

CLIENT'S NAME AND ADDRESS : ACROFEMI HEALTHCARE LTD ( MEDIWHEEL ) F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI NEW DELHI 110030 DELHI INDIA 8800465156

SRL Ltd 34/2, NEW PALASIA, NEAR OM SHANTI BHAWAN CIRCLE,BEHIND INDUSTRY HOUSE INDORE, 452001 MADHYA PRADESH, INDIA Tel : 9111591115, Fax : CIN - U74899PB1995PLC045956 Email : customercare.indore@srl.in

CLIENT PATIENT ID :

REPORTED :

# PATIENT NAME : CHIRAG JOSHI

PATIENT ID : CHIRM245627630

29/03/2022 17:42

ACCESSION NO :	0007VC005743	AGE :	33 Years	SEX : Male

DRAWN :	RECEIVED :	28/03/2022 09:00

Test Report Status <u>Final</u>	Results		Biological Reference	e Interval Units
MEDI WHEEL FULL BODY HEALTH CHECK U	P BELOW 40 MALE			
BLOOD COUNTS,EDTA WHOLE BLOOD				
HEMOGLOBIN	16.9		13.0 - 17.0	g/dL
METHOD : SPECTROPHOTOMETRIC				
RED BLOOD CELL COUNT	5.08		4.5 - 5.5	mil/µL
METHOD : ELECTRICAL IMPEDANCE				
WHITE BLOOD CELL COUNT	8.40		4.0 - 10.0	thou/µL
PLATELET COUNT	282		150 - 410	thou/µL
METHOD : ELECTRICAL IMPEDANCE				
RBC AND PLATELET INDICES				
HEMATOCRIT	49.5		40 - 50	%
METHOD : CALCULATED PARAMETER				<i>a</i>
MEAN CORPUSCULAR VOL	97.0		83 - 101	fL
		Illah	27.0.22.0	
MEAN CORPUSCULAR HGB. METHOD : CALCULATED PARAMETER	33.2	nign	27.0 - 32.0	pg
METHOD : CALCULATED FAXAMETER MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION METHOD : CALCULATED PARAMETER	34.1		31.5 - 34.5	g/dL
MENTZER INDEX	19.1			
RED CELL DISTRIBUTION WIDTH METHOD : CALCULATED PARAMETER	13.0		11.6 - 14.0	%
MEAN PLATELET VOLUME	8.5		6.8 - 10.9	fL
METHOD : CALCULATED PARAMETER				
WBC DIFFERENTIAL COUNT - NLR				
SEGMENTED NEUTROPHILS METHOD : IMPEDENCE / MICROSCOPY	56		40 - 80	%
ABSOLUTE NEUTROPHIL COUNT METHOD : CALCULATED PARAMETER	4.70		2.0 - 7.0	thou/µL
LYMPHOCYTES METHOD : IMPEDENCE / MICROSCOPY	35		20 - 40	%
ABSOLUTE LYMPHOCYTE COUNT METHOD : CALCULATED PARAMETER	2.94		1.0 - 3.0	thou/µL
NEUTROPHIL LYMPHOCYTE RATIO (NLR) METHOD : CALCULATED PARAMETER	1.6			
EOSINOPHILS	04		1 - 6	%





