

SARDA

CENTRE FOR DIABETES & SELF CARE

NAME: MRS. SHARDA WAGHMARE

SEX: Female AGE: .

REF. BY : MEDIWHEEL

DATE :10/06/2023

BLOOD SUGAR EXAMINATION

TEST	RESULT
Fasting Blood Sugar:	76 mg/dl
Post Meal Blood Suagr Level:	110 mg/dl

REFERANCE RANGE	:	NON DIABETIC	IGT	DIABETIC
FASTING		</=90MG	90-126 mg %	>/=126mg %
POSTMEAL		</=140mg	140-200mg%	>/=200mg

GYCOCYTED HAEMOGLOBIN

TEST	RESULT	NORMAL
HbA1C:	5.5 %	4.7-5.9 %
M.B.G	105.55% mg	70 - 120 mg

INTERPRETATION:

FOR DIABETIC PATIENT

Good Control: 6.0 - 7.0 %

Fair Diabetic Control: 7.0 - 8.0 %

Unsatisfactory control: 8.0 - 10 %

Poor Diabetic Control: Above 10 %

Dr. Sampat Sarda
M.D.(Pathology)
SARDA CENTRE FOR DIABETES & SELF CARE
4, Vyankatesh Nagar, Jalna Road, Aurangabad
351, 2334858

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CENTRE FOR DIABETES & SELF CARE

NAME: MRS. SHARDA WAGHMARE

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REF. BY : MEDIWHEEL

DATE :10/06/2023

COMPLETE BLOOD COUNT

TEST	RESULT	NORMAL RANGE
WBC COUNT	6000 /cumm	4.0 - 11.0 x 10 ³ /cumm
Haemoglobin:	11.8 g%	13.0 - 18.0 g%
Platelets:	2,40000 /cumm	1,50,000 - 4,50,000 / cumm
Red Blood Cells:	3.90 /Mill/ul	4.20 - 6.00 Mill/ul
MCV:	88.0 fL	80.0 - 97.0 fL
MCH:	30.3 pg	26.0 - 32.0 pg
MCHC:	34.3 g/dL	31.0 - 36.0 g/dL
HCT:	34.4 %	37.0 - 51.0 %
Differential Count		
Neutrophils:	58 %	40 - 75 %
Lymphocyte:	32 %	20 - 45 %
Monocytes:	06 %	2 - 10 %
Eosinophills:	04 %	1 - 06 %
Basophills:	00 %	0 - 1 %
ESR:	16 mm at 1 Hr.	Male: 0 - 8 mm at 1 Hr. Female: 0 - 20 mm at 1 Hr.

AGE: YRS

BLOOD GROUP

BLOOD GROUP	:	"O"
R.H.FACTOR	:	POSITIVE

Dr.S R. SARDA

M.D Reg. No.56462

SARDA CENTER FOR DIABETES & SELF CARE

4, Vyanktesh Nagar, Jalna Road, Aurangabad

Dr. Sanjay Sarda

M.D. (Pathology)

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NAME: MRS. SHARDA WAGHMARE

SEX: Female AGE: .

REF. BY : MEDIWHEEL

DATE :10/06/2023

Urine Routine Examination

Physical Examination

Colour:	Pale Yellow
Appearance:	Clear
Reaction:	Acidic
Deposit	Absent

Chemical Examination:

Specific Gravity	1.005
Albumin	Absent
Sugar:	Absent
Acetone:	----
Bile Salts	----
Bile Pigment:	----

Microscopic Examination

RBC :	Absent
Pus Cells:	OCASSIONAL/HPF
Epihtelial cells:	Absent
Crystals:	Absent
Casts:	Absent

Dr.S R. SARDA

M.D. Reg. No.66462

Dr. Sampat Sarda
M.D. (Pathology)

SARDA

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SEX: Female AGE: .

REF. BY: MEDIWHEEL

DATE :10/06/2023

BLOOD PROFILE

TEST	RESULT	NORMAL
BLOOD UREA N2	10 mg%	5-25 mg %
CREATININE	0.8mg%	0.6-1.4 mg %
BILIRUBIN TOTAL	0.70mg%	0.2-1.0 mg
DIRECT	0.15	0.0-0.3
INDIRECT	0.55	0.3-0.7
S.G.O.T	25 IU/L	15-40 IU/L
S.G.P.T	31 IU/L	15-40 IU/L
ALK PHOSPHATASE	123 IU/L	42-128IU
S.PROTEIN TOTAL	7.1gm%	6.0-8.0 gm%
ALBUMIN	4.2gm%	3.2-4.4 gm%
GLOBULINS	2.9gm%	2.3-3.5 gm%
ALB/GLO RATIO	1.4	
G.G.T.P	17	upto50IU
SR.URIC ACID	4.8	3.5-7.0 mg %\$sruric-

Dr.S R. SARDA
M.D. Reg. No.66462
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4, Vyanktesh Nagar, Jalna Road, Aurangabad
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Dr. Sampat Sarda
M.D.(Pathology)

SARDA

CENTRE FOR DIABETES & SELF CARE

NAME: MRS. SHARDA WAGHMARE

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REF. BY : MEDIWHEEL

DATE :10/06/2023

LIPID PROFILE

Serum Cholesterol :	196 mg/dl	130 - 250 mg/dl
HDL Cholesterol:	46 mg/dl	30 - 95 mg/dl
Serum Triglyceride:	105 mg/dl	up to 165 mg/dl
LDL Cholesterol:	129 mg/dl	up to 165 mg/dl
VLDL Cholesterol:	21 mg/dl	up to 40 mg/dl
LDL. / HDL Cholesterol Ratio:	2.8	Low risk : 0.5 - 3.0 Moderate risk: 3.0 - 6.0 High risk: > 6.0
CHOL./HDL Cholesterol Ratio:	4.26	Low risk : 3.3 - 4.4 Average risk: 4.4 - 7.1 Moderate risk: 7.0 - 11.0 High risk: > 11

Dr. S R. SARDA

M.D. Reg. No. 56462

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4, Vyanktesh Nagar, Jalna Road, Aurangabad
M.D. (Pathology)
Phone No. 2333851, 2334858

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CENTRE FOR DIABETES & SELF CARE

NAME: MRS. SHARDA WAGHMARE

SEX: Female AGE: .

