

| | |
|-------------------------------------|--|
| Patient Name : Mrs.MALLIKA P SHETTY | Collected : 26/Oct/2024 08:55AM |
| Age/Gender : 50 Y 1 M 30 D/F | Received : 26/Oct/2024 10:23AM |
| UHID/MR No : AHMYS.0000249024 | Reported : 26/Oct/2024 02:00PM |
| Visit ID : CMYSOPV130886 | Status : Final Report |
| Ref Doctor : Self | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : 22S30635 | |

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

| Test Name | Result | Unit | Bio. Ref. Interval | Method |
|---|--------------|-------------------------|--------------------|--------------------------------|
| HEMOGRAM , WHOLE BLOOD EDTA | | | | |
| HAEMOGLOBIN | 14.9 | g/dL | 12.5-15 | Spectrophotometer |
| PCV | 44.60 | % | 36-46 | Electronic pulse & Calculation |
| RBC COUNT | 5.47 | Million/cu.mm | 3.8-4.8 | Electrical Impedance |
| MCV | 81.5 | fL | 83-101 | Calculated |
| MCH | 27.3 | pg | 27-32 | Calculated |
| MCHC | 33.5 | g/dL | 31.5-34.5 | Calculated |
| R.D.W | 16.1 | % | 11.6-14 | Calculated |
| TOTAL LEUCOCYTE COUNT (TLC) | 5,360 | cells/cu.mm | 4000-10000 | Electrical Impedance |
| DIFFERENTIAL LEUCOCYTIC COUNT (DLC) | | | | |
| NEUTROPHILS | 56 | % | 40-80 | Electrical Impedance |
| LYMPHOCYTES | 31 | % | 20-40 | Electrical Impedance |
| EOSINOPHILS | 4 | % | 1-6 | Electrical Impedance |
| MONOCYTES | 7 | % | 2-10 | Electrical Impedance |
| BASOPHILS | 2 | % | 0-2 | Electrical Impedance |
| ABSOLUTE LEUCOCYTE COUNT | | | | |
| NEUTROPHILS | 3001.6 | Cells/cu.mm | 2000-7000 | Calculated |
| LYMPHOCYTES | 1661.6 | Cells/cu.mm | 1000-3000 | Calculated |
| EOSINOPHILS | 214.4 | Cells/cu.mm | 20-500 | Calculated |
| MONOCYTES | 375.2 | Cells/cu.mm | 200-1000 | Calculated |
| BASOPHILS | 107.2 | Cells/cu.mm | 0-100 | Calculated |
| Neutrophil lymphocyte ratio (NLR) | 1.81 | | 0.78- 3.53 | Calculated |
| PLATELET COUNT | 272000 | cells/cu.mm | 150000-410000 | Electrical impedance |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 26 | mm at the end of 1 hour | 0-20 | Modified Westergren |
| PERIPHERAL SMEAR | | | | |

R.B.C: Majority are normocytic normochromic.
W.B.C: Are normal in number,morphology and distribution.
Platelets: Adequate and are seen in singles and clumps.
Hemoparasites: Not seen.



Dr. PAVAN KUMAR M
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| Age/Gender : 50 Y 1 M 30 D/F | Received : 26/Oct/2024 10:23AM |
| UHID/MR No : AHMYS.0000249024 | Reported : 26/Oct/2024 12:54PM |
| Visit ID : CMYSOPV130886 | Status : Final Report |
| Ref Doctor : Self | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : 22S30635 | |

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

| Test Name | Result | Unit | Bio. Ref. Interval | Method |
|---|----------|------|--------------------|--|
| BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA | | | | |
| BLOOD GROUP TYPE | A | | | Forward & Reverse Grouping with Slide/Tube Aggluti |
| Rh TYPE | POSITIVE | | | Forward & Reverse Grouping with Slide/Tube Agglutination |



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| Patient Name : Mrs.MALLIKA P SHETTY | Collected : 26/Oct/2024 08:55AM |
| Age/Gender : 50 Y 1 M 30 D/F | Received : 26/Oct/2024 10:35AM |
| UHID/MR No : AHMYS.0000249024 | Reported : 26/Oct/2024 01:05PM |
| Visit ID : CMYSOPV130886 | Status : Final Report |
| Ref Doctor : Self | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

| Test Name | Result | Unit | Bio. Ref. Interval | Method |
|---|--------|-------|--------------------|------------|
| HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA | | | | |
| HBA1C, GLYCATED HEMOGLOBIN | 4.9 | % | | HPLC |
| ESTIMATED AVERAGE GLUCOSE (eAG) | 94 | mg/dL | | Calculated |

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

| REFERENCE GROUP | HBA1C % |
|------------------------|-----------|
| NON DIABETIC | <5.7 |
| PREDIABETES | 5.7 – 6.4 |
| DIABETES | ≥ 6.5 |
| DIABETICS | |
| EXCELLENT CONTROL | 6 – 7 |
| FAIR TO GOOD CONTROL | 7 – 8 |
| UNSATISFACTORY CONTROL | 8 – 10 |
| POOR CONTROL | >10 |

Note: Dietary preparation or fasting is not required.

