

ZENA HEALTHCARE

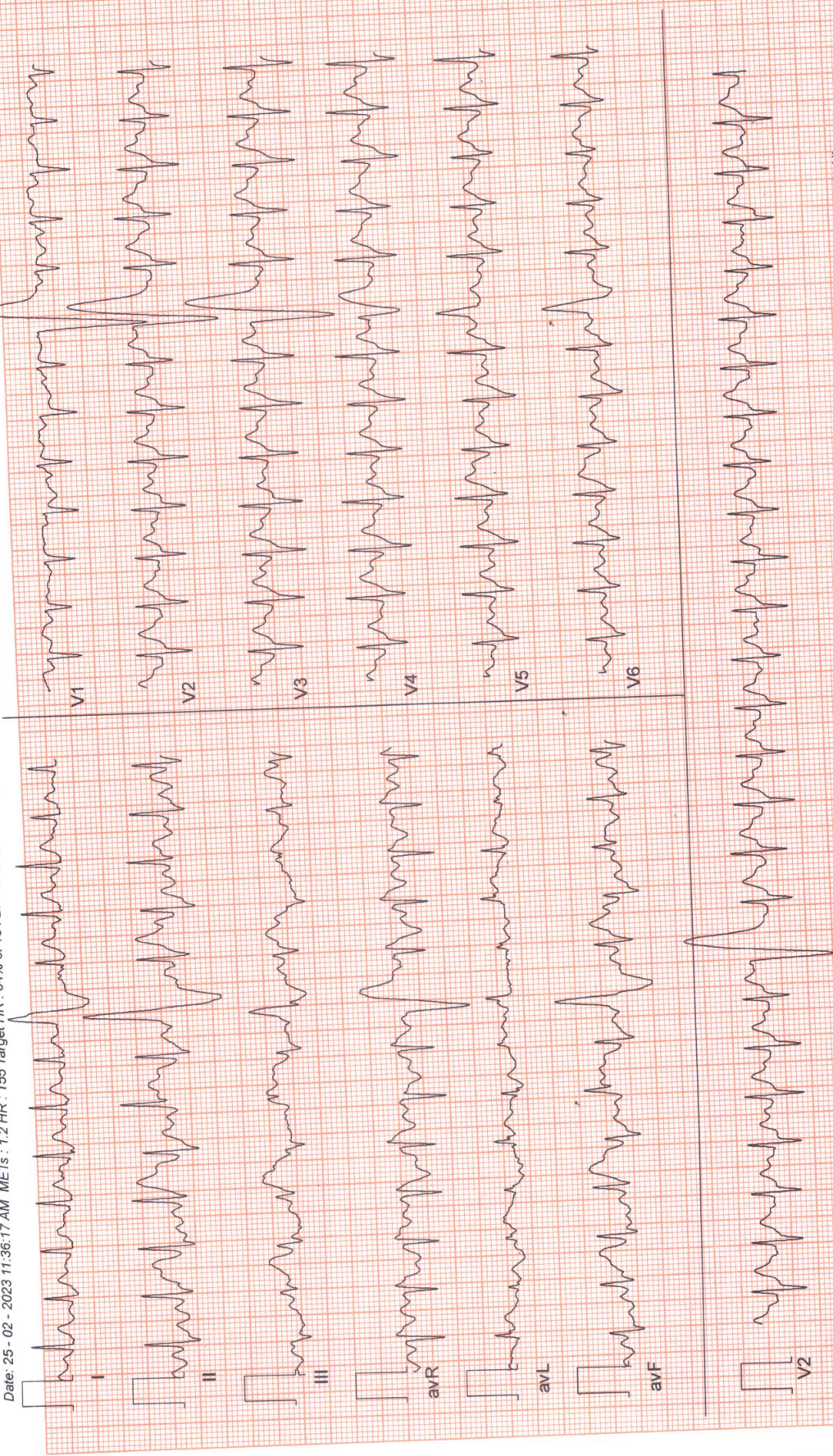
SAHIDNAGAR, BHUBANESWAR

501 / SATYABRATA PRADHAN / 36 Yrs / Male / 167 Cm / 115 Kg

6 x 2 + Rhythm
Recovery(1:00)



Date: 25-02-2023 11:36:17 AM METs : 1.2 HR : 155 Target HR : 84% of 184 BP : 132/85
Ext Time : 06:38 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

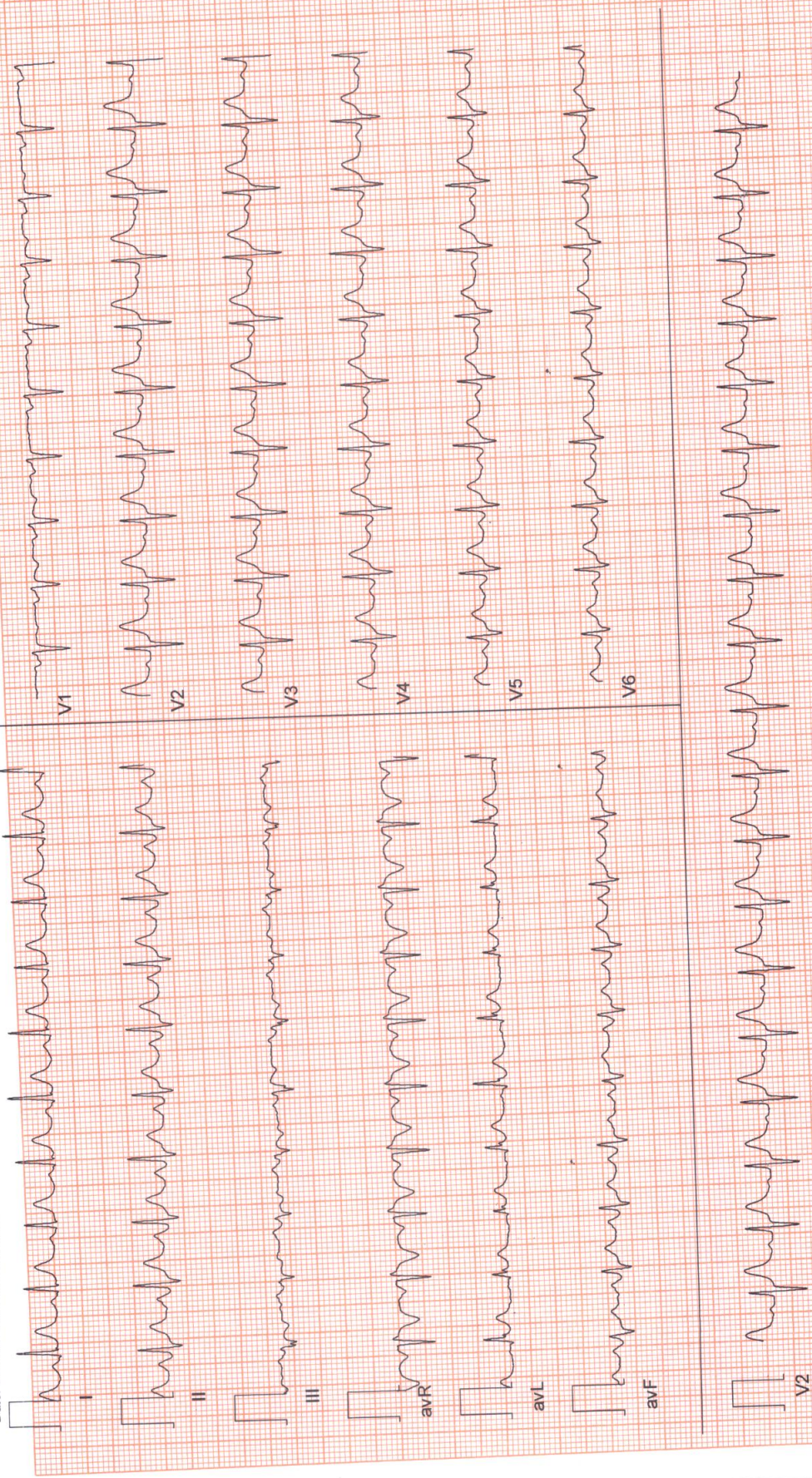
SAHIDNAGAR, BHUBANESWAR
501 / SATYABRATA PRADHAN / 36 Yrs / Male / 167 Cm / 115 Kg

