

M.P. Nursing Home

Research & Diabetic Care Centre

Opp. Tarun Talkies, Shankar Nagar Road,
Durg (C.G.) 491001, Reg. No. 92/2263 F.R.
Mob. : 98271 60949, 9303939305



Authorization -
SBI Life Insurance
New India Assurance Comp Ltd
Bajaj Allianz, Reliance,
ICICI Lombard, LIC
T T K Health Service India,
Birla MD India, Max IDBI, M D India,
Bharti Canara, BPL (Smart Card)
National F P Work of Govt.
Cash Less Treatment

Proposal No. \Rightarrow PKG 10000237

PHYSICAL EVALUATION

DATE:- 19/01/2023

Babita Meshram

CLIENT NAME:- Babita Meshram

AGE:- 48 Y.

HEIGHT:- 152.5 cm.

WEIGHT:- 53 kg

BLOOD PRESSURE:- 120/80

PULSE:- 74 /min regular

CVS SYSTEM:- normal

ABDOMEN:- - NA D

CNS SYSTEM:- normal

SPO2:- 97

(b/e) Vision \Rightarrow 6/6 without Spectacles, No Color Blindness. distant & Near both.

Dental \Rightarrow all Teeth good condition, Hygiene Maintained

Gynaec \Rightarrow all Normal, No significant complaints.

CLIENT SIGNATURE

Babita

M.P. Nursing H.
(Dr. Bhatia)
Durg (C.G.) ng Hom
(Dr. Bhatia)
Durg (C.G.)

M.P. NURSING HOME

NEAR TARUN TALKIES, SHANKAR NAGAR ROAD, DURG (C.G.)

PATHOLOGY DEPARTMENT

NAME :- BABITA MESHAM AGE:-48YRS SEX:-FEMALE DATE:-19/01/2023

(PAGE 1)

CBS & ESR	RESULT	NORMAL RANGE (IN ADULT)	SPECIAL TEST		
Hb	13.2	gm% Male 12-18, Female 11-16.5		RESULT	NORMAL RANGE
TLC	6100	4000-11000/Cell/Cu.mm	MCV	89	80-96FL
NEUTROPHIL	58	40-75%	RDW	40	39-46FL
LYMPHOCYTE	34	20-45%	PCV	46	35-55%
EEOSIONOPHIL	01	1-6%	MCH	32	27-33PG
MONOCYTE	07	1-10%	MCHC	35	32-36GM/DL
RBC	4.12	3.5-6.0 mill/Cu.mm.	MPV	6.94	6.5 -11.0
Platelet Count	2.10	1.5 - 4.5 Lackhs/Cu.mm.	PWD	13	10-18
Peripheral Smear	NORMAL	Normal/Macro /Microcyte/Hypochromia	B.T.	2.12	01-06 MINT
ESR	15	Male - 0-15, Female 0-20 mm/hr	C.T.	6.90	06-10 MINT

LIPID PROFILE	RESULT	NORMAL RANGE (IN ADULT)
SERUM CHOLESTEROL	174	130-250 MG/DL
SERUM TRIGYCERIDES	102	60-150 MG/DL
HDL Cholesterol	48	MALE 45-65 MG/DL, FEMALE 35-55 MG/DL
LDL Cholesterol	100	60-150 MG/DL
VLDL	31	20-50 MG/DL
CHOLESTEROL/HDL	3.62	3-5
LDL/HDL	2.08	2-3.3

LIVER FUNCTION TEST	RESULT	NORMAL RANGE (IN ADULT)
BILIRUBIN(Direct/Conjugated)	0.09	UP TO 0.25 MG/DL
BILIRUBIN (Indirect/UNCONJUGATED)	0.18	UP TO 0.75 MG/DL
BILIRUBIN (Total)	0.27	UP TO 1.0 MG/DL
SGOT/AST	21	FEMALE 10-31IU/L, MALE 10-35 IU/L
SGPT/ALT	26	0-40 IU/L
ALP (Alkaline Phosphate)	169	ADULT 108-306 IU/L
G.G.T.P	30	MALE 8-61 IU/L,, FEMALE 5-36 IU/L
AST/ALT RATIO	0.80	LESS THAN 1

KFT/RFT	RESULT	NORMAL RANGE
SERUM CREATININE	0.87	0.6-1.4 MG/DL
UREA/BUN	16	10-50 MG/DL
ALBUMIN	3.94	3.2-5.5 GM/DL
GLOBULIN	3.12	2.3-3.6 GM/DL
TOTAL PROTEIN	7.06	6.0-8.0 GM/DL
Uric Acid	3.25	2.5-7.5 MG/L
A/G RATIO	1.26	1.0-2.5
BUN/CREATINE RATIO	18.39	BETWEEN 10 TO 1 AND 20 TO 1

URINE EXAMINATION (RUA)

Colour:-CLEAR,, Deposit:-NIL
 Reaction :- ACIDIC ,, Albumin:-NIL
 (F)Sugar:-NIL ,, (PP)Sugar:-NIL

MICROSCOPIC

Pus cell :- NIL ,, Casts :-NIL,, Crystals :- NIL
 RBC :-NIL ,, Epithelial Cells :-NIL

URINE SPECIFIC GRAVITY:-1.017
 (1.010 to 1.025)

(Signature)
M.P. Nursing
(Dr Bhatia)
DURG (C.G.)

M.P. NURSING HOME

NEAR TARUN TALKIES, SHANKAR NAGAR ROAD, DURG (C.G.)

PATHOLOGY DEPARTMENT

NAME :- BABITA MESHAM AGE:-48YRS SEX:-FEMALE DATE:-19/01/2023

(PAGE 2)

STOOL TEST

1. Physical EXAMINATION:-

Colour :YELLOWISH ,, PARASITES:-ABSENT

Consistency:-SOLID ,, Mucus:-ABSENT ,, Blood:-ABSENT,, PUS:-ABSENT

2. MICROSCOPIC EXAMINATION:-

Protozoa:-ABSENT ,, FAT DROPLETS:- ABSENT,,, YEAST CELLS:- ABSENT

Pus Cells:-ABSENT ,, RBC's:- ABSENT,,, CYSTS:- ABSENT

VEGETABLE CELLS:- ABSENT,, EPITHELIAL CELLS:- ABSENT,, MACROPHAGES:- ABSENT

3. CHEMICAL EXAMINATION:-

PH:-ALKALINE ,, OCCULT BLOOD :-ABSENT

STOOL TEST RESULT:- TEST IS NEGATIVE

OTHER TESTS

RESULT

NORMAL RANGE

OTHER TESTS	RESULT	NORMAL RANGE
FBS	106	UP TO - 120 mg/dl
PPBS	131	UP TO - 180 mg/dl
HBA1C	6.20	4-7 %
HBs Ag	(-VE)	-VE/+VE (Elisa)
HIV 1 & 2	(-VE)	-VE/+VE (Elisa) (Tridot)

BLOOD GROUP:- "B" +VE

THYROID PROFILE

RESULT

NORMAL RANGE

THYROID PROFILE	RESULT	NORMAL RANGE
T3	105 NG/ML	60-181 NG/ML
T4	7.12 MG/DL	4.5-12 MG/DL
TSH	2.96MIU/ML	0.49- 4.67 MIU/ML

Dr. Bhatia
M.P. Nursing Home
(Dr. Bhatia)
DURG (C.G.)