1. HbA1c is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.

2. Trends in HbA1c values is a better indicator of Glycemic control than a single test.

3. Low HbA1c in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.

4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.

5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control

A: HbF >25%

B: Homozygous Hemoglobinopathy.

(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

| Test Name | Result | Unit | Bio. Ref. Interval | Method |
|------------------------------|---------------|-------|--------------------|--------------|
| LIPID PROFILE , SERUM | | | | |
| TOTAL CHOLESTEROL | 309 | mg/dl | 0-200 | CHOD |
| TRIGLYCERIDES | 268 | mg/dl | 0-150 | GPO, Trinder |
| HDL CHOLESTEROL | 51 | mg/dL | 40-60 | CHOD |
| NON-HDL CHOLESTEROL | 258 | mg/dL | <130 | Calculated |
| LDL CHOLESTEROL | 204.57 | mg/dL | <100 | Calculated |
| VLDL CHOLESTEROL | 53.52 | mg/dL | <30 | Calculated |
| CHOL / HDL RATIO | 6.07 | | 0-4.97 | Calculated |
| ATHEROGENIC INDEX (AIP) | 0.36 | | <0.11 | Calculated |

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

| | Desirable | Borderline High | High | Very High |
|---------------------|--|-----------------|-----------|-----------|
| TOTAL CHOLESTEROL | < 200 | 200 - 239 | ≥ 240 | |
| TRIGLYCERIDES | <150 | 150 - 199 | 200 - 499 | ≥ 500 |
| LDL | Optimal < 100 Near Optimal 100-129 | 130 - 159 | 160 - 189 | ≥ 190 |
| HDL | ≥ 60 | | | |
| NON-HDL CHOLESTEROL | Optimal <130; Above Optimal 130-159 | 160-189 | 190-219 | >220 |



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

| Test Name | Result | Unit | Bio. Ref. Interval | Method |
|--|---------------|-------|--------------------|----------------------------|
| LIVER FUNCTION TEST (LFT) , SERUM | | | | |
| BILIRUBIN, TOTAL | 0.53 | mg/dl | 0-1.2 | NBD |
| BILIRUBIN CONJUGATED (DIRECT) | 0.14 | mg/dl | 0-0.2 | Diazotized sulfanilic acid |
| BILIRUBIN (INDIRECT) | 0.39 | mg/dL | 0.0-1.1 | Dual Wavelength |
| ALANINE AMINOTRANSFERASE (ALT/SGPT) | 27 | U/l | 0-45 | IFCC |
| ASPARTATE AMINOTRANSFERASE (AST/SGOT) | 26.0 | U/l | 0-31 | IFCC |
| AST (SGOT) / ALT (SGPT) RATIO (DE RITIS) | 1.0 | | <1.15 | Calculated |
| ALKALINE PHOSPHATASE | 103.00 | U/l | 42-98 | IFCC (AMP buffer) |
| PROTEIN, TOTAL | 8.40 | g/dl | 6.4-8.3 | Biuret |
| ALBUMIN | 4.70 | g/dl | 3.5-5.2 | Bromcresol Green |
| GLOBULIN | 3.70 | g/dL | 2.0-3.5 | Calculated |
| A/G RATIO | 1.27 | | 0.9-2.0 | Calculated |

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin) Common patterns seen:

1. Hepatocellular Injury:

*AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.*ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI. Disproportionate increase in AST, ALT compared with ALP. AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson’s diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Patten:*ALP – Disproportionate increase in ALP compared with AST, ALT. ALP elevation also seen in pregnancy, impacted by age and sex.*Bilirubin elevated- predominantly direct , To establish the hepatic origin correlation with elevated GGT helps.

3. Synthetic function impairment:*Albumin- Liver disease reduces albumin levels, Correlation with PT (Prothrombin Time) helps.

4. Associated tests for assessment of liver fibrosis - Fibrosis-4 and APRI Index.



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| UHID/MR No : AHMYS.0000249024 | Reported : 26/Oct/2024 11:47AM |
| Visit ID : CMYSOPV130886 | Status : Final Report |
| Ref Doctor : Self | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : 22S30635 | |

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

| Test Name | Result | Unit | Bio. Ref. Interval | Method |
|--|--------|--------|--------------------|--------|
| THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM | | | | |
| TRI-iodothyronine (T3, TOTAL) | 1.23 | ng/mL | 0.87-1.78 | CLIA |
| THYROXINE (T4, TOTAL) | 10.83 | µg/dL | 6.09-12.23 | CLIA |
| THYROID STIMULATING HORMONE (TSH) | 3.500 | µIU/mL | 0.38-5.33 | CLIA |

Comment:

| | |
|-----------------------------|--|
| For pregnant females | Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association) |
| First trimester | 0.1 - 2.5 |
| Second trimester | 0.2 – 3.0 |
| Third trimester | 0.3 – 3.0 |

- TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

| TSH | T3 | T4 | FT4 | Conditions |
|-------|------|------|------|---|
| High | Low | Low | Low | Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis |
| High | N | N | N | Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy. |
| N/Low | Low | Low | Low | Secondary and Tertiary Hypothyroidism |
| Low | High | High | High | Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy |
| Low | N | N | N | Subclinical Hyperthyroidism |
| Low | Low | Low | Low | Central Hypothyroidism, Treatment with Hyperthyroidism |
| Low | N | High | High | Thyroiditis, Interfering Antibodies |
| N/Low | High | N | N | T3 Thyrotoxicosis, Non thyroidal causes |

Dr. PAVAN KUMAR M
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SIN No:MYS241001428



| | |
|-------------------------------------|--|
| Patient Name : Mrs.MALLIKA P SHETTY | Collected : 26/Oct/2024 08:55AM |
| Age/Gender : 50 Y 1 M 30 D/F | Received : 26/Oct/2024 12:12PM |
| UHID/MR No : AHMYS.0000249024 | Reported : 26/Oct/2024 12:56PM |
| Visit ID : CMYSOPV130886 | Status : Final Report |
| Ref Doctor : Self | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : 22S30635 | |

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

| Test Name | Result | Unit | Bio. Ref. Interval | Method |
|--|-------------|------|--------------------|----------------------------|
| COMPLETE URINE EXAMINATION (CUE) , URINE | | | | |
| PHYSICAL EXAMINATION | | | | |
| COLOUR | PALE YELLOW | | PALE YELLOW | Visual |
| TRANSPARENCY | CLEAR | | CLEAR | Physical Measurement |
| pH | 5.5 | | 5-7.5 | Double Indicator |
| SP. GRAVITY | 1.010 | | 1.002-1.030 | Bromothymol Blue |
| BIOCHEMICAL EXAMINATION | | | | |
| URINE PROTEIN | NEGATIVE | | NEGATIVE | Protein Error Of Indicator |
| GLUCOSE | NEGATIVE | | NEGATIVE | Glucose Oxidase |
| URINE BILIRUBIN | NEGATIVE | | NEGATIVE | Azo Coupling Reaction |
| URINE KETONES (RANDOM) | NEGATIVE | | NEGATIVE | Sodium Nitro Prusside |
| UROBILINOGEN | NORMAL | | NORMAL | Modified Ehrlich Reaction |
| NITRITE | NEGATIVE | | NEGATIVE | Diazotization |
| LEUCOCYTE ESTERASE | NEGATIVE | | NEGATIVE | Leucocyte Esterase |
| CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY | | | | |
| PUS CELLS | 1 - 2 | /hpf | 0-5 | Microscopy |
| EPITHELIAL CELLS | 4 - 6 | /hpf | <10 | Microscopy |
| RBC | NIL | /hpf | 0-2 | Microscopy |
| CASTS | NIL | | 0-2 Hyaline Cast | Microscopy |
| CRYSTALS | ABSENT | | ABSENT | Microscopy |

Comment:

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods. Microscopy findings are reported as an average of 10 high power fields.



Dr. PAVAN KUMAR M
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SIN No:MYS241001429



Patient Name : Mrs.MALLIKA P SHETTY
 Age/Gender : 50 Y 1 M 30 D/F
 UHID/MR No : AHMYS.0000249024
 Visit ID : CMYSOPV130886
 Ref Doctor : Self
 Emp/Auth/TPA ID : 22S30635

Collected : 26/Oct/2024 08:55AM
 Received : 26/Oct/2024 12:12PM
 Reported : 26/Oct/2024 02:01PM
 Status : Final Report
 Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

| Test Name | Result | Unit | Bio. Ref. Interval | Method |
|------------------------------|----------|------|--------------------|---------|
| URINE GLUCOSE(POST PRANDIAL) | NEGATIVE | | NEGATIVE | GOD-POD |

| Test Name | Result | Unit | Bio. Ref. Interval | Method |
|------------------------|----------|------|--------------------|---------|
| URINE GLUCOSE(FASTING) | NEGATIVE | | NEGATIVE | GOD-POD |



Dr. PAVAN KUMAR M
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 Consultant Pathologist

SIN No:MYS241001427



| | |
|-------------------------------------|--|
| Patient Name : Mrs.MALLIKA P SHETTY | Collected : 26/Oct/2024 01:18PM |
| Age/Gender : 50 Y 1 M 30 D/F | Received : 27/Oct/2024 02:29PM |
| UHID/MR No : AHMYS.0000249024 | Reported : 29/Oct/2024 11:43AM |
| Visit ID : CMYOPV130886 | Status : Final Report |
| Ref Doctor : Self | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : 22S30635 | |