REF. BY : MEDIWHEEL

DATE :10/06/2023

AGE: YRS

THYROID FUCTION TEST

TEST	RESULT	NORMAL RANGE
Total T 3 :	148.15 ng/ml	60-181 ng/ml
Total T 4 :	7.02 ug/dl	4.87 - 11.72 ug/dl
TSH Ultrasensitive :	1.28 uIU/ml	0.35 -5.5uIU/ml

Dr.S R. SARDA
M.D. Reg. No.66462
CENTRE FOR DIABETES & SELF CARE
Jalna Road, Aurangabad
3851, 2334858

Dr.Sampat Sarda
M.D.(Pathology)

SARDA

CENTRE FOR DIABETES & SELF CARE

Date:- 10/06/23

Name Mrs. Sharda Waghmare Age/Sex 47/Female

Address Back of Baroda

OPHTHALMIC EXAMINATION REPORT

	<u>Right Eye</u>	<u>Left eye</u>
Vision Distant	6/6	6/6
Vision Near	UB 2H7BD	UB 2H7SDsm
Anterior segment	<u>NAD</u>	<u>NAD</u>
Pupils	<u>NSRTL</u>	<u>NSRTL</u>
Lens	clear	clear
Tension	<u>Normal</u>	<u>Normal</u>
Fundus:-	Disc WML C/D 0.3 FR+	Disc WML C/D 0.3 FR+
Colour Vision	Normal	Normal

Impression: (BE) within normal limits

Ajay Lohiya

DR. AJAY LOHIYA
M.B.B.S., D.O., (BOM) D.N.B.F.C.P.S.
REG NO. 86436
TIRUPATI NETRALAYA & DENTAL CLINIC
AURANGABAD.



WRS SHARDA MAGHWARE Age 47 YRS Female
Chest: PA Patient ID

Ellora Diagnostic Centre, Aurangabad (0240) 2353182

Ref Dr - DR S SARDA

Date: 10.06.2023 AM 10:37:31

DIGITAL X-RAY
INTERVENTIONAL RADIOLOGY
3D/4D SONOGRAPHY & COLOR DOPPLER
2-D ECHOCARDIOGRAPHY
PERIPHERAL COLOR DOPPLER
HI-SPEED HELICAL C.T. SCAN
C.T. ANGIOGRAPHY
PATHOLOGY LAB. SERVICES
☎: 0240-2325282, 8446100111



DIAGNOSTIC CENTRE
X-RAY & IMAGING CLINIC

1, VYANKATESH NAGAR, OPP. SFS
HIGH SCHOOL, JALNA ROAD,
AURANGABAD - 431005
☎ : 0240 - 2353182

10-06-2023

MRS SHARDA WAGHMARE
47YRS

CHEST

Trachea central.
Apices are clear.
Both lung appeared well pneuamtised and appeared normal.
Both cp angles are clear.
Cardiac silhoutte normal.

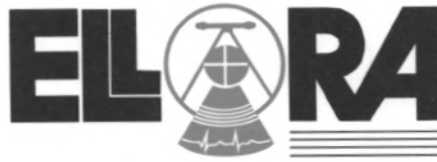
IMPRESSION
NORMAL CHEST

Dr. P. A. Barjatya
Radiologist
Regd.No.58902
Sarda Center For Diabetes & Selfcare
4, Venkatesh Nagar Rd, Aurangabad.

DR. P. A. BARJATYA
M.B.B.S., M.D.
9823344449

DR. G. S. LAHOTI
M.B.B.S., D.M.R.D.
9850171587

DIGITAL X-RAY
INTERVENTIONAL RADIOLOGY
3D/4D SONOGRAPHY & COLOR DOPPLER
2-D ECHOCARDIOGRAPHY
PERIPHERAL COLOR DOPPLER
HI-SPEED HELICAL C.T. SCAN
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DIAGNOSTIC CENTRE
X-RAY, IMAGING & PATHOLOGY

1, VYANKATESH NAGAR, OPP. SFS
HIGH SCHOOL, JALNA ROAD,
AURANGABAD - 431005
☎ : 0240 - 2353182, 2325282, 84461001

10-06-2023

Mrs. SHARDA WAGHMARE
47 YRS

USG ABDOMEN AND PELVIS

Liver is normal in size, shape and echotexture, No e/o any solid, cystic, diffuse parenchymal pathology. Intrahepatic biliary radicles and portovenous echocomplex appeared normal. Normal cbd and portal vein.

Gallbladder is well distended and appeared normal, no e/o any gb calculus, normal gb wall thickness.

Spleen is normal in size and echotexture.

Pancreas is normal in size, shape and echotexture, no e/o any solid, cystic, diffuse parenchymal pathology, normal peripancreatic fat planes.

Both kidneys are normal in size, shape and echotexture, normal cortico-medullary distinction on either side.

No e/o any calculus seen, no e/o hydronephrosis.

Urinary bladder is not well distended appeared normal.

Normal perivesical fat planes.

No e/o ascitis, paraaortic adenopathy.

Uterus is normal in size, shape and echotexture.

Both ovaries are normal in size, shape and echotexture.

No fluid in POD.

IMPRESSION

**NORMAL LIVER, SPLEEN, PANCREAS, GALLBLADDER, BOTH KIDNEYS
URINARY BLADDER.**

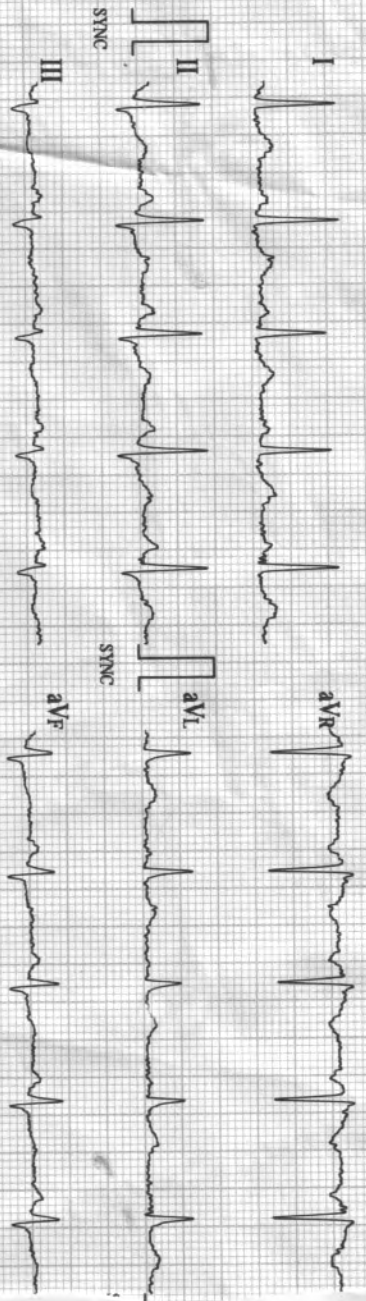
NORMAL UTERUS AND BOTH ADNEXAE.