DEPARTMENT OF RADIOLOGY

M.P. NURSING HOME ,DURG(C.G.)

NAME :- BABITA MESHAM

AGE/SEX:- 48YRS/FEMALE

DATE:- 19/01/2023

X-RAY CHEST PA VIEW:-

- .BILATERAL LUNG FIELDS APPEARS CLEAR AND FREE OF ANY INFILTRATES
- .CARDIAC AND MEDIASTINUM APPEARS NORMAL
- .BOTH HILA APPEARS NORMAL
- .BOTH COSTOPHRENIC ANGLES ARE CLEAR
- .BILATERAL DOME OF DIAPHRAGM ARE NORMAL IN CONTOUR
- .BONY CAGE IS NORMAL

IMPRESSION:-NORMAL STUDY

Dr. Bhatia
M.P. Nursing Ho
(Dr. Bhatia)
Durg (C.G.)

DEPARTMENT OF RADIOLOGY

M.P.NURSING HOME ,DURG(C.G.)

NAME:- BABITA MESHAM

AGE:- 57YRS

STUDY DATE:- 19/01/2023

SONO MAMMOGRAPHY

:-BOTH BREASTS IS SHOWING NORMAL FATTY TISSUE AND
GLANDULAR STRUCTURES.

:-NO EVIDENCE OF ANY OBVIOUS MASS LESION ,SOLID OR
CYSTIC LESIONS OR ABNORMAL ECHOTEXTUTRE IS SEEN
IN BOTH BREASTS.

:-IN BOTH BREASTS SUPERFICIAL PLANES ALSO SHOW NO
SIGNIFICANTLY ABNORMALITY.

:-NO EVIDENCE OF ANY AXILLARY LYMPHADENOPATHY

IMPRESSION:- NO ABNORMALITY SEEN

Dr. Bhatia
M.P. Nursing Home
(Dr. Bhatia)
Durg (C.G.)



DEPARTMENT OF RADIOLOGY

M.P.NURSING HOME ,DURG(C.G.)

NAME :-BABITA MESHAM AGE:-48YRS /F DATE:-19/01/2023

USG OF WHOLE ABDOMEN & PELVIS

LIVER:- IS NORMAL IN SIZE, SHAPE AND ECHOTEXTURE. IHBS AND CBD ARE NORMAL IN APPEARANCE.

PORTAL VEIN:- IS NORMAL IN SIZE, HEPATOPETAL FLOW.

IVC AND AORTA:- SIZES NORMAL, RESPIRATORY VARIATIONS NORMAL

GALL BLADDER:- LUMEN IS WELL DISTENDED AND AND ECHOFREE. NO CALCULUS OR SLUDGE IS SEEN

SPLEEN:- IS NORMAL IN SIZE, SHAPE AND ECHOTEXTURE. NO FOCAL LESION . SPLEEN VEIN NORMAL.

PANCREAS:- IS NORMAL IN SIZE AND ECHOTEXTURE. NO RETROPERITONEAL/PARAAORTIC LYMPHADENOPATHY. NO FREE FLUID SEEN IN PERITONEAL CAVITY.

KIDNEYS:- APPEAR NORMAL IN SIZE, SHAPE AND ECHOTEXTURE. CORTICAL THICKNESS AND CORTICOMEDULARY DIFFERENTIALY NORMAL. NO CALCULUS. NO HYDRONEPHROSIS

URINARY BLADDER:- SHOWS UNIFORM WALL THICKNESS AND ECHOFREE LUMEN.

UTERUS:- BULKY UTERUS MEASURES 11.8X7.0X4.2CM, VOL 184CC. FEW(2-3) HETEROGENOUSLY HYPOECHOIC LESIONS ARE NOTED, LARGEST MEASURING 2.7X1.9CM IN THE POST. WALL OF UTERUS, SUGGESTIVE OF INTRAMURAL FIBROID. ENDOMETRIAL THICKNESS MEASURES 5MM

OVARIES:- NORMAL IN SHAPE, SIZE & ECHOTEXTURE.

RIGHT OVARY MEASURES 1.9X1.0CM, LEFT OVARY MEASURES 2.3X1.2CM
DILATED TUBULAR STRUCTURE NOTED IN THE LEFT ADENEXAL REGION- LIKELY LEFT HYDROSALPINX. NO FREE FLUID IN PERITONEAL CAVITY

IMPRESSION:-

- 1. BULKY UTERUS WITH INTRAMURAL FIBROID**
- 2. DILATED TUBULAR STRUCTURE IN THE LEFT ADENEXAL REGION- LIKELY LEFT HYDROSALPINX.**

Bp
M.P. Nursing Home
(Dr. Bhatia)
Durg (C.G.)

DEPARTMENT OF PATHOLOGY

M.P.NURSING HOME ,DURG(C.G.)

NAME:-BABITA MESHAM

AGE:-48YRS /FEMALE

STUDY DATE:- 19/01/2023

PAP SMEAR REPORT

CLINICAL INFORMATION:-

LMP DATE:- OK GIVEN

MENSTRUAL STATUS:-MENOPAUSE


SITE OF COLLECTION:-CERVICAL/ENDOCERVICAL

TEST TYPE:-THIN PREP

HPV TESTING:-NEGATIVE

FINAL INTERPRETATION:-

- 1.NEGATIVE FOR MALIGNANCY,**
- 2.NO ACTIVE INFECTION SEEN**


M.P. Nursing Ho:
(Dr. Bhatia)
Durg (S.G.)

M.P. NURSING HOME
SHANKAR NAGAR ROAD
DURG(C.G.)

Ward
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: BABITA MESHAM
Patient ID: 2023MW01
Height:
Weight:

DOB: 09/09/1975
Age: 48YRS
Gender: FEMALE
Race:

Study Date: 19/01/2023
Test Type: --
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR. B. S. BHATIA
Technician: --

Medications:
--

Medical History:
--

Reason for Exercise Test:
--

Dr. Bhatia
M.P. Nursing Home
(Dr. Bhatia)
Durg (C.G.)

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:02	0.00	0.00	69	114/74	
	STANDING	00:04	0.00	0.00	69	114/74	
EXERCISE	STAGE 1	03:00	2.70	10.00	90	130/80	
	STAGE 2	03:00	4.00	12.00	117	142/88	
	STAGE 3	01:13	5.40	14.00	130	154/100	
RECOVERY		01:01	0.00	0.00	113	138/90	

The patient exercised according to the BRUCE for 7:13 min:s, achieving a work level of Max. METS: 8.80. The resting heart rate of 75 bpm rose to a maximal heart rate of 131 bpm. This value represents 73 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 154/100 mmHg. The exercise test was stopped due to Fatigue.