**6 x 2 + Rhythm
Recovery(3:00)**



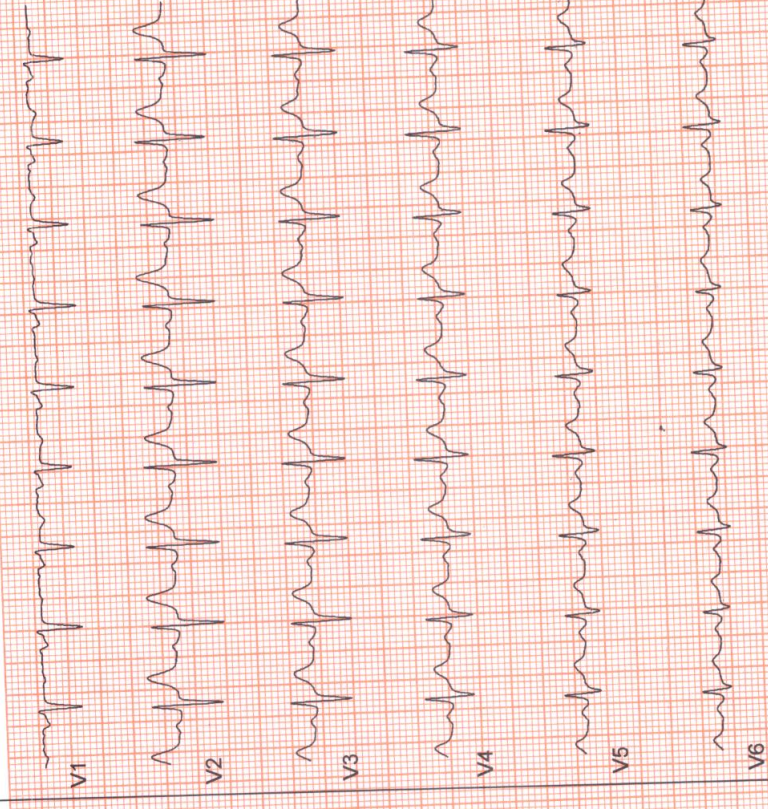
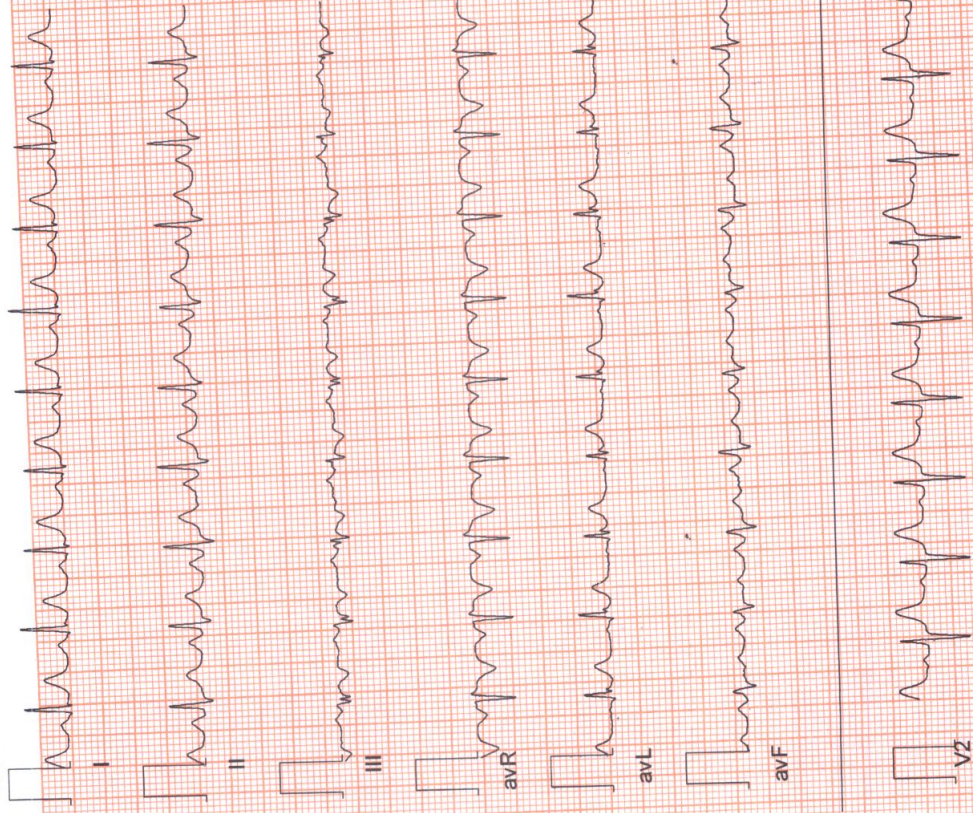
Ex Time : 06:38 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

