



HEALTH CHECK-UP SUMMARY

Race Course Road, Vadodara

Name: ANITA GUPTA	
SH No: 300596	Date: 09/11/2024
Age: 46	Gender: FEMALE

ASSESSMENT:

- o K/C/O : THYROID, ARTHRITIS & CERVICAL SPONDYLYSIS, ON REGULAR TREATMENT
- o C/O- RIGHT HAND PAIN AND TINGLING SENSATION, FEELING LIKE COUGH STUCK IN CHEST, HAIRFALL, TAKING MEDICATIONS FOR SLEEP, OCCASIONAL HEADACHE, OCCASIONAL EYE PAIN & ITCHING, NECK STIFFNESS, ANXIETY UNDER STRESS, OCCASIONAL DIZZINESS, DYSPNOEA WITH ACTIVITY (CLIMBING), GENERALISED ARTHRALGIA, MILD VAGINAL DISCHARGE
- o P/H/O OPERATION: KNEE SURGERY (1981)
- o P/H/O HOSPITALIZATION : FOOD POISONING (2024) (15 DAYS)
- o F/H/O : HYPERTENSION (FATHER), HEART DISEASE (FATHER), DIABETES (MOTHER)
- o ON AUSCULTATION OF LUNGS : MILD CONGESTION AT MID ZONE IN LEFT LUNG
- o NEAR TO ABOVE OPTIMAL DIRECT LDL (120)
- o ECG: T INVERSION IN L3, RIGHT AXIS
- o PAP SMEAR-MODERATE ACUTE INFLAMMATION.
- o USG ABDOMEN AND PELVIS : MILD BULKY UTERUS WITH EARLY CHANGES OF ADENOMYOSIS. A WELL DEFINED ISO/HYPERECHOIC LESION IN ANTERIOR FUNDAL MYOMETRIUM LIKELY FOCAL ADENOMYOMA/UTERINE LIPOLEIOMYOMA. ADV: SOS TVS PELVIS

ADVISED:

- o PLENTY OF LIQUIDS
- o AVOID OUT SIDE FOOD AND WATER
- o REGULAR EXERCISE,
- o OPHTHALMOLOGIST ADVICE : FOLLOW ADVICE
- o ORTHOPEDIC CONSULTATION
- o GYNAC CONSULTATION
- o PHYSICIAN CONSULTATION

Sterling Addlife India Limited
Unit- Sterling Hospital Vadodara
Race Course Circle, (West)
VADODARA, 390 007.
DR. JAY S PANDIT
DR. JAY S PANDIT
Prevention & Rehabilitation Dept

Hospital Address: Sterling Hospitals, Race Course Road, Opp. Inox Cinema Han Nagar, Circle West, Vadodara - 390007, Gujarat, India | Call: 0265-6144111, 0265-2354455, 98 98 98 78 78
www.sterlinghospitals.com | info@sterlinghospitals.com

Registered Office: Sterling Addlife India Private Limited | CIN U85110GJ2000PTC039121
Sterling Hospital, Sterling Hospital Road, Memnagar, Ahmedabad-380052, Gujarat, India



**HEALTH CHECK UP
MEDICAL EXAMINATION**

Name: Amita Gupta Employee ID: _____
 Company Name: _____ Age: 46 Sex: M/F
 Height: 160 cms. Weight: 60.2 Kgs BMI: 23.57 Blood Group: _____
 Name of HO / Registrar taking History: Dr. Jay S. Panch

Allergies: <input type="checkbox"/> None <input type="checkbox"/> Yes (If Yes, describe)	
Drugs/Food/Latex/Dyes/Contrast/Other	Reaction
1. <u>spikes increased temp</u>	<u>Body itching</u>
2. <u>of Body as dry skin</u>	
3.	

Chief Complaints:

1. K/C/O - Arthritis on regular Rx.
 K/C/O - cervical spondylosis,
 pt. Head pain, Night Hand tingling
 cough stuck in chest, Hairfall. Sesetin

Physical Examination:
Vital Signs:

Temp: 37.6 F SPO₂: 99 Pulse: 77 /min R/R: 18 /min B.P.: 120/80 mm Hg

Past History:

If Hypertension, since	If Diabetes, since
On Medication 1) _____	On Medication 1) _____
2) _____	2) _____
3) _____	3) _____
If Ischaemic Heart Disease since	Under Treatment Dr. _____
On Medication 1) _____	If Tuberculosis, When _____
2) _____	Any Other P/H _____
3) _____	Any Other Medication <u>dy. medic. Rx.</u>
Under Treatment of Dr. _____	<u>thyroid Rx.</u>
Any Intervention done _____	<u>regular Rx.</u>
P/H of Operation	P/H of Hospitalization
Diagnosis: <u>Knee Sx</u>	Diagnosis: <u>hypertension</u>
Name of Operation: <u>1981</u>	Year: <u>2020</u>
Year of Operation: _____	Duration: <u>7 Days</u>
Others: _____	Blood Transfusion History: Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>
	Year: _____

Family History : (Specify : F-Father, M-Mother, B-Brother, S-Sister)

(Pl. Circle whichever is applicable e.g. If Father has h/o 10 yrs then, Yes / No F/10 yrs)

Hypertension	Yes/No <u>F</u>	Asthma	Yes/No <u>M</u>
Heart Disease	Yes/No <u>F</u>	Stroke	Yes/No <u>M</u>
Diabetes	Yes/No <u>M</u>	Arthritis/Gout	Yes/No <u>M</u>
Tuberculosis	Yes/No <u>M</u>	Cancer	Yes/No <u>M</u>
Epilepsy	Yes/No <u>M</u>	Other Chronic disease	Yes/No <u>M</u>

Personal History :

Diet	<u>Veg.</u>	Smoking	Yes/No <u>M</u>	since / per day
Appetite	<u>NAD</u>	Alcohol	Yes/No <u>M</u>	since / (freq.)
Sleep	<u>on medz</u>	Drugs	Yes/No <u>M</u>	since / (freq.)
Micturition	<u>NAD</u>	Tobacco	Yes/No <u>M</u>	since / (freq.)
Bowel Habits	<u>NAD</u>	Any other habit		

FOR FEMALES :

 Obstetric History : L.D. L.M.P - 26/10/2024
 Abortion : 2
 Others :

General Examination :
 Anemia
 Cyanosis
 Jaundice
 Generalized lymphadenopathy
 Podal oedema

General Examination :
Head : NSF occasional headache

 Injuries (Specify if any) :
Eyes : NSF glaucos for distal vision, irregularly for distal seeing