Interpretation

Summary: Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none.

Conclusions

negative for induced ischaemia ✓

Physician _____ Technician _____

Dr. Bhatia
M.P. Nursing Home
(Dr. Bhatia)
Durg (C.G.)

BABITA MESHARAM

Patient ID 2023MMW01

19/01/2023

10:28:11

FEMALE

48YRS

Meds:

Test Reason:

Medical History:

Ref. MD: Ordering MD:

Technician: Test Type:

Comment:

Tabular Summary

M.P. NURSING HOME

BRUCE Total Exercise Time 07:13
Max HR: 131 bpm 73% of max predicted 179 bpm
Max BP: 154/100 Maximum Workload: 8.80 METS
Reasons for Termination: Fatigue

Summary: Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none.

Conclusion: negative for induced ischaemia

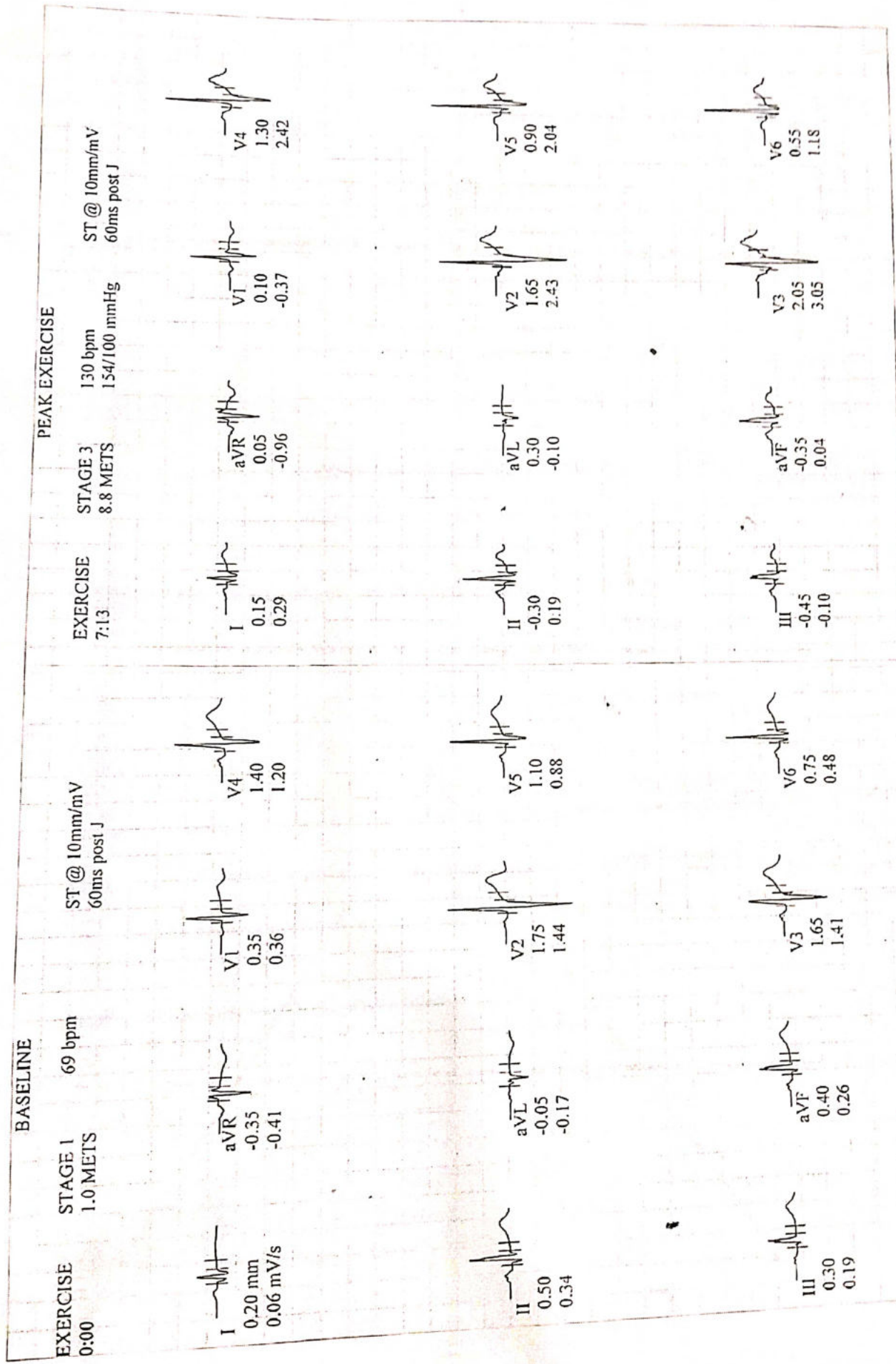
Location Number: * 0 *

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (*100)	VE (/min)	Comment
PRETEST	SUPINE	01:02	0.00	0.00	1.0	69	114/74	78	0	
	STANDING	00:04	0.00	0.00	1.0	69	114/74	78	0	
EXERCISE	STAGE 1	03:00	2.70	10.00	4.6	90	130/80	117	0	
	STAGE 2	03:00	4.00	12.00	7.0	117	142/88	166	0	
	STAGE 3	01:13	5.40	14.00	8.8	130	154/100	200	0	
RECOVERY		01:01	0.00	0.00	4.9	113	138/90	155	0	

