

MEDICAL HEALTH CHECK- UP ASSESMENT FORM

NAME: [✓] Mr / Mrs Shilpa Kumar P.R

DATE: 6/6/24

AGE: 49 yrs

SEX: Male / Female

NMU: NMU000 55150

DOCTOR'S NAME:

Health-Practise

TEMP :	<u>97</u>	^o f	BP :	<u>181/79</u>	mmHg
PULSE :	<u>70</u>	b/m	HEIGHT :	<u>156</u>	cm
RR :	<u>20</u>	b/m	WEIGHT :	<u>61</u>	kg
SPO2 :	<u>100</u> %	<u>RA</u>	HGT:	<u>-</u>	

REMARK:



DEPARTMENT OF OPHTHALMOLOGY

MEDICOVER HOSPITALS

DATE: 01/01/20

PATIENT NAME: Mr Ajith Kumar
UMR NO: NM055150

AGE / SEX: 49/M NAVI MUMBAI

	RE	LE
VA (DISTANCE)	6/6	6/6
VA (NEAR)	N18	N18
COLOUR VISION	Normal	Normal

		SPHERE	CYLINDER	AXIS	VA	Acorn
MRx	O D	plano	_____		6/6	+ 1.75 INc
	O S	plano	_____		6/6	+ 1.75 INc

HISTORY :

- No H/O DM or H+H thyroid
- H/O using spectacle for near
- No H/O Ocular trauma Allergies & surgeries.

OCULAR FINDINGS :

(BE) - Ant seg WNL

(undilated) Disc \leftarrow 0.5
0.3

ADVICE:

Refresh Tears e/d q/d 1777 X (month)

AS
CDR. ANUSHREE VAN KAR





Patient Name : Mr. AJITHKUMAR P R	Age /Gender : 50 Y(s)/Male
Bill No/ UMR No : NMBC73387/NMU0055150	Referred By : Dr. DMO
Received Dt : 07-Jun-24 12:42 pm	Report Date : 07-Jun-24 05:10 pm

FINAL REPORT

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference Intervals</u>	<u>Method</u>
CUE(COMPLETE URINE EXAMINATION)				
<u>PHYSICAL EXAMINATION</u>				
VOLUME	Urine	20 ml		
COLOUR		PALE YELLOW	PALE YELLOW	
APPEARANCE		SLIGHTLY HAZY	CLEAR	
DEPOSIT		ABSENT	ABSENT	
<u>CHEMICAL EXAMINATION</u>				
SPECIFIC GRAVITY	Urine	1.010	1.000 - 1.030	Dipstick
PH		6.0	5.0 - 8.0	Dipstick
PROTEIN		NEGATIVE	NEGATIVE	Dipstick/Heat coagulation test
GLUCOSE		ABSENT	ABSENT	Dipstick/Benedict's test
UROBILINOGEN		NORMAL	NORMAL	Dipstick
KETONE		NEGATIVE	NEGATIVE	Dipstick/Rothera's Nitroprusside test.
BILIRUBIN		NEGATIVE	NEGATIVE	Dipstick/Fouchet's test
BILE SALT		NEGATIVE	NEGATIVE	Hay's sulphur powder test
BILE PIGMENT		NEGATIVE	NEGATIVE	Fouchet test
NITRITE		NEGATIVE	NEGATIVE	Dipstick
LEUCOCYTE ESTERASE		NEGATIVE	NEGATIVE	
<u>MICROSCOPIC EXAMINATION</u>				
PUS CELLS	Urine	1-2	0 - 5 /hpf	MICROSCOPIC EXAMINATION
RBC		NIL	0 - 5 /hpf	MICROSCOPIC EXAMINATION
EPITHELIAL CELLS		NIL	0 - 5 /hpf	MICROSCOPIC EXAMINATION
CRYSTALS		NIL	NIL	MICROSCOPIC EXAMINATION
CASTS		NIL	NIL	MICROSCOPIC EXAMINATION
BACTERIA		ABSENT		MICROSCOPIC EXAMINATION
YEAST		ABSENT		
AMORPHOUS DEPOSITS		ABSENT		
MUCUS THREAD		ABSENT		
NOTE		Microscopic examination of urine is carried out on centrifuged urinary sediment.		





MEDICOVER
HOSPITALS

DEPARTMENT OF LABORATORY

NAVI MUMBAI

Patient Name : Mr. AJITHKUMAR P R	Age / Gender : 50 Y(s)/Male
Bill No/ UMR No : NMBC73387/NMU0055150	Referred By : Dr. DMO
Received Dt : 07-Jun-24 12:42 pm	Report Date : 07-Jun-24 05:10 pm

Parameters **Specimen** **Result** **Biological Reference In Method**

*** End Of Report ***





DEPARTMENT OF LABORATORY

NAVI MUMBAI

Patient Name : Mr. AJITHKUMAR P R	Age / Gender : 50 Y(s)/Male
Bill No/ UMR No : NMBC73387/NMU0055150	Referred By : Dr. DMO
Received Dt : 07-Jun-24 12:42 pm	Report Date : 07-Jun-24 04:13 pm

FINAL REPORT

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference Intervals</u>	<u>Method</u>
ESR	CITRATED BLOOD	02	0 - 10 mm/1st hour	WESTERGREN'S METHOD