Date: 25 - 02 - 2023 11:36:17 AM METs : 1.0 HR : 116 Target HR : 63% of 184 BP : 132/84





Date: 25-02-2023 11:36:17 AM METs : 1.0 HR : 113 Target HR : 61% of 184 BP : 130/82
Ex Time : 06:38 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



ID 103 CASE

SATTYABRATA PRADHAN
MALE

25/02/2023 11:13:22
ZENA HEALHCARE
PLOT-119, SAHIDNAGAR, BHUBANESWAR

AGE 36Y M D K9

Cms 76 bpm SINDUS RHYTHM

RATE 76 bpm

R-R 780 ms

P-R 138 ms

QRS 82 ms

QT 356 ms

QTc 384 ms

P-Axis 0.0°

QRS 0.3°

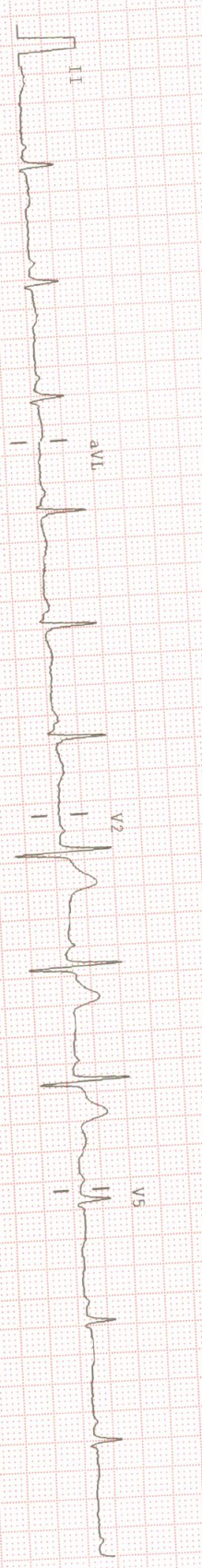
T 0.9°

NORMAL ECG

REF.

DR.

12 SL. REPORT FORMAT 3x4+1L SQ



25mm/sec 10mm/mV Notch ON BLC ON 0.05-35Hz ALLIENFERS PISCES I012(VER-1.9)CLINICALLY CORRELATE THE FINDINGS



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Regd. No. : 1834

ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

NAME:-SATYABRATA PRADHAN
AGE:-36YRS
Patient ID:-6

PREFERRAL:-MEDI WHEEL
DATE:-25.02.2023
SEX:-MALE

CHEST X-RAY PA VIEW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

IMPRESSION:-NORMAL STUDY.

B. Pradhan
Dr. Bhagaban Pradhan
M.D. (Radio diagnosis)
Consultant Radiologist


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Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com
Website : www.zenacare.in

Wishing Good Health



Patient Name : MR. SATYABRATA PRADHAN
Age / Gender : 36 years / Male
Patient ID : 15293

Referral : MEDI WHEEL
Collection Time : 25/02/2023, 11:37 AM
Reporting Time : 25/02/2023, 08:07 PM
Sample ID : 
17596

Test Description	Value(s)	Reference Range	Unit
<u>Glucose, Fasting (FBS)</u>			
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	88.0	75 - 115	mg/dL
<u>Glucose, Post Prandial (PP)</u>			
Blood Glucose-Post Prandial Method : Hexokinase	103.2	70 - 140	mg/dL
<u>Creatinine</u>			
Creatinine Method : Serum, Jaffe	0.74	0.60 - 1.30	mg/dL
<u>BUN, Serum</u>			
BUN-Blood Urea Nitroge Method : Serum, Urease	17.2	10 - 50	mg/dL
<u>Uric acid, Serum</u>			
Uric Acid Method : Uricase, Colorimetric	3.5	3.4 - 7.0	mg/dL

END OF REPORT

Lab technician


Dr.Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Patient ID : 15293

Referral : MEDI WHEEL
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Reporting Time : 25/02/2023, 08:08 PM
Sample ID :  17596

Test Description	Value(s)	Reference Range	Unit
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ESR, Erythrocyte Sedimentation Rate

ESR - Erythrocyte Sedimentation Rate	10	0 - 15	mm/hr
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Method : EDTA Whole Blood, Manual Westergren

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

Blood Group ABO & Rh Typing, Blood

Blood Group (ABO typing)	"O"
Method : Manual-Hemagglutination	
RhD Factor (Rh Typing)	Positive
Method : Manual hemagglutination	

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Patient Name : MR. SATYABRATA PRADHAN
Age / Gender : 36 years / Male
Patient ID : 15293

Referral : MEDI WHEEL
Collection Time : 25/02/2023, 11:37 AM
Reporting Time : 25/02/2023, 08:04 PM
Sample ID :  17596

Test Description	Value(s)	Reference Range	Unit
Complete Blood Count			
Hemoglobin (Hb)	15.0	13.5 - 18.0	gm/dL
Erythrocyte (RBC) Count	4.95	4.7 - 6.0	mil/cu.mm
Packed Cell Volume (PCV)	43.0	42 - 52	%
Mean Cell Volume (MCV)	86.87	78 - 100	fL
Mean Cell Haemoglobin (MCH)	30.30	27 - 31	pg
Mean Corpuscular Hb Concn. (MCHC)	34.88	32 - 36	g/dL
Red Cell Distribution Width (RDW)	13.2	11.5 - 14.0	%
Total Leucocytes (WBC) Count	9100	4000-10000	cell/cu.mm
Neutrophils	59	40 - 80	%
Lymphocytes	37	20 - 40	%
Monocytes	02	2 - 10	%
Eosinophils	02	1 - 6	%
Basophils	00	1-2	%
Platelet Count	278	150 - 450	10 ³ /ul
Mean Platelet Volume (MPV)	10.2	7.2 - 11.7	fL
PCT	0.28	0.2 - 0.5	%
PDW	16.2	9.0 - 17.0	%

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Referral : MEDI WHEEL
Collection Time : 25/02/2023, 11:37 AM
Reporting Time : 25/02/2023, 08:04 PM
Sample ID : 
17596

Test Description	Value(s)	Reference Range	Unit
HbA1c, Glycosylated Hemoglobin			
HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD	5.36		%
Method : (HPLC, NGSF certified)			
Estimated Average Glucose :	107.13		mg/dL

