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- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MRS KAVITA A VYAS  
**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMALE Age : 48 Years  
**Collected At** : MAHAVIR NAGAR MAIN BRANCH

**Lab No.** : LAA1389 \*LAA1389\*  
**Reg. Date** : 13-Jan-2024 10:20 am  
**Report Date** : 13-Jan-2024 5:59 pm  
**Print Date** : 16-Jan-2024 4:47 pm

## BIOCHEMISTRY

TEST	RESULT		NORMAL VALUES
Blood Urea Nitrogen (BUN)	13.00		5 - 20 mg/dl
CREATININE	0.89	mg/dl	0.5 - 1.3 mg/dl
Serum Uric Acid	3.90	mg%	Female : 2.6 - 6.0 mg%
Age of the Patient	48		
eGFR	71.95	ml/min	

eGFR calculation based on MDRD guideline 2012

More than 90 ml / min / 1.73 Sqm - Normal eGFR

60-89 ml / min / 1.73 Sqm - Mild decrease in eGFR is common in 30% healthy adults .

Suggest reapt testing in 6 to 12 months.

Exclude kidney disease in those at high risk (Diabetes & Hypertension

30-59 ml / min / 1.73 Sqm - consistent with modrate chronic kidney disease if confirmed over three month .

Consider nephrology referral if progressive deterioration of more than 20 % for Egfr or creatinine.

15 - 29 ml / min / 1.73 Sqm - Consistent with severe chronic kidney disease . Consider nephrology referral

----- End of Report -----

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DR. BHAVINI KAMDAR  
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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## BLOOD GROUP

TEST	RESULT
Blood Group	'B'
Rh Factor	Negative

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# HEALTHCARE

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**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMALE Age : 48 Years  
**Collected At** : MAHAVIR NAGAR MAIN BRANCH

**Lab No.** : LAA1389 \*LAA1389\*  
**Reg. Date** : 13-Jan-2024 10:20 am  
**Report Date** : 13-Jan-2024 5:58 pm  
**Print Date** : 16-Jan-2024 4:47 pm

## BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	160	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: $\geq$ 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	189.9	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: $\geq$ 200 (on more than one occasion)

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

**Comment:**

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

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# HEALTHCARE

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**Sex** : FEMALE Age : 48 Years  
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**Lab No.** : LAA1389 \*LAA1389\*  
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**Print Date** : 16-Jan-2024 4:47 pm

## COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	12.6	gm %	Female : 11.5 - 14.5 gm%
Erythrocytes ( Total RBCs)	4.82	mill. / cmm	Female : 3.8 - 5.2 mill. / cmm
PCV	40.3	%	Female : 32 - 47 %
MCV	83.70	fl	80- 96 fl
MCH	<b>26.20</b>	pg	27 - 32 pg
MCHC	<b>31.30</b>	gm%	32 - 37 gm%
RDW	13.6	%	12 - 14.5
<u>TOTAL WBC COUNT</u>			
TOTAL WBC COUNT	6160	/ cumm	4,000 - 11,000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	60	%	40 - 75
Lymphocytes	35	%	20 - 40
Eosinophils	03	%	0 - 6
Monocytes	02	%	2 - 8
Platelet count	228000	Lacs/cmm	150000-450000
<u>PERIPHERAL SMEAR</u>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	17	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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## GLYCOSYLATED HAEMOGLOBIN (HbA1c)

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	8.7	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	202.99		
METHOD : NEPHELOMETRY			

### DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%  
 Impaired glucose tolerance: 5.8% to 6.4%  
 Diabetes: 6.5% or more

### CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less  
 Fair control: 7.0% to 8.0%  
 Poor control: More than 8.0%

### Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

----- End of Report -----

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## LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	144	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	160.7	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	50.8	mg / dl	35.3 - 79.5 mg / dl
VLDL	32.14	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	61.06	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	2.83		< 5
LDL / HDL	1.20		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.  
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL  
 Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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## LIVER FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	0.41	mg / dl	0 - 1.0 mg / dl
Bilirubin Direct	0.2	mg / dl	0 - 0.4 mg / dl
Bilirubin Indirect	0.21	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	33.10	U / L	Up to 45 U / L
S.G.O.T.	25.00	U / L	Up to 46 U / L
Alkaline Phosphatase	59.00	U/l	4 - 15 Years: 54 - 369 U/l 20 - 59 Years: 42 - 98 U/l > 60 Years: 53 - 141 U/l
Total Proteins	6.89	gm / dl	6.4 - 8.3 gm / dl
Albumin	4.42	gm / dl	3.5 - 5.2 gm / dl
Globulin	2.47	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.79		1.0- 2.3
GGT	<b>82.4</b>	IU/L	55 IU/L

