



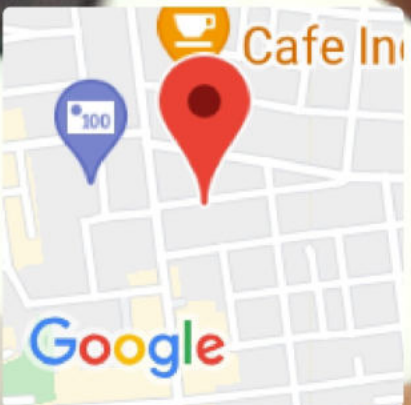
ENTRY

SANITIZE YOUR HANDS  
BEFORE ENTERING

THANK YOU



GPS Map Camera



**Bhubaneswar, Odisha, India**

Plot No, 119, Saheed Nagar Rd, Saheed Nagar,  
Bhubaneswar, Odisha 751007, India

Lat 20.292532°

Long 85.845902°

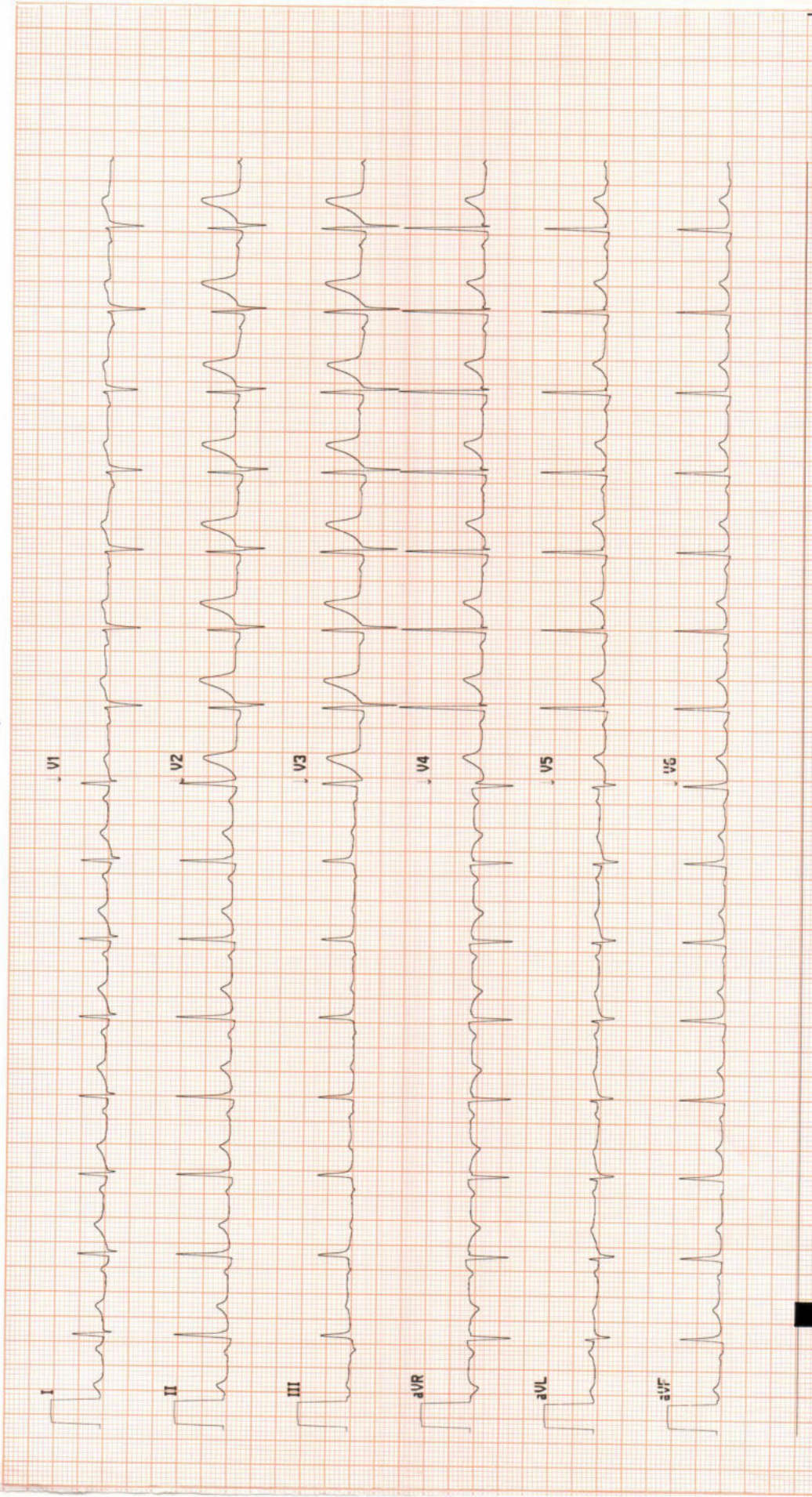
26/02/22 09:52 AM

Panida, Adait Kumar  
ID: 308:  
48yr, Male

26-Feb-2022 10:54:20  
Vent rate: 94 BPM  
PR int: 153 ms  
QRS dur: 80 ms  
QT/QTc: 326/377 ms  
P-R-T axes: 18 72 44

SINUS RHYTHM  
NORMAL ECG  
Reviewed by -----

*Handwritten signature*



113460183951

ZENA HEALTHCARE\_BBSR

Site # 0 Cart # 0 Version 2.00.10 Sequence #04361 25mm/s 10mm/mV 0.05-40 Hz



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Regd. No. : 1834

# ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

NAME:-ADAIT KUMAR PARIDA  
AGE:-48YRS  
Patient ID:-2

REFERRAL:-MEDI-WHEEL  
DATE:-26.02.2022  
SEX:-MALE

**CHEST X-RAY PA VIEW SHOWS.**

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

**IMPRESSION:-NORMAL STUDY.**

*B. Pradhan*

Dr. Bhagaban Pradhan  
M.D. (Radio diagnosis)  
Consultant Radiologist

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**Zena Healthcare Services**

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07  
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : [www.zenacare.in](http://www.zenacare.in)

**Wishing Good Health**

**Patient Name :** MR. ADAIT KUMAR PARIDA

**Age / Gender :** 48 years / Male

**Patient ID :** 10158

**Referral :** MEDI WHEEL

**Collection Time :** 26/02/2022, 12:50 PM

**Reporting Time :** 26/02/2022, 06:00 PM

**Sample ID :**



Test Description	Value(s)	Reference Range	Unit
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**HbA1c, Glycosylated Hemoglobin**

<b>HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD</b>	5.98		%
Method : (HPLC, NGSP certified)			
Estimated Average Glucose :	124.93	-	mg/dL

**Interpretation**

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years
	Goal of therapy: < 7.0
	Action suggested: > 8.0
	Age < 19 years
	Goal of therapy: <7.5

