

## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Prashant Navalkar on 27/01/24

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"><li>• Medically Fit</li></ul>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"><li>• Fit with restrictions/recommendations</li></ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"><li>• Currently Unfit.</li></ul> <p>Review after _____ recommended</p>	
<ul style="list-style-type: none"><li>• Unfit</li></ul>	

Dr. Archana V.  
Medical Officer  
The Apollo Clinic, (Location)

*This certificate is not meant for medico-legal purposes*

Dr. Archana V. MBBS  
Registration No. 103429

Date : 27-01-2024  
MR NO : CVIM.0000235468

Department : GENERAL  
Doctor :

Name : Mr. PRASHANT NAVALKAR

Registration No :

Age/ Gender : 38 Y / Male

Qualification :

Consultation Timing: 09:44

Height : 171	Weight : 83.8	BMI :	Waist Circum : 108
Temp : 97.5	Pulse : 80	Resp : 20	B.P : 130/80

**General Examination / Allergies History**

**Clinical Diagnosis & Management Plan**

O/E : PH / CS / RE / NAD

PIA - 80% (+)

(+) Bowel habits

CNS - NAD (-)

NO peripheral joint.

KIDNEY Insulin dependent.  
(Reverts. variable).

✓ Refresh Labs.

1° ← 01°  
x 1 month family H/O nil.

Apollo

S. mic acid.  
vitamin panel.

Dr. Archana V. MBBS  
Registration No. 103429

*Archana V.*

Follow up date:

Doctor Signature

for                     

Stomach

Height :	Weight :	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P :

General Examination / Allergies  
History

Clinical Diagnosis & Management Plan

single  
gut pain

Follow up date:



Doctor Signature

*[Handwritten signature]*

*[Handwritten mark]*

*Refresh Regd / 3 months.*

*[Handwritten signature]*

The Apollo Clinic  
**DR. M. D. ALAVAND**  
MBBS, DO.MS.  
Consulting Eye Surgeon  
Reg. No.: - 36319

**Apollo Health and Lifestyle Limited**

ICIN - U85110TG2000PLC115819  
Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016.  
Ph No: 040-4904 7777, Fax No: 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

**APOLLO CLINICS NETWORK MAHARASHTRA**

Pune (Aundh | Kharadi | Nigdi Pradhikaran | Viman Nagar | Wanowrie)

Online appointments: [www.apolloclinic.com](http://www.apolloclinic.com)

TO BOOK AN APPOINTMENT

 **1860 500 7788**

EYE EXAMINATION

DATE: 27/7/24  
MOBILE NO: 7

NAME:- Prerna Narayan

AGE:- 38


CORPORATE:- Arcapari

	Right Eye	Left Eye
Distant vision	6/6	6/6
Near vision	N/6	N/6
Color vision	Normal	Normal
Fundus examination	Normal	Normal
Intraocular pressure	Normal	Normal
Slit lamp exam.	Normal	Normal

Normal eye for all aspects

Impression - Normal Eye Check Up.

(Ophthalmology)

  
The Apollo Clinic  
**DR. M. D. ALAVAND**  
MBBS, D.O.M.S.  
Cor: ing Eye Surgeon  
Reg. no.: 36319



Prashant  
38 Years

navalkar  
Male

27-Jan-24 12:44:20 PM

Rate	79	Sinus rhythm	normal p axis, V-rate 50-99
PR	146	Abnormal R-wave progression, early transition	QRS area > 0 in V2
QRSD	84	Nonspecific T abnormalities, diffuse leads	T < -0.10mV, ant/lnt/inf
QT	328	Baseline wander in lead(s) V5, V6	
QTc	376		