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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MRS KAVITA A VYAS  
Referred By Dr : MEDIWHEEL  
Sex : FEMALE Age : 48 Years  
Collected At : MAHAVIR NAGAR MAIN BRANCH

Lab No. : LAA1389 \*LAA1389\*  
Reg. Date : 13-Jan-2024 10:20 am  
Report Date : 13-Jan-2024 5:58 pm  
Print Date : 16-Jan-2024 4:47 pm

### T3 T4 TSH

TEST	RESULT	UNITS	NORMAL VALUES
T3 [ Tri - iodothyronine ]	137.799	ng/dl	91.14 - 237.61 ng/dl
T4 [ Thyroxine ]	9.487	ug/dl	4.71 - 13.20 ug/dl
TSH [Thyroid Stimulating Hormone]	1.871	uIU/mL	0.3 - 4.3 uIU/mL

METHOD: CLIA

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.
- 4.Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens,Estrogens. O C Pills,Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

----- End of Report -----

Printed By : RIYA

Checked By  
JAY

DR. BHAVINI KAMDAR  
MD (PATH) MUM

**BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301  
**KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458  
**KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TE.: 2885 7171 / 89288 41541  
**DAHISAR CENTRE** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504  
**GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP: SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 80354 / 72080 02565  
**GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

Website : [www.healthcarediag.com](http://www.healthcarediag.com) • E-mail : [healthcare.medicals@gmail.com](mailto:healthcare.medicals@gmail.com)

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- COMPUTERISED STRESS TEST
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## URINE ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Quantity	15 ml
Colour	Pale yellow
Appearance	clear
Deposit	Absent
pH	Acidic (5.0)
Specific Gravity	1.010
<u>CHEMICAL EXAMINATION</u>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<u>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</u>	
Red Blood Cells	Absent
Pus Cells	Occasional /hpf
Epithelial Cells	Occasional /hpf
Casts	Not seen
Crystals	Not seen /hpf
Yeast	Not seen
Bacteria	Absent

----- End of Report -----

Printed By : RIYA

Checked By  
JAY

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Healthcare Diagnostics &lt;healthcare.medicals@gmail.com&gt;

**Please note the following health check-up booking summary on 13/01/2024**

Customer Care :Mediwheel : New Delhi <customercare@mediwheel.in>  
 To: "healthcare.medicals@gmail.com" <healthcare.medicals@gmail.com>

Fri, Jan 12, 2024 at 7:38 PM

Member Name	Member Age	Mobile	Package Name
Arapana kumari	35 year	8090790594	Mediwheel Full Body Health Checkup Female Below 40
devange	36 year	9987998689	Mediwheel Full Body Health Checkup Male Below 40
kavita vyas	48 year	9022114278	Mediwheel Full Body Health Checkup Female Above 40
MR. AGRAWAL NILESH	48 year	9595160982	Mediwheel Full Body Health Checkup Male Below 40
MR. KUMAR RAJAN	45 year	8090790594	Mediwheel Full Body Health Checkup Male Below 40
MR. PANDIT MUNNA	47 year	7355379652	Mediwheel Full Body Health Checkup Male Below 40
MR. TADSARE GANESH	46 year	9221485876	Mediwheel Full Body Health Checkup Male Below 40
MR. VYAS ASHISH MANU	51 year	9022114278	Mediwheel Full Body Health Checkup Male Below 40
MS. KANTHARIA MANSI DEVANG	34 year	9987998689	Mediwheel Full Body Health Checkup Female Below 40
Soma Biswas	34 year	9903337344	Mediwheel Full Body Health Checkup Female Below 40
sonal agrawal	48 year	9595160982	Mediwheel Full Body Health Checkup Female Above 40
Vrushali Tadsare	43 year	9221485876	Mediwheel Full Body Health Checkup Female Above 40

Thanks &amp; Regards



Arcofemi Health Care Ltd. | F-701 A, Lado Sarai, Mehrauli | New Delhi - 110 030  
 Ph No. 011-41195959  
 Email : customercare@mediwheel.in; | Web: www.mediwheel.in