**Note:**

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

**Comments**

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

**ADA criteria for correlation between HbA1c & Mean plasma glucose levels.**

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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Patient Name : MR. ADAIT KUMAR PARIDA

Age / Gender : 48 years / Male

Patient ID : 10158

Referral : MEDI WHEEL

Collection Time : 26/02/2022, 12:50 PM

Reporting Time : 26/02/2022, 06:00 PM


Sample ID :



Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		

\*\*END OF REPORT\*\*

Lab technician  


  
Dr. Kundan Kumar Sahoo  
CONSULTANT PATHOLOGIST /  
MICROBIOLOGIST

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Regd. No. : 1834

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**Patient Name :** MR. ADAIT KUMAR PARIDA

**Age / Gender :** 48 years / Male

**Patient ID :** 10158

**Referral :** MEDI WHEEL

**Collection Time :** 26/02/2022, 12:50 PM

**Reporting Time :** 26/02/2022, 05:57 PM

**Sample ID :**



Test Description	Value(s)	Reference Range	Unit
<b>Lipid Profile</b>			
Cholesterol-Total Method : Spectrophotometry	163.7	Desirable level   < 200 Borderline High   200-239 High   >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	126.4	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	43.6	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	94.82	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	25.28	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	3.75	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.17	2.5 - 3.5	

**Note:**

8-10 hours fasting sample is required.

\*\*END OF REPORT\*\*

Lab Technician

*Dr. Kundan Kumar Sahoo*  
Dr. Kundan Kumar Sahoo  
CONSULTANT PATHOLOGIST /  
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**Patient Name :** MR. ADAIT KUMAR PARIDA  
**Age / Gender :** 48 years / Male  
**Patient ID :** 10158

**Referral :** MEDI WHEEL  
**Collection Time :** 26/02/2022, 12:50 PM  
**Reporting Time :** 26/02/2022, 05:59 PM  
**Sample ID :**



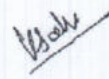
Test Description	Value(s)	Reference Range	Unit
<b>Thyroid Profile ( T3, T4, TSH )</b>			
T3-Total Method : CLIA	0.98	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	7.36	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	0.59	0.45 - 4.50	uIU/mL

**Interpretation**

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent 14 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis"
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent 14 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion'
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease). Multinodular goitre, Toxic nodule •Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3-often seen in elderly & associated Non-Thyroidal illness In elderly the drop in 13 level can be upto 25%.

\*\*END OF REPORT\*\*

  
Lab technician

  
**Dr. Kundan Kumar Sahoo**  
CONSULTANT PATHOLOGIST /  
MICROBIOLOGIST

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Regd. No. : 1834

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Patient Name : MR. ADAIT KUMAR PARIDA  
Age / Gender : 48 years / Male  
Patient ID : 10158

Referral : MEDI WHEEL  
Collection Time : 26/02/2022, 12:50 PM  
Reporting Time : 26/02/2022, 05:58 PM  
Sample ID :



Test Description	Value(s)	Reference Range	Unit
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Urine(R/M) Routine Examination of Urine

General Examination

Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 5.5	4.5 - 7.0	
Specific gravity	1.010	1.005 - 1.030	

Chemical Examination

Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	

Microscopic Examination

Red blood cells	Absent	0-4	/hpf
Pus cells (WBCs)	2 - 4 /HPF	0-9	/hpf
Epithelial cells	1 - 2 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Amorphous deposits	Absent	Absent	
Bacteria	Absent	Absent	
Trichomonas Vaginalis	Absent	Absent	
Yeast cells	Absent	Absent	

\*\*END OF REPORT\*\*

Lab technician

*K. Sahoo*  
Dr. Kundan Kumar Sahoo  
CONSULTANT PATHOLOGIST /  
MICROBIOLOGIST

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Patient Name : MR. ADAIT KUMAR PARIDA

Age / Gender : 48 years / Male

Patient ID : 10158

Referral : MEDI WHEEL

Collection Time : 26/02/2022, 12:50 PM

Reporting Time : 26/02/2022, 05:59 PM


Sample ID :



Test Description	Value(s)	Reference Range	Unit
<b>LFT, Liver Function Test</b>			
Total Protein Method : Serum, Biuret, reagent blank end point	7.52	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	4.99	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	2.53	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.97	1.2 - 2.2	
Bilirubin - Total Method : Serum, Jendrassik Grof	0.26	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazotization	0.16	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.10	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with P5P, IFCC 37 degree	23.4	8 - 33	U/L
SGPT Method : Serum, UV with P5P, IFCC 37 degree	32.6	3 - 35	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	124.9	80 - 306	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	9.2	< 55	U/L

\*\*END OF REPORT\*\*

  
Lab technician

  
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Patient Name : MR. ADAIT KUMAR PARIDA

Age / Gender : 48 years / Male

Patient ID : 10158

Referral : MEDI WHEEL

Collection Time : 26/02/2022, 12:50 PM

Reporting Time : 26/02/2022, 05:56 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
<b><u>Glucose, Fasting (FBS)</u></b>			
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	117.6	75 - 115	mg/dL
<b><u>Glucose, Post Prandial (PP)</u></b>			
Blood Glucose-Post Prandial Method : Hexokinase	138.7	70 - 140	mg/dL
<b><u>Creatinine</u></b>			
Creatinine Method : Serum, Jaffe	0.75	0.60 - 1.30	mg/dL
<b><u>BUN, Serum</u></b>			
BUN-Blood Urea Nitroge Method : Serum, Urease	12.9	10 - 50	mg/dL
<b><u>Uric acid, Serum</u></b>			
Uric Acid Method : Uricase, Colorimetric	4.39	3.4 - 7.0	mg/dL

\*\*END OF REPORT\*\*

Lab technician

*W. Sahoo*  
Dr. Kundan Kumar Sahoo  
CONSULTANT PATHOLOGIST /  
MICROBIOLOGIST

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**Wishing Good Health**

Patient Name : MR. ADAIT KUMAR PARIDA

Age / Gender : 48 years / Male

Patient ID : 10158

Referral : MEDI WHEEL

Collection Time : 26/02/2022, 12:50 PM

Reporting Time : 26/02/2022, 05:59 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
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**ESR, Erythrocyte Sedimentation Rate**

ESR - Erythrocyte Sedimentation Rate	12	0 - 15	mm/hr
Method : EDTA Whole Blood, Manual Westergren			

**Interpretation:**

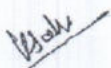
- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

**Blood Group ABO & Rh Typing, Blood**

Blood Group (ABO typing)	"O"
Method : Manual-Hemagglutination	
RhD Factor (Rh Typing)	Positive
Method : Manual hemagglutination	

