



Name : Mrs. RINI RANI MORANG (55 /F)

Date : 22/11/2023

AHC MEDICAL SUMMARY

Address : REHAN RESIDENCY GHORAMARA 2ND FLOOR, GUWAHATI, KAMRUP(M), ASSAM, INDIA

Examined by : Dr .APHC

UHID : AHLG2.0000035106

Package : MediWheel Full Body Health Check up-Female Above 40Yrs

AHC No : APHCAH19394



CHIEF COMPLAINTS

Package Name: MediWheel Full Body Health Check up-Female Above 40Yrs
FLATULANCE AND DYSPEPSIA

PRESENT KNOWN ILLNESS

Hypertension Since - 5; YRS
Thyroid disease - hypothyroidism; Since - 2; YRS



DRUG ALLERGY

NO KNOWN ALLERGY :22/11/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Adv - Restoration

Gastrointestinal system

Appetite - normal; Abdominal pain - no; Dyspepsia - yes; Peptic ulcer - yes; Bowel habits - regular, constipation; Piles - yes

Genitourinary system

- Nil Significant

Gynaec history

Menopause - yes; Since - 1 YR

Central nervous system

Dizziness - occasional; Concentration - good; Sleep - inadequate

Eyes

Vision - normal with glasses; Glasses - yes; Glasses for - refractive error

Musculoskeletal system

Spine and joints
Back - pain

Weight

- stable



Present medications

- THYRONORM 25 MCG
TAZLOC 40 MG ONCE



Surgical history

Thyroidectomy - Partial - 2021

Immunization history

- Precaution Dose



Personal history

Marital status - Married
No. of children - 2
Female - 1
Male - 1
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - Yes
Physical activity - Mild



Family history

Father - has expired
Aged - NOT KNOWN
Cause - cancer
Mother - has expired
Aged - 65 YRS
Cause - natural cause
Sisters - 1
Coronary artery disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Height	- 148
Weight	- 61
BMI	- 27.85
Waist circumference	- 90
Hip	- 97
Waist/ Hip ratio	- 0.93
Pallor	- No
Oedema	- no
SpO2	- 98% RA



Head and ENT

Nose	- Deviation of septum to left
Throat	- Hypertrophied tonsillitis
Others	- Nose Bilateral HIT +



Cardiovascular system

Heart rate (Per minute)	- 62
Rhythm	- Regular
	- B.P. Sitting
Systolic(mm of Hg)	- 140
Diastolic(mm of Hg)	- 80
Heart sounds	- S1S2+

Respiratory system

Rate of respiration(per minute)	- 20
Breath sounds	- Normal vesicular breath sounds



Abdomen

Organomegaly	- No
Tenderness	- No

Eyes

Eye vision	- Normal
Eye vision	- BE 6/6. N6
Pupil	- Normal
Intraocular pressure	- 19 mmHg (BE)
Advice for spectacle	- Yes

Printed By : HEALTH CHECK REPORT

Executive Summary



1. Overweight (BMI 27.8)
2. Hypertensive on medication (BJP 140/80)
3. Hypothyroid on medication (TSH 6.55 uIU/ml)
4. Dyslipidemia (Ch 188 mg/dl, LDL 124 mg/dl)
5. Hypochromic normocytic anaemia (Hb 9.4 g/dl)
6. Fatty liver Grade I
7. Fatty pancreas
8. Uterine myoma (33 x 23 mm)
9. Both Breasts (BIRADS 2)

Wellness Prescription

Advice On Diet :-



Dietician consultation

Advice On Physical Activity :-



Regular exercise

Medications

1. TAB TAZLOC 40 MG x continue
2. TAB THYRONORM 25 MCG x continue
3. TAB ROSUVAS 10 MG 1 tab once daily at bedtime x continue
4. CAP LUMIA 60K (8) 1 cap once monthly x 8 months

Recommended Follow-up Tests

Test Name	Test Schedule	Repeat Frequency	Remarks
HB ELECTROPHORESIS	Immediate/Urgent		
IRON - SERUM	Immediate/Urgent		
IRON BINDING CAPACITY TOTAL - SERUM	Immediate/Urgent		

: Mrs. RINI RANI MORANG (55 /F)

UHID : AHLG2.000063106 Date : 21/11/2023

APHC MEDICAL SUMMARY

Package : MediWheel Full Body Health Check up-Female Above 40Yrs

AHC No : APHCAH19394

Follow-up and Review Plan



Referred to Gynecologist.



