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Arcofemi Healthcare Pvt Ltd

(Formerly known as Arcofemi Healthcare Ltd)

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CIN: U24240DL2011PTC216307

MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **Mr. AMARESH GOVINDAN** aged, **31yr**. Based on the examination, I certify that he is in good mental and physical health and it is free from any physical defects such as deafness, colour blindness, and any chronic or contagious diseases.

Place: Chennai

Date: 01/06/2024

Dr. Nitesh Kumar
M.D. MBBS

BCMR 47093

Name & Signature of

Medical officer.



LABORATORY REPORT



Name : Mr AMARESH GOVINDAN	Sex/Age : Male / 31 Years	Case ID : 40634600019
Ref. By :	Dis. At :	Pt. ID :
Bill. Loc. : NDPL - Mediwheel		Pt. Loc. :
Reg Date and Time : 01-Jun-2024 12:02	Sample Type :	Mobile No. : 8610854253
Sample Date and Time : 01-Jun-2024 12:06	Sample Coll. By : non	Ref Id1 :
Report Date and Time :	Acc. Remarks :	Ref Id2 :

Abnormal Result(s) Summary

Test Name	Result Value	Unit	Reference Range
CBC			
Mean Corpuscular Hb Concentration	35.7	g/dL	30 - 35
Stool Examination			
Red Cells	Absent	/HPF	Absent
Pus Cells	1-2	/HPF	Absent

Abnormal Result(s) Summary End

Note:(LL-VeryLow,L-Low,H-High,HH-VeryHigh ,A-Abnormal)

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LABORATORY REPORT



Name : Mr AMARESH GOVINDAN	Sex/Age : Male / 31 Years	Case ID : 40634600019
Ref. By :	Dis. At :	Pt. ID :
Bill. Loc. : NDPL - Mediwheel		Pt. Loc. :
Reg Date and Time : 01-Jun-2024 12:02	Sample Type : Stool	Mobile No. : 8610854253
Sample Date and Time : 01-Jun-2024 12:06	Sample Coll. By : non	Ref Id1 :
Report Date and Time : 01-Jun-2024 14:16	Acc. Remarks : -	Ref Id2 :

TEST	RESULTS	UNIT BIOLOGICAL REF RANGE	REMARKS
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Clinical Pathology

Physical Examination

Colour Stool <i>Manual</i>	Brownish	Brown
Consistency <i>Manual</i>	Semi Solid	Semi Solid
Reducing Substance <i>Manual</i>	Negative	Negative

Chemical Examination

Reaction <i>Manual</i>	Alkaline	Alkaline
Occult Blood <i>Manual</i>	Negative	Negative

Microscopic Examination

Ova <i>Manual</i>	Absent	Absent
Cysts <i>Manual</i>	Absent	Absent
Red Cells <i>Manual</i>	Absent	/HPF Absent
Pus Cells <i>Manual</i>	1-2	/HPF Absent
Epithelial Cells <i>Manual</i>	Absent	/HPF Occasional/hpf
Bacteria <i>Manual</i>	Normal	Normal
Mucus <i>Manual</i>	Absent	Absent

Note:(LL-VeryLow,L-Low,H-High,HH-VeryHigh ,A-Abnormal)

Dr. Mellonie P

MBBS,MD (Pathology),FIOP

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LABORATORY REPORT



Name : Mr AMARESH GOVINDAN	Sex/Age : Male / 31 Years	Case ID : 40634600019
Ref. By :	Dis. At :	Pt. ID :
Bill. Loc. : NDPL - Mediwheel		Pt. Loc. :
Reg Date and Time : 01-Jun-2024 12:02	Sample Type : Whole Blood EDTA,Serum	Mobile No. : 8610854253
Sample Date and Time : 01-Jun-2024 12:06	Sample Coll. By : non	Ref Id1 :
Report Date and Time : 01-Jun-2024 14:14	Acc. Remarks : -	Ref Id2 :

