

MRS KIRAN MEENA

ID : 142
 DATE : 26/03/2022
 AGE/SEX : 47 / F
 HT/WT : 155 / 65
 REF. BY : MEDIMWHEEL

TREADMILL TEST REPORT

PROTOCOL : Bruce
 HISTORY : Checkup/Physical fitness,
 INDICATION : CARDIAC EVALUATION FOR INSURANCE
 MEDICATION : NONE


PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METs
								II	V1	V5	
SUPINE					95	110 / 70	104	1.4	-0.1	0.7	
STANDING					97	110 / 70	106	1.3	-0.1	0.7	
HYPERVENT					103	110 / 70	113	1.3	0.1	0.7	
Stage 1	2:55	2:55	2.7	10	128	130 / 80	166	0.9	-0.4	0.7	4.67
PK-EXERCISE	5:27	2:27	4	12	133	140 / 90	186	0.2	-0.2	0	6.68
RECOVERY	6:40	1:8			104	140 / 90	145	-0.1	-0.2	-0.3	
RECOVERY	7:37	2:5			105	140 / 90	147	-0.4	-0.3	-0.4	
RECOVERY	8:27	2:55			104	140 / 90	145	-0.3	-0.2	-0.3	
RECOVERY	9:38	4:6			98	130 / 80	127	0	-0.3	-0.2	

RESULTS

EXERCISE DURATION : 5:27
 MAX HEART RATE : 138 bpm
 MAX BLOOD PRESSURE : 140 / 90 mm Hg
 REASON OF TERMINATION : Exhaustion,
 BP RESPONSE : Normal,
 ARRHYTHMIA : None,
 H.R. RESPONSE : Normal Chronotropic Response,
IMPRESSIONS
 Fair effort tolerance
 No angina, No arrythmia,
 Normal HR, BP response
 No significant ST changes noted during Test as compared to baseline ECG,
 Stress test INCONCLUSIVE for inducible ischemia,

MAX WORK LOAD : 6.68 METs

HEALTHCARE
 Medical Center & Diagnostic
 Yogi Avenue, Borivali Nagar,
 Borivali (West), Mumbai-400 095
 Tel : 28999565


Dr. NUPUR RAI
 MBBS, DIPLOMA CARDIOLOGY (PDDCC)
 Reg. No.: 2018145643

Technician : 1

(MD)

HEALTHCARE BORIVALLI

MRS KIRAN MEENA
I.D. 142
Age 47/F
Date 26/03/2022

RATE 95bpm
B.P. 110/70

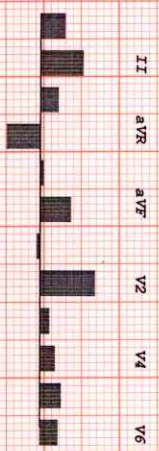
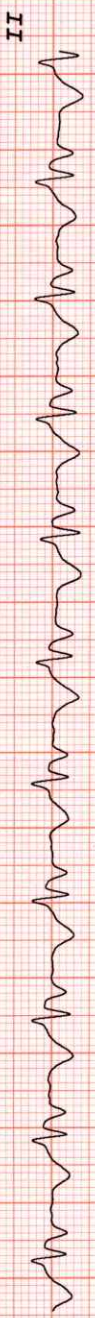
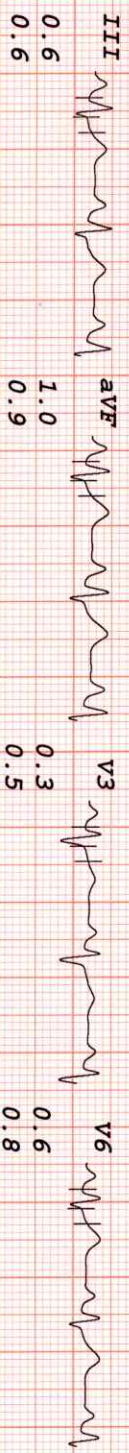
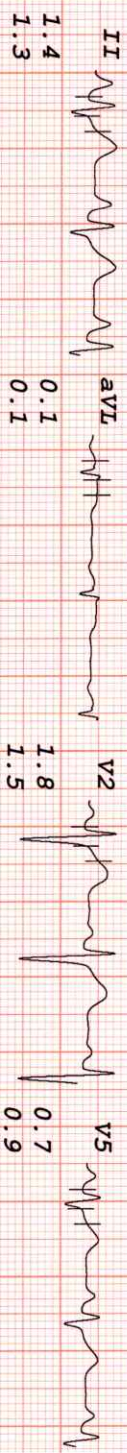
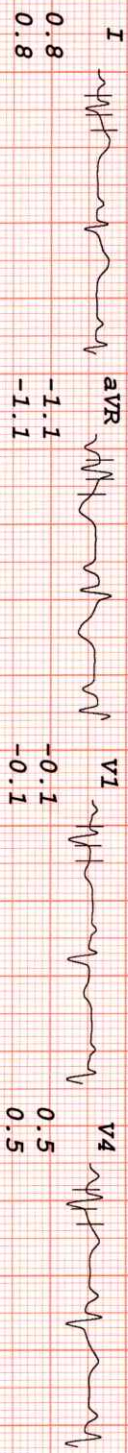
PRETEST
SUPINE