--AXIS--

P 55

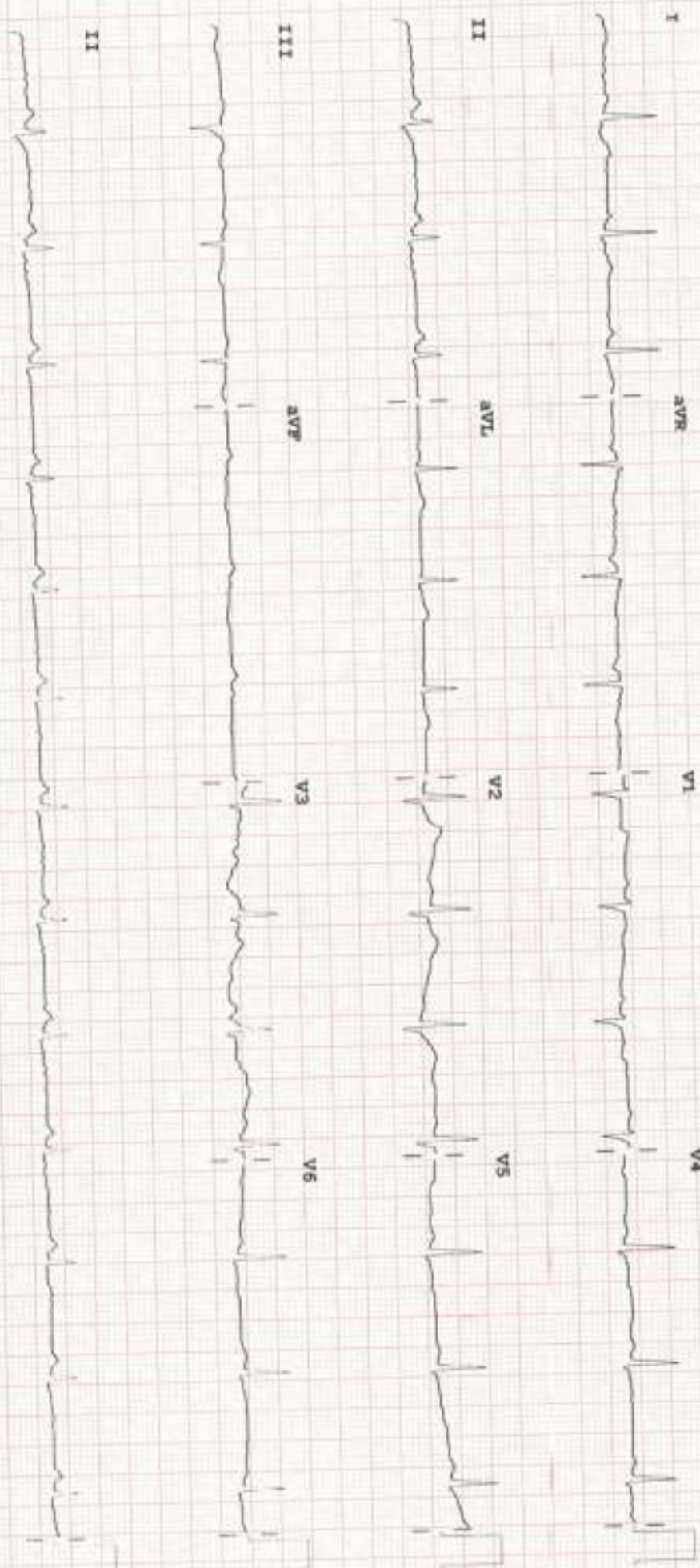
QRS 5

T -24

12 lead; Standard placement

- ABNORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

limb: 10 mm/mV

Chest: 10.0 mm/mV

P 50-0.50-40 Hz W

PH100B CL7

27

PHILIPS

PHILIPS

Patient Name : Mr.PRASHANT NAVALKAR	Collected : 27/Jan/2024 10:28AM
Age/Gender : 38 Y 11 M 29 D/M	Received : 27/Jan/2024 12:58PM
UHID/MR No : CVIM.0000235468	Reported : 27/Jan/2024 02:02PM
Visit ID : CVIMOPV586974	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/AUTH/TPA ID : 331198	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

PERIPHERAL SMEAR , WHOLE BLOOD EDTA

RBC's are Normocytic Normochromic,  
WBC's are normal in number and morphology  
Platelets are Adequate  
No Abnormal cells/hemoparasite seen.