- Vision : Normal Blurred Double Colour Blind
- Pupils : Normal Abnormal
- Other : Inflammation Pain Itching Discharge No complaint

 Remarks (if any) : (cc)(cc)
Ears : NSF

- Deaf Yes No • Pain Yes No • Discharge Yes No
- Dizziness Yes No

Nose : NSF

- Nosebleed Yes No • Congestion Yes No • Sinus problem Yes No

Mouth : NSF

- Lesion Yes No
- Dental Hygiene Good Poor Bleeding gums Yes No
- Sense of taste Yes No

Throat/Neck : NSF

- Swollen glands Yes No Stiffness Yes No Dysphagia Yes No

SYSTEMIC EXAMINATION

Neurological : NSF

- Headache Yes No • Memory changes Yes No • Dizziness Yes No
 • Syncope Yes No • Seizures Yes No • Paralysis Yes No if yes R L
 • Cooperative Yes No • Anxiety Yes No • Depression Yes No
 • Suicidal attempt Yes No Any psychiatric illness NO
 • Oriented Yes No if disoriented, to Person Place Time
 • Reaction: Brisk Sluggish No response
 • LOC: Alert Confused Sedated
 • Speech: Clear Slurred

Respiratory : NSF

- Lung sounds: mild congestion at mid zone left
 • Dyspnoea: None With activity At rest Lying down Retractions
 • Cough: None Non-productive Productive - colour
 • Hemoptysis: Yes No
 • Night Sweats: Yes No
 • Cyanosis: Yes No Where

Cardiovascular : NSF

- Chest discomfort Yes No
 • Oedema Yes No Location: Pitting Non-pitting

Extremities-Musculoskeletal : NSF

- Skin: Warm Cool Dry Firm Flaccid Colour
 • Extremities: Tingling Yes No • Weakness Yes No Deformity Yes No
 • Joints: Pain Yes No • Stiffness Yes No
 • Uses: Walker Wheelchair None arthralgia generalised

Gastrointestinal : NSF

- Appetite Good Poor • Nausea Yes No • Vomiting Yes No
 • Distension Yes No • Heartburn Yes No • Flatus Yes No
 • Pain Yes No • Rectal Bleeding Yes No
 • Colostomy Yes No • Ileostomy Yes No

Bowel

- Diarrhoea Constipation Incontinence Blood in stool None
 Pain Yes No Place Hemorrhoids Yes No
 Frequency of stool 1 time/day
 Interventions: None • Laxatives Yes No Type osmotic Frequency 1 time/day

Genitorurinary : NSF

 Colour of Urine white Frequency 1 time / 8-5-2 hrs.
 Pain Yes No Burning Yes No Itching Yes No
 Urgency Yes No Incontinence Yes No
 Nocturia Yes No Urostomy Yes No
 History of calculi Yes No History of UTI Yes No
 Foleys Catheter Yes No Date of Insertion _____

Reproductive : NA NSF

 LMP _____ Regular / Irregular _____
 Dysmenorrhea Yes No Amenorrhea Yes No if yes, Duration _____
 Menopausal Yes No if yes, Duration _____
 Vaginal discharge Yes No Itching Yes No
White
 Breasts NA NSF
 Breast Feeding Yes No Lumps Yes No

Positive Finding & Advice

 Sterling Addlife India Limited
 Unit - Sterling Hospital Vadodara
 Race Course Circle, (West)
 VADODRA - 390 007.

Sign and Stamp of Medical Officer

 Sterling Hospital
 Racecourse Road

EMERGENCY HELPLINE

 992 444 9972
 0265 - 61 44 111

 Sterling Hospital
 Bhayli

EMERGENCY HELPLINE

 908 1000 557
 0265 - 61 23 333



OPHTHALMIC CHECK-UP

SIGNIFICANT HISTORY:

PAST HISTORY:

Refractive Error:

Any Surgery:

Color Blind:

Diabetes:

Hypertension:

Any Treatment:

EXAMINATION OF EYES:

Right Eye:

Left Eye:

Distant Vision without Glasses:

Distant Vision with Glasses:

Near Vision without Glasses:

Near Vision with Glasses:

Intraocular Pressure:

Anterior Segment:

Fundus:

PRESCRIPTION OF GLASSES:

	RIGHT			LEFT		
	Sphere	Cylinder	Axis	Sphere	Cylinder	Axis
Distant	-1.5	-0.25	90°	-0.75	-0.75	75°
Near	-	-	-	-	-	-

Type of glass:

ADVICE:

Sterling Addlife India Limited
Unit-Sterling Hospital Vadodra
Race Course Circle, (West)
VADODARA - 390 007.

DR MAYA PATEL
(OPHTHALMOLOGIST)





GYNAECOLOGIST CHECK UP

NAME: Anita Cuplai

AGE: 46 yrs

COMPLAINTS: C/O Thyroid

O/H PARA: G₄ P₂ A₂ L₂

MENSTRUAL H/O: 26/10/24

P/A: Soft

P/S: NAD

P/V: NAD

ADVICE: Pap smear test taken

DATE: 9/11/24

1 male
~~1 male~~ - 22 yrs

1 Female - 19 yrs

Bolt of LSCS

TL not done

Period ~~not done~~
test ~~not done~~

MC - 1-2 days
26-30

Sterling Addlife India Limited

Unit-Sterling Hospital Vadodara

Race Course Circle, (West)

VADODARA - 390 007.

DR. ARCHANA DWIVEDI

(GYNAECOLOGIST)





Passport No :

LABORATORY TEST REPORT


Patient Information		Sample Information		Location Information	
Name	: Mrs. Anita , Gupta	Lab Id	: 112407500792	Pt. Type	: Sterling Hospital Vadodara Health Checkup Main
Sex/Age	: Female / 46 Y 29-Dec-1977	Registration on	: 09-Nov-2024 09:09	Location	: DNo./
Ref. Id	: 300596 / 2817538	Collected at	: SAWPL	Approved on	: 09-Nov-2024 14:09 Status: Final
Ref. By	: Dr. RMO . STERLING...	Collected on	: 09-Nov-2024 09:04	Printed On	: 09-Nov-2024 16:14
		Sample Type	: EDTA blood	Process At	: 75 - Sterling Hospital, Race course (Vadodra)