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ACCESSION NO : 0007VC005743 A	GE: 33 Years SEX: Male		
DRAWN :	RECEIVED : 28/03/2022 09:00	REPORTED : 29/03/2022	17:42
<b>REFERRING DOCTOR :</b> DR. BANK OF BAF	RODA	CLIENT PATIENT ID :	
Test Report Status <u>Final</u>	Results	Biological Reference In	terval Units
METHOD : IMPEDENCE / MICROSCOPY			
ABSOLUTE EOSINOPHIL COUNT METHOD : CALCULATED PARAMETER	0.34	0.02 - 0.50	thou/µL
MONOCYTES METHOD : IMPEDENCE / MICROSCOPY	05	2 - 10	%
ABSOLUTE MONOCYTE COUNT METHOD : CALCULATED PARAMETER	0.42	0.2 - 1.0	thou/µL
DIFFERENTIAL COUNT PERFORMED ON:	EDTA SMEAR		
Comments			
Please note that : The Automatic analyzer used to estimate Com correlated manually with microscopic picture. <b>ERYTHRO SEDIMENTATION RATE, B</b>		counts) is "ABX PENTRA XL 80" (HOR	IBA); the values are
SEDIMENTATION RATE (ESR) METHOD : WESTERGREN METHOD	06	0 - 14	mm at 1 hr
GLUCOSE, FASTING, PLASMA			
GLUCOSE, FASTING, PLASMA	103	<b>High</b> 74 - 99	mg/dL
METHOD : HEXOKINASE			-
GLYCOSYLATED HEMOGLOBIN, EDTA	A WHOLE BLOOD		
GLYCOSYLATED HEMOGLOBIN (HBA1C)	4.9	Non-diabetic: < 5.7 Pre-diabetics: 5.7 - 6.4 Diabetics: > or = 6.5 ADA Target: 7.0 Action suggested: > 8.0	%
METHOD : HPLC			
MEAN PLASMA GLUCOSE METHOD : CALCULATED PARAMETER	93.9	< 116.0	mg/dL
GLUCOSE, POST-PRANDIAL, PLASMA	A		
GLUCOSE, POST-PRANDIAL, PLASMA	125	Normal: < 140, Impaired Glucose Tolerand 199 Diabetic > or = 200	mg/dL ce:140-
METHOD : HEXOKINASE			
CORONARY RISK PROFILE (LIPID P	ROFILE), SERUM		
CHOLESTEROL	154	Desirable: <200 BorderlineHigh : 200-239 High : > or = 240	mg/dL
METHOD COVIDACE ECTEDACE DEDOVIDACE			

METHOD : OXIDASE, ESTERASE, PEROXIDASE







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REFERRING DOCTOR : DR. BANK OF BARODA

CLIENT PATIENT ID :

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TRIGLYCERIDES	291	High	Desirable: < 150 Borderline High: 150 - 199 High: 200 - 499 Very High : > or = 500	mg/dL	
METHOD : ENZYMATIC ASSAY					
HDL CHOLESTEROL	25	Low	< 40 Low > or = 60 High	mg/dL	
DIRECT LDL CHOLESTEROL	108	High	Adult levels: Optimal < 100 Near optimal/above optimal: 1 129 Borderline high : 130-159 High : 160-189 Very high : = 190	mg/dL 100-	
NON HDL CHOLESTEROL	129		Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	mg/dL	
CHOL/HDL RATIO	6.2	High	3.30 - 4.40		
LDL/HDL RATIO	4.3	High	0.5 - 3.0		
VERY LOW DENSITY LIPOPROTEIN	58.2	High	< or = 30.0	mg/dL	
LIVER FUNCTION PROFILE, SERUM					
BILIRUBIN, TOTAL METHOD : JENDRASSIK AND GROFF	0.86		0.0 - 1.2	mg/dL	
BILIRUBIN, DIRECT METHOD : DIAZOTIZATION	0.29	High	0.0 - 0.2	mg/dL	
BILIRUBIN, INDIRECT	0.57		0.00 - 1.00	mg/dL	
TOTAL PROTEIN METHOD : BIURET	7.8		6.4 - 8.3	g/dL	
ALBUMIN METHOD : BROMOCRESOL PURPLE	4.4		3.50 - 5.20	g/dL	
GLOBULIN	3.4		2.0 - 4.1	g/dL	
ALBUMIN/GLOBULIN RATIO	1.3		1.0 - 2.0	RATIO	
ASPARTATE AMINOTRANSFERASE (AST/SGOT) METHOD : UV WITH P5P	27		UPTO 40	U/L	
ALANINE AMINOTRANSFERASE (ALT/SGPT) METHOD : UV WITH P5P	50	High	UP TO 45	U/L	
ALKALINE PHOSPHATASE METHOD : PNPP	117		40 - 129	U/L	







