

Patient Name : M/sPREETI KUMARI	Collected : 25/Mar/2023 09:30AM
Age/Gender : 30 Y 10 M 4 D/F	Received : 25/Mar/2023 11:44AM
UHID/MR No : STAR.0000049275	Reported : 25/Mar/2023 02:50PM
Visit ID : STAROPV57987	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 119802	

**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

**PERIPHERAL SMEAR , WHOLE BLOOD-EDTA**

Methodology : Microscopic  
RBC : Normocytic normochromic  
WBC : Normal in number, morphology and distribution. No abnormal cells seen  
Platelets : Adequate in Number  
Parasites : No Haemoparasites seen  
IMPRESSION : Normocytic normochromic blood picture  
Note/Comment : Please Correlate clinically



SIN No:BED230075733

Patient Name : M/sPREETI KUMARI	Collected : 25/Mar/2023 09:30AM
Age/Gender : 30 Y 10 M 4 D/F	Received : 25/Mar/2023 11:44AM
UHID/MR No : STAR.0000049275	Reported : 25/Mar/2023 02:50PM
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**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
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**HEMOGRAM , WHOLE BLOOD-EDTA**

<b>HAEMOGLOBIN</b>	<b>11.4</b>	g/dL	12-15	Spectrophotometer
PCV	<b>35.50</b>	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.05	Million/cu.mm	3.8-4.8	Electrical Impedance
MCV	88	fL	83-101	Calculated
MCH	28.2	pg	27-32	Calculated
MCHC	32.1	g/dL	31.5-34.5	Calculated
R.D.W	<b>14.4</b>	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	4,900	cells/cu.mm	4000-10000	Electrical Impedance

**DIFFERENTIAL LEUCOCYTIC COUNT (DLC)**

NEUTROPHILS	49	%	40-80	Electrical Impedance
LYMPHOCYTES	<b>44</b>	%	20-40	Electrical Impedance
EOSINOPHILS	02	%	1-6	Electrical Impedance
MONOCYTES	05	%	2-10	Electrical Impedance
BASOPHILS	00	%	<1-2	Electrical Impedance

**ABSOLUTE LEUCOCYTE COUNT**

NEUTROPHILS	2401	Cells/cu.mm	2000-7000	Electrical Impedance
LYMPHOCYTES	2156	Cells/cu.mm	1000-3000	Electrical Impedance
EOSINOPHILS	98	Cells/cu.mm	20-500	Electrical Impedance
MONOCYTES	245	Cells/cu.mm	200-1000	Electrical Impedance
<b>PLATELET COUNT</b>	329000	cells/cu.mm	150000-410000	Electrical impedance
<b>ERYTHROCYTE SEDIMENTATION RATE (ESR)</b>	15	mm at the end of 1 hour	0-20	Modified Westergren

**PERIPHERAL SMEAR**

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Parasites : No Haemoparasites seen  
IMPRESSION : Normocytic normochromic blood picture  
Note/Comment : Please Correlate clinically



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(Formerly known as a Nova Speciality Hospitals Private Limited)

CIN- U85100TG2009PTC099414

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**Address:**

156, Famous Cine Labs, Behind Everest Building, Tardeo (Mumbai Central), Mumbai, Maharashtra  
Ph: 022 4332 4500

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Age/Gender : 30 Y 10 M 4 D/F	Received : 25/Mar/2023 11:44AM
UHID/MR No : STAR.0000049275	Reported : 25/Mar/2023 02:48PM
Visit ID : STAROPV57987	Status : Final Report
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**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
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**BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD-EDTA**

BLOOD GROUP TYPE	O			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



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Patient Name : M/sPREETI KUMARI	Collected : 25/Mar/2023 09:30AM
Age/Gender : 30 Y 10 M 4 D/F	Received : 25/Mar/2023 11:46AM
UHID/MR No : STAR.0000049275	Reported : 25/Mar/2023 11:47AM
Visit ID : STAROPV57987	Status : Final Report
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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
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GLUCOSE, FASTING , NAF PLASMA	87	mg/dL	70-100	GOD - POD
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**Comment:**

As per American Diabetes Guidelines

Fasting Glucose Values in mg/d L	Interpretation
<100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes





Patient Name : M/sPREETI KUMARI	Collected : 25/Mar/2023 02:56PM
Age/Gender : 30 Y 10 M 4 D/F	Received : 25/Mar/2023 03:57PM
UHID/MR No : STAR.0000049275	Reported : 25/Mar/2023 05:11PM
Visit ID : STAROPV57987	Status : Final Report
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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
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<b>GLUCOSE, POST PRANDIAL (PP), 2 HOURS , NAF PLASMA</b>	84	mg/dL	70-140	GOD - POD
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**Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Ref: Marks medical biochemistry and clinical approach



Patient Name : MsPREETI KUMARI	Collected : 25/Mar/2023 09:30AM
Age/Gender : 30 Y 10 M 4 D/F	Received : 25/Mar/2023 04:06PM
UHID/MR No : STAR.0000049275	Reported : 25/Mar/2023 05:35PM
Visit ID : STAROPV57987	Status : Final Report
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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
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<b>HBA1C, GLYCATED HEMOGLOBIN , WHOLE BLOOD-EDTA</b>	5.4	%		HPLC
<b>ESTIMATED AVERAGE GLUCOSE (eAG) , WHOLE BLOOD-EDTA</b>	108	mg/dL		Calculated

**Comment:**

Reference Range as per American Diabetes Association (ADA):

REFERENCE GROUP	HBA1C IN %
NON DIABETIC ADULTS >18 YEARS	<5.7
AT RISK (PREDIABETES)	5.7 – 6.4
DIAGNOSING DIABETES	≥ 6.5
DIABETICS	
· EXCELLENT CONTROL	6 – 7
· FAIR TO GOOD CONTROL	7 – 8
· UNSATISFACTORY CONTROL	8 – 10
· POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- A1C test should be performed at least two times a year in patients who are meeting treatment goals (and who have stable glycemic control).
- Lowering A1C to below or around 7% has been shown to reduce microvascular and neuropathic complications of type 1 and type 2 diabetes. When mean annual HbA1c is <1.1 times ULN (upper limit of normal), renal and retinal complications are rare, but complications occur in >70% of cases when HbA1c is >1.7 times ULN.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present. Fructosamine may be used as an alternate measurement of glycemic control



SIN No:EDT230031138

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UHID/MR No : STAR.0000049275	Reported : 25/Mar/2023 04:14PM
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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
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**LIPID PROFILE , SERUM**

TOTAL CHOLESTEROL	155	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	123	mg/dL	<150	
HDL CHOLESTEROL	47	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	108	mg/dL	<130	Calculated
LDL CHOLESTEROL	83.4	mg/dL	<100	Calculated
VLDL CHOLESTEROL	24.6	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.30		0-4.97	Calculated

**Comment:**

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations.

NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.



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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
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<b>LIVER FUNCTION TEST (LFT) , SERUM</b>				
BILIRUBIN, TOTAL	0.20	mg/dL	0.1-1.2	Azobilirubin
BILIRUBIN CONJUGATED (DIRECT)	0.10	mg/dL	0.1-0.4	DIAZO DYE
BILIRUBIN (INDIRECT)	0.10	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	15	U/L	4-44	JSCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	15.0	U/L	8-38	JSCC
ALKALINE PHOSPHATASE	62.00	U/L	32-111	IFCC
PROTEIN, TOTAL	<b>6.50</b>	g/dL	6.7-8.3	BIURET
ALBUMIN	4.20	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	2.30	g/dL	2.0-3.5	Calculated
A/G RATIO	1.83		0.9-2.0	Calculated



SIN No:SE04331130

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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
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**RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT) , SERUM**

CREATININE	0.60	mg/dL	0.4-1.1	ENZYMATIC METHOD
UREA	<b>15.00</b>	mg/dL	17-48	Urease
BLOOD UREA NITROGEN	<b>7.0</b>	mg/dL	8.0 - 23.0	Calculated
URIC ACID	4.90	mg/dL	4.0-7.0	URICASE
CALCIUM	9.10	mg/dL	8.4-10.2	CPC
PHOSPHORUS, INORGANIC	3.30	mg/dL	2.6-4.4	PNP-XOD
SODIUM	138	mmol/L	135-145	Direct ISE
POTASSIUM	4.4	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	101	mmol/L	98-107	Direct ISE



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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM</b>	<b>15.00</b>	U/L	16-73	Glycylglycine Kinetic method





Patient Name : MsPREETI KUMARI	Collected : 25/Mar/2023 09:30AM
Age/Gender : 30 Y 10 M 4 D/F	Received : 25/Mar/2023 11:26AM
UHID/MR No : STAR.0000049275	Reported : 25/Mar/2023 02:24PM
Visit ID : STAROPV57987	Status : Final Report
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**DEPARTMENT OF IMMUNOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
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**THYROID PROFILE (TOTAL T3, TOTAL T4, TSH) , SERUM**

TRI-iodothyronine (T3, TOTAL)	0.87	ng/mL	0.67-1.81	ELFA
Thyroxine (T4, TOTAL)	6.89	µg/dL	4.66-9.32	ELFA
Thyroid Stimulating Hormone (TSH)	2.310	µIU/mL	0.25-5.0	ELFA

**Comment:**

Serum TSH concentrations exhibit a diurnal variation with the peak occurring during the night and the nadir occurring between 10 a.m. and 4 p.m. In primary hypothyroidism, thyroid-stimulating hormone (TSH) levels will be elevated. In primary hyperthyroidism, TSH levels will be low. Elevated or low TSH in the context of normal free thyroxine is often referred to as subclinical hypo- or hyperthyroid-ism, respectively. Physiological rise in Total T3 / T4 levels is seen in pregnancy and in patients on steroid therapy.

Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active.

**Note:**

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0



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UHID/MR No : STAR.0000049275	Reported : 27/Mar/2023 04:42PM
Visit ID : STAROPV57987	Status : Final Report
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**DEPARTMENT OF CLINICAL PATHOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

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**COMPLETE URINE EXAMINATION , URINE**

**PHYSICAL EXAMINATION**

COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	HAZY		CLEAR	Visual
pH	6.5		5-7.5	Bromothymol Blue
SP. GRAVITY	1.010		1.002-1.030	Dipstick

**BIOCHEMICAL EXAMINATION**

URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	EHRlich
BLOOD	POSITIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	POSITIVE		NEGATIVE	PYRROLE HYDROLYSIS

**CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY**

PUS CELLS	20-25	/hpf	0-5	Microscopy
EPITHELIAL CELLS	13-15	/hpf	<10	MICROSCOPY
RBC	3-5	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY
OTHERS	Few Bacteria seen.			MICROSCOPY



SIN No:C01881625

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Patient Name : MsPREETI KUMARI	Collected : 27/Mar/2023 04:36PM
Age/Gender : 30 Y 10 M 6 D/F	Received : 28/Mar/2023 04:22PM
UHID/MR No : STAR.0000049275	Reported : 29/Mar/2023 05:52PM
Visit ID : STAROPV57987	Status : Final Report
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Emp/Auth/TPA ID : 119802	

**DEPARTMENT OF CYTOLOGY**


**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

**LBC PAP TEST- PAPSURE , LBC FLUID**


	<b>CYTOLOGY NO.</b>	6017/23
<b>I</b>	<b>SPECIMEN</b>	
<b>a</b>	SPECIMEN ADEQUACY	ADEQUATE
<b>b</b>	<b>SPECIMEN TYPE</b>	LIQUID-BASED PREPARATION (LBC)
	SPECIMEN NATURE/SOURCE	CERVICAL SMEAR
<b>c</b>	ENDOCERVICAL-TRANSFORMATION ZONE	PRESENT WITH ENDOCERVICAL CELLS
<b>d</b>	COMMENTS	SATISFACTORY FOR EVALUATION
<b>II</b>	<b>MICROSCOPY</b>	Superficial and intermediate squamous epithelial cells with benign morphology.  Negative for intraepithelial lesion/malignancy.
<b>III</b>	<b>RESULT</b>	
<b>a</b>	<b>EPITHEIAL CELL</b>	
	SQUAMOUS CELL ABNORMALITIES	NOT SEEN
	GLANDULAR CELL ABNORMALITIES	NOT SEEN
<b>b</b>	<b>ORGANISM</b>	NIL
<b>IV</b>	<b>INTERPRETATION</b>	NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY

Pap Test is a screening test for cervical cancer with inherent false negative results. Regular screening and follow-up is recommended (Bethesda-TBS-2014) revised


**\*\*\* End Of Report \*\*\***



**DR. APEKSHA MADAN**  
MBBS, DPB  
PATHOLOGY



**DR. K. RAMA KRISHNA REDDY**  
M.B.B.S, M.D  
CONSULTANT PATHOLOGIST



**Dr. Sandip Kumar Banerjee**  
M.B.B.S, M.D (PATHOLOGY), D.P.B  
Consultant Pathologist



SIN No:CS061836

This test has been performed at Apollo Health & Lifestyle Ltd, Global Reference Laboratory, Hyderabad

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Ph: 022 4332 4500

Name: Preeti Karmali

Date: 25/3/23

Age: 30/F

Present Complaints:

No

Present Medications:

No

Personal History:

Unmarried/Married

Diet: Veg/Mixed

Sleep: Normal/Disturbed/Snoring

Alcohol: No

Tobacco: Chews/Smokes No

Bowel: (w)

Bladder: (w)

Physical Activities: Active/Moderate/Sedentary

Allergy: No Smoke Allergy

Menstrual History: 5 days / 30 days

Past Medical History: No

Family History: No

Physical Examination findings

Investigations:

Pulse: 70 /min BP: 100/80 mm/hg

Normal Reports

No Pallor/icterus/cyanosis/clubbing/edema

Advice:

RS: (w)

fit for job.

CVS: (w)

P/Abdo: (w)

CNS: (w)

Musculoskeletal: (w)



Dr. (Mrs.) CHHAYA P. VAJA  
M. D. (MUM)  
Physician & Cardiologist  
Reg. No. 56942

Dr. Chhaya Vaja

**APOLLO SPECIALTY HOSPITALS PRIVATE LIMITED**

(Formerly known as Nova Specialty Hospitals Private Limited)

CIN: U85100KA2009PTC049961

Registered Office : #7-1-617/A,615 & 616, Imperial Towers,7th Floor, Opp. Ameerpet Metro Station, Ameerpet, Hyderabad, Telangana, Pin-500038.

**BENGALURU | CHENNAI | DELHI | JAIPUR | KANPUR | MUMBAI | PUNE**



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**DEPARTMENT OF HAEMATOLOGY**

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**PERIPHERAL SMEAR , WHOLE BLOOD-EDTA**

Methodology : Microscopic  
 RBC : Normocytic normochromic  
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 Platelets : Adequate in Number  
 Parasites : No Haemoparasites seen  
 IMPRESSION : Normocytic normochromic blood picture  
 Note/Comment : Please Correlate clinically



Patient Name : M/sPREETI KUMARI	Collected : 25/Mar/2023 09:30AM
Age/Gender : 30 Y 10 M 4 D/F	Received : 25/Mar/2023 11:44AM
UHID/MR No : STAR.0000049275	Reported : 25/Mar/2023 02:50PM
Visit ID : STAROPV57987	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 119802	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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HEMOGRAM , WHOLE BLOOD-EDTA

HAEMOGLOBIN	11.4	g/dL	12-15	Spectrophotometer
PCV	35.50	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.05	Million/cu.mm	3.8-4.8	Electrical Impedance
MCV	88	fL	83-101	Calculated
MCH	28.2	pg	27-32	Calculated
MCHC	32.1	g/dL	31.5-34.5	Calculated
R.D.W	14.4	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	4,900	cells/cu.mm	4000-10000	Electrical Impedance
<b>DIFFERENTIAL LEUCOCYTIC COUNT (DLC)</b>				
NEUTROPHILS	49	%	40-80	Electrical Impedance
LYMPHOCYTES	44	%	20-40	Electrical Impedance
EOSINOPHILS	02	%	1-6	Electrical Impedance
MONOCYTES	05	%	2-10	Electrical Impedance
BASOPHILS	00	%	<1-2	Electrical Impedance
<b>ABSOLUTE LEUCOCYTE COUNT</b>				
NEUTROPHILS	2401	Cells/cu.mm	2000-7000	Electrical Impedance
LYMPHOCYTES	2156	Cells/cu.mm	1000-3000	Electrical Impedance
EOSINOPHILS	98	Cells/cu.mm	20-500	Electrical Impedance
MONOCYTES	245	Cells/cu.mm	200-1000	Electrical Impedance
PLATELET COUNT	329000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	15	mm at the end of 1 hour	0-20	Modified Westergren
PERIPHERAL SMEAR				

Methodology : Microscopic

RBC : Normocytic normochromic

WBC : Normal in number, morphology and distribution. No abnormal cells seen

Platelets : Adequate in Number

Parasites : No Haemoparasites seen

IMPRESSION : Normocytic normochromic blood picture

Note/Comment : Please Correlate clinically





Patient Name	: M/sPREETI KUMARI	Collected	: 25/Mar/2023 09:30AM
Age/Gender	: 30 Y 10 M 4 D/F	Received	: 25/Mar/2023 11:44AM
UHID/MR No	: STAR.0000049275	Reported	: 25/Mar/2023 02:48PM
Visit ID	: STAROPV57987	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 119802		

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD-EDTA				
BLOOD GROUP TYPE	O			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



Patient Name	: M/sPREETI KUMARI	Collected	: 25/Mar/2023 09:30AM
Age/Gender	: 30 Y 10 M 4 D/F	Received	: 25/Mar/2023 11:46AM
UHID/MR No	: STAR.0000049275	Reported	: 25/Mar/2023 11:47AM
Visit ID	: STAROPV57987	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 119802		

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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GLUCOSE, FASTING , NAF PLASMA	87	mg/dL	70-100	GOD - POD
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Comment:

As per American Diabetes Guidelines

Fasting Glucose Values in mg/d L	Interpretation
<100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes



