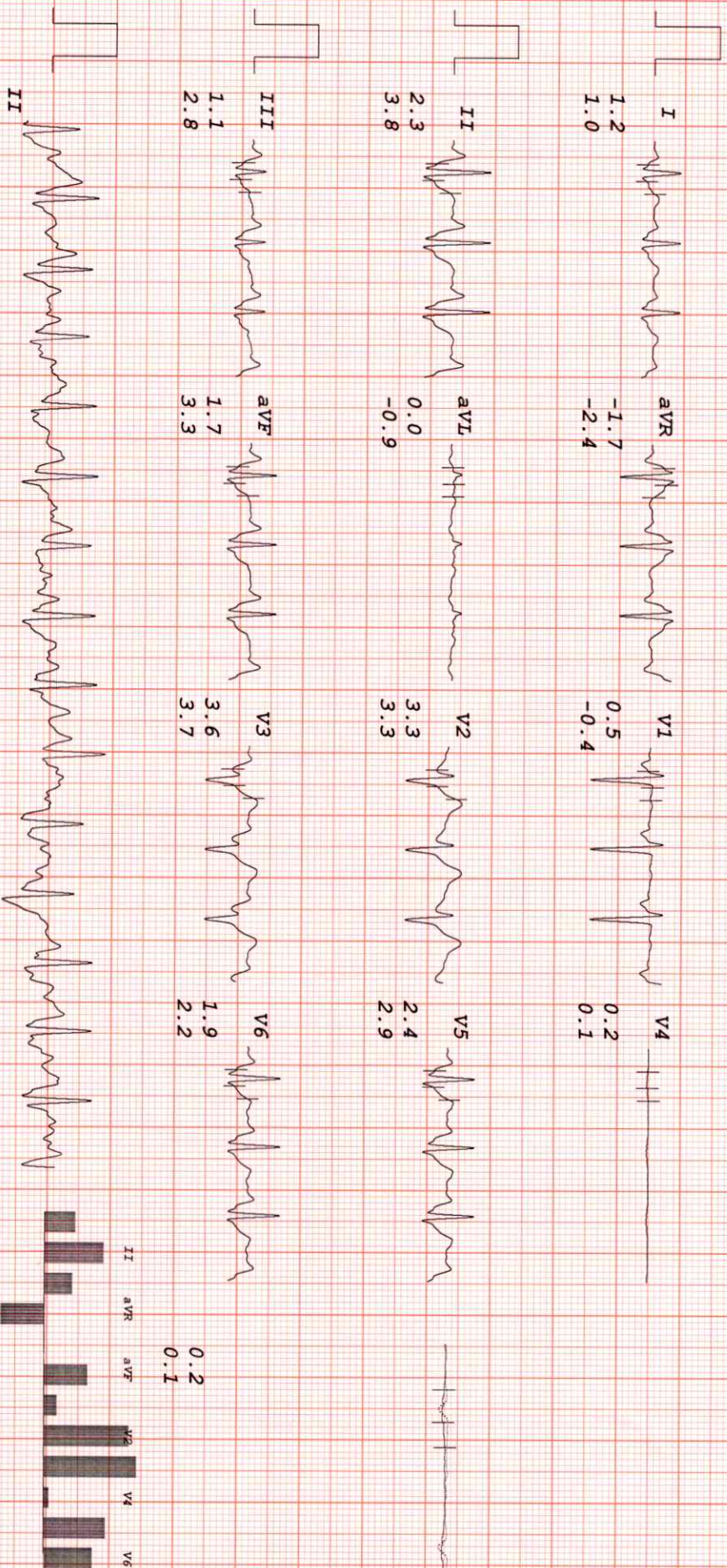
Brice
RECOVERY
TOTAL TIME 9:09
PHASE TIME 0:58

ST @ 10mm/mV
80ms Post J

LINKED MEDIAN

Mag. X 2

V4



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS NAYANA GAIKWAD
 I.D. 385
 Age 41/F
 Date 23/07/2022

