

MER- MEDICAL EXAMINATION REPORT

Date of Examination	23/12/23		
NAME	SANGEETA DEVI		
AGE	49	Gender	R
HEIGHT(cm)	153	WEIGHT (kg)	63 BMI- 26.9
B.P.	110/60		
ECG	Normal		
X Ray	Normal		
Vision Checkup	-		
Present Ailments	None		
Details of Past ailments (If Any)	None		
Comments / Advice : She /He is Physically Fit	Medicines Nil		


 Signature with Stamp of Medical Examiner
 Dr. S. K. Singh
 MBBS, DCP
 Reg. No. 37370





भारत सरकार
GOVERNMENT OF INDIA



संगीता देवी
Sangeeta Devi
पति : शिवा कान्त पाण्डेय
Husband : Shiva Kant Pandey
जन्म वर्ष / Year of Birth : 1974
स्त्री / Female



2045 9680 9522

आधार — आम आदमी का अधिकार

Sangeeta devi



Dear sir

You have been informed that gynec ent ophthal ,diet consultation facility is not available at our centre.

If you are ready then your test can be start.

2D echo test facility is not available at our centre instead we do TMT test .

Sangeeta devi





MODERN PATHOLOGY & DIAGNOSTIC CENTRE

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



CLINIC :

1/4A, Vineet Khand, (Opp Jaipuria Management)
Gombi Nagar, Lucknow - 226 010
Ph : 0522-4008184, 4308184 • 8112323230
Mob : 7618884441, 9450389932, 8177063877

Date	: 23-Dec-2023	Age	: 49 Yrs.
Name	: Mrs. SANGEETA DEVI	Sex	: Female
Ref.By	: APOLLO HEALTH		

Haemoglobin	11.5	gm%	11 - 14
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Total Leucocyte Count	6400	Cells/cumm.	4000-11000
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Differential Leucocyte Count			
Polymorphs	58	%	45 - 70
Lymphocytes	33	%	20 - 45
Eosinophils	03	%	0 - 6
Monocytes	06	%	0 - 8
Basophils	00	%	0 - 1

Erythrocyte Sedimentation Rate (Wintrobe)			
ESR	16	mm in 1st Hr.	0 - 19
PCV	36.5	cc%	40 - 52
Corrected ESR	02	mm in 1st Hr.	0 - 19

Platelet Count	1.13	lakh/cumm.	1.5 - 4.0
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Red Cells Count	3.97	million/cmm	3.90 to 4.60
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Absolute values			
MCV	92.1	fL	77 - 97
MCH	29.0	pg	27 - 31
MCHC	31.5	gm /dl	31 - 34

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Dr. Smita Rastogi
Contd... M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

SAMPLE COLLECTION FACILITY AVAILABLE

Report needs clinicopathological correlation ♦ Not for Medico Legal Purpose

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Date	: 23-Dec-2023	Age	: 49 Yrs.
Name	: Mrs. SANGEETA DEVI	Sex	: Female
Ref.By	: APOLLO HEALTH		

General Blood Picture

RBCs	RBCs are Normocytic & Normochromic. No Normoblasts are seen.
WBCs	TLC is within normal range. DLC shows normal counts. No immature cells of WBC seen.
PLATELETS	Platelets are reduced in number and morphology.
OTHERS	No haemoparasites are seen.
IMPRESSION	THROMBOCYTOPENIA

Urine Sugar (Fasting) NIL

Urine Sugar (PP) NIL

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Date : 23-Dec-2023
Name : **Mrs. SANGEETA DEVI** Age : 49 Yrs.
Ref.By : APOLLO HEALTH Sex : Female

KFT			
UREA	16.5	mg %	15 - 50
CREATININE	0.89	mg %	0.5 - 1.5
URIC ACID	5.2	mg %	2 - 6
CALCIUM	9.0	mg %	8.8 - 10.0

Plasma Glucose - F GOD-POD Method	110	mg/dl	70 - 110
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Plasma Glucose - PP GOD POD Method	132	mg/dl	110 - 170
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Blood Group & Rh	"A" Positive		
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LFT T&D			
Total Bilirubin	0.61	mg%	0.2 - 1.0
Direct Bilirubin	0.28	mg%	0.0 to 0.40
Indirect Bilirubin	0.33	mg%	0.10 to 0.90
S.G.P.T	19	IU/L	5 - 40
S.G.O.T	14	IU/L	5 - 50
ALP	92	IU/L	35 to 104

Serum Gamma G.T.	18	IU/L	11 - 50
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Date : 23-Dec-2023

Name : Mrs. SANGEETA DEVI

Age : 49 Yrs.

Ref.By : APOLLO HEALTH

Sex : Female

Urine Examination

PHYSICAL

Colour : Straw
Turbidity : Nil
Deposit : Nil
Reaction : Acidic
*Specific Gravity : 1.025

CHEMICAL

- Protein : Nil
Sugar : Nil
*Bile Salts : Nil
*Bile Pigments : Nil
Phosphate : Nil

MICROSCOPIC

Pus Cells : Nil /hpf
Epithelial Cells : 1-2 /hpf
Red Blood Cells : Nil /hpf
Casts : Nil
Crystals : Nil
Others : Nil

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Date	: 23-Dec-2023	Age	: 49 Yrs.
Name	: Mrs. SANGEETA DEVI	Sex	: Female
Ref.By	: APOLLO HEALTH		

LIPID PROFILE

Triglycerids	94	mg%	70 - 190
S. Cholestrol S.	207	mg%	130 - 230
S. HDL Cholestrol	38.6	mg%	35 - 75
S. LDL Cholestrol	149.6	mg%	75 - 150
VLDL	18.8	mg%	0 - 34
Chol / HDL factor	5.36		
LDL / HDL Factor	3.88		

COMMENTS

* Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).

* LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lower LDL and raise HDL. Raised chol. in females is mostly due to disturbed thyroid function.

* Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

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Date	: 23-Dec-2023	Age	: 49 Yrs.
Name	: Mrs. SANGEETA DEVI	Sex	: Female
Ref.By	: APOLLO HEALTH		

THYROID TEST

Tri-Iodothyronine (T3)	1.90	nmol/L	0.50 to 2.50
Thyroxine (T4)	5.10	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	3.63	miU/ml	0.3 to 6.0

COMMENTS

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels may be encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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Date	: 23-Dec-2023	Age	: 49 Yrs.
Name	: Mrs. SANGEETA DEVI	Sex	: Female
Ref.By	: APOLLO HEALTH		

Glycosylated Haemoglobin

Glycosylated Haemoglobin	6.0	%	4.5 TO 6.0
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INTERPRETATION AND COMMENTS

NON DIABETIC : 4.5 to 6.0 %
 GOOD CONTROL: 6.0 to 7.0
 FAIR CONTROLLED 7.0 AND 8.0
 UNCONTROLLED 8.0 AND ABOVE

Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.