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GAMMA GLUTAMYL TRANSFE	PASE (GGT)	27		8 - 61	U/L
METHOD : G-GLUTAMYL-CARBOXY-I	· · ·	27		0 01	0/L
LACTATE DEHYDROGENASE		225		135 - 225	U/L
METHOD : ENZYMATIC LACTATE - P	YRUVATE(IFCC)				
SERUM BLOOD UREA NIT	ROGEN				
BLOOD UREA NITROGEN		11		6 - 20	mg/dL
METHOD : UREASE KINETIC					
CREATININE, SERUM					
CREATININE		0.97		0.70 - 1.20	mg/dL
METHOD : ALKALINE PICRATE-KINE	ETIC				
<b>BUN/CREAT RATIO</b>					
BUN/CREAT RATIO		11.34		5.0 - 15.0	
URIC ACID, SERUM					
URIC ACID		7.5	High	3.5 - 7.2	mg/dL
METHOD : URICASE/CATALASE UV					
TOTAL PROTEIN, SERUM					
TOTAL PROTEIN		7.8		6.4 - 8.3	g/dL
METHOD : BIURET					
ALBUMIN, SERUM					
ALBUMIN		4.4		3.5 - 5.2	g/dL
METHOD : BROMOCRESOL PURPLE					
GLOBULIN					
GLOBULIN		3.4		2.0 - 4.1	g/dL
ELECTROLYTES (NA/K/CL	L), SERUM				
SODIUM		137.0		136.0 - 146.0	mmol/L
POTASSIUM		4.10		3.50 - 5.10	mmol/L
CHLORIDE		105.3		98.0 - 106.0	mmol/L
URINALYSIS					
COLOR		PALE YELLOW			
METHOD : MACROSCOPY					
APPEARANCE		CLEAR			
METHOD : VISUAL					
PH		5.5		4.7 - 7.5	
METHOD : PH INDICATOR AND REF	LECTANCE				
SPECIFIC GRAVITY		<=1.005		1.003 - 1.035	
METHOD : REFLECTANCE SPECTRON	PHOTOMETRY				







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GLUCOSE	NOT DETECTED	NOT DETECTED	
METHOD : GLUCOSE OXIDASE			
PROTEIN	NOT DETECTED	NOT DETECTED	
METHOD : PROTEIN ERROR OF INDICATORS WITH REFLECTANCE			
KETONES	NOT DETECTED	NOT DETECTED	
METHOD : ROTHERA'S WITH REFLECTANCE			
BLOOD	NOT DETECTED	NOT DETECTED	
METHOD : PEROXIDASE METHOD WITH REFLECTANCE			
BILIRUBIN	NOT DETECTED	NOT DETECTED	
	NORMAL	NORMAL	
	NORMAL	NORMAL	
METHOD : EHRLICH REACTION REFLECTANCE		NOT DETECTED	
	NOT DETECTED	NOT DETECTED	
METHOD : DIAZOTIZED WITH REFLECTANCE	2-3	0.5	
PUS CELL (WBC'S) METHOD : ESTERASES METHOD WITH REFLECTANCE	2-3	0-5	/HPF
EPITHELIAL CELLS	1-2	0-5	/HPF
METHOD : MICROSCOPIC EXAMINATION	1-2	0-5	/TIPE
ERYTHROCYTES (RBC'S)	NOT DETECTED	NOT DETECTED	/HPF
CASTS	NOT DETECTED		
METHOD : MICROSCOPIC EXAMINATION			
CRYSTALS	NOT DETECTED		
METHOD : MICROSCOPIC EXAMINATION			
BACTERIA	NOT DETECTED	NOT DETECTED	
METHOD : MICROSCOPIC EXAMINATION			
REMARKS	Please note that all the ur	inary findings are confirmed mar	ually as well.
THYROID PANEL, SERUM			
ТЗ	108.3	80.00 - 200.00	ng/dL
METHOD : ELECTROCHEMILUMINESCENCE IMMUNO ASSAY			2.
Τ4	6.95	5.10 - 14.10	µg/dL
METHOD : ELECTROCHEMILUMINESCENCE IMMUNO ASSAY			
TSH 3RD GENERATION	2.180	0.270 - 4.200	µIU/mL
METHOD : ELECTROCHEMILUMINESCENCE IMMUNO ASSAY			
ABO GROUP & RH TYPE, EDTA WHOLE BLOOD			
ABO GROUP	TYPE B		
METHOD : TUBE AGGLUTINATION			
RH TYPE	POSITIVE		







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CLIENT CODE: C000138355

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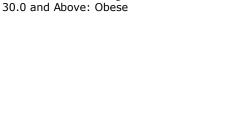
**REPORTED** :

