



बैंक ऑफ़ बड़ौदा
Bank of Baroda


नाम
Name

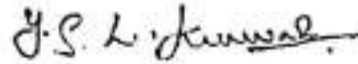
एस वाई लक्ष्मण कुमार
Yarra Satya Lakshmana Kumar

E.C. No.

198900




जारीकर्ता प्राधिकारी
Issuing Authority


धारक के हस्ताक्षर
Signature of Holder

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. YARRA SATYA LAKSHMANA KUMAR
EC NO.	198900
DESIGNATION	SINGLE WINDOW OPERATOR A
PLACE OF WORK	KUNDUR
BIRTHDATE	28-04-1993
PROPOSED DATE OF HEALTH CHECKUP	13-01-2024
BOOKING REFERENCE NO.	23M198900100077682E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **02-12-2023** till **31-03-2024** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager
HRM Department
Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of YASRA SAGYA LAKSHMANA on 13/01/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> Medically Fit 	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> Currently Unfit, Review after _____ recommended 	
<ul style="list-style-type: none"> Unfit 	

Dr. [Signature]
Medical Officer
The Apollo Clinic, Mysore.

Apollo Health and Lifestyle Limited

CIN: U65107G2000PLC115819

Kings Office 1, 10/10/02, Anshika Raghupathi
Ph: No: 0811 8004 7777 Fax No: 8004 7788 | Email: enquiry@apolloh.com | www.apolloh.com

APOLLO CLINICS NETWORK KARNATAKA

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Koramangala | Sarjapur Road | Mysore (VV Mohalla)

Online appointments: www.apolloh.com

Apollo Clinic

23, 1st Floor,
Kalidasa Road, Mysore - 02

Ph: 0821-80047777

1860 500 7788

Date : 13-01-2024
MR NO : CMYS.0000059245

Department : GENERAL
Doctor : R CHETHAN K.

Name : Mr. YARRA SATYA LAKSHMANA
Age/ Gender : 30 Y / Male

Registration No :
Qualification :

Consultation Timing: 09:47

Height : 166	Weight : 66.6	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 110/70

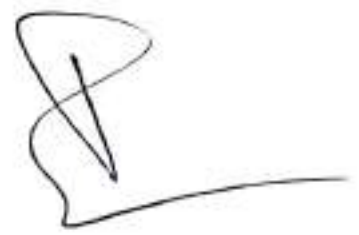
General Examination /
Allergies History

Clinical Diagnosis & Management Plan

TSH - 5.51

Pt came for Annual Health Checkup
No fresh complaints
No H/O DM, HTN.

Qx
- TFT - 2 months. ✓



Follow up date :

Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-400040/41

Date : 13-01-2024
MR NO : CMYS.0000059245

Department : GENERAL
Doctor :

Name : Mr. YARRA SATYA LAKSHMANA

Registration No : Dr. Praveenkumar

Age/ Gender : 30 Y / Male

Qualification : MS / ENT

Consultation Timing: 09.47

Height : 166	Weight : 66.6	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 110/70

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

Come for review hearing aids

EoV Bilateral Gu. normal

noise - nasal mucosa @

and cavity in oropharynx. @

noce. @

Ad.

hearing

Follow up date :


Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Date : 13-01-2024 Department : GENERAL
 MR NO : CMYS.0000059245 Doctor :
 Name : Mr. YARRA SATYA LAKSHMANA Registration No :
 Age/ Gender : 30 Y / Male Qualification :

Consultation Timing: 09:47

Height: 166	Weight: 66.6	BMI:	Waist Circum: 110
Temp:	Pulse:	Resp:	B.P: 110/70

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

	<u>Right eye</u>	<u>Left eye</u>
Near vision	N6	N6
Distant vision	6/6	6/6
Glasses	(N)	(N)

Follow up date :


Doctor Signature

Apollo Clinic
 # 23, 1st Floor,
 Kalidasa Road, Mysore - 02
 Ph : 0821-4006040/41

Patient Name	: Mr. YARRA SATYA LAKSHMANA KUMAR	Age	: 30 Y M
UHID	: CMYS.0000059245	OP Visit No	: CMYSOPV121331
Reported on	: 13-01-2024 16:45	Printed on	: 13-01-2024 16:55
Adm/Consult Doctor	:	Ref Doctor	: SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

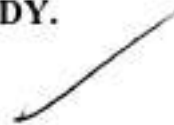
No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

IMPRESSION :NORMAL STUDY.