RATE 115bpm
 B.P. 130/70

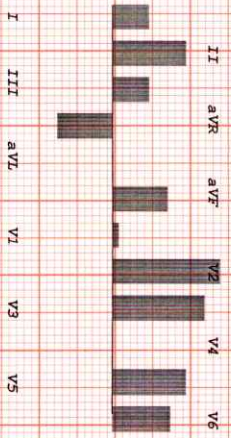
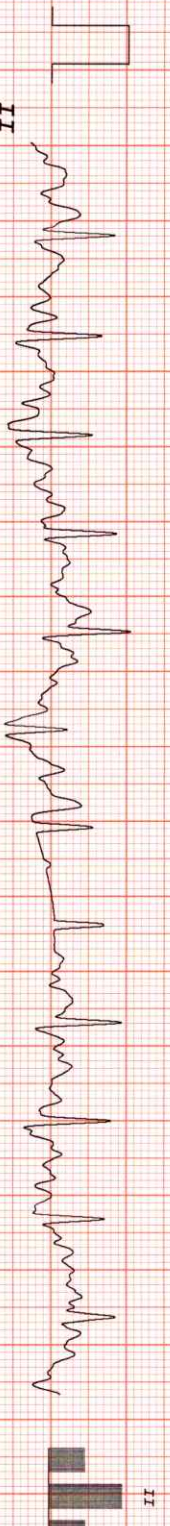
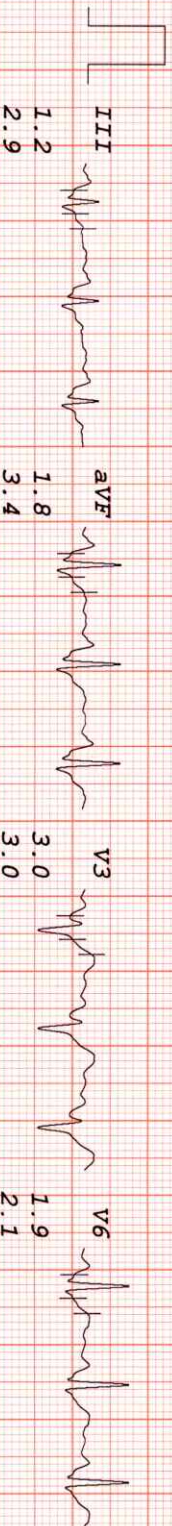
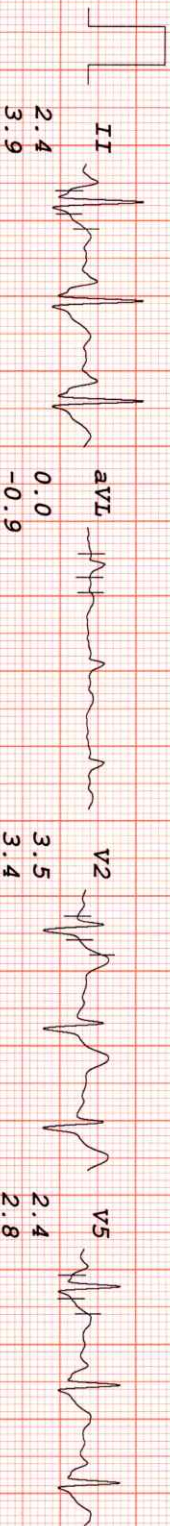
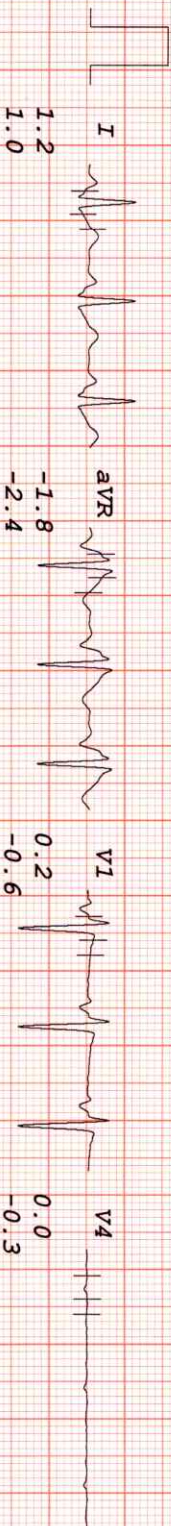
Bruce
 RECOVERY
 TOTAL TIME 10:00
 PHASE TIME 1:49

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

V4



[Signature]

HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS NAYANA GAIKWAD
I.D. 385
Age 41/F
Date 23/07/2022

RATE 105bpm
B.P. 120/70

Bruce
RECOVERY
TOTAL TIME 11:06
PHASE TIME 2:55

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN

Mag. X 2

V4