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- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
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NAME:	MRS KAVITA VYAS	DATE:	13/01/2024
HEIGHT: 158 CMS	WEIGHT: 71.5KG	AGE:	48 YRS
REFERRED BY:	MEDIWHEEL	SEX:	FEMALE
<b>PRESENT COMPLAINT: NO</b>			
<b>CURRENT MEDICATION: T. SITAHENZEM AND T. THYRONORM AND T. LIPIROSE</b>			
<b>PAST HISTORY: K/C/O - DM AND THYROID</b>			
<b>FAMILY HISTORY : F-D.M LAST 15 YEARS M-DM</b>			
<b>ALLERGY: NO</b>	<b>SLEEP: GOOD</b>	<b>BLADDER: NAD</b>	
<b>HABITS: NIL</b>	<b>BOWEL: NAD</b>	<b>APPETITE: GOOD</b>	
<b>VISION: NORMAL</b>			
<b>GENERAL EXAMINATION:</b>		<b>ADVICE-</b>	
B. P -112/64MM/HG PULSE-93MIN		<i>Fit for employment</i>	
ICTERUS: NIL OEDEMA: NIL			
<b>OTHERS: NAD</b>			
<b>RS: NAD</b>			
<b>CVS: NAD</b>			
<b>PA: NAD</b>			
<b>CNS: NAD</b>			
<b>INVESTIGATION:</b>		<b>DR. Y. J. MEHTA</b>	
<b>Healthcare</b>		<b>[M.D.]</b>	
Mahavir Suryadarshan Soc Satya Nagar Road, Mahavir Nagar, Kandivali (W), Mumbai - 400 067 Tel. No. 2869 7808			

**Dr. NUPUR RAI**  
MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
Reg. No.: 2018115643

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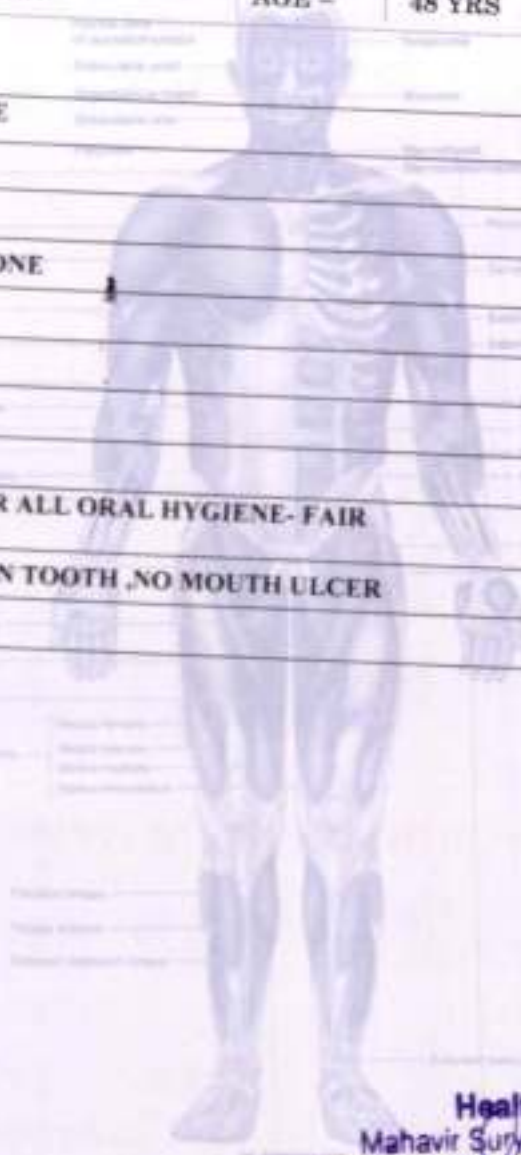
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**DENTAL CHECK UP**

NAME	MRS KAVITA VYAS	DATE	13/01/2024
REFERRED BY	MEDIWHEEL	AGE -	48 YRS
		SEX	F

CHIEF COMPLAINT : NONE
PAST DENTAL HISTORY : NONE
HABITS : NONE
ORAL EXAMINATION : OVER ALL ORAL HYGIENE- FAIR
NO FOUL SMELL, NO BROKEN TOOTH ,NO MOUTH ULCER



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**OPHTHALMIC REPORT**

NAME <i>Kavita vyas</i>	DATE <i>13/1/2024</i>
R- NO	AGE <i>48</i>
REF. BY DR.	SEX <i>Female</i>