Pradeep

Printed on:13-01-2024 16:45

---End of the Report---

Dr. PRADEEP KUMAR C N
MBBS DNB(RADIOLOGY)

Radiology

Apollo Health and Lifestyle Limited

City: URS110TG2000PLC115814

Regd Office: 1, 1D RD 62, Ahsoka Raghupathi Chambers, 5th Floor Begumpet, Hyderabad, Telangana - 500 016

Ph No: 080-4904 7777 Fax No: 4904 7744 | Email ID: enquiry@apolloh.com | www.apolloh.com

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Ashramnagar | Sarjapur Road | Mysore (VV Mohalla)

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

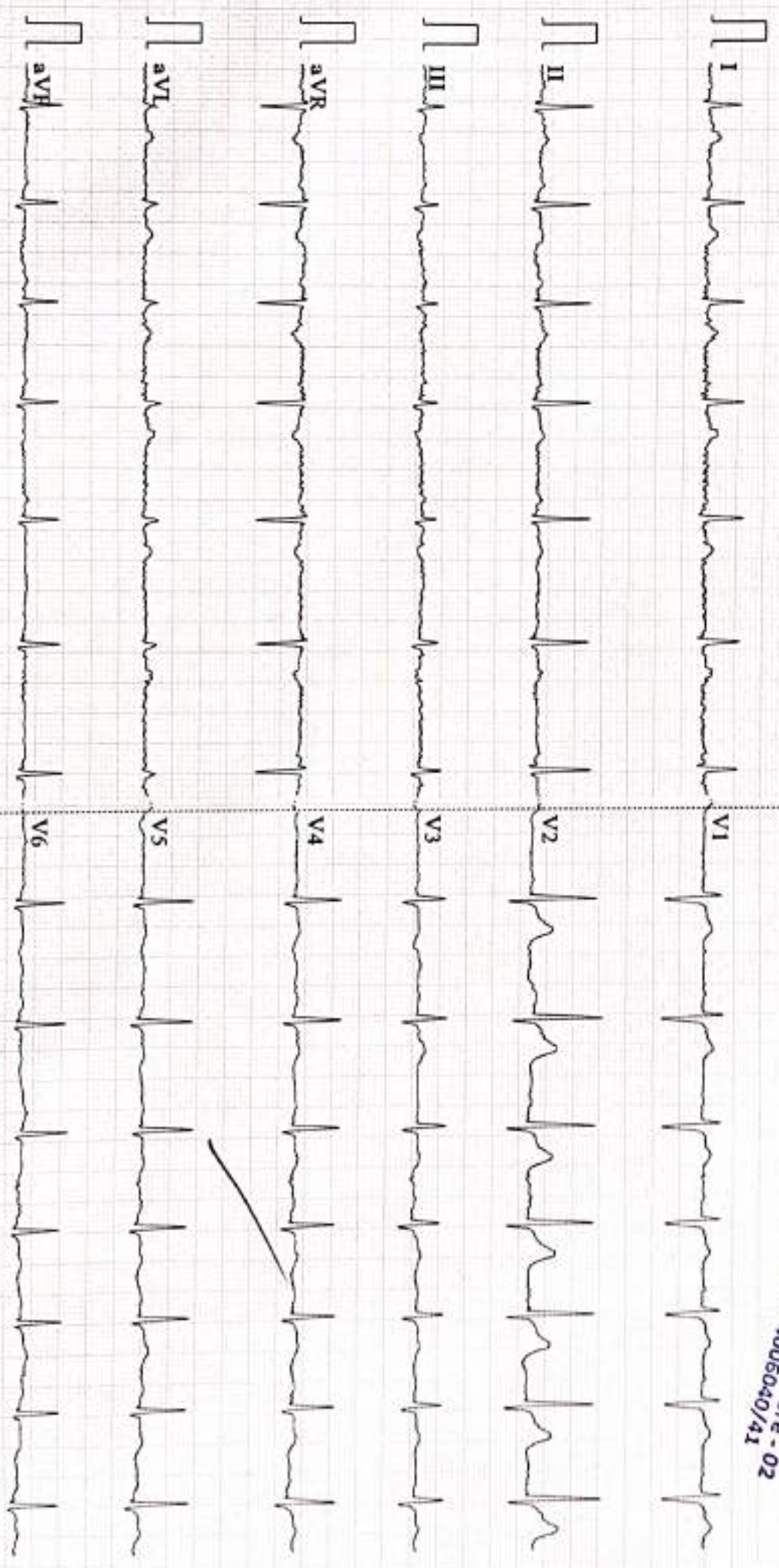
 **1860 500 7788**

MR YARRA SATYA LAKSHMANA
Male 30 Years
166cm 66kg 110/70 mmHg

Diagnosis Information:

Unconfirmed Report.

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41



Name-
Age-
Height-
Weight-
BMI-

HbW-

Department- Dietetics

Name- Madhura B P

Qualification- M.Sc Nutrition & Dietetic
PhD*

- Advised
- Do not skip any of the meals, take small frequent meals.
- Include all variety of seasonal fruits, vegetables and green leafy vegetables on regular basis.
- Include nuts like Almond, Walnuts and dry-fruits like dried dates and raisins regularly.
- Include seeds like Flax seeds, Pumpkin seeds, Sunflower seeds, Sesame seeds and watermelon seeds- 1 teaspoon each and dry roasted.
- Avoid 5 white slow poisons like Sugar, Salt, Maida, Baking soda and creams.
- Cooking oil- ½ litre/person/month.
- Use combination of oils like Rice bran oil, Groundnut oil, Sesame oil, Mustard oil/ Coconut oil and Ghee. Change the oil every month or 2 months. But do not mix the oils.
- Drink at least 2-3 liters of water in a day.
- Skimmed or toned milk can be used on regular basis. Since it's a rich source of protein and low in calories.
- Avoid Butter, Vanaspati and Dalda.
- Avoid deep-fried foods, Biscuits, Cookies, Bakery products, Pastries, Papad, packed and processed foods, chocolates, Alcohol, caffeine and carbonated beverages.