TEST	RESULTS	UNIT	BIOLOGICAL REF RANGE	REMARKS
Complete Blood Counts				
RBC Count <i>Electrical Impedance</i>	5.00	millions/cmm	4.5 - 6.5	
Haemoglobin <i>SLS</i>	15.2	g/dL	13.5 - 18	
PCV	42.6	%	40 - 54	
Mean Corpuscular Volume <i>Calculated</i>	85.2	fL	76 - 96	
Mean Corpuscular Hemoglobin <i>Calculated</i>	30.4	pg	27 - 32	
Mean Corpuscular Hb Concentration <i>Calculated</i>	H 35.7	g/dL	30 - 35	
Red Cell Distribution Width (RDW) <i>Calculated</i>	12.3	%	11.5 - 14	
Total Leucocyte Count(TLC) <i>Fluorescent Flowcytometry</i>	8450	Cells/cmm	4000 - 11000	
<u>Differential Counts</u>				
Neutrophils <i>Fluorescent Flowcytometry</i>	55.7	%	40 - 75	
Lymphocytes <i>Fluorescent Flowcytometry</i>	34.3	%	20 - 45	
Monocytes <i>Fluorescent Flowcytometry</i>	4.9	%	2 - 10	
Eosinophils	4.7	%	1 - 6	
Basophils <i>Fluorescent Flowcytometry</i>	0.4	%	0 - 1	
<u>Absolute Counts</u>				
Absolute Neutrophil Count <i>Calculated</i>	4710	Cells/cmm	2000-7000	
Absolute Lymphocyte Count <i>Calculated</i>	2900	Cells/cmm	1000-5000	
Absolute Monocyte Count <i>Calculated</i>	410	Cells/cmm	200-1000	
Absolute Eosinophil Count <i>Calculated</i>	400	Cells/cmm	20-500	

Note:(LL-VeryLow,L-Low,H-High,HH-VeryHigh ,A-Abnormal)

Dr.Selvi R

Consultant Biochemist

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LABORATORY REPORT



Name : Mr AMARESH GOVINDAN	Sex/Age : Male / 31 Years	Case ID : 40634600019
Ref. By :	Dis. At :	Pt. ID :
Bill. Loc. : NDPL - Mediwheel		Pt. Loc. :
Reg Date and Time : 01-Jun-2024 12:02	Sample Type : Whole Blood EDTA,Serum	Mobile No. : 8610854253
Sample Date and Time : 01-Jun-2024 12:06	Sample Coll. By : non	Ref Id1 :
Report Date and Time : 01-Jun-2024 14:14	Acc. Remarks : -	Ref Id2 :

Absolute Basophil Count <i>Calculated</i>	30	Cell/cmm	20-100
Platelet Count <i>Electrical Impedance</i>	320000	Cells/cmm	150000 - 400000
Mean Platelet Volume (MPV)	9.9	fL	7.2 - 11.7

According to ICSH guideline (international Council for Standardisation in Hematology), the differential counts should be reported in absolute numbers.

BIOCHEMICAL INVESTIGATIONS

S.G.P.T. <i>NADH (Without P-5-P)</i>	11.00	U/L	0 - 55
Urea <i>Calculated</i>	19.26	mg/dL	19.04 - 44.08
Creatinine <i>Kinetic Alkaline Picrate</i>	0.99	mg/dL	0.5 - 1.4

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LABORATORY REPORT



Name : Mr AMARESH GOVINDAN	Sex/Age : Male / 31 Years	Case ID : 40634600019
Ref. By :	Dis. At :	Pt. ID :
Bill. Loc. : NDPL - Mediwheel		Pt. Loc. :
Reg Date and Time : 01-Jun-2024 12:02	Sample Type : Whole Blood EDTA,Plasma Fluoride R,Serum	Mobile No. : 8610854253
Sample Date and Time : 01-Jun-2024 12:06	Sample Coll. By : non	Ref Id1 :
Report Date and Time : 01-Jun-2024 14:41	Acc. Remarks : -	Ref Id2 :

TEST	RESULTS	UNIT	BIOLOGICAL REF RANGE	REMARKS
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Blood Group & Rh Type **O Positive**
Manual Method (Forward & Reverse Typing)

This is a screening method. Advise higher method for confirmation.