REFERRING DOCTOR : DR. BANK OF BARODA		CLIENT PATIENT ID :			
Test Report Status <u>Final</u>	Results	Biological Reference Interval Units			
METHOD : TUBE AGGLUTINATION XRAY-CHEST					
»»	BOTH THE LUNG F				
»»		PHRENIC AND CARIOPHRENIC ANGELS ARE CLEAR			
»»	BOTH THE COSTOPHRENIC AND CARLOPHRENIC ANGELS ARE CLEAR BOTH THE HILA ARE NORMAL				
»»		TIC SHADOWS APPEAR NORMAL			
»»		OF THE DIAPHRAM ARE NORMAL			
»»					
"" IMPRESSION	VISUALIZED BONY THORAX IS NORMAL NO ABNORMALITY DETECTED				
TMT OR ECHO	NO ADNORMALI I	DETECTED			
TMT OR ECHO	TMT ON NEXT VISI	τ			
ECG	TMT ON NEXT VISI	.1			
ECG	WITHIN NORMAL L	IMITS ( SUNUS RHYTHM, NORMAL ECG)			
RELEVANT PRESENT HISTORY	NOT SIGNIFICANT				
RELEVANT PAST HISTORY	NOT SIGNIFICANT				
RELEVANT PERSONAL HISTORY	NOT SIGNIFICANT				
RELEVANT FAMILY HISTORY	CAD :- GRAND FAT	HER			
OCCUPATIONAL HISTORY	NOT SIGNIFICANT				
HISTORY OF MEDICATIONS	NOT SIGNIFICANT				
ANTHROPOMETRIC DATA & BMI					
HEIGHT IN METERS	1.68	mts			
WEIGHT IN KGS.	74	Kgs			
ВМІ	26	BMI & Weight Status as follows: kg/sqmts Below 18.5: Underweight 18.5 - 24.9: Normal 25.0 - 29.9: Overweight 30.0 and Above: Obese			

# **GENERAL EXAMINATION**

MENTAL / EMOTIONAL STATE PHYSICAL ATTITUDE GENERAL APPEARANCE / NUTRITIONAL STATUS **BUILT / SKELETAL FRAMEWORK** FACIAL APPEARANCE SKIN

NORMAL NORMAL **OVERWEIGHT** AVERAGE NORMAL NORMAL









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UPPER LIMB	NORMAL		
LOWER LIMB	NORMAL		
NECK	NORMAL		
NECK LYMPHATICS / SALIVARY GLANDS	NOT ENLARGED OR TENDE	R	
THYROID GLAND	NOT ENLARGED		
CAROTID PULSATION	NORMAL		
BREAST (FOR FEMALES)	NORMAL		
TEMPERATURE	AFEBRILE		
PULSE	79/MIN		
RESPIRATORY RATE	NORMAL		
CARDIOVASCULAR SYSTEM			
BP	118/80	mm/	/Hg
PERICARDIUM	NORMAL		
APEX BEAT	NORMAL		
HEART SOUNDS	S1, S2 HEARD NORMALLY		
MURMURS	ABSENT		
RESPIRATORY SYSTEM			
SIZE AND SHAPE OF CHEST	NORMAL		
MOVEMENTS OF CHEST	SYMMETRICAL		
BREATH SOUNDS INTENSITY	NORMAL		
BREATH SOUNDS QUALITY	VESICULAR (NORMAL)		
ADDED SOUNDS	ABSENT		
PER ABDOMEN			
APPEARANCE	NORMAL		
VENOUS PROMINENCE	ABSENT		
LIVER	NOT PALPABLE		
SPLEEN	NOT PALPABLE		
HERNIA	ABSENT		
CENTRAL NERVOUS SYSTEM			
HIGHER FUNCTIONS	NORMAL		
CRANIAL NERVES	NORMAL		
CEREBELLAR FUNCTIONS	NORMAL		
SENSORY SYSTEM	NORMAL		







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MOTOR SYSTEM	NORMAL		
REFLEXES	NORMAL		
MUSCULOSKELETAL SYSTEM			
SPINE	NORMAL		
JOINTS	NORMAL		
BASIC EYE EXAMINATION			
CONJUNCTIVA	NORMAL		
EYELIDS	NORMAL		
EYE MOVEMENTS	NORMAL		
CORNEA	NORMAL		
BASIC ENT EXAMINATION			
EXTERNAL EAR CANAL	HEAVY WITHIN NORMAL	_ LIMIT	
TYMPANIC MEMBRANE	NORMAL		
NOSE	NO ABNORMALITY DETE	CTED	
SINUSES	CLEAR		
THROAT	NO ABNORMALITY DETE	CTED	
TONSILS	NOT ENLARGED		
SUMMARY			
RELEVANT HISTORY	NOT SIGNIFICANT		
RELEVANT GP EXAMINATION FINDINGS	NOT SIGNIFICANT		
RELEVANT LAB INVESTIGATIONS	WITHIN NORMAL LIMIT	S	
RELEVANT NON PATHOLOGY DIAGNOSTICS	NO ABNORMALITIES DE	TECTED	
REMARKS / RECOMMENDATIONS	NONE		
FITNESS STATUS			
FITNESS STATUS	FIT (WITH MEDICAL AD	VICE) (AS PER REQUESTED PANEL OF	TESTS)







