

Re: Health Check up Booking Confirmed Request(bobE30085),Package Code-PKG10000241, Beneficiary Code-59430

Mediwheel Wellness <mediwheelwellness@gmail.com>

Wed 01-03-2023 11:58

To: Customer Care :Mediwheel : New Delhi <customercare@mediwheel.in>

On Thu, Feb 23, 2023 at 2:33 PM Mediwheel <wellness@mediwheel.in> wrote:

011-41195959
Email:wellness@mediwheel.in

Dear **MS. SHARMA KHUSHBOO**,

Please find the confirmation for following request.

Booking Date : 18-02-2023
Package Name : Medi-Wheel Metro Full Body Health Checkup Female Below 40
Name of Diagnostic/Hospital : Dharamshila Narayana Superspeciality Hospital
Address of Diagnostic/Hospital : Vasundhara Enclave Near Ashok Nagar, Dallupura -110096
Contact Details : 9990840930
City : Delhi
State : DELHI
Pincode : 110096
Appointment Date : 04-03-2023
Confirmation Status : Confirmed
Preferred Time : 8:00am-9:00am
Comment : APPOINTMENT TIME 8:30AM

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.



भारत सरकार

Government of India

खुशबू शर्मा

Khushboo Sharma

जन्म तिथि / DOB : 25/02/1991

महिला / Female



4553 4052 8982

आधार - आम आदमी का अधिकार

25/02/1991



आधार

भारतीय विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India

Address:
D/O: Ashok Kumar Sharma, Vill
kartaipur, post sadar,
brahmasthan, Kartarpur,
Azamgarh, Azamgarh, Uttar
Pradesh, 276001

पता: अशोक कुमार शर्मा, गाँव
कर्तापुर, पोस्ट सदर, ब्रह्मस्थान,
कर्तारपुर, अजमगढ़, अजमगढ़,
उत्तर प्रदेश, 276001

4553 4052 8982



help@uidai.gov.in

WWW

www.uidai.gov.in



1947

1800 300 1947

DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Khushboo Sharma MRN : 15050000146306 Gender/Age : FEMALE , 32y (25/02/1991)
 Collected On : 04/03/2023 10:20 AM Received On : 04/03/2023 10:49 AM Reported On : 04/03/2023 03:47 PM
 Barcode : D62303040119 Specimen : Plasma Consultant : Dr. Gaurav Jain(GENERAL MEDICINE)
 Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9910643671

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
HBA1C			
HbA1c (Enzymatic Method)	5.0	%	Normal: 4.0-5.6 Pre Diabetes: 5.7-6.4 Diabetes: => 6.5 ADA Recommendation 2017
Estimated Average Glucose	96.8	-	-

Interpretation:

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

Interpretation Notes

- HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations. Target goals of < 7.0 % may be beneficial in patients. Please co-relate with Blood Sugar Fasting.

RENAL PACKAGE - 2 (RFT FASTING)

Fasting Blood Sugar (FBS) (GOD/POD)	89.0	mg/dL	74.0-106.0
Blood Urea Nitrogen (BUN) (Urease, UV)	14.5	mg/dL	7.0-17.0

SERUM CREATININE

Serum Creatinine (Enzymatic Two Point Rate - Creatinine Amidohydrolase)	0.63	mg/dL	0.5-1.04
eGFR (Calculated)	109.6	mL/min/1.73m ²	Indicative of renal impairment < 60 Note:eGFR is inaccurate for Hemodynamically unstable patients eGFR is not applicable for less than 18 years of age.

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Dharamshila Narayana Superspeciality Hospital

(A Unit of Dharamshila Cancer Foundation and Research Centre)
 (Hospital Reg No : DHS/NH/144 | PAN No : AAATD0451G | GST No : 07AAATD0451G1Z7)

Hospital Address: Vasundhara Enclave, Near New Ashok Nagar Metro Station, Delhi 110 096
 Tel +91 11 6904-5555 | www.narayanahealth.org | info.dnsh@narayanahealth.org

Appointments
1800-309-0309
 Emergencies
73700-73700

Patient Name : Ms Khushboo Sharma MRN : 15050000146306 Gender/Age : FEMALE , 32y (25/02/1991)