BIOCHEMICAL INVESTIGATIONS

Plasma Glucose - R <i>HEXOKINASE/G-6-PDH</i>	95.00	mg/dL	Normal : 70-140 Prediabetes : 141 - 199 Diabetes : > 200.
Cholesterol <i>Enzymatic</i>	158.00	mg/dL	<200 - Desirable 200 - 239 - Borderline High > 240 - High "NCEP Guidelines ATP III".

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Dr.Selvi R

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LABORATORY REPORT



Name : Mr AMARESH GOVINDAN	Sex/Age : Male / 31 Years	Case ID : 40634600019
Ref. By :	Dis. At :	Pt. ID :
Bill. Loc. : NDPL - Mediwheel		Pt. Loc. :
Reg Date and Time : 01-Jun-2024 12:02	Sample Type : Urine	Mobile No. : 8610854253
Sample Date and Time : 01-Jun-2024 12:06	Sample Coll. By : non	Ref Id1 :
Report Date and Time : 01-Jun-2024 17:20	Acc. Remarks :	Ref Id2 :

TEST	RESULTS	UNIT	BIOLOGICAL REF RANGE	TEST REMARK
<u>Urine Routine Examination</u>				
Appearance <i>Manual</i>	Clear		Clear	
Colour	Straw		Straw to Yellow	
Reaction (pH) <i>Ion concentration</i>	6.0		4.6 - 8	
Specific gravity <i>pKa change</i>	1.025		1.003 - 1.035	
<u>Chemical Examination</u>				
Protein <i>Tetrabromophenol blue</i>	Negative		Negative	
Glucose <i>GOD-POD</i>	Negative		Negative	
Bile Pigments <i>Biochemical</i>	Negative		Negative	
Urobilinogen <i>Diazotization reaction</i>	Not Increased		Negative	
Ketones <i>Nitroprusside</i>	Negative		Negative	
Nitrites <i>N-(1-naphthyl)-ethylenediamine</i>	Negative		Negative	
Blood <i>Peroxidase</i>	Negative		Negative	
Leucocyte <i>Microscopy</i>	Nil	/HPF	0 - 5 cells/hpf	
<u>Microscopic Examination</u>				
Red Blood Cells	Occasional	/HPF	Nil	
Pus Cells <i>Microscopy</i>	5-6	/HPF	0-5 cells/hpf	
Epithelial Cells <i>Microscopy</i>	2-4	/HPF	Negative	
Hyaline Casts <i>Microscopy</i>	Nil	/HPF	Nil	
Pathological Casts <i>Reflectance Photometry</i>	Nil	/HPF	NIL	

Note:(LL-VeryLow,L-Low,H-High,HH-VeryHigh ,A-Abnormal)

DR.MONICA KUMBHAT M

MBBS,MD (Pathology) FGIL

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LABORATORY REPORT



Name : Mr AMARESH GOVINDAN	Sex/Age : Male / 31 Years	Case ID : 40634600019
Ref. By :	Dis. At :	Pt. ID :
Bill. Loc. : NDPL - Mediwheel		Pt. Loc. :
Reg Date and Time : 01-Jun-2024 12:02	Sample Type : Urine	Mobile No. : 8610854253
Sample Date and Time : 01-Jun-2024 12:06	Sample Coll. By : non	Ref Id1 :
Report Date and Time : 01-Jun-2024 17:20	Acc. Remarks :	Ref Id2 :

Crystals

Calcium oxalate Monohydrate	Nil	/HPF	Nil
Calcium oxalate Dihydrate	Nil	/HPF	Nil
Triple phosphate	Nil	/HPF	Nil
Uric Acid	Nil	/HPF	Nil
Bacteria	Nil	/µL	Nil
Yeast	Nil	/µL	Nil
Amorphous Deposits <i>Phase Contrast Microscopy</i>	Nil	/HPF	0-29.5 p/hpf