- Avoid junk foods like Pizza and Burger.

Dietician signature


13/01/2021

Date : 13-01-2024
MR NO : CMYS.0000059245

Department : GENERAL Dietetics
Doctor : Madhura . R. P

Name : Mr. YARRA SATYA LAKSHMANA
Age/ Gender : 30 Y / Male

Registration No :
Qualification : M.Sc Nutrition & Dietetics
PhD

Consultation Timing: 09:47

I.P.W - 66 kg

Height : 166 cm	Weight : 66.6	BMI : 22 kg/m ²	Waist Circum :
Temp :	Pulse :	Resp :	B.P :

General Examination /
Allergies History

HDL - 24
LDL - 105.76
chol / HDL - 6.08
TSH - 5.510

Clinical Diagnosis & Management Plan

- Advise low fat diet with fiber rich foods.
- Avoid cruciferous vegetables like Cabbage, Cauliflower, Broccoli, Soy products.
- chart P given.

Follow up date :

Doctor Signature :  R. P
13/01/2024

Patient Name: Mr. Yarra Sttya Lakshmana	Date: 13.01.2024	Doctor: Dr. Self
Age / Sex : 30yrs / Male	UHID No : 59245	OP:
ULTRASONOGRAPHY – ABDOMEN & PELVIS		

LIVER: It is normal in size and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is well distended and normal. No e/o calculi.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal in size, outline and echopattern.

RIGHT KIDNEY: It Measures 102x40 mm with parenchymal thickness of 12mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

LEFT KIDNEY: It measures 99x37mm with parenchymal thickness of 12 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

URINARY BLADDER: It is well distended. The UB wall is normal. No e/o calculi.

PROSTATE: It measures 27x24x23mm with a volume of 8 cc. It is normal in size, outline and echotexture. The vascularity of prostate is normal.

RIF: No evidence of focal collection or mass lesion seen. Appendix is not visualized.

OTHERS: No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

IMPRESSION: NORMAL STUDY.

Pradeep

Dr. Pradeep Kumar C N, DNB
Consultant Radiologist.