Serum Sodium (ISE Direct)	142.1	mmol/L	137.0-145.0
Serum Potassium (ISE Direct)	4.82	mmol/L	3.5-5.1
Serum Chloride (ISE Direct)	105.3	mmol/L	98.0-107.0
Serum Bicarbonate Level (Phosphoenolpyruvate Carboxylase /Mdh Enzymatic End Point Assay)	26.2	mmol/L	22.0-30.0
Serum Calcium (Arsezano III Dye Binding Method)	9.20	mg/dL	8.4-10.2
Serum Magnesium (Formazan Dye)	1.94	mg/dL	1.6-2.3
Serum Uric Acid (Colorimetric - Uricase,Peroxidase)	4.57	mg/dL	3.5-8.5
Serum Phosphorus (Phosphomolybdate Reduction)	3.10	mg/dL	2.5-4.5



Dr. Amit Samadhiya
 MBBS, MD Biochemistry
 JUNIOR CONSULTANT

BLOOD BANK LAB

Test	Result	Unit
BLOOD GROUP & RH TYPING		
Blood Group	"B"	-
RH Typing	Positive	-

Dr. Manoj Rawat
 Consultant & HOD, Blood Bank Center
 CONSULTANT & HEAD

Patient Name : Ms Khushboo Sharma MRN : 15050000146306 Gender/Age : FEMALE , 32y (25/02/1991)

CLINICAL PATHOLOGY			
Test	Result	Unit	Biological Reference Interval
URINE ROUTINE & MICROSCOPY			
PHYSICAL EXAMINATION			
Colour	Pale Yellow	-	-
Appearance	Clear	-	-
CHEMICAL EXAMINATION			
pH(Reaction) (Double Indicator Method)	6.5	-	4.8-7.5
Sp. Gravity (PKa Change Ionic Concentration Method)	1.005	-	1.002-1.030
Protein (Protein Error Method)	Nil	-	Nil
Urine Glucose (GOD/POD)	Nil	-	Nil
Ketone Bodies	Negative	-	-
Blood Urine (Pseudo Peroxidase Method)	Nil	-	-
MICROSCOPIC EXAMINATION			
Pus Cells	1-2	/hpf	1-2
RBC	Nil	/hpf	0 - 3
Epithelial Cells	1-2	/hpf	2-3
Urine For Sugar (Fasting)	Negative	-	-
Urine For Sugar (Post Prandial)	Negative	-	-



Dr. Prachi
MBBS, MD Pathology

Patient Name : Ms Khushboo Sharma MRN : 15050000146306 Gender/Age : FEMALE , 32y (25/02/1991)
 JUNIOR CONSULTANT

BIOCHEMISTRY			
Test	Result	Unit	Biological Reference Interval
Fasting Blood Sugar (FBS) (GOD/POD)	90	mg/dL	74.0-106.0
Post Prandial Blood Sugar (PPBS) (Enzyme Method (GOD/POD))	101	mg/dL	100.0-140.0
LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)			
Cholesterol Total (Non LDL Selective Elimination, CHOD/POD)	156.5	mg/dL	<200.0
Triglycerides (LIPASE/GK/GPO/POD)	125.4	mg/dL	<150.0
HDL Cholesterol (HDLC) (Colorimetric (Phosphotungstic Acid Method))	38.8 L	mg/dL	40.0-60.0
Non-HDL Cholesterol	117.7	mg/dL	<130.0
LDL Cholesterol (Turbidometric /Microtip)	93.0	mg/dL	<100.0
VLDL Cholesterol (Calculated)	25.08	mg/dL	0.0-40.0
Cholesterol /HDL Ratio (Calculated)	4	-	<4.5
THYROID PROFILE (T3, T4, TSH)			
Tri Iodo Thyronine (T3) (ECLIA/ ELFA)	2.27	nmol/L	1.49-2.6
Thyroxine (T4) (ECLIA/ ELFA)	135	nmol/L	71.2-141.0
TSH (Thyroid Stimulating Hormone) (Electrochemiluminescence (ECLIA))	3.91	uIU/ml	0.465-4.68
LIVER FUNCTION TEST(LFT)			
Bilirubin Total (Azobilirubin Dyphylline)	0.70	mg/dL	0.2-1.3
Conjugated Bilirubin (Direct) (Dual Wavelength Reflectance)	0.15	mg/dL	0.0-0.4
Unconjugated Bilirubin (Indirect) (Calculated)	0.55	mg/dL	0.1-1.0
Total Protein (Biuret Method)		gm/dL	6.3-8.2