Note:(LL-VeryLow,L-Low,H-High,HH-VeryHigh ,A-Abnormal)

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LABORATORY REPORT



Name : Mr AMARESH GOVINDAN	Sex/Age : Male / 31 Years	Case ID : 40634600019
Ref. By :	Dis. At :	Pt. ID :
Bill. Loc. : NDPL - Mediwheel		Pt. Loc. :
Reg Date and Time : 01-Jun-2024 12:02	Sample Type : Health Check	Mobile No. : 8610854253
Sample Date and Time : 01-Jun-2024 12:06	Sample Coll. By : non	Ref Id1 :
Report Date and Time : 01-Jun-2024 15:12	Acc. Remarks :	Ref Id2 :

TEST	RESULTS	UNIT	BIOLOGICAL REF RANGE	REMARKS
EYE Test (Near,Far and Color)	Report Attached			

----- End Of Report -----

For test performed on specimens received or collected from non-NSRL locations, it is presumed that the specimen belongs to the patient named or identified as labeled on the container/test request and such verification has been carried out at the point generation of the said specimen by the sender. NSRL will be responsible Only for the analytical part of test carried out. All other responsibility will be of referring Laboratory.

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Dr.Monica.M

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LABORATORY REPORT



Name : Mr AMARESH GOVINDAN	Sex/Age : Male / 31 Years	Case ID : 40634600019
Ref. By :	Dis. At :	Pt. ID :
Bill. Loc. : NDPL - Mediwheel		Pt. Loc. :
Reg Date and Time : 01-Jun-2024 12:02	Sample Type : Whole Blood EDTA	Mobile No. : 8610854253
Sample Date and Time : 01-Jun-2024 12:06	Sample Coll. By : non	Ref Id1 :
Report Date and Time : 01-Jun-2024 13:31	Acc. Remarks : -	Ref Id2 :

TEST	RESULTS	UNIT	BIOLOGICAL REF RANGE	REMARKS
ESR <i>Photometrical capillary stopped flow kinetic analysis</i>	2	mm/hour	0 - 15	

----- End Of Report -----

For test performed on specimens received or collected from non-NSRL locations, it is presumed that the specimen belongs to the patient named or identified as labeled on the container/test request and such verification has been carried out at the point generation of the said specimen by the sender. NSRL will be responsible Only for the analytical part of test carried out. All other responsibility will be of referring Laboratory.

Note:(LL-VeryLow,L-Low,H-High,HH-VeryHigh ,A-Abnormal)

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<i>Patient Name</i>	Mr AMARESH GOVINDAN	<i>Patient ID</i>	600019
<i>Age/D.O.B</i>	31Y	<i>Gender</i>	*
<i>Referring Doctor</i>	NA	<i>Date</i>	1 Jun 24

XRAY RADIOGRAPH CHEST - PA

History

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Observations

Sternum appears normal.
Both costophrenic angles appear normal.
Soft tissues of the chest wall are normal.
Visualized thoracic vertebral is normal.
Both lung fields are clear.
Cardiothoracic ratio is normal.

Impression

The study is within normal limits.

Reported By,



Dr. Nikunj Patel

MBBS, MD
Consultant Radiologist
GMC-48048

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Neuberg Pre-Existing Medical-
DIAGNOSTICS Conditions
 Patient ID: 0019
 Name: Amaresh Govindan
 India • UAE • South Africa • USA
 Age: 31
 Gender: Male
 Mobile: 8610854253