Dr. P. A. Barjatya
Radiologist
Regd. No. 58902
Sarda Center For Diabetes & Selfcare
4, Vyankatesh Nagar Rd, Aurangabad

DR. P. A. BARJATYA
M.B.B.S., M.D.
9823344449

DR. G. S. LAHOTI
M.B.B.S., D.M.R.D.
9850171587

25mm/s 0.5-25Hz
10mm/mV



10mm/mV

ECG-1203 V2.004 BIOS: V2.004 AMP: Y1: 008 DICSS SADASHIV PETH PUNE-30 CELL-9822198798

06/10/2023 10:38

ID : 3145

Name:

Sex :

Age :

[Signature]

HR : 95

R-R : 628

P-R : 142

QRS : 88

QT/QTc : 349/440

P/QRS/T : 65/11/28

RV5/SV1 : 1.390/0.840 mV

RV5-SV1 : 2.230 mV

bpm

ms

ms

ms

ms

ms

mV

----- Sinus Rhythm
----- Mild Left Axis Deviation

Machine Interpretation Only

Confirm with Physician

DR. A. S. SARDA

M.D. Regd. No. 77570

SARDA CENTER FOR DIABETES & SELF CARE
Physician, Aurangabad

Ph: 2333854, 2334858

BIOMEDICSS SADASHIV PETH PUNE-30 CELL-9822198798

**SARDA
CENTRE FOR DIABETES & SELF CARE**

4, Vyankatesh Nagar, Jainas Road, Aurangabad, Ph. : (0240) 2333851, 2334858.

Name: Mrs. Sarda Age: 48
waghnare mehwale

CLINICAL SUMMARY:

Weight: _____ Height (Cms): _____ Blood Pressure: _____

ECG FINDINGS:

Rate: 95/min ORS. Complex: P

Rhythm: Reg. ST Segment: P

Mechanism: Q T. Wave: P

Axis: P QT Interval: P

P. Wave: P PR Interval: P

Recommendation: wn

Date: 15/6/23
Dr. A. S. SARDA
M.D. Reg. No. 73570
SARDA CENTER FOR DIABETES & SELF CARE
4, Vyankateshnagar, Jainas Road, Aurangabad
Phone No. 2333851, 2334858

SARDA

CENTRE FOR DIABETES & SELF CARE

Name : Mrs. Sharda Waghmare

Date : 10/06/ 2023

Age/Sex : 48 Yrs/Female

Ref.By: Dr.Sarda Sir

STRESS TEST REPORT

1. Protocol – Bruce.
2. Exercise Time- 6.21 Min.
3. Baseline Heart Rate and Blood Pressure - 90 bpm, BP- 126/89mm of Hg.
4. Mets- 8.00.
5. ST-T Segment Changes – 1.5 mm Significant ST-T Changes.
6. Angina- None.
7. Arrhythmias- None.
8. Other Symptoms – None.
9. Maximal Heart Rate and Blood Pressure – 166 bpm, BP – 156/89 mm of Hg.
10. Predicted Maximal Heart Rate Achieved -96%.
11. Reason For Termination - Dyspnea.

CONCLUSION : Positive Stress Test Suggestive of Ischemia.



**DR.DEORAO THENGE
M.D.D.N.B.(CARDIOLOGY)**



ASIAN HOSPITAL
MOTIWALA SQUARE
AURANGABAD

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Waghmare, Sharda
Patient ID: 15530
Height: 153 cm
Weight: 55 kg

DOB: 27.05.1975
Age: 48yrs
Gender: Female
Race: Asian

Study Date: 10.06.2023
Test Type: --
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR. DEORAO THENGE
Technician: --

Medications:

--

Medical History:

--

Reason for Exercise Test:

--

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:10	0.00	0.00	88	126/89	
	STANDING	01:01	0.50	0.00	96		
EXERCISE	STAGE 1	03:00	1.70	10.00	142	136/89	
	STAGE 2	03:00	2.50	12.00	162	146/89	
	STAGE 3	00:21	3.40	14.00	166		
RECOVERY		03:57	0.00	0.00	102	156/89	

The patient exercised according to the BRUCE for 6:21 min:s, achieving a work level of Max. METS: 8.00. The resting heart rate of 90 bpm rose to a maximal heart rate of 166 bpm. This value represents 96 % of the maximal, age-predicted heart rate. The resting blood pressure of 126/89 mmHg, rose to a maximum blood pressure of 156/89 mmHg. The exercise test was stopped due to Dyspnea.

Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: Depression horizontal.
Overall impression: Positive stress test suggestive of ischemia.

Conclusions

Exercise of bruce protocol for 6.21 min.
Target heart rate achieved.
No angina/arrhythmias. 1.5 mm ST-T Changes.
Positive stress test suggestive of ischemia.

Physician _____

Technician _____



(Handwritten signature)

Waghmare, Sharda
 Patient ID 15530
 10.06.2023
 1:10:50pm

Female 153 cm 55 kg
 48yrs Asian

Meds:

Test Reason:

Medical History:

Ref. MD: Ordering MD:

Technician: Test Type:

Comment:

Tabular Summary

BRUCE: Total Exercise Time 06:21
 Max HR: 166 bpm 96% of max predicted 172 bpm HR at rest: 90
 Max BP: 156/89 mmHg BP at rest: 126/89 Max RPP: 23652 mmHg*bpm
 Maximum Workload: 8.09 METS
 Max. ST: -2.60 mm, 0.00 mV/s in V5; EXERCISE STAGE 3 06:21
 Arrhythmia: A:19
 ST/HR index: 3.02 μ V/bpm

Reasons for Termination: Dyspnea

Summary: Resting ECG: normal. Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: Depression horizontal. Overall impression: Positive stress test suggestive of ischemia.
 Conclusion: Exercise of bruce protocol for 6.21 min. Target heart rate achieved.

No angina/arrhythmias, 1.5 mm ST-T Changes. Positive stress test suggestive of ischemia.

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm)	VE (min)	ST Level (V5 mm)	Comment
PRETEST	SUPINE	00:10	0.00	0.00	1.0	88	126/89	11088	0	-0.30	
	STANDING	01:01	0.50	0.00	1.3	96			0	-0.20	
EXERCISE	STAGE 1	03:00	1.70	10.00	4.6	142	136/89	19312	0	-0.90	
	STAGE 2	03:00	2.50	12.00	7.0	162	146/89	23652	0	-1.90	
	STAGE 3	00:21	3.40	14.00	8.0	166			0	-2.60	
RECOVERY		03:57	0.00	0.00	1.0	102	156/89	15912	0	-0.90	