Scan the QR code
in AskApollo App
to book your
follow-up
appointments and
investigations

Dr.APHC

AHC Physician / Consultant Internal Medicine

Printed By : HEALTH CHECK REPORT

Dr. Prabin Kumar Saikia
MD (Gen Medicine), FCGP, FICP, PGDHHM
Registration No.-7523, Assam
Consultant Physician, APHC
Apollo Hospitals Guwahati-781005

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

Medications

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Dr.APHC

AHC Physician / Consultant Internal Medicine

Dr. Prabin Kumar Saikia
MD (Gen Medicine), FCGP, FICP, PGDHHM
Registration No.-7523, Assam
Consultant Physician, APHC
Apollo Hospitals Guwahati-781005

Name : Mrs. RINI RANI MORANG Age : 55Yr 5Mth 28Days Gender : Female
 UHID : AHLG2.0000035106 / APHCAH19394 W/BN/RefNo : AHC
 SIN \ LRN : 122616200 \ 122616247 \ 122616241 \ 10059995
 Specimen : Serum
 Ref Doctor : DR. PRABIN KUMAR SAIKIA



Collected on : 22-NOV-2023 10:54:11 AM Received on : 22-NOV-2023 12:14:25 PM Reported on : 22-NOV-2023 01:28:39 PM

MediWheel Full Body Health Check up-Female Above 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
ALT(SGPT) - SERUM (UV With P5P-IFCC)	33	Healthy Females:14-59 U/L	U/L
ALBUMIN - SERUM (Brom Cresol Green)	3.6	Healthy Adults:3.5-5.2	g/dL
GLOBULIN-SERUM(Calculated)	3.5	Healthy Adults: 1.8 - 3.6	
ALBUMIN:GLOBULIN-SERUM(RATIO)(Calculated)	1 *	0 - 0	
ALKALINE PHOSPHATASE - SERUM PNPP,AMP Buffer-IFCC	117	Healthy Adults:40-150	U/L
AST (SGOT) - SERUM (UV With P5P-IFCC)	25	Healthy Adults:15 - 37	U/L
BILIRUBIN, TOTAL - SERUM (Modified Doumas Ref. method/Jendrassik & Grof.)	0.4	Healthy Adults <=1.0	mg/dL
CHOLESTEROL - SERUM (Cholesterol Oxidase)	188	Desirable:<200 Borderline:200 - 240 High Risk:>=240	mg/dL
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM (L-gamma-glutamyl-3-carboxy-4-nitranilide)	33	Healthy Women 5 - 55	U/L

CONSULTANTS

DR. I. KALITA, MD

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DR. A. VERMA, DCP

DR. M. BARMAN, MD

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GLUCOSE -PLASMA (FASTING)			
Hexokinase	94	Non-Diabetic: <=100 Pre-Diabetic: 100-125 Diabetic: >=126	mg/dL
HDL CHOLESTEROL - SERUM / PLASMA (Direct Measurement)	45	Low: <40 High: >=60 Desirable :< 4.5	mg/dL
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	4.2		
LDL CHOLESTEROL - SERUM(DIRECT LDL) (Homogenous Method)	124 *	Optimal:<100 Near Optimal:100-129 Borderline High 130-159 High:160-189 Very High:>=190	mg/dL
PROTEIN, TOTAL - SERUM (Biuret)	7.1	Healthy Adults:6.4-8.3	mg/dl
TRIGLYCERIDES - SERUM (Glycerol Phosphate Oxidase)	128	Normal : <150 Borderline High :150-199 High : 200-499 Very High : >=500	mg/dL
UREA - SERUM (Enzymatic,Urease-GLDH) (Urease)	25	>50 years:21-43	mg/dL
URIC ACID - SERUM (Modified Uricase)	3.6	Healthy Women:2.6 - 6.0	mg/dL