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



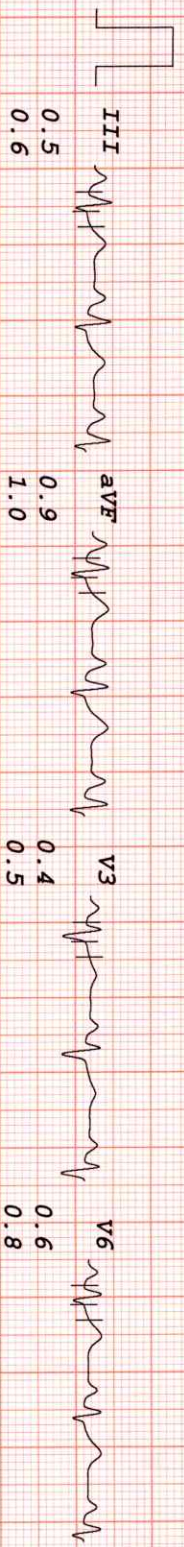
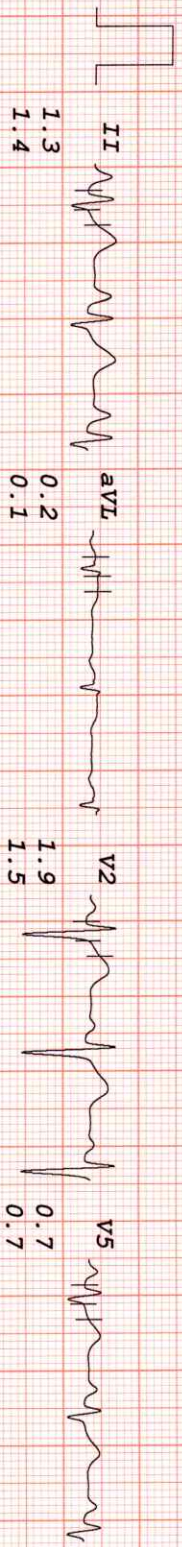
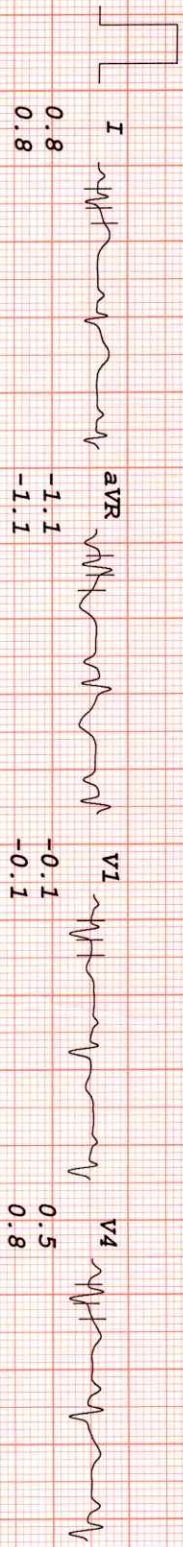
MRS KIRAN MEENA
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RATE 97bpm
B.P. 110/70