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Patient Name : Ms Khushboo Sharma MRN : 15050000146306 Gender/Age : FEMALE , 32y (25/02/1991)

	8.08		
Serum Albumin (Bromcresol Green (BCG))	4.50	gm/dL	3.5-5.0
Serum Globulin (Calculated)	3.58 H	gm/dL	2.3-3.5
Albumin To Globulin (A/G)Ratio (Calculated)	1.26	-	0.9-2.0
SGOT (AST) (P - Phosphate)	25.9	U/L	14.0-36.0
SGPT (ALT) (P - Phosphate)	15.0	U/L	<35.0
Alkaline Phosphatase (ALP) (PNPP With Amp Buffer)	133.0 H	U/L	38.0-126.0
Gamma Glutamyl Transferase (GGT) (GCNA)	15.6	U/L	12.0-43.0



Dr. Amit Samadhiya
MBBS, MD Biochemistry
JUNIOR CONSULTANT

HAEMATOTOLOGY

Test	Result	Unit	Biological Reference Interval
Erythrocyte Sedimentation Rate (ESR) (Modified Westergren Method)	30 H	mm/hr	0.0-20.0



Dr. Gaurav Sharma
MBBS, MD
SENIOR CONSULTANT

HAEMATOTOLOGY

Patient Name : Ms Khushboo Sharma MRN : 15050000146306 Gender/Age : FEMALE , 32y (25/02/1991)

Test	Result	Unit	Biological Reference Interval
COMPLETE BLOOD COUNT (CBC)			
Haemoglobin (Hb%) (Spectrophotometry)	13.0	g/dL	12.0-15.0
Red Blood Cell Count (Electrical Impedance)	4.18 L	10 ⁶ /mm ³	4.5-6.5
PCV (Packed Cell Volume) / Hematocrit (Calculated)	40.0	%	36.0-46.0
MCV (Mean Corpuscular Volume) (Calculated)	96	µm ³	83.0-101.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	31.1	pg	27.0-32.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	32.5	g/dL	32.0-36.0
Red Cell Distribution Width (RDW) (Calculated)	15.0 H	%	11.5-14.0
Platelet Count (Electrical Impedance)	203	10 ³ /mm ³	150.0-450.0
Total Leucocyte Count(WBC) (Electrical Impedance)	8.1	10 ³ /mm ³	4.0-11.0
DIFFERENTIAL COUNT (DC)			
Neutrophils (DHSS)	59.9	%	40.0-80.0
Lymphocytes (DHSS)	33.3	%	20.0-40.0
Monocytes (DHSS)	3.1	%	2.0-10.0
Eosinophils (DHSS)	3.5	%	1.0-6.0
Basophils (DHSS)	0.2	%	0.0-2.0
Absolute Neutrophil Count (Calculated)	4.86	10 ³ /mm ³	2.0-7.5
Absolute Lymphocyte Count (Calculated)	2.7	x10 ³ cells/µl	1.0-3.0
Absolute Monocyte Count (Calculated)	0.26	x10 ³ cells/µl	0.2-1.0
Absolute Eosinophil Count (Calculated)	0.29	x10 ³ cells/µl	0.02-0.5

Patient Name : Ms Khushboo Sharma MRN : 15050000146306 Gender/Age : FEMALE , 32y (25/02/1991)

Absolute Basophil Count (Calculated) 0.02 $\times 10^3$ cells/ μ l 0.02-0.1

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

--End of Report--



Dr. Prachi
MBBS, MD Pathology
JUNIOR CONSULTANT

Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



Patient Name	Khushboo Sharma	Requested By	DR. GAURAV JAIN
MRN	15050000146306	Procedure DateTime	2023-03-04 13:45:43
Age/Sex	32Y/Female	Hospital	NH-Dharamshila

Inv. No.: 6128

X-RAY CHEST (PA)

- Lung fields are clear.
- Costophrenic angles are clear.
- Both domes of diaphragm are normal.
- Mediastinum and both hila are within normal limits.
- Cardiac size is normal.
- Bones under review are unremarkable.