Page 2 of 3

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DEPARTMENT OF BIOCHEMISTRY

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VLDL CHOLESTEROL - SERUM CALCULATED.	26	Desirable: <30	
BILIRUBIN CONJUGATED (DIRECT) - SERUM (Jendrassik & Grof)	0.1	Healthy Adults: 0.0-0.5	mg/dL
CREATININE - SERUM JAFFE METHOD	0.8	Healthy Women: 0.57 - 1.11	mg/dL
TOTAL T3: TRI IODOTHYRONINE - SERUM (Eclia)	1.4	Healthy Adults Euthyroid: 1.2-3.1	nmol/L
TOTAL T4: THYROXINE - SERUM (Eclia)	86.0	Healthy Adults Euthyroid: 58.1-154.8	nmol/L
TSH: THYROID STIMULATING HORMONE - SERUM (Eclia)	6.55 *	Healthy Adults Euthyroid: 0.270-4.20	uIU/mL
GLUCOSE - PLASMA (POST PRANDIAL) Hexokinase	142 *	Normal: <140 Pre-Diabetic: 140-199 Diabetic :->=200	mg/dL

Report Status: Final

* END OF REPORT *

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1078550

Printed On : 23-NOV-2023 08:55:23 AM

Dr. MOUSHUMI SAIKIA,
MBBS.MD
REG NO.14979 AMC
CONSULTANT BIOCHEMIST

Page 3 of 3

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 UHID : AHLG2.0000035106 / APHCAH19394 W/BNo/RefNo : AHC
 SIN \ LRN : 122616243 \ 10059995
 Specimen : Whole blood
 Ref Doctor : DR. PRABIN KUMAR SAIKIA



Collected on : 22-NOV-2023 10:54:11 AM Received on : 22-NOV-2023 11:54:29 AM Reported on : 22-NOV-2023 12:49:47 PM

MediWheel Full Body Health Check up-Female Above 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD	5.3	GOAL:<6.5% Prediabetic:5.7-6.4%	%
GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD		Diabetic:>6.5% Non-diabetic:<5.7%	
		Uncontrolled-diabetics>8%	
Mean Plasma Glucose (MPG) Estimate:	105.4100		mg/dL

Report Status:Final

* END OF REPORT *

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First Report Printed On : 23-NOV-2023 08:56:09 AM
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DR. ASHWIN VERMA, D C P
ASSOCIATE CONSULTANT PATHOLOGIST
REGD NO. 5340 AMC

Page 1 of 1

CONSULTANTS

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 UHID : AHLG2.0000035106 / APHCAH19394 W/BNo/RefNo : AHC
 SIN \LRN : 122616244 \ 122616246 \ 10059995
 Specimen : Urine
 Ref Doctor : DR. PRABIN KUMAR SAIKIA



Collected on : 22-NOV-2023 10:54:11 AM Received on : 22-NOV-2023 03:38:27 PM Reported on : 22-NOV-2023 03:39:42 PM

MediWheel Full Body Health Check up-Female Above 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
URINE- BENCE JONES PROTEINS	Negative	Negative	
URINE ROUTINE (CUE)			
Color,:	Pale yellow	Pale Yellow/amber	
Transparency:	Clear	Clear	
Specific Gravity(Strip Method)	1.010 *	1.016 - 1.026	
pH(Strip Method+ Ph Paper)	6.0	4.6 - 8	
Glucose:(Benedicts+Strip Method)	Nil	Negative	
Protein :(Strip+Heat Method)	Nil	Negative	
DEPOSITS:(Microscopy)			
RBC	Not seen	Upto 3 Cells/hpf	
WBC/Pus Cells	0-1 /HPF	Upto to 5 Cells/hpf	
Squamous epithelial cells	0-1 /HPF	Up to 20	
Casts:(Microscopy)	Not Detected	Absent	/lpf
Crystals:	Not Detected	Absent	/lpf
Nitrite	Negative	Negative	
URINE SUGAR	Nil		
HEMOGRAM(CBC+ESR+RECTIC+PS)			
Hemoglobin	9.4 *	12.0 - 15.0	g/dl
RBC COUNT	3.81	3.8 - 4.8	Million/ul
MCV	83.2	82.0 - 92.0	fl
MCH	24.7 *	26.0 - 32.0	pg
MCHC	29.7 *	31.0 - 36.0	g/dl
RDW-CV	17.3 *	11.6 - 14	%
RETICULOCYTE COUNT	1.96	Healthy Adult :-0.5-2.5%	%

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 SIN ILRN : 122616244 \ 122616246 \ 10059995
 Specimen : Urine
 Ref Doctor : DR. PRABIN KUMAR SAIKIA