DEPARTMENT OF CYTOLOGY

LBC PAP SMEAR , CERVICAL SAMPLE

| | | |
|------------|----------------------------------|--|
| | CYTOLOGY NO. | 23782/24 |
| I | SPECIMEN | |
| a | SPECIMEN ADEQUACY | ADEQUATE |
| b | SPECIMEN TYPE | LIQUID-BASED PREPARATION (LBC) |
| | SPECIMEN NATURE/SOURCE | CERVICAL SMEAR |
| c | ENDOCERVICAL-TRANSFORMATION ZONE | ABSENT |
| d | COMMENTS | SATISFACTORY FOR EVALUATION |
| II | MICROSCOPY | Superficial and intermediate squamous epithelial cells with benign morphology. Inflammatory cells, predominantly neutrophils. Negative for intraepithelial lesion/malignancy |
| III | RESULT | |
| a | EPITHEIAL CELL | |
| | SQUAMOUS CELL ABNORMALITIES | NOT SEEN |
| | GLANDULAR CELL ABNORMALITIES | NOT SEEN |
| b | ORGANISM | NIL |
| IV | INTERPRETATION | NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY |

Pap Test is a screening test for cervical cancer with inherent false negative results. Regular screening and follow-up is recommended (Bethesda-TBS-2014) revised

Amended Report- This reports supersedes all previous released reports on 29-Oct-2024 and 11:42 AM.
Typographically error:TYPING ERROR

***** End Of Report *****

Dr. Reshma Stanly
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SIN No:MYS241001532

This test has been performed at Apollo Health & Lifestyle Ltd, Global Reference Laboratory, Hyderabad



| | | | |
|--------------|-------------------------|---------------------|---------------------|
| Patient Name | : Mrs. MALLIKA P SHETTY | Age | : 50Yrs 2Mths 3Days |
| UHID | : AHMYS.0000249024 | OP Visit No. | : CMYSOPVI30886 |
| Printed On | : 29-10-2024 11:36 AM | Advised/Pres Doctor | : -- |
| Department | : Radiology | Qualification | : -- |
| Referred By | : Self | Registration No. | : -- |
| Employer Id | : 22S30635 | | |

DEPARTMENT OF RADIOLOGY

LIVER: It is normal in size and is increased in echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is well distended and normal. No calculi seen.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal.

RIGHT KIDNEY: It measures 9.0cm with parenchymal thickness of 1.1cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

LEFT KIDNEY: It measures 9.0cm with parenchymal thickness of 1.3cm. It is normal in size, outline and echotexture. No e/o hydronephrosis seen .**A small hyper dense calculus measuring ~5mm is noted in inter pole calyx of left kidney**

URINARY BLADDER: It is well distended. The UB wall is normal. No calculi seen.

UTERUS: It is anteverted and measures 9.1x4.3x6.5 cm with ET=3.7 mm. It is normal in size, outline and echotexture. No mass lesion. **A tiny cystic lesion measuring ~12x 9mm is noted in posterior lip of cervix -nabothian cyst .**

Rt. OVARY: It measures 2.0x1.6cm. It is normal. No mass lesion seen.

Lt. OVARY: It measures 2.3x1.7 cm. It is normal. No mass lesion seen.

OTHERS: No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

IMPRESSION:

-GRADE I FATTY LIVER .

-NON OBSTRUCTIVE LEFT RENAL CALCULUS

---End Of The Report---



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Radiology

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| Referred By | : Self | Registration No. | : -- |
| Employeer Id | : 22S30635 | | |

DEPARTMENT OF RADIOLOGY

RIGHT BREAST: It is normal in echopattern. Few (3-4 in number) well defined circumscribed small round cystic lesions largest measuring ~1.2x 0.6 cm is noted in upper-outer quadrant of right breast at 9/ 10 'o clock position ~5 cm from nipple aerolar complex .No calcifications seen within .No internal vascularity seen

A well defined circumscribed small oval hypoechoic lesion measuring ~1.2x 0.7 cm is noted in lower inner quadrant of right breast at 7 /8 'o clock position ~4.3 cm from nipple aerolar complex .No calcifications seen within .No internal vascularity seen

No e/o calcifications. The skin over the breast is normal. Nipple and areola are normal. The subcutaneous and retro mammary zones are normal.

LEFT BREAST: It is normal in echopattern. No e/o focal nodular or mass lesions seen. No e/o calcifications. The skin over the breast is normal. Nipple and areola are normal. The subcutaneous, mammary and retro mammary zones are normal.

No e/o axillary lymphadenopathy.

IMPRESSION:

-Few simple cysts are noted in upper outer quadrant of right breast -BIRADS II

-A well defined circumscribed small oval hypoechoic lesion in lower inner quadrant of right breast-likely small fibroadenoma (BIRADS II)

---End Of The Report---



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Radiology

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| UHID | : AHMYS.0000249024 | OP Visit No. | : CMYSOPV130886 |
| Printed On | : 26-10-2024 07:59 AM | Advised/Pres Doctor | : -- |
| Department | : Radiology | Qualification | : -- |
| Referred By | : Self | Registration No. | : -- |
| Employer Id | : 22S30635 | | |

DEPARTMENT OF RADIOLOGY

Lung fields are clear.

Cardio thoracic ratio is normal.