Interpretation

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

Note:

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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Referral : MEDI WHEEL
Collection Time : 25/02/2023, 11:37 AM
Reporting Time : 25/02/2023, 08:04 PM
Sample ID :  17596

Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		

END OF REPORT

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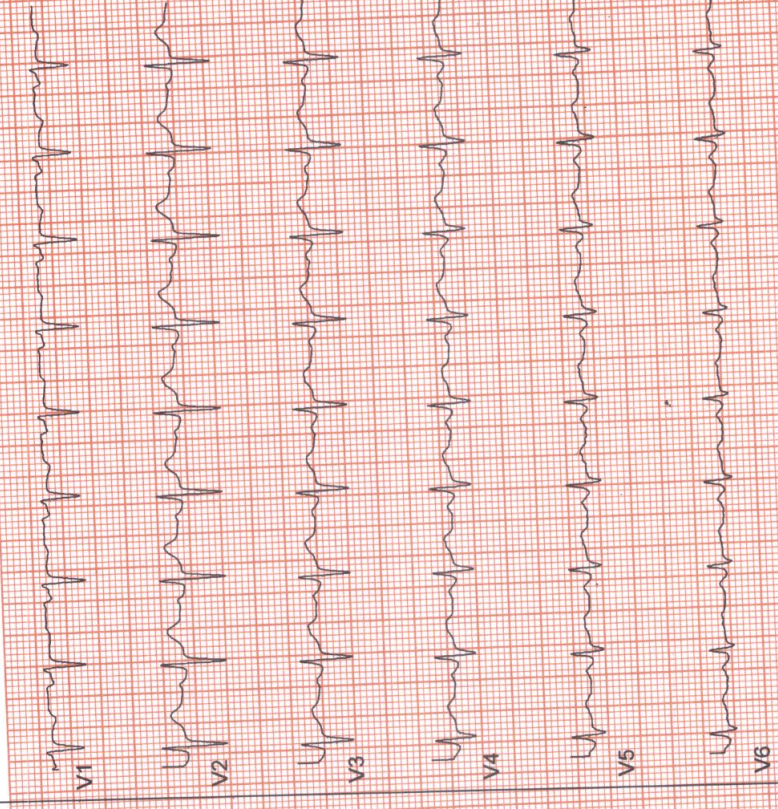
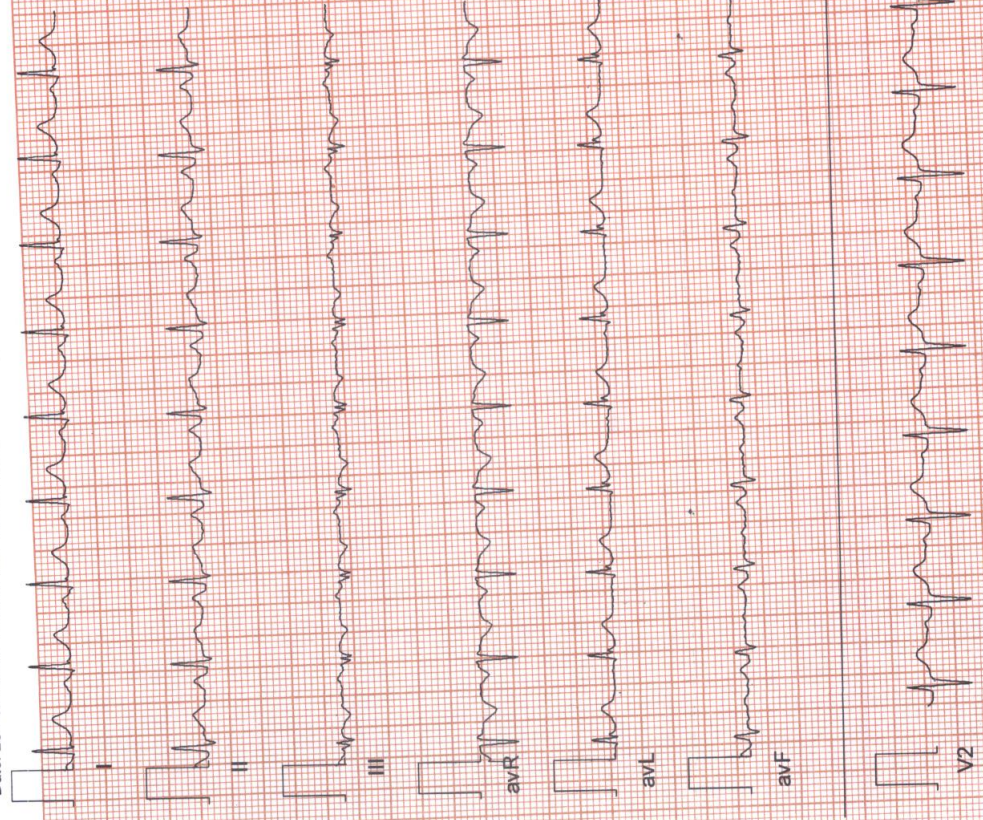
501 / SATYABRATA PRADHAN / 36 Yrs / Male / 167 Cm / 115 Kg

6 x 2 + Rhythm
BRUCE: Supine(0:22)




Ex Time : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC Onr/ Notch Onr/ HF 0.05 Hz/LF 35 Hz

Date: 25-02-2023 11:36:17 AM METs : 1.0 HR : 109 Target HR : 59% of 184 BP : 130/82





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Collection Time : 25/02/2023, 11:37 AM
Reporting Time : 25/02/2023, 08:04 PM
Sample ID : 
17596

Test Description	Value(s)	Reference Range	Unit
<u>Lipid Profile</u>			
Cholesterol-Total Method : Spectrophotometry	177	Desirable level < 200 Borderline High 200-239 High >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	89	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	42	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	117.20	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	17.80	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	4.21	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.79	2.5 - 3.5	

Note:
8-10 hours fasting sample is required.