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Corrected TLC/WBC Count	5.76		
Platelet Count	150	150 - 400	10 ⁹ /mm ³
ERYTHROCYTE SEDIMENTATION RATE (ESR)	25 *	0 - 20	mm/1st hr
Differential Count			
Neutrophils	54.9	40 - 70	%
Lymphocytes	38.9	20 - 40	%
Eosinophils	3.5	1 - 6	%
Monocytes	2.4	2 - 10	%
Basophils	0.3	0 - 2	%
PERIPHERAL SMEAR			
RBC:	Normocytic with hypochromia +		
WBC:	Total and Differential counts are within normal limits		
Platelets:	Adequate on the smear		
Hemoparasites	No hemoparasites		
PACKED CELL VOLUME [PCV]	31.7 *	36 - 46	%
Report Status:Final			

* END OF REPORT *

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First Report Printed On : 23-NOV-2023 08:57:29 AM

Printed On : 23-NOV-2023 08:57:53 AM

DR. ASHWIN VERMA, D.C.P
ASSOCIATE CONSULTANT PATHOLOGIST
REGD NO. 5340 AMC

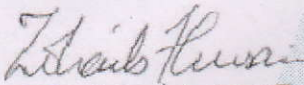
DEPARTMENT OF RADIOLOGY & IMAGING

Division of Colour Doppler & Ultrasonography

Patient ID:	AHLG20000035106	Patient Name:	RINI RANI MORANG
Age:	55 Years	Sex:	F
Accession Number:	17002.123274233	Modality:	DX
Referring Physician:	Prabin Kumar Saikia	Study:	Chest PA
Study Date:	22-Nov-2023		

CHEST PA VIEW

- No active parenchymal lesion is seen in the lung fields.
- Hilar shadows are normal.
- Cardiac size is normal.
- Hemidiaphragms are normal. CP angles are normal.
- Bony thorax is intact.



Dr. Zohaib Hussain, MD, DNB
Consultant Radiologist
Reg No - 26584 (AMC)

Date: 22-Nov-2023 11:16:00

APOLLO
HOSPITALS
GUWAHATI
TOUCHING LIVES

S Hazarika, MD R. Baruah, DMRD P. Hatimota, MD R. Sarmah, MD A. Agarwal, MD M. Gohain, MD, S. Choudhury, MD Zohaib Hussain MD DNB
Discrepancy or transcription error if detected should be sent for correction

DEPARTMENT OF RADIOLOGY & IMAGING

Division of Colour Doppler & Ultrasonography

Patient ID:	0000035106	Patient Name:	RINI RANI MORANG
Age:	55 Years	Sex:	F
Accession Number:		Modality:	US
Referring Physician:	DR P KR SAIKIA	Study:	W/A
Study Date:	22-Nov-2023		

USG OF WHOLE ABDOMEN

LIVER

The liver is normal in size with increased parenchymal echotexture. No focal lesion is seen. The intrahepatic portal and hepatic venous system are normal. The intrahepatic bile ducts are not dilated.

GALL BLADDER

The gall bladder is normally distended and shows smooth contour. There is no obvious echoreflexive calculus in the gall-bladder. GB wall thickness is within normal limit.

CBD

The CBD is normal in course and calibre. No obvious luminal pathology in visualized portion.

SPLEEN

The spleen is normal in size and echotexture. No focal lesion is noted.

PANCREAS

The pancreas is normal in size with mildly increased echotexture. No focal lesion is seen. Pancreatic duct is not dilated.

KIDNEYS

Both the kidneys are normal in size, shape, position and echotexture. Cortico-medullary differentiation is maintained. No evidence of calculi or calyceal dilatation on either side. Ureters are not dilated.

Right kidney measures – 103 mm Left kidney measures – 99 mm

URINARY BLADDER

The urinary bladder is normal in capacity and contour. The wall is not thickened. No intraluminal calculus or mass is seen.

UTERUS

Status post menopausal. There is approximately 33 x 33 mm sized subserosal myoma in the anterior myometrium of the body of uterus.

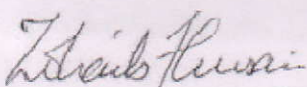
ADNEXAE

Both the ovaries are atrophied.

No ascites is seen.

