

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator, Mediwheel (Arcofemi Healthcare Limited) Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS		
NAME	MS. SHARMA MANU		
EC NO.	178164		
DESIGNATION	CREDIT		
PLACE OF WORK	MANDI GOBINGARH,M S M E BRANCH		
BIRTHDATE	02-03-1989		
PROPOSED DATE OF HEALTH	23-03-2023		
CHECKUP			
BOOKING REFERENCE NO.	22M178164100050428E		

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from 19-03-2023 till 31-03-2023 The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a cashless facility as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager HRM Department Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE	
CBC	CBC	
ESR	ESR	
Blood Group & RH Factor	Blood Group & RH Factor	
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting	
Blood and Urine Sugar PP	Blood and Urine Sugar PP	
Stool Routine	Stool Routine	
Lipid Profile	Lipid Profile	
Total Cholesterol	Total Cholesterol	
HDL	HDL	
LDL	LDL	
VLDL	VLDL	
Triglycerides	Triglycerides	
HDL / LDL ratio	HDL / LDL ratio	
Liver Profile	Liver Profile	
AST	AST	
ALT	ALT	
GGT	GGT	
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)	
ALP	ALP	
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)	
Kidney Profile	Kidney Profile	
Serum creatinine	Serum creatinine	
Blood Urea Nitrogen	Blood Urea Nitrogen	
Uric Acid	Uric Acid	
HBA1C	HBA1C	
Routine urine analysis	Routine urine analysis	
USG Whole Abdomen	USG Whole Abdomen	
General Tests	General Tests	
X Ray Chest	X Ray Chest	
ECG	ECG	
2D/3D ECHO / TMT	2D/3D ECHO / TMT	
Stress Test	Thyroid Profile (T3, T4, TSH)	
PSA Male (above 40 years)	Mammography (above 40 years)	
,	and Pap Smear (above 30 years).	
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation	
Dental Check-up consultation	Physician Consultation	
Physician Consultation	Eye Check-up consultation	
Eye Check-up consultation	Skin/ENT consultation	
Skin/ENT consultation	Gynaec Consultation	







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Reference Lab: Polo Labs, Mohali, Punjab

Polo Labs, Ivy Hospital, Sector 71, Mohali Ph.: 9115115257, 9115115258, 9115115624

NAME

: MRS. MANU SHARMA

DOB/Gender

: 02-Mar-1989/F

UHID

: 348437

Inv. No.

: 3253809

Panel Name

: Ivy Mohali : 12724745

Bar Code No

SampleCollDate Sample Rec.Date

Requisition Date

Approved Date

Referred Doctor

: 25/Mar/2023 12:15PM : 25/Mar/2023 01:49PM

: 25/Mar/2023 09:42AM

: 25/Mar/2023 09:47AM

: Self

Test Description

Observed Value

Unit

Reference Range

IMMUNOASSAY

TOTAL THYROID PROFILE

Serum Total T3

1.25

ng/mL

0.970 - 1.69

Summary & Interpretation:

Triiodothyronine (T3) is the hormone principally responsible for the development of the effects of the thyroid hormones on the various target organs T3 is mainly formed extrathyroidally, particularly in the liver, by deiodination of T4. A reduction in the conversion of T4 to T3 results in a fall in the T3 concentration. It Occurs under the influence of medicaments such as propanolol, glucocorticoids or amiodarone and in severe non-thyroidal illness (NTI). The determination of T3 is utilized in the diagnosis of T3-hyperthyroidism, the detection of early stages of hyperthyroidism and for indicating a diagnosis of thyrotoxicosis factitia.