Patient Name	: M/sPREETI KUMARI	Collected	: 25/Mar/2023 02:56PM
Age/Gender	: 30 Y 10 M 4 D/F	Received	: 25/Mar/2023 03:57PM
UHID/MR No	: STAR.0000049275	Reported	: 25/Mar/2023 05:11PM
Visit ID	: STAROPV57987	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 119802		

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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GLUCOSE, POST PRANDIAL (PP), 2 HOURS , NAF PLASMA	84	mg/dL	70-140	GOD - POD
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**Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Ref: Marks medical biochemistry and clinical approach





TOUCH	Patient Name : M/sPREETI KUMARI Age/Gender : 30 Y 10 M 4 D/F UHID/MR No : STAR.0000049275 Visit ID : STAROPV57987 Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 119802	Collected : 25/Mar/2023 09:30AM Received : 25/Mar/2023 04:06PM Reported : 25/Mar/2023 05:35PM Status : Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C, GLYCATED HEMOGLOBIN , WHOLE BLOOD-EDTA	5.4	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG) , WHOLE BLOOD-EDTA	108	mg/dL		Calculated

**Comment:**

Reference Range as per American Diabetes Association (ADA):

REFERENCE GROUP	HBA1C IN %
NON DIABETIC ADULTS >18 YEARS	≤5.7
AT RISK (PREDIABETES)	5.7 – 6.4
DIAGNOSING DIABETES	≥ 6.5
DIABETICS	
· EXCELLENT CONTROL	6 – 7
· FAIR TO GOOD CONTROL	7 – 8
· UNSATISFACTORY CONTROL	8 – 10
· POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- A1C test should be performed at least two times a year in patients who are meeting treatment goals (and who have stable glycemic control).
- Lowering A1C to below or around 7% has been shown to reduce microvascular and neuropathic complications of type 1 and type 2 diabetes. When mean annual HbA1c is <1.1 times ULN (upper limit of normal), renal and retinal complications are rare, but complications occur in >70% of cases when HbA1c is >1.7 times ULN.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present. Fructosamine may be used as an alternate measurement of glycemic control



Patient Name	: M/sPREETI KUMARI	Collected	: 25/Mar/2023 09:30AM
Age/Gender	: 30 Y 10 M 4 D/F	Received	: 25/Mar/2023 11:32AM
UHID/MR No	: STAR.0000049275	Reported	: 25/Mar/2023 04:14PM
Visit ID	: STAROPV57987	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 119802		

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	155	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	123	mg/dL	<150	
HDL CHOLESTEROL	47	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	108	mg/dL	<130	Calculated
LDL CHOLESTEROL	83.4	mg/dL	<100	Calculated
VLDL CHOLESTEROL	24.6	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.30		0-4.97	Calculated

**Comment:**

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations.

NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.





Patient Name	: M/sPREETI KUMARI	Collected	: 25/Mar/2023 09:30AM
Age/Gender	: 30 Y 10 M 4 D/F	Received	: 25/Mar/2023 11:32AM
UHID/MR No	: STAR.0000049275	Reported	: 25/Mar/2023 04:32PM
Visit ID	: STAROPV57987	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 119802		

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
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LIVER FUNCTION TEST (LFT) , SERUM				
Test Name	Result	Unit	Bio. Ref. Range	Method
BILIRUBIN, TOTAL	0.20	mg/dL	0.1-1.2	Azobilirubin
BILIRUBIN CONJUGATED (DIRECT)	0.10	mg/dL	0.1-0.4	DIAZO DYE
BILIRUBIN (INDIRECT)	0.10	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	15	U/L	4-44	JSCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	15.0	U/L	8-38	JSCC
ALKALINE PHOSPHATASE	62.00	U/L	32-111	IFCC
PROTEIN, TOTAL	6.50	g/dL	6.7-8.3	BIURET
ALBUMIN	4.20	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	2.30	g/dL	2.0-3.5	Calculated
A/G RATIO	1.83		0.9-2.0	Calculated





Patient Name	: M/SPREETI KUMARI	Collected	: 25/Mar/2023 09:30AM
Age/Gender	: 30 Y 10 M 4 D/F	Received	: 25/Mar/2023 11:32AM
UHID/MR No	: STAR.0000049275	Reported	: 25/Mar/2023 04:32PM
Visit ID	: STAROPV57987	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 119802		

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT) , SERUM				
Test Name	Result	Unit	Bio. Ref. Range	Method
CREATININE	0.60	mg/dL	0.4-1.1	ENZYMATIC METHOD
UREA	<b>15.00</b>	mg/dL	17-48	Urease
BLOOD UREA NITROGEN	<b>7.0</b>	mg/dL	8.0 - 23.0	Calculated
URIC ACID	4.90	mg/dL	4.0-7.0	URICASE
CALCIUM	9.10	mg/dL	8.4-10.2	CPC
PHOSPHORUS, INORGANIC	3.30	mg/dL	2.6-4.4	PNP-XOD
SODIUM	138	mmol/L	135-145	Direct ISE
POTASSIUM	4.4	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	101	mmol/L	98-107	Direct ISE



Patient Name	: M/sPREETI KUMARI	Collected	: 25/Mar/2023 09:30AM
Age/Gender	: 30 Y 10 M 4 D/F	Received	: 25/Mar/2023 11:32AM
UHID/MR No	: STAR.0000049275	Reported	: 25/Mar/2023 04:32PM
Visit ID	: STAROPV57987	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 119802		

DEPARTMENT OF BIOCHEMISTRY				
ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324				
Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	15.00	U/L	16-73	Glycylglycine Kinetic method





Patient Name : M/sPREETI KUMARI	Collected : 25/Mar/2023 09:30AM
Age/Gender : 30 Y 10 M 4 D/F	Received : 25/Mar/2023 11:26AM
UHID/MR No : STAR.0000049275	Reported : 25/Mar/2023 02:24PM
Visit ID : STAROPV57987	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 119802	

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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THYROID PROFILE (TOTAL T3, TOTAL T4, TSH) , SERUM

TRI-IODOTHYRONINE (T3, TOTAL)	0.87	ng/mL	0.67-1.81	ELFA
THYROXINE (T4, TOTAL)	6.89	µg/dL	4.66-9.32	ELFA
THYROID STIMULATING HORMONE (TSH)	2.310	µIU/mL	0.25-5.0	ELFA

**Comment:**

Serum TSH concentrations exhibit a diurnal variation with the peak occurring during the night and the nadir occurring between 10 a.m. and 4 p.m. In primary hypothyroidism, thyroid-stimulating hormone (TSH) levels will be elevated. In primary hyperthyroidism, TSH levels will be low. Elevated or low TSH in the context of normal free thyroxine is often referred to as subclinical hypo- or hyperthyroid-ism, respectively. Physiological rise in Total T3 / T4 levels is seen in pregnancy and in patients on steroid therapy.

Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active.


**Note:**

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0


\*\*\* End Of Report \*\*\*

Result/s to Follow:

COMPLETE URINE EXAMINATION



DR. APEKSHA MADAN  
MBBS, DPB  
PATHOLOGY



Dr. Sandip Kumar Banerjee  
M.B.B.S, M.D (PATHOLOGY), D.P.B  
Consultant Pathologist

Page 11 of 11



SIN No: SPL23049996



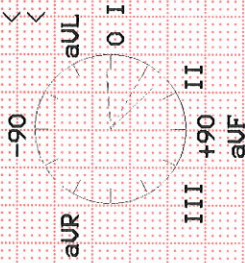
Miss Preeti Kumbhar  
25/3/2023

HR 71 bpm

Measurement Results:

QRS : 82 ms  
 QT/QTcB : 412 / 447 ms  
 PR : 118 ms  
 P : 96 ms  
 RR/PP : 850 / 850 ms  
 P/QRS/T : 30 / 45 / -5 degrees  
 QTd/QTcBD : 102 / 111 ms  
 Sokolow : 1.0 mV  
 NK : 9

< P  
< T  
< QRS



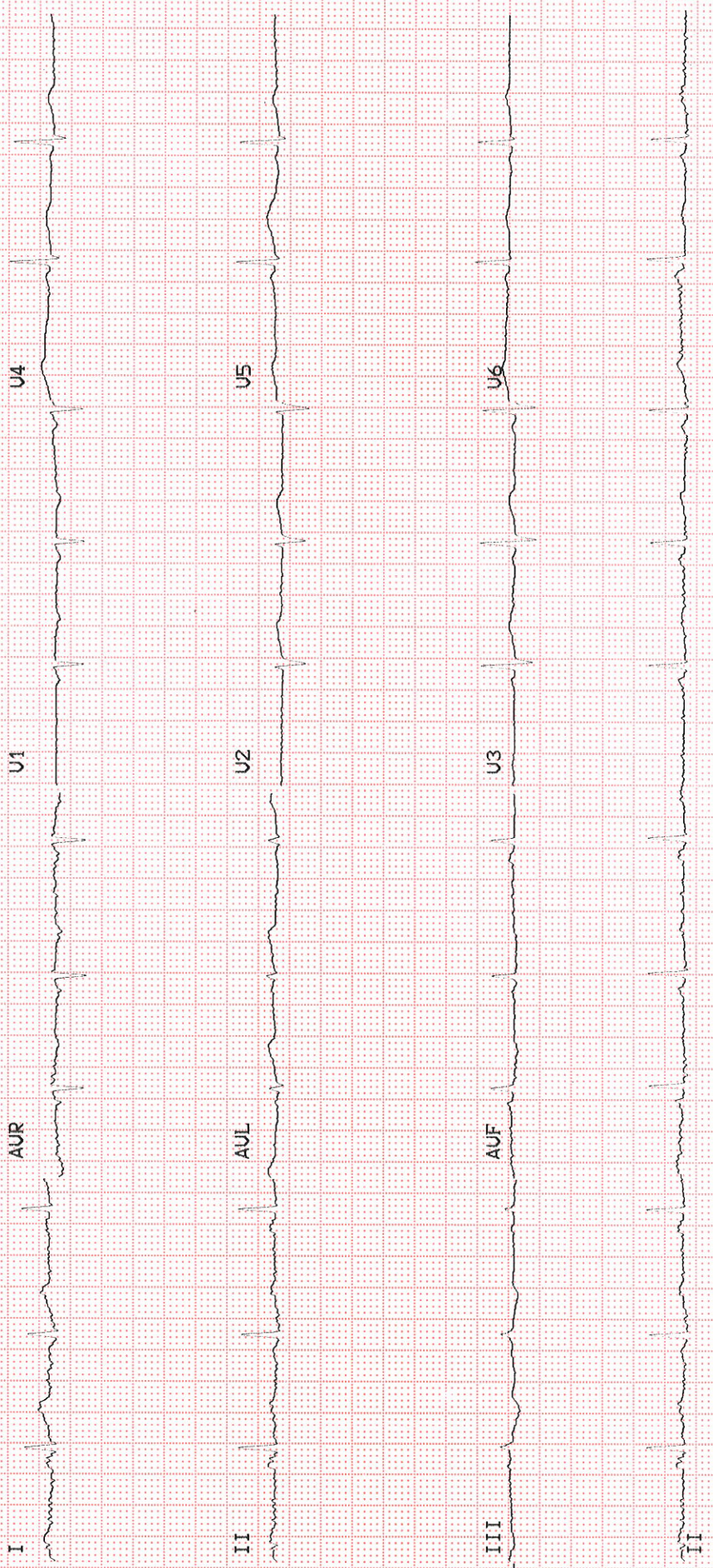
Interpretation:

short PR interval  
 low QRS amplitudes  
 probably abnormal ECG

Minor trace change

Dr. (Mrs.) CHHAYA P. VAJA  
 M.D. (MD)M  
 Physician & Cardiologist  
 Reg. No. 56942

Unconfirmed report.





## Specialists in Surgery

Patient Name : M/s Preeti Kumari  
UHID : STAR.0000049275  
Reported on : 25-03-2023 11:10  
Adm/Consult Doctor :

Age : 30 Y F  
OP Visit No : STAROPV57987  
Printed on : 25-03-2023 11:10  
Ref Doctor : SELF

### DEPARTMENT OF RADIOLOGY

#### X-RAY CHEST PA

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

#### CONCLUSION :

No obvious abnormality seen.