COMPLETE BLOOD COUNT

RBC

Parameter	Specimen	Result	Biological Reference Intervals
R B C COUNT	EDTA Blood	5.37	4.5 - 5.5 $10^6/\mu\text{L}$
HEMOGLOBIN		16.3	13.0 - 17.0 g/dl
PCV/HCT		49.1	40 - 50 %
MCV		91.3	83 - 101 fl
MCH		30.3	27 - 32 pg
MCHC		33.2	31.5 - 34.5 g/dL
RDW(cv)		12.6	11.6 - 14.0 %

PLATELETS

PLATELET COUNT	EDTA Blood	276	150 - 400 $10^3/\mu\text{L}$
MPV		8.5	7.5 - 11.5 fl

WBC

TC (TOTAL LEUCOCYTE COUNT)	EDTA Blood	7.32	4.0 - 11.0 $10^3/\mu\text{l}$
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DIFFERENTIAL COUNT

NEUTROPHILS	EDTA Blood	47	40 - 80 %
LYMPHOCYTES		34	20 - 40 %
MONOCYTES		06	02 - 10 %
EOSINOPHILS		13	00 - 06 %
BASOPHILS		00	00 - 01 %

PERIPHERAL SMEAR EXAMINATION

RBC
WBC
PLATELETS

Predominantly normocytic normochromic.
Mild eosinophilia is present.
Adequate in smear.

*** End Of Report ***





MEDICOVER
HOSPITALS

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Bill No/ UMR No : NMBC73387/NMU0055150	Referred By : Dr. DMO
Received Dt : 07-Jun-24 12:42 pm	Report Date : 07-Jun-24 05:05 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
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Patient Name : Mr. AJITHKUMAR P R	Age /Gender : 50 Y(s)/Male
Bill No/ UMR No : NMBC73387/NMU0055150	Referred By : Dr. DMO
Received Dt : 07-Jun-24 12:04 pm	Report Date : 07-Jun-24 01:08 pm

FINAL REPORT

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference Intervals</u>	<u>Method</u>
VITAMIN B12 COMMENT	SERUM	124.3	197 - 771 pg/mL	Method : ECLIA
Sample collected and processed on 06.06.2024				
BUN(BLOOD UREA NITROGEN)				
BUN (Blood Urea Nitrogen.)		9	7.0 - 21.0 mg/dL	Calculated
HBA1C (GLYCOSYLATED HAEMOGLOBIN)				
HBA1C		6.7	< 5.7 Normal Prediabetic 5.7 - 6.4 & \geq 6.5 Diabetic %	TINIA
MPG(Mean Plasma Glucose)		146	Excellent Control 90 - 120 mg/dL	Derived from HBA1c value
LIPID PROFILE				
TOTAL CHOLESTEROL		232	Desirable : : < 200 mg/dL Borderline High : : 200 - 239 mg/dL High risk : > 240 mg/dL	METHOD : Enzymatic colorimetric
HDL CHOLESTEROL		43	Low : : < 40 mg/dL High : : > 60 mg/dL	Homogeneous enzymatic colorimetric
LDL CHOLESTEROL		153	Optimal - < 100 mg/dL	Direct-Enzymatic colorimetric
VLDL		28		Calculation
SERUM TRYGLYCERIDES		138	< 150 mg/dL	METHOD: Enzymatic colorimetric
CHO/HDL RATIO		5.4	Normal - < 3.5	Calculation
LDL/HDL RATIO		3.56		Calculation
FBS (FASTING BLOOD GLUCOSE WITH URINE GLUCOSE)				
FASTING BLOOD GLUCOSE		111	Normal Range 70 - 99 mg/dL	Hexokinase
FASTING URINE SUGAR		NIL		Dipstick
SERUM CREATININE				
CREATININE		1.01	0.8 - 1.3 mg/dl	Method : jaffe
BUN / CREATININE RATIO				
BUN (Blood Urea Nitrogen.)		9	7.0 - 21.0 mg/dL	Calculated
SERUM CREATININE		1.01	0.8 - 1.3 mg/dL	Jaffe Method
BUN / CREATININE RATIO		8.91	10 - 20	Calculated
T3,T4 AND TSH				
T3		99.55	70 - 204 ng/dL	Method : ECLIA
T4		7.99	5.1 - 14.1 ug/dL	Method : ECLIA