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TEST REQUEST ID :012312230005	SAMPLE DATE	:23/Dec/2023 08:35AM
NAME :Mrs. SANGEETA DEVI	SAMPLE REC. DATE	:23/Dec/2023 08:35AM
AGE/SEX :49 YRS/FEMALE	REPORTED DATE	:23/Dec/2023 12:35PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01230005

XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

OPINION: NORMAL STUDY.

Please correlate clinically.

*** End Of Report ***

Dr. Sanjay Rastogi
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DR. PANKAJ UPADHYAYA

Dr. Smita Rastogi
M.B.B.S., DCP

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TEST REQUEST ID : 012312230005	SAMPLE DATE	: 23/Dec/2023 08:35AM
NAME : Mrs. SANGEETA DEVI	SAMPLE REC. DATE	: 23/Dec/2023 08:35AM
AGE/SEX : 49 YRS/FEMALE	REPORTED DATE	: 23/Dec/2023 01:04PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	: 01230005

USG WHOLE ABDOMEN-FEMALE

Liver: is normal in size (122 mm). **Parenchymal echogenicity is increased.** No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

Gall Bladder: is well distended. Lumen is anechoic. Wall is of normal thickness.

CBD: is normal in diameter. Portal vein is normal in diameter.

Pancreas: is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

Spleen: is normal in size (78 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

Both Kidneys: are normal in size (RK- 96 x 41 mm & LK -82 x 39 mm), shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst or calculi is seen. Pelvicalyceal systems are not dilated. Ureters are not dilated.

Urinary bladder: is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen.

Uterus is not seen (operated).

Both iliac fossae are clear. No obvious bowel pathology is noted.
There is no free fluid in peritoneal cavity.

OPINION: GRADE-I FATTY LIVER.

*** End Of Report ***

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DR. PANKAJ UPADHYAYA
Consultant Radiologist

Dr. Smita Rastogi
M.B.B.S., DCP

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SAMPLE DATE : 24/12/2023
NAME : Mrs Sangeeta Devi
AGE/SEX : 49/YRS/FEMALE
REFERRED BY : Apollo Health

Test Name	Result	Bio. Ref. Range	Unit
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CLINICAL PATHOLOGY TEST REPORT

PAP

GROSS:

Smears collected from the ecto and the endo cervix. Slides prepared and stained with PAP stain.

MICROSCOPIC:

Smears studied show adequate representing material, comprising mainly of squamous epithelial cells. These cells have abundant pale pink eosinophilic cytoplasm and normal appearing round to oval nuclei. Smears from the endocervix show fair number of "stripped nuclei" of the endometrial cells. Occasional small cluster of the endometrial cells are seen. These cells have indistinct cellular borders, scanty basophilic cytoplasm and oval nuclei with clumped chromatin. Smears from both the sites are mildly infiltrated with inflammatory cells, mostly polymorphs

IMPRESSION: **SMEARS SUGGESTIVE OF NORMAL PAP SMEAR
WITH MODERATE INFLAMMATION**

*** End Of Report ***

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Patient name: Mrs Sangeeta Devi
Ref By. Apollo Health

Age/Sex 49/F
23/12/2023

E.C.G. REPORT

1. Rhythm	:	Sinus, Regular
2. Atrial Rate	:	62/mt
3. Ventricular Rate	:	62/mt
4. P – Wave	:	Normal
5. P R Interval	:	Normal
6. Q R S	:	
Axis	:	Normal
R/S Ratio	:	Normal
Configuration	:	Normal
7. Q T c Interval	:	Normal
8. S-T Segment	:	Normal
9. T-Wave	:	Normal

FINAL IMPRESSION

E.C.G. is within normal limits.


Signature of Doctor MOHAN MD
Reg. No. 44559

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Dr. Smita Rastogi
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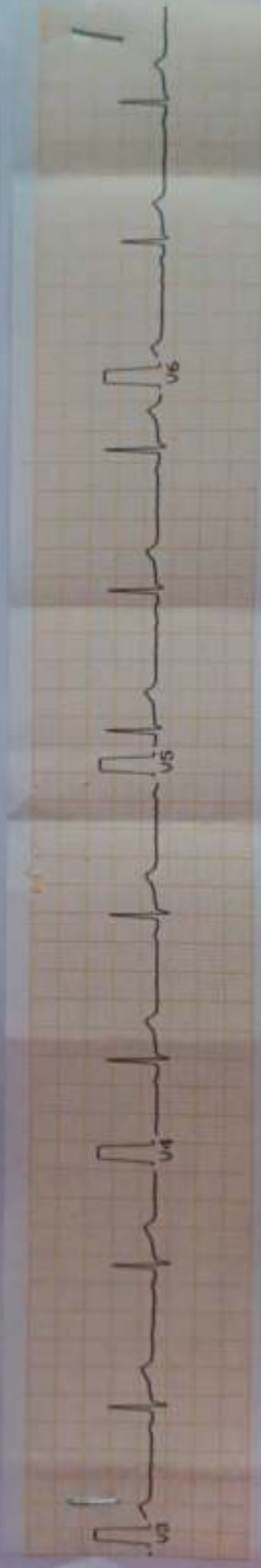
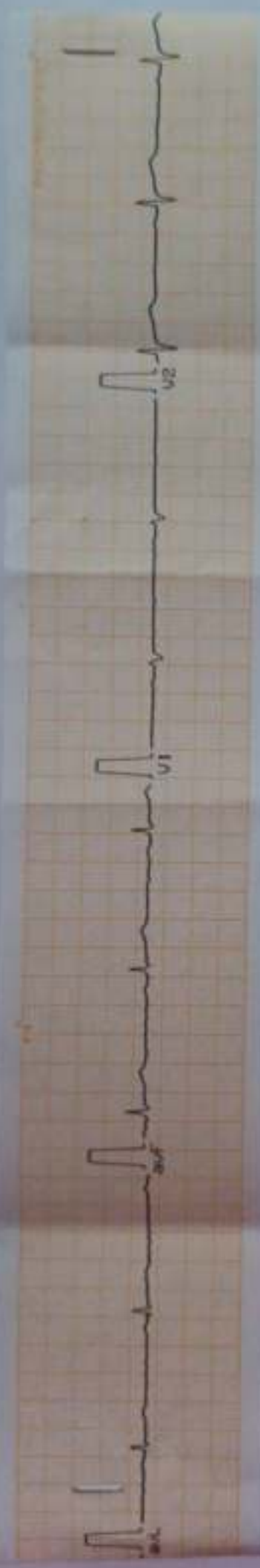
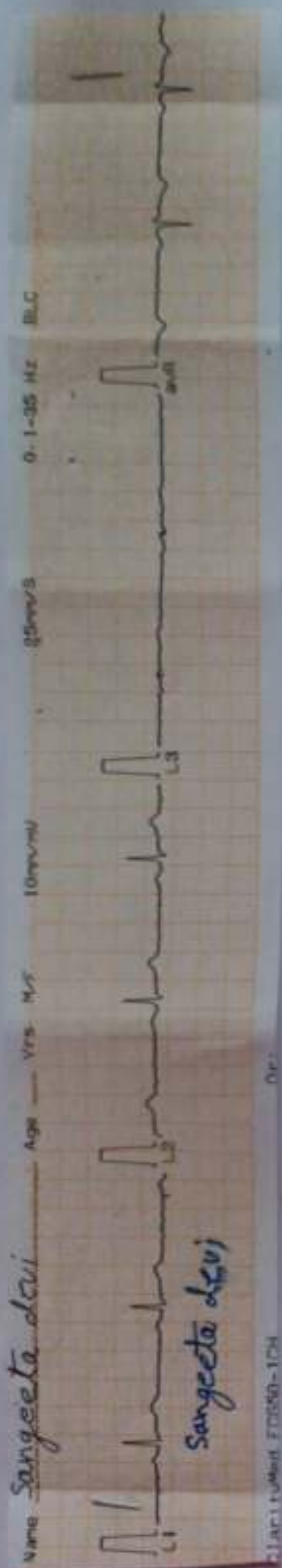
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Dr. ANIL KUMAR MD
Reg. No. 44659

