

# CONSULTATION SUMMARY

**Patient MRN** :15010000004038  
**Patient Name** :Mr SANJAY GUPTA  
**Gender/Age/Dob** :Male , 56 Years , 20/09/66  
**Patient Phone No** :9829983100  
**Patient Address** :SB 58 SUBHASH NAGAR  
SHASTI NAG,Jaipur ,Rajasthan,  
IN

**Consultation Date:** 08/04/2023 11:56 AM  
**Consultant** :Dr. Anil Goyal  
(OPHTHALMOLOGY)  
**Consultation Type** : OP , NEW VISIT



## CHIEF COMPLAINTS & HISTORY OF PRESENT ILLNESS

- EYE STRAIN :

## PAST MEDICAL HISTORY

- No significant past medical history

## DIAGNOSIS

- CVS symptoms, Primary, Final, 08/04/2023

## SYSTEMIC EXAMINATION

- Eyes : S/L NAD BE

## MEDICATION ORDER

### DRUG NAME

- 1) CARBOXYMETHYLCELLULOSE-DROPS-0.5% 10ML-REFRESH TEARS

### PATIENT INSTRUCTION

**Patient Instruction:**Thrice Daily ( 1 - 1 - 1 - 0 ) For 1 Month ,  
**Qty:** 1 , **Start Date:** Apr 08, 2023 , **End Date:** May 07, 2023

## PROCEDURE HISTORY

- No known surgical history

## ALLERGY

- No known allergies

## FAMILY HISTORY

- No significant family history

## SOCIAL HISTORY

- No significant social history

## Narayana Multispeciality Hospital

(A unit of Narayana Hrudayalaya Limited) CIN: L85110KA2000PLC027497

Registered Office: 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560099

Hospital Address: Sector-28, Kumbha Marg, Pratap Nagar, Jaipur 302033

Tel: +91 141 7122 233 | Email: info.jpr@narayanahealth.org | [www.narayanahealth.org](http://www.narayanahealth.org)

GST No. 08AABCN1685J1Z8



Appointments

**1800-309-0309 (Toll Free)**

Emergencies

**99837-32222**

Mr SANJAY GUPTA (15010000004038)

**CONSULTANT DETAILS**



Dr. Anil Goyal , VISITING CONSULTANT , OPHTHALMOLOGY

One free consultation with the same doctor within next 6 days.

Printed By: Dr. Anil Goyal | Printed On: 08.04.2023 11:57

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**99837-32222**

MRN NO: 1501000004038 DATE: 08/04/2023  
PATIENT'S NAME: MR SANJAY GUPTA AGE/SEX: 56 YRS./M  
DR. NAME: DR. SITARAM GUPTA

**ULTRASOUND STUDY OF ABDOMEN & PELVIS (PHC)**

**Liver:** - is enlarged in size and bright in echotexture. No evidence of any mass lesion is seen. Bilobar Intrahepatic biliary radicals are not dilated.

**Gall Bladder:** - Is distended. Lumen is clear. Wall thickness is normal.

**CBD:** - Normal in calibre. No calculus is seen in visualized part of CBD.

**Portal Vein:** - Normal in calibre.

**Pancreas:** - Normal in size & echotexture. No focal lesion is seen. MPD is not dilated.

**Spleen :** - is not visualized (*h/o surgery*).

**Right Kidney:** - Normal in shape, size & location. Echotexture is normal. Corticomedullary differentiation is maintained. There is no evidence of calculus or hydronephrosis.

**Left Kidney:** - Normal in shape, size & location. Echotexture is normal. Corticomedullary differentiation is maintained. There is no evidence of calculus or hydronephrosis.

**Urinary Bladder:** - is distended. No calculus or mass lesion is seen. Wall thickness is increased.

**Post void residual urine is ~ 50 ml**


**Prostate:** -is enlarged in size (~ 50 gms).

**Others:** - No free fluid is seen in abdomen.

**Impression:** USG findings are suggestive of: -

- Prostatomegaly with thick walled urinary bladder.
- Significant post void residual urine.
- Hepatomegaly with fatty changes in liver.