DR. Sanjay Ingle  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:BED240020043

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab  
Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115879)

Legal Office: 1-10-60/62, Aravika Nageswathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500016 |  
www.apollohd.com | Email: id@apollohd.com, Ph No: 944-9904 7777, Fax No: 9904 7744

APOLLO CLINICS NETWORK

Mumbai | Hyderabad | GSI Kazi Nagar | Chanda Nagar | Karimnagar | Nallabanda | Nizamabad | Madhavaram | Vijaya | Anantapur | Warangal | Bhatlu | Bhadrachalam | Bellary | Electronics City | Flower Town | HSR Layout | Indira





Certificate No: MC-5697

Patient Name : Mr.PRASHANT NAVALKAR	Collected : 27/Jan/2024 10:28AM
Age/Gender : 38 Y 11 M 29 D/M	Received : 27/Jan/2024 12:58PM
UHID/MR No : CVIM.0000235468	Reported : 27/Jan/2024 02:02PM
Visit ID : CVIMOPV588974	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 331198	

**DEPARTMENT OF HAEMATOLOGY**  
**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>HEMOGRAM , WHOLE BLOOD EDTA</b>				
HAEMOGLOBIN	16.3	g/dL	13-17	Spectrophotometer
PCV	46.50	%	40-50	Electronic pulse & Calculation
RBC COUNT	5.3	Million/cu.mm	4.5-5.5	Electrical Impedance
MCV	87.7	fL	83-101	Calculated
MCH	30.8	pg	27-32	Calculated
MCHC	35.2	g/dL	31.5-34.5	Calculated
R.D.W	13.7	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	7,230	cells/cu.mm	4000-10000	Electrical Impedance
<b>DIFFERENTIAL LEUCOCYTIC COUNT (DLC)</b>				
NEUTROPHILS	53.8	%	40-80	Electrical Impedance
LYMPHOCYTES	33.2	%	20-40	Electrical Impedance
EOSINOPHILS	6.8	%	1-6	Electrical Impedance
MONOCYTES	5.6	%	2-10	Electrical Impedance
BASOPHILS	0.6	%	<1-2	Electrical Impedance
<b>ABSOLUTE LEUCOCYTE COUNT</b>				
NEUTROPHILS	3889.74	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2400.36	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	491.64	Cells/cu.mm	20-500	Calculated
MONOCYTES	404.88	Cells/cu.mm	200-1000	Calculated
BASOPHILS	43.38	Cells/cu.mm	0-100	Calculated
PLATELET COUNT	237000	cells/cu.mm	150000-410000	Electrical Impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	2	mm at the end of 1 hour	0-15	Modified Westergren

**PERIPHERAL SMEAR**  
**RBC's are Normocytic Normochromic,**  
**WBC's are normal in number and morphology**  
**Platelets are Adequate**  
**No Abnormal cells/hemoparasite seen.**



**DR. Sanjay Ingle**  
 M.B.B.S, M.D(Pathology)  
 Consultant Pathologist

SIN No: BED240020043  
 This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab

Apollo Health and Lifestyle Limited | CIN: U28110TG2009PLC1138191  
 Regd. Office: 1-10-60/62, Arvika Rajgopathi Chambers, 3rd Floor, Begumpet, Hyderabad, Telangana - 500 016 |  
[www.apollohd.com](http://www.apollohd.com) | Email: [info@apollohd.com](mailto:info@apollohd.com), [ph@apollohd.com](mailto:ph@apollohd.com), [hr@apollohd.com](mailto:hr@apollohd.com), [qa@apollohd.com](mailto:qa@apollohd.com) | Phone No: 944-4904 7777, Fax No: 4904 7744

Apollo Medicare Provider, Cooperative Society Limited, Shop No. 31 & 309 Floor, Building 'C', Vazeer Nagar, Pune, Maharashtra, India - 411004

**1860 500 778**  
[www.apolloclinic.com](http://www.apolloclinic.com)





Certificate No: MC-5697

Patient Name : Mr.PRASHANT NAVALKAR Age/Gender : 38 Y 11 M 29 D/M UHID/MR No : CVIM.0000235468 Visit ID : CVIMOPV586974 Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 331198	Collected : 27/Jan/2024 10:28AM Received : 27/Jan/2024 12:58PM Reported : 27/Jan/2024 02:02PM Status : Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
<b>DEPARTMENT OF HAEMATOLOGY</b>	
<b>ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324</b>	



DR. Sanjay Ingle  
M.B.B.S, M.D (Pathology)  
Consultant Pathologist

SIN No: BED240020043

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab  
 Apollo Health and Lifestyle Limited | CIN - U05110TG2000PLC115810