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

Gomti Nagar Lucknow

Report



SANGEETA DEVI / 49 Yrs / F / 153 Cms / 63 Kg

Date: 23 - 12 - 2023 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:05	0:05	00.0	00.0	01.0	086	50 %	110/60	094	00	
Standing	00:09	0:04	00.0	00.0	01.0	076	44 %	110/60	083	00	
HV	00:18	0:09	00.0	00.0	01.0	076	44 %	110/60	083	00	
ExStart	00:45	0:27	00.0	00.0	01.0	078	46 %	110/60	085	00	
PeakEx	02:55	2:10	02.7	10.0	03.7	163	95 %	110/60	179	00	
Recovery	03:55	1:00	00.0	00.0	03.7	157	92 %	138/84	216	00	
Recovery	04:55	2:00	00.0	00.0	03.7	108	63 %	132/82	142	00	
Recovery	05:55	3:00	00.0	00.0	03.7	099	58 %	128/80	126	00	
Recovery	06:08	3:12	00.0	00.0	03.7	077	45 %	128/80	098	00	

FINDINGS :

Exercise Time : 02:10
Max HR Attained : 163 bpm 95% of Target 171
Max BP Attained : 140/86 (mm/Hg)
Max WorkLoad Attained : 3.7 Poor response to induced stress
Test End Reasons : , Stopped By Client

REPORT :

CONCLUSIONS:

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.


 Dr. ANIL KUMAR MD
 Regd. No. 44559

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

SANGEETA DEVI / 49 Yrs / F / 153 Cms / 63 Kg / HR : 86

BRUCE:Supine(0:05)

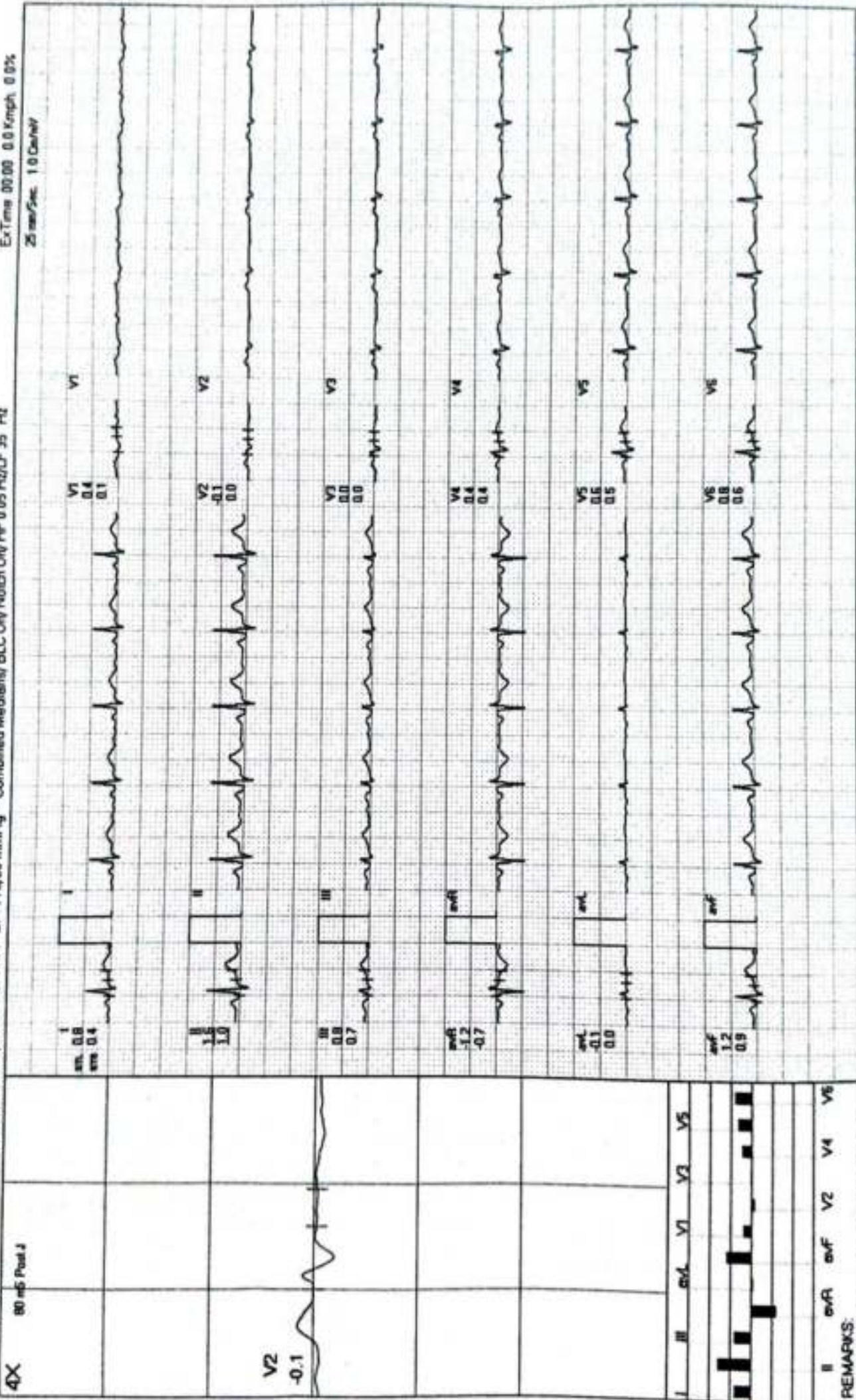


Date 23-12-2023

METS. 1.0/ 86 bpm 50% of THR BP- 110/60 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime 00:00 0.0 Kmph 0.0%