*Correlate clinically & with other related investigations.*

  
Dr. Swati Jain  
Consultant Radiologist

Dr. Vijay Kumar Sharma  
Consultant Radiologist

Dr. Sunny Maharwal  
Consultant Radiologist

*This is a preventive health checkup sonography report with no available clinical details and previous records.*

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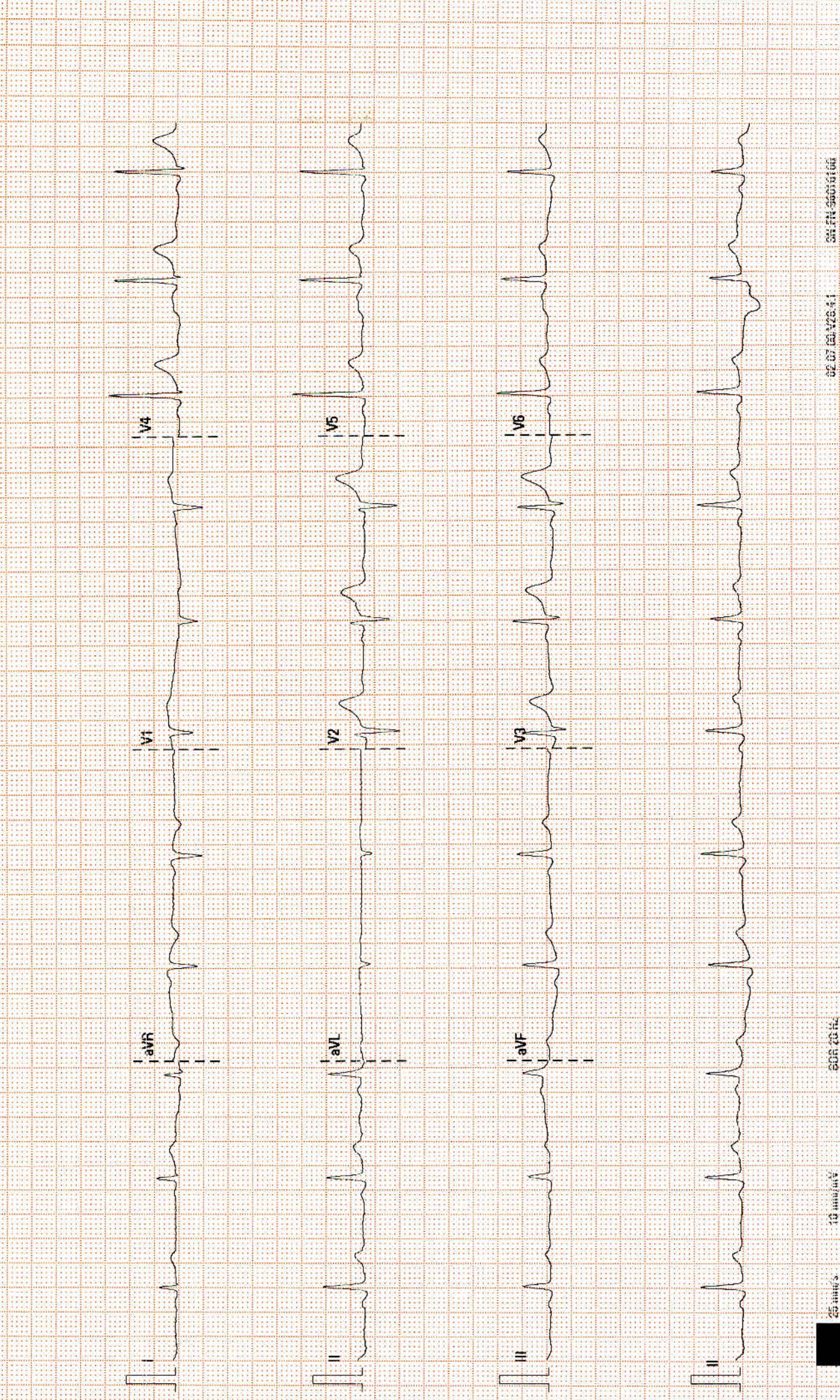
GST No. 08AABCN1685J1Z8