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 Limited, 5th & 6th Floor, Building 'C',  
 Vignesh Nagar, Pune, Maharashtra, India - 411014

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Patient Name : Mr.PRASHANT NAVALKAR	Collected : 27/Jan/2024 10:28AM
Age/Gender : 38 Y 11 M 29 D/M	Received : 27/Jan/2024 12:58PM
UHID/MR No : CVIM.0000235468	Reported : 27/Jan/2024 02:56PM
Visit ID : CVIMOPV586974	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 331198	

**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA</b>				
BLOOD GROUP TYPE	AB			Microplate Hemagglutination
Rh TYPE	Positive			Microplate Hemagglutination



DR. Sanjay Ingle  
M.B.B.S, M.D(Pathology)  
Consultant Pathologist

SIN No: BED240020043

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab  
Apollo Health and Lifestyle Limited (CIN - U80110TG2000PLC119419)

Legal Office: 1-10-66/62, Ashoka Baghpati Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 018 |  
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**1860 500 778**  
www.apolloclinic.com



Certificate No: MC-5697

Patient Name : Mr.PRASHANT NAVALKAR	Collected : 27/Jan/2024 10:28AM
Age/Gender : 38 Y 11 M 29 DM	Received : 27/Jan/2024 01:04PM
UHID/MR No : CVIM.0000235468	Reported : 27/Jan/2024 01:48PM
Visit ID : CVIMOPV586974	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 331198	

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	94	mg/dL	70-100	HEXOKINASE

DR. Sanjay Ingle  
M.B.B.S., M.D(Pathology)  
Consultant Pathologist

SIN No:PLF02095623

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab  
Apollo Health and Lifestyle Limited (CIN - U05110RG2000PLC115819)

Regd. Office: 1-10-60/62, Azhaka Rajhapatni Chambers, 3rd Floor, Durgampet, Hyderabad, Telangana - 500018 |  
www.apolloai.com | Email ID: enquiry@apolloai.com, Ph No: 040-4904 7777, Fax No: 4904 7744

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Ryad Mubarak Pharmacy, Cooperative Society  
Limited, Shop No. 31 & 32d Floor, Building "C",  
Vijaya Nagar, Pune, Maharashtra, India - 411014



Patient Name : Mr.PRASHANT NAVALKAR	Collected : 27/Jan/2024 02:05PM
Age/Gender : 38 Y 11 M 29 D/M	Received : 27/Jan/2024 04:02PM
UHID/MR No : CVIM.D000235468	Reported : 27/Jan/2024 04:50PM
Visit ID : CVIMOPV586974	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 331198	

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA (2 HR)	85	mg/dL	70-140	HEXOKINASE

**Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.




DR. Sanjay Ingle  
M.B.B.S, M.D(Pathology)  
Consultant Pathologist

SIN No:PLP1412330

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab  
Apollo Health and Lifestyle Limited (CIN - L26110TG2000PLC1138116)

Legal Office: 1-10-68/62, Ashoka Raghupathi Chambers, 3th Floor, Gopurpet, Hyderabad, Telangana - 500 016 |  
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Limited, Shop No. 51 & 5th Floor, Building "C",  
Vengal Rao, Pune, Maharashtra, India - 411014

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Certificate No: MC-5697

Patient Name : Mr.PRASHANT NAVALKAR	Collected : 27/Jan/2024 10:28AM
Age/Gender : 38 Y 11 M 29 D/M	Received : 27/Jan/2024 01:15PM
UHID/MR No : CVIM.D000235468	Reported : 27/Jan/2024 02:20PM
Visit ID : CVIMOPV586974	Status : Final Report
Ref Doctor : Dr_SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 331198	

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>LIPID PROFILE , SERUM</b>				
TOTAL CHOLESTEROL	175	mg/dL	<200	CHO-POD
TRIGLYCERIDES	133	mg/dL	<150	GPO-POD
HDL CHOLESTEROL	57	mg/dL	40-60	Enzymatic Immunoinhibition
NON-HDL CHOLESTEROL	118	mg/dL	<130	Calculated
LDL CHOLESTEROL	91.29	mg/dL	<100	Calculated
VLDL CHOLESTEROL	26.59	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.06		0-4.97	Calculated

**Comment:**

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

- Measurements in the same patient on different days can show physiological and analytical variations.
- NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 350mg/dl. When Triglycerides are more than 350 mg/dl LDL cholesterol is a direct measurement.