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REFERRING DOCTOR : DR. BANK OF BARODA			CLIEN	T PATIENT ID :	

**REFERRING DOCTOR : DR. BANK OF BARODA** 

Test Report Status         Final         Results         Biological Reference Interval         Units
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### Comments

BASIC EYE EXAMINATION -

DISTANT VISION - WITHOUT GLASSES

RIGHT EYE : (6/6) WITHIN NORMAL LIMITS

LEFT EYE : (6/6) WITHIN NORMAL LIMITS

NEAR VISION - WITHOUT GLASSES

RIGHT EYE : (N/6) WITHIN NORMAL LIMITS

: (N/6) WITHIN NORMAL LIMITS I FFT FYF

COLOR VISION : NORMAL

CLINICAL FINDINGS :-

RAISED SGPT.

RAISED URIC ACID.

DYSLIPIDEMIA.

OVER WEIGHT STATUS.

FITNESS STATUS :-

FITNESS STATUS : FIT (WITH MEDICAL ADVICE) (AS PER REQUESTED PANEL OF TESTS)

ADVICE : WEIGHT REDUCTION, LOW FAT& CARBOHYDRATE DIET AND REGULAR PHYSICAL EXERCISE FOR OVERWEIGHT STATUS AND DYSLIPIDEMIA.

NEED PHYSICIAN CONSULTATION FOR LIFE STYLE MODIFICATION.

#### Interpretation(s)

BLOOD COUNTS, EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology. RBC AND PLATELET INDICES-

Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait (<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait. WBC DIFFERENTIAL COUNT - NLR-

The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients A.-P. Yang, et al. International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope.

ERYTHRO SEDIMENTATION RATE, BLOOD-Erythrocyte sedimentation rate (ESR) is a non - specific phenomena and is clinically useful in the diagnosis and monitoring of



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disorders associated with an increased production of acute phase reactants. The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week post partum. ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives). It is especially low (0 -1mm) in polycythaemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis or sickle cells.

Reference

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition

Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin
 The reference for the adult reference range is "Practical Haematology by Dacie and Lewis, 10th Edition"

GLUCOSE, FASTING, PLASMA-

ADA 2021 guidelines for adults, after 8 hrs fasting is as follows: Pre-diabetics: 100 - 125 mg/dL

Diabetic: > or = 126 mg/dL GLYCOSYLATED HEMOGLOBIN, EDTA WHOLE BLOOD-

Glycosylated hemoglobin (GHb) has been firmly established as an index of long-term blood glucose concentrations and as a measure of the risk for the development of complications in patients with diabetes mellitus. Formation of GHb is essentially irreversible, and the concentration in the blood depends on both the life span of the red blood cell (average 120 days) and the blood glucose concentration. Because the rate of formation of GHb is directly proportional to the concentration of glucose in the blood, the GHb concentration represents the integrated values for glucose over the preceding 6-8 weeks. Any condition that alters the life span of the red blood cells has the potential to alter the GHb level. Samples from patients with hemolytic anemias will exhibit decreased

glycated hemoglobin values due to the shortened life span of the red cells. This effect will depend upon the severity of the anemia. Samples from patients with polycythemia or post-splenectomy may exhibit increased glycated hemoglobin values due to a somewhat longer life span of the red cells. Glycosylated hemoglobins results from patients with HbSS, HbCC, and HbSC and HbD must be interpreted with caution, given the pathological processes, including anemia,

increased red cell turnover, transfusion requirements, that adversely impact HbA1c as a marker of long-term glycemic control. In these conditions, alternative forms of testing such as glycated serum protein (fructosamine) should be considered.