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
Complete Blood Count

Test	Result	Unit	Biological Ref. Interval
Hemoglobin	12.8	g/dL	12.0 - 16.0
RBC Count	4.34	million/cmm	3.8 - 4.8
Hematocrit	39.1	%	36 - 48
MCV	90.2	fL	83 - 101
MCH	29.6	pg	26.4 - 33.2
MCHC	32.8	g/dL	31.8 - 35.9
RDW CV	13.30	%	11.6 - 14

Total WBC and Differential Count


WBC count	Result	Unit	Biological Ref. Interval
WBC count	7280	/cmm	4000 - 10000

Differential Count	Result	Unit	Biological Ref. Interval	Absolute Count
Neutrophils	60	%	40 - 80	4365 /cmm 2000 - 6700
Lymphocytes	29	%	20 - 40	2111 /cmm 1000 - 3000
Eosinophils	01	%	1 - 8	291 /cmm 20 - 500
Monocytes	07	%	2 - 10	510 /cmm 200 - 1000
Basophils	00	%	0 - 2	0 /cmm 0 - 100

Platelet Count

Platelet Count	Result	Unit	Biological Ref. Interval
Platelet Count	398000	/cmm	150000 - 410000
MPV	10.40	fL	7.5 - 10.3

Platelets Morphology Platelets are adequate on Smear



Dr. C. Shrinivasan..
M.D (Pathology)(G-18341)
Consultant Pathologist

This is an Electronically Authenticated Report


Sterling Accuris Pathology Laboratory

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodra - 390 001. Tests marked with # are referred tests.
Ph: 0265-6144290

Email: pathlab@sterlinghospital.com | Website: www.sterlinghospital.com / www.sterlingaccuris.com






LABORATORY TEST REPORT		
Passport No :		
Patient Information	Sample Information	Location Information
Name : Mrs. Anita . Gupta	Lab Id : 112407500792	Pt. Type : Sterling Hospital Vadodra Health Checkup Main
Sex/Age : Female / 48 Y 29-Dec-1977	Registration on : 09-Nov-2024 09:08	Location : BNoJ
Ref. Id : 300596 / 2817538	Collected at : SAWPL	Approved on : 09-Nov-2024 14:09 Status : Final
Ref. By : Dr. RMD . STERLING...	Collected on : 09-Nov-2024 08:04	Printed On : 09-Nov-2024 18:14
	Sample Type : EDTA blood	Process At : 75 - Sterling Hospital, Race course (Vadodra)

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
Complete Blood Count

Test	Result	Unit	Biological Ref. Interval
Erythrocytes Sedimentation Rate			
ESR <small>Westergren's method</small>	7	mm/hr	0 - 21

Differential Count
Absolute Count


Dr. C. Shrinivasan..
 M.D (Pathology) [G-18341]
 Consultant Pathologist

This is an Electronically Authenticated Report

Sterling Accuris Pathology Laboratory

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodra - 390 017/Tests marked with * are referred tests
 Ph: 0265 6144210

Email: pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.dofh.accuris.com





Passport No :

LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mrs. Anita . Gupta	Lab Id : 112407500792	Pt. Type : Sterling Hospital Vadodara Health Checkup Main
Sex/Age : Female / 48 Y 29-Dec-1977	Registration on : 09-Nov-2024 09:08	Location : BNo/
Ref. Id : 300596 / 2817538	Collected at : SAWPL	Approved on : 09-Nov-2024 12:28 Status : Final
Ref. By : Dr. RMO . STERLING...	Collected on : 09-Nov-2024 09:04	Printed On : 09-Nov-2024 16:14
	Sample Type : EDTA blood	Process At : 75 - Sterling Hospital, Race course (Vadodara)

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
Blood Group

Test	Result	Unit	Biological Ref. Interval
ABO Type <small>Type A/B/AB/O</small>	"O"		
Rh (D) Type	Positive		


 Dr. C. Shrinivasan..

 M.D (Pathology)(G-18341)
 Consultant Pathologist

Page 3 of 14

This is an Electronically Authenticated Report.

Sterling Accuris Pathology Laboratory

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 015 (Only marked with # are referred tests)
 Ph: 0265-6144210

Pathology@sterlinghospital.com | Website: www.sterlinghospital.com / www.sterlingaccuris.com



Download Accuris App



Passport No :

LABORATORY TEST REPORT


Patient Information		Sample Information		Location Information	
Name	: Mrs. Anita . Gupta	Lab Id	: 112407500792	Pl. Type	: Sterling Hospital Vadodara Health Checkup Main
Sex/Age	: Female / 46 Y 29-Dec-1977	Registration on	: 08-Nov-2024 09:08	Location	: BNo.7
Ref. Id	: 300596 / 2817538	Collected at	: SAWPL	Approved on	: 08-Nov-2024 10:38 Status : Final
Ref. By	: Dr. RMO . STERLING...	Collected on	: 09-Nov-2024 09:04	Printed On	: 09-Nov-2024 16:14
		Sample Type	: Serum, Urine	Process At	: 75 - Sterling Hospital, Race course (Vadodar

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE

Test	Result	Unit	Biological Ref. Interval
Fasting Blood Glucose GDD-PCO	95.0	mg/dL	74 - 100
Fasting Urine Glucose GDD-PCO	Absent		Absent
Fasting Urine Ketone Acetone/None	Absent		Absent

	Fasting Blood Glucose*	Postprandial Blood Glucose #	Random Blood Glucose
Normal	< 100 mg/dL	< 140 mg/dL	< 140 mg/dL
Prediabetic	100 - 125 mg/dL	140 - 199 mg/dL	140 - 199 mg/dL
Diabetic	≥ 126 mg/dL	≥ 200 mg/dL	≥ 200 mg/dL

* Fasting is defined as no caloric intake for more than 8 hours

The test should be performed as described by the WHO, using a glucose load containing the equivalent of 75 g anhydrous glucose dissolved in water.

Criteria for Diagnosis of Diabetes:

1. Fasting blood glucose (FBG) ≥ 126 mg/dL
2. Two-hour blood glucose (2 h OGTT) ≥ 200 mg/dL
3. HbA1c values (A1c) ≥ 6.5%
4. Random plasma glucose ≥ 200 mg/dL

(With symptoms of hyperglycemia or hyperglycemic crisis)

In the absence of unequivocal hyperglycemia, diagnosis of DM using A1C, FBG or 2-h OGTT requires two abnormal test results from the same sample or in two separate samples

References:

1. American diabetes association. Standards of medical care in diabetes 2024
2. National Library of Medicine - National Institute of Health (USA) - Diabetes Mellitus
3. World Health Organization - Factsheet on Diabetes - Prevention and Treatment

Dr. C. Shrinivasan..