DR. Sanjay Ingle  
M.B.B.S, M.D(Pathology)  
Consultant Pathologist

SIN No:SE04611127

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab  
Apollo Health and Lifestyle Limited | CIN - U85110TG2000PLC115819

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Certificate No: MC-5697

<b>Patient Name</b> : Mr.PRASHANT NAVALKAR <b>Age/Gender</b> : 38 Y 11 M 29 DM <b>UHID/MR No</b> : CVIM.0000235468 <b>Visit ID</b> : CVIMOPV586974 <b>Ref Doctor</b> : Dr.SELF <b>Emp/Auth/TPA ID</b> : 331198	<b>Collected</b> : 27/Jan/2024 10:28AM <b>Received</b> : 27/Jan/2024 01:15PM <b>Reported</b> : 27/Jan/2024 02:20PM <b>Status</b> : Final Report <b>Sponsor Name</b> : ARCOFEMI HEALTHCARE LIMITED
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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>LIVER FUNCTION TEST (LFT) , SERUM</b>				
BILIRUBIN, TOTAL	0.79	mg/dL	0.3-1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.15	mg/dL	<0.2	DPD
BILIRUBIN (INDIRECT)	0.64	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	22.95	U/L	<50	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	17.4	U/L	<50	IFCC
ALKALINE PHOSPHATASE	45.86	U/L	30-120	IFCC
PROTEIN, TOTAL	7.56	g/dL	6.6-8.3	Biuret
ALBUMIN	4.69	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	2.87	g/dL	2.0-3.5	Calculated
A/G RATIO	1.63		0.9-2.0	Calculated

**Comment:**  
 LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)  
 Common patterns seen:  
 1. **Hepatocellular Injury:**  
 • AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.  
 • ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.  
 • Disproportionate increase in AST, ALT compared with ALP. • Bilirubin may be elevated.  
 • AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson's diseases, Cirrhosis, but the increase is usually not >2.  
 2. **Cholestatic Pattern:**  
 • ALP – Disproportionate increase in ALP compared with AST, ALT.  
 • Bilirubin may be elevated. • ALP elevation also seen in pregnancy, impacted by age and sex.  
 • To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.  
 3. **Synthetic function impairment:**  
 • Albumin- Liver disease reduces albumin levels. • Correlation with PT (Prothrombin Time) helps.



**DR. Sanjay Ingole**  
 M.B.B.S, M.D(Pathology)  
 Consultant Pathologist

SIN No:SE04611127

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab  
 Apollo Health and Lifestyle Limited JCS - 0251 121022009PLC1 136159

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 www.apolloclinic.com | Email: 02 emp@apolloclinic.com, Ph No: 040-4964 7777, Fax No: 4964 7744





Certificate No: MC-5697

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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Page 10 of 16




DR. Sanjay Ingle  
 M.B.B.S, M.D(Pathology)  
 Consultant Pathologist

SIN No:SE04611127

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab  
 Apollo Health and Lifestyle Limited (CIN - U25110TG2000PLC115819)

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**1860 500 778**  
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Certificate No: MC-5697

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Visit ID : CVIMOPV586974	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 331198	

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM</b>				
CREATININE	0.76	mg/dL	0.72 - 1.18	Modified Jaffe, Kinetic
UREA	13.97	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	6.5	mg/dL	8.0 - 23.0	Calculated
URIC ACID	4.59	mg/dL	3.5-7.2	Uricase PAP
CALCIUM	9.41	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	3.43	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	140.39	mmol/L	136-146	ISE (Indirect)
POTASSIUM	4.2	mmol/L	3.5-5.1	ISE (Indirect)
CHLORIDE	105.36	mmol/L	101-109	ISE (Indirect)



DR. Sanjay Ingle  
M.B.B.S, M.D(Pathology)  
Consultant Pathologist

SIN No:SE04611127

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab  
Apollo Health and Lifestyle Limited (CIN - L28110TG2000PLC115819)

Legal Office: 1-18/99/62, Acharya Rajgopalji Chambers, 5th Floor, Baginipal, Hyderabad, Telangana - 500016 |  
www.apollohsl.com | Email ID: emp@apollohsl.com, Ph No: 040-4904 7777, Fax No: 4904 7768