DEPARTMENT OF LABORATORY

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<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference In</u>	<u>Method</u>
TSH(THYROID STIMULATING HORMONE)		1.73	0.270 - 4.20 uIU/mL	Method : ECLIA
VITAMIN D(25 OH)				
25 OH VITAMIN D		15.77	Insufficient : 21 - 29 ng/mL Deficient : <= 20 ng/mL Sufficient : 30 - 100 ng/mL Potential toxicity : > 100 ng/mL	Method : ECLIA
LFT(LIVER FUNCTION TEST)				
TOTAL BILIRUBIN		1.3	< 1.2 mg/dL	Method : Diazo Method
DIRECT BILIRUBIN		0.3	<= 0.20 mg/dL	Method: Diazo Method
INDIRECT BILIRUBIN		1.0	<= 1.0 mg/dL	Calculated
SGPT (ALT)		25	<= 41 U/L	Method : UV without PSP
SGOT (AST)		19	<= 40 U/L	Method : UV without PSP
ALKALINE PHOSPHATASE (ALP)		70	40 - 129 U/L	Method : PNPP
TOTAL PROTEINS		7.1	6.0 - 8.0 g/dL	Method : Biuret method
SERUM ALBUMIN		4.5	3.5 - 5.2 g/dL	Method : Bromcresol Green (BCG)
GLOBULINS		2.6	2.5 - 3.5 g/dL	Calculated
A/G RATIO		1.73	1.2 - 2.5	Calculation
GAMMA GLUTAMYL TRANSFERASE(GGT)		28	10 - 71 U/L	Method : G-glutamyl-carboxy-nitroanilide - IFCC Ref. uricase
SERUM URIC ACID		5.5	3.4 - 7.0 mg/dL	
PSA (PROSTATE SPECIFIC ANTIGEN).				
PROSTATE SPECIFIC ANTIGEN (PSA)		0.939	0 - 4.0 ng/mL	Method : ECLIA
PLBS (POST LUNCH BLOOD SUGAR WITH URINE SUGAR)				
PLBS (POST LUNCH BLOOD GLUCOSE)		186	110 - 180 mg/dL	Hexokinase
URINE SUGAR		TRACE		Dipstick

*** End Of Report ***





MEDICOVER
HOSPITALS

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NAVI MUMBAI

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Bill No/ UMR No : NMBC73387/NMU0055150	Referred By : Dr. DMO
Received Dt : 07-Jun-24 12:05 pm	Report Date : 07-Jun-24 01:08 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
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Lab Incharge

Dr. PALLAVI SAXENA, MBBS MD(PATHOLOGY)
CONSULTANT PATHOLOGIST

Verified By : : 026979

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.



Patient ID:	35521120240606	Patient Name:	AJITH KUMAR
Age:	49YRS	Sex:	M
Accession Number:		Modality:	US
Referring Physician:	DR. DMO	Study:	
Study Date:	06-Jun-2024		

ULTRASOUND EXAMINATION OF ABDOMEN & PELVIS

The Liver is normal in size (12.5 cm) and shows increase in parenchymal reflectivity. No focal lesion is seen. The Hepatic veins appear normal. There is no IHBR dilatation. The portal vein appears normal.

The gall bladder is physiologically distended with normal wall thickness. There is no evidence of gallstones. C.B.D. is of normal caliber.

The Pancreas is normal in size and shows homogeneous reflectivity.

The spleen is normal size. It measures 7.7 cm in long axis. No focal lesion is seen.

Both kidneys are normal in position and size. They show normal cortical reflectivity and cortico-medullary distinction.

The Right Kidney measures 9.3 x 4.5 cm.

The Left Kidney measures 9.3 x 4.8 cm.

There is no evidence of renal calculi, hydronephrosis, or mass noted.

There is no evidence of ascites or para aortic lymphadenopathy.

The Urinary bladder is adequately distended and shows normal wall thickness. No evidence of any intraluminal mass or calculi.

The Prostate gland is normal in size.

It has smooth outlines and normal reflectivity.

It an estimated weight of 19 gms.

IMPRESSION:

- Grade I fatty liver.
- No other significant abnormality is seen.



Dr. Garima Shalendra Sharma
MBBS, M.D. (Radio Diagnosis)
DNB, FRCR
Consultant Radiologist

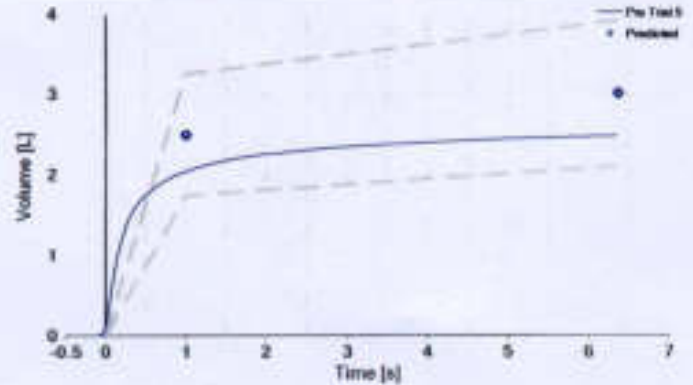
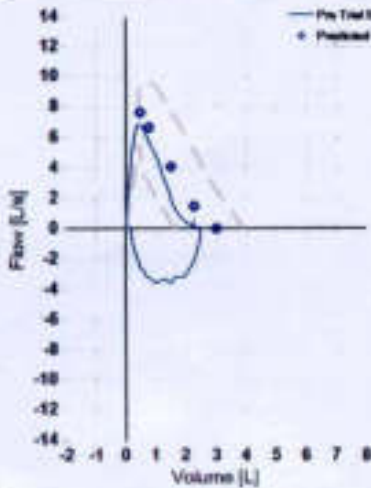
Date: 06-Jun-2024 12:52:55

Patient Information

Name P R, AJITH KUMAR
 ID NMU0055150
 Age 50 (29-05-1974)
 Height 156 cm
 Weight 61 kg BMI 25.1
 Gender Male
 Ethnicity Asian
 Your FEV1 / Predicted: 82%

Test Information

Test Date 06-06-2024 13:14:57
 Test Type FVL (ex/in)
 Post Time
 Interpretation GOLD(2008)/Hardie
 Predicted ERS (ECCS/EGKS), 1993 *
 0.90
 Referred by MEDIWHEEL



Test Result

Parameter	Pred	Pre Best	%Pred
FVC [L]	3.01	2.48	82
FEV1 [L]	2.49	2.03	82
FEV1/FVC [%]	78.2	81.8	105
FEF25-75 [L/s]	3.58	2.18	61
PEF [L/s]	7.58	6.83	90
FET [s]	-	6.4	-
FIVC [L]	3.01	2.31	77
PIF [L/s]	-	3.62	-
FEF25 [L/s]	6.60	6.15	93
FEF50 [L/s]	4.01	3.30	82
FEF75 [L/s]	1.43	0.67	47

COMMENTS: WITHIN NORMAL LIMITS, CORRELATE CLINICALLY..