	RIGHT EYE	LEFT EYE
V.A. WITHOUT GLASSES:	-	-
V.A. WITH GLASSES:	<i>6/6 NG</i>	<i>6/6 NG</i>
SLIT LAMP EXAMINATION:	-	-
IOP - SCHIOTZ TONOMETER:	-	-
FUNDUS:	-	-
COLOUR VISION: (ISHIHARA CHART)	<i>Normal (BE)</i>	
OCULAR MOVEMENTS:	<i>Full &amp; Normal (BE)</i>	
RETINOSCOPY:	-	-

Prescription:

	SPH	CYL	AXIS
DISTANCE	<i>1.50</i>	<i>---</i>	<i>---</i>
NEAR	<i>Add +1.75</i>	<i>---</i>	<i>---</i>

*6/6*  
*NG*

	SPH	CYL	AXIS
DISTANCE	<i>1.25</i>	<i>---</i>	<i>---</i>
NEAR	<i>Add +1.75</i>	<i>---</i>	<i>---</i>

*6/6*  
*NG*

CLINICAL IMPRESSION: *(N)*  
ADVICE: *glasses.*

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<b>NAME</b>	<b>MRS KAVITA A VYAS</b>	<b>DATE</b>	<b>13/01/2024</b>
		<b>AGE</b>	<b>48YRS</b>
<b>REF. BY DR</b>	<b>MEDIWHEEL</b>	<b>SEX</b>	<b>FEMALE</b>

**REAL TIME ABDOMINAL SONOGRAPHY SHOWS ,**

**LIVER :** Liver is enlarged in size(16.8cm) and showing increase parenchymal echotexture. There is no evidence of solid or cystic mass .The portal and the hepatic venous system appears normal.

**Gall bladder :** The Gall bladder is well distended .The gall bladder wall of normal thickness . No evidence of gall stones.

**PANCREAS :** Pancreas is normal in size with smooth margin and homogenous paranchymal echotexture. No focal lesion seen.

**KIDNEYS :** Both kidneys are normal in size and shows homogenous cortical echotexture. Central calyceal echoes appears normal. There is no evidence of hydronephrosis or renal calculus.

(a) Right kidney measures: 9.2 X 4.5cms

(b) Left kidney measures: 10.3x 4.5 cms.

**SPLEEN :** The spleen is normal in size with homogenous parenchymal echotexture. No focal lesion are seen.

**AORTA :** The upper aorta and para aortic regions appear normal.

**URINARY BLADDER :** Urinary bladder is minimally distended. No evidence of calculus or intraluminal mass seen in the bladder.

**UTERUS (TAS):**

**Uterus is not seen (Post operative status)**

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NAME	MRS KAVITA A VYAS	DATE	13/01/2024
		AGE	48YRS
REF. BY DR	MEDIWHEEL	SEX	FEMALE


**ADNEXA :**

Bilateral adnexal region appears normal. No adnexal mass is seen.

**IMPRESSION :**

➤ **MILD HEPATOMEGALY WITH FATTY LIVER (GRADE-I).**

SUGGEST: CLINICAL CORRELATION.

  
**DR. SACHIN JADKAR**  
CONS. RADIOLOGIST, DMRE.

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variation. Further / Follow-up imaging may be needed in some cases for confirmation of USG findings. Please interpret accordingly.

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<b>NAME</b>	<b>MRS KAVITA A VYAS</b>	<b>DATE</b>	<b>13.01.2024</b>
		<b>AGE</b>	<b>48YRS</b>
<b>REF. BY DR</b>	<b>MEDIWHEEL</b>	<b>SEX</b>	<b>FEMALE</b>

**X-RAY CHEST (PAVIEW).**

The lungs on the either side show equal translucency.

The pleural spaces are normal.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

**IMPRESSION :**

**NO EVIDENCE OF PLEURAL OR PARENCHYMAL PATHOLOGY IS NOTED.**

Correlate clinically .

  
**DR,SACHIN JADKAR**  
Consultant Radiologist

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly





भारत सरकार  
GOVERNMENT OF INDIA



कविता आशिष व्यास  
Kavita Ashish Vyas

जन्म तारीख/ DOB: 04/07/1975

महिला / FEMALE



6788 2447 5714

आधार - सामान्य माणसाचा अधिकार

Healthcare  
Mahavir Suryadarshan Soc.  
Satya Nagar Road, Mahavir Nagar,  
Kandivali (W), Mumbai - 400 057  
Tel. No. 2859 7808

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- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY ( BMD )
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