APOLLO CLINICS NETWORK

Chennai | Hyderabad | Ahmedabad | Gandhinagar | Chennai Nagar | Bangalore | Nallakonda | Kottur | Marthanda | Mysore | Andhra Pradesh: Vijay (Gachibowli) | Karimnagar: Bangalore (Basavanegudi) | Dehli | Electronic City | Feroz Town | HSI Layout | Indore

Hydri Millenium Primes, Cooperative Society  
Limited, Shop No. 51 & 50th Floor, Building 'C',  
Vijaya Nagar, Pune, Maharashtra, India - 411016

**1860 500 778**

www.apolloclinic.com



Certificate No: MC-5697

Patient Name : Mr.PRASHANT NAVALKAR	Collected : 27/Jan/2024 10:28AM
Age/Gender : 38 Y 11 M 29 D/M	Received : 27/Jan/2024 01:15PM
UHID/MR No : CVIM.0000235468	Reported : 27/Jan/2024 02:20PM
Visit ID : CVIMOPV586974	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 331198	

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	17.19	U/L	<55	IFCC

DR.Sanjay Ingle  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:SE04611127

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab  
Apollo Health and Lifestyle Limited (CIN - U25110TG2000PLC1158109)

Ingl. Office: 1-10-88/82, Ashoka Rajghatpeth Chambers, 3th Floor, Sangarep, Hyderabad, Telangana - 500016 |  
www.apollohli.com | Email ID: enquiry@apollohli.com, Ph No: 040-4504 7777, Fax No: 4504 7744

APOLLO CLINICS NETWORK

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Certificate No: MC-5697

Patient Name : Mr.PRASHANT NAVALKAR Age/Gender : 38 Y 11 M 29 D/M UHID/MR No : CVIM.0000235468 Visit ID : CVIMOPV586974 Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 331198	Collected : 27/Jan/2024 10:28AM Received : 27/Jan/2024 01:20PM Reported : 27/Jan/2024 02:16PM Status : Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
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**DEPARTMENT OF IMMUNOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM</b>				
TRI-IODOTHYRONINE (T3, TOTAL)	0.61	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	8.96	µg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	2.810	µIU/mL	0.34-5.60	CLIA

**Comment:**

<b>For pregnant females</b>	<b>Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)</b>
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma



*Sneha Shah*  
 Dr Sneha Shah  
 MBBS, MD (Pathology)  
 Consultant Pathologist  
 SIN No: SPL24013241  
 This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab



Certificate No: MC-5657

Patient Name : Mr.PRASHANT NAVALKAR	Collected : 27/Jan/2024 10:28AM
Age/Gender : 38 Y 11 M 29 D/M	Received : 27/Jan/2024 03:28PM
UHID/MR No : CVIM.0000235468	Reported : 27/Jan/2024 03:49PM
Visit ID : CVIMOPV586974	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 331198	

**DEPARTMENT OF CLINICAL PATHOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>COMPLETE URINE EXAMINATION (CUE) , URINE</b>				
<b>PHYSICAL EXAMINATION</b>				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	<5.5		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.015		1.002-1.030	Bromothymol Blue
<b>BIOCHEMICAL EXAMINATION</b>				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFIED EHRlich REACTION
BLOOD	NEGATIVE		NEGATIVE	Peroxidase
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE
<b>CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY</b>				
PUS CELLS	3 - 4	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1 - 2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY



*Sneha Shah*  
Dr Sneha Shah  
MBBS, MD (Pathology)  
Consultant Pathologist

SIN No:UR2269620

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab



Certificate No: MC-5697

Patient Name : Mr.PRASHANT NAVALKAR Age/Gender : 38 Y 11 M 29 DM UHID/MR No : CVIM.0000235468 Visit ID : CVIMOPV586974 Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 331198	Collected : 27/Jan/2024 02:05PM Received : 27/Jan/2024 03:49PM Reported : 27/Jan/2024 04:06PM Status : Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
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**DEPARTMENT OF CLINICAL PATHOLOGY**  
**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick



DR. Sanjay Ingle  
 M.B.B.S, M.D(Pathology)  
 Consultant Pathologist

SIN No:UPP016381

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab  
 Apollo Health and Lifestyle Limited (CIN : U05110TG2000PLC115819)