Serum Total T4

9.88

μg/dL

5.53 - 11.0

Summary & Interpretation:

The hormons thyroxime (T4) is the main product secreted by the thyroid gland. The major part of total thyroxime (T4) in serum is present in protein-bound form. As the concentration of the transport proteins in serum are subject to exogenous and endogenous effects, the status of the binding proteins must also be taken in to account in the assessment of the thyroid hormone concentration in serum. The determination of T4 can be utilized for the following indications: the detection of hyperthyroidism, the detection of primary and secondary hypothyroidism and the monitoring of TSH-suppression therapy

Serum TSH

2.800

mIU/L

0.4001 - 4.049

Summary & Interpretation

TSH is formed in specific basophil cells of the anterior pituitary and is subject to a circardian secretion sequence. The determination of TSH serves as the initial test in thyroid diagnostics, Accordingly, TSH is a very sensitive and specific parameter for assessing thyroid function and is particularl suitable for early detection or exclusion of disorders in the central regulating circuit between the hypothalamus, pituitary and thyroid.

- 1.TSH levels are subject to circadian variation, reaching peak levels between 2 4.a.m. and at a minimum between6-10 pm. The variation is of the order of 50%. hence time of the day has influence on the measured serum TSH concentrations
- 2. Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active
- 3. Physiological rise in Total T3 / T4 levels is seen in pregnancy and in patients on steroid therapy
- 4. Clinical Use: Primary Hypothyroidism, Hyperthyroidism, Hypothalamic Pituitary hypothyroidism, Inappropriate TSH secretion, Nonthyroidal illness, Autoimmune thyroid disease, Pregnancy associated thyroid disorders.

PREGNANCY	REFERENCE RANGE FOR TSH IN uIU/mL	
st Trimester	0.05 – 3.70	
2nd Trimester	0.31 - 4.35	
3rd Trimester	0.41-5.18	





Result Entered By:Geetika 40845

Web: pololabs.in Email: coordinator@pololabs.in



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Polo Labs, Ivy Hospital, Sector 71, Mohali Ph.: 9115115257, 9115115258, 9115115624



NAME : MRS. MANU SHARMA

DOB/Gender : 02-Mar-1989/F CHID

: 348437 : 3253809

Panel Name : Ivy Mohali

Bar Code No : 12724745 Requisition Date

SampleCollDate

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Approved Date Referred Doctor

: 25/Mar/2023 09:42AM

: 25/Mar/2023 09:47AM : 25/Mar/2023 12:15PM

: 25/Mar/2023 01:49PM

Unit Test Description Observed Value Reference Range

HAEMATOLOGY

Inv. No.

Glycosylated HB (HbA1c)

Whole Blood HbA1c (Boronate Affinity HPLC/Trinity) 5.2

0/0

Non diabetic:4.0-6.0

Target of therapy:<7.0 Change of therapy:>8.0

Estimated Average Glucose (eAG)

103

mg/dL

ADA criteria for correlation between HbA1c & Mean plasma glucose levels: (Last three month's average).

HbA1c (%)	Mean Plasma Glucose (mg / dl)
6	126
7	154
8	183
9	212
10	240
11	269
12	298







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NAME

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DOB/Gender

: 02-Mar-1989/F

UHID

: 348437

Inv. No.

: 3253809

Panel Name Bar Code No

Test Description

: Ivy Mohali : 12724745

Requisition Date

: 25/Mar/2023 09:42AM

SampleCollDate

: 25/Mar/2023 10:30AM

Sample Rec.Date Approved Date

: 25/Mar/2023 10:30AM

Referred Doctor

: 25/Mar/2023 11:22AM

Observed Value

: Self

Unit

Reference Range

HAEMATOLOGY

BLOOD GROUP RH TYPE

ABO & RH Typing

Forward Grouping

Anti A

Anti B

Anti AB

Anti D

Reverse Grouping A Cells

Reverse Grouping B Cells

Reverse Grouping O Cells

Final Blood Group

POSITIVE

POSITIVE

POSITIVE

POSITIVE

Negative

Negative

Negative

AB POSITIVE

NOTE:

- * Apart from major A,B,H antigens which are used for ABO grouping and Rh typing, many minor blood group antigens exist. Agglutination may also vary according to titre of antigen and antibody.
- * So before transfusion, reconfirmation of blood group as well as cross-matching is needed.
- * Presence of maternal antibodies in newborns, may interfere with blood grouping.
- * Auto agglutination (due to cold antibody, falciparum malaria, sepsis, internal malignancy etc.) may also cause e roneous result.