Appointments  
**1800-309-0309 (Toll Free)**

Emergencies  
**99837-32222**

ID: 15010000004036  
 Name: MR SANJAY  
 Age:  
 Gender:  
 04-08-2023 09:32:57 AM  
 Vent. Rate: 66 bpm  
 PR Interval: 146 ms  
 QRS Duration: 84 ms  
 QT/QTc Interval: 384/395 ms  
 P/QRS/T Axis: 62/67/58 deg  
 QTc/QTdges  
 Sinus rhythm  
 Interpretation made without knowing patient's gender/age  
 Normal ECG  
 Unconfirmed Diagnosis.



<b>Patient Name</b>	SANJAY GUPTA	<b>Requested By</b>	Dr. ^Sitaram ^Gupta
<b>MRN</b>	15010000004038	<b>Procedure DateTime</b>	2023-04-08 08:55:51
<b>Age/Sex</b>	56Y 6M / Male	<b>Hospital</b>	NH JAIPUR

**X-RAY CHEST P.A. VIEW**

Both lung fields are clear. No parenchymal lesion noted.

Both CP angles are clear.

Cardiac shadow is within normal limits.

ny thorax & soft tissue appears normal.

Domes of diaphragm are normally placed.

*Correlate clinically & with other related investigations.*



**Dr. Vijay Kumar Sharma**  
Consultant (Radiology)

This is a digitally signed valid document. Reported Date/Time: 2023-04-08 10:41:15

## EXERCISE STRESS TEST REPORT

Patient Name: MR SANJAY GUPTA,  
Patient ID: 4038  
Height:  
Weight:

DOB: 20.09.1966  
Age: 56yrs  
Gender: Male  
Race: Indian

Study Date: 08.04.2023  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

Referring Physician: DR. SITA RAM GUPTA  
Attending Physician: DR. SITA RAM GUPTA  
Technician: MR.KULDEEP MEGHVANSHI

Reason for Exercise Test:  
Screening for CAD

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:00	0.00	0.00	85	130/80	
	STANDING	00:15	0.00	0.00	75	130/80	
	HYPERV.	00:15	0.00	0.00	71		
	WARM-UP	00:31	1.60	0.00	71		
EXERCISE	STAGE 1	03:00	2.70	10.00	127	140/80	
	STAGE 2	03:00	4.00	12.00	144	150/80	
	STAGE 3	03:00	5.40	14.00	164	160/80	
	STAGE 4	00:16	6.70	16.00	164		
RECOVERY		04:00	0.00	0.00	117	150/80	

The patient exercised according to the BRUCE for 9:15 min:s, achieving a work level of Max. METS: 10.80. The resting heart rate of 85 bpm rose to a maximal heart rate of 166 bpm. This value represents 101 % of the maximal, age-predicted heart rate. The resting blood pressure of 130/80 mmHg, rose to a maximum blood pressure of 160/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation

Summary: Resting ECG: normal.  
Functional Capacity: normal.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: normal resting BP - appropriate response.  
Chest Pain: none.  
Arrhythmias: none.  
ST Changes: .....  
Overall impression: .....

### Conclusions

MILD ST-T CHANGES SEEN DURING PEAK EXERCISE.  
PLEASE CORRELATE CLINICALLY.

Physician \_\_\_\_\_ Technician \_\_\_\_\_

MR SANJAY GUPTA,

Patient ID 4038

08.04.2023

10:05:15am

Male

56yrs Indian

Meds:

Test Reason: Screening for CAD

Medical History:

Ref. MD: DR. SITA RAM GUPTA Ordering MD

Technician: MR.KULDEEP MEGHVANSHI Test

Comment:

Tabular Summary

BRUCE: Total Exercise Time 09:15

Max HR: 166 bpm 101% of max predicted 164 bpm HR at rest: 85

Max BP: 160/80 mmHg BP at rest: 130/80 Max RPP:

25600 mmHg\*bpm

Maximum Workload: 10.80 METS

Max. ST: -2.30 mm, 0.00 mV/s in II; EXERCISE STAGE 3

08:00

Arrhythmia: A:5, PSVC:9

ST/HR index: 2.47  $\mu$ V/bpm

Reasons for Termination: Target heart rate achieved

Summary: Resting ECG: normal. Functional Capacity: normal.