Inq. Office: 1-10-46/52, Ashoka Reghupati Chambers, 2nd Floor, Ring Road, Hyderabad, Telangana - 500 016  
 www.apollohsl.com | Email ID: Apollo@apollohsl.com, Ph No: 943-4004-7777, Fax No: 4904-7744

Apollo Global Health Services, Cooperative Society Limited, Shop No.37 & 38th Floor, Building "C", Viman Nagar, Pune, Maharashtra, India - 411014





Certificate No: MC-5697

Patient Name : Mr.PRASHANT NAVALKAR Age/Gender : 38 Y 11 M 29 D/M UHID/MR No : CVIM.0000235468 Visit ID : CVIMOPV586974 Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 331198	Collected : 27/Jan/2024 10:28AM Received : 27/Jan/2024 03:03PM Reported : 27/Jan/2024 03:15PM Status : Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
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**DEPARTMENT OF CLINICAL PATHOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

\*\*\* End Of Report \*\*\*



*Sneha Shah*  
  
 Dr Sneha Shah  
 MBBS, MD (Pathology)  
 Consultant Pathologist

SIN No:UF010387

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab

Patient Name : Mr. PRASHANT NAVALKAR  
UHID : CVIM.0000235468  
Reported on : 27-01-2024 10:36  
Adm/Consult Doctor :  
Age : 38 Y M  
OP Visit No : CVIMOPV586974  
Printed on : 27-01-2024 18:40  
Ref Doctor : SELF

**DEPARTMENT OF RADIOLOGY**

**ULTRASOUND - WHOLE ABDOMEN**

**Liver** appears normal in size and echotexture. No focal lesion is seen. PV and CBD normal. No dilatation of the intrahepatic biliary radicals.

**Gall bladder** is well distended. No evidence of calculus. Wall thickness appears normal. No evidence of periGB collection. No evidence of focal lesion is seen.

**Spleen** appears normal. No focal lesion seen. Splenic vein appears normal.

**Pancreas** appears normal in echopattern. No focal/mass lesion/calcification. No evidence of peripancreatic free fluid or collection. Pancreatic duct appears normal.

**Both the kidneys** appear normal in size, shape and echopattern. Cortical thickness and CM differentiation are maintained. No calculus / hydronephrosis seen on either side.

**Urinary Bladder** is well distended and appears normal. No evidence of any wall thickening or abnormality. No evidence of any intrinsic or extrinsic bladder abnormality detected.

**Prostate** is normal in size and echo texture. No evidence of necrosis/calcification seen.

**Bowel loops and Retroperitoneum** appear normal. Aorta and IVC appear normal. No abnormal lymphadenopathy noted.

**IMPRESSION:-**  
No significant abnormality detected.

(The sonography findings should always be considered in correlation with the clinical and other investigation finding where applicable.) It is only a professional opinion, Not valid for medico legal purpose.

**Apollo Health and Lifestyle Limited**

ICIN - U85110TG2000PLC115819  
Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016.  
Ph.No: 040-4904 7777, Fax No: 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

**APOLLO CLINICS NETWORK MAHARASHTRA**  
Pune (Aundh | Kharadi | Nigdi Pradhikaran | Viman Nagar | Wanowrie)

Online appointments: [www.apolloclinic.com](http://www.apolloclinic.com)

Patient Name : Mr. PRASHANT NAVALKAR  
UHID : CVIM.0000235468  
Reported on : 27-01-2024 10:36  
Adm/Consult Doctor :

Age : 38 Y M  
OP Visit No : CVIMOPV586974  
Printed on : 27-01-2024 18:40  
Ref Doctor : SELF

Printed on:27-01-2024 10:36

---End of the Report---

*Preeti*  
Dr. PREETI P KATHE  
DMRE, MD, DNB  
Radiology



Patient Name : Mr. PRASHANT NAVALKAR  
UHID : CVIM.0000235468  
Reported on : 27-01-2024 12:35  
Adm/Consult Doctor :

Age : 38 Y M  
OP Visit No : CVIMOPV586974  
Printed on : 27-01-2024 18:40  
Ref Doctor : SELF

**DEPARTMENT OF RADIOLOGY**

**X-RAY CHEST PA**

**X-RAY CHEST PA**

Trachea appears normal.

