

Name : Mrs. SUDESHNA SHAW ROY (40 /F)

Date : 14/03/2024

Address : 35/2 B.T.ROAD , BL 7 , FLAT 16 , CIT BUILDING COSSIPORE, KOLKATA,  
KOLKATA, WEST BENGAL, INDIA

Examined by :

UHID : AMHL.0002314208

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE  
FEMALE HCK

AHC No : AMHLAH199854



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Stroke, Asthma



## DRUG ALLERGY

NO KNOWN ALLERGY

:14/03/2024



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

Sneezing - on and off; Exacerbated by - allergens,  
dust

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Gynaec history

Last menstrual period - 8/3/2024; Periods - regular;  
No of Children - 2; Deliveries - LSCS

### Eyes

Vision - defective; Glasses - no

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Skin

- Nil Significant



### Present medications

- Nil



### Past medical history

Do you have any - No  
allergies?

Do you have any drug - No  
allergies?

Covid 19 - No



### Surgical history

Appendicectomy - 20 yrs ago

Caesarian section - 2013 and 2020



### Personal history

Marital status - Married

No. of children - 2

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild



### Family history

Father - alive

Mother - alive

Hypertension - father, mother

Coronary artery  
disease - none

Cancer - None

## PHYSICAL EXAMINATION



### General

Build - obese

Height - 155

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Weight - 85  
BMI - 35.38  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 82  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 118  
Diastolic(mm of Hg) - 80  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Organomegaly - No  
Tenderness - No



### Skin

- No significant finding

### Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/9P LE:6/6P  
NVA:RE:N6P LE:N6P  
OCULAR MOVEMENT:WNL  
ANT.SEG:WNL  
ACCPT: SPECTACLE PWR  
RE:+0.25/-0.50X175\*(6/6)  
LE:-0.25X10\*(6/6)  
ADD(BE):+1.50DSPH(N6)  
ADVICE:\*Glass Rx.\*Review  
after 1yr/SOS

Printed By : Benazir Begaum

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### COMPLETE HAEMOGRAM PROFILE

| Test Name                                  | Result                        | Unit           | Level | Range      |
|--|-------------------------------|----------------|-------|------------|
| Hemoglobin                                 | 11.2 *                        | g/dl           | ●     | 12.0-15.0  |
| RBC COUNT                                  | 4.28                          | Million/<br>ul | ●     | 3.8-4.8    |
| Hematocrit - Hct:                          | 34.5 *                        | %              | ●     | 36-46      |
| MCV  | 80.7 *                        | fl             | ●     | 83-101     |
| MCH  | 26.2 *                        | pg             | ●     | 27-32      |
| MCHC                                       | 32.5                          | %              | ●     | 31.5-34.5  |
| RDW  | 13.8                          | %              | ●     | 11.8-14.0  |
| WBC Count                                  | 6700                          | /cu mm         | ●     | 4000-10000 |
| Platelet Count                             | 1.60                          | lacs/cu<br>mm  | ●     | 1.5-4.0    |
| Neutrophils                                | 71                            | %              | ●     | 40-80      |
| Lymphocytes                                | 21                            | %              | ●     | 20-40      |
| Monocytes                                  | 05                            | %              | ●     | 2-10       |
| Eosinophils                                | 03                            | %              | ●     | 01-06      |
| Basophils                                  | 00                            | %              | ●     | 0-0        |
| RBC:                                       | Normocytic Normochromic cells |                |       |            |
| Platelets:                                 | Adequate on the smear         |                |       |            |
| ERYTHROCYTE<br>SEDIMENTATION<br>RATE (ESR) | 22 *                          | mm/1st<br>hr   | ●     | 0-20       |

### URINE ROUTINE AND MICROSCOPY

| Test Name        | Result          | Unit | Level | Range |
|------------------|-----------------|------|-------|-------|
| Volume:          | 40              | mL   |       |       |
| Colour:          | Pale Straw      |      |       |       |
| Appearance       | Slightly Turbid |      |       |       |
| Specific Gravity | 1.020           |      |       |       |
| pH:              | 6.0             |      |       |       |
| Albumin:         | Not Detected    |      |       |       |
| Glucose          | Not Detected    |      |       |       |
| Ketone:          | Not Detected    |      |       |       |
| Bile Pigments    | Not Detected    |      |       |       |
| RBC              | Nil             | /hpf |       |       |
| Pus Cells        | 1-2             | /hpf |       |       |
| Epithelial Cells | 3-5             |      |       |       |