MEDICAL CENTRE & DIAGNOSTICS

MRS KAVITA A VYAS  
ELAA1389

13-Jan-2024



ECG

# ELECTROCARDIOGRAM (ECG)

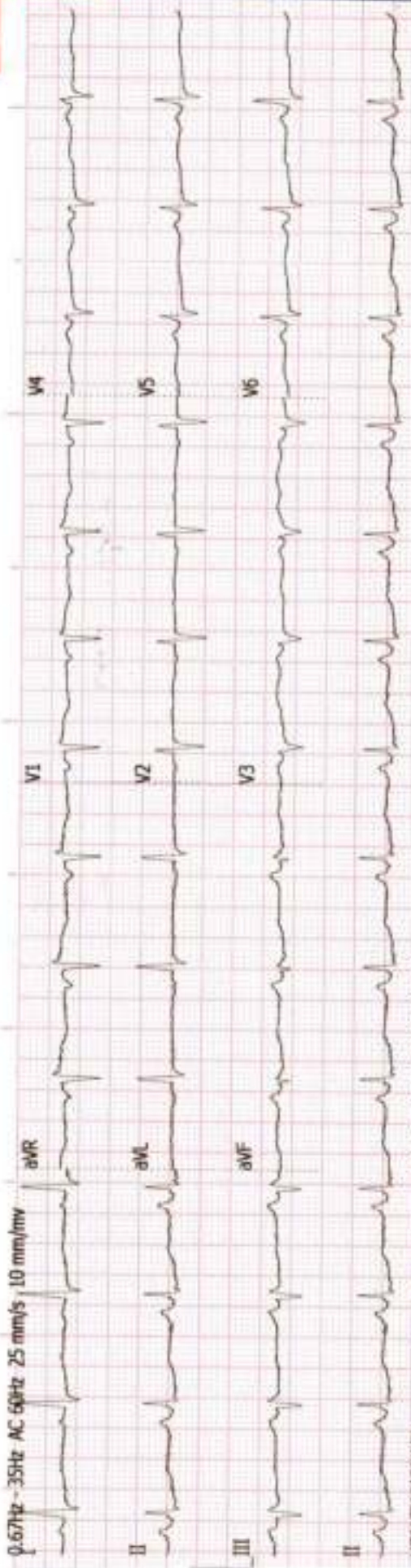
PATIENT Ms. Kavita A Vyas AGE. 48 SEX F

REF. BY DR. Mediwheel DATE 13/01/24

INTERPRETATION : Isolated sinus

Dr. Dr. NUPUR RAI  
 MBBS, DIPLOMA CARDIOLOGY (PSCCC)  
 Reg. No.: 2018115643

Healthcare  
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 Nagar Road, Mahavir Nagar,  
 Kurla (W) Mumbai - 400 067  
 Tel. No 2859 7808



UNI-EM V03.3.08(20171117)

Kavitha Vyas

HEALTHCARE MN

History : .....

B.P. : .....

Drugs : .....

Standard : .....

Auricular Rate : 78 bpm

Ventricular Rate : 78 bpm

Rhythm : NS

Mechanism : .....

Voltage : .....

Axis : .....

P. Waves : .....

PR Interval : .....

Q. Waves : .....

QRS Interval : .....

ST Segment : (N)

T. Waves : .....

QT Interval : .....

Extra Systoles : .....

REMARKS & CONCLUSIONS : Incomplete RBBB

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

DATE: 13/01/2024

TO,

Mediwheel

This is regarding your client Miss/Mrs/Mr. KAVITA

VJAS

Visited to our centre on MAHAVIR for NAGAR

her/his proposed tests. All tests are done as scheduled except

~~Pending/skipped tests:~~ STOOL-R / SONA / MAMMOSONOGRAPHY

Reason: UNWANTED / CLIENT NOT WILLING

We are canceling / will reschedule it as per her/his convenience.

Thank you.

**Healthcare**  
Mahavir Suryadarshan Soc.  
Satya Nagar Road, Mahavir Nagar,  
Kandivali (W), Mumbai - 400 067  
Tel. No. 2869 7808

Kavita VJAS

Client's sign

Dr. NUPUR RAI  
MBBS, DIPLOMA IN RADIOLOGY (PGDCC)  
Reg. No.: 2018115643

Medical Examiner

# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MAHAVIR SURYADARSHAN SOC SATYANAGAR ROAD  
MAHAVEER NAGAR KANDIVALI (W) MUM 400067

## TREADMILL TEST REPORT

**MRS KAVITA VYAS**  
ID : 03  
DATE : 13/01/2024  
AGE/SEX : 48 / F  
HT/WT : 158 / 72  
REF. BY : MEDIMHEEL

PROTOCOL : Bruce  
HISTORY : Checkup/Physical fitness,  
INDICATION : HEALTH CHECK UP  
MEDICATION : T THYROXIN 1 , T LIPROZE 1.00 , I LIPICARD 1.00 , T SITA