Waghmare, Sharda
Patient ID 15530
10.06.2023
1:11:00pm

90 bpm
126/89 mmHg

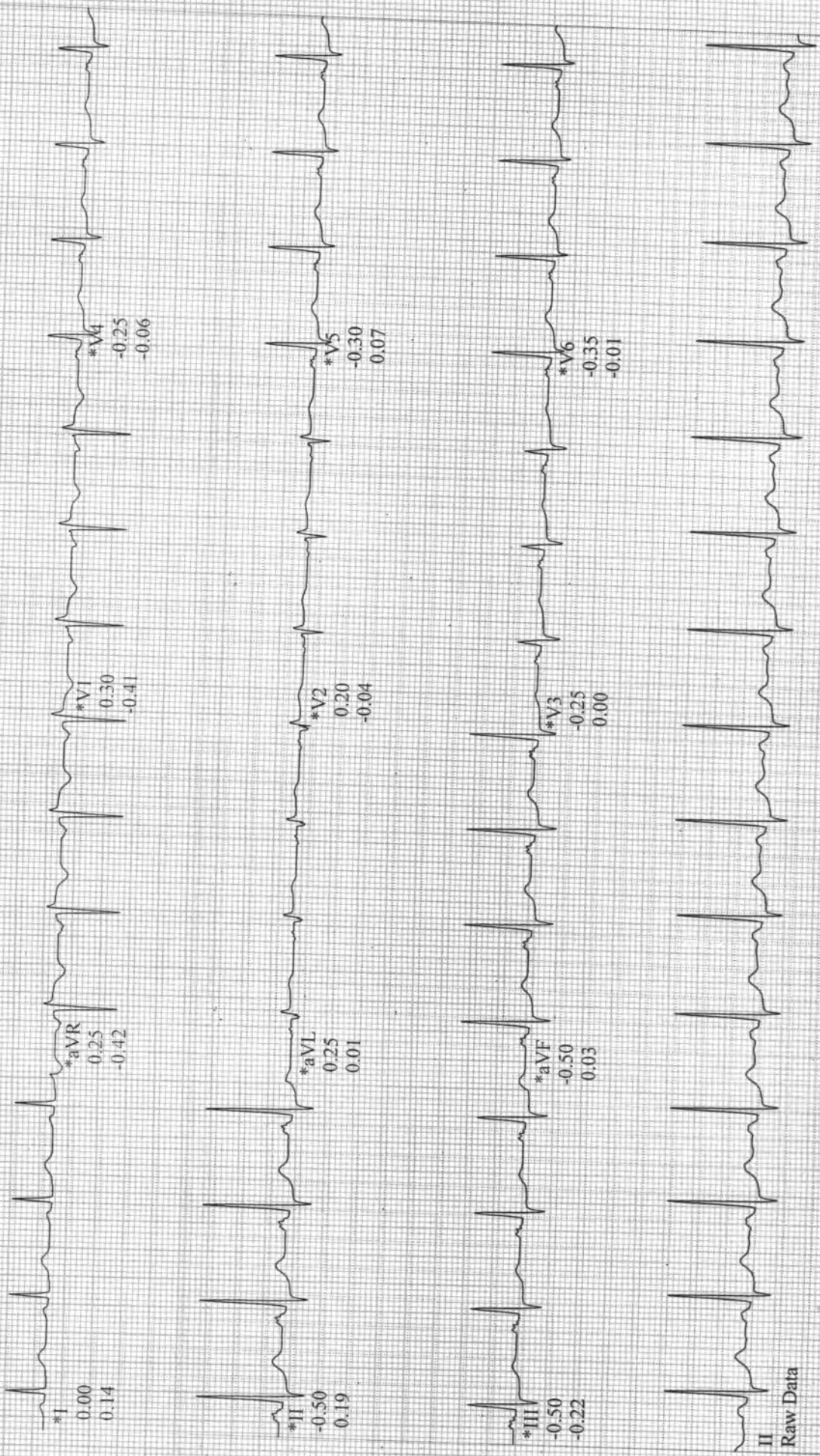
Linked Medians

PRETEST
SUPINE
00:08

BRUCE
0.0 mph
0.0 %

ASIAN HOSPITAL

Lead
ST Level (mm)
ST Slope (mV/s)



II
Raw Data

GE CardioSoft V6.73 (2)
25 mm/s 10 mm/mV 50Hz 0.01Hz FRF+ HR(ILV1)

*Computer Synthesized Rhythms

Start of Test: 1:10:50mm

CARDIO BEATS

Waghmare, Sharda
Patient ID 15530
10.06.2023
1:11:01pm

Linked Medians

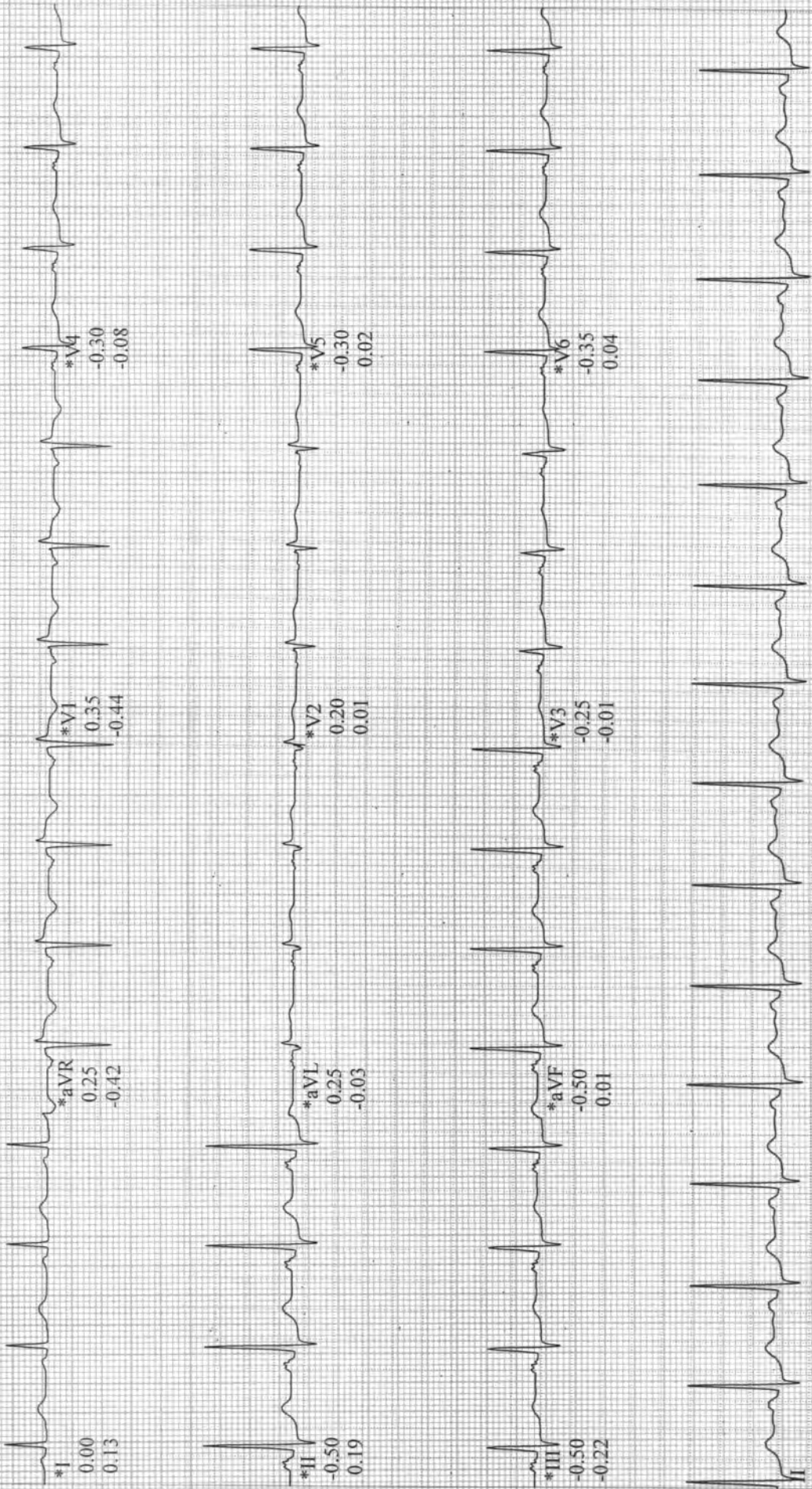
PRETEST
STANDING
00:10

88 bpm
126/89 mmHg

BRUCE
0.0 mph
0.0 %

ASIAN HOSPITAL

Lead
ST Level (mm)
ST Slope (mV/s)