HEALTHCARE BORIVALLI
PRETEST
STANDING
ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN

Mag. X 2
V1



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MRS KIRAN MEENA
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RATE 103bpm
 B.P. 110/70

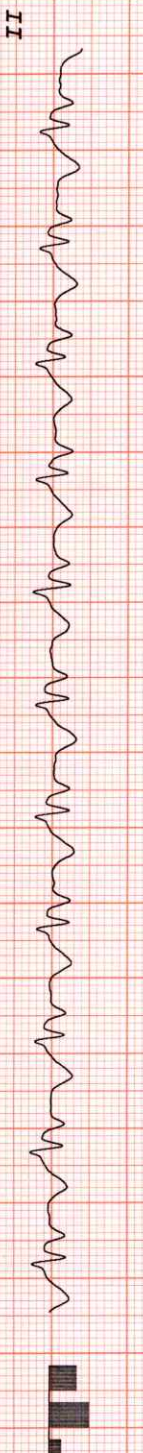
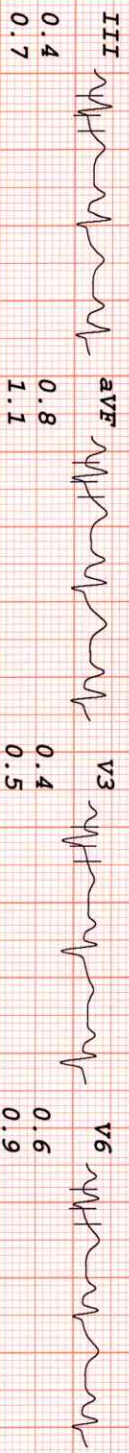
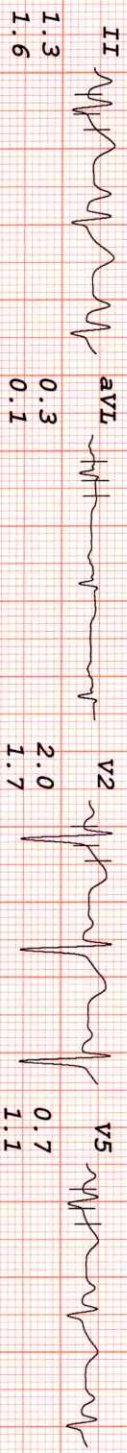
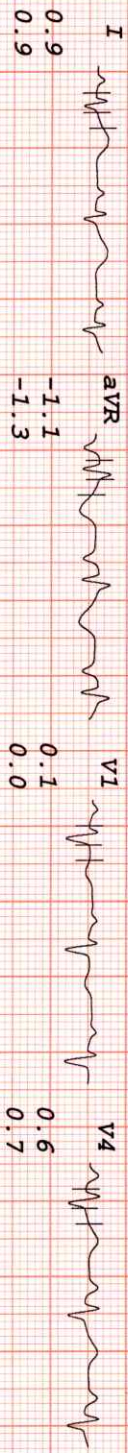
PRETEST
 HYPERVENT
 PHASE TIME 0:14