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Referred Doctor : Self

Observed Value

Unit

Reference Range

BIOCHEMISTRY

Test Description

GLUCOSE FASTING

Primary Sample Type:Fluoride Plasma

Plasma Glucose Fasting (Hexokinase/AU480)	97	mg/dL	< 106 Normal 107 - 125 Impaired Tolerance >126 Diabetic
RFT (RENAL FUNCTION TESTS)			
Serum Urea (Urease GLDH/AU480)	22.00	mg/dl	17-43
Serum Creatinine (Jaffe Kinetic/ aU480)	0.60	mg/dl	0.51-0.95
Serum Uric acid (Uricase/AU480)	3.10	mg/dl	2.6- 6.0
LIVER FUNCTION TEST WITH GGT			
Serum Bilirubin Total (DPD/AU 480)	1.40	mg/dL	0.3-1.2
Serum Bilirubin Direct	0.30	mg/dl	<0.3
Serum Bilirubin Indirect	1.10	mg/dl	0.1-1.0
Serum SGOT(AST) (FCC Without PSP: AU 480)	18	U/L	<35
Serum SGPT(ALT) (FCC Without P5P AU 480)	9	U/L	<50
Serum AST/ALT Ratio	2.00		
Serum GGT (FCC/AU 480)	12	IU/L	5-32
Serum Alkaline Phosphatase (FCC PNPAMPKinetic/AU 480)	66	U/L	30-120
Serum Protein Total	7.8	gm/dl	6.40 - 8.20
Serum Albumin (BCG/AU 480)	4.5	g/dL	3.5-5.2
Serum Globulin	3.30	gm/dl	2.0-3.5
Serum Albumin/Globulin Ratio	1.36	%	1.0 - 1.8

The highlighted values should be correlated clinically

Result Entered By:Geetika 40845

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(L'alculated)







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Serum Cholesterol

(CHO POD/AU 480)

Requisition Date : 25/Mar/2023 09:42AM

SampleCollDate : 25/Mar/2023 09:47AM

Sample Rec.Date : 25/Mar/2023 09:47AM

Approved Date : 25/Mar/2023 11:49AM

Unit

Referred Doctor : Self

Test Description	Observed Value	Unit	Reference Range
LIPID PROFILE			

188

51

18

119

3.69

2.34

Observed Value

89

Serum Triglycerides (Lipase GPO-PAP/ AU480)

Serum HDL Cholesterol (Immunoenzymatic/AU 480)

Serum VLDL cholesterol Serum LDL cholesterol

Serum Cholesterol-HDL Ratio

Serum LDL-HDL Ratio

(alculated)

Desirable:<200 mg/dL

Borderline High: 200-239

High: > 240

<150 Normal mg/dL

150-199 Borderline High

200-499 High >500 Very High

<40 Major risk factor for CHD mg/dL

>60 Negative risk factor for CHD

mg/dL

50-100 mg/dL

3-5

1.5 - 3.5

The highlighted values should be correlated clinically

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Requisition Date

Observed Value

: 25/Mar/2023 09:42AM : 25/Mar/2023 09:47AM

SampleCollDate Sample Rec.Date

: 25/Mar/2023 09:47AM

4.8-7.6

Absent

NIL

1.010-1.030

: 25/Mar/2023 11:49AM Approved Date Referred Doctor

: Self

Unit

Reference Range

CLINICAL PATHOLOGY

COMPLETE URINE EXAMINATION

Physical Examination

Test Description

Urine Volume 30.00 mL

Light Yellow Urine Colour Pale yellow Clear

Urine Appearance Clear

Chemical Examination (Reflectance Photometry)

Urine pH 6.00 Urine Specific Gravity 1.005 Absent Urine Glucose Urine Protein Absent

Absent Urine Ketones Absent Absent Urine Bilirubin Absent

Urine for Urobilinogen Absent

Absent Urine Nitrite Absent

Microscopic Examination

0-5 Urine Pus Cells 1-2 /hpf Absent Urine RBC Absent /hpf 0-5 Urine Epithelial Cells 0 - 1/lpf Absent Urine Casts Absent Urine Crystals Absent /hpf Absent Absent /hpf Absent Urine Bacteria Absent /hpf Urine Yeast Cells Absent Absent Amorphous Deposit Absent