Targets should be individualized More or less stringent glycemic goals may be appropriate for individual patients. Goals should be individualized based on duration of diabetes, age/life expectancy, comorbid conditions, known CVD or advanced microvascular complications, hypoglycemia unawareness, and individual patient considerations.'

References

Tietz Textbook of Clinical Chemistry and Molecular Diagnostics, edited by Carl A Burtis, Edward R.Ashwood, David E Bruns, 4th Edition, Elsevier publication, 2006, 879-884.

2. Forsham PH. Diabetes Mellitus: A rational plan for management. Postgrad Med 1982, 71,139-154.

3. Mayer TK, Freedman ZR: Protein glycosylation in Diabetes Mellitus: A review of laboratory measurements and their clinical utility. Clin Chim Acta 1983, 127, 147-184. GLUCOSE, POST-PRANDIAL, PLASMA-ADA Guidelines for 2hr post prandial glucose levels is only after ingestion of 75 grams of glucose in 300 ml water, over a period of 5 minutes.

CORONARY RISK PROFILE (LIPID PROFILE), SERUM-Serum cholesterol is a blood test that can provide valuable information for the risk of coronary artery disease This test can help determine your risk of the build up of plaques in your arteries that can lead to narrowed or blocked arteries throughout your body (atherosclerosis). High cholesterol levels usually don""""""""" tause any signs or symptoms, so a cholesterol test is an important tool. High cholesterol levels often are a significant risk factor for heart disease and important for diagnosis of hyperlipoproteinemia, atherosclerosis, hepatic and thyroid diseases.

diabetes with elevated blood sugar levels. Analysis has proven useful in the diagnosis and treatment of patients with diabetes mellitus, nephrosis, liver obstruction, other diseases involving lipid metabolism, and various endocrine disorders. In conjunction with high density lipoprotein and total serum cholesterol, a triglyceride determination provides valuable information for the assessment of coronary heart disease risk. It is done in fasting state.

High-density lipoprotein (HDL) cholesterol. This is sometimes called the ""good"" cholesterol because it helps carry away LDL cholesterol, thus keeping arteries open and blood flowing more freely. HDL cholesterol is inversely related to the risk for cardiovascular disease. It increases following regular exercise, moderate alcohol consumption and with oral estrogen therapy. Decreased levels are associated with obesity, stress, cigarette smoking and diabetes mellitus.

SERUM LDL The small dense LDL test can be used to determine cardiovascular risk in individuals with metabolic syndrome or established/progressing coronary artery disease, individuals with triglyceride levels between 70 and 140 mg/dL, as well as individuals with a diet high in trans-fat or carbohydrates. Elevated sdLDL levels are associated with metabolic syndrome and an 'atherogenic lipoprotein profile', as we a strong, independent predictor of cardiovascular disease. Elevated levels of LDL arise from multiple sources. A major factor is sedentary lifestyle with a diet high in saturated fat. Insulin-resistance and pre-diabetes have also been implicated, as has genetic predisposition. Measurement of sdLDL allows the clinician to get a more comprehensive picture of lipid risk factors and tailor treatment accordingly. Reducing LDL levels will reduce the risk of CVD and MI.

#### Recommendations:

Results of Lipids should always be interpreted in conjunction with the patient's medical history, clinical presentation and other findings.

NON FASTING LIPID PROFILE includes Total Cholesterol, HDL Cholesterol and calculated non-HDL Cholesterol. It does not include triglycerides and may be best used in patients for whom fasting is difficult.

LIVER FUNCTION PROFILE, SERUM-LIVER FUNCTION PROFILE

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. Elevated levels results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated





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### **PATIENT NAME : CHIRAG JOSHI**

PATIENT ID : CHIRM245627630

ACCESSION NO :	0007VC005743	AGE: 33 Years SEX: Male			
DRAWN :		RECEIVED : 28/03/2022 09:00	REPORTED :	29/03/2022 17:42	
REFERRING DOCTOR : DR. BANK OF BARODA			CLIEN	T PATIENT ID :	

Test Report Status         Final         Results         Biological Reference Interval         Units
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(indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors &Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood.ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health.AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the liver, chronic

source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc. Serum total

globulin.Higher-than-normal levels may be due to: Agammaglobulinemia,Bleeding (hemorrhage),Burns,Glomerulonephritis,Liver disease, Malabsorption,Malnutrition,Nephrotic syndrome, Protein-losing enteropathy etc. Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy,Burns,hemodilution,increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc SERUM BLOOD UREA NITROGEN-Causes of Increased levels

Pre renal

• High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal

 Renal Failure Post Renal

• Malignancy, Nephrolithiasis, Prostatism

Causes of decreased levels

Liver disease

STADH.