ST @ 10mm/mV
 80ms PostJ

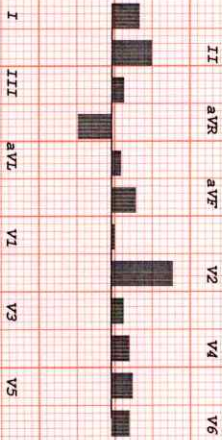
LINKED MEDIAN

Mag. X 2

V1



0.1
0.0



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RATE 128bpm
 B.P. 130/80

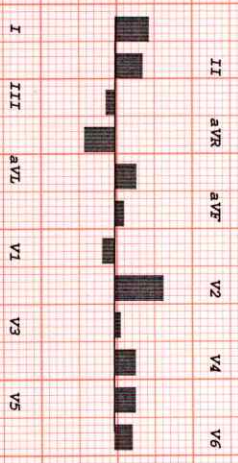
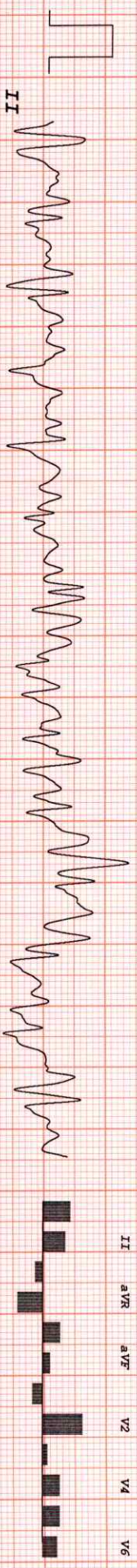
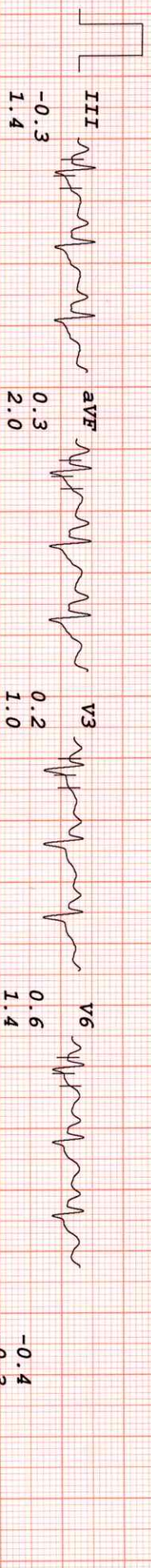
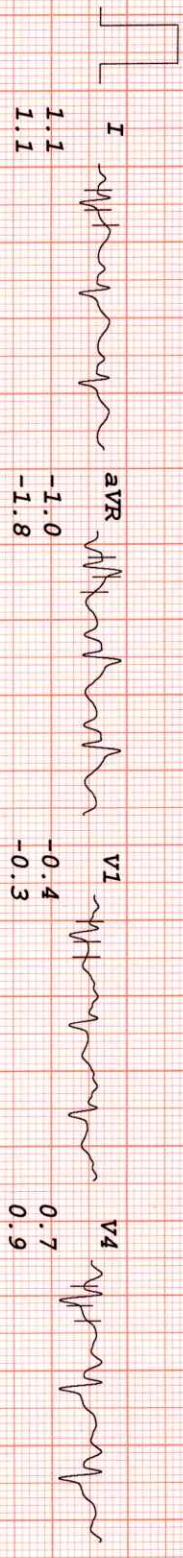
Bruce
 Stage 1
 TOTAL TIME 2:55
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ
 Speed 2.7 km/hr
 SLOPE 10 %

LINKED MEDIAN

Mag. X 2

V1



MRS KIRAN MEENA
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RATE 133bpm
 B.P. 140/90