 M.D (Pathology) [G-18341]
Consultant Pathologist

Page 4 of 14

This is an Electronically Authenticated Report

Sterling Accuris Pathology Laboratory

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007. Tests marked with # are referred tests.
Ph: 0265-8144710

Email: lab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com



Download Accuris App





Passport No :

LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mrs. Anita . Gupta	Lab Id : 112407500792	Pt. Type : Sterling Hospital Vadodra Health Checkup
Sex/Age : Female / 46 Y 29-Dec-1977	Registration on : 09-Nov-2024 09:08	Location : Main
Ref. Id : 300596 / 2817538	Collected at : SAWPL	Approved on : 09-Nov-2024 12:55 Status Final
Ref. By : Dr. RMO . STERLING..	Collected on : 09-Nov-2024 11:40	Printed On : 09-Nov-2024 16:14
	Sample Type : Fluoride	Process At : 75 - Sterling Hospital, Race course (Vadodra)

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE

Test	Result	Unit	Biological Ref. Interval
Post-breakfast Blood Glucose <small>POD-POD</small>	92	mg/dL	70 - 140
Post-breakfast Urine Glucose <small>POD-POD</small>	Absent		Absent
Post Breakfast Urine Ketone <small>Microscopic</small>	Absent		Absent


Dr. C. Shrinivasan..

 M.D (Pathology) [G-18341]
Consultant Pathologist

Page 5 of 14

This is an Electronically Authenticated Report.

Sterling Accuris Pathology Laboratory

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodra - 390 005 tests marked with # are referred tests
Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com



Download Accuris App





Passport No :

LABORATORY TEST REPORT


Patient Information		Sample Information		Location Information	
Name :	Mrs. Anita . Gupta	Lab Id :	112407500792	Pt. Type :	Sterling Hospital Vadodra Health Checkup
Sex/Age :	Female / 46 Y 29-Dec-1977	Registration on :	09-Nov-2024 09:06	Location :	Main
Ref. Id :	300595 / 2617536	Collected at :	SAWPL	Approved on :	09-Nov-2024 11:45 Status : Final
Ref. By :	Dr. RMO , STERLING...	Collected on :	09-Nov-2024 09:04	Printed On :	09-Nov-2024 16:14
		Sample Type :	EDTA blood	Process At :	75 - Sterling Hospital, Race course (Vadodra)

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
HbA1c (Glycosylated Hemoglobin) by HPLC

Test	Result	Unit	Biological Ref. Interval
HbA1c	4.90	%	For Screening: Diabetes: $\geq 6.5\%$; Pre-Diabetes: 5.7 - 6.4%; Non-Diabetes: $< 5.7\%$
Mean Blood Glucose	93.93	mg/dL	For Diabetic Patient: Poor Control : $> 7.0\%$; Good Control : 6.0-7.0%

Description:

- Total hemoglobin A1c is continuously synthesized in the red blood cell through its 120 days life span. The concentration of HbA1c in the cell reflects the average blood glucose concentration it encounters.
- The level of HbA1c increases proportionately in patients with uncontrolled diabetes. It reflects the average blood glucose concentration over an extended time period and remains unaffected by short-term fluctuations in blood glucose levels.
- The measurement of HbA1c can serve as a convenient test for evaluating the adequacy of diabetic control and in preventing various diabetic complications. Because the average half life of a red blood cell is sixty days, HbA1c has been accepted as a measurement which reflects the mean daily blood glucose concentration, better than fasting blood glucose determination, and the degree of carbohydrate imbalance over the preceding two months.
- It may also provide a better index of control of the diabetic patient without resorting to glucose loading procedures.

HbA1c assay Interferences:

Erroneous values might be obtained from samples with abnormally elevated quantities of other Haemoglobins as a result of either their simultaneous elution with HbA1c (HbF) or differences in their glycation from that of HbA (HbS).

Reference: American diabetes association, Standards of medical care in diabetes 2024


Dr. C. Shrinivasan.,

M.D (Pathology)(G-18341)

Consultant Pathologist

Page 6 of 14

This is an Electronically Authenticated Report

Sterling Accuris Pathology Laboratory

Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodra - 390 001. (Tests marked with * are referred tests)

Ph: 0265-6144210

Pathlab@sterlinghospitals.com / Website: www.sterlinghospitals.com / www.sterlingaccuris.com



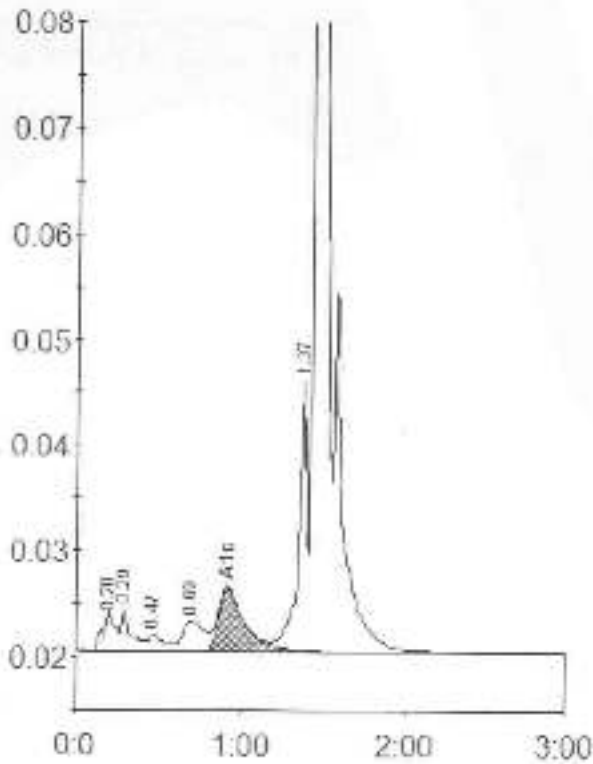
Download Accuris App



Patient report

Sterling HOSPITALS

B/O RAG DATE: 09/11/2024
 D-10 TIME: 11:25 AM
 S/N: #DJ8G550303 Software version: 4.30-2
 Sample ID: 112407500792
 Injection date: 09/11/2024 11:25 AM
 Injection #: 10 Method: HbA1c
 Rack #: --- Rack position: 10