\*\*END OF REPORT\*\*

Lab Technician

  
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86 / ADAIT KUMAR PARIDA / 48 Yrs / M / 166 Cms / 71 Kg Date: 26-Feb-2022 Refd By : MEDI-WHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:21	0:21	00.0	00.0	01.0	102	59%	126/82	128	00	
Standing	00:39	0:18	00.0	00.0	01.0	100	58%	126/82	126	00	
HV	00:57	0:18	00.0	00.0	01.0	096	56%	126/82	120	00	
ExStart	01:14	0:17	00.0	00.0	01.0	094	55%	126/82	118	00	
BRUCE Stage 1	04:14	3:00	01.7	10.0	04.7	129	75%	126/83	162	00	
BRUCE Stage 2	07:14	3:00	02.5	12.0	07.1	150	87%	127/84	190	00	
PeakEx	09:59	2:45	03.4	14.0	10.0	169	98%	128/85	216	00	
Recovery	10:29	0:30	01.1	00.0	04.2	159	92%	128/85	203	00	
Recovery	10:59	1:00	01.1	00.0	01.2	145	84%	128/84	185	00	
Recovery	12:59	3:00	00.0	00.0	01.0	122	71%	126/83	153	00	
Recovery	15:08	5:09	00.0	00.0	01.0	118	69%	125/81	147	00	

**FINDINGS :**

Exercise Time : 08:45  
 Max HR Attained : 169 bpm 98% of Target 172  
 Max BP Attained : 128/85  
 Max Workload Attained : 10 Good response to induced stress  
 Test End Reasons : Test Complete

REPORT : TMT is Negative

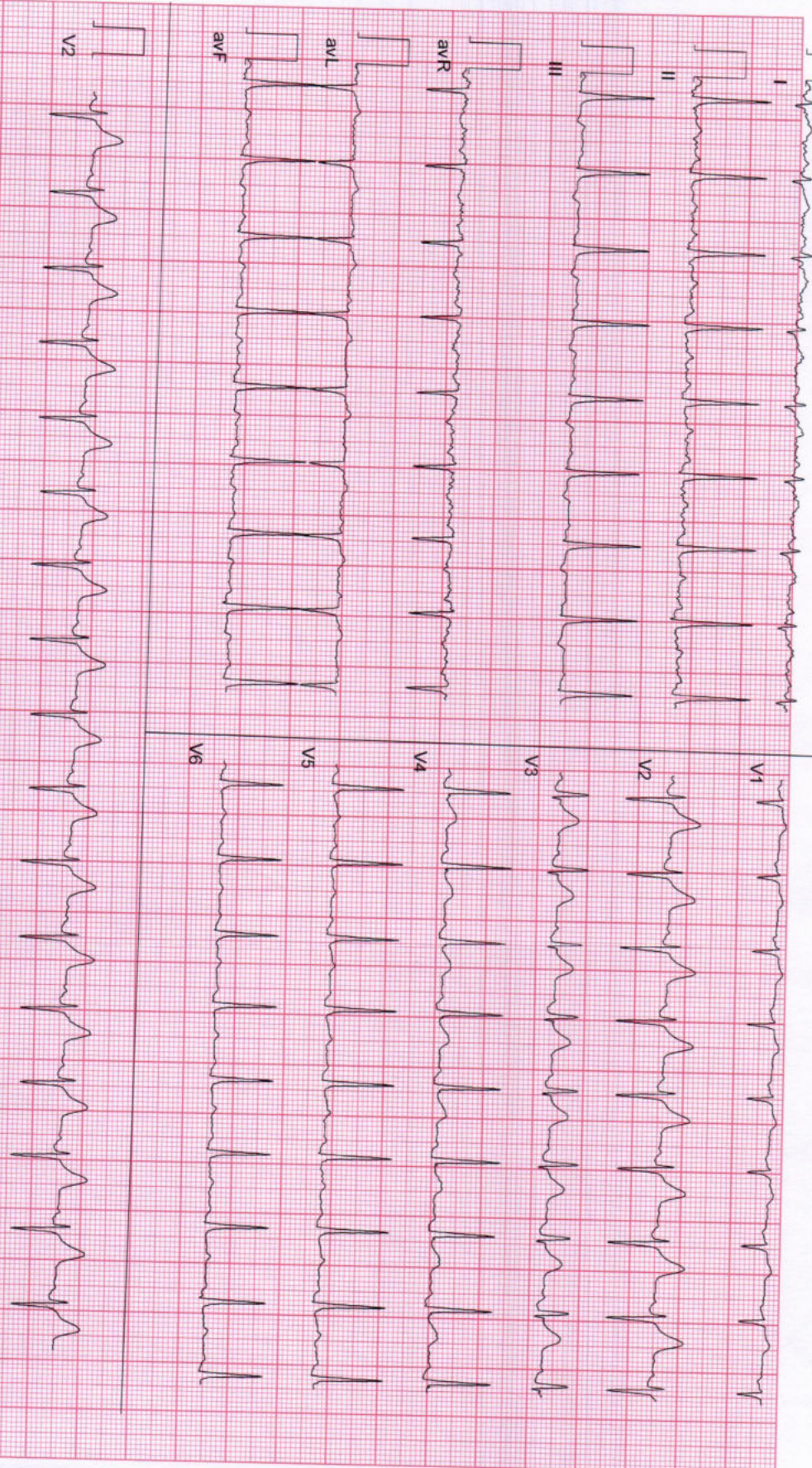
D.M.K.HOTA  
 M.B.B.S  
 REGD No. 6993

Date: 26 - 02 - 2022 12:43:42 PM METs : 1.0 HR : 102 Target HR : 59% of 172 BP : 126/82

6 x 2 + Rhythm  
BRUCE:Supine(0.21)



ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/HF 0.05 Hz/LF 35 Hz



ADX\_GEM216201125(R)/Allengers

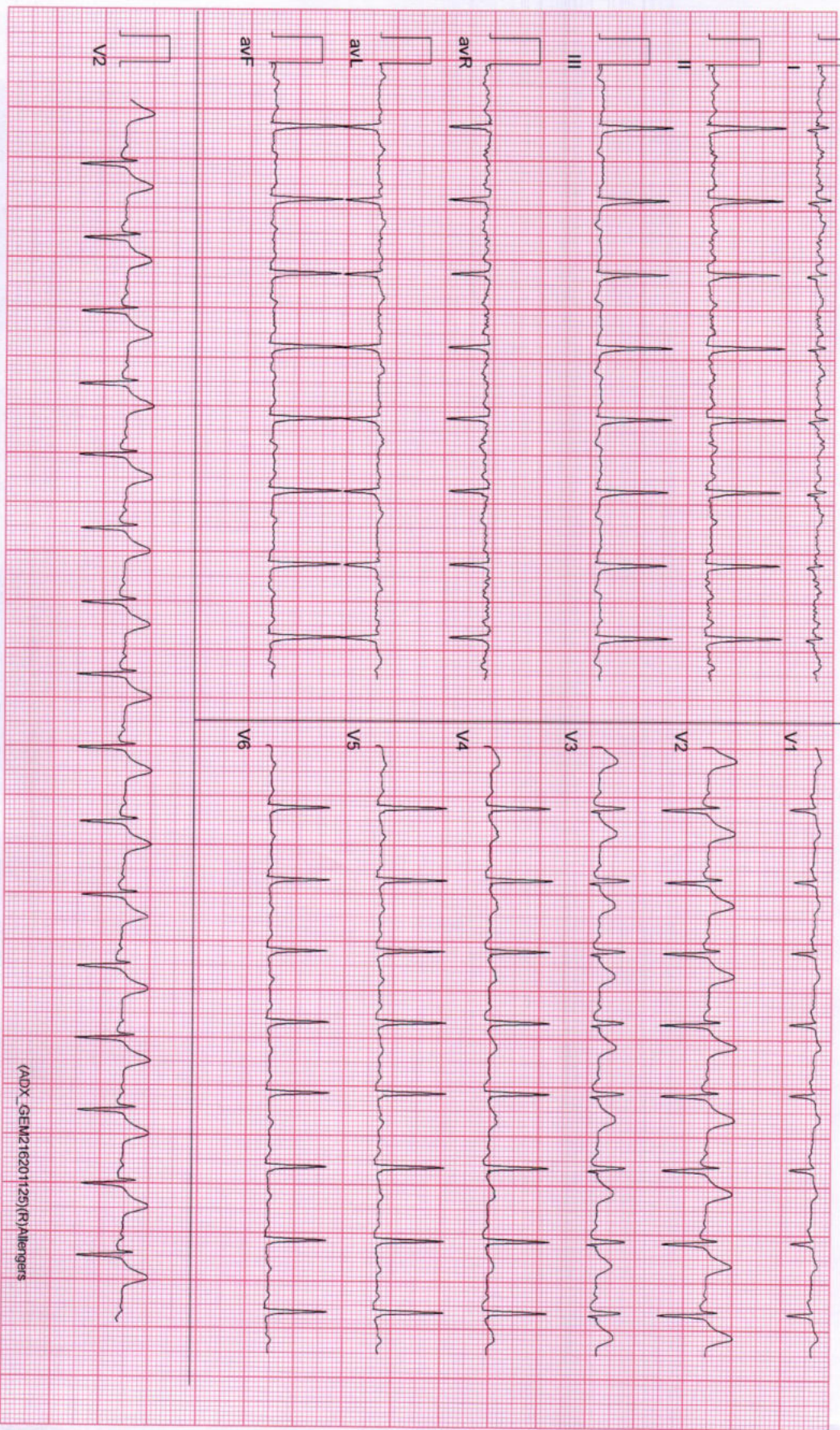
**ZENA HEALTHCARE**

**SAHJANAGAR, BHUBANESWAR**  
86 / ADARIT KUMAR PARIDA / 48 Yrs / Male / 166 Cm / 71 Kg

Date: 26 - 02 - 2022 12:43:42 PM METS : 1.0 HR : 100 Target HR : 56% of 172 BP : 126/82

EXTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

**6 x 2 + Rhythm**  
BRUCE: Standing(0:18)

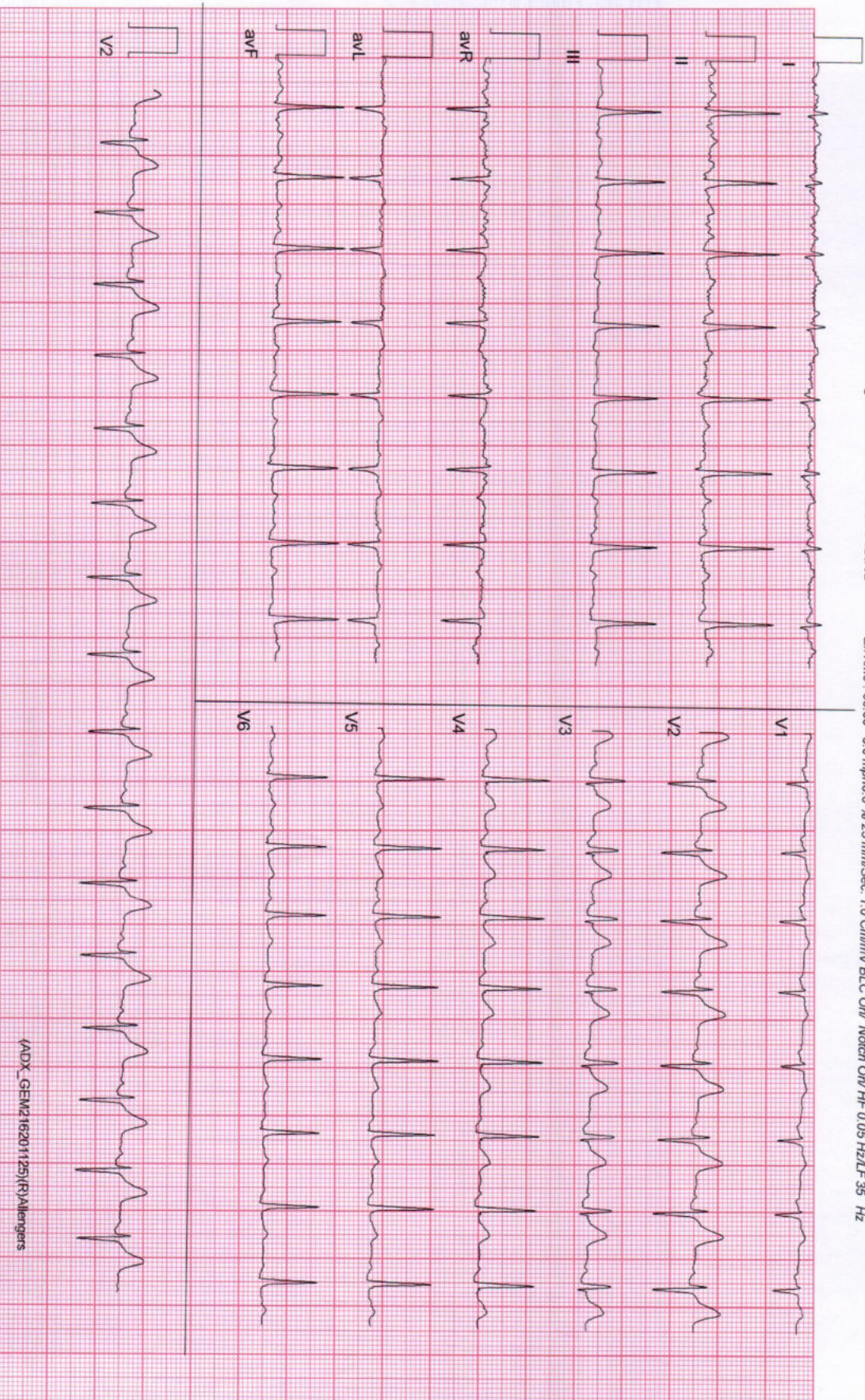


ADX\_GEM2162011251(R)Allergers



Date: 26 - 02 - 2022 12:43:42 PM METs : 1.0 HR : 96 Target HR : 56% of 172 BP : 126/82

ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX\_GEM216201125)(R)Allengens

ZENA HEALTHCARE

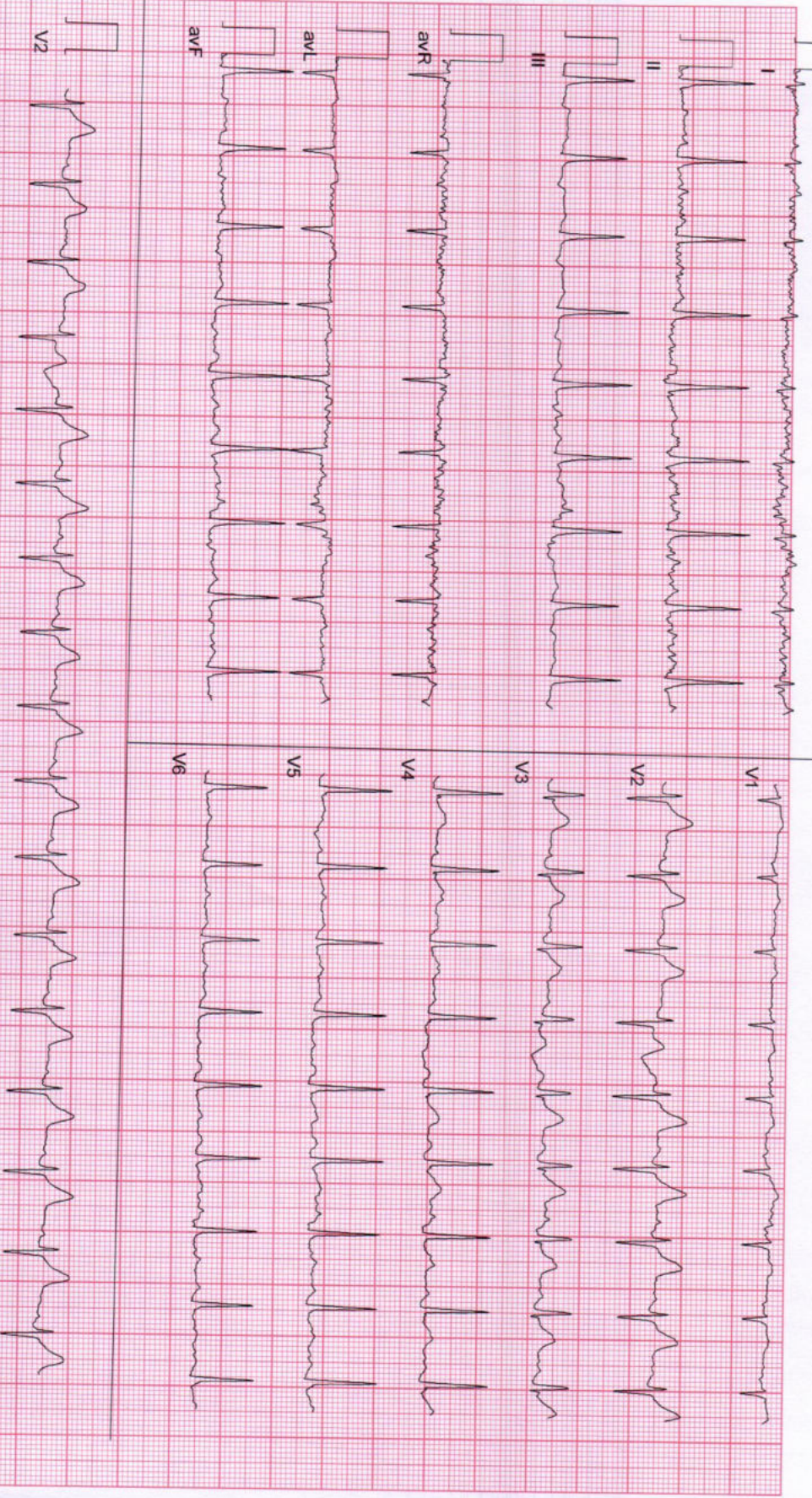
SAHIDNAGAR, BHUBANESWAR

86 / ADAR KUMAR PARIDA / 48 Yrs / Male / 166 Cm / 71 Kg

Date: 26 - 02 - 2022 12:43:42 PM METS : 1.0 HR : 94 Target HR : 55% of 172 BP : 126/82

EXTime : 00:00 0.0 mph 0.0 % 25 mm/Sec 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz LF 35 Hz

