

Name : Mr. BASUDEV NASKAR (59 /M)

Date : 08/12/2023

Address : TEGHORIA, OTHER, NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by: Dr .SUCHISMITA BHAUMIK

UHID : AMHL.0002007202

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS WITH TMT MALE HCK

AHC No : AMHLAH188254



## CHIEF COMPLAINTS

For corporate health checkup  
C/O Soreness ?ulcer on penis

## PRESENT KNOWN ILLNESS

No history of - Hypertension,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Stroke, Asthma  
Diabetes mellitus - type 2; Since - 8 yrs;  
Medication - regular



## DRUG ALLERGY

NO KNOWN ALLERGY

:09/12/2023



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Soreness on penis

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Skin

- Nil Significant



## Present medications

- T Obimet GX 1/500  
T Zitamet 20/500



## Past medical history

Do you have any - No  
allergies?

Do you have any drug - No  
allergies?

Covid 19 - No



## Surgical history

Surgical history - Nil



## Personal history

Marital status - Married

No. of children - 2

Diet - Non Vegetarian

Alcohol - consumes alcohol  
occasionally

Smoking - No

Chews tobacco - Yes

Stopped Chewing - 4 yrs  
tobacco since

Physical activity - Mild



## Family history

Father - has expired

Mother - has expired

Brothers - 2

Sisters - 1

Diabetes - mother

Coronary artery - none  
disease

Cancer - None

## PHYSICAL EXAMINATION



## General

Build - over weight

Height - 164

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Weight - 75.9  
BMI - 28.22  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 66  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 132  
Diastolic(mm of Hg) - 96  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Organomegaly - No  
Tenderness - No



### Skin

- No significant finding

### Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/9P LE:6/9P  
NVA:RE:N10 LE:N10  
OCULAR MOVEMENT:WNL  
ANT.SEG:Pseudo(BE)  
ACCPT: SPECTACLE PWR  
RE:-0.50X105(6/6)  
LE:-1.25X90(6/6)  
ADD(BE):+2.75DSPH(N6)  
ADVICE: \*Glass Rx.\*Detail  
dilated Funduscopy \*Review  
after 1yr/SOS

Printed By : Benazir Begaum

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	14.6	g/dl	●	13.0-17.0
RBC COUNT	5.04	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	44.9	%	●	41-53
MCV	89.1	fl	●	83-101
MCH	29.0	pg	●	27-32
MCHC	32.6	%	●	31.5-34.5
RDW	14.5 *	%	●	11.8-14.0
WBC Count	8000	/cu mm	●	4000-10000
Platelet Count	1.30 *	lacs/cu mm	●	1.5-4.0
Neutrophils	68	%	●	40-80
Lymphocytes	23	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	04	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	6	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	10	mL		
Colour:	Straw			
Appearance	Turbid			
Specific Gravity	1.030			
pH:	5.0			
Albumin:	Trace			
Glucose	+++			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Occasional/hpf			
Pus Cells	10-15	/hpf		
Epithelial Cells	Occasional/hpf			

Casts: Not Found  
Crystals: Not Found  
NOTE : -  
Urine protein rechecked and confirmed by sulphosalicylic acid test~Urine glucose rechecked and confirmed by Benedict's test

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Trace			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	+++			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	46	U/L	●	0-50
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	153 *	U/L	●	43-115
AST (SGOT) - SERUM	32	U/L	●	0-50
BILIRUBIN TOTAL - SERUM	0.6	mg/dL	●	0.3-1.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	217 *	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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CREATININE - SERUM 1.1 mg/dL ● 0.9-1.3

TOTAL T3: TRI IODOTHYRONINE - SERUM 1.00 ng/ml ● 0.87-1.78

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	23	U/L	●	0-55

TOTAL T4: THYROXINE - SERUM 12.3 µg/dL ● 5.48-14.28

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	126	mg/dL	●	0-150

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	273 *	mg/dL	●	70-99

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.5	µIU/mL	●	0.38-5.33

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	10.3 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.0	mg/dL	●	2.6-7.2

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	36	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	164 *	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	17	mg/dL	●	0-35

**PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM**

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	0.41	ng/mL	●	0.00-6.50

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.7	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.3	g/dL	●	1.8-3.6

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	14.6	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.3		●	1.0-2.0

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
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**BUN/CREATININE RATIO**

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	13.9			

● Within Normal Range    ● Borderline High/Low    ● Out of Range

## ECG

SINUS BRADYCARDIA. OTHERWISE WITHIN NORMAL LIMITS.

## TREADMILL TEST / STRESS TEST

SUBMAXIMAL (UPTO 81%) STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

## ULTRASOUND SCREENING WHOLE ABDOMEN

- \* Grade I fatty liver.
- \* Cholelithiasis.
- \* Mild prostatomegaly.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.

Dr. PARTHA LODH  
DNB RESIDENT  
In consultation with

## X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

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AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

**RISK STATUS**

Moderate Risk

**YOUR SCORE**

10

**ACCEPTABLE SCORE**

9

Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
  - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**