Bruce
 PK-EXERCISE
 TOTAL TIME 5:27
 PHASE TIME 2:27

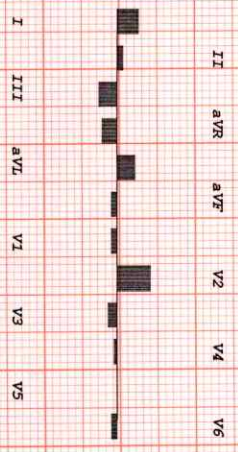
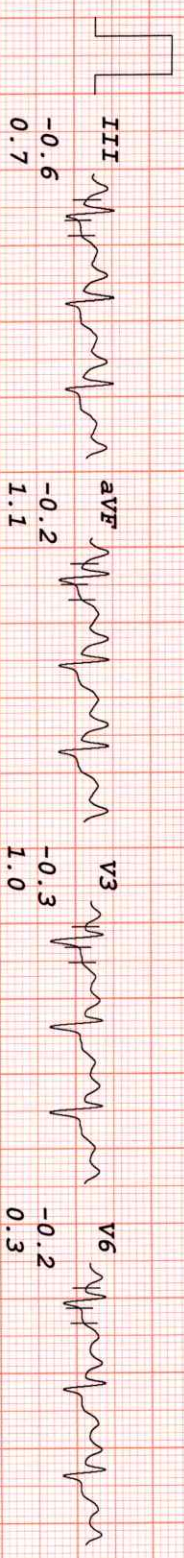
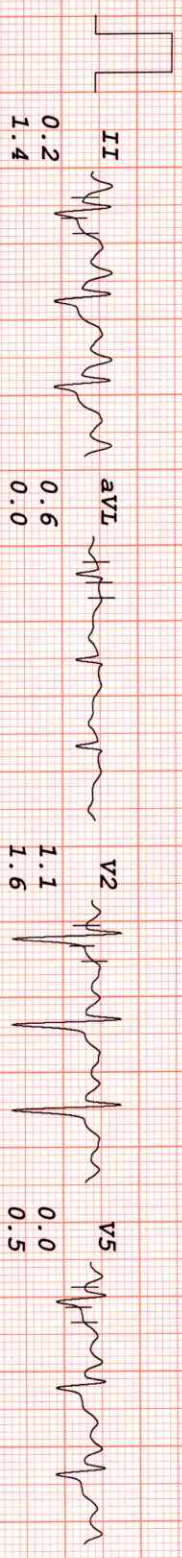
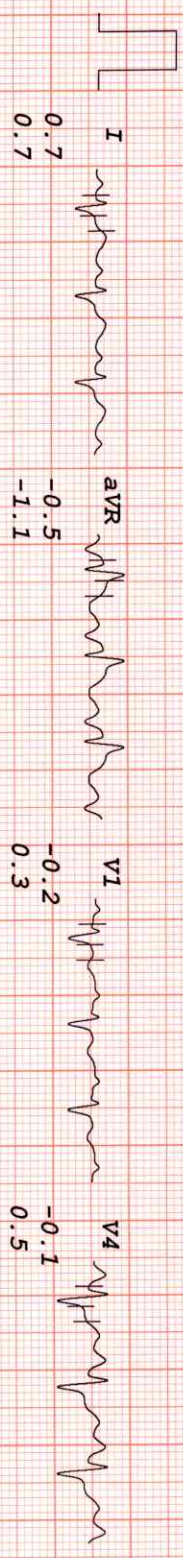
ST @ 10mm/mV
 80ms PostJ
 Speed 4 km/hr
 SLOPE 12 %