Raw Data

*Computer Synthesized Rhythms

CARDIO BEATS

Waghmare, Sharda
Patient ID 15530
10.06.2023
1:14:57pm

12-Lead Report

BRUCE
1.7 mph
10.0 %

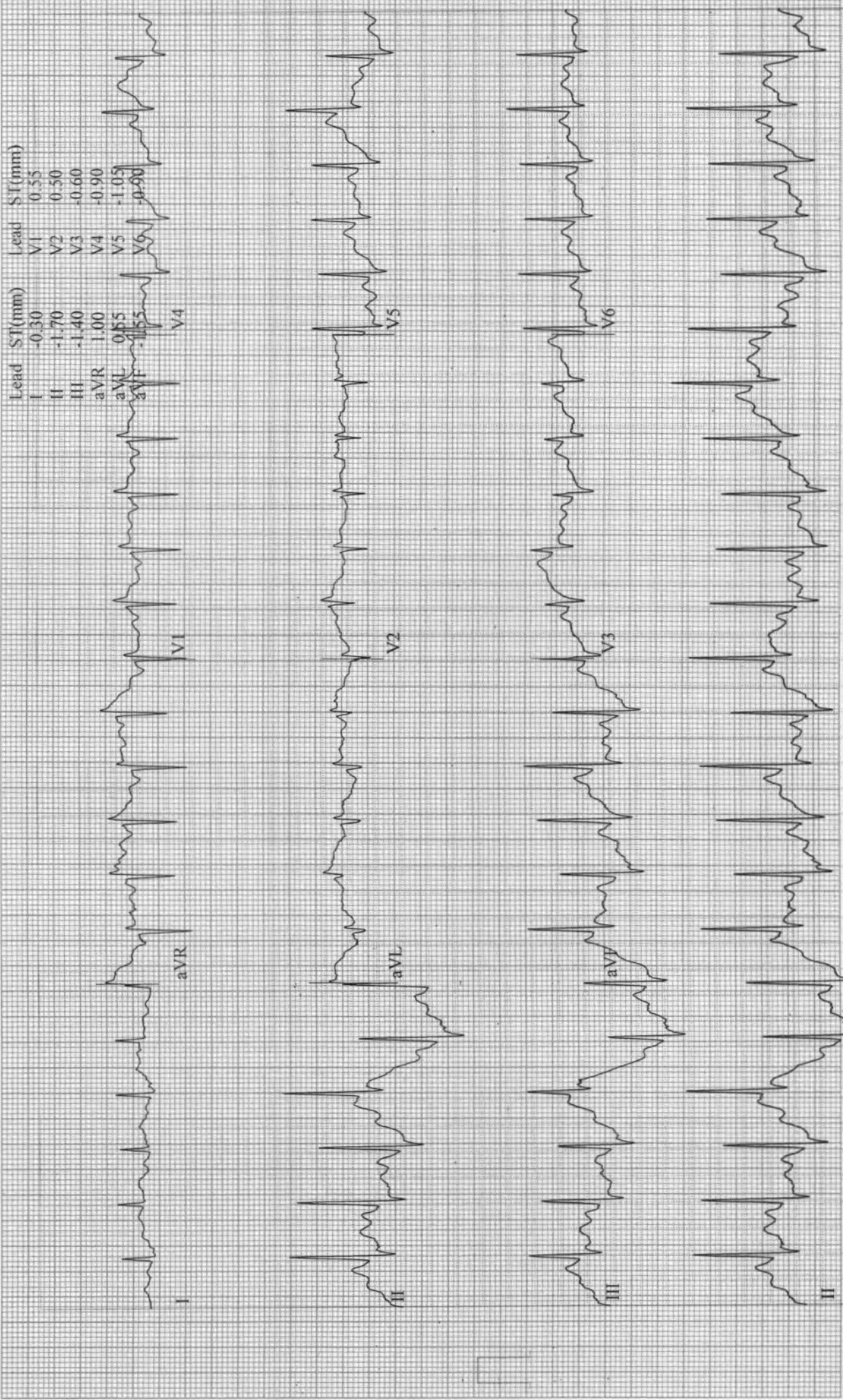
142 bpm
136/89 mmHg

EXERCISE
STAGE 1
02:50

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	-0.30	V1	0.55
II	-1.70	V2	0.50
III	-1.40	V3	-0.60
aVR	1.00	V4	-0.90
aVL	0.65	V5	-1.05
aVF	-1.55	V6	-0.90