Apices, costo and cardio phrenic angles are free.

Cardio vascular shadow and hila show no abnormal feature.

Bony thorax shows no significant abnormality.

Domes of diaphragm are well delineated.

IMPRESSION: NORMAL STUDY .

---End Of The Report---



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Radiology

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| UHID | : AHMYS.0000249024 | OP Visit No. | : CMYSOPV130886 |
| Printed On | : 26-10-2024 07:37 AM | Advised/Pres Doctor | : -- |
| Department | : Cardiology | Qualification | : -- |
| Referred By | : Self | Registration No. | : -- |
| Employeer Id | : 22S30635 | | |

DEPARTMENT OF CARDIOLOGY

Observation :-

1. Sinus Rhythm.
2. Heart rate is 70 beats per minutes.

Impression:

NORMAL RESTING ECG.

---End Of The Report---



Dr. GURU PRASAD B V
MBBS, PGDCC
69949
Cardiology



| | | | | | |
|------------|-----------------------|---------------|----------------|------------------|----------------|
| Patient | Mrs. MALLIKA P SHETTY | Doctor | PRAVEEN R | Appt ID | CMYSAPT1165 |
| Age/Gender | 50Y Female | Qualification | MBBS, MS (ENT) | Consult Date | 27 Oct 2024 |
| UHID | AHMYS.0000249024 | Reg. No. | 66012 | Order Bill ID | CMYS-OCR-24550 |
| | | | | Visit Display ID | CMYSOPV130886 |

VITALS

| | |
|-----------------------|---------------------------|
| Weight : 78Kgs | Height : 158Cms |
| Pulse : 74 BPM | Spo2 : 98% |
| BP : 120 / 70 MmHg | Respiratory Rate : 22 BPM |
| Temperature : 98.3 °F | |

PRAVEEN R
Doctor's Signature

Apollo Health and Lifestyle Limited

(CIN-U85110TG2000PLC115819)

Corporate Office: 7-1-617/A, 7* Floor, Imperial Towers, Ameerpet, Hyderabad-500016, Telangana

Ph No: 040-4904 7777 | www.apollohl.com | Email ID:enquiry@apollohl.com

8, 9, 12 eye

HEP 159
Wb? 65.5
BP 140/80

Name : Mrs. MALLIKA P SHETTY
Address : Mysore Mysore Karnataka INDIA 570001
Plan : ARCOFEMI MEDIWHEEL FEMALE AHC
CREDIT PAN INDIA OP AGREEMENT

Age : 50Y 1M 30D
Sex : Female

UHID : AHMYS 000249024



OP No: CMYSOPV130836
Bill No: CMYS-OCR-24550
Date: Oct 26th, 2024, 8:49 AM

| Sno. | Service Type/Service Name | Department | |
|------|---|----------------------|--------------------------|
| 1 | ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324 | Ultrasound Radiology | <input type="checkbox"/> |
| 2 | ULTRASOUND- WHOLE ABDOMEN | Consultation | <input type="checkbox"/> |
| 3 | FITNESS BY GENERAL PHYSICIAN → P | Biochemistry | <input type="checkbox"/> |
| 4 | HBA1c, GLYCATED HEMOGLOBIN | Histopathology | <input type="checkbox"/> |
| 5 | LBC PAP TEST- PAPSURE | Clinical Pathology | <input type="checkbox"/> |
| 6 | COMPLETE URINE EXAMINATION | Mammography | <input type="checkbox"/> |
| 7 | SONO MAMMOGRAPHY - SCREENING | Blood Bank | <input type="checkbox"/> |
| 8 | BLOOD GROUP ABO AND RH FACTOR | Biochemistry | <input type="checkbox"/> |
| 9 | LIVER FUNCTION TEST (LFT) | Biochemistry | <input type="checkbox"/> |
| 10 | GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL) | Biochemistry | <input type="checkbox"/> |
| 11 | GLUCOSE, FASTING | Consultation | <input type="checkbox"/> |
| 12 | OPHTHAL BY GENERAL PHYSICIAN | General | <input type="checkbox"/> |
| 13 | DIET CONSULTATION → P | Consultation | <input type="checkbox"/> |
| 14 | DENTAL CONSULTATION | General | <input type="checkbox"/> |
| 15 | BODY MASS INDEX (BMI) | X Ray Radiology | <input type="checkbox"/> |
| 16 | X-RAY CHEST PA | Haematology | <input type="checkbox"/> |
| 17 | HEMOGRAM + PERIPHERAL SMEAR | Hematology | <input type="checkbox"/> |
| 18 | PERIPHERAL SMEAR | Biochemistry | <input type="checkbox"/> |
| 19 | LIPID PROFILE | Cardiology | <input type="checkbox"/> |
| 20 | 2 D ECHO → P | Consultation | <input type="checkbox"/> |
| 21 | GYNARCOLOGY CONSULTATION → P | Cardiology | <input type="checkbox"/> |
| 22 | ECG | Biochemistry | <input type="checkbox"/> |
| 23 | THYROID PROFILE (TOTAL T3, TOTAL T4, TSH) | Consultation | <input type="checkbox"/> |
| 24 | ENT CONSULTATION → P | Clinical Pathology | <input type="checkbox"/> |
| 25 | URINE GLUCOSE(POST PRANDIAL) | Clinical Pathology | <input type="checkbox"/> |
| 26 | URINE GLUCOSE(FASTING) | Biochemistry | <input type="checkbox"/> |
| 27 | GAMMA GLUTAMYL TRANSFERASE (GGT) | Biochemistry | <input type="checkbox"/> |
| 28 | RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT) | | <input type="checkbox"/> |