Apollo Health and Lifestyle Limited

C. No. 105/117G/2000PS/115819/

Regd. Office: 1, 10/10/2, Ahsoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

Ph. No.: 041 4904 7777 Fax No.: 4904 7788 | Email ID: enquiry@apolloh.com | www.apolloh.com

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Koramangala | Sarjapur Road | Mysore (VV Mohalla)

Online appointments: www.apolloh.com

TO BOOK AN APPOINTMENT

1860 500 7788

Patient's Name :Mr Yaraa Sathya Lakshmana	Age & Sex: 30Yrs /Male
Date :13.01.2024	UHID No:59254

2D ECHOCARDIOGRAPHY STUDY

Impression:

- Normal chambers and valves
- No regional wall motion abnormality
- Normal left ventricular systolic function. EF 65 %
- No clots. No pericardial effusion

Findings

Left Ventricle:	Normal
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	NORMAL

Apollo Health and Lifestyle Limited

CIN: U65110TG2000PVC315819
 Apollo Office: 1, 10/60/62, Anjuna Kaghuputhi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
 Ph No: 766 8384 7777 Fax No: 8384 7744 | Email ID: enquiry@apolloh.com | www.apolloh.com

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 Koramangala | Sarajal Forest | **Mysore:** VV Mohale

Online appointments: www.apolloh.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**

Patient's Name : Mr Yuraa Sathya Lakshmana	Age & Sex: 30Yrs /Male
Date : 13.01.2024	UHID No: 59254

Measurement

AO	:	2.3	cm
LA	:	2.7	cm

RV	:	2.2	cm
LVIDd	:	3.53	cm
LVIDs	:	3.90	cm
IVSd	:	0.79	cm
IVSs	:	1.19	cm
PWd	:	1.79	cm
PWs	:	1.03	cm
EF	:	65.0	%
FS	:	35.0	%

Doppler

MV			TV			AV			PV		
E :	0.90	m/s	E	---	m/s		0.59	m/s	V max		m/s
A :	0.57	m/s	A	---	m/s					0.80	m/s
MR	Nil		TR	Nil		AR	Nil		PR	Nil	

Dr. GURU PRASAD. B. V, MBBS, PGDCC
CONSULTANT – NON-INVASIVE CARDIOLOGY

Apollo Health and Lifestyle Limited

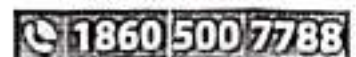
City : 4811107 G2000M2 015819
 Ring Road Plot 1, 10, 10-12, Ashoka Nagar, Gururthi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
 Ph No. : 044 444 7777 Fax No. : 444 7744 | Email ID: enquiry@apolloh.com | www.apolloh.com

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 Kolarangala | Sarajoga Road, Mysore | VV Mohalla

Online appointments: www.apolloh.com

TO BOOK AN APPOINTMENT



Patient Name	: Mr. YARRA SATYA LAKSHMANA KUMAR	Age/Gender	: 30 Y/M
UHID/MR No.	: CMYS.0000059245	OP Visit No	: CMYSOPV121331
Sample Collected on	:	Reported on	: 16-01-2024 11:01
LRN#	: RAD2207756	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 198900		

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

LIVER: It is normal in size and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is well distended and normal. No e/o calculi.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal in size, outline and echopattern.

RIGHT KIDNEY: It Measures 102x40 mm with parenchymal thickness of 12mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

LEFT KIDNEY: It measures 99x37mm with parenchymal thickness of 12 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

URINARY BLADDER: It is well distended. The UB wall is normal. No e/o calculi.

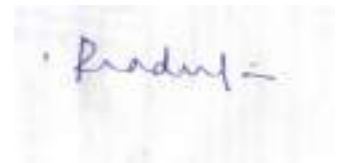
PROSTATE: It measures 27x24x23mm with a volume of 8 cc. It is normal in size, outline and echotexture. The vascularity of prostate is normal.

ADRENAL: No evidence of focal collection or mass lesion seen. Appendix is not visualized.

OTHERS: No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

IMPRESSION: NORMAL STUDY.

Pradeep Kumar C N, DNB
Consultant Radiologist.