Peak table - ID: 112407500792

Peak	R.time	Height	Area	Area %
A1a	0.20	3821	18652	1.1
A1b	0.29	4092	17046	1.0
F	0.47	1529	10449	0.6
LA1c/CI1b-1	0.69	2833	25993	1.5
A1c	0.92	5979	63506	4.9
P3	1.37	25779	96741	5.7
A0	1.44	498308	1463355	86.3
Total Area:			1695742	

Concentration:	%
A1c	4.9





Passport No :

LABORATORY TEST REPORT


Patient Information		Sample Information		Location Information	
Name	: Mrs. Anita . Gupta	Lab Id	: 112407500792	Pl. Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	: Female / 48 Y 29-Dec-1977	Registration on	: 09-Nov-2024 09:08	Location	: Main
Ref. id	: 300598 / 2817538	Collected at	: SAWPL	Approved on	: 09-Nov-2024 10:36 Status : Final
Ref. By	: Dr. RMO , STERLING...	Collected on	: 09-Nov-2024 09:04	Printed On	: 09-Nov-2024 18:14
		Sample Type	: Serum	Process At	: 75 - Sterling Hospital, Race course (Vadodra)

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
Lipid Profile

Test	Result	Unit	Biological Ref. Interval
Cholesterol <small>Cholesterol (total) - Fasting</small>	184.0	mg/dL	Desirable : <200 Borderline High : 200-239 High : >240
Triglyceride <small>Triglyceride (TG) - Fasting</small>	85.0	mg/dL	Normal : <150 Borderline : 150-199 High : 200-499 Very High : >500
HDL Cholesterol <small>HDL Cholesterol</small>	47.0	mg/dL	Low: <40.0 High: >60.0
Direct LDL <small>Direct LDL</small>	H 120.00	mg/dL	Optimal: <100 Near to above Optimal: 100-129 Borderline High: 130-159 High: 160-189 Very High: =190
VLDL <small>VLDL</small>	17.00	mg/dL	15 - 35
CHOL/HDL Ratio <small>CHOL/HDL Ratio</small>	3.9		Up to 5.0
dLDL/HDL Ratio <small>dLDL/HDL Ratio</small>	2.6		Up to 3.5


 Dr. C. Shrinivasan..

 M.D | Pathology | [G-18341]
 Consultant Pathologist

Page 8 of 14

Sterling Accuris Pathology Laboratory

Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodra - 390 075 (All tests marked with # are referred tests)

Ph: 0265-6166210

Website: www.sterlinghospitals.com / www.sterlingaccuris.com

This is an Electronically Authenticated Report.



Download Accuris App





Passport No :

LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mrs. Anita . Gupta	Lab Id : 112407500792	Pl. Type : Sterling Hospital Vadodara Health Checkup Main
Sex/Age : Female / 46 Y 29-Dec-1977	Registration on : 09-Nov-2024 09:08	Location : BNo7
Ref. Id : 300596 / 2917538	Collected at : SAWPL	Approved on : 09-Nov-2024 10:37 Status : Final
Ref. By : Dr. RMD . STERLING...	Collected on : 09-Nov-2024 09:04	Printed On : 09-Nov-2024 16:14
	Sample Type : Serum	Process At : 75 - Sterling Hospital, Race course (Vadodra)

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE

Test	Result	Unit	Biological Ref. Interval
Uric Acid <small>Uric acid</small>	4.70	mg/dL	2.5 - 6.2
Blood Urea Nitrogen <small>Calculation</small>	11.21	mg/dL	7.0 - 17.0
Urea <small>Urea, Creatinine</small>	24.0	mg/dL	16.0 - 36.4
Creatinine, serum <small>Creatinine, Am/24h, uric acid</small>	0.70	mg/dL	0.52 - 1.04
BUN Creatinine Ratio <small>Calculation</small>	16.01		
Urea Creatinine Ratio <small>Calculation</small>	34.29		


 Dr. C. Shrinivasan..

 M.D (Pathology)(G-18341)
Consultant Pathologist

Page 9 of 14


Sterling Accuris Pathology Laboratory

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodra - 390 007/0205 marked with # are referred tests
Ph: 0263-6144290

pathology@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com

This is an Electronically Authenticated Report.



Download Accuris App



Passport No :

LABORATORY TEST REPORT


Patient Information		Sample Information		Location Information	
Name :	Mrs. Anita . Gupta	Lab Id :	112407500792	Pl. Type :	Sterling Hospital Vadodara Health Checkup Main
Sex/Age :	Female / 46 Y 29-Dec-1977	Registration on :	09-Nov-2024 09:08	Location :	BNo/
Ref. Id :	300598 / 2817538	Collected at :	SAWPL	Approved on :	09-Nov-2024 10:39 Status: Final
Ref. By :	Dr. RMO . STERLING...	Collected on :	09-Nov-2024 09:04	Printed On :	09-Nov-2024 16:14
		Sample Type :	Serum	Process At :	75 - Sterling Hospital, Race course (Vadodara)

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
Liver Function Test

Test	Result	Unit	Biological Ref. Interval
ALT (SGPT) <small>UV with PEP, IFCC</small>	17.0	U/L	0 - 35
AST (SGOT) <small>UV with PEP</small>	34.0	U/L	14 - 36
GGT (Gamma Glutamyl Transferase) <small>L-γ-Glutamyl-p-nitroanilide</small>	13.0	U/L	12 - 43
Alkaline Phosphatase <small>PNP, AMP Buffer, IFCC</small>	94.0	U/L	38 - 126
Total Bilirubin <small>Ascorbic acid eliminated</small>	0.40	mg/dL	0.2 - 1.3
Conjugated Bilirubin <small>Diazotized Method</small>	0.10	mg/dL	0.0 - 0.3
Unconjugated Bilirubin <small>Cyanide Method</small>	0.10	mg/dL	0.0 - 1.1
Delta Bilirubin <small>Calculated</small>	0.20	mg/dL	0.0 - 0.2
Total Protein <small>Copper sulfate to sulfur cyanide</small>	6.30	g/dL	6.3 - 8.2
Albumin <small>Bromocresol Green Method</small>	3.80	g/dL	3.5 - 5.0
Globulin <small>Calculated</small>	2.50	g/dL	2.3 - 3.5
A/G Ratio <small>Calculated</small>	1.52		1.3 - 1.7


Dr. C. Shrinivasan..