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Marilka P Shetty on 26/10/24

After reviewing the medical history and on clinical examination it has been found that he/she is

| | Tick |
|--|------|
| <ul style="list-style-type: none"> • Medically Fit | ✓ |
| <ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p> | |
| <ul style="list-style-type: none"> • Currently Unfit. Review after _____ recommended • Unfit | |

Dr. [Signature]
Medical Officer

Apollo Clinic
23, 1st Floor,

This certificate is not meant for medico-legal purposes.

23, 1st Floor, Mysore - 02
Ph : 0821-4005040/41

Apollo Health and Lifestyle Limited

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TO BOOK AN APPOINTMENT

 **1860 500 7788**

Mrs. Mallika P Shetty

50 Years / Female.

Dr Umesh HB

| | | | |
|-------------|---------------|---------------|----------------|
| Height : 59 | Weight : 65.5 | BMI : | Waist Circum : |
| Temp : | Pulse : 72 | Resp : 18/min | B.P : 140/80 |

General Examination / Allergies History

Clinical Diagnosis & Management Plan

LOS
AS
P/B NA3

Adv
Regular Exercise / wt reduction

T Azator-E2 200 - (30) 1

T Linu 500 100 - (15)

T Evion 400 100 (15)

T Dolo 650 500 (10)

RIA - 15 days

T Gabapentin - NR - 300/12 (10)
0-07

Follow up date :

Dr Umesh HB
Apollo Clinic
23, 1st Floor,
Kaldasa Road, Mysore - 02
Ph : 0821-4006040/41

RUP

Date : 10/26/2024 Department : ENT
 Patient Name : Mrs. MALLIKA P SHETTY Doctor : Dr. PRAVEEN KUMAR R
 UHID : AHMYS.0000249024 Registration No. : 66012
 Age / Gender : 50Yrs 1Mths 30Days / Female Qualification : MBBS, MS (ENT)
 Consultation Timing : 10:34 AM

| | | | |
|--------------|---------------|--------|----------------|
| Height : 159 | Weight : 65.5 | BMI : | Waist Circum : |
| Temp : | Pulse : | Resp : | B.P : 140/80 |

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

Come for regular health check

Ear - bilateral TM @

Nose - Normal exam @

oral cavity in crypts - @

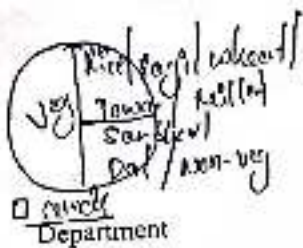
throat @

As regards

Follow up date :


 Doctor Signature

Apollo Clinic
 # 23, 1st Floor,
 Kalidasa Road, Mysore - 02
 Ph : 0821-4006040/41



Date : 10/26/2024
 Patient Name : Mrs. MALIKA P SHETTY Doctor
 UHID : AHMYS.0000249024 Registration No. : A104102
 Age / Gender : 50Yrs 1Mths 30Days / Female Qualification : M.Sc. Nutrition and Dietetics
 Consultation Timing : 10:33 AM Ph.D*

| | | | |
|--------------|---------------|------------------------------|-------------------|
| Height : 159 | Weight : 65.5 | BMI : 25.9 kg/m ² | Waist Circum : 80 |
| Temp : | Pulse : | Resp : | B.P : 140/80 |

General Examination / Allergies History

ESR - 26
 Total cholesterol - 309
 Triglycerides - 288
 Non HDL - 258
 LDL - 204.57
 VLDL - 53.52
 Chol/HDL - 6.07
 Uric acid - 7.50

Clinical Diagnosis & Management Plan

Δ^{sis} - Grade I Fatty liver, left renal calculus
 → Advised low fat diet with fiber rich foods.
 → Take small frequent meals, do not skip meals.
 → Include all variety of seasonal fruits, vegetables & green leafy vegetables regularly.
 → Include nuts like Almonds, walnuts and dry- fruits like dried dates & raisins.
 → Avoid red meat.
 → Include seeds like Flaxseeds, Pumpkin seeds, Sunflower seeds, watermelon seeds & Sesame seed - 1 teaspoon each, dry roasted.
 → Avoid foods which increases uric acid like deep fried, packed food, processed food, organ meat, sweetened beverage, organ & glandular meat - such as liver, kidney & sweet breads.