HEALTHCARE BORIVALLI

LINKED MEDIAN

Mag. X 2

III



HEALTHCARE BORIVALLI

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RATE 104bpm
B.P. 140/90

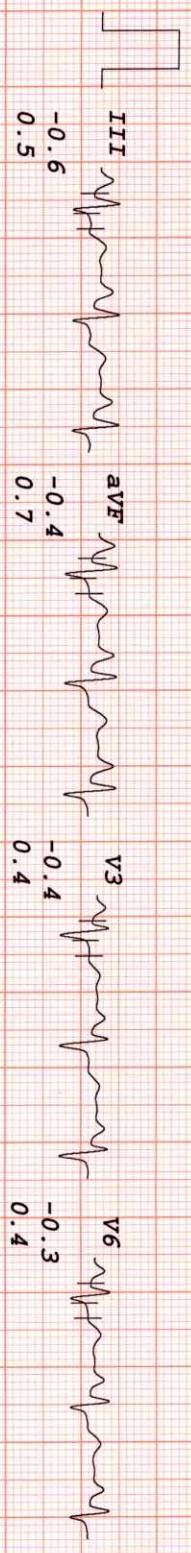
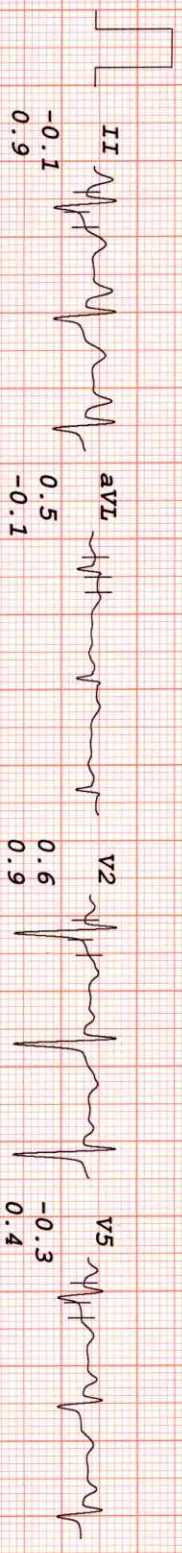
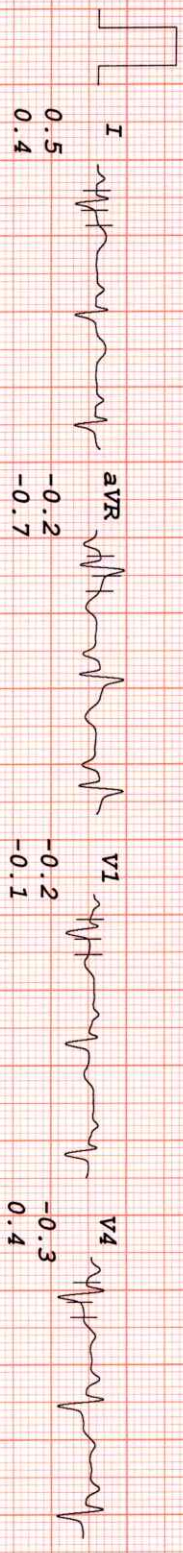
Bruce
RECOVERY
TOTAL TIME 6:40
PHASE TIME 1:08

ST @ 10mm/mV
80ms Post J

LINKED MEDIAN

Mag. X 2

III



I III aVL V1 V3 V5

HEALTHCARE BORIVALLI

MRS KIRAN MEENA
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RATE 105bpm
B.P. 140/90

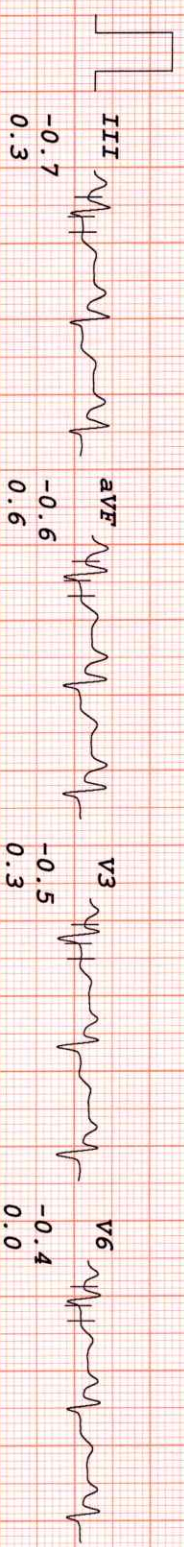
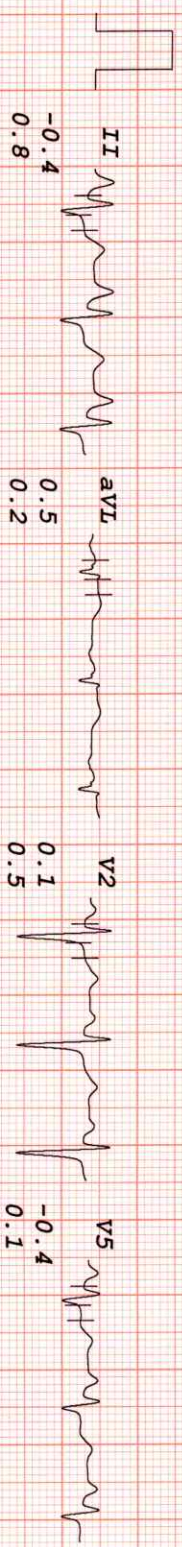
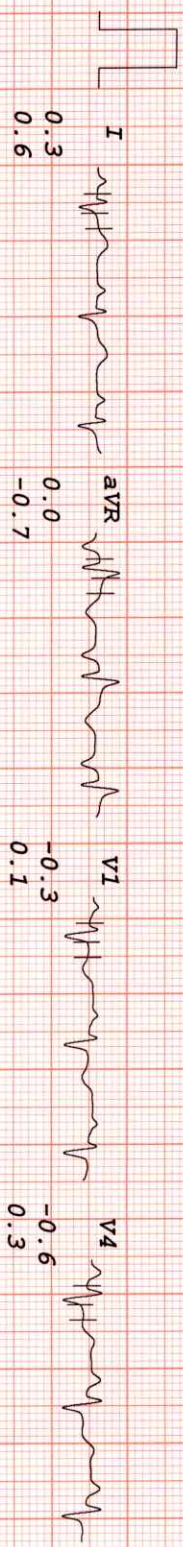
Bruce
RECOVERY
TOTAL TIME 7:37
PHASE TIME 2:05