Casts: Not Found  
Crystals: Not Found

### URINE SUGAR - POST PRANDIAL (QUALITATIVE)

| Test Name                          | Result | Unit | Level | Range |
|------------------------------------|--------|------|-------|-------|
| URINE<br>GLUCOSE(POST<br>PRANDIAL) | Nil    |      |       |       |

### URINE SUGAR- FASTING(QUALITATIVE)

| Test Name                 | Result | Unit | Level | Range |
|---------------------------|--------|------|-------|-------|
| URINE<br>GLUCOSE(FASTING) | Nil    |      |       |       |

### BLOOD GROUPING AND TYPING (ABO AND RH)

| Test Name    | Result   | Unit | Level | Range |
|--------------|----------|------|-------|-------|
| ABO Group:   | B        |      |       |       |
| Rh (D) Type: | POSITIVE |      |       |       |

### LIVER FUNCTION TEST (PACKAGE)

| Test Name                          | Result | Unit | Level | Range   |
|------------------------------------|--------|------|-------|---------|
| ALT(SGPT) - SERUM                  | 34     | U/L  | ●     | 0-35    |
| ALBUMIN - SERUM                    | 4.2    | g/dL | ●     | 3.5-5.1 |
| ALKALINE<br>PHOSPHATASE -<br>SERUM | 88     | U/L  | ●     | 33-98   |

|                            |     |       |   |         |
|----------------------------|-----|-------|---|---------|
| AST (SGOT) - SERUM         | 29  | U/L   | ● | 0-35    |
| BILIRUBIN TOTAL -<br>SERUM | 0.7 | mg/dL | ● | 0.3-1.2 |

### LIPID PROFILE TEST (PACKAGE)

| Test Name              | Result | Unit  | Level | Range |
|------------------------|--------|-------|-------|-------|
| CHOLESTEROL -<br>SERUM | 147    | mg/dL | ●     | 0-200 |

### CREATININE - SERUM

| Test Name          | Result | Unit  | Level | Range   |
|--------------------|--------|-------|-------|---------|
| CREATININE - SERUM | 0.8    | mg/dL | ●     | 0.6-1.1 |

### LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-----------|--------|------|-------|-------|
|-----------|--------|------|-------|-------|

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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 24 U/L ● 0-38

TOTAL T3: TRI IODOTHYRONINE - SERUM 1.37 ng/ml ● 0.87-1.78

TOTAL T4: THYROXINE - SERUM 7.9 µg/dL ● 5.48-14.28

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 89 mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 108 mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 114 mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 3.72 µIU/mL ● 0.38-5.33

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.1 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 5.6 mg/dL ● 2.4-5.7

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 37 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 90 mg/dL ● 0-100
VLDL CHOLESTEROL - SERUM (Calculated) 20 mg/dL ● 0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.3 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.1 g/dL ● 1.8-3.6

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 7.0 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.4 ● 1.0-2.0

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

BUN/CREATININE RATIO

Test Name Result Unit Level Range
BUN/CREATININE RATIO 9.3

ECG

SINUS RHYTHM.
LOW VOLTAGE T WAVES.

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### TREADMILL TEST / STRESS TEST

STRESS TEST IS BORDERLINE POSITIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

### ULTRASOUND SCREENING WHOLE ABDOMEN

- \* Grade II fatty liver.
- \* Mildly bulky uterus.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. MOZAMMIL HASSAN  
MD, DNB (RADIOLOGY)  
CONSULTANT RADIOLOGIST  
Reg. No. 69503 (WBMC)

### X-RAY CHEST PA

\* Chest skiagram does not reveal any significant abnormality.

Dr. PARTHA LODH  
DMRD  
Reg. No. 49816 (WBMC)

### X-RAY MAMMOGRAPHY BILATERAL (MHC)

Heterogeneously dense bilateral breast which may obscure small masses- BIRADS 0

Advise further evaluation by sonography

bIRADS Category:

0. Requires additional evaluation
1. Negative
2. Benign findings
3. Intermediate
4. Suspicious malignancy
5. Highly suggestive of malignancy
- 6: ( Histo-pathologically proven )

---END OF THE REPORT---

Dr. SUDESHNA MALAKAR  
MD, DNB, MNAMS, FRCR  
CONSULTANT RADIOLOGIST  
Reg. No. 70658 (WBMC)

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & RADIOLOGY)**

### Histopathology

PAP SMEAR /CERVICAL SMEAR



Within Normal Range



Borderline High/Low



Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

### RISK STATUS

Moderate Risk

### YOUR SCORE

5

### ACCEPTABLE SCORE

3

**Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

### **Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
  - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

### **DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**