 DR. SHAHID PATEL
 MBBS,MD (Pulmonary Medicine)

Patient ID:	NMU0059150	Patient Name:	AJITH KUMAR P R
Age:	49 Years	Sex:	M
Accession Number:	NMBC-73387	Modality:	DX
Referring Physician:		Study:	CHEST
Study Date:	06-Jun-2024		

X RAY CHEST PA VIEW

Both lungs are clear.

The frontal cardiac dimensions are normal.

The pleural spaces are clear.

Both hilar shadows are normal in position and density.

No diaphragmatic abnormality is seen.

The soft tissues and bony thorax are normal.

Impression:

- No significant abnormality is seen.



Dr. Garima Shalendra Sharma
MBBS, M.D. (Radio Diagnosis)
DNB, FRCR
Consultant Radiologist

Date: 06-Jun-2024 12:48:28

Rate 89 . Sinus rhythm.....normal P axis, V-rate 50- 99
 . Probable left atrial enlargement.....P >50ms, <-0.10mV V1
 PR 133 . Borderline repolarization abnormality.....ST dep & abnormal T
 QRSD 97 . ST elevation, consider anterior injury.....ST >0.15mV, V1-V5
 QT 336
 QTc 409

--AXIS--

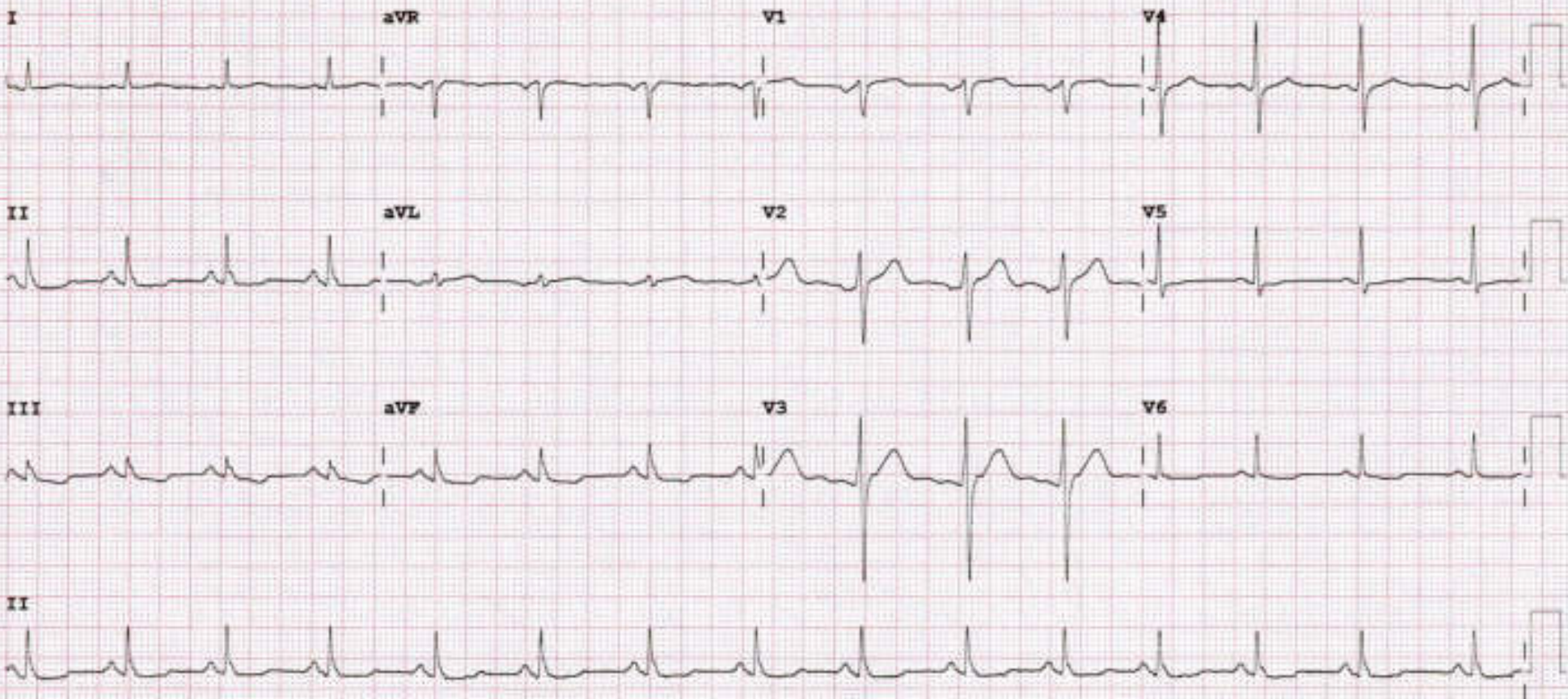
P 81
 QRS 56
 T -44

- ABNORMAL ECG -

12 Lead; Standard Placement

Unconfirmed Diagnosis

WNL
[Signature]