25 mm/Sec 1.0 Cal/mV



REMARKS:

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SANGEETA DEVI / 49 Yrs / F / 153 Cms / 63 Kg / HR : 76

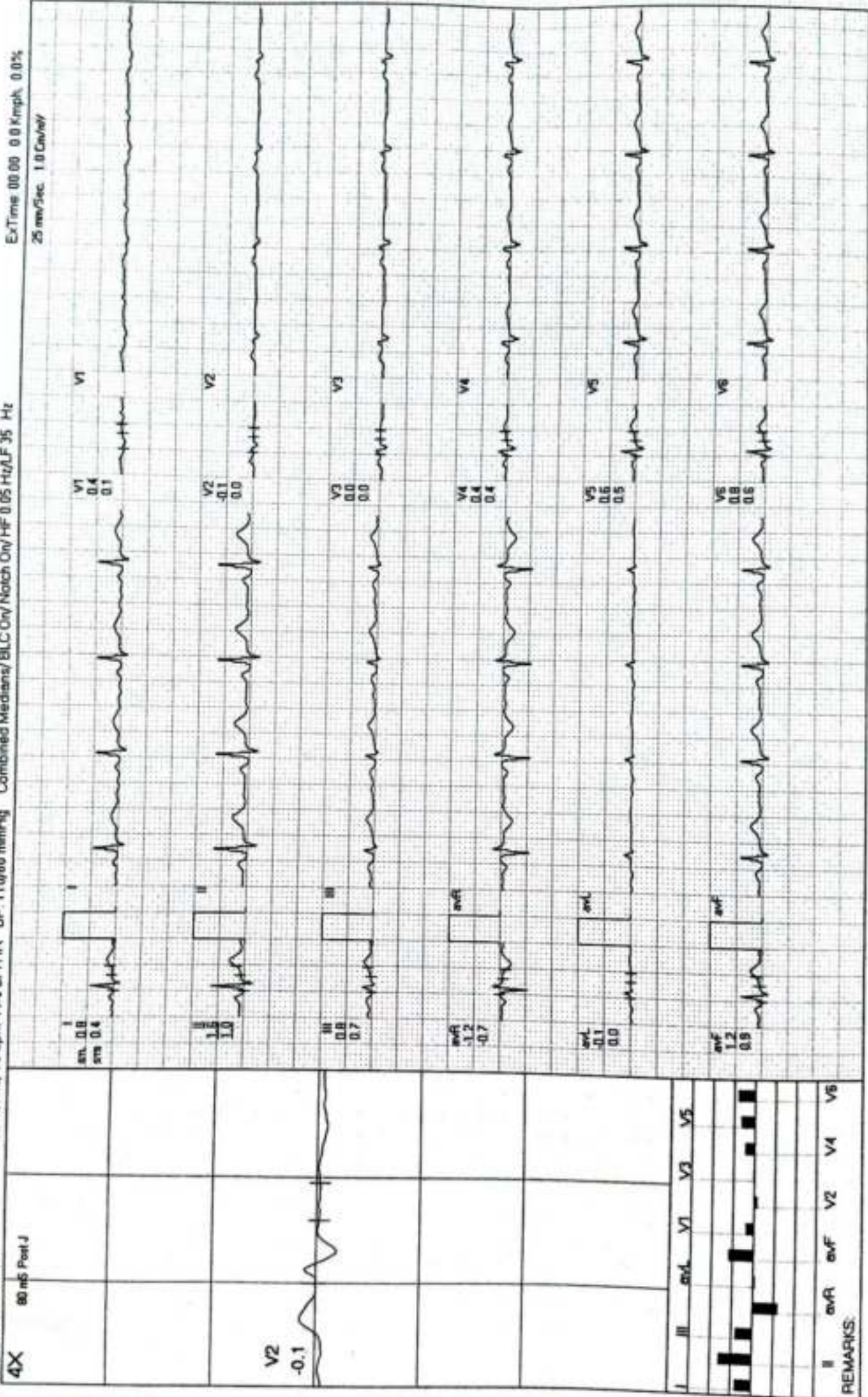
BRUCE: Standing(0:07)



Date 23-12-2023

METS: 1.0 / 76 bpm 44% of THR BP: 110/60 mmHg Combined Medians/ EILC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime 00:00 0.0 Kmph 0.0%
25 mm/Sec 1.0 Cm/Div



REMARKS:

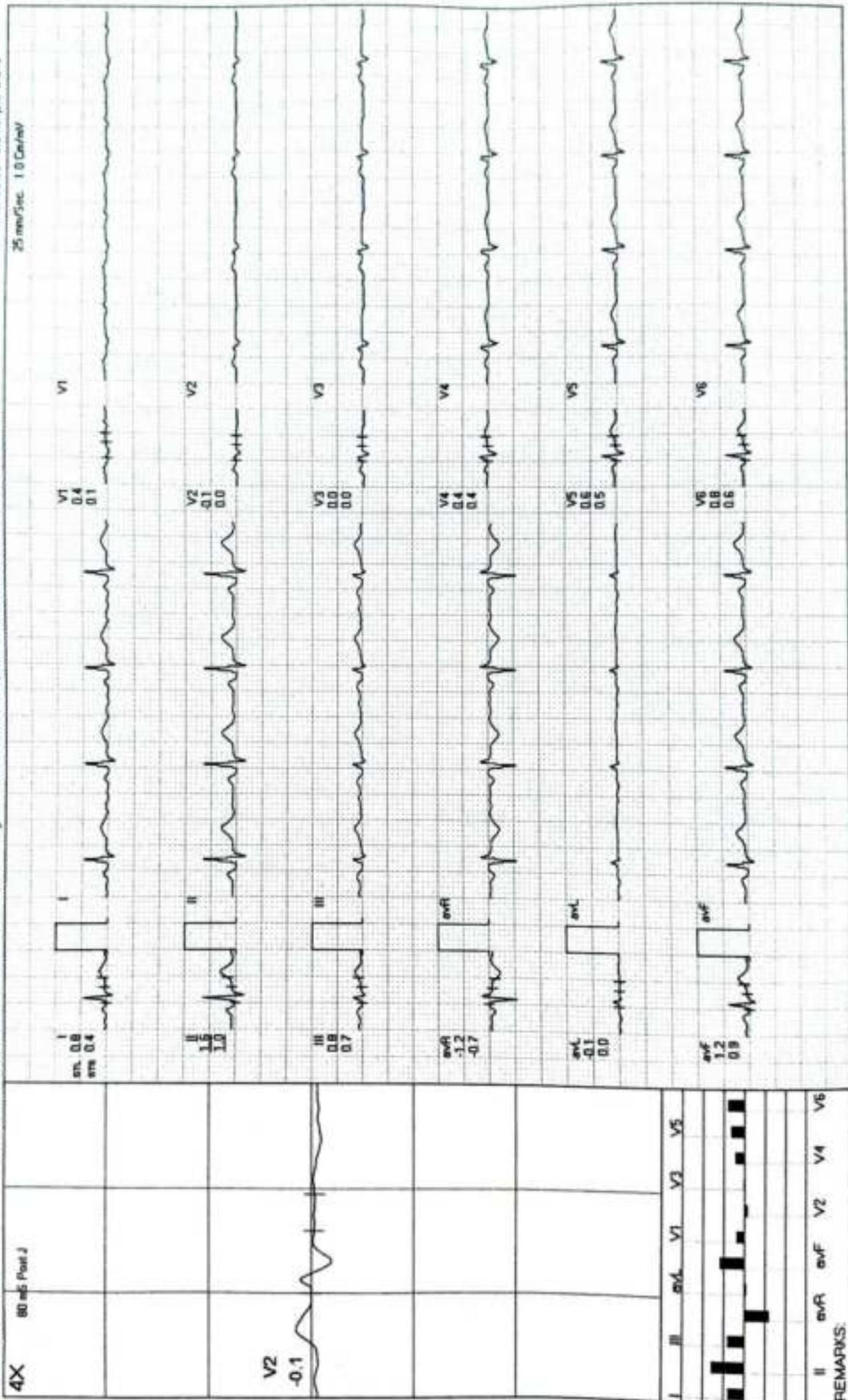
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BRUCE:HV(0:09)