BABITA MESHARAM
 Patient ID 2023MW01
 19/01/2023
 10:28:11

Graded Exercise Summary Report

M.P. NURSING HOME



Unconfirmed

Attending MD: DR. B. S. BHATIA

BABITA MESHAM
Patient ID 2023MW01
19/01/2023
10:29:12

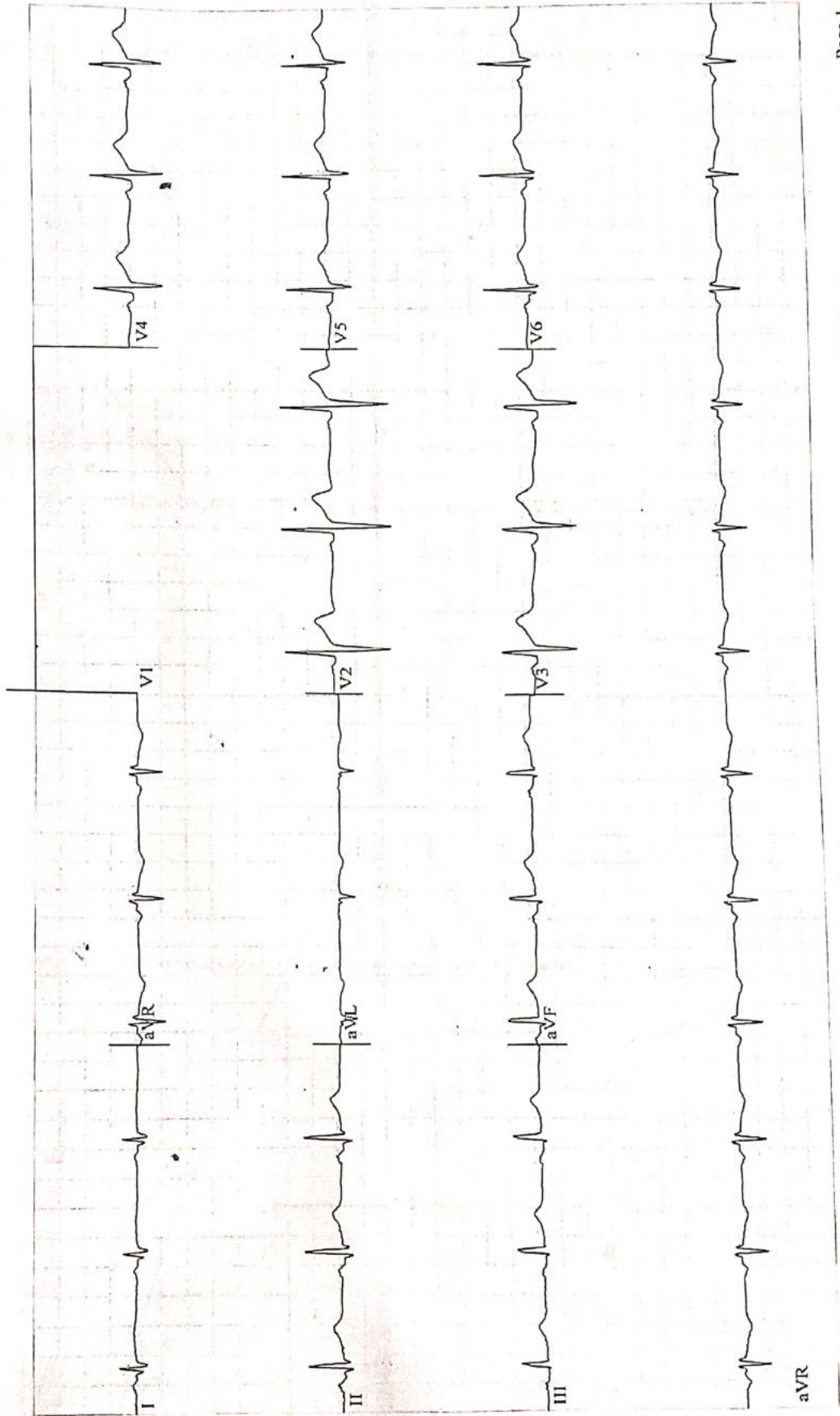
EXERCISE TEST / ECG Strips

69 bpm
114/74 mmHg

PRETEST
SUPINE
1:00

M.P. NURSING HOME

BRUCE
0.0 km/h
0.0 %



BABITA MESHARAM
Patient ID 2023MW01
19/01/2023
10:32:07