ID: HC	BRUCE	Total Exercise time: 7:17	25.0 mm/s
Visit	Max HR: 153bpm 89% of max predicted 171bpm		10.0 mm/mV
19years	Max BP: 150/100	Maximum workload: 9.8METS	0.16 Hz 150 Hz
Asian	Reason for Termination: Max HR attained		50Hz
Male	Comments: GOOD EFFORT TOLERANCE		
6-Jan-2024	ADEQUATE CHRONOTROPIC AND IOTROPIC RESPONSE		
11:03:44	NO ST T CHANGES IN EXERCISE AND RECOVERY		
Medic: NIL	NO ANGINA / ARRHYTHMIA		
	STRESS TEST NEGATIVE FOR EXERCISE INDUCED MYOCARDIAL ISCHEMI		
	DR KESHAV KALE MD DM CARDIOLOGY		
	Referred by: HC		
	Test ind: R/O IHD		

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	WorkLoad (METS)	HR (bpm)	BP (mmHg)	RPP (x100)
PRETEST	SUPINE	0:58	0.8	0.0	1.2	86	120/80	103
EXERCISE	STAGE 1	3:00	1.7	10.0	4.6	121		
	STAGE 2	2:09	2.5	12.0	7.0	131		
	STAGE 3	2:08	3.3	14.0	9.8	153		
RECOVERY	Post	2:56	***	***	1.0	110		

Technician:

BVP MED, VER HOSPITAL



Unconfirmed

MAC55 010Bsp2

ID: HC
 Visit
 6-Jun-2024
 11:03:44
 49years
 Meds: NIL
 Asian
 Male
 BRUCK
 Max HR: 153bpm 89% of max predicted 171bpm
 Max BP: 150/100
 Reason for Termination: Max HR attained
 Total Exercise time: 7:17
 Maximum workload: 9.8METS
 25.0 mm/s
 10.0 mm/mV
 0.16 Hz 150 Hz
 50Hz

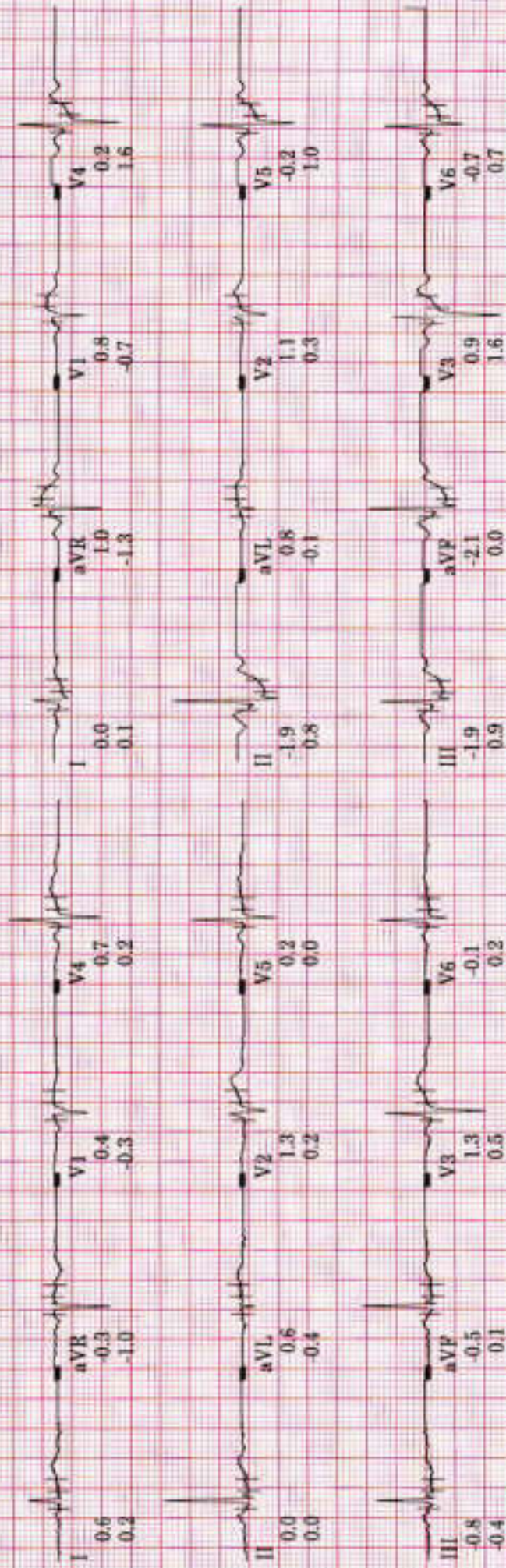
Comments: GOOD EFFORT TOLERANCE
 ADEQUATE CHRONOTROPIC AND INOTROPIC RESPONSE
 NO ST-T CHANGES IN EXERCISE AND RECOVERY
 NO ANGINA / ARRHYTHMIA
 STRESS TEST NEGATIVE FOR EXERCISE INDUCED MYOCARDIAL ISCHEMIA
 DR KESHAV KALE MD DM CARDIOLOGY