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADS	H.R. bpm	B.P. mmHg	RPE X100	ST LEVEL (MM)			MET'S
								II	VI	V5	
SUPINE					93	112 / 64	104	-0.4	0.2	-0.2	
STANDING					96	112 / 64	107	-0.4	0.2	-0.1	
HYPERVENT					93	112 / 64	104	-0.4	0.2	-0.1	
Stage 1	2:55	0:15	2.7	10	112	112 / 64	125	-0.2	0.2	-0.2	4.67
Stage 2	5:55	2:55	4	12	126	116 / 64	146	0.1	-0.2	0.2	7.04
PK-EXERCISE	8:34	2:34	5.4	14	147	130 / 80	191	0.3	0	0.2	9.58
RECOVERY	10:2	1:20			101	130 / 80	131	0.7	-0.3	0.8	
RECOVERY	10:52	2:10			100	120 / 80	120	0.4	-0.1	0.4	
RECOVERY	11:37	2:55			91	120 / 80	109	0.2	0	0.1	
RECOVERY	12:52	4:10			90	112 / 80	100	-0.2	0.2	-0.1	

### RESULTS

EXERCISE DURATION : 8:34  
MAX HEART RATE : 148 bpm @ 6 % of target heart rate 172 bpm  
MAX BLOOD PRESSURE : 130 / 80 mm Hg  
REASON OF TERMINATION : Achieved THR,  
BP RESPONSE : Normal,  
ARRHYTHMIA : None,  
H.R. RESPONSE : Normal Chronotropic response,  
IMPRESSIONS :  
FAIR EFFORT TOLERANCE,  
NO ANGINA, NO ARRHYTHMIA,  
NORMAL HR, BP RESPONSE,  
NO SIGNIFICANT ST CHANGES NOTED DURING TEST AS COMPARED TO BASELINE ECG,  
STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA,

MAX WORK LOAD : 9.58 METS

**Healthcare**  
Mahavir Suryadashan Soc.  
Satya Nagar Road, Mahavir Nagar,  
Kandivali (W), Mumbai - 400 067  
Tel. No 2859 7808

**Dr. NUPUR RAI**  
MBBS DIPLOMA CARDIOLOGY (PGCCO)  
Reg No. 2018115643

Technician : J

( MD )



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS KAVITA VYAS  
I.D. 03  
Age 48/F  
Date 13/01/2024

RATE 96bpm  
B.P. 112/64

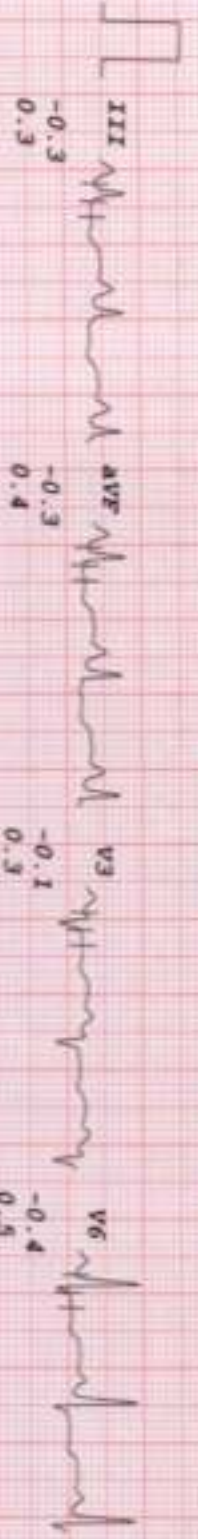
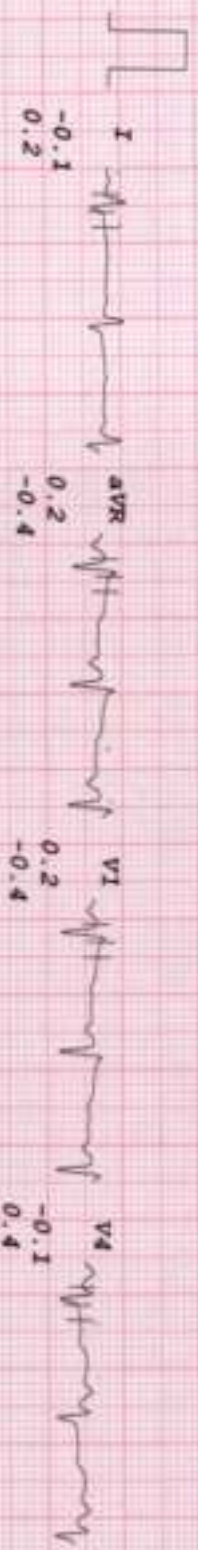
PRESBY  
STANDING