CREATININE, SERUM-Higher than normal level may be due to:

 Blockage in the urinary tract Kidney problems, such as kidney damage or failure, infection, or reduced blood flow
 Loss of body fluid (dehydration)

Muscle problems, such as breakdown of muscle fibers

Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

Myasthenia Gravis

 Muscular dystrophy
 URIC ACID, SERUM-Causes of Increased levels Dietary

• High Protein Intake. Prolonged Fasting, Rapid weight loss Gout Lesch nyhan syndrome.

Type 2 DM. Metabolic syndrome.

Causes of decreased levels Low Zinc Intake

OCP's

Multiple Sclerosis

Nutritional tips to manage increased Uric acid levels

- Drink plenty of fluids
- Limit animal proteinsHigh Fibre foods

Vit C Intake

Antioxidant rich foods

TOTAL PROTEIN, SERUM-Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum.. Protein in the plasma is made up of albumin and globulin



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Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom''''''s disease Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage),Burns,Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc.

ALBUMIN, SERUM-Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc. ELECTROLYTES (NA/K/CL), SERUM-ELECTROLYTES (NA/K/CL), SERUM

Sodium levels are Increased in dehydration, cushing"""'s syndrome, aldosteronism & decreased in Addison"""'s disease, hypopituitarism, liver disease. Hypokalemia (low K) is common in vomiting, diarrhea, alcoholism, folic acid deficiency and primary aldosteronism. Hyperkalemia may be seen in end-stage renal failure, hemolysis, trauma, Addison""""'s disease, metabolic acidosis, acute starvation, dehydration, and with rapid K infusion.Chloride is increased in dehydration, renal tubular acidosis (hyperchloremia metabolic acidosis), acute renal failure, metabolic acidosis associated with prolonged diarrhea and loss of sodium bicarbonate, diabetes insipidus, adrenocortical hyperfuction, salicylate intoxication and with excessive infusion of isotonic saline or extremely high dietary intake of salt. Chloride is decreased in

overhydration, chronic respiratory acidosis, salt-losing nephritis, metabolic alkalosis, congestive heart failure, Addisonian crisis, certain types of metabolic acidosis, persistent gastric secretion and prolonged vomiting,

URINALYSIS-Routine urine analysis assists in screening and diagnosis of various metabolic, urological, kidney and liver disorders

Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urinary tract infections and acute illness with fever

Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine. Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.

Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine. Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous exercise.

Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders.

Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys. Most common cause is bacterial urinary tract infection. Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration during infection increases with length of time the urine specimen is retained in bladder prior to collection.

pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/ alkalosis or ingestion of certain type of food can affect the pH of urine.

Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decreased specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus.

Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine. Urobilinogen: Positive results are seen in liver diseases like hepatitis and cirrhosis and in cases of hemolytic anemia

THYROID PANEL, SERUM-

Trilodothyronine T3, is a thyroid hormone. It affects almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate. Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Thyroxine T4, Thyroxine's principal function is to stimulate the metabolism of all cells and tissues in the body. Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the

circulating hormone is free and biologically active. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

Below	mentioned	are the	guidelines	for Pregnancy	related	reference	ranges for	Total T4,	TSH & Total T3	

Levels in	TOTAL T4	TSH3G	TOTAL T3	
Pregnancy	(µg/dL)	(µIU/mL)	(ng/dL)	
First Trimester	6.6 - 12.4	0.1 - 2.5	81 - 190	
2nd Trimester	6.6 - 15.5	0.2 - 3.0	100 - 260	
3rd Trimester	6.6 - 15.5	0.3 - 3.0	100 - 260	
Below mentioned a	re the guidelines	for age related referen	ce ranges for T3 and T	4.

below mendoned are the	galacinics for age related for
Т3	T4
(ng/dL)	(µg/dL)
New Born: 75 - 260	1-3 day: 8.2 - 19.9
	1 Week: 6.0 - 15.9

NOTE: TSH concentrations in apparently normal euthyroid subjects are known to be highly skewed, with a strong tailed distribution towards higher TSH values. This is well documented in the pediatric population including the infant age group. Kindly note: Method specific reference ranges are appearing on the report under biological reference range.