BASELINE

EXERCISE STAGE 1
 0:00
 1.2METS
 86bpm
 BP: 120/80
 ST @ 10mm/mV
 80ms postJ

MAX ST

EXERCISE STAGE 3
 5:51
 7.9METS
 141bpm
 ST @ 10mm/mV
 80ms postJ



Technician:

BVP MED. SUPER HOSPITAL

Unconfirmed

MAC55_010Bsp2

ID: HC Visit: 6-Jun-2024 11:03:44 49years Asian Male BRUCE Total Exercise time: 7:17 Max HR: 153bpm 89% of max-predicted 171bpm Max BP: 150/100 Maximum workload: 9.8METS 25.0 mm/s 10.0 mm/mV 0.16 Hz 150 Hz 50Hz

Meds: NIL

Referred by: HC
Test ind: R/O IHD

Reason for Termination:
Comments: GOOD EFFORT TOLERANCE
ADEQUATE CHRONOTROPIC AND TROPIC RESPONSE
NO ST T CHANGES IN EXERCISE AND RECOVERY
NO ANGINA / ARRHYTHMIA
STRESS TEST NEGATIVE FOR EXERCISE INDUCED MYOCARDIAL ISCHEMIA
DR KESHAV KALE MD DM CARDIOLOGY

BASELINE

EXERCISE STAGE 1 66bpm ST @ 10mm/mV
BP: 120/80 80ms postd

Lead ST(mm) Slope(mV/s)

EXERCISE STAGE 3 5:51 7.9METS

MAX ST

141bpm ST @ 10mm/mV
80ms postd

Lead ST(mm) Slope(mV/s)



Technician:

BVP MEL... OVER HOSPITAL

Unconfirmed

MAC55 010Bsp2

ID: JIC
Visit:

6-Jun-2024
11:13:59

112bpm
BP: 140/80

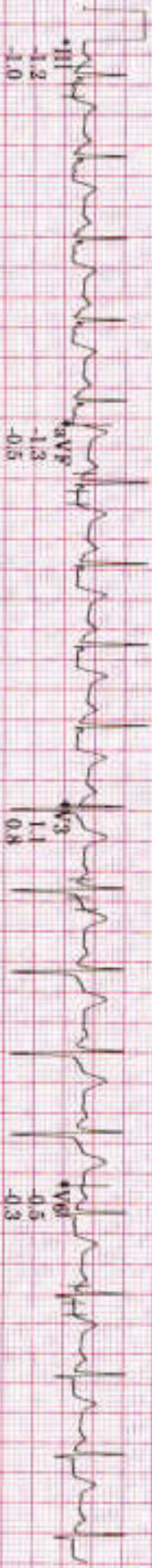
RECOVERY
Post
2:00

BRUCE
***mph
***%

ST @ 10mm/mV
80ms postd

Lead
ST1 (ms)
Slope (mV/s)

150 Hz



Raw Rhythm 20 Hz
0.16 Hz ZPD 25.0 mm/s 10.0 mm/mV A-H-S 50Hz HR 46

* Computer Synthesized Rhythm

MAC:55 0108sp2

II

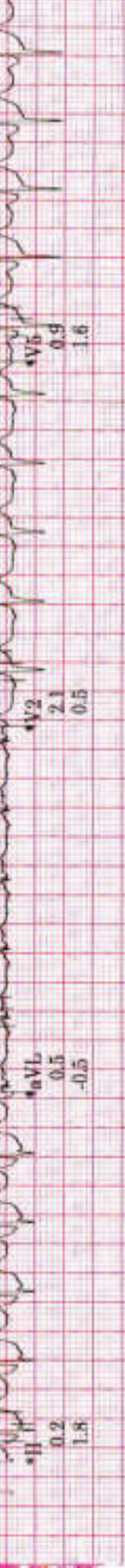
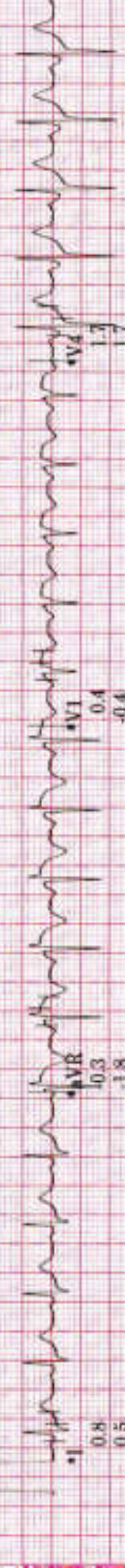
ID: HC
 Visit:
 6-Jun-2024
 11:12:59

RECOVERY
 Post
 1:00

127bpm
 BP: 150/100

ST @ 10mm/mV
 80ms post

BRUCK
 ** *mph
 ** *g



Lead
 ST (mm)
 Slope (mV/s)