Printed on:25-03-2023 11:10

---End of the Report---



**Dr. VINOD SHETTY**  
Radiology

Name : Ms.Preeti Kumari  
Age : 30 Year(s)

Date : 25/03/2023  
Sex : Female  
Visit Type : OPD

**ECHO Cardiography**

**Comments:**

Normal cardiac dimensions.  
Structurally normal valves.  
No evidence of LVH.  
Intact IAS/IVS.  
No evidence of regional wall motion abnormality.  
Normal LV systolic function (LVEF 60%).  
No diastolic dysfunction.  
Normal RV systolic function.  
No intracardiac clots / vegetation/ pericardial effusion.  
No evidence of pulmonary hypertension.PASP=35mmHg.  
IVC 17mm collapsing with respiration.

**Final Impression:**

NORMAL 2DECHOCARDIOGRAPHY REPORT.

  
**DR.CHHAYA P.VAJA. M. D.(MUM)**  
**NONINVASIVE CARDIOLOGIST**



**Specialists in Surgery**

Name : Ms.Preeti Kumari  
Age : 30 Year(s)

Date : 25/03/2023  
Sex : Female  
Visit Type : OPD

**Dimension:**

EF Slope	110mm/sec
EPSS	04mm
LA	20mm
AO	25mm
LVID (d)	35mm
LVID(s)	20mm
IVS (d)	11mm
LVPW (d)	11mm
LVEF	60% (visual)

  
**DR.CHHAYA P.VAJA. M. D.(MUM)**  
**NONINVASIVE CARDIOLOGIST**

**APOLLO SPECIALTY HOSPITALS PRIVATE LIMITED**

(Formerly known as Nova Specialty Hospitals Private Limited)

CIN: U85100KA2009PTC049961

Registered Office : #7-1-617/A,615 & 616, Imperial Towers,7th Floor, Opp. Ameerpet Metro Station, Ameerpet, Hyderabad, Telangana, Pin-500038.

**Specialists in Surgery**

Patient Name : **MS. PREETI KUMARI**  
Ref. By : **HEALTH CHECKUP**

Date : **25-03-2023**  
Age : **30 years**

**SONOGRAPHY OF ABDOMEN AND PELVIS**

**LIVER** : The liver is normal in size, shape & echotexture. No focal mass lesion is seen. The intrahepatic biliary tree & venous radicles appear normal. The portal vein and CBD appear normal.

**GALL BLADDER** : The gall bladder is normal in size with a normal wall thickness and there are no calculi seen in it.

**PANCREAS** : The pancreas is normal in size and echotexture. No focal mass lesion is seen.

**SPLEEN** : The spleen is normal in size and echotexture without any focal mass lesion. The splenic vein appears normal.

**KIDNEYS** : The **RIGHT KIDNEY** measures 10.9 x 4.4 cms and the **LEFT KIDNEY** measures 11.0 x 4.2 cms in size. Both kidneys are normal in shape and echotexture. There is no evidence of hydronephrosis or calculi seen on either side.

The para-aortic & iliac fossa regions appear normal. There is no free fluid or any lymphadenopathy seen in the abdomen.

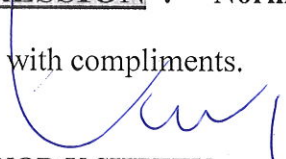
**URINARY BLADDER** : The urinary bladder distends well and is normal in shape and contour. No intrinsic lesion or calculus is seen in it. The bladder wall is normal in thickness.

**UTERUS** : The uterus is anteverted & it appears normal in size, shape and echotexture. It measures 7.6 x 4.1 x 3.5 cms. Normal myometrial & endometrial echoes are seen. Endometrial thickness is 9.4 mms. No focal mass lesion is noted within the uterus.

**OVARIES** : Both ovaries reveal normal size, shape and echopattern. Right ovary measures 2.9 x 1.9 cms. Left ovary measures 2.7 x 2.1 cms. There is no free fluid seen in cul de sac.

**IMPRESSION** : **Normal Ultrasound examination of the Abdomen and Pelvis.**

Report with compliments.

  
**DR. VINOD V. SHETTY**  
MD, D.M.R.D.  
CONSULTANT SONOLOGIST.

**APOLLO SPECIALTY HOSPITALS PRIVATE LIMITED**

(Formerly known as Nova Specialty Hospitals Private Limited)  
CIN: U85100KA2009PTC049961

Registered Office : #7-1-617/A, 615 & 616, Imperial Towers, 7th Floor, Opp. Ameerpet Metro Station, Ameerpet, Hyderabad, Telangana, Pin-500038.

**BENGALURU | CHENNAI | DELHI | JAIPUR | KANPUR | MUMBAI | PUNE**

Mrs Preeti Kumari

30 yrs

25/03/23

No gynaec complaints

Pt was on Dronis H/O PCOD.

M/H -  $\frac{5-6d}{30d}$  Reg  
- mod  
- PLU

LMP - 22/03/23

PH - (D) Breast Ca in 15 yrs ago.

PH - Mother - Breast Ca.

Pt in periods  
CBC not done.


Adv

- Sono mamography i/v/o



Name: Preeti Kumar  
Age: 30/F

For ENT Health check up  
Offers no complaints

O/E - <sup>Ears</sup> -  B/L TM intact, mobile  
wax -> removed

Nose -



Septum central  
Airblast equal both sides

Throat - NAD



Δ-ENT-NAD



MAJ. (DR.) SHREYAS ANIL SHARMA  
M.S. (ENT) FRC LRS FRC ORL  
MMC. 2019098177

# EYE REPORT

Name: *Preeti Keeran*

Date: *28/03/2023*

Age / Sex: *30 years / F*

Ref No.:

Complaint:

*No ocular alo*

Examination

*No n/v 88 / OK*

*U<sub>n</sub> < 6/6p  
6/6p*

*Near in F N<sub>c</sub>*

Spectacle Rx

	Right Eye							
	Vision	Sphere	Cyl.	Axis	Vision	Sphere	Cyl.	Axis
Distance								
Read								

Remarks:

*Worn in F W*

Medications:

*As known*

Trade Name	Frequency	Duration

Follow up:

*Revised F W*

Consultant:





### VEGETABLE EXCHANGE LIST:

A	B	C
<b>Low Kcal(Consume Liberally)</b>	<b>40 kcal (Less amts)</b>	<b>100 kcal (Restrict)</b>
All Dark green leafy vegetables	Carrot, Onion, Beetroot	Potato, Raw banana
All Gourd Vegetables like Dudhi, turi, Padwal, White Pumpkin etc,	Gawar	Sweet potato
	Papdi	Yam
Other veg's: Bhindi, Karela, French beans, Cauliflower, zucchini, capicum, Tomato, Cucumber, tindli, kantolaetc	Jackfruit ( raw)	Tapioca
	Mushroom	Colocasia
	Green Plantain	Sabudana

### FRUIT SERVING SIZE:

Fruits allowed	Serving	Fruits restricted	Serving
Amla	4-5 no.	Grapes	10-12no.
Jambu	10 no.	Banana (small), Chickoo	1 no.
Apple, Guava, Sweet lime, Orange, Pear, Peach, Kiwi	1 no.	Mango	2 slice
Plum	2 no.	Litchi, Jackfruit	3-4 no.
Pomegranate	½ no.	Seetaphal	½ no.
Watermelon, Musk melon	1 thin boat slice	<b>Fruit Juice</b>	<b>NO</b>
Pineapple, Papaya	2 thin boat slice	<b>Sugarcane Juice</b>	<b>NO</b>
Raspberries, Strawberries	150gm	<b>Coconut water</b>	<b>NO</b>
Fresh Figs	1 big/ 2 small		

**Ms.JINAL PATEL**

**Msc In clinical nutrition and dietetics**

Sr.Executive dietitian

E: 9jinalpatel@gmail.com; diet.trd@apollospectra.com

Cont: 9920698105,022-4332 4525



Ms Preeti K.

Rx

Date: 27/3/2023

- Scaling → ₹ 1900/-
- Filling → ₹ 2000/-
- Both consult.



**Dr. Rinal Modi**  
B.D.S. (Mumbai)  
Dental Surgeon  
Reg. No. : A-28591  
Email : [doctorrinal@gmail.com](mailto:doctorrinal@gmail.com)  
M : 8779256365 / 9892290876

**Alliance Dental Care Limited**  
GSTIN: 36AAECA1118N1ZR

**Corporate & Regd. Office:** #7-1-617/A, 615 & 616, Imperial Towers, 7th Floor, Opp to: Ameerpet Metro Station, Ameerpet, Hyderabad 500038, Telangana.

**Our Network:** Bangalore | Chennai | Durgapur | Ghaziabad | Gurgaon | Howrah | Hyderabad | Jabalpur | Kannur | Karaikudi | Kolkata | Madurai | Malda | Mohali | Mumbai | Mysore | Nasik | Nellore | Port Blair | Pune | Ranchi | Silchar | Trichy | Vijayawada | Visakhapatnam

To book an appointment

 1800 102 0288

[www.apollodental.in](http://www.apollodental.in)

ID  
Age 30

Height 155cm  
Gender Female

Date 25. 3. 2023  
Time 10:08:53

APOLLO SPECTRA HOSPITAL

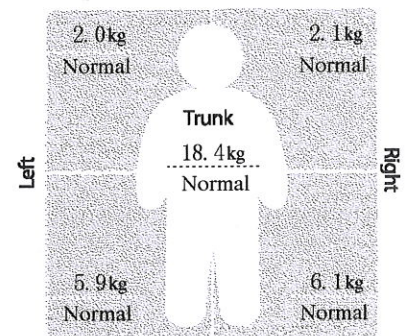
BP - 100/80 mmHg

## Body Composition

	Under	Normal	Over	UNIT: %	Normal Range
<b>Weight</b>	40 55 70 85 100 115 130 145 160 175 190 205				42.9 ~ 58.0
<b>Muscle Mass</b> Skeletal Muscle Mass	60 70 80 90 100 110 120 130 140 150 160 170				19.0 ~ 23.2
<b>Body Fat Mass</b>	20 40 60 80 100 160 220 280 340 400 460 520				10.1 ~ 16.1
<b>T.B.W</b> Total Body Water	29.9 kg (25.7 ~ 31.4)		<b>FFM</b> Fat Free Mass	40.7 kg (32.8 ~ 41.9)	
<b>Protein</b>	7.9 kg (6.9 ~ 8.4)		<b>Mineral*</b>	2.87 kg (2.38 ~ 2.91)	

\* Mineral is estimated.

## Segmental Lean



## Obesity Diagnosis

	Value	Normal Range
<b>B.M.I</b> Body Mass Index (kg/m <sup>2</sup> )	28.5	18.5 ~ 25.0
<b>P.B.F</b> Percent Body Fat (%)	40.4	18.0 ~ 28.0
<b>W.H.R</b> Waist-Hip Ratio	0.90	0.75 ~ 0.85
<b>B.M.R</b> Basal Metabolic Rate (kcal)	1250	1394 ~ 1621

## Nutritional Evaluation

Protein	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Deficient
Mineral	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Deficient
Fat	<input type="checkbox"/> Normal	<input type="checkbox"/> Deficient
	<input type="checkbox"/> Normal	<input checked="" type="checkbox"/> Excessive

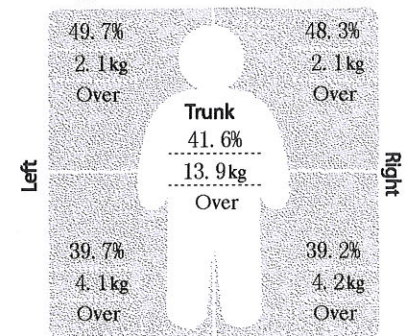
## Weight Management

Weight	<input type="checkbox"/> Normal	<input type="checkbox"/> Under	<input checked="" type="checkbox"/> Over
SMM	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Under	<input type="checkbox"/> Strong
Fat	<input type="checkbox"/> Normal	<input type="checkbox"/> Under	<input checked="" type="checkbox"/> Over

## Obesity Diagnosis

B.M.I	<input type="checkbox"/> Normal	<input type="checkbox"/> Under	<input checked="" type="checkbox"/> Over	<input type="checkbox"/> Extremely Over
P.B.F	<input type="checkbox"/> Normal	<input type="checkbox"/> Under	<input checked="" type="checkbox"/> Over	
W.H.R	<input type="checkbox"/> Normal	<input type="checkbox"/> Under	<input checked="" type="checkbox"/> Over	

## Segmental Fat



\* Segmental Fat is estimated.