HR Response to Exercise: appropriate. BP Response to

Exercise: normal resting BP - appropriate response. Chest

Pain: none. Arrhythmias: none. ST Changes: ..... Overall

impression: .....

Conclusion: MILD ST-T CHANGES SEEN DURING PEAK EXERCISE.

PLEASE CORRELATE CLINICALLY.

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm)	VE (/min)	ST Level (II mm)
PRETEST	SUPINE	00:00	0.00	0.00		85	130/80	11050	0	-0.05
		00:15	0.00	0.00	1.0	75	130/80	9750	0	0.15
	STANDING	00:15	0.00	0.00	1.0	71			0	0.20
	HYPERV.	00:15	0.00	0.00	1.0	70			0	0.20
EXERCISE	WARM-UP	00:31	1.60	0.00	1.3	71			0	0.25
	STAGE 1	03:00	2.70	10.00	4.6	127	140/80	17780	0	-0.65
	STAGE 2	03:00	4.00	12.00	7.0	144	150/80	21600	0	-1.75
	STAGE 3	03:00	5.40	14.00	10.0	164	160/80	26240	0	-1.80
	STAGE 4	00:16	6.70	16.00	10.8	164			0	-2.30
RECOVERY		04:00	0.00	0.00	1.0	117	150/80	17550	0	-1.05



**DEPARTMENT OF LABORATORY MEDICINE**

Patient Name : Mr SANJAY GUPTA MRN : 15010000004038 Gender/Age : MALE , 56y (20/09/1966)  
 Collected On : 08/04/2023 09:06 AM Received On : 08/04/2023 09:06 AM Reported On : 08/04/2023 10:50 AM  
 Barcode : 402304080078 Specimen : Serum Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)  
 Sample adequacy : Satisfactory Visit No : OP-003 Patient Mobile No : 9829983100

Test	BIOCHEMISTRY		Biological Reference Interval
	Result	Unit	
<b>SERUM CREATININE</b>			
Serum Creatinine	0.91	mg/dL	0.66-1.25
eGFR	86.2	mL/min/1.73m <sup>2</sup>	Both: <60 indicative of renal impairment Both: Note:eGFR is inaccurate for Hemodynamically unstable patients eGFR is not applicable for less than 18
<b>Blood Urea Nitrogen (BUN)</b> (Colorimetric (Urease UV))	9.49	mg/dL	9.0-20.0
<b>Serum Uric Acid</b> (Colorimetric - Uricase,Peroxidase)	6.24	mg/dL	3.5-8.5
<b>LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)</b>			
Cholesterol Total (Enzymatic Method (cholesterol Oxidase, Esterase, Peroxidase))	186.4	mg/dL	Both: Desirable: < 200 Both: Borderline High: 200-239 Both: High: > 240
Triglycerides (Enzymatic Method (lipase, Kinase, Oxidase And Peroxidase))	<b>213.1 H</b>	mg/dL	Both: Normal: < 150 Both: Borderline High: 150-199 Both: High : 200-499 Both: Very High: => 500
HDL Cholesterol (HDLC) (Direct Measure, PTA /MgCl <sub>2</sub> )	<b>34.3 L</b>	mg/dL	Low: < 40 High: => 60
Non-HDL Cholesterol	152.11	-	-
LDL Cholesterol (Friedewald Formula)	<b>109.5 H</b>	mg/dL	Both: Desirable: < 100 Both: Optimal: 100-129 Both: Borderline High: 130-159 Both: High: 160-189 Both: Very High: > 190
VLDL Cholesterol (Friedewald Formula)	42.62	mg/dL	10.0-50.0
Cholesterol /HDL Ratio	<b>5.5 H</b>	-	0.0-5.0



