

Name : Mrs. MITALI SEN (55 /F)

Date : 08/08/2024

Address : 48/2/2 DR SUNDAR GOPAL DHAR LANE PO KHAGRA, MURSHIDABAD,  
MURSHIDABAD, WEST BENGAL, INDIA

Examined by: Dr .SUCHISMITA BHAUMIK

UHID : AMHL.0002399351

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE  
FEMALE HCK

AHC No : AMHLAH214170



## CHIEF COMPLAINTS

For corporate health checkup  
C/O Hot flushes

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Stroke, Asthma  
Hypertension Since - 5 yrs; Medication -  
regular



## DRUG ALLERGY

NO KNOWN ALLERGY :08/08/2024



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

Sneezing - on and off; Exacerbated by - allergens,  
dust

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Gynaec history

Last menstrual period - 8 months ago; No of  
Children - 2; Deliveries - normal vaginal delivery;  
Menopause - yes

### Eyes

Vision - normal with glasses

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
Back - pain; Knee (bilateral) - pain

### Skin

- Nil Significant



### Present medications

- names not known



### Past medical history

Do you have any - Yes  
allergies?  
Allergies - dust  
Do you have any drug - No  
allergies?  
Covid 19 - No  
Jaundice - in childhood



### Surgical history

Surgical history - Nil



### Personal history

Marital status - Married  
No. of children - 2  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild



### Family history

Father - has expired  
Mother - has expired  
Sisters - 2  
Diabetes - sisters  
Hypertension - father,mother,sisters  
Coronary artery - none  
disease  
Cancer - None

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## PHYSICAL EXAMINATION



### General

Build - normal  
Height - 151  
Weight - 57  
BMI - 25  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 81  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 154  
Diastolic(mm of Hg) - 83  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Organomegaly - No  
Tenderness - No



### Skin

- No significant finding

### Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/6 LE:6/6  
BCVA:RE:N6 LE:N6  
OCULAR MOVEMENT:  
WNL ANT.SEG: WNLS (BE)  
ADVICE:\*To continue  
present glass Rx\*Review  
after 1yr/SOS

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### COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	12.5	g/dl	●	12.0-15.0
RBC COUNT	4.06	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	39.5	%	●	36-46
MCV	97.3	fl	●	83-101
MCH	30.8	pg	●	27-32
MCHC	31.7	%	●	31.5-34.5
RDW	15.2 *	%	●	11.8-14.0
WBC Count	7500	/cu mm	●	4000-10000
Platelet Count	1.52	lacs/cu mm	●	1.5-4.0
Neutrophils	61	%	●	40-80
Lymphocytes	29	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	05	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	17	mm/1st hr	●	0-20

### URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	1-2	/hpf		
Epithelial Cells	3-5			

Casts: Not Found

Crystals: Not Found

### URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

### URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

### BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	24	U/L	●	0-35
ALBUMIN - SERUM	3.9	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	92	U/L	●	33-98
AST (SGOT) - SERUM	25	U/L	●	0-35
BILIRUBIN TOTAL - SERUM	0.6	mg/dL	●	0.3-1.2

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	165	mg/dL	●	0-200
Non-HDL Cholesterol	114			

### CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.6	mg/dL	●	0.6-1.1

● Within Normal Range
 ● Borderline High/Low
 ● Out of Range

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**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	35	U/L	●	0-38

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	86	mg/dL	●	70-99

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	136	mg/dL	●	70-140

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.2	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	51	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	95	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	19	mg/dL	●	0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	6.7	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	2.8	g/dL	●	1.8-3.6

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.92 *	ng/ml	●	0.87-1.78
TOTAL T4: THYROXINE - SERUM	9.27	µg/dL	●	5.48-14.28

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	138	mg/dL	●	0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.02	µIU/mL	●	0.38-5.33

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.8	mg/dL	●	2.4-5.7

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	5.2 *	mg/dL	●	7.0-18.0
UREA - SERUM	10 *	mg/dL	●	13-43

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.4		●	1.0-2.0

**BUN/CREATININE RATIO**

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	8.3			

**PAP SMEAR /CERVICAL SMEAR**

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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AG01.C2406544  
SPECIMEN TYPE:  
Conventional cervical smear (Papanicolaou stain) x 1  
SPECIMEN ADEQUACY:  
Satisfactory for evaluation without endocervical cells.  
INTERPRETATION/RESULT:  
Negative for intraepithelial lesion or malignancy, with no organism

#### ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

#### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

#### ULTRASOUND SCREENING WHOLE ABDOMEN

- \* Hepatomegaly with grade I fatty liver.
- \* Bulky uterus.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. KHWAJA KAMRUDDIN  
DMRD, DNB RESIDENT  
Reg. No. 62704 (WBMC)

DR. DEBASISH DATTA  
DMRD (RADIOLOGIST) CONSULTANT  
RADIOLOGIST Reg. No. 42727 (WBMC)

#### X-RAY CHEST PA

- \* No significant abnormality detected.

#### X-RAY MAMMOGRAPHY BILATERAL (MHC)

- \* Vascular calcification in retro-areolar region of left breast- BIRADS 2.
- \* A round calcification with lucent center in retroareolar region of left breast- BIRADS 2.

#### BIRADS Category:

0. Requires additional evaluation
1. Negative
2. Benign findings
3. Intermediate
4. Suspicious malignancy
5. Highly suggestive of malignancy
6. Histologically proven malignancy)



Within Normal Range



Borderline High/Low



Out of Range

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**Printed By** :

**Dr.SUCHISMITA BHAUMIK**  
AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

**RISK STATUS**

Low Risk

**YOUR SCORE**

4

**ACCEPTABLE SCORE**

6

**Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**