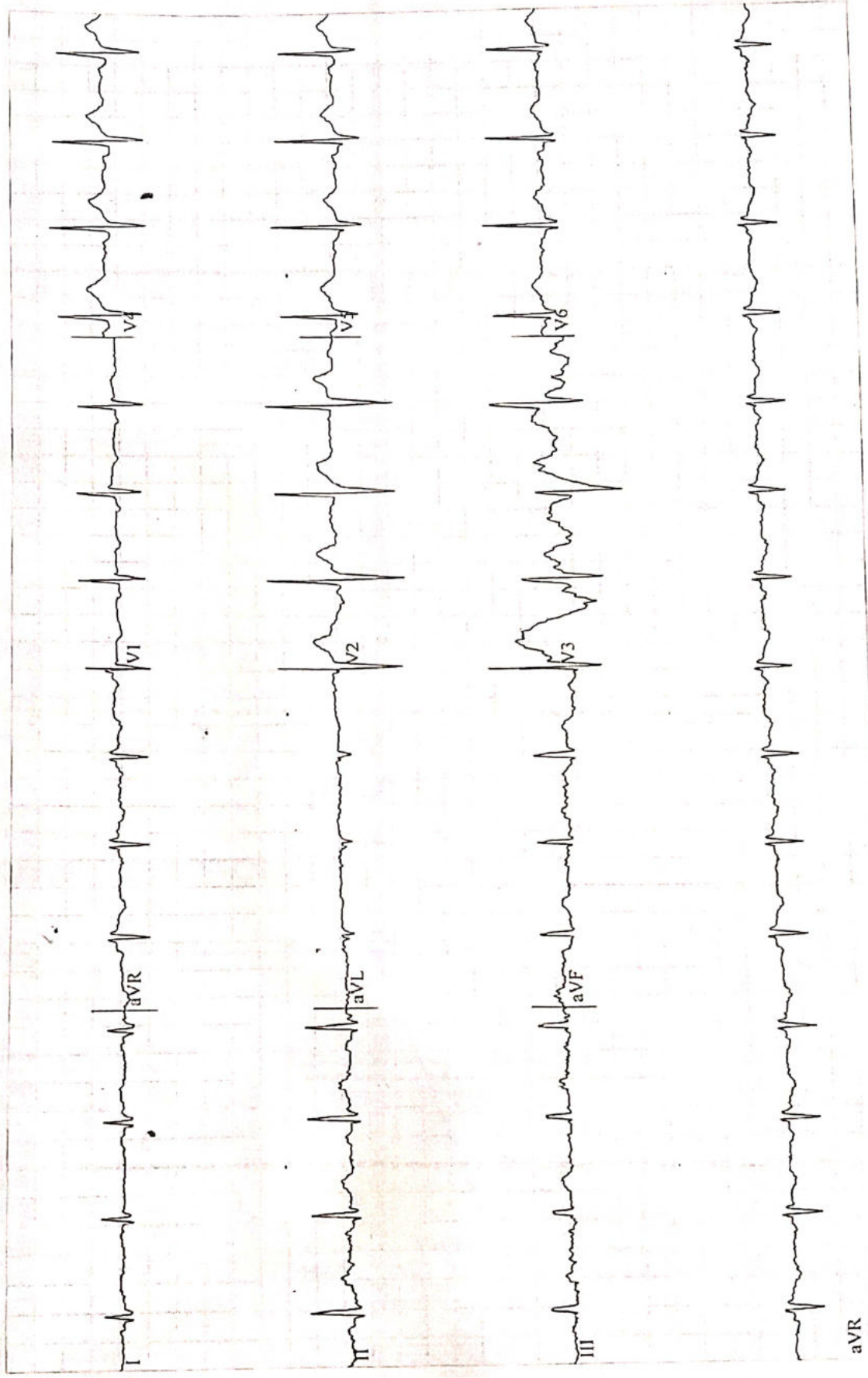
EXERCISE TEST / ECG Strips

92 bpm
130/80 mmHg

EXERCISE
STAGE I
2:50

M.P. NURSING HOME

BRUCE
2.7 km/h
10.0 %



BABITA MESHARAM
Patient ID 2023MW01
19/01/2023
10:35:07

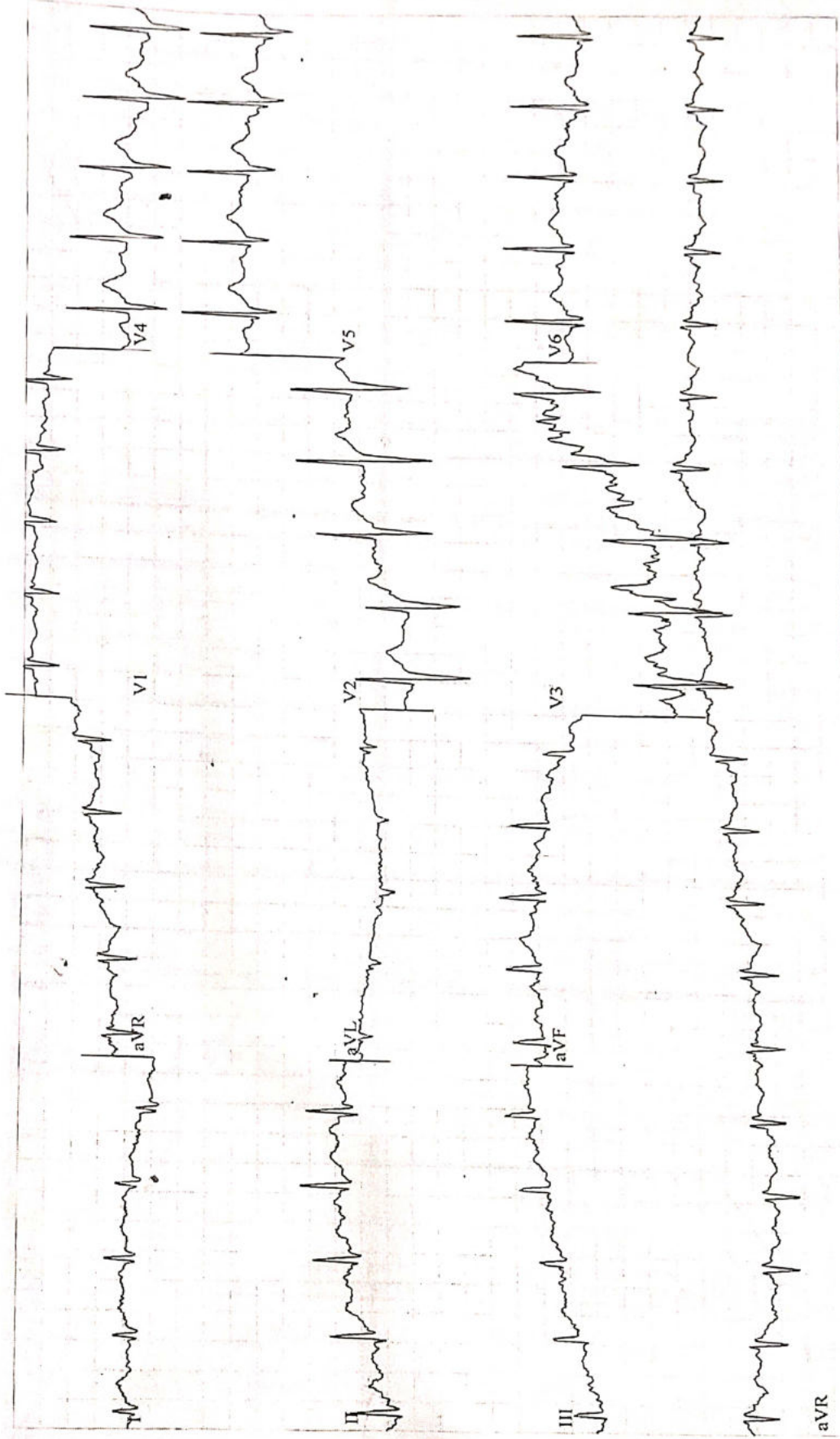
EXERCISE TEST / ECG Strips

117 bpm
142/88 mmHg

EXERCISE
STAGE 2
5:50

M.P. NURSING HOME

BRUCE
4.0 km/h
12.0 %



GE CardioSoft V6.51 (2)
25mm/s 10mm/mV 60Hz 0.01-40Hz FRF- HR(V5,V6)