END OF REPORT

Woh

Lab technician

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Sample ID : 
17596

Test Description	Value(s)	Reference Range	Unit
<u>Urine(R/M) Routine Examination of Urine</u>			
<u>General Examination</u>			
Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 6.0	4.5 - 7.0	
Specific gravity	1.015	1.005 - 1.030	
<u>Chemical Examination</u>			
Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	
<u>Microscopic Examination</u>			
Red blood cells	Absent	0-4	/hpf
Pus cells (WBCs)	0 - 3 /HPF	0-9	/hpf
Epithelial cells	2 - 3 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Amorphous deposits	Absent	Absent	
Bacteria	Absent	Absent	
Trichomonas Vaginalis	Absent	Absent	
Yeast cells	Absent	Absent	

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Collection Time : 25/02/2023, 11:37 AM
Reporting Time : 25/02/2023, 08:08 PM
Sample ID : 
17596

Test Description	Value(s)	Reference Range	Unit
LFT, Liver Function Test			
Bilirubin - Total Method : Serum, Jendrassik Grof	0.65	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazotization	0.16	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.49	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with P5P, IFCC 37 degree	16.2	8 - 33	U/L
SGPT Method : Serum, UV with P5P, IFCC 37 degree	24.2	3 - 35	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	10.2	< 55	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	113.2	53-128	U/L
Total Protein Method : Serum, Biuret, reagent blank end point	6.74	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	3.95	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	2.79	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.42	1.2 - 2.2	

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Age / Gender : 36 years / Male
Patient ID : 15293

Referral : MEDI WHEEL
Collection Time : 25/02/2023, 11:37 AM
Reporting Time : 25/02/2023, 08:09 PM
Sample ID : 
17596

Test Description	Value(s)	Reference Range	Unit
Thyroid Profile (T3, T4, TSH)			
T3-Total Method : CLIA	0.95	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	7.22	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	0.68	0.45 - 4.50	uIU/mL

Interpretation

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability .Subclinical Autoimmune Hypothyroidism. Intermittent 14 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis"
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent 14 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion'
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease). Multinodular goitre, Toxic nodule •Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3-often seen in elderly & associated Non-Thyroidal illness In elderly the drop in 13 level can be upto 25%.

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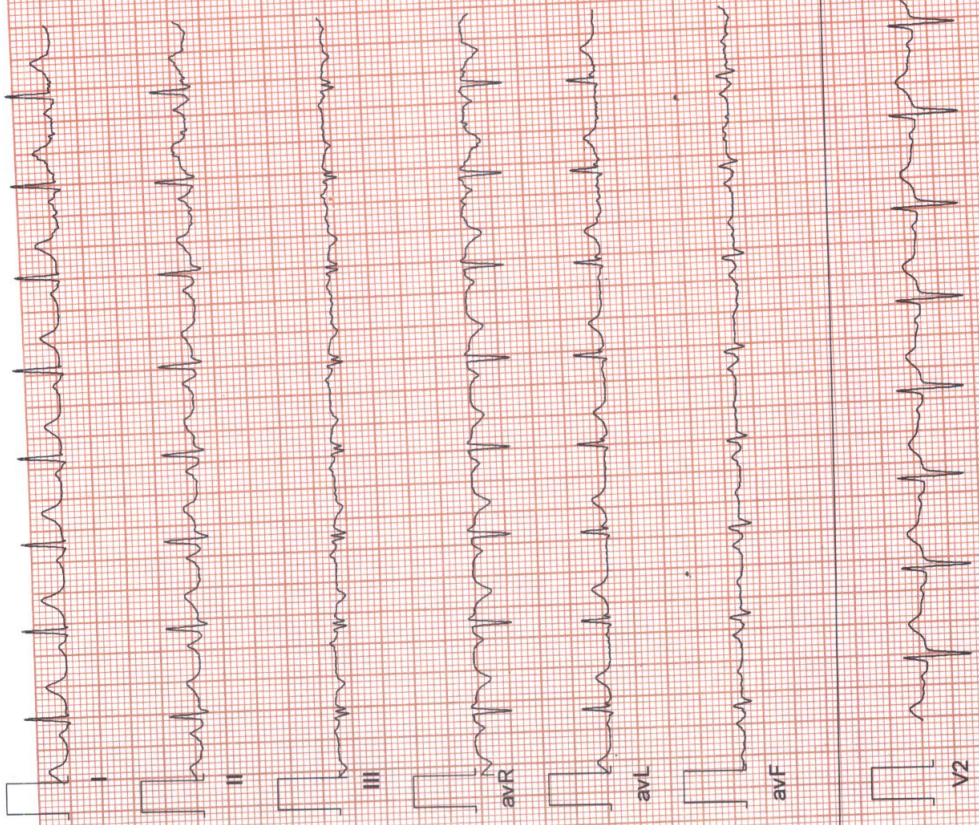
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501 / SATYABRATA PRADHAN / 36 Yrs / Male / 167 Cm / 115 Kg

6 x 2 + Rhythm
BRUCE: Standing (0:15)



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ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

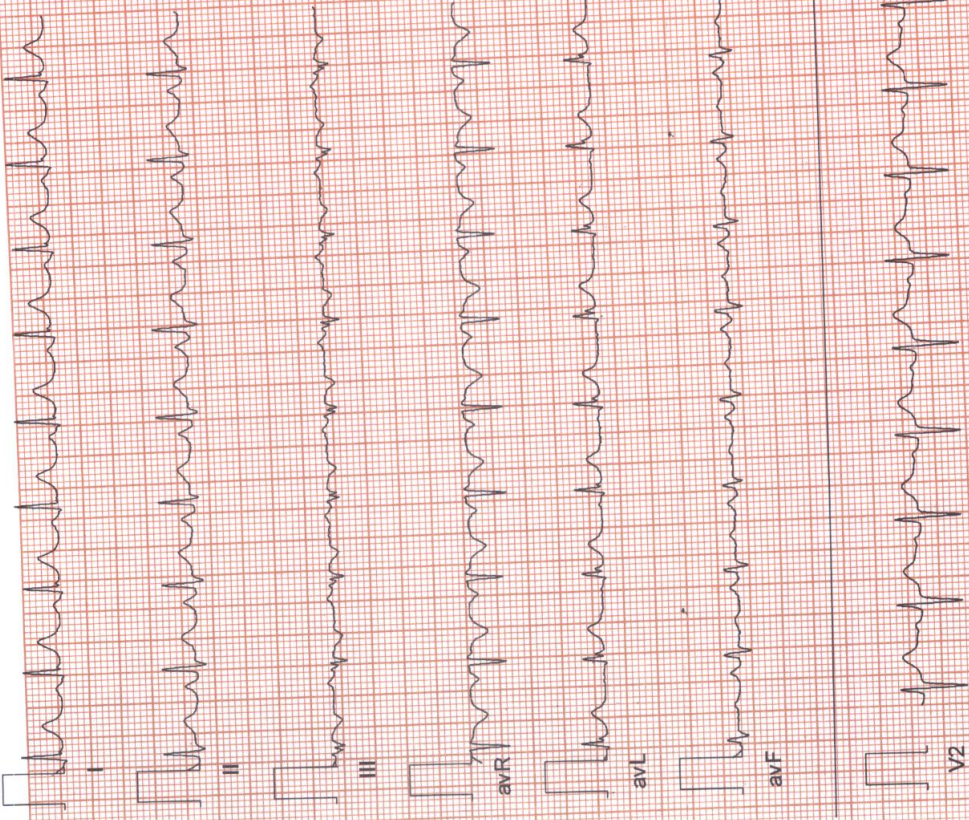




6 x 2 + Rhythm
BRUCE:HV(0:17)