Patient Name : Mr SANJAY GUPTA MRN : 15010000004038		Gender/Age : MALE , 56y (20/09/1966)	
<b>Total Protein</b> (Biuret (alkaline Cupric Sulfate))	7.31	gm/dL	6.3-8.2
<b>SGOT (AST)</b> (Enzymatic Colorimetric)	46	U/L	17.0-59.0
<b>SGPT (ALT)</b> (UV With P5P -IFCC)	60 H	U/L	<50.0
<b>Alkaline Phosphatase (ALP)</b>	97	U/L	38.0-126.0
<b>Gamma Glutamyl Transferase (GGT)</b> (L-gamma-glutamyl-4-nitroanalide/glycylglycine Kinetic Method)	34	U/L	15.0-73.0
<b>THYROID PROFILE (T3, T4, TSH)</b>			
Tri Iodo Thyronine (T3) (Enhanced Chemiluminescence)	1.33	ng/ml	0.97-1.69
Thyroxine (T4) (Enhanced Chemiluminescence)	6.47	ug/dl	4.3-12.5
TSH (Thyroid Stimulating Hormone) (Enhanced Chemiluminescence)	2.12	uIU/ml	0.35-5.5

--End of Report--

*Anil*

Dr. Anil Sharma  
MBBS, MD ( Microbiology )  
Senior Consultant

**Note**

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



**DEPARTMENT OF LABORATORY MEDICINE**

Patient Name : Mr SANJAY GUPTA MRN : 15010000004038 Gender/Age : MALE , 56y (20/09/1966)  
Collected On : 08/04/2023 09:06 AM Received On : 08/04/2023 09:06 AM Reported On : 08/04/2023 10:10 AM  
Barcode : 402304080078 Specimen : Serum Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)  
Sample adequacy : Satisfactory Visit No : OP-003 Patient Mobile No : 9829983100

**BIOCHEMISTRY**

Test	Result	Unit	Biological Reference Interval
Bilirubin Total (Dyphylline, Diazonium Salt)	0.81	mg/dL	0.2-1.3
Albumin To Globulin (A/G)Ratio	1.36	-	1.0-2.1

--End of Report--

*Anil*

Dr. Anil Sharma  
MBBS , MD ( Microbiology )  
Senior Consultant

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**DEPARTMENT OF LABORATORY MEDICINE**

Patient Name : Mr SANJAY GUPTA MRN : 15010000004038 Gender/Age : MALE , 56y (20/09/1966)  
 Collected On : 08/04/2023 09:06 AM Received On : 08/04/2023 09:59 AM Reported On : 08/04/2023 11:16 AM  
 Barcode : 482304080015 Specimen : Urine Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)  
 Sample adequacy : Satisfactory Visit No : OP-003 Patient Mobile No : 9829983100

**CLINICAL PATHOLOGY**

Test	Result	Unit	Biological Reference Interval
<b>URINE ROUTINE &amp; MICROSCOPY</b>			
<b>PHYSICAL EXAMINATION</b>			
Volume	15 H	ml	0.0-0.0
Colour	Pale Yellow	-	-
Appearance	Clear	-	0-36500
<b>CHEMICAL EXAMINATION</b>			
pH(Reaction)	6.0	-	4.5-9.0
Sp. Gravity	1.025	-	1.002-1.03
Protein	Negative	-	0-0
Urine Glucose	Negative	-	0-0
<b>MICROSCOPIC EXAMINATION</b>			
Pus Cells	1-2	/hpf	-
RBC	Nil	/hpf	-
Epithelial Cells	1-2	/hpf	-
Crystals	Nil	-	-
Casts	Nil	-	-

--End of Report--

Patient Name : Mr SANJAY GUPTA MRN : 15010000004038 Gender/Age : MALE , 56y (20/09/1966)

*Manish*

Dr. Manisha Agarwal  
MBBS, DNB Pathology and DCP  
Consultant

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**DEPARTMENT OF LABORATORY MEDICINE**