Waghmare, Sharda
Patient ID 15530
10.06.2023
1:17:57pm

12-Lead Report

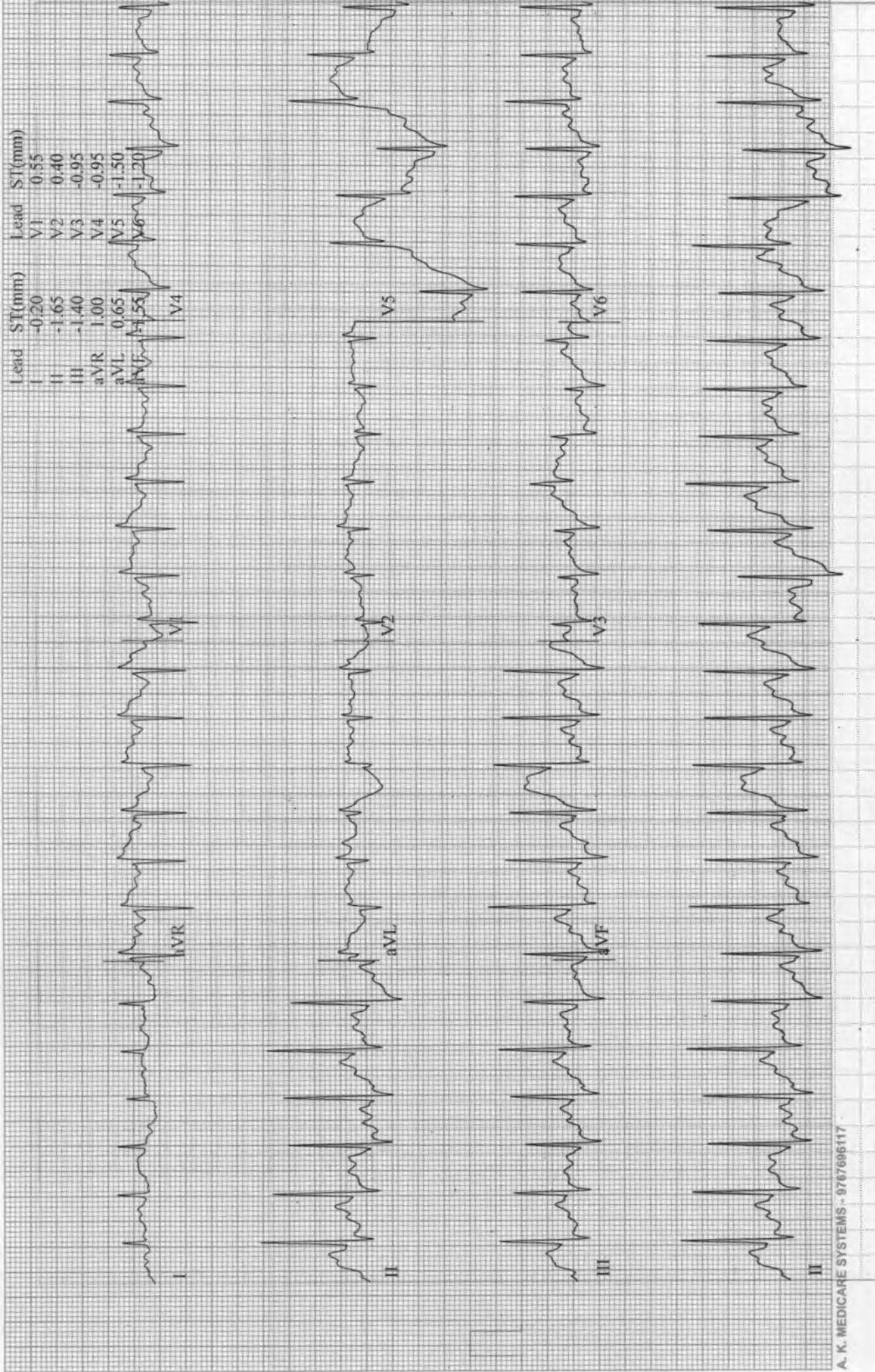
BRUCE
2.5 mph
12.0 %
EXERCISE
STAGE 2
05:50

162 bpm
146/89 mmHg

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	-0.20	V1	0.55
II	-1.65	V2	0.40
III	-1.40	V3	-0.95
aVR	1.00	V4	-0.95
aVL	0.65	V5	-1.50
aVF	-1.55	V6	-1.20