ID: HC
Vasile

6-Jun-2024
11:12:00

153bpm

EXERCISE
STAGE 3

7:17

BRUCE

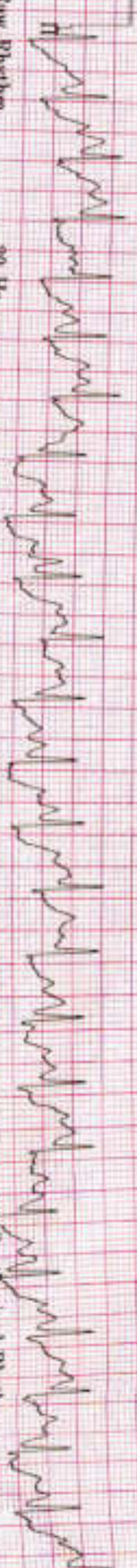
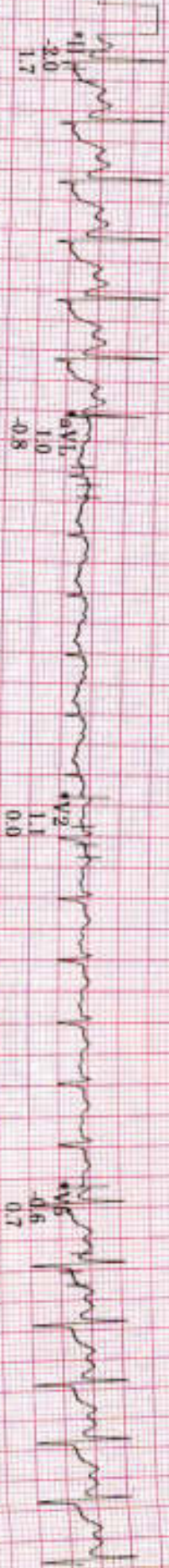
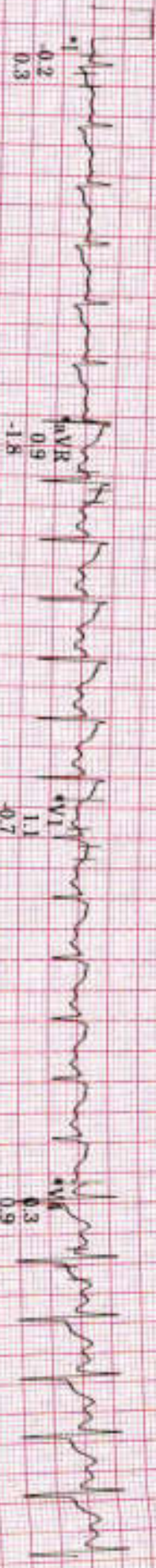
3.3mph

14.0%

ST @ 10mm/mV
80ms postd

Lead
ST(mV)
Slope(mV/s)

150 Hz



Raw Rhythm
0.16 Hz ZPD

25.0 mm/s
20 Hz

10.0 mm/mV

A-H-S 50Hz HR 46

• Computer/Synthesized Rhythm

MAC55 01DBsp2

ID: HC

Visit:

6-Jun-2024

11:11:45

151bpm

EXERCISE
STAGE 3

7:03

BRUCE

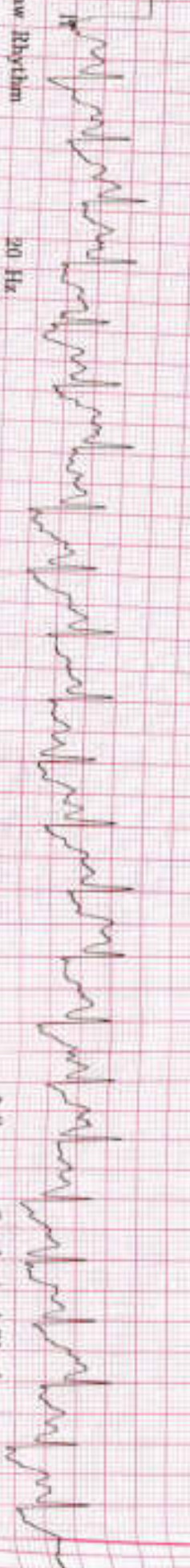
3.3mph

14.0%

ST @ 10mm/mV
80ms/pixel

Lead
ST (ms)
Slope (mV/s)

150 Hz



0.16 Hz ZPPD

25.0 mm/s

10.0 mm/mV

A-H-S-50Hz HIR 46

Raw Rhythm

20 Hz

* Computer Synthesized Rhythm

ID: HC

Visit

6-Jan-2024

11:09:48

111bpm

EXERCISE
STAGE 2

5:06

BRUCE

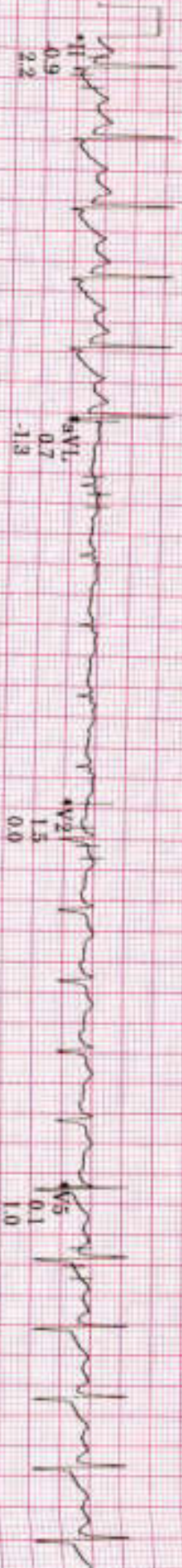
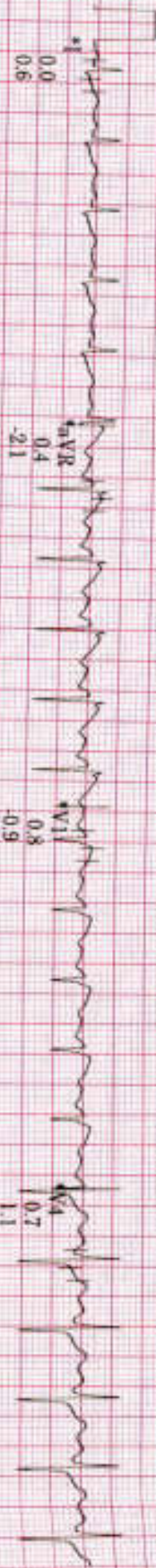
2.5mph