Both the lung fields are clear.

Cardiac shadows appear apparently normal.

Both domes of diaphragm appear normal.

Both costophrenic angles are clear.

Bony thoracic cage shows no deformity. Visualised bones appear normal.

Soft tissues appear normal.

**Impression:** Essentially Normal Study.

Printed on:27-01-2024 12:35

---End of the Report---

*Preeti*

**Dr. PREETI P KATHE**  
DMRE, MD, DNB  
Radiology

NAME : PRASHANT NAVALKAR  
AGE : 38 Y/F

DATE : 27/01/2024

**ECHOCARDIOGRAPHY REPORT**


**MITRAL VALVE** : has thin leaflets, normal subvalvular apparatus. No MR / No MS  
**AORTIC VALVE** : Thin trileaflets, normal gradients across the valve. No AR/ AS  
**PULMONARY VALVE** : normal.  
**TRICUSPID VALVE**: normal gradients . No pulmonary hypertension.  
**Left Ventricle** : LV is normal in size with normal wall thickness. No regional wall motion abnormality. No LV diastolic dysfunction. Good LV systolic function. LVEF 65%.  
**Left Atrium** : is normal and free of clots.  
**RA/RV** : are normal  
**IAS/IVS** : intact.  
No clot/veg/ pericardial effusion.

**MEASUREMENTS**

AORTA	:30MM
LEFT ATRIUM	:32 MM
IVSd	:10MM
PWd	:10MM
LVIDd	:42 MM
LVIDs	: 29 MM
LVEF	: 65 %

**IMPRESSION:**

GOOD LV SYSTOLIC FUNCTION, LVEF 65%  
NO PAH

  
**DR. PRAMOD NARKHEDE**  
DNB(Medicine), DNB(Cardiology)  
Consultant Interventional Cardiologist  
Apollo clinic, Viman Nagar

**Apollo Health and Lifestyle Limited**

(CIN - UMS110TG2000PLC115819)  
Regd. Office: 1-1D-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016.  
Ph No: 040-4904 7777, Fax No: 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

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Pune (Aundh) | Kharadi | Nigdi Pradhikaran | Viman Nagar | Wanowrie |

Online appointments: [www.apolloclinic.com](http://www.apolloclinic.com)

TO BOOK AN APPOINTMENT

 **1860 500 7788**

24

Name : Mr. PRASHANT NAVALKAR

Age: 38 Y

Sex: M

UHID:CVIM.0000235468



Address : pune

Plan : ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN  
INDIA OP AGREEMENT

OP Number:CVIMOPV586974

Bill No :CVIM-OCR-62395

Date : 27.01.2024 09:45

Sno	Service Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324	
1	<del>URINE GLUCOSE (FASTING)</del>	
2	<del>GAMMA GLUTAMYL TRANSFERASE (GGT)</del>	
3	<del>HbA1c, GLYCATED HEMOGLOBIN</del>	
4	<del>2 D ECHO</del>	
5	<del>LIVER FUNCTION TEST (LFT)</del>	
6	<del>X-RAY CHEST PA</del>	
7	<del>GLUCOSE, FASTING</del>	
8	<del>HEMOGRAM + PERIPHERAL SMEAR</del>	
9	<del>ENT CONSULTATION</del>	
10	<del>FITNESS BY GENERAL PHYSICIAN</del>	
11	<del>DIET CONSULTATION</del>	
12	<del>COMPLETE URINE EXAMINATION</del>	
13	<del>URINE GLUCOSE (POST PRANDIAL)</del>	
14	<del>PERIPHERAL SMEAR</del>	
15	<del>ECG</del>	
16	<del>BLOOD GROUP ABO AND RH FACTOR</del>	
17	<del>LIPID PROFILE</del>	
18	<del>BODY MASS INDEX (BMI)</del>	
19	<del>OPHTHAL BY GENERAL PHYSICIAN</del>	
20	<del>RENAL PROFILE RENAL FUNCTION TEST (RFT/KFT)</del>	
21	<del>ULTRASOUND - WHOLE ABDOMEN</del>	
22	<del>THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)</del>	
23	<del>DENTAL CONSULTATION</del>	
24	<del>GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)</del>	

— 2 hrs.