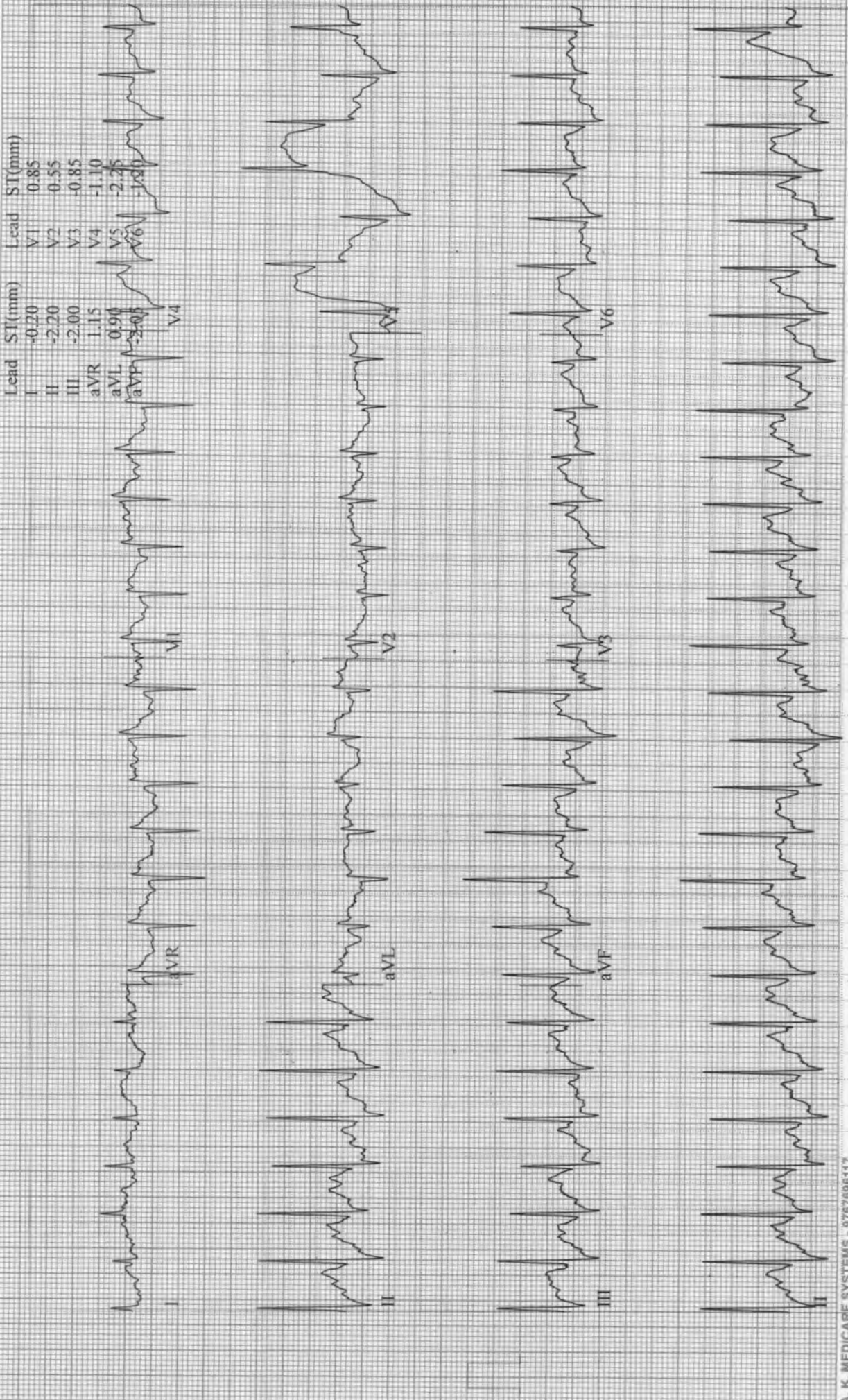
A. K. MEDICARE SYSTEMS - 9767696117

Waghmare, Sharda
Patient ID 15530
10.06.2023
1:18:28pm

12-Lead Report (PEAK EXERCISE)
EXERCISE STAGE 3
06:21
BRUCE
3.4 mph
14.0 %

166 bpm
Measured at 60ms Post J (10mm/mV)
Auto Points

ASIAN HOSPITAL



Waghmare, Sharda
Patient ID 15530
10.06.2023
1:19:18pm

12-Lead Report
RECOVERY
#1
00:50

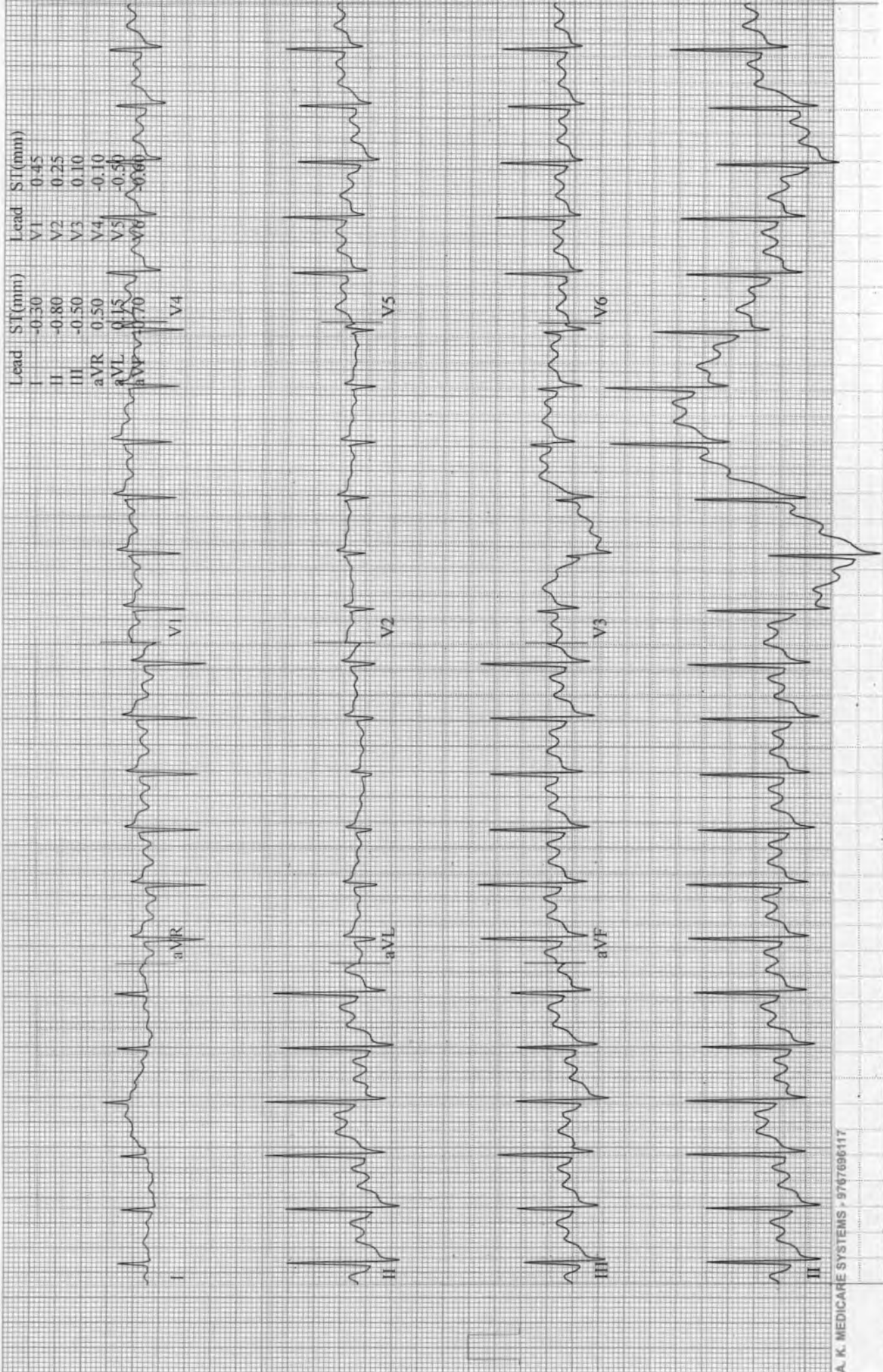
144 bpm

BRUCE
0.0 mph
0.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	-0.30	V1	0.45
II	-0.80	V2	0.25
III	-0.50	V3	0.10
aVR	0.50	V4	-0.10
aVL	0.15	V5	-0.50
aVF	0.70	V6	-0.60