### Reference:

1. Burtis C.A., Ashwood E. R. Bruns D.E. Teitz textbook of Clinical Chemistry and Molecular Diagnostics, 4th Edition.

Gowenlock A.H. Varley's Practical Clinical Biochemistry, 6th Edition.
 Behrman R.E. Kilegman R.M., Jenson H. B. Nelson Text Book of Pediatrics, 17th Edition

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for





CLIENT CODE : C000138355

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Test Report Status	<u>Final</u>	Results	Biological Reference Interval Units

availability of the same."

The test is performed by both forward as well as reverse grouping methods.

MEDICAL THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVIOLABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.

#### FITNESS STATUS-

Conclusion on an individual's Fitness, which is commented upon mainly for Pre employment cases, is based on multi factorial findings and does not depend on any one single parameter. The final Fitness assigned to a candidate will depend on the Physician's findings and overall judgement on a case to case basis, details of the candidate's past and personal history as well as the comprehensiveness of the diagnostic panel which has been requested for . These are then further correlated with details of the job under consideration to eventually fit the right man to the right job.

 Basis the above, SRL classifies a candidate's Fitness Status into one of the following categories:
 Fit (As per requested panel of tests) – SRL Limited gives the individual a clean chit to join the organization, on the basis of the General Physical Examination and the specific test panel requested for.

Specific test panel requested for. • Fit (with medical advice) (As per requested panel of tests) - This indicates that although the candidate can be declared as FIT to join the job, minimal problems have been detected during the Pre- employment examination. Examples of conditions which could fall in this category could be cases of mild reversible medical abnormalities such as height weight disproportions, borderline raised Blood Pressure readings, mildly raised Blood sugar and Blood Lipid levels, Hematuria, etc. Most of these relate to sedentary lifestyles and come under the broad category of life style disorders. The idea is to caution an individual to bring about certain lifestyle changes as well as seek a Physician's

 Fitness on Hold (Temporary Unfit) (As per requested panel of tests) - Candidate's reports are kept on hold when either the diagnostic tests or the physical findings reveal the presence of a medical condition which warrants further tests, counseling and/or specialist opinion, on the basis of which a candidate can either be placed into Fit, Fit (With Medical Advice), or Unfit category. Conditions which may fall into this category could be high blood pressure, abnormal ECG, heart murmurs, abnormal vision, grossly elevated blood sugars, etc.

• Unfit (As per requested panel of tests) - An unfit report by SRL Limited clearly indicates that the individual is not suitable for the respective job profile e.g. total color blindness in color related jobs.







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**REFERRING DOCTOR : DR. BANK OF BARODA** 

Test Report Status	<u>Final</u>	Results	Units

# MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

### **ULTRASOUND ABDOMEN**

### **ULTRASOUND ABDOMEN**

NO ABNORMALITIES DETECTED

### Comments

U.S.G OF WHOLE ABDOMEN

Liver is normal in size and shape with smooth outline. Parenchymal echotexture is homogeneous. Intra & Extra hepatic biliary radicals are normal. Portal vein and C.B.D are normal in caliber.

Gall Bladder is normal, thin walled & its lumen is echo free.

Spleen is normal in size, shape & echotexture.

Pancreas is normal in size, shape & echotexure.

Both Kidneys are normal in size, shape and echotexture. Central pelvicalyceal system is normal. Corticomedullary differentiation is maintained.

IVC and AO is normal in caliber. No lymphadenopathy.

Urinary Bladder is normal thin walled, there is no calculus.

Prostate is normal in size & echotexture.

IMPRESSION- No Significant abnormality seen in USG of Whole Abdomen.

Dr G S Saluja. MBBS, DMRD

REG. NO. 4005 (Consultant Radiologist)

> \*\*End Of Report\*\* Please visit www.srlworld.com for related Test Information for this accession







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29/03/2022 17:42

ACCESSION NO: 0007VC005743 AGE: 33 Years SEX: Ma	ACCESSION NO :	0007VC005743	AGE :	33 Years	SEX : Mal
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DRAWN:

CLIENT PATIENT ID :

**REPORTED** :

**Test Report Status Final** 

Results

RECEIVED : 28/03/2022 09:00

Units

Dr. Rashmi Patidar ,MD Pathologist

Dr.Arpita Pasari, MD **Consultant Pathologist** 



