

Name : Ms. MANOSHI DAS (41 /F)

Date : 13/02/2024

Address :

Examined by:

UHID : AMHL.0002295704

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE  
FEMALE HCK

AHC No : AMHLAH196212



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Hypertension,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Stroke, Asthma  
Diabetes mellitus - type 2; Since - 5 yrs;  
Medication - controlled  
without medication



## DRUG ALLERGY

NO KNOWN ALLERGY

:13/02/2024



## SYSTEMIC REVIEW

### Cardiovascular system

Palpitation - yes; Exacerbated by - anxiety, stress

### Respiratory system

Sneezing - on and off; Exacerbated by - allergens

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Gynaec history

Last menstrual period - 30/1/2024; Periods - regular;  
No of Children - 2; No of deliveries - 2; Deliveries -  
normal vaginal delivery, LSCS

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints

Knee (bilateral) - pain

### Skin

- Nil Significant



### Present medications

- Nil



### Past medical history

Do you have any - No  
allergies?

Do you have any drug - No  
allergies?

Covid 19 - No



### Surgical history

Caesarian section - 2016



### Personal history

Marital status - Married

No. of children - 2

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild



### Family history

Father - alive

Mother - alive

Brothers - 1

Diabetes - father

Coronary artery - none

disease

Cancer - None

## PHYSICAL EXAMINATION



### General

Build - over weight

Height - 157

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Weight - 65  
BMI - 26.37  
Pallor - Yes  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 80  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 114  
Diastolic(mm of Hg) - 82  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Organomegaly - No  
Tenderness - No  
Scars - Pfannenstiel



### Skin

- No significant finding

### Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/9 LE:6/9  
BCVA:RE:N8 LE:N8  
OCULAR MOVEMENT:WNL  
ANT.SEG:WNL  
ACCPT:SPECTACLE PWR  
RE:-1.00/-0.50x75\*(6/6)  
LE:-1.00/-0.50x70\*(6/6)  
ADD(BE):+1.25DSPH(N6)  
ADVICE:\*Glass Rx.\*Detail  
dilated Funduscopy\*Review  
after 1yr/SOS

Printed By : Benazir Begaum

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### COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	9.6 *	g/dl	●	12.0-15.0
RBC COUNT	4.55	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	33.6 *	%	●	36-46
MCV	73.9 *	fl	●	83-101
MCH	21.2 *	pg	●	27-32
MCHC	28.7 *	%	●	31.5-34.5
RDW	18.8 *	%	●	11.8-14.0
WBC Count	6100	/cu mm	●	4000-10000
Platelet Count	1.91	lacs/cu mm	●	1.5-4.0
Neutrophils	56	%	●	40-80
Lymphocytes	37	%	●	20-40
Monocytes	03	%	●	2-10
Eosinophils	04	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Anisocytosis++, Microcytic Hypochromic.			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	21 *	mm/1st hr	●	0-20

### URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	0-2	/hpf		

Epithelial Cells	6-8 /h.p.f /hpf
Casts:	Not Found
Crystals:	Not Found

### URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	++			

### URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

### BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	13	U/L	●	0-35
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	79	U/L	●	33-98
AST (SGOT) - SERUM	14	U/L	●	0-35
BILIRUBIN TOTAL - SERUM	0.5	mg/dL	●	0.3-1.2

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	130	mg/dL	●	0-200

### CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.6	mg/dL	●	0.6-1.1

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**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	17	U/L	●	0-38

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	156 *	mg/dL	●	70-99

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	283 *	mg/dL	●	70-140

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	7.1 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	36	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	84	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	10	mg/dL	●	0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.4	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.0	g/dL	●	1.8-3.6

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.08	ng/ml	●	0.87-1.78
TOTAL T4: THYROXINE - SERUM	5.95	µg/dL	●	5.48-14.28

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	166 *	mg/dL	●	0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.08	µIU/mL	●	0.38-5.33

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.6	mg/dL	●	2.4-5.7

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9.1	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.5		●	1.0-2.0

**BUN/CREATININE RATIO**

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	16			

**PAP SMEAR /CERVICAL SMEAR**

Ref No: AG01.C2401143

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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**SPECIMEN TYPE:**

Conventional Cervical (PAP) smear x 1

**SPECIMEN ADEQUACY:**

Satisfactory for evaluation

**INTERPRETATION/RESULT:**

Negative for intraepithelial lesion or malignancy,  
Reactive cellular changes associated with inflammation  
(includes typical repair)

**ECG**

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

**TREADMILL TEST / STRESS TEST**

SUBMAXIMAL (UPTO 79%) STRESS TEST IS  
NEGATIVE FOR PROVOCABLE MYOCARDIAL  
ISCHAEMIA.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

- \* Grade I fatty liver.
  - \* Bulky uterus.
  - \* Contracted gall bladder.
- Suggested MRCP for further evaluation.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

**X-RAY CHEST PA**

- \* Chest skiagram does not reveal any significant abnormality.

**X-RAY MAMMOGRAPHY BILATERAL (MHC)**



Within Normal Range



Borderline High/Low



Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

### RISK STATUS

Moderate Risk

### YOUR SCORE

5

### ACCEPTABLE SCORE

4

**Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

### **Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
  - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

### **DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**