Unconfirmed

Attending MD: DR. B. S. BHATTIA

BABITA MESHARAM

Patient ID 2023MW01

19/01/2023

10:36:30

EXERCISE TEST / ECG Strips

130 bpm

154/100 mmHg

EXERCISE

STAGE 3

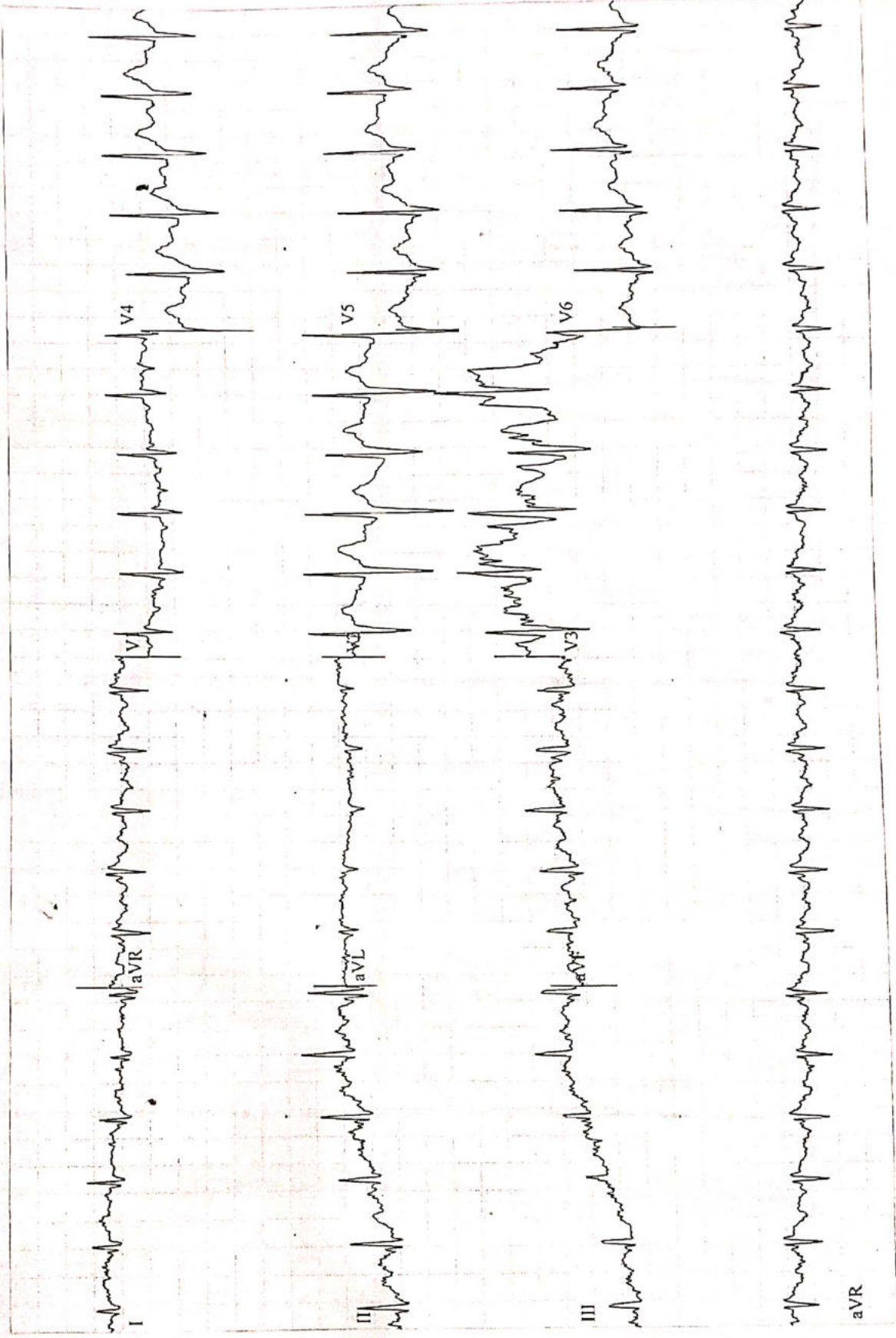
7:13

M.P. NURSING HOME

BRUCE

5.4 km/h

14.0 %



M.P. NURSING HOME

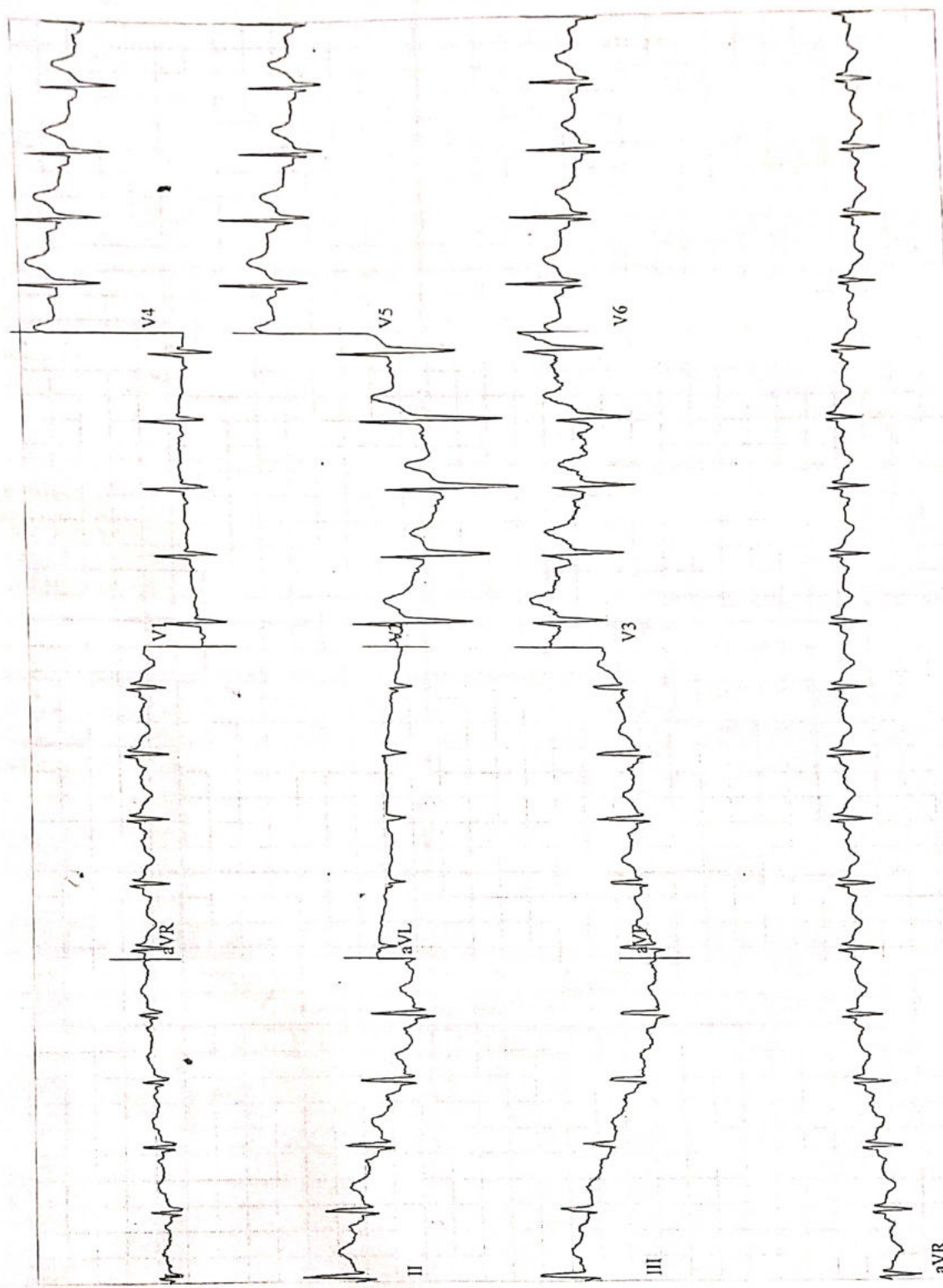
EXERCISE TEST / ECG Strips

BRUCE
0.0 km/h
0.0 %

RECOVERY
0:50

117 bpm
138/90 mmHg

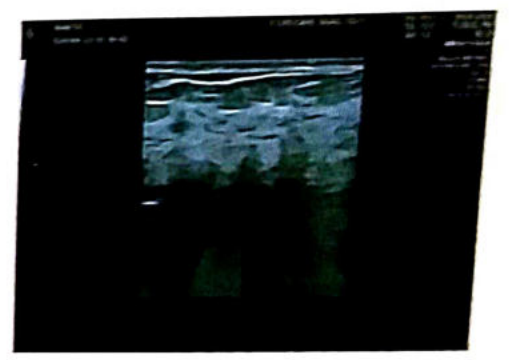
