

Patient Name : MR. VENKATRAMANAN N

Age / Gender : 36 years / Male

Patient ID : 96635

Referral : MediWheel

Collection Time : Jun 10, 2022, 09:31 a.m.

Reporting Time : Jun 10, 2022, 01:56 p.m.

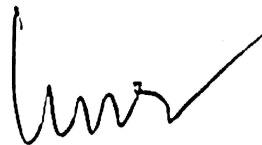
Sample ID :



000916122

Test Description	Value(s)	Reference Range	
<u>COMPLETE BLOOD COUNT (CBC)</u>			
Hemoglobin (Hb)	13.5	13.5 - 18.0	gm/dL
Erythrocyte (RBC) Count	4.79	4.7 - 6.0	mil/cu.mm
Packed Cell Volume (PCV)	41.0	42 - 52	%
Mean Cell Volume (MCV)	85.59	78 - 100	fL
Mean Cell Haemoglobin (MCH)	28.18	27 - 31	pg
Mean Corpuscular Hb Concn. (MCHC)	32.93	32 - 36	g/dL
Red Cell Distribution Width (RDW)	13.2	11.5 - 14.0	%
Total Leucocytes (WBC) Count	7200	4000-10000	cell/cu.mm
Neutrophils	53	40 - 80	%
Lymphocytes	37	20 - 40	%
Monocytes	7	2 - 10	%
Eosinophils	3	1 - 6	%
Basophils	0	1-2	%
Absolute Neutrophil Count	3816	2000 - 7000	/c.mm
Absolute Lymphocyte Count	2664	1000 - 3000	/c.mm
Absolute Monocyte Count	504	200 - 1000	/c.mm
Absolute Eosinophil Count	216	20 - 500	/c.mm
Absolute Basophils Count	0	20 - 100	/c.mm
Platelet Count	312	150 - 450	10 ³ /ul
Mean Platelet Volume (MPV)	9.1	7.2 - 11.7	fL
PCT	0.28	0.2 - 0.5	%
PDW	9.4	9.0 - 17.0	%
ESR	30.0	13.5 - 18.0	mm/hr

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URINE COMPLETE ANALYSIS,

Physical Examination

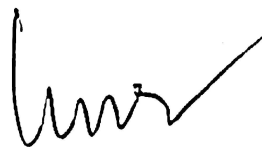
Quantity	30	-	ml
Colour	Pale Yellow	Pale yellow/Yellow	
Appearance	Clear	Clear	
Specific Gravity	1.020	1.005-1.025	
pH	6.0	5.0 - 8.0	
Deposit	Present	Absent	

Chemical Examination

Protein	Absent	Absent
Sugar	Absent	Absent
Ketones	Absent	Absent
Bile Salt	Absent	Absent
Bile Pigment	Absent	Absent
Urobilinogen	Normal	Normal

Microscopic Examination (/hpf)

Pus Cell	1-2	Upto 5
Epithelial Cells	1-2	Upto 5
Red Blood Cells	Absent	Absent
Casts	Absent	Absent
Crystals	Absent	Absent
Amorphous Deposit	Absent	Absent
Yeast Cells	Absent	Absent
Bacteria	Absent	Absent
Other findings	Not seen	Not seen



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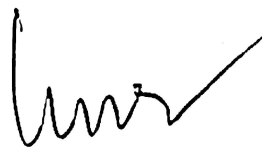
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Glycosylated HbA1c

HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD	6.4	%
Method : (HPLC, NGSP certified)		
Estimated Average Glucose :	136.98	- mg/dL

Interpretation

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

Note:

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.



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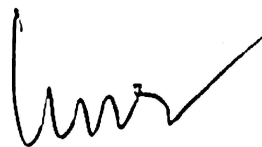


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ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212
10	240
11	269
12	298

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Test Description	Value(s)	Reference Range	
<u>LIPID PROFILE</u>			
Cholesterol-Total Method : Spectrophotometry	226.0	Desirable level < 200 Borderline High 200-239 High >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	472.0	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	40.0	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	91.60	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	94.40	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	5.65	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.29	2.5 - 3.5	

Note:

8-10 hours fasting sample is required.

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Test Description	Value(s)	Reference Range	
<u>LIVER FUNCTION TEST</u>			
Total Protein Method : Serum, Biuret, reagent blank end point	8.1	6.3-8.2	g/dL
Albumin Method : Serum, Bromocresol green	4.7	3.5-5.0	g/dL
Globulin Method : Serum, EIA	3.40	1.8 - 3.6	g/dL
A/G Ratio Method : Serum, EIA	1.38	1.2 - 2.2	
Bilirubin - Total Method : Serum, Jendrassik Grof	0.8	0.3-1.2	mg/dL
Bilirubin - Direct Method : Serum, Diazotization	0.2	< 0.2	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.6	0.1 - 1.0	mg/dL
SGOT Method : Serum, UV with P5P, IFCC 37 degree	48.0	17-59	U/L
SGPT Method : Serum, UV with P5P, IFCC 37 degree	72.0	21-72	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	111.0	30 - 120	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	40.0	< 55	U/L

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Test Description	Value(s)	Reference Range	
RENAL PROFILE			
Urea Method : Uricase	19.0	19-42	mg/dL
Blood Urea Nitrogen-BUN Method : Serum, Urease	8.87	9-20	mg/dL
Creatinine Method : Serum, Jaffe	0.81	0.66-1.25	mg/dL
Uric Acid Method : Serum, Uricase	9.1	3.5-8.5	mg/dL

Remark:

In blood, Urea is usually reported as BUN and expressed in mg/dl. BUN mass units can be converted to urea mass units by multiplying by 2.14.

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THYROID PROFILE TEST - TOTAL

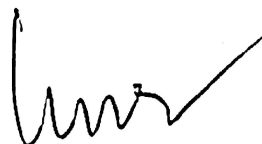
T3-Total	88.0	60 - 200	ng/dL
T4-Total	10.0	4.52 - 12	ug/dL
TSH-Ultrasensitive	8.93	0.32 - 5.5	uIU/mL

Method : CLIA

Interpretation

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent 14 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis"
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent 14 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion'
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease). Multinodular goitre, Toxic nodule •Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3-often seen in elderly & associated Non-Thyroidal illness In elderly the drop in T3 level can be upto 25%.

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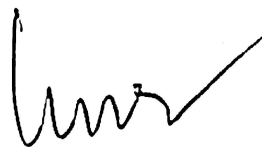
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Test Description	Value(s)	Reference Range
<u>GLUCOSE (F)</u>		
Glucose fasting Method : GOD-POD	118.0	Normal: 70 - 120 mg/dL

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Test Description	Value(s)	Reference Range
<u>GLUCOSE (PP)</u>		
Blood Glucose-Post Prandial Method : GOD-POD	150.0	80 - 140 mg/dL

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