6 x 2 + Rhythm  
ExStart



(ADX\_GEM216201125)(R)Allergers

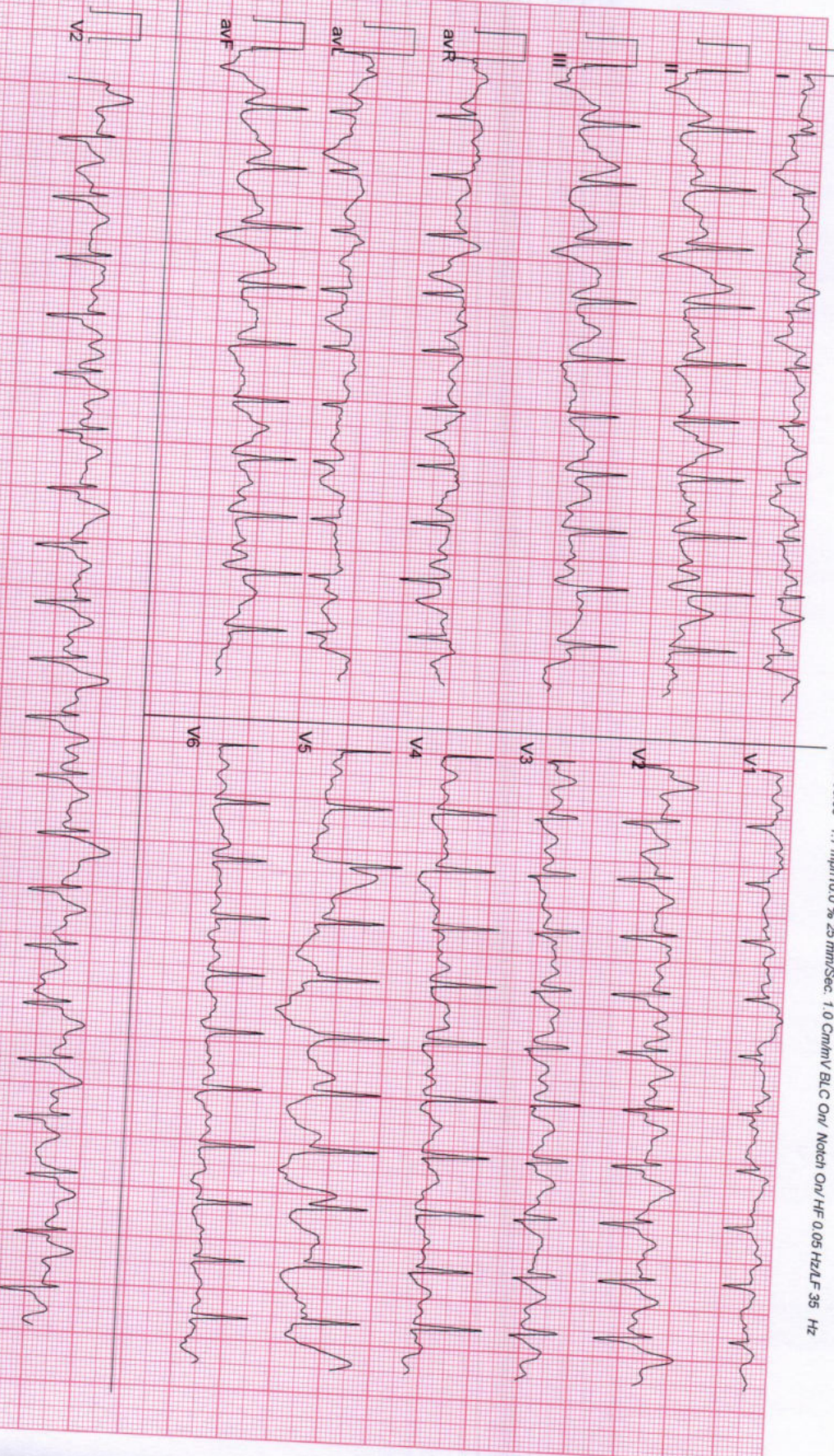


Date: 26 - 02 - 2022 12:43:42 PM METs : 4.7 HR : 129 Target HR : 75% of 172 BP : 126/83

6 x 2 + Rhythm  
BRUCE: Stage 1(3:00)



ExTime : 03:00 1.7 mph 10.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Noch On/ HF 0.05 Hz/LF 35 Hz



(AD)\_GEN2 16201125 (R) Allengers

**ZENA HEALTHCARE**

**SAHIDNAGAR, BHUBANESWAR**

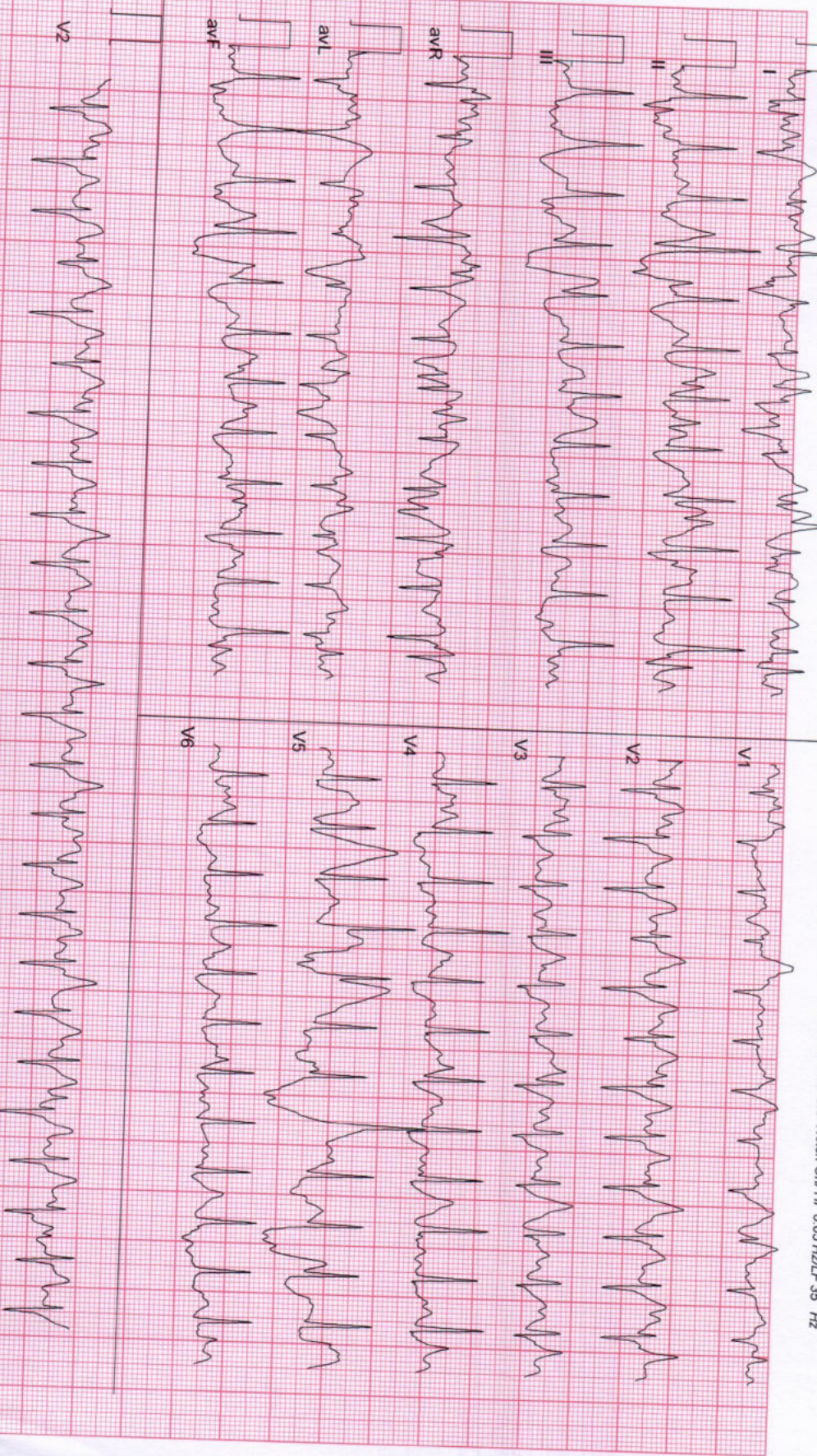
86 / ADALIT KUMAR PARIDA / 48 Yrs / Male / 166 Cm / 71 Kg

Date: 26 - 02 - 2022 12:43:42 PM METS: 7.1 HR: 150 Target HR: 87% of 172 BP: 127/84