Patient Name : Mr SANJAY GUPTA MRN : 15010000004038 Gender/Age : MALE , 56y (20/09/1966)  
Collected On : 08/04/2023 09:06 AM Received On : 08/04/2023 09:06 AM Reported On : 08/04/2023 10:16 AM  
Barcode : 412304080062 Specimen : Whole Blood - ESR Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)  
Sample adequacy : Satisfactory Visit No : OP-003 Patient Mobile No : 9829983100

**HAEMATOLOGY**

Test	Result	Unit	Biological Reference Interval
<b>Erythrocyte Sedimentation Rate (ESR)</b> (Westergren Method)	02	mm/hr	0.0-12.0

--End of Report--

Dr. Manisha Agarwal  
MBBS, DNB Pathology and DCP  
Consultant

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**DEPARTMENT OF LABORATORY MEDICINE**

Patient Name : Mr SANJAY GUPTA MRN : 15010000004038 Gender/Age : MALE , 56y (20/09/1966)  
Collected On : 08/04/2023 09:06 AM Received On : 08/04/2023 09:06 AM Reported On : 08/04/2023 11:27 AM  
Barcode : 402304080079 Specimen : Whole Blood Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)  
Sample adequacy : Satisfactory Visit No : OP-003 Patient Mobile No : 9829983100

**BIOCHEMISTRY**

Test	Result	Unit	Biological Reference Interval
<b>HBA1C</b>			
HbA1c	<b>7.1 H</b>	%	<= 5.7%-NORMAL 5.7-6.4% - PREDIABETES >=6.5% - DIABETES
Estimated Average Glucose	<b>157.07 H</b>	mg/dL	<140.0

**Interpretation:**

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

--End of Report--



Dr. Anil Sharma  
MBBS , MD ( Microbiology )  
Senior Consultant

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**DEPARTMENT OF LABORATORY MEDICINE**

Patient Name : Mr SANJAY GUPTA MRN : 15010000004038 Gender/Age : MALE , 56y (20/09/1966)  
Collected On : 08/04/2023 09:06 AM Received On : 08/04/2023 09:06 AM Reported On : 08/04/2023 10:24 AM  
Barcode : 442304080005 Specimen : Serum Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)  
Sample adequacy : Satisfactory Visit No : OP-003 Patient Mobile No : 9829983100

**SEROLOGY**

Test	Result	Unit	Biological Reference Interval
<b>Prostate Specific Antigen (PSA)</b> (Enhanced Chemiluminescence)	<b>5.06 PH</b>	ng/ml	0.0-4.0

--End of Report--

*Anil*

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MBBS , MD ( Microbiology )  
Senior Consultant

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Patient Name : Mr SANJAY GUPTA MRN : 15010000004038 Gender/Age : MALE , 56y (20/09/1966)  
Collected On : 08/04/2023 09:06 AM Received On : 08/04/2023 09:06 AM Reported On : 08/04/2023 10:10 AM  
Barcode : 402304080077 Specimen : Plasma Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)  
Sample adequacy : Satisfactory Visit No : OP-003 Patient Mobile No : 9829983100

**BIOCHEMISTRY**

Test	Result	Unit	Biological Reference Interval
<b>Fasting Blood Sugar (FBS)</b> (Colorimetric (Glucose Oxidase Hydrogen Peroxidase))	<b>126 H</b>	mg/dL	65.0-110.0

--End of Report--



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**DEPARTMENT OF LABORATORY MEDICINE**

Patient Name : Mr SANJAY GUPTA MRN : 15010000004038 Gender/Age : MALE , 56y (20/09/1966)  
Collected On : 08/04/2023 11:28 AM Received On : 08/04/2023 11:28 AM Reported On : 08/04/2023 12:33 PM  
Barcode : 402304080187 Specimen : Plasma Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)  
Sample adequacy : Satisfactory Visit No : OP-003 Patient Mobile No : 9829983100

**BIOCHEMISTRY**

Test	Result	Unit	Biological Reference Interval
Post Prandial Blood Sugar (PPBS) (GOD/POD)	112	mg/dL	70.0-139.0

--End of Report--

*Anil*

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MBBS, MD ( Microbiology )  
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