Doctor Signature: *[Signature]*
Apollo Clinic
 # 23, 1st Floor,
 Kallidasa Road, Mysore - 02
 Ph : 0821-4006040/41

Date : 10/26/2024 Department : Obstetrics & Gynaecology
 Patient Name : Mrs. MALLIKA P SHETTY Doctor : Dr. RASHMI B N
 UHID : AHMYS.0000249024 Registration No. : 33393
 Age / Gender : 50Yrs 1Mths 30Days / Female Qualification : MBBS, DGO, DNB (GYNAECOLOGY)
 Consultation Timing : 10:34 AM

| | | | |
|--------------|---------------|--------|----------------|
| Height : 159 | Weight : 65.5 | BMI : | Waist Circum : |
| Temp : | Pulse : | Resp : | B.P : 140/80 |

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

ML → abnorm. Pap - FNVDs
subnormal
MH → irregular menses
start from
(perimenopausal)
LMP → 20/8/24
↓ flow +

SLM → non-ob. left renal calculus.
or I duct w/br.
w/MS & ovaries (N).

(mammogram)
SLM → 2w simple cysts in upper outer quadrant of rt breast
small fibroadenoma → lower inner quadrant of rt breast.
↓
mammogram.

Follow up date :

Rashmi B N
Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 57
Ph : 0821-4005040/4*

[Ophthal]

Date : 10/26/2024 Department : General Practice
 Patient Name : Mrs. MALLIKA P SHETTY Doctor : Dr. SUJATHA T R
 UHID : AHMYS.0000249024 Registration No. : 69649
 Age / Gender : 50Yrs 1Mths 30Days / Female Qualification : MBBS, PGDMCH
 Consultation Timing : 10:33 AM

| | | | |
|--------------|---------------|--------|----------------|
| Height : 159 | Weight : 65.5 | BMI : | Waist Circum : |
| Temp : | Pulse : | Resp : | B.P : 140/80 |

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

Distance
vision

Near
vision

Colour
vision

Un $\left\{ \begin{array}{l} 6/9 \\ 6/9 \end{array} \right.$ rph $\begin{array}{l} 6/6 \\ 6/6 \end{array}$
 N10

Sub =

R = +1.00 Sp

L = +1.25 Sp

Add

= +2.00 Sp (BE)

(CV) = normal

Sub

- need to change the glasses

Follow up date : 26/10/24

Ateeba
 Doctor Signature

Apollo Clinic
 # 23, 1st Floor,
 Kaldasa Road, Mysore - 02
 Ph : 0821-4006040/41

| | | |
|------------------------------------|------------------|----------------------------|
| Patient Name: Mrs. MALLIKAP SHETTY | Date :26.10.2024 | Referring Doctor: Dr .Self |
| Age / Sex: 50Yrs/Female | UHID No: 249024 | Location : OP |
| ULTRASONOGRAPHY- BREAST | | |

RIGHT BREAST: It is normal in echopattern. Few (3-4 in number) well defined circumscribed small round cystic lesions largest measuring ~1.2x 0.6 cm is noted in upper-outer quadrant of right breast at 9/ 10 'o clock position ~5 cm from nipple areolar complex .No calcifications seen within .No internal vascularity seen

A well defined circumscribed small oval hypoechoic lesion measuring ~1.2x 0.7 cm is noted in lower inner quadrant of right breast at 7 /8 'o clock position ~4.3 cm from nipple areolar complex .No calcifications seen within .No internal vascularity seen

No c/o calcifications. The skin over the breast is normal. Nipple and areola are normal. The subcutaneous and retro mammary zones are normal.

LEFT BREAST: It is normal in echopattern. No e/o focal nodular or mass lesions seen. No e/o calcifications. The skin over the breast is normal. Nipple and areola are normal. The subcutaneous, mammary and retro mammary zones are normal.

No c/o axillary lymphadenopathy.

IMPRESSION:

-Few simple cysts are noted in upper outer quadrant of righth breast -BIRADS II

-A well defined circumscribed small oval hypoechoic lesion in lower inner quadrant of right breast-likely small fibroadenoma (BIRADS II)

K.H.
Dr. Karthik H V MDRD , DNB
Consultant Radiologist.

Apollo Health and Lifestyle Limited

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TO BOOK AN APPOINTMENT

1860 500 7788

| | | |
|--|-------------------|----------------------------|
| Patient Name: Mrs. MALLIKA P SHETTY | Date : 26.10.2024 | Referring Doctor: Dr. Self |
| Age / Sex: 50Yrs/Female | UHID No :249024 | Location : OP |
| ULTRASONOGRAPHY- ABDOMEN & PELVIS | | |

LIVER: It is normal in size and is increased in echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is well distended and normal. No calculi seen.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal.

RIGHT KIDNEY: It measures 9.0cm with parenchymal thickness of 1.1cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

LEFT KIDNEY: It measures 9.0cm with parenchymal thickness of 1.3cm. It is normal in size, outline and echotexture. No e/o hydronephrosis seen. **A small hyper dense calculus measuring ~5mm is noted in inter pole calyx of left kidney**

URINARY BLADDER: It is well distended. The UB wall is normal. No calculi seen.