HAEMATOLOGY

ESR

Primary Sample Type:EDTA Blood

0 - 15mm/h ESR 28 ated ESR analyser)

The highlighted values should be correlated clinically

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Panel Name : Ivy Mohali Approved Date : 25/Mar/2023 11:49AM

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Test Description	Observed Value	Unit	Reference Range
COMPLETE BLOOD COUNT (Sample Type-Who	ole Blood EDTA)		
Haemoglobin (Noncyanmethhaemoglobin)	8.6	g/dl	12.0 - 15.0
Hematocrit(PCV)	30.4	%	33-45
Red Blood Cell (RBC) (Impedence/DC Detection)	3.80	$10^6/\mu$ l	3.8-4.8
Mean Corp Volume (MCV) (Impedence/DC Detection)	79.2	fL	83-97
Mean Corp HB (MCH)	22.4	pg/mL	27-31
Mean Corp HB Conc (MCHC)	28.3	gm/dl	32-36
Red Cell Distribution Width -CV	17.5	%	11-15
l'latelet Count (mpedence/DC Detection/Microscopy)	340	10^3/ul	150-450
Mean Platelet Volume (MPV) (mpedence/DC Detection)	10.0	fL	7.5-10.3
Total Leucocyte Count (TLC) (mpedence/DC Detection)	4.2	$10^3 / \mu l$	4.0 - 10.0
Differential Leucocyte Count (VCS/ Microscopy	1		
Neutrophils	64	%	40-75
Lymphocytes	26	%	20-40
Monocytes	6	0/0	0-8
Losinophils	4	%	0-4
Basophils	0	0/0	0-1
Absolute Neutrophil Count	2,688	μl	2000-7000
Absolute Lymphocyte Count	1,092	uL	1000-3000
Absolute Monocyte Count	252	uL	200-1000
Absolute Eosinophil Count	168	μΙ	20-500