 M.D (Pathology) [G-18341]
Consultant Pathologist

Page 10 of 14


Sterling Accuris Pathology Laboratory

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (Wing), Vadodara - 390 005 (All marked with # are referred tests)
Ph: 0265-6144210

Email: pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com

This is an Electronically Authenticated Report



Download Accuris App



Passport No :

LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mrs. Anita . Gupta	Lab Id : 112407500792	Pl. Type : Sterling Hospital Vadodara Health Checkup
Sex/Age : Female / 46 Y 29-Dec-1977	Registration on : 09-Nov-2024 09:08	Location : Main
Ref. Id : 300596 / 2817538	Collected at : SAWPL	Approved on : 09-Nov-2024 11:20 Status : Final
Ref. By : Dr. RMD . STERLING ..	Collected on : 09-Nov-2024 09:04	Printed On : 09-Nov-2024 16:14
	Sample Type : Serum	Process At : 75 - Sterling Hospital, Race course (Vadodra)

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
Thyroid Function Tests

Test	Result	Unit	Biological Ref. Interval
T3 total (Triiodothyronine) CLIA	1.23	ng/mL	0.58 - 1.59
T4 total (Thyroxine) CLIA	6.35	µg/dl	4.87 - 11.72
TSH (3rd Gen.) Chemoluminescence	3.0290	µIU/mL	Non-Pregnant Woman: 0.4001-4.049 Pregnant Woman: 1st Trimester: 0.1298-3.120; 2nd Trimester: 0.2749-2.652; 3rd Trimester : 0.3127-2.947

Remarks: * On Rx.



Dr. C. Shrinivasan..

M.D (Pathology) [G-18341]

Consultant Pathologist

Page 11 of 14

This is an Electronically Authenticated Report

Sterling Accuris Pathology Laboratory

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodra - 390 007 (All marks with # are referred tests)
 Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com



Download Accuris App





Passport No :

LABORATORY TEST REPORT


Patient Information		Sample Information		Location Information	
Name :	Mrs. Anita . Gupta	Lab Id :	112407500792	Pt. Type :	Sterling Hospital Vadodara Health Checkup
Sex/Age :	Female / 46 Y 29-Dec-1977	Registration on :	09-Nov-2024 09:08	Location :	Main
Ref. Id :	300596 / 2817539	Collected at :	SAWPL	Approved on :	09-Nov-2024 11:20 Status : Final
Ref. By :	Dr. RMO . STERLING...	Collected on :	09-Nov-2024 09:04	Printed On :	09-Nov-2024 16:14
		Sample Type :	Serum	Process At :	75 - Sterling Hospital, Race course (Vadodra


MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE

Levels of TSH in pregnancy (mIU/ml): First Trimester 0.1 - 2.5; Second Trimester 0.2 - 3.0; Third Trimester 0.3 - 3.0.

NOTE: TSH concentrations in apparently normal euthyroid subjects are known to be highly skewed, with a strong tailed distribution towards higher TSH values. This is well documented in the pediatric population including the infant age group.

TSH	T3/FT3	T4/FT4	Suggested Interpretation of Thyroid function tests pattern
Within range	Decreased	Within range	Isolated low T3 often seen in elderly & associated Non-Thyroid illness. In elderly the drop in T3 level can be up to 25%.
Raised	Within Range	Within Range	Isolated High TSH Especially in the range of 4.7 to 15 mIU/ml is commonly associated with physiological & Biological TSH Variability; Subclinical Autoimmune Hypothyroidism; Intermediate T4 therapy for Hypothyroidism; Recovery phase after Non-Thyroidal illness.
Raised	Decreased	Decreased	Clinic Autoimmune Thyroiditis; Post thyroidectomy, post radioiodine; Hypothyroid phase of transient thyroiditis.
Raised or within range	Raised	raised or within range	Interfering antibodies to thyroid hormones (and TPO antibodies); Intermediate T4 therapy of T4 overdose; Drug Interference-Amiodarone, Hepatin, Beta blocker, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH - Especially in the range of 0.1 to 0.4 often seen in elderly & associated with Non-Thyroidal illness; Subclinical Hypothyroidism; Thyroidine ingestion.
Decreased	Decreased	Decreased	Central Hypothyroidism; Non-Thyroidal illness; Repeat treatment for Hypothyroidism (TSH remains suppressed).
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease), Multinodular goitre Toxic nodule; Transient thyroiditis, postpartum, silent (lymphocytic), Post viral (granulomatous, subacute, DeQuervain's) Gestational thyrotoxicosis hyperemesis gravidarum.
Decreased or within range	Raised	Within range	T3 toxicosis; Non-Thyroidal illness.

Reference: *Wellsch's Interpretation of Diagnostic by Mary Williams, 10th edition, 2015.*



Dr. C. Shrinivasan,
M.D (Pathology) [G-18341]
Consultant Pathologist

Page 12 of 14


Sterling Accuris Pathology Laboratory

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodra - 390 002/0025 marked with # are referred tests
Ph: 0226-6146210

Email: pathlab@sterlinghospital.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com

This is an Electronically Authenticated Report



Download Accuris App



Passport No :

LABORATORY TEST REPORT


Patient Information		Sample Information		Location Information	
Name :	Mrs. Anita . Gupta	Lab Id :	112407500792	Pl. Type :	Sterling Hospital Vadodara Health Checkup
Sex/Age :	Female / 45 Y 29-Dec-1977	Registration on :	09-Nov-2024 09:08	Location :	Main
Ref. Id :	300596 / 281/538	Collected at :	SAWPL	Approved on :	09-Nov-2024 10:57 Status: Final
Ref. By :	Dr. RMO . STERLING...	Collected on :	09-Nov-2024 09:04	Printed On :	09-Nov-2024 16:14
		Sample Type :	Urine	Process At :	75 - Sterling Hospital, Race course (Vadodra

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
URINE ROUTINE EXAMINATION

Test	Result	Unit	Biological Ref. Interval
Physical & Chemical (Dip strip) examination			
Colour	Pale Yellow		Pale Yellow
pH <small>Double indicator</small>	5.5		5.5 - 7.0
Specific Gravity <small>Polychrome color reaction</small>	1.020		1.015 - 1.025
Protein <small>Protein color of indicators</small>	Absent		Absent
Glucose <small>GGT-FOU</small>	Absent		Absent
Ketone <small>Minomaxine</small>	Absent		Absent
Blood <small>Peroxidase like reaction</small>	Absent		Absent
Bilirubin <small>Diene reaction</small>	Absent		Absent
Leucocytes <small>Esterase reaction</small>	Absent		Absent
Nitrite <small>o-tersaltic acid by diazonium compound</small>	Absent		Absent
Microscopic Examination			
Erythrocytes (RBCs)	Absent	/hpf	0 - 2
Pus Cells	1-2	/hpf	0 - 5
Epithelial Cells	Scanty	/hpf	
Crystals	Absent		Absent
Casts	Absent		Absent
Bacteria	Absent		Absent
Amorphous Material	Absent		Absent
Yeast	Absent		Absent


 Dr. C. Shrinivasan..