**6 x 2 + Rhythm**  
BRUCE: Stage 2(3:00)



EXTime : 06:00 2.5 mph/12.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



ADX\_GEM216201125(NR)Allergers

**ZENA HEALTHCARE**

SAHIDNAGAR, BHUBANESWAR

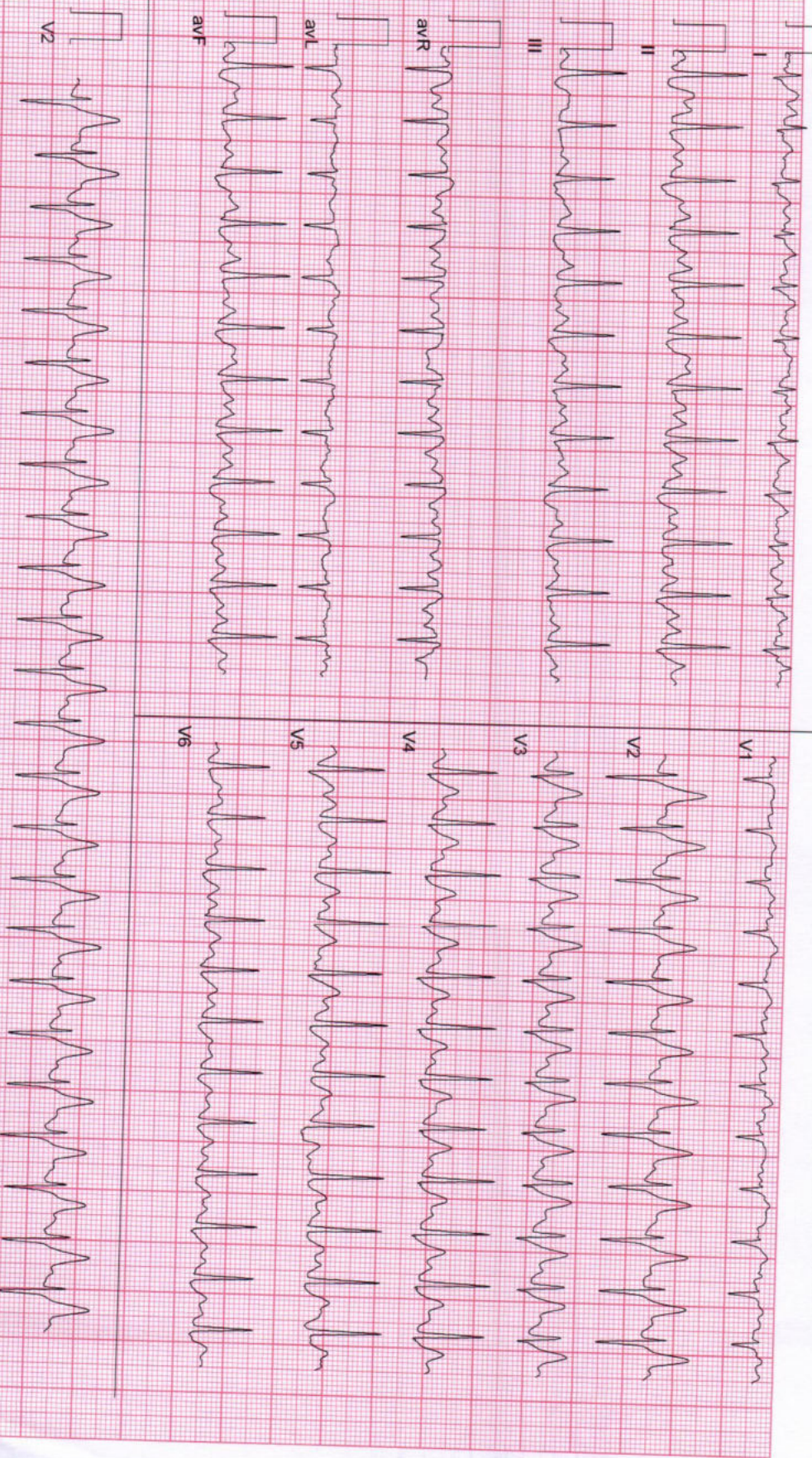
86 / ADAIT KUMAR PARIDA / 48 Yrs / Male / 166 Cm / 71 Kg

**6 x 2 + Rhythm**  
Recovery(1:00)



Date: 26 - 02 - 2022 12:43:42 PM METs : 1.2 HR : 145 Target HR : 84% of 172 BP : 128/84

ExTime : 08:45 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX\_GEM216201125)(R)Allengers

**ZENA HEALTHCARE**

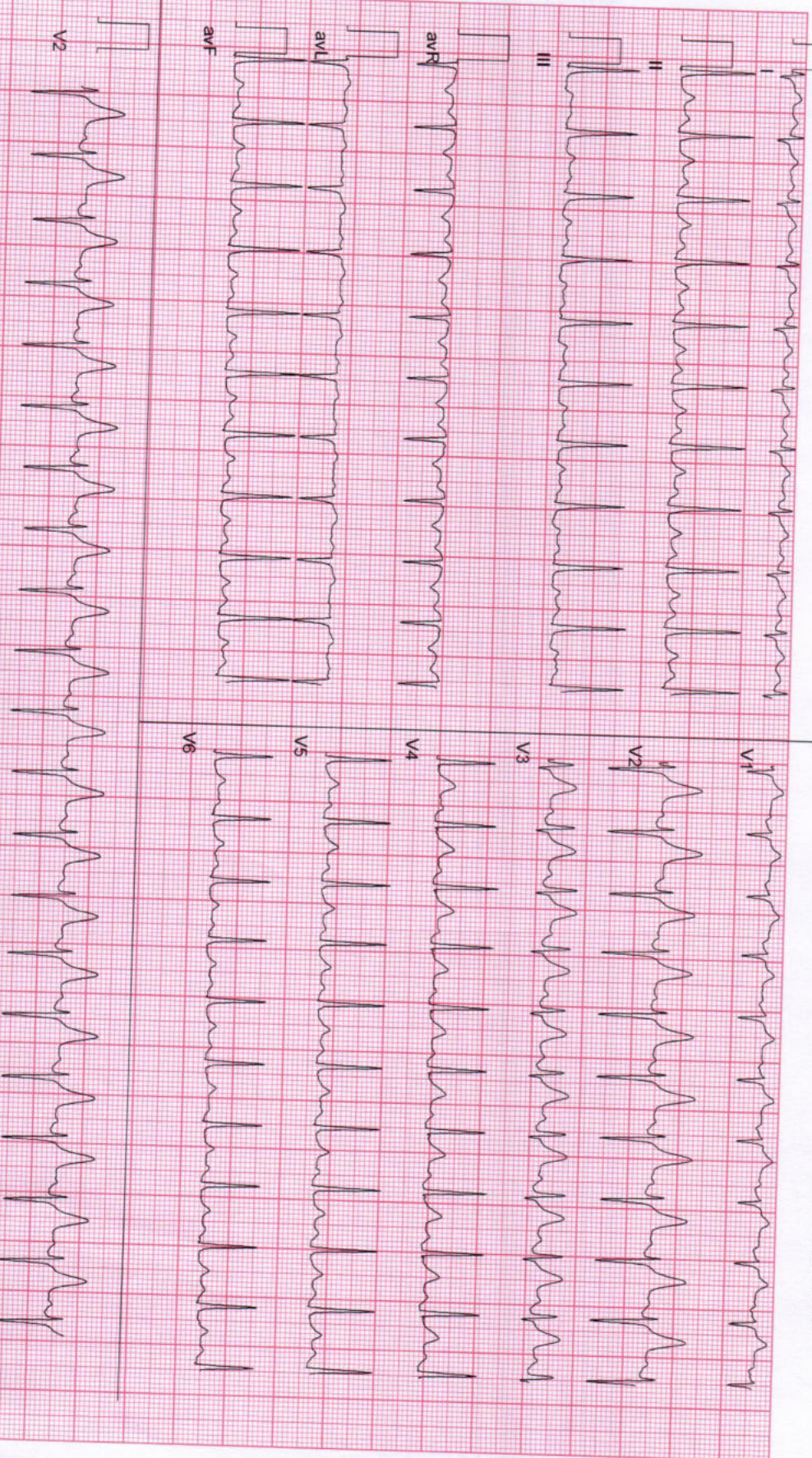
**SAHIDNAGAR, BHUBANESWAR**  
86 / ADAIT KUMAR PARIDA / 48 Yrs / Male / 166 Cm / 71 Kg