Impression:

- **Grade – I hepatic steatosis.**
- **Mild fatty pancreas.**
- **Post menopausal uterus with 33 x 33 mm sized myoma.**



Dr. Zohaib Hussain, MD, DNB
Consultant Radiologist
Reg No - 26584 (AMC)

Date: 22-Nov-2023 13:23:37

S Hazarika, MD R. Baruah, DMRD P. Hatimota, MD R. Sarmah, MD A. Agarwal, MD M. Gohain, MD, S. Choudhury, MD Zohaib Hussain MD DNB

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DEPARTMENT OF RADIOLOGY & IMAGING

Division of Colour Doppler & Ultrasonography

Patient ID:	AHLG2.0000035106	Patient Name:	MRS RINI RANI MORANG
Age:	55 Years	Sex:	F
Accession Number:		Modality:	MG
Referring Physician:	DR. PRABIN KUMAR SAIKIA	Study:	Bilateral Mammogram - PRIME
Study Date:	22-Nov-2023		

Examination: Bilateral digital sonomammography.

PROTOCOL: Bilateral digital mammography has been performed in the cranio-caudal (CC) and medio-lateral oblique (MLO) projection with complimentary ultrasound.

Findings:

The breasts reveal mixed fatty and fibroglandular parenchyma. No evidence of any spiculated lesions seen on either side. Few small discrete calcific foci are noted in bilateral breasts at places.

Both breasts: On USG correlation, no discernable mass lesion or calcification seen.

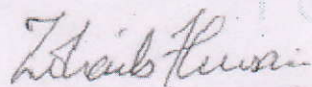
No axillary lymphadenopathy is seen.

REMARKS:

- **RIGHT BREAST: BIRADS category 2**
- **LEFT BREAST: BIRADS category 2**

BIRADS CATEGORY: (0 = Requires additional evaluation, 1 = Negative, 2 = Benign findings, 3 = Probably benign findings, 4 = Suspicious abnormality, 5 = Highly suggestive of malignancy).

PLEASE NOTE. Not all breast abnormalities show up on mammography. The false negative rate of mammography is approximately 10%. The management of a palpable abnormality must be based on clinical grounds. If you detect a lump or any other change in your breast before your next screening mammogram, consult your doctor immediately.



Dr. Zohaib Hussain, MD, DNB
Consultant Radiologist
Reg No - 26584 (AMC)

Date: 22-Nov-2023 13:25:36

S Hazarika, MD R. Baruah, DMRD P. Hatimota, MD R. Sarmah, MD A. Agarwal, MD M. Gohain, MD, S Choudhury, MD Zohaib Hussain MD DNB
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APOLLO HOSPITAL'S GHY
RG BARUAH ROAD
GUWAHATI

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: MRS. RINI RANI, MORANG

DOB: 25.05.1968

Patient ID: 91020

Age: 55yrs

Height:

Gender: Female

Weight:

Race: Indian

Study Date: 22.11.2023

Referring Physician: --

Test Type: --

Attending Physician: --

Protocol: BRUCE

Technician: --

Medications:

--

Medical History:

--

Reason for Exercise Test:

--

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:05	0.00	0.00	65	140/80	
	STANDING	00:09	0.00	0.00	68		
	WARM-UP	00:11	1.60	0.00	63		
EXERCISE	STAGE 1	03:00	2.80	10.00	102	150/80	
	STAGE 2	03:00	4.10	12.00	129	160/86	
	STAGE 3	00:23	5.50	14.00	134	170/86	
RECOVERY		03:05	0.00	0.00	87	140/80	

The patient exercised according to the BRUCE for 6:22 min:s, achieving a work level of Max. METS: 8.20. The resting heart rate of 54 bpm rose to a maximal heart rate of 137 bpm. This value represents 83 % of the maximal, age-predicted heart rate. The resting blood pressure of 140/80 mmHg, rose to a maximum blood pressure of 170/86 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Overall impression: Normal stress test.

Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA

Physician

Technician

22/11/23
DR. SIBA PRASAD PURKAYASTHA
MBBS, PGDCC.
Jr. Consultant Cardiologist
Apollo Hospitals, Guwahati
Unit : International Hospitals

Patient Details : Mrs. RINI RANI MORANG | Female | 55Yr 5Mth 28Days

UHID : AHLG2.0000035106 **Patient Location:** AHC

Patient Identifier: APHCAH19394



DRN : 100191858

Completed on : 22-NOV-2023 11:07

Ref Doctor : Dr. Prabin Kumar Saikia

ECG

IMPRESSION .:

SINUS BRADYCARDIA

DR. SIBA PRASAD PURKAYASTHA
MBBS, PGDCC.
Jr. Consultant Cardiologist
Apollo Hospitals, Guwahati
Unit : International Hospitals

--- END OF THE REPORT ---