

**Name** : Ms. SONALI CHAKRABORTY (35 /F)

**Date** : 25/02/2022

**Address** : 309 BLOCK C TULSI MANJURI NORTH 24 PARGANA, NORTH 24 PARGANAS,  
NORTH 24 PARGANAS, WEST BENGAL, INDIA

**Examined by:**

**UHID** : AMHL.0001921501

**Package** : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40  
YRS WITH TMT/ECHO)

**AHC No** : AMHLAH142817



## CHIEF COMPLAINTS

For corporate health checkup

C/O Irregular periods.

C/O Cracks at lips.

C/O Flatulence and Dyspepsia.

PRESENT KNOWN ILLNESS:-

No H/O HTN/DM/TB/Asthma/Heart Disease.



## DRUG ALLERGY

NO KNOWN ALLERGY

:28/02/2022



## SYSTEMIC REVIEW

### Cardiovascular system

Nil significant.

### Respiratory system

Nil significant.

### Gastrointestinal system

APPETITE – Normal.

FLATULENCE AND DYSPEPSIA - Present.

BOWEL HABITS - Regular.

### Genitourinary system

FREQUENCY - Normal.

### Gynaec history

P1+0 (C/S), LMP - 23/2/22, Cycle - Irregular.

### Central nervous system

MEMORY & CONCENTRATION - Normal.

SLEEP – Normal.

### Eyes

VISION - Corrected with glasses.

### ENT

HEARING - Normal.

### Skin

Nil significant.

### Weight

Steady.



### Past medical history

Past medical history - nil significant



### Surgical history

Lower segment  
caesarean section - Yes.



### Personal history

Marital status - Married

No. of children - 1

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Active



### Family history

Father - alive

Mother - alive

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Sisters - 1  
Diabetes - father  
Hypertension - mother  
Coronary artery disease - father  
Cancer - None

Spine - No Significant finding.

### Ophthalmology consultation

Ophthalmology findings - Distance vision with glass 6/6 (both eyes).

Near vision N6 (both eyes).

## PHYSICAL EXAMINATION



### General

Build - Healthy.  
Height (in cms) - 150  
Weight (in Kgs) - 52  
BMI - 23.11  
Pallor - no  
Oedema - no



### Cardiovascular system

Heart rate(Per minute) - 94  
Rhythm - Normal  
Systolic(mm of Hg) - 110  
Diastolic(mm of Hg) - 80  
Heart sounds - S1S2+



### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Present.



### Central nervous system

No neurological deficit



### Skin

No significant finding



### Musculo Skeletal System

Extremities - No Significant finding.

Printed By : AVIJIT DAS

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	12.0	g/dl	●	12.0-15.0
RBC COUNT	3.93	Million/ul	●	3.8-4.8
Hematocrit - Hct:	35.0 *	%	●	36-46
MCV	89.0	fl	●	83-101
MCH	30.6	pg	●	27-32
MCHC	34.4	%	●	31.5-34.5
RDW	13.0	%	●	11.8-14.0
WBC Count	5600	/cu mm	●	4000-10000
Platelet Count	2.12	lacs/cu mm	●	1.5-4.0
Neutrophils	72	%	●	40-80
Lymphocytes	17 *	%	●	20-40
Monocytes	08	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	20	mm/1st hr	●	0-20

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	50	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.5			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	0-2
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	14	U/L	●	10-40
ALBUMIN - SERUM	4.6	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	46	U/L	●	42-98
AST (SGOT) - SERUM	20	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.6	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	140	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.6	mg/dL	●	0.6-1.1

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 9 U/L ● 7-64

TOTAL T3: TRI IODOTHYRONINE - SERUM 1.0 ng/ml ● 0.8-2

TOTAL T4: THYROXINE - SERUM 7.0 µg/dL ● 5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 102 \* mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 79 mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 90 mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 3.3 µIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.5 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 4.8 mg/dL ● 2.6-6.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 44 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 83 mg/dL ● 0-100
VLDL CHOLESTEROL - SERUM (Calculated) 13 mg/dL ● 0-35

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 8.2 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.4 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 2.8 g/dL ● 1.8-3.6

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.7:1.0 1.0-2.0

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

PAP SMEAR /CERVICAL SMEAR

Ref No: AG01.C2200803
SPECIMEN TYPE: Conventional cervical smear (Pap) x 1
SPECIMEN ADEQUACY: Satisfactory for evaluation without endocervical cells.
INTERPRETATION/RESULT: Negative for intraepithelial lesion or malignancy,with no organism

ECG

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SINUS BRADYCARDIA. OTHERWISE WITHIN NORMAL LIMITS.

**TREADMILL TEST / STRESS TEST**

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

- \* Fatty changes in liver (Grade - I).
- \* Small fibroid in uterus.
- \* Simple cyst in right ovary, suggestive of ? follicular cyst
- .
- \* Multiple peripherally arranged follicles in left ovary, suggestive of ? polycystic ovarian diseases.

Advised hormonal assay.

Dr. SHWETA KHANNA  
CONSULTANT RADIOLOGIST  
Reg – 72134 (WBMC)

**X-RAY CHEST PA**

Chest skiagram does not reveal any significant abnormality.

Dr. SHWETA KHANNA  
CONSULTANT RADIOLOGIST  
Reg – 72134 (WBMC)

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

**Haematology**

STOOL ROUTINE

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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