Dr. PRADEEP KUMAR C N
MBBS DNB(RADIOLOGY)
Radiology

Patient Name	: Mr. YARRA SATYA LAKSHMANA KUMAR	Age/Gender	: 30 Y/M
UHID/MR No.	: CMYS.0000059245	OP Visit No	: CMYSOPV121331
Sample Collected on	:	Reported on	: 13-01-2024 16:46
LRN#	: RAD2207756	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 198900		

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

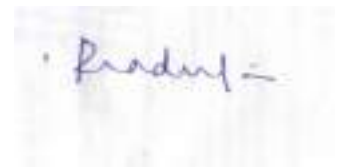
No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

IMPRESSION :NORMAL STUDY.




Dr. PRADEEP KUMAR C N
MBBS DNB(RADIOLOGY)
Radiology

Patient Name : Mr.YARRA SATYA LAKSHMANA KUMAR	Collected : 13/Jan/2024 10:03AM
Age/Gender : 30 Y 8 M 15 D/M	Received : 13/Jan/2024 11:27AM
UHID/MR No : CMYS.0000059245	Reported : 13/Jan/2024 02:17PM
Visit ID : CMYSOPV121331	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 198900	

DEPARTMENT OF HAEMATOLOGY

PERIPHERAL SMEAR , WHOLE BLOOD EDTA

-



Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:BED240009631



Patient Name : Mr.YARRA SATYA LAKSHMANA KUMAR	Collected : 13/Jan/2024 10:03AM
Age/Gender : 30 Y 8 M 15 D/M	Received : 13/Jan/2024 11:27AM
UHID/MR No : CMYS.0000059245	Reported : 13/Jan/2024 01:40PM
Visit ID : CMYSOPV121331	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 198900	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	17.3	g/dL	13-17	Spectrophotometer
PCV	52.10	%	40-50	Electronic pulse & Calculation
RBC COUNT	5.66	Million/cu.mm	4.5-5.5	Electrical Impedance
MCV	92	fL	83-101	Calculated
MCH	30.6	pg	27-32	Calculated
MCHC	33.3	g/dL	31.5-34.5	Calculated
R.D.W	11.8	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	6,600	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (DLC)				
NEUTROPHILS	58.2	%	40-80	Electrical Impedance
LYMPHOCYTES	36.9	%	20-40	Electrical Impedance
EOSINOPHILS	1.4	%	1-6	Electrical Impedance
MONOCYTES	3.1	%	2-10	Electrical Impedance
BASOPHILS	0.4	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	3841.2	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2435.4	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	92.4	Cells/cu.mm	20-500	Calculated
MONOCYTES	204.6	Cells/cu.mm	200-1000	Calculated
BASOPHILS	26.4	Cells/cu.mm	0-100	Calculated
PLATELET COUNT	348000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	02	mm at the end of 1 hour	0-15	Modified Westergren
PERIPHERAL SMEAR				

R.B.C: Majority are normocytic normochromic.

W.B.C: Are normal in number, morphology and distribution.



Dr. PAVAN KUMAR M
M.B.B.S.,M.D(Pathology)
Consultant Pathologist

SIN No:BED240009631



Patient Name : Mr.YARRA SATYA LAKSHMANA KUMAR	Collected : 13/Jan/2024 10:03AM
Age/Gender : 30 Y 8 M 15 D/M	Received : 13/Jan/2024 11:27AM
UHID/MR No : CMYS.0000059245	Reported : 13/Jan/2024 01:40PM
Visit ID : CMYSOPV121331	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 198900	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Platelets: Adequate and are seen in singles and clumps.

Hemoparasites: Not seen.

IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE.



Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:BED240009631



Patient Name : Mr.YARRA SATYA LAKSHMANA KUMAR	Collected : 13/Jan/2024 10:03AM
Age/Gender : 30 Y 8 M 15 D/M	Received : 13/Jan/2024 11:27AM
UHID/MR No : CMYS.0000059245	Reported : 13/Jan/2024 03:40PM
Visit ID : CMYSOPV121331	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 198900	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	O			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:BED240009631



Patient Name : Mr.YARRA SATYA LAKSHMANA KUMAR	Collected : 13/Jan/2024 10:03AM
Age/Gender : 30 Y 8 M 15 D/M	Received : 13/Jan/2024 05:24PM
UHID/MR No : CMYS.0000059245	Reported : 13/Jan/2024 06:25PM
Visit ID : CMYSOPV121331	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 198900	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	101	mg/dl	74-106	GOD, POD