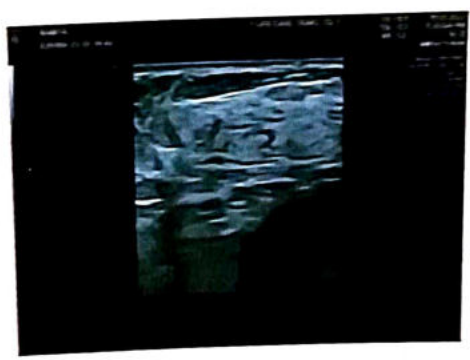
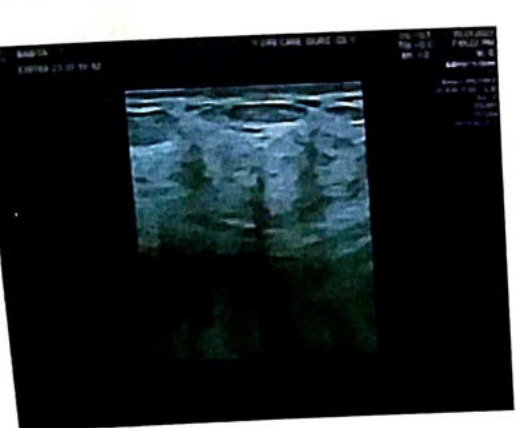
BABITA MESHAM
Patient ID 2023MW01
19/01/2023
10:37:20



E39769-23-01-19-42

BABITA

Exam Date: 19.01.2023 7:16:44 PM



M P Nursing Home

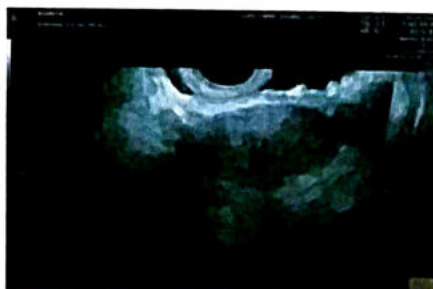
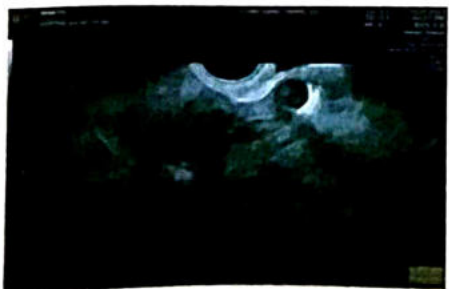
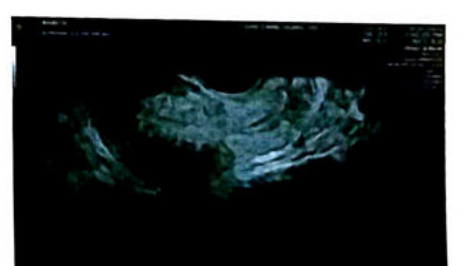
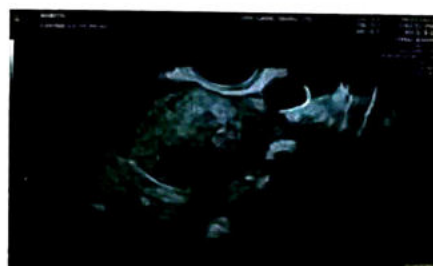
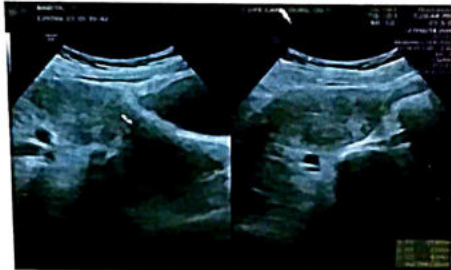
M.P. Nursing Home
(Dr. Bhatia)
Date: 19.01