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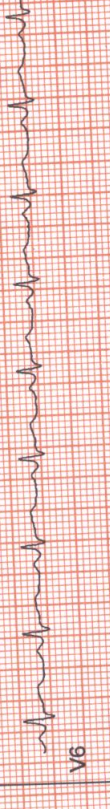
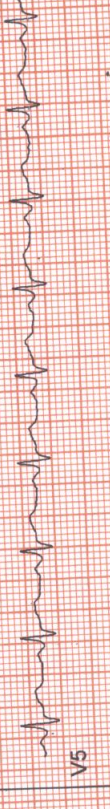
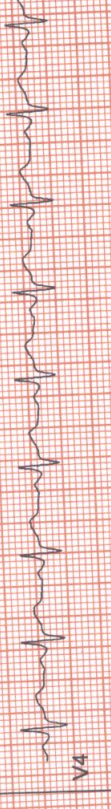
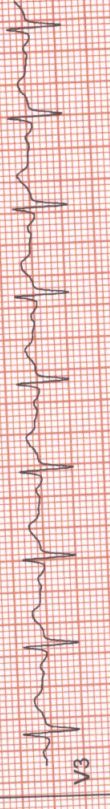
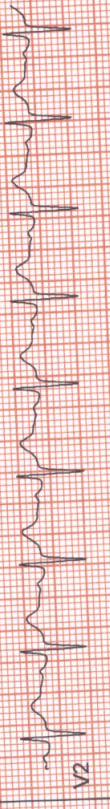
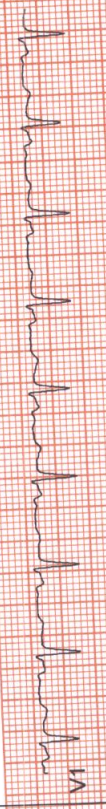
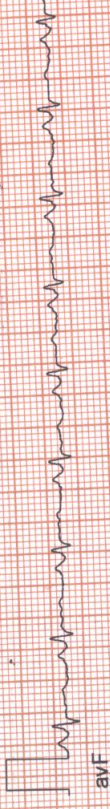
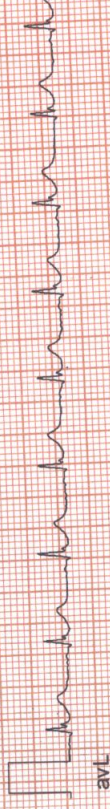
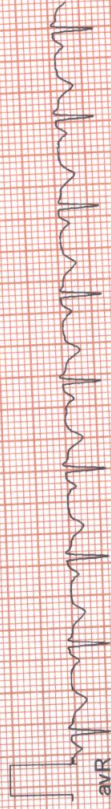
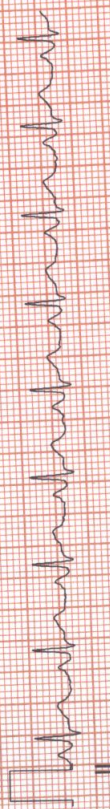
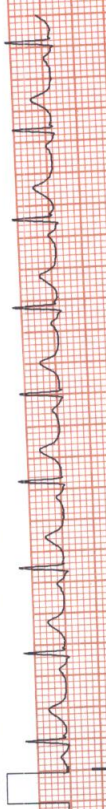
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6 x 2 + Rhythm
ExStart



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ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ HF 0.05 Hz/LF 35 Hz