SANGEETA DEVI / 49 Yrs / F / 153 Cms / 63 Kg / HR : 76

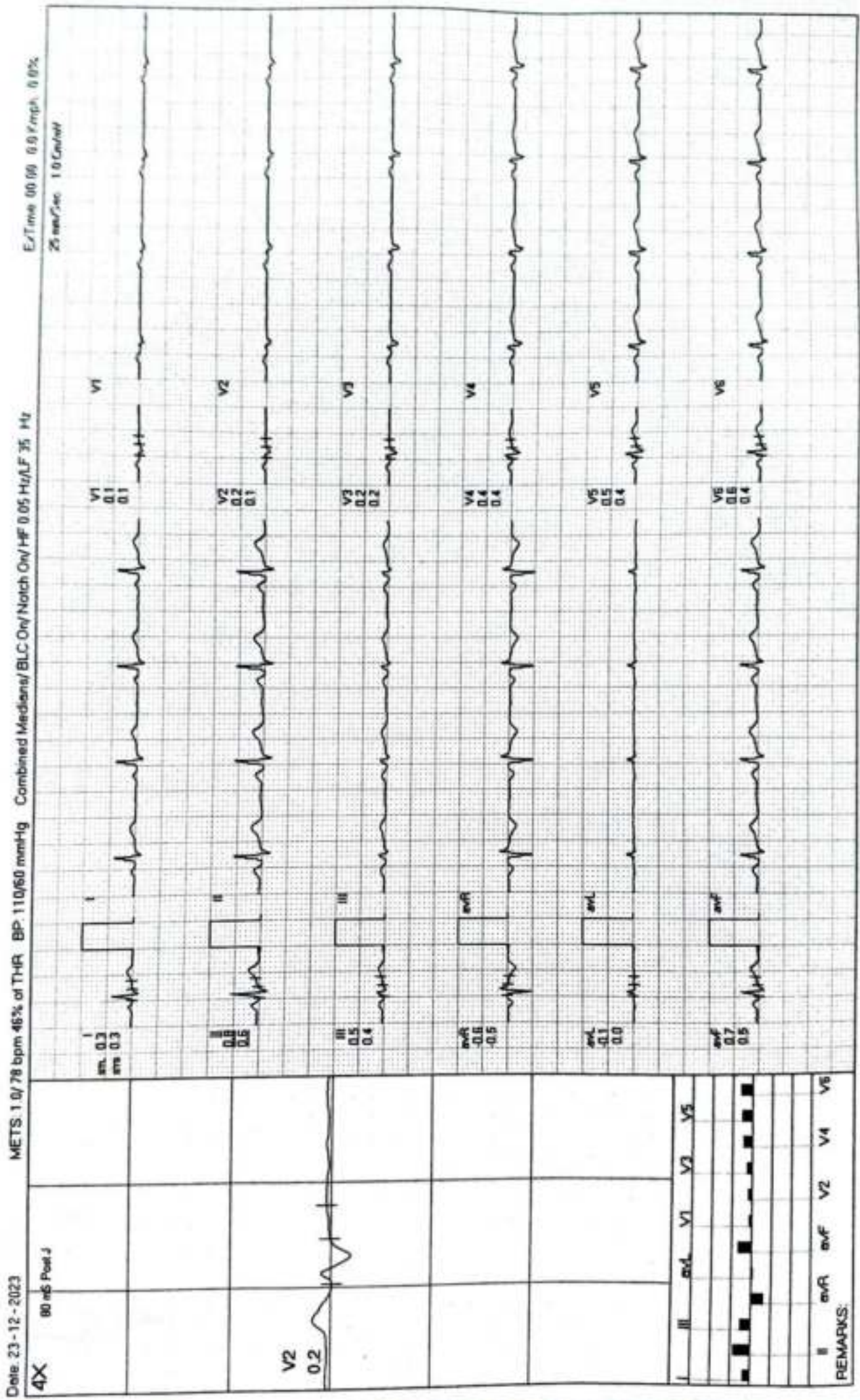
Date: 23-12-2023 METS 1.0/ 76 bpm 44% of THR BP: 110/60 mmHg Combined Mediana/ BLC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz ExTime: 00:00 0.0 Kmph. 0.0%



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SANGEETA DEVI / 49 Yrs / F / 153 Cms / 63 Kg / HR : 78