Waghmare, Sharda
 Patient ID 15530
 10.06.2023
 1:20:18pm

12-Lead Report

RECOVERY
 #1
 01:50

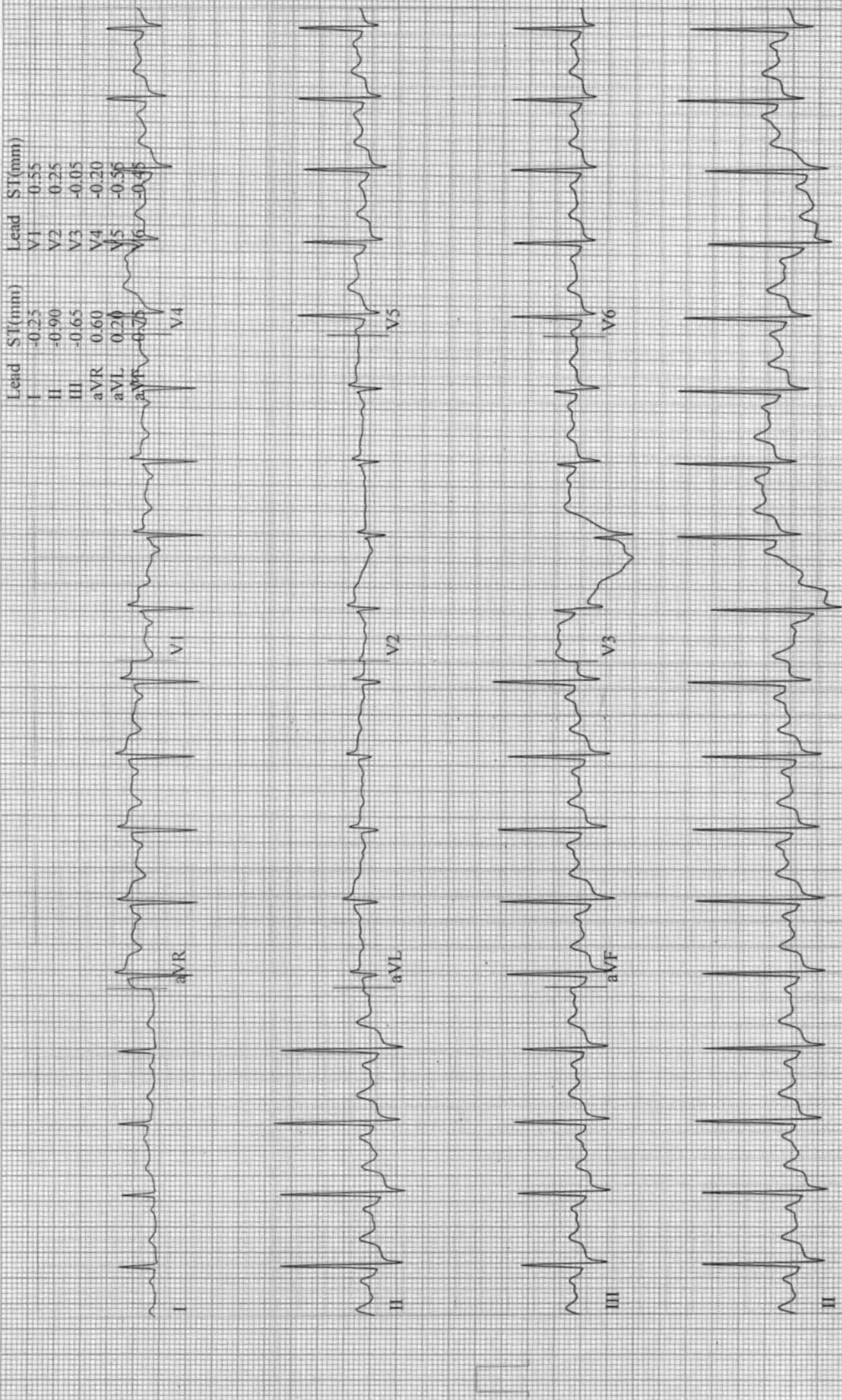
110 bpm

BRUCE
 0.0 mph
 0.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
 Auto Points

Lead	ST (mm)	Lead	ST (mm)
I	-0.25	V1	0.55
II	-0.90	V2	0.25
III	-0.65	V3	-0.05
aVR	0.60	V4	-0.20
aVL	0.20	V5	-0.55
aVF	0.75	V6	-0.45



Waghmare, Sharda
Patient ID 15530
10.06.2023
1:21:18pm

12-Lead Report

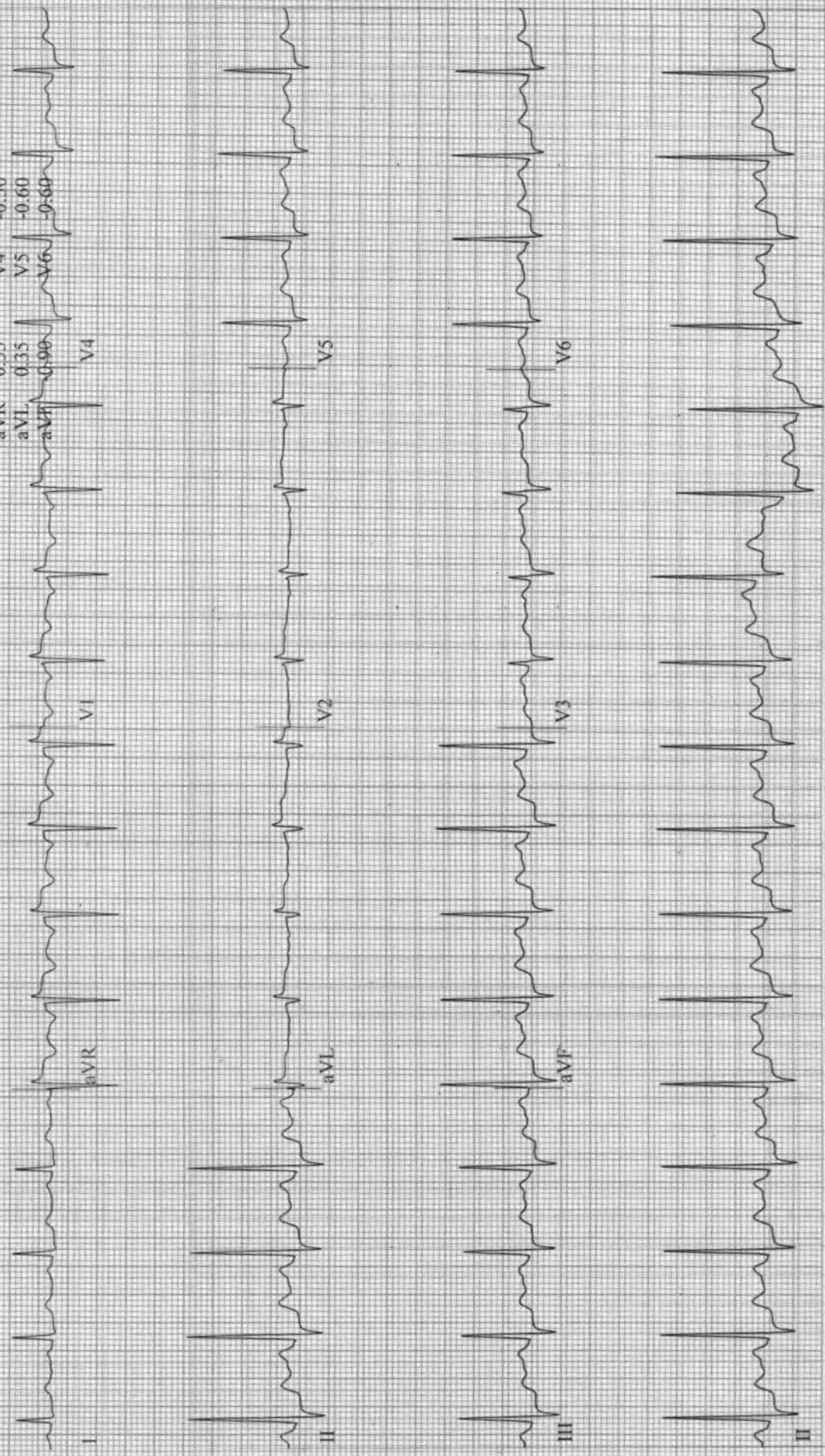
RECOVERY
#1
02:50

105 bpm
156/89 mmHg

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST (mm)	Lead	ST (mm)
I	-0.10	V1	0.45
II	-1.00	V2	0.10
III	-0.85	V3	-0.40
aVR	0.55	V4	-0.50
aVL	0.35	V5	-0.60
aVF	0.90	V6	-0.60



Waghmare, Sharda
Patient ID 15530
10.06.2023
1:22:18pm

12-Lead Report

RECOVERY

#1
03:50

102 bpm

BRUCE
0.0 mph
0.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	-0.15	V1	0.40
II	-1.55	V2	0.45
III	-1.40	V3	-0.25
aVR	0.90	V4	-0.60
aVL	0.60	V5	0.85
aVF	-1.45	V6	-0.60