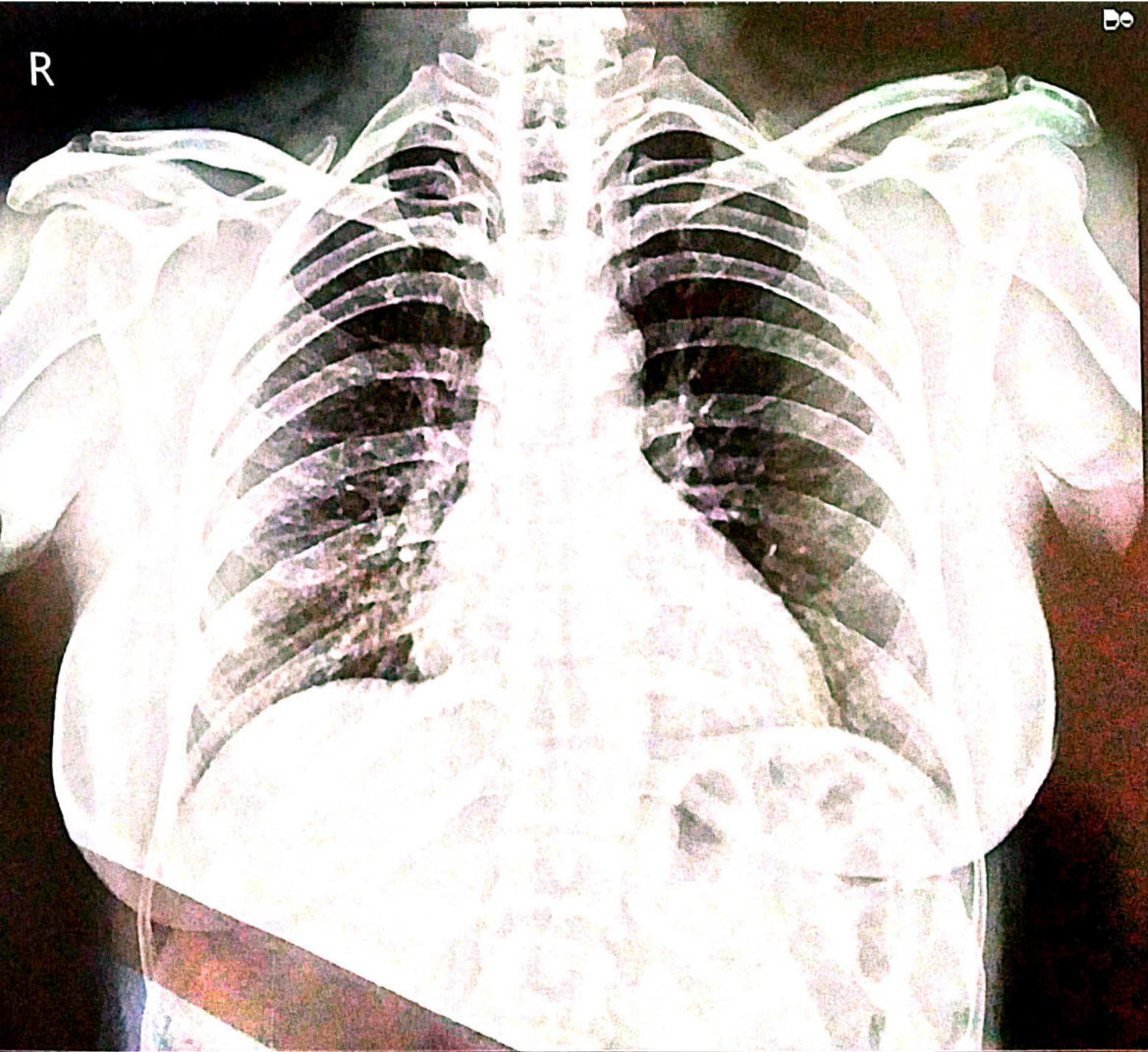
ID: E39769-23-01-19-42

BABITA

Exam Date: 19.01.2023 7:16:44 PM



M.P. Nursing Home
(Dr. Bhatia)
MUMBAI



BABITA MESHAM 48Y/F 4494 Chest PA 19-01-2023



भारत सरकार

Government of India

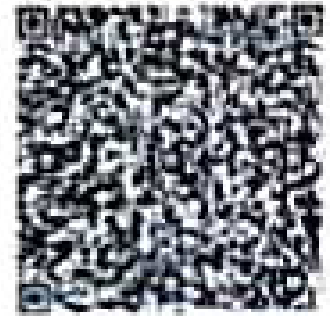


बाबिता मेश्रम

Babita Meshram

जन्म तारीख / DOB : 09/09/1975

स्त्री / Female



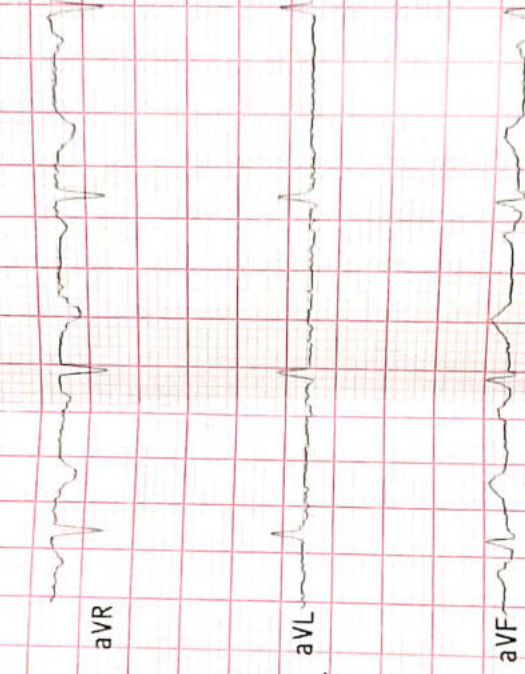
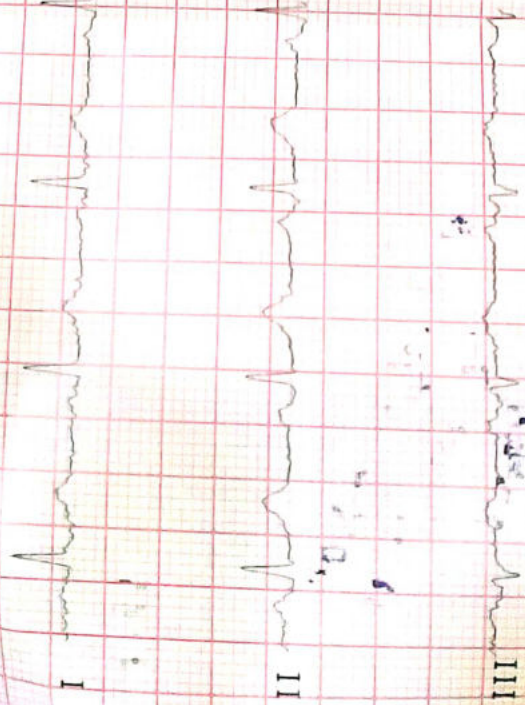
4233 5507 1397

आधार - सामान्य माणसाचा अधिकार

10 mm/mV 25 mm/Sec @ 0.5 - 32Hz

BPL GenX3

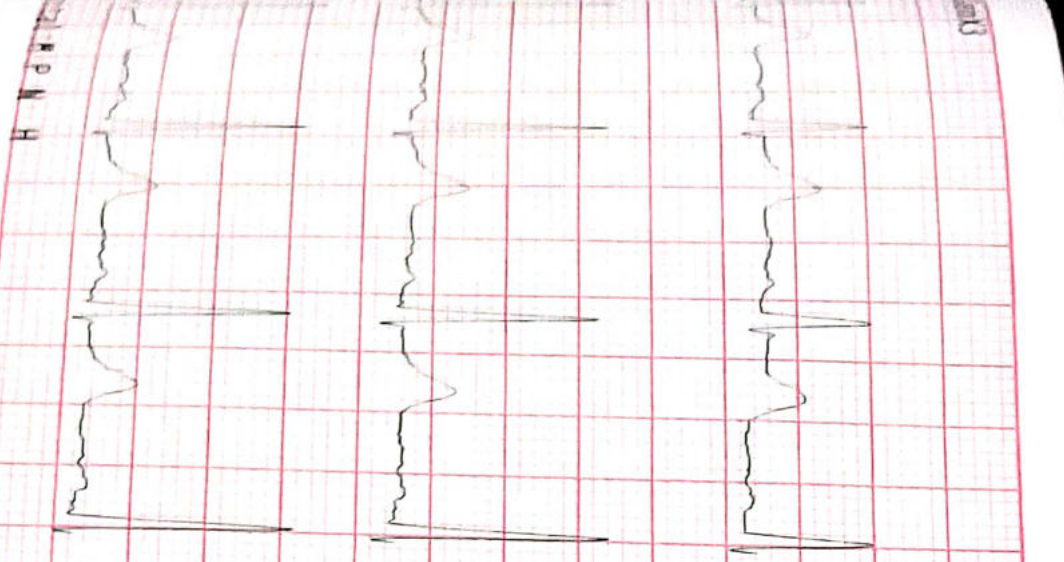
10 mm/mV 25 mm/Sec @ 0.5 - 32Hz



Pat. ID: 0001495

Hospital: M P N H

Pat. ID: 0001495



Heart Rate	81 bpm	HRV	190	Sinus rhythm
ST Frontal Axis	48 deg.	T Frontal Axis	55 deg.	Normal ECG
ST Duration	116 ms	PR Interval	154 ms	
Q-T Interval	372 ms	QTc Hodges	409 ms	
QT Dispersion	100 ms			
P Terminal Force	0 ms.uv			
Average beat fiducial point sample number				
P Onset	274	Termination	380	Duration(ms)
QRS	428		500	
T	616		800	

Dr. H. H. Bhatia
 M.P. Nursing (Gaital)
 (Dr. Bhatia)
 184
 19/11/23

Handwritten signature
 48/R