V2

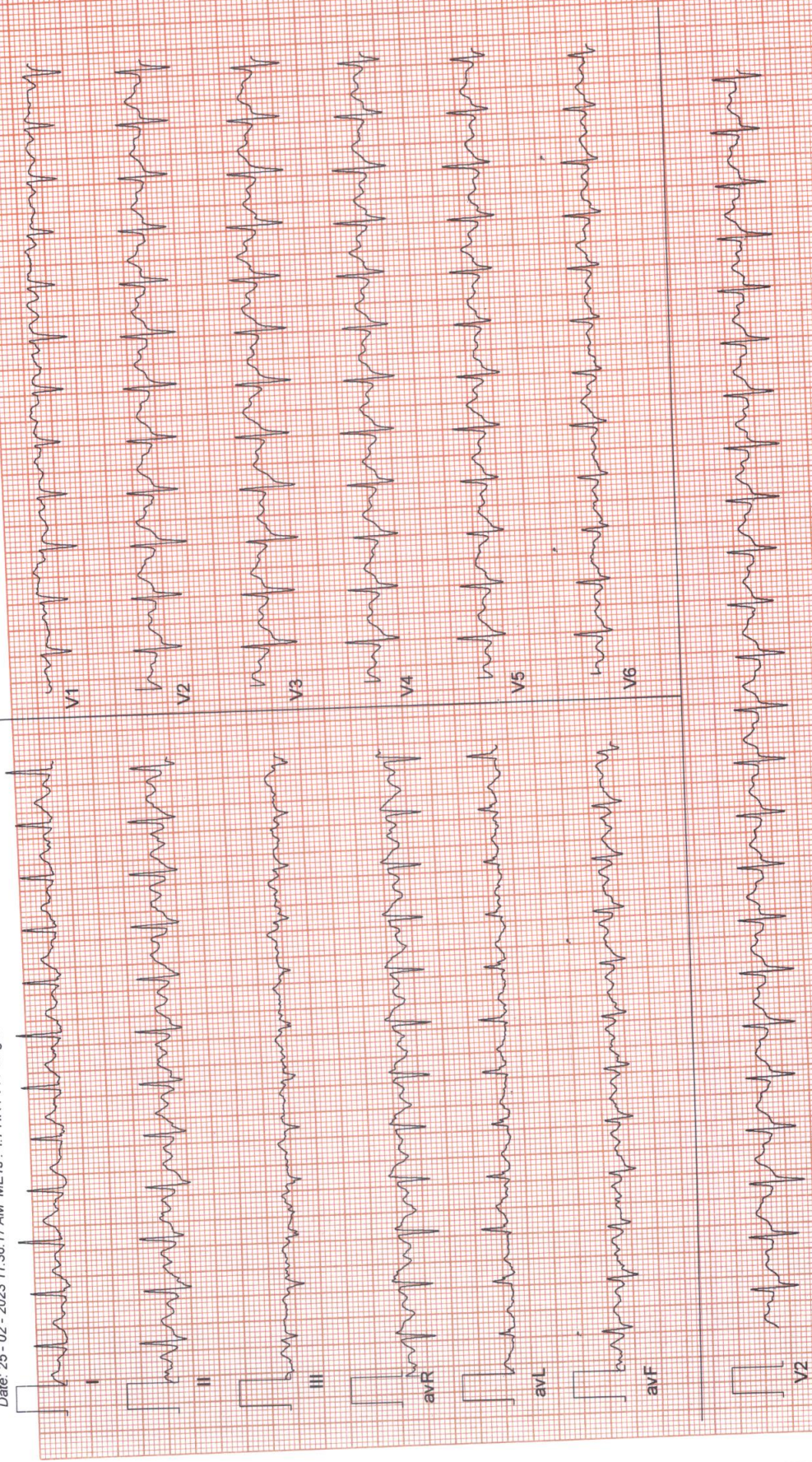




6 x 2 + Rhythm BRUCE: Stage 1 (3:00)

ZENA HEALTHCARE
SAHIDNAGAR, BHUBANESWAR
501 / SATYABRATA PRADHAN / 36 Yrs / Male / 167 Cm / 115 Kg

Date: 25 - 02 - 2023 11:36:17 AM METs : 4.7 HR : 144 Target HR : 78% of 184 BP : 131/83
ExTime : 03:00 1.7 mph 10.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)/Allengerts

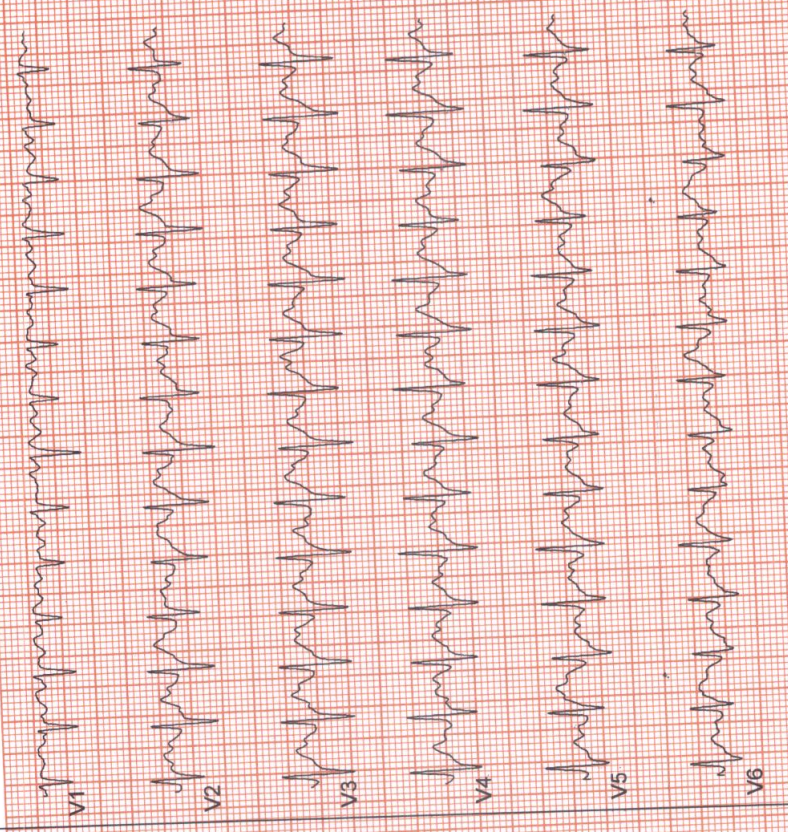
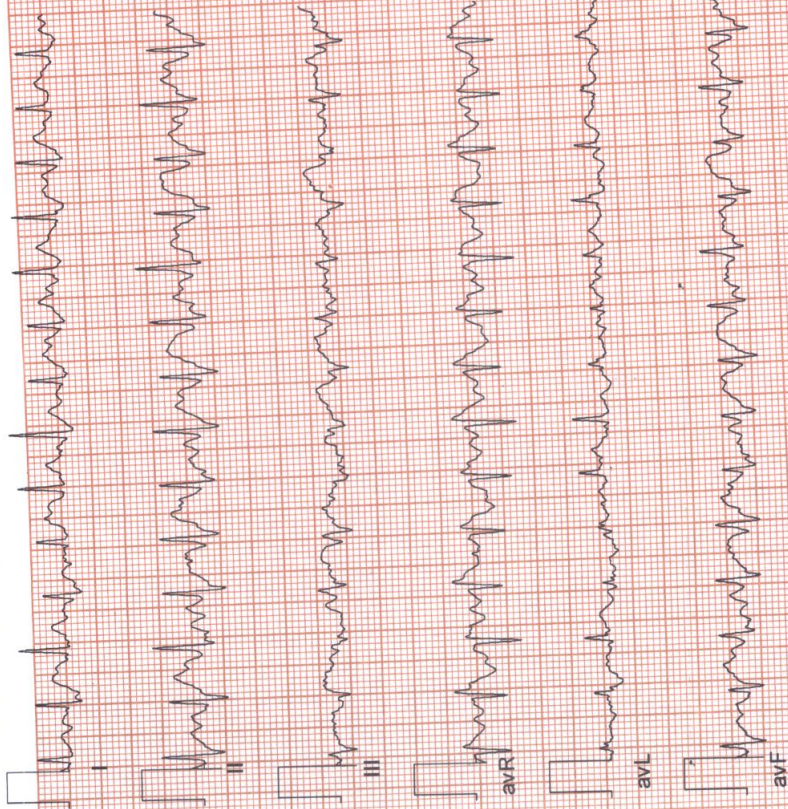
ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR
501 / SATYABRATA PRADHAN / 36 Yrs / Male / 167 Cm / 115 Kg