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	112	mg/dL	70-140	GOD - POD

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA				
HBA1C, GLYCATED HEMOGLOBIN	4.4	%		HPLC



Dr. PAVAN KUMAR M
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SIN No:EDT240004127



Patient Name : Mr.YARRA SATYA LAKSHMANA KUMAR	Collected : 13/Jan/2024 10:03AM
Age/Gender : 30 Y 8 M 15 D/M	Received : 13/Jan/2024 05:24PM
UHID/MR No : CMYS.0000059245	Reported : 13/Jan/2024 06:25PM
Visit ID : CMYSOPV121331	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 198900	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

ESTIMATED AVERAGE GLUCOSE (eAG)	80	mg/dL	Calculated
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Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
 - A: HbF >25%
 - B: Homozygous Hemoglobinopathy.
 (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



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Age/Gender : 30 Y 8 M 15 D/M	Received : 13/Jan/2024 12:19PM
UHID/MR No : CMYS.0000059245	Reported : 13/Jan/2024 02:17PM
Visit ID : CMYSOPV121331	Status : Final Report
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Test Name	Result	Unit	Bio. Ref. Range	Method
LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	149	mg/dl	0-200	CHOD
TRIGLYCERIDES	94	mg/dl	0-150	GPO, Trinder
HDL CHOLESTEROL	24	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	125	mg/dL	<130	Calculated
LDL CHOLESTEROL	105.76	mg/dL	<100	Calculated
VLDL CHOLESTEROL	18.75	mg/dL	<30	Calculated
CHOL / HDL RATIO	6.08		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

- Measurements in the same patient on different days can show physiological and analytical variations.
- NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 350mg/dl. When Triglycerides are more than 350 mg/dl LDL cholesterol is a direct measurement.



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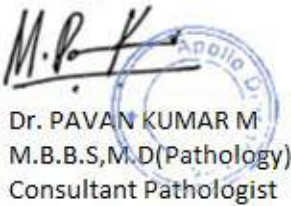
SIN No:SE04600178



Patient Name : Mr.YARRA SATYA LAKSHMANA KUMAR	Collected : 13/Jan/2024 10:03AM
Age/Gender : 30 Y 8 M 15 D/M	Received : 13/Jan/2024 12:19PM
UHID/MR No : CMYS.0000059245	Reported : 13/Jan/2024 02:17PM
Visit ID : CMYSOPV121331	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 198900	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324



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SIN No:SE04600178




Patient Name : Mr.YARRA SATYA LAKSHMANA KUMAR	Collected : 13/Jan/2024 10:03AM
Age/Gender : 30 Y 8 M 15 D/M	Received : 13/Jan/2024 12:19PM
UHID/MR No : CMYS.0000059245	Reported : 13/Jan/2024 02:17PM
Visit ID : CMYSOPV121331	Status : Final Report
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- Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.



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Patient Name : Mr.YARRA SATYA LAKSHMANA KUMAR	Collected : 13/Jan/2024 10:03AM
Age/Gender : 30 Y 8 M 15 D/M	Received : 13/Jan/2024 11:27AM
UHID/MR No : CMYS.0000059245	Reported : 13/Jan/2024 01:27PM
Visit ID : CMYSOPV121331	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 198900	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	6.5		5-7.5	Bromothymol Blue
SP. GRAVITY	1.010		1.002-1.030	Dipstick
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	EHRlich
BLOOD	NEGATIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS
CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY				
PUS CELLS	2 - 3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1 - 2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY



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SIN No:UR2262321



Patient Name : Mr.YARRA SATYA LAKSHMANA KUMAR	Collected : 13/Jan/2024 10:03AM
Age/Gender : 30 Y 8 M 15 D/M	Received : 13/Jan/2024 01:57PM
UHID/MR No : CMYS.0000059245	Reported : 13/Jan/2024 03:19PM
Visit ID : CMYSOPV121331	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 198900	


DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NIL		NEGATIVE	Dipstick

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

*** End Of Report ***



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SIN No:UF010195