Date: 26 - 02 - 2022 12:43:42 PM METs : 1.0 HR : 122 Target HR : 71% of 172 BP : 126/83

**6 x 2 + Rhythm**  
Recovery(3:00)



EXTime : 08:45 0.0 mpm/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/HF 0.05 Hz/LF 35 Hz



(AUX\_GEM216201125)(R)Allengens

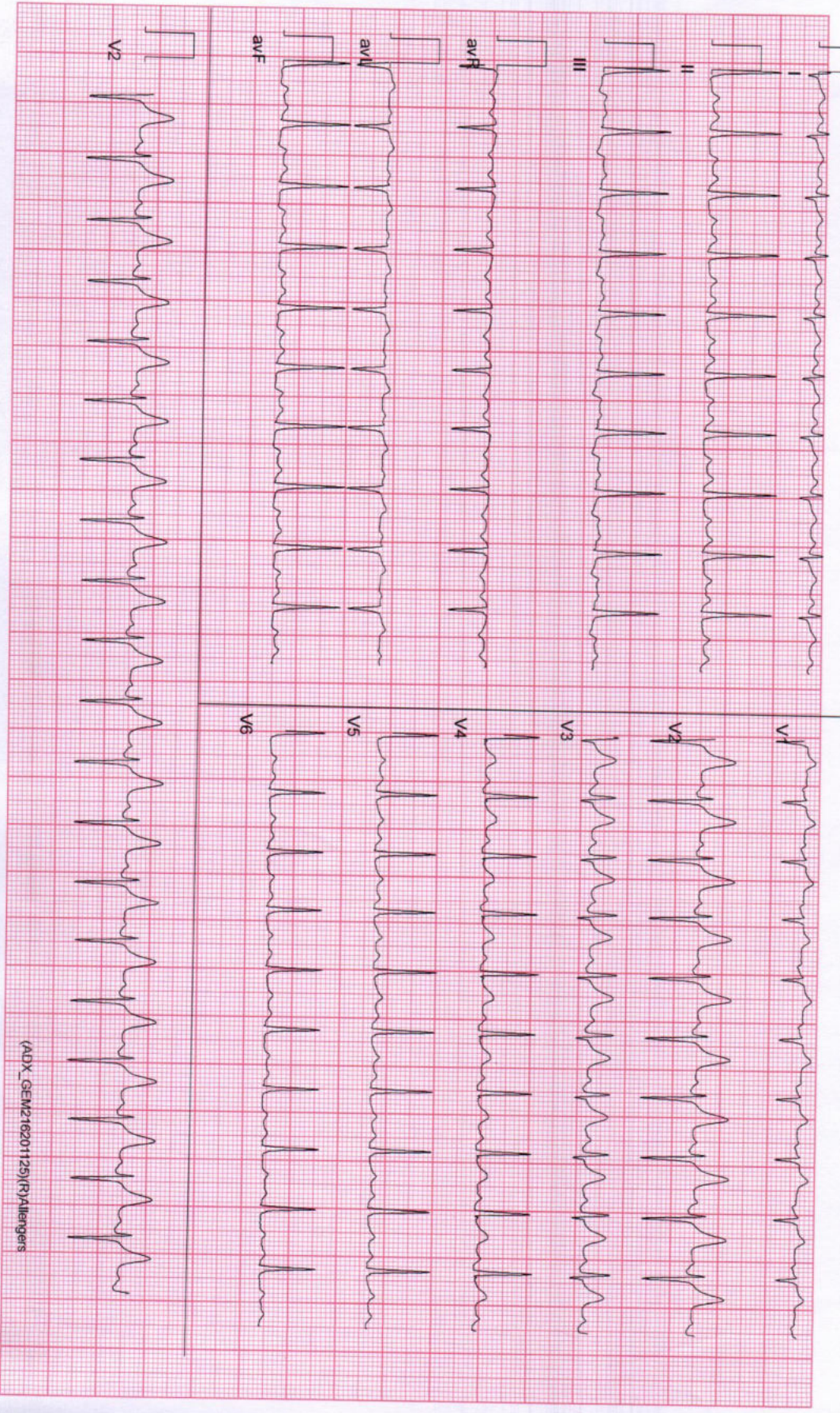
ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR  
86 / ADAIT KUMAR PARIDA / 48 Yrs / Male / 166 Cm / 71 Kg

6 x 2 + Rhythm  
Recovery(5:09)



Date: 26 - 02 - 2022 12:43:42 PM METS : 1.0 HR : 118 Target HR : 69% of 172 BP : 125/81  
Ex Time : 08:45 0.0 mph/0.0 % 25 mm/Sec: 1.0 Cm/mV BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz



(ADX\_GEM216201125)(R)/Allengens



भारतीय विशिष्ट पहचान प्राधिकरण

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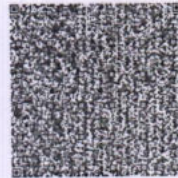
नामांकन क्रम/ Enrolment No.: 1434/49003/00018

To  
ଅଦୈତ୍ୟନାଥପରିଡ଼ା  
Adait Kumar Parida  
S/O Late Gouranga Charan Parida  
Plot No-798/2773  
Tarini Vihar  
Bhubaneswar  
Raghunathpurjali  
Barang  
Khorda Odisha - 754005  
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Adait Kumar Parida  
ଜନ୍ମ ତାରିଖ/DOB: 28/05/1972  
ପୁରୁଷ/ MALE

**6416 7673 6490**

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4 Hands



सत्यमेव जयते  
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S/O Late Gouranga Charan Parida  
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