Symptoms

Vitals

Measurements

Interpretation

TEST REPORT

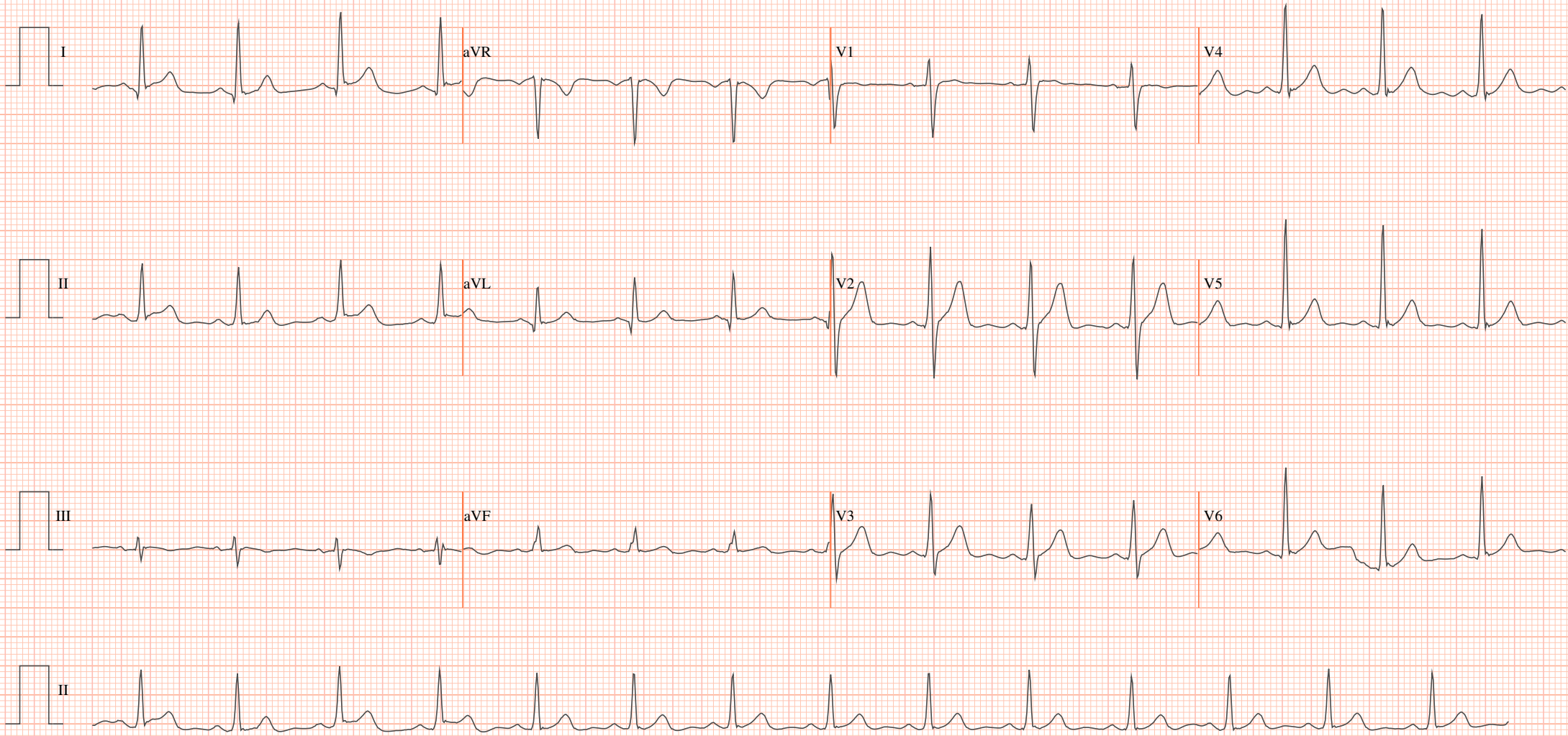
HR: 86 BPM
 PR: 150 ms
 PD: 113 ms
 QRSD: 95 ms
 QRS Axis: 20 deg
 QT/QTc: 319/319 ms

Normal sinus rhythm
 Normal axis

Authorized by

Dr. Yogesh Kothari
 MD, DNB, FESC, FEP
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Speed: 25 mm/sec F: 0.05 - 40 Hz Limb: 10 mm/mV Chest: 10 mm/mV