6 x 2 + Rhythm
BRUCE: Stage 2(3:00)



Date: 25 - 02 - 2023 11:36:17 AM METs : 7.1 HR : 168 Target HR : 91% of 184 BP : 133/85
Ex Time : 06:00 2.5 mph/12.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz



V2

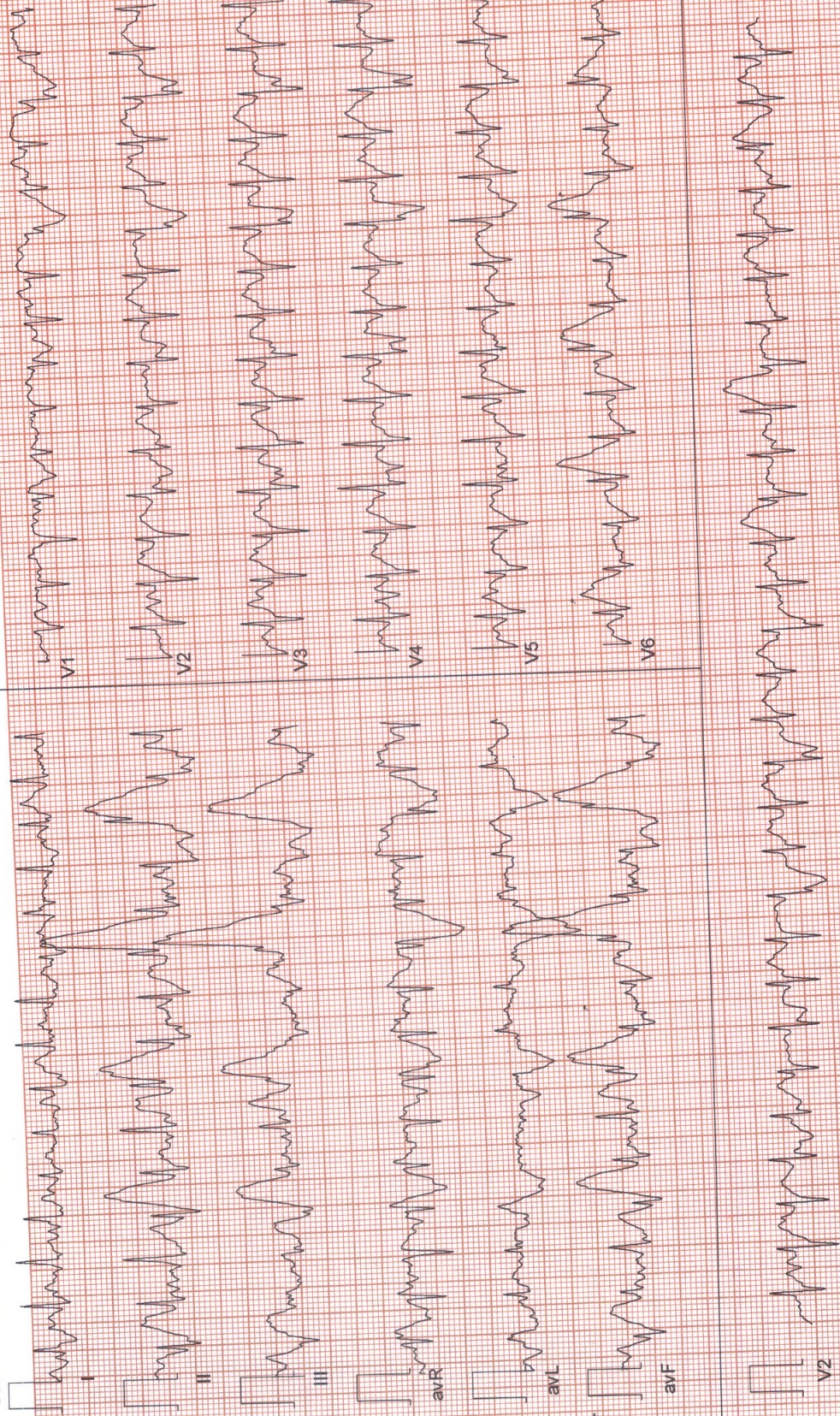
ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR
501 / SATYABRATA PRADHAN / 36 Yrs / Male / 167 Cm / 115 Kg

6 x 2 + Rhythm
PeakEx



Date: 25-02-2023 11:36:17 AM METs : 7.8 HR : 177 Target HR : 96% of 184 BP : 133/85
ExtTime : 06:38 3.4 mph/14.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR
501 / SATYABRATA PRADHAN / 36 Yrs / Male / 167 Cm / 115 Kg

**6 x 2 + Rhythm
Recovery(0:30)**



Date: 25-02-2023 11:36:17 AM METs : 4.2 HR : 165 Target HR : 90% of 184 BP : 133/85
Ex Time : 06:38 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





ZENA HEALTHCARE
SAHIDNAGAR, BHUBANESWAR

501 / SATYABRATA PRADHAN / 36 Yrs / M / 167 Cms / 115 Kg Date: 25-Feb-2023 Refd By : MEDI WHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:22	0:22	00.0	00.0	01.0	109	59 %	130/82	141	00	
Standing	00:37	0:15	00.0	00.0	01.0	108	59 %	130/82	140	00	
HV	00:54	0:17	00.0	00.0	01.0	107	58 %	130/82	139	00	
Ex-Start	01:11	0:17	00.0	00.0	01.0	104	57 %	130/82	135	00	
BRUCE Stage 1	04:11	3:00	01.7	10.0	04.7	144	78 %	131/83	188	00	
BRUCE Stage 2	07:11	3:00	02.5	12.0	07.1	168	91 %	133/85	223	00	
PeakEx	07:49	0:38	03.4	14.0	07.8	177	96 %	133/85	235	00	
Recovery	08:19	0:30	01.1	00.0	04.2	165	90 %	133/85	219	00	
Recovery	08:49	1:00	01.1	00.0	01.2	155	84 %	132/85	204	00	
Recovery	10:49	3:00	00.0	00.0	01.0	116	63 %	132/84	153	00	
Recovery	12:59	5:10	00.0	00.0	01.0	113	61 %	130/82	146	00	

FINDINGS :

- Exercise Time : 06:38
- Max HR Attained : 177 bpm 96% of Target 184
- Max BP Attained : 133/85
- Max WorkLoad Attained : 7.8 Fair response to induced stress
- Test End Reasons : Test Complete

REPORT :