*** End Of Report ***

The highlighted values should be correlated clinically

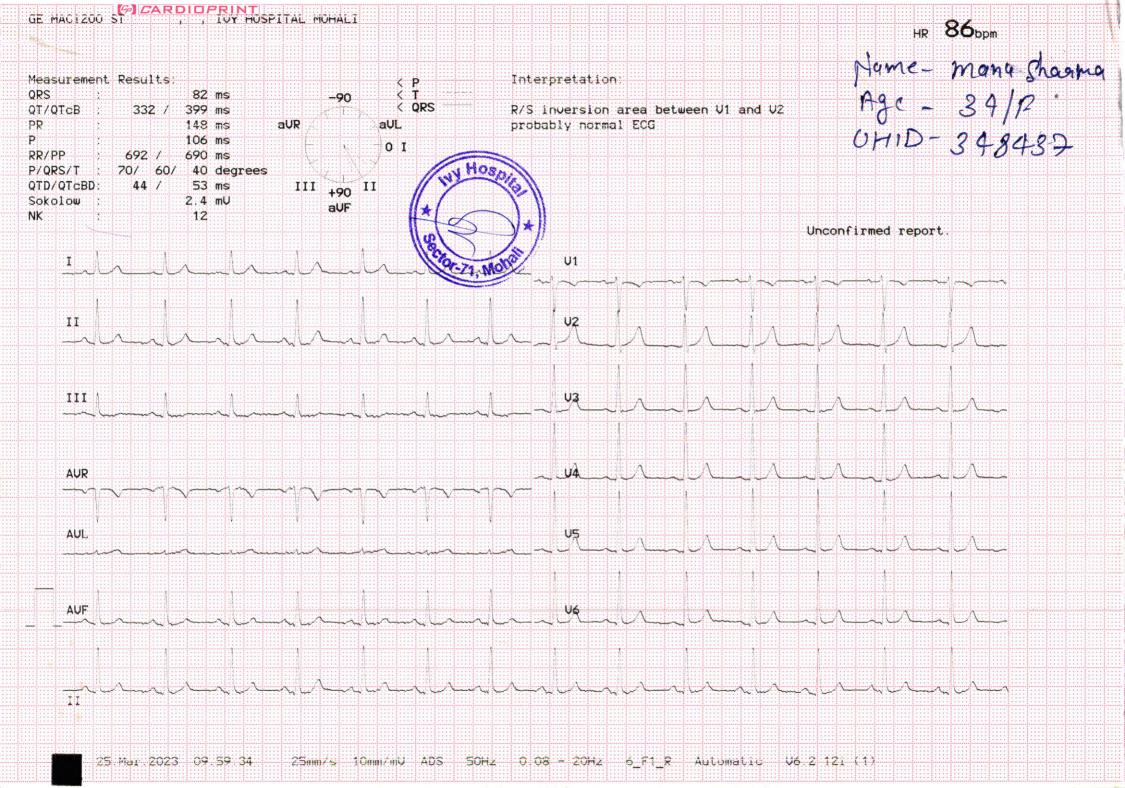
Result Entered By:Geetika 40845

Email: coordinator@pololabs.in

Web: pololabs.in











Ivy Hospital

SUPER-SPECIALITY HEALTHCARE SECTOR 71, MOHALI

Tel: 0172-7170000

CIN No.: U85110PB2005PTC027898

NAME	MANU SHARMA	SEX/AGE	F34Y
PATIENT ID	ID348437	Accession Number	
REF CONSULTANT	PACKAGE	DATE	25/03/2023 09:33

USG WHOLE ABDOMEN









<u>LIVER</u>: is normal in size (~14.1 cm), outline and echotexture. No focal lesion is seen. IHBR are not dilated. Portal vein is normal. CBD is not dilated.

GALL BLADDER: is normally distended. GB wall is normal. No echoes are seen in GB.

SPLEEN: is normal in size (~10.7 cm), outline and echotexture. No focal lesion is seen.

<u>PANCREAS & UPPER RETROPERITONEUM</u>: Visualised pancreatic head and proximal body are normal in size and echotexture. Tail of pancreas is obscured by bowel gas.

RIGHT KIDNEY: It is normal in size (~ 10.3cm), outline and echotexture. Corticomedullary differentiation is well-defined. No calculi / hydronephrosis is seen.

<u>LEFT KIDNEY</u>: It is normal in size (~10.8 cm), outline and echotexture. Corticomedullary differentiation is well-defined. No calculi / hydronephrosis is seen.

<u>U-BLADDER</u>: is normally distended at the time of examination with normal wall thickness. No e/o calculus / mass seen.

UTERUS: is normal in size, outline and echotexture. ET is ~10 mm.

Two small hypoechoic lesions measuring $\sim 1.6 \times 1.0 \text{cm}$ & $\sim 1.9 \times 1.7 \text{cm}$ in size are seen along the anterior and right lateral wall of uterus -? Fibroids.

OVARIES: They are normal in size and echotexture. No SOL is seen.

No free fluid is seen in peritoneal cavity.

OPINION:

Small intramural uterine fibroids as described.

DR GAGANDEEP SINGH SETHI

The above impression is just an opinion of the imaging findings and not a final diagnosis. Needs correlation with clinical status, lab investigations and other relevant investigations

(NOT FOR MEDICO-LEGAL PURPOSE)





Ivy Hospital

SUPER-SPECIALITY HEALTHCARE SECTOR 71, MOHALI

Tel: 0172-7170000 CIN No.: U85110PB2005PTC027898

NAME	MANU SHARMA	SEX/AGE	F34Y
PATIENT ID	ID348437	Accession Number	
REF CONSULTANT	DR	DATE	25/03/2023 10:15

X-RAY CHEST PA VIEW

Rotation is present.

Cardiac shadow is normal.

No focal lung parenchymal lesion is seen.

Both hila are normal.

Both CP angle and domes of diaphragm are normal.

DR GAGANDEEP SINGH SETHI MD RADIODIAGNOSIS

The above impression is just an opinion of the imaging findings and not a final diagnosis. Needs correlation with clinical status, lab investigations and other relevant investigations