 M.D (Pathology)(G-18341)
Consultant Pathologist

Page 13 of 14


Sterling Accuris Pathology Laboratory

Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodra - 390 003 (tests marked with A are referred tests)

Ph: 0265-6144210

Email: pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com


This is an Electronically Authenticated Report.



Download Accuris App



Scan to check report authenticity

Patient Information		Sample Information		Client / Location Information	
Histo / Cyto No : C4000810 LABORATORY REPORT 					
Name :	Mrs. Anita . Gupta	Lab ID :	112407500792	Client Name :	Sterling Hospital Vadodra Health Checkup Main
Sex/Age :	Female /46 Years	Registered on :	09-Nov-2024 09:08	Location :	
Ref. In :		Collected at :	non SAWPL	Approved on :	09-Nov-2024 14:46
Ref. By :	Dr. RMO . STERLING...	Collected on :	09-Nov-2024 13:00	Printed on :	09-Nov-2024 16:14
		Sample Type :	PAP Material	Processed at :	17 - Sterling Hospital, Dhayli (Vadodra)
Branch : 75 - Sterling Hospital, Race course (Vadodra)					

CYTOPATHOLOGY

* **PAP Smear No. :**
 P - 590/24

* **Obstetric History :**
 G4 P2 A2 L2

* **Menstrual History :**
 LMP : 26/10/24

* **Per-Speculum Examination :**
 NAD

* **Per-Vaginal Examination :**
 NAD

* **Specimen Adequacy :**
 Satisfactory for evaluation ; Endocervical and Transformation Zone Absent.

* :
 NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY.

* :
 Moderate Acute Inflammation.

----- End Of Report -----



Dr. Swati Gupta
 MD (Path) DipRCPath

This is an electronically authenticated report.

tests marked with # are referred tests

Page 14 of 14



Sterling Accuris Pathology Laboratory

Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodra - 390 007.
 Ph: 0269-6144210

Path: sterling@sterlinghospital.com | Website: www.sterlinghospital.com / www.sterlingaccuris.com



Download Accuris App



Report Date: 09 Nov 2024 - 10:48 AM

Patient Id	: RCR-300596	Patient Name	: GUPTA ANITA .
Age	: 46Y 10M 11D	Sex	: Female
Ref. Doctor	: DR. RMO . STERLING	Study Date	: 09 Nov 2024 - 09:55 AM

X-RAY CHEST PA VIEW

Poor inspiratory efforts.
Both lung fields show prominent broncho-vascular markings.
Cardiac size appears within upper normal limit.
Trachea and mediastinal soft tissue shadow appear unremarkable.
Lateral C.P. angles and both domes of diaphragm appear normal.
Bony thorax under vision appears normal.

CONCLUSION:

No significant chest abnormality detected.



Dr. Shilpi Gupta MD
Sr. Consultant Radiologist

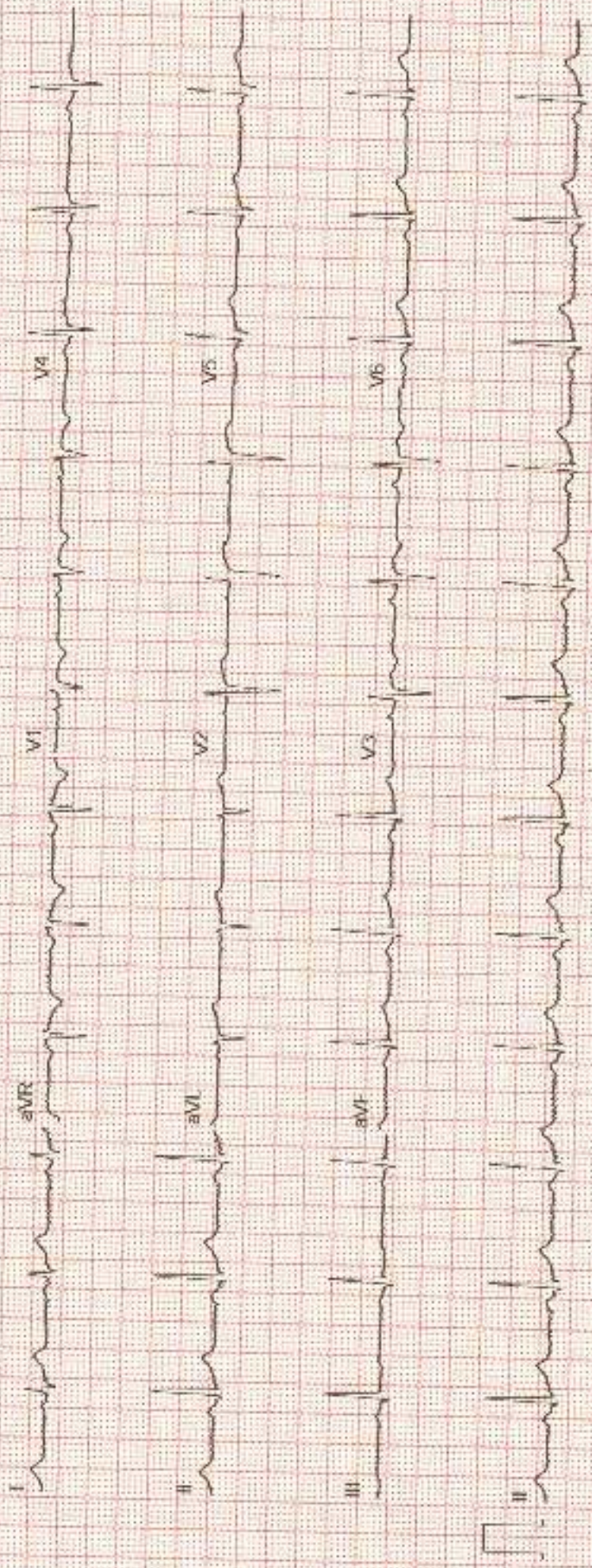


46 Years Female

QT/QTc Baz 380 / 402 ms
PR 138 ms
P 100 ms
RR/PP 796 / 800 ms
P/QRS/T 54 / 79 / 41 degrees