UTERUS: It is anteverted and measures 9.1x4.3x6.5 cm with ET=3.7 mm. It is normal in size, outline and echotexture. No mass lesion. **A tiny cystic lesion measuring ~12x 9mm is noted in posterior lip of cervix - nabothian cyst .**

Rt. OVARY: It measures 2.0x1.6cm. It is normal. No mass lesion seen.

Lt. OVARY: It measures 2.3x1.7 cm. It is normal. No mass lesion seen.

OTHERS: No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

IMPRESSION:

- GRADE I FATTY LIVER ,
- NON OBSTRUCTIVE LEFT RENAL CALCULUS

Kar
Dr. Karthik H V MDRD , DNB
 Consultant Radiologist.

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Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

1860 500 7788

| | | | |
|--------------|-------------------------|---------------------|----------------------|
| Patient Name | : Mrs. MALLIKA P SHETTY | Age | : 50Yrs 1Mths 30Days |
| UHID | : AHMYS.0000249024 | OP Visit No. | : CMYSOPV130886 |
| Printed On | : 26-10-2024 01:29 PM | Advised/Pres Doctor | : -- |
| Department | : Radiology | Qualification | : -- |
| Referred By | : Self | Registration No. | : -- |
| Employee Id | : 22S30635 | | |

DEPARTMENT OF RADIOLOGY

Lung fields are clear.

Cardio thoracic ratio is normal.

Apices, costo and cardio phrenic angles are free.

Cardio vascular shadow and hila show no abnormal feature.

Bony thorax shows no significant abnormality.

Domes of diaphragm are well delineated.

IMPRESSION: NORMAL STUDY.

---End Of The Report---



Dr. CHETAN HOLEPPAGOL
MBBS, DNB (RADIO DIAGNOSIS)

90037

Radiology

| | |
|--|---------------------------|
| Patient's Name : Mrs. MALLIKA P SHETTY | Age & sex : 50Yrs /Female |
| Date : 26.10.2024 | UHID No :249024 |

2D ECHOCARDIOGRAPHY STUDY

Impression:

- Normal chamber volumes
- Normal left ventricular systolic function. EF 61%
- LV diastolic dysfunction
- No regional wall motion abnormality
- Normal valves
- No clots. No pericardial effusion

Findings

| | |
|------------------|--------------------------|
| Left Ventricle: | Normal |
| Right Ventricle | Normal |
| Left Atrium | Normal |
| Right Atrium | Normal |
| Aorta | Normal |
| Pulmonary Artery | Normal |
| IAS | Intact |
| IVS | Intact |
| Valves | Normal |
| Pericardium | Normal |
| Doppler | LV diastolic dysfunction |

f **Dr. C.B. KESHAVAMURTHY MD, DM, DNB**
CONSULTANT CARDIOLOGIST

Apollo Health and Lifestyle Limited

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TO BOOK AN APPOINTMENT

1860 500 7788

| | |
|--|---------------------------|
| Patient's Name : Mrs. MALLIKA P SHETTY | Age & sex : 50Yrs /Female |
| Date : 26.10.2024 | UHID No :249024 |


Measurements

AO : 2.58 cm
LA : 2.50 cm

RV : 1.81 cm
LVIDd : 4.19 cm
LVIDs : 2.83 cm
IVSd : 1.02 cm
IVSs : 1.24 cm
PWd : 1.02 cm
PWs : 1.33 cm
EF : 61.0 %
FS : 32.0 %

Doppler

| MV | TV | AV | PV |
|-------------|------------|----------------|----------------|
| E: 0.48 m/s | E 0.48 m/s | V max 1.33 m/s | V max 0.96 m/s |
| A: 0.75 m/s | A 0.42 m/s | | |
| MR Nil | TR Nil | AR Nil | PR Nil |


Dr. C.B. KESHAVAMURTHY MD, DM, DNB
CONSULTANT CARDIOLOGIST

Apollo Health and Lifestyle Limited

CIN: URS110TG3000PLC1158191
Regd Office: 110-10-52, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
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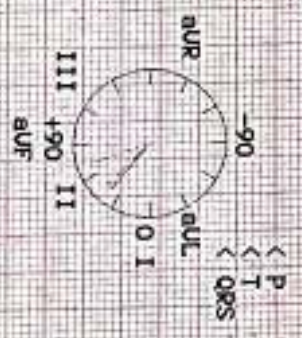
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TO BOOK AN APPOINTMENT

 **1860 500 7788**

AGE: 50
 Measurement Results: NO:
 QRS : 80 ms
 QT/QTcB : 346 / 427 ms
 PR : 148 ms
 P : 108 ms
 RR/PP : 658 / 660 ms
 P/QRS/T : 70 / 40 / 45 degrees
 QTd/QTcBd : 26 / 32 ms
 Sokolow : 13 mV
 NK : 13



Interpretation:

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 Ph : 0821-4006040/41

Unconfirmed report.