ExStart



ExTime 00:09 6.9 FrmpH 0.0%

25 mm/Sec 1.0 Cal/mt

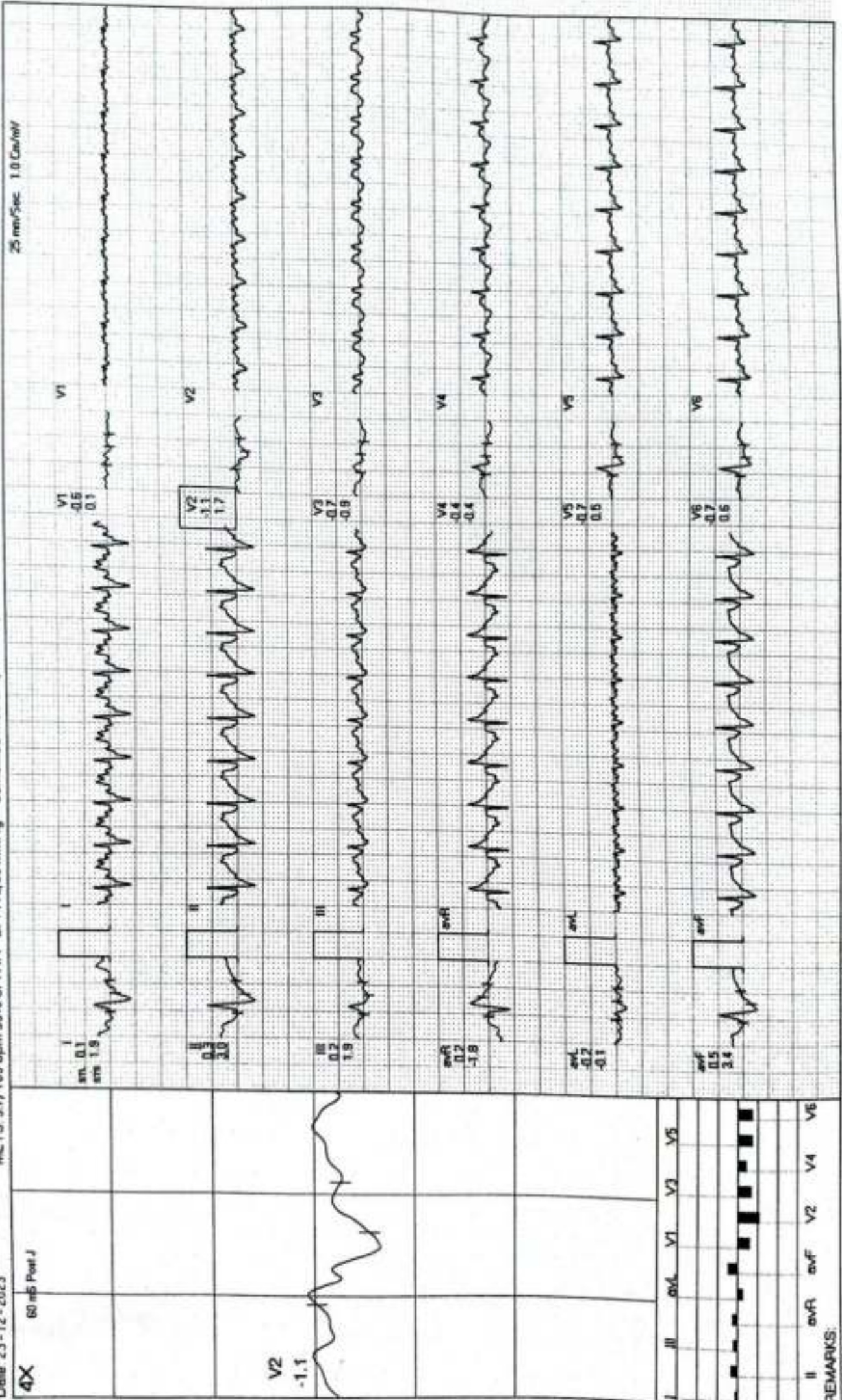
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

SANGEETA DEVI / 49 Yrs / F / 153 Cms / 63 Kg / HR : 163

PeakEx



Date 23-12-2023 METS: 3.7/163 bpm 95% of THR BP: 110/60 mmHg Combined Mediana/BLC Qty/Notch Qty/HF 0.05 Hz/LF 35 Hz ExTime 02:10 2.7 Kmph 10.0%



MODERN PATHOLOGY AND DIAGNOSTIC CENTER

SANGEETA DEVI / 49 Yrs / F / 153 Cms / 63 Kg / HR : 157

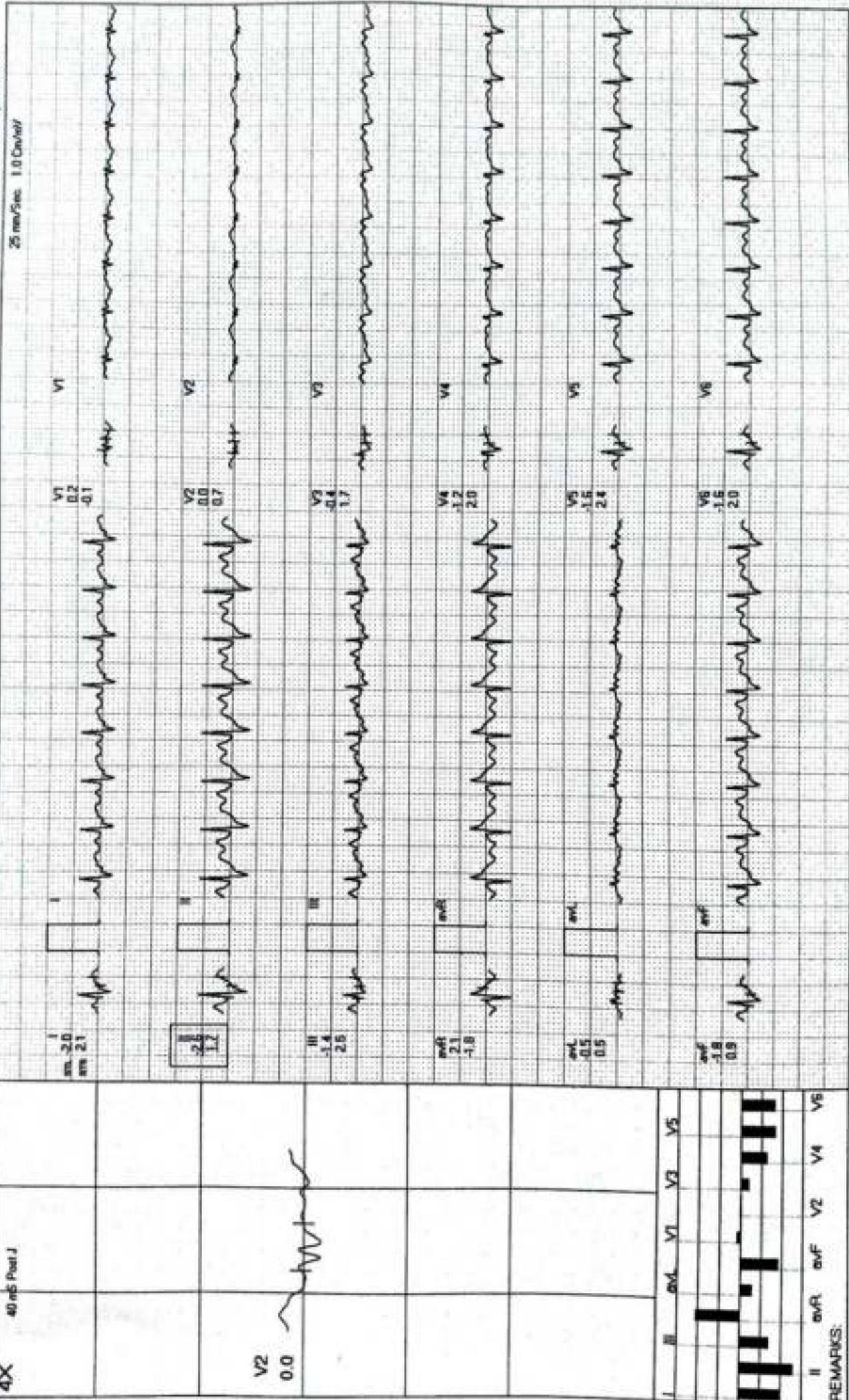
Recovery(1:00)