75 bpm
- / - mmHg

T2 V3
VT axis: D





2D ECHOCARDIOGRAPHY REPORT



Race Course Road, Vadodara

Name: Mrs. ANITA GUPTA
Age: 46 Years
Sex: F
Date: 09-Nov-2024

Ref By: HCP
Study: 2D Echo

M-MODE:

IVS	10mm	LVDD	46mm
PW	11mm	LVDS	24mm
LA	37mm	LV EF	55-60 %

DOPPLER STUDY:

MITRAL	E 0.94 A 0.64
AORTIC	1.20
TRICUSPID	N
PULMONARY	N

CONCLUSION :

- NORMAL SIZED CHAMBERS
- NORMAL LV SYSTOLIC FUNCTION LVEF 55-60 %
- NO RWMA AT REST
- NORMAL RV SIZE AND FUNCTION
- NO DIASTOLIC DYSFUNCTION
- ALL VALVES ARE NORMAL
- NO CLOT OR VEGETATION
- NO PERICARDIAL EFFUSION
- NORMAL IVC

Dr. KAUSHIK TRIVEDI MD
Consultant interventional Cardiologist

Hospital Address: Sterling Hospitals, Race Course Road, Opp. Inox Cinema Hari Nagar, Circle West, Vadodara - 390007, Gujarat, India | Call: 0265-6144111, 0265-2354455, 98-98-98-78-78 | www.sterlinghospitals.com | info@sterlinghospitals.com

Registered Office: Sterling Addlife India Private Limited I C I N U85110GU2000PTC039121 Sterling Hospital, Sterling Hospital Road, Memnagar, Ahmedabad-380052, Gujarat, India

509006 91-20-25443913





Report Date: 09 Nov 2024 - 02:09 PM

Patient Id	: RCR-300596	Patient Name	: GUPTA ANITA ,
Age	: 46Y 10M 11D	Sex	: Female
Ref. Doctor	: DR. RMO , STERLING	Study Date	: 09 Nov 2024 - 12:38 PM

BILATERAL MAMMOGRAM: -

Technique: Dedicated low dose film screen mammography with cranio-caudal and medio-lateral view was performed.
Clinical profile: **Routine check-up,**

REPORT

The mammary parenchyma is inhomogeneously dense in at retro-periareolar and lateral aspect of both the breasts because of prominent fibro-glandular tissues. This somewhat lowers the sensitivity of mammography.

No suspicious focal mass or clustered micro calcifications are seen, although the dense surrounding tissue could obscure a lesion. No evidence of skin thickening or nipple retraction noted on either side.

No evidence of enlarged pathological lymph nodes seen on either side.

COMMENTS:

- Mammographically dense mammary parenchyma in at retro-periareolar and lateral aspect of both the breasts - because of prominent fibro-glandular tissues (BIRADS 0).
- No secondary mammographic signs of malignancy.
- Adv: Clinical & SOS sonomammography correlation.

The false negative mammography is approximately 10%. Management of a possible abnormality must be based upon clinical grounds. Sensitivity of mammography is limited without sonography. Sonography is recommended if strong clinical suspicion is there.

Dr. Shilpi Gupta MD
Sr. Consultant Radiologist

Hospital Address: Sterling Hospitals, Race Course Road, Opp. Inox Cinema Han Nagar, Circle West, Vadodara - 390007, Gujarat, India | Call: 0265-6144111, 0265-2354455, 98-98-98-7878 | www.sterlinghospitals.com | info@sterlinghospitals.com

Registered Office: Sterling Addlife India Private Limited | CIN: U85110GJ2000PT0039121
Sterling Hospital, Sterling Hospital Road, Menzagar, Ahmedabad-380052, Gujarat, India





Report Date: 09 Nov 2024 - 12:11 PM

Patient Id	: RCR-300596	Patient Name	: GUPTA ANITA .
Age	: 46Y 10M 11D	Sex	: Female
Ref. Doctor	: DR.RMO.STERLING	Study Date	: 09 Nov 2024 - 11:36 AM

SONOGRAPHY OF WHOLE ABDOMEN: -

LIVER: Liver appears normal in size and shows normal parenchymal echoes. No evidence of focal or diffuse lesion is seen. No evidence of dilated IHBR is seen. Intrahepatic portal radicals appear normal. Portal vein is normal in caliber at porta & shows hepatopetal blood flow.

GALL BLADDER: Gall bladder is distended and appears normal. No evidence of calculus or changes of cholecystitis are seen. CBD appears normal (4.1 mm).

PANCREAS: Pancreas is partially visualized and visualized portion is normal in size & shows normal parenchymal echoes.

SPLEEN: Spleen is normal in size & shows normal parenchymal echoes. No evidence of focal or diffuse lesion is seen.

BOTH KIDNEYS: Both kidneys are normal in size, shape, position and contour. Cortical thickness & echo appear normal. No evidence of renal calculus, hydronephrosis or mass lesion is seen on either side.

Right kidney measures 10.0 x 4.0 cm

Left kidney measures 10.0 x 4.9 cm

No evidence of suprarenal mass lesion is seen on either side.

URINARY BLADDER: Bladder is adequately distended and appears unremarkable.

UTERUS: Uterus is anteverted & appears mild bulky in size (10.4 x 5.6 x 5.1 cm). Uterine myometrium is mild coarse in echotexture. A well defined iso/hyperechoic lesion is seen in anterior fundal myometrium measuring approx. 3.3 x 2.5 cm in size likely focal adenomyoma/ uterine lipoleiomyoma. Endometrial and rest of myometrial echoes appear normal. Endometrial thickness measures about 8.9 mm. No evidence of intrauterine pregnancy is seen.

OVARIES: Both ovaries appear normal in size, shape and position. No evidence of solid or cystic ovarian mass lesion is seen on either side.

No evidence of ascites, lymphadenopathy is seen.

Mild gaseous distention of bowel loops is seen.

CONCLUSION:

- Mild bulky uterus with early changes of adenomyosis.
- A well defined iso/hyperechoic lesion in anterior fundal myometrium likely focal adenomyoma/ uterine lipoleiomyoma. Adv: SOS TVS pelvis.
- No other significant abnormality detected.





Report Date: 09 Nov 2024 - 12:11 PM

Patient Id	: RCR-300596	Patient Name	: GUPTA ANITA .
Age	: 46Y 10M 11D	Sex	: Female
Ref. Doctor	: DR.RMO.STERLING	Study Date	: 09 Nov 2024 - 11:36 AM

Dr. Shilpi Gupta MD
Consultant Radiologist