12.0%

ST @ 10mm/mV
80ms post

Lead
ST (mm)
Slope (mV/s)

150 Hz



Raw Rhythm

20 Hz

0.16 Hz ZPD

25.0 mm/s

10.0 mm/mV

A-H-S 50Hz HR 46

* Computer Synthesized Rhythm

ALITH KUMAR P R

ID: HC

Vital

6-Jun-2024
11:07:32

122bpm

EXERCISE

STAGE 1

2:51

BRUCE

1.7mph

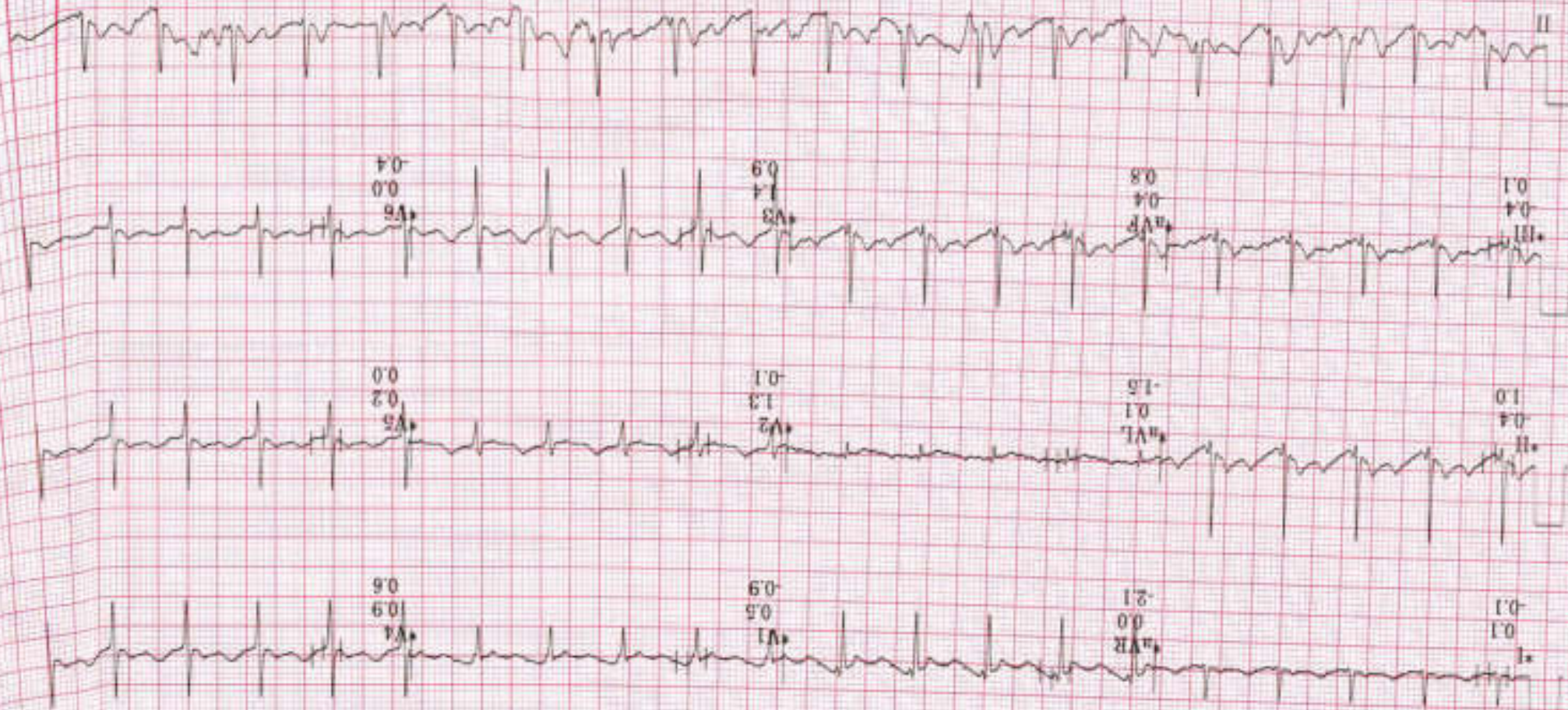
10.0%

BVP MEDICOVER HOSPITAL

LINKED MEDIANS REPORT

Lead
ST(m)
Supr(V/8)

150 Hz



Raw Rhythm

20 Hz

0.16 Hz ZPD

25.0 mm/s 10.0 mm/mV A-H-S 50Hz HR 46

* Computer Synthesized Rhythm

ID: HC
Visit

6-Jun-2024
11:04:05

87bpm
BP: 120/80

PRETEST
SUPINE
0:22

BRUCE
xx mph
xx %g