Date: 23-12-2023

METS: 3.7/157 bpm 92% of THR BP: 138/84 mmHg Combined Medicines/ BLC Dry/ Natch On/ HF 0.05 Hz/LF 35 Hz

ExTime 02:10 0.0 Kmph 0.0%



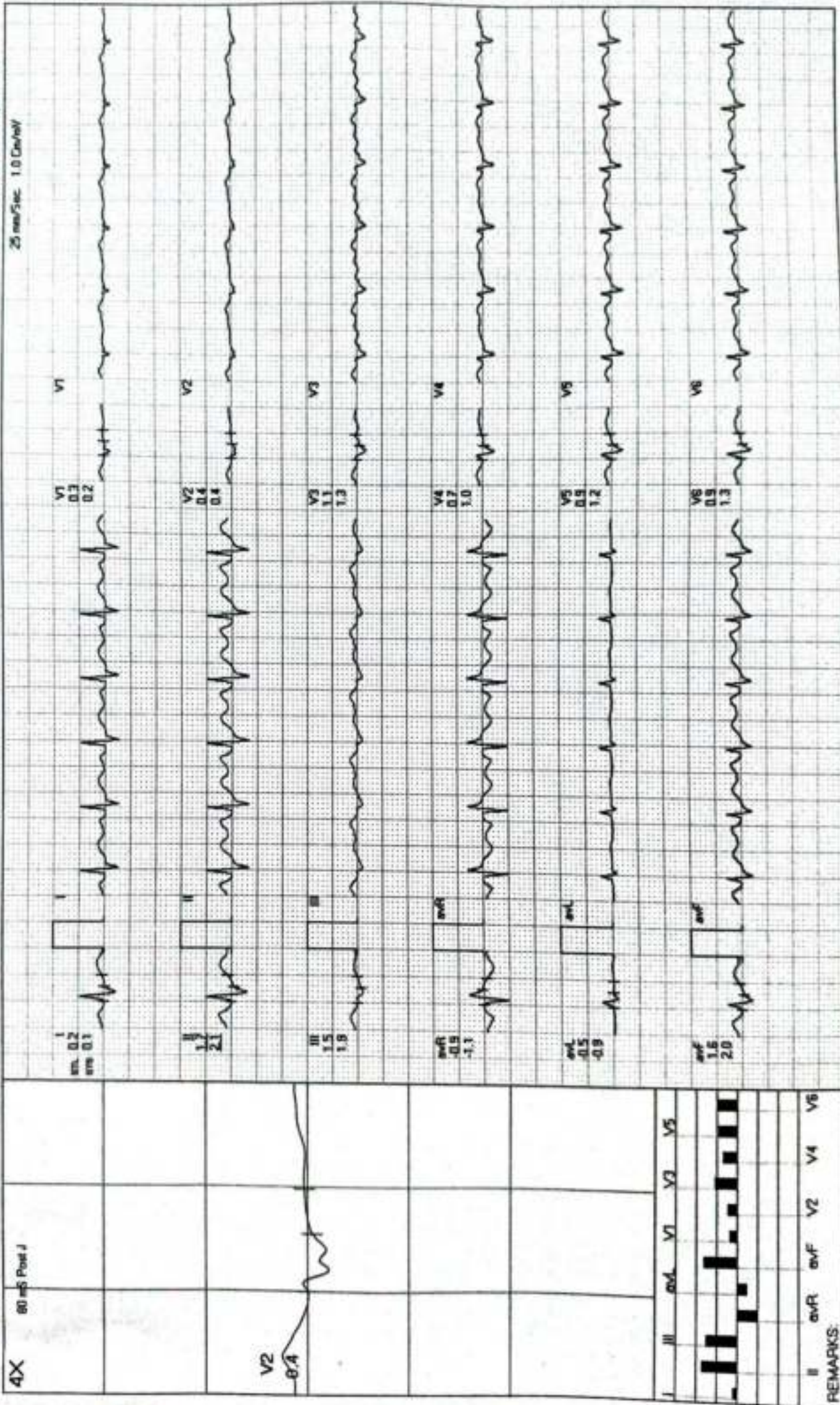
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

SANGEETA DEVI / 49 Yrs / F / 153 Cms / 63 Kg / HR : 108

Recovery(2:00)