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2

V6



I 100ms 500ms 100ms 500ms



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS KAVITA VIAS

I.D. 03

Age 48/F

Date 13/01/2024

RATE 93bpm

B.P. 112/64

PRETEST

HYPERVENT

PHASE TIME 0:15

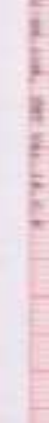
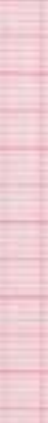
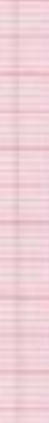
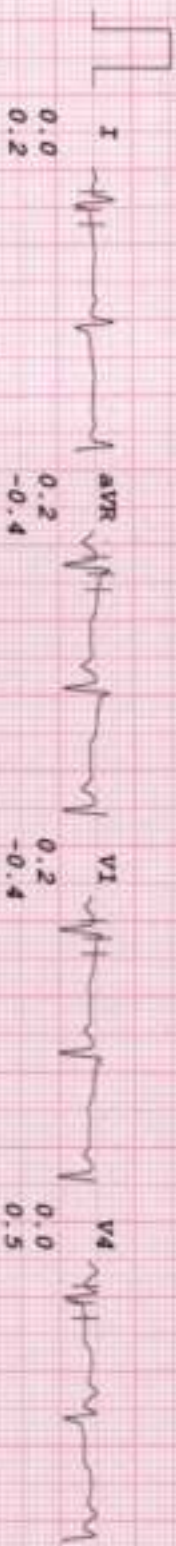
ST @ 10mm/mV

80mm PostJ

LINKED MEDIAN

Mag. X 2

II



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# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

**MRS KAVITA VYAS**  
**I.D. 03**  
**Age 48/F**  
**Date 13/01/2024**

**RAWE 112bpm**  
**B.P. 112/64**

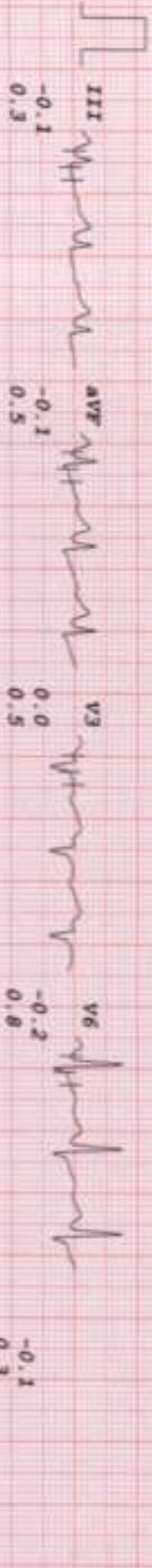
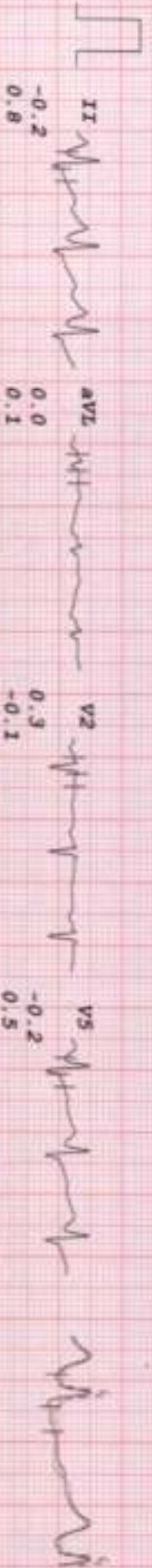
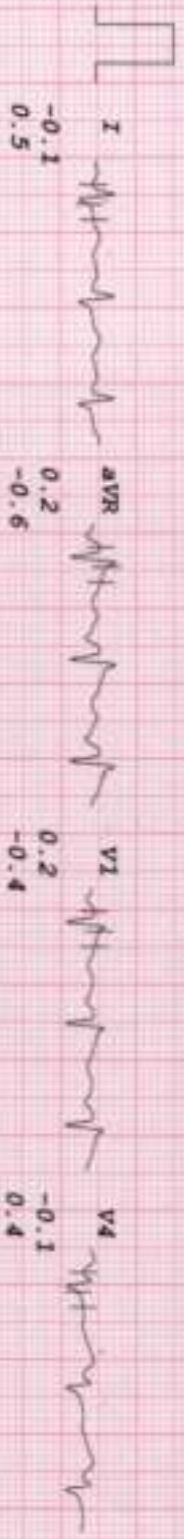
**Bruce**  
**Stage 1**  
**TOTAL TIME 2:55**  
**PHASE TIME 2:55**