## Muscle-Fat Control

<b>Muscle Control</b>	0.0 kg	<b>Fat Control</b>	- 15.5 kg	<b>Fitness Score</b>	66
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## Impedance

Z	RA	LA	TR	RL	LL
20kHz	347.2	356.9	24.9	240.3	253.3
100kHz	315.3	328.1	21.8	216.9	228.1

\* Use your results as reference when consulting with your physician or fitness trainer.

## Exercise Planner Plan your weekly exercises from the followings and estimate your weight loss from those activities.

Energy expenditure of each activity (base weight: 68.4 kg / Duration: 30min. / unit: kcal)							
Walking	Jogging	Bicycle	Swim	Mountain Climbing	Aerobic		
137	239	205	239	223	239		
Table tennis	Tennis	Football	Oriental Fencing	Gate ball	Badminton		
155	205	239	342	130	155		
Racket ball	Tae-kwon-do	Squash	Basketball	Rope jumping	Golf		
342	342	342	205	239	120		
Push-ups development of upper body	Sit-ups abdominal muscle training	Weight training backache prevention	Dumbbell exercise muscle strength	Elastic band muscle strength	Squats maintenance of lower body muscle		

### • How to do

1. Choose practicable and preferable activities from the left.
2. Choose exercises that you are going to do for 7 days.
3. Calculate the total energy expenditure for a week.
4. Estimate expected total weight loss for a month using the formula shown below.

### • Recommended calorie intake per day

1300 kcal

\* Calculation for expected total weight loss for 4 weeks: **Total energy expenditure (kcal/week) X 4weeks ÷ 7700**





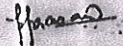
बैंक ऑफ बड़ोदा  
Bank of Baroda



नाम प्रीति कुमारी  
Name PREETI KUMARI

सर्वकारी कूट क्र.  
E. C. No. 119802

  
जारीकर्ता प्राधिकारी  
Issuing Authority

  
धरक के हस्ताक्षर  
Signature of Holder





LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MS. KUMARI PREETI
EC NO.	119802
DESIGNATION	JOINT MANAGER
PLACE OF WORK	MUMBAI,LALBAUG
BIRTHDATE	21-05-1992
PROPOSED DATE OF HEALTH CHECKUP	25-03-2023
BOOKING REFERENCE NO.	22M119802100049154E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **15-03-2023** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

### SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
<b>Lipid Profile</b>	<b>Lipid Profile</b>
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
<b>Liver Profile</b>	<b>Liver Profile</b>
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
<b>Kidney Profile</b>	<b>Kidney Profile</b>
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
<b>General Tests</b>	<b>General Tests</b>
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation

<b>Patient Name</b>	: M/s Preeti Kumari	<b>Age/Gender</b>	: 30 Y/F
<b>UHID/MR No.</b>	: STAR.0000049275	<b>OP Visit No</b>	: STAROPV57987
<b>Sample Collected on</b>	:	<b>Reported on</b>	: 25-03-2023 15:32
<b>LRN#</b>	: RAD1959001	<b>Specimen</b>	:
<b>Ref Doctor</b>	: SELF		
<b>Emp/Auth/TPA ID</b>	: 119802		

## DEPARTMENT OF RADIOLOGY

### ULTRASOUND - WHOLE ABDOMEN

**LIVER :** The liver is normal in size, shape & echotexture. No focal mass lesion is seen. The intrahepatic biliary tree & venous radicles appear normal. The portal vein and CBD appear normal.

**GALL :** The gall bladder is normal in size with a normal wall thickness and there are no **BLADDER** calculi seen in it.

**PANCREAS :** The pancreas is normal in size and echotexture. No focal mass lesion is seen.

**SPLEEN :** The spleen is normal in size and echotexture without any focal mass lesion. The splenic vein appears normal.

**KIDNEYS :** The **RIGHT KIDNEY** measures 10.9 x 4.4 cms and the **LEFT KIDNEY** measures 11.0 x 4.2 cms in size. Both kidneys are normal in shape and echotexture. There is no evidence of hydronephrosis or calculi seen on either side.

The para-aortic & iliac fossa regions appear normal. There is no free fluid or any

## lymphadenopathy seen in the abdomen.

## **URINARY** The urinary bladder distends well and is normal in shape and contour No intrinsic

**BLADDER:** lesion or calculus is seen in it. The bladder wall is normal in thickness.

**UTERUS :** The uterus is anteverted & it appears normal in size, shape and echotexture. It measures 7.6 x 4.1 x 3.5 cms. Normal myometrial & endometrial echoes are seen. Endometrial thickness is 9.4 mms. No focal mass lesion is noted within the uterus.

**OVARIES :** Both ovaries reveal normal size, shape and echopattern. Right ovary measures 2.9 x 1.9 cms. Left ovary measures 2.7 x 2.1 cms. There is no free fluid seen in cul de.

**IMPRESSION :** Normal Ultrasound examination of the Abdomen and Pelvis.



**Patient Name** : M/s Preeti Kumari

**Age/Gender** : 30 Y/F

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**Dr. VINOD SHETTY**  
Radiology

<b>Patient Name</b>	: M/s Preeti Kumari	<b>Age/Gender</b>	: 30 Y/F
<b>UHID/MR No.</b>	: STAR.0000049275	<b>OP Visit No</b>	: STAROPV57987
<b>Sample Collected on</b>	:	<b>Reported on</b>	: 25-03-2023 11:10
<b>LRN#</b>	: RAD1959001	<b>Specimen</b>	:
<b>Ref Doctor</b>	: SELF		
<b>Emp/Auth/TPA ID</b>	: 119802		

**DEPARTMENT OF RADIOLOGY**

**X-RAY CHEST PA**

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

**CONCLUSION :**

No obvious abnormality seen.



**Dr. VINOD SHETTY**  
Radiology