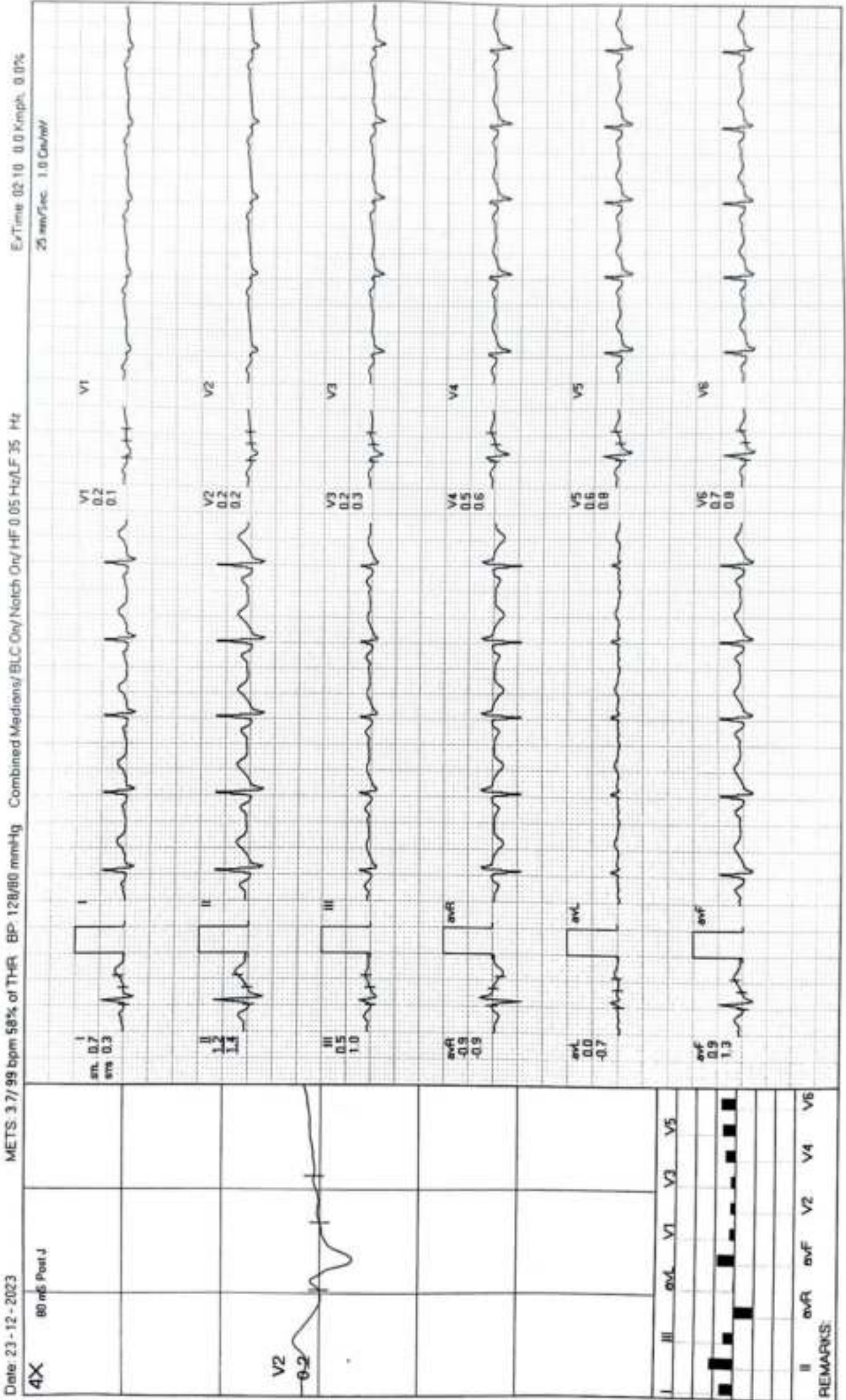
Date: 23-12-2023 METS: 3.7/108 bpm 63% of Th-R BP: 132/82 mmHg Combined Medians/BLC On/Notch On/HF 0.05 Hz/LF 35 Hz



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SANGEETA DEVI / 49 Yrs / F / 153 Cms / 63 Kg / HR : 99

Recovery(3:00)



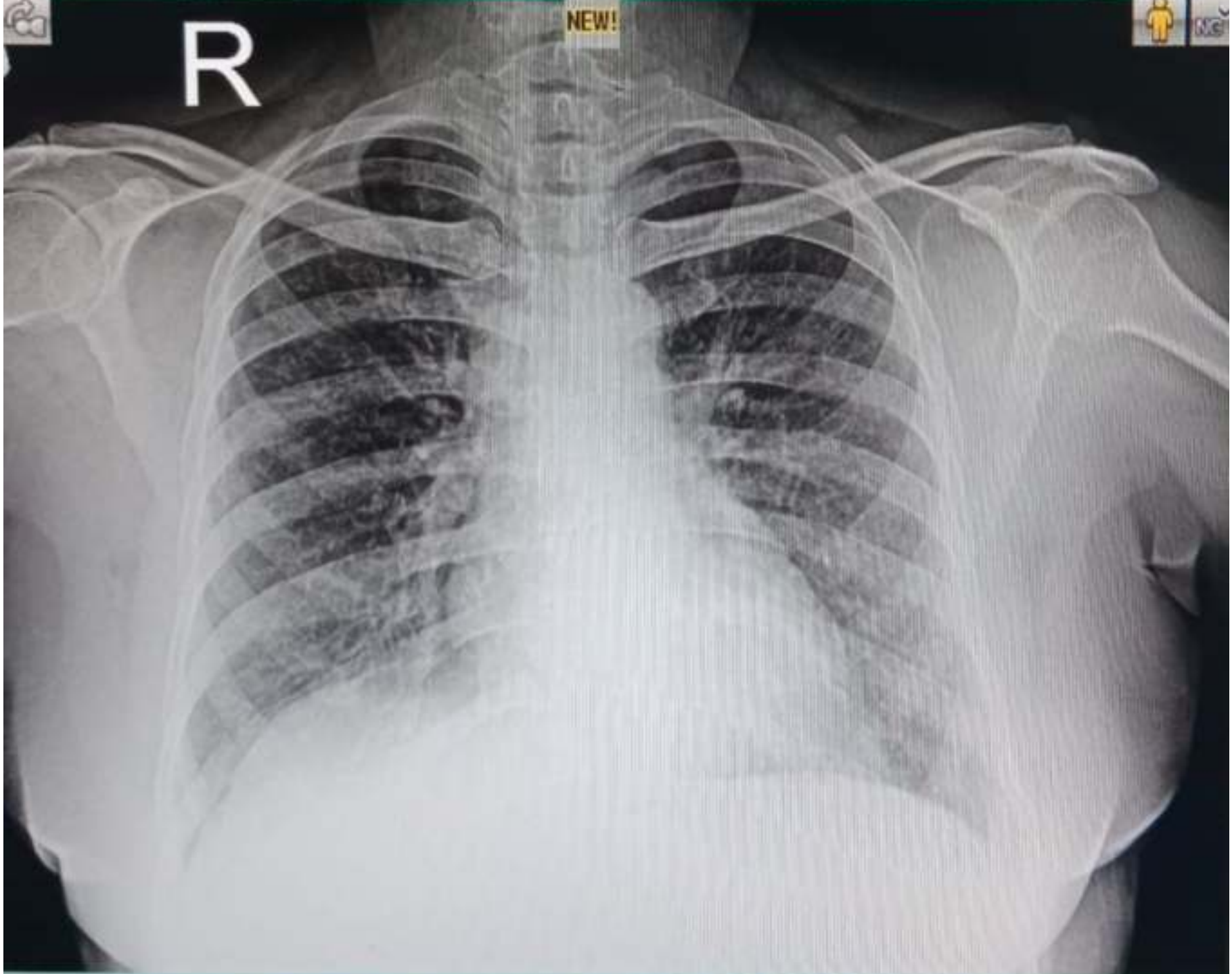


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