**ST @ 10mm/mV**  
**80ms PostJ**  
**Speed 2.7 km/hr**  
**SLOPE 10 s**

**LINKED MEDIAN**

Mag. X 2

III



0      50      100      150      200





# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS KAVITA VYAS  
I.D. 03  
Age 48/F  
Date 13/01/2024

RATE 101bpm  
B.P. 130/80

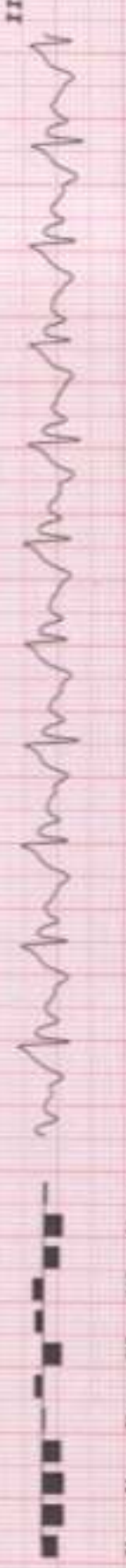
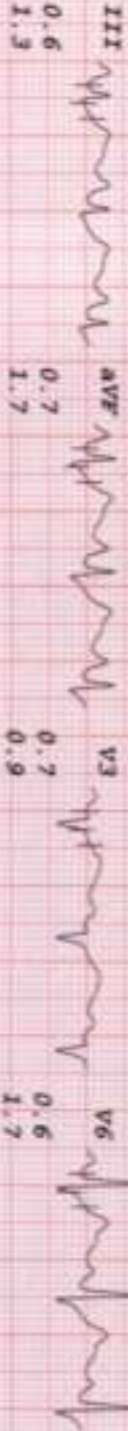
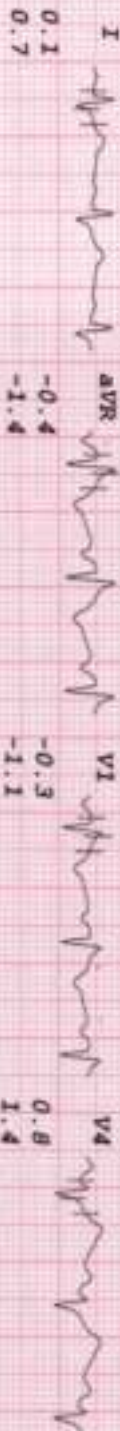
Bruce  
RECOVERY  
TOTAL TIME 10:02  
PHASE TIME 1:20

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2

VI



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

**MRS KAVITA VIAS**  
**I.D. 03**  
**Age 48/F**  
**Date 13/01/2024**

**RATE 100bpm**  
**B.P. 120/80**

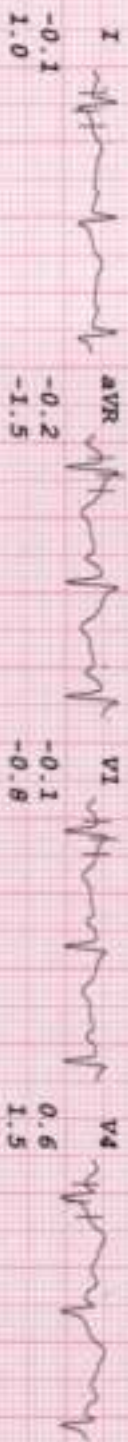
**BRUCE RECOVERY**  
**TOTAL TIME 10:52**  
**PHASE TIME 2:10**

**ST 8 10mm/mV**  
**80ms Post-J**

**LINKED MEDIAN**

Mag. X 2

VI





# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS KAVITA VYAS  
I.D. 03  
Age 46/F  
Date 13/01/2024

RATE 90bpm  
B.P. 112/80

Bruce  
RECOVERY  
TOTAL TIME 12:52  
PHASE TIME 4:10

ST @ 10mm/mV  
90ms Post J

LINKED MEDIAN

Mag. X 2

V6