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN

Mag. X 2

III



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RATE 104bpm
B.P. 140/90

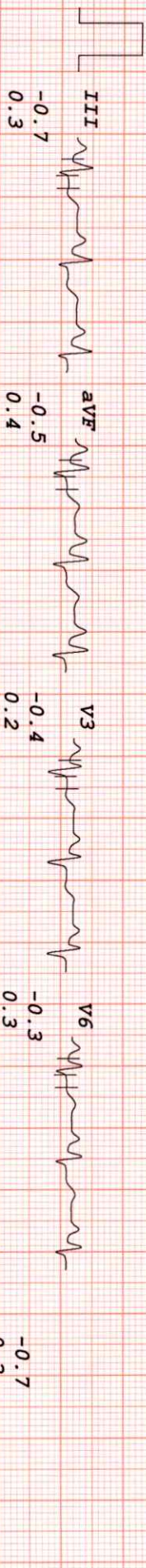
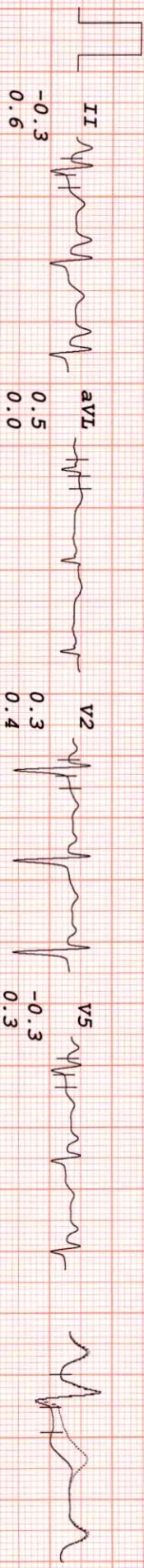
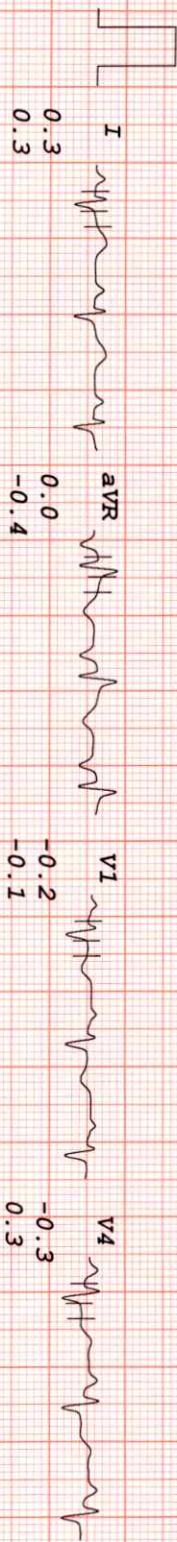
Bruce
RECOVERY
TOTAL TIME 8:27
PHASE TIME 2:55

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN

Mag. X 2

III



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RATE 98bpm
 B.P. 130/80

Bruce
 RECOVERY
 TOTAL TIME 9:38
 PHASE TIME 4:06

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III