Impression: Normal Study.



Dr. HARMEET KAUR
MBBS MD (Radiodiagnosis)
CONSULTANT RADIOLOGIST

Patient Name	Khushboo Sharma	Requested By	DR. GAURAV JAIN
MRN	15050000146306	Procedure DateTime	2023-03-04 11:39:39
Age/Sex	32Y/Female	Hospital	NH-Dharamshila

Investigation No. 1820

ULTRASONOGRAPHY WHOLE ABDOMEN

Report: -

- **Liver** : is normal in size (15.8 cm) with normal contour & echopattern. Normal sized intrahepatic biliary and vascular channels are seen. No focal lesion. The common bile duct and portal vein are normal.
- **Gall bladder** : Normal in size with normal wall thickness and contents.
- **The pancreas** : The pancreas shows normal contour, echogenicity and size.
- **The spleen** : is normal in size (9.9 cm), contour and echopattern.
- **The right kidney** : The right kidney has a normal contour & echopattern in the cortex, medulla and pelvicalyceal system. It measures 10.4 x 3.8 cm.
- **The left kidney** : The left kidney has a normal contour & echopattern in the cortex, medulla and pelvicalyceal system. It measures 10.8 x 4.0 cm.
- Urinary bladder is normal in wall & contents.
- Uterus is normal in size and echogenicity of the myometrium. It measures 8.4 x 3.6 x 2.7 cm.
- Endometrial stripe is normal. It measures 0.5 cm.
- **PCOD pattern in both ovaries.**
 - Right ovary is normal in size, vol : 5.7 ml.
 - **Left ovary is bulky in size, vol : 12 ml.**
- No ascites seen.

Impression :

- **Bulky left ovary with mild bilateral PCOD pattern.**



Dr. SHAILENDRA KR. BHARDWAJ
MBBS, DNB (Radiodiagnosis)
CONSULTANT RADIOLOGIST

Transthoracic Echo color Doppler Report

Patient's Name	Ms. Khushboo Sharma	Age/Sex	32Years/Female
Ref By:	Dr. Gaurav Jain	Date:	04/03/2023
MRN No.	15050000146306	PVT/MRD/IPD	Mediwheel full body Health Check Up

Final Interpretation

1. Dilated LV.
2. Generalized global LV hypokinesia, LVEF = 35%.
3. MIP - Diastolic Dysfunction Grade I
4. LVEDP – Normal
5. Normal RV systolic function. TAPSE - 2.5cm.
6. Mild MR, No AR, Mild PR, Trace TR (PASP - 25mmHg).
7. No clot/vegetation/pericardial effusion.
8. IVC normal with >50% collapsibility with respiration.
9. No coarctation of aorta.

Morphology :-

- ❖ Left Ventricle: It is dilated.
- ❖ Left Atrium: It is normal sized.
- ❖ Right Atrium: It is normal sized.
- ❖ Right Ventricle: It is normal sized. RV systolic function is normal.
- ❖ Aortic Valve: Aortic valve appears tricuspid & cusps are normal.
- ❖ Mitral Valve: open normally, Subvalvular apparatus appears normal.
- ❖ Tricuspid valve: It appears normal.
- ❖ Pulmonic Valve: It appears normal.
- ❖ Main Pulmonary artery & its branches: Appear normal.
- ❖ Pericardium: There is no pericardial effusion.

DOPPLER/COLOUR FLOW

<u>VALVE</u>	<u>MAX. VELOCITY cm/sec</u>	<u>PG/MG mmHg</u>	<u>REGURGITATION</u>
MITRAL	E- 84cm/sec, A- 109cm/sec		Mild MR
AORTIC	158		No AR
TRICUSPID	22	(PASP –25 mmHg)	Trace TR
PULMONARY	88		Mild PR

Contd.....

M MODE & 2D Measurements

	Observed values	Normal values
Aortic root diameter	28	20-34(mm)
Left atrium size	28	19-40(mm)
Left Ventricular Size diastole	57	ED 37-56(mm)
Left Ventricular Size systole	47	ES 22-40 (mm)
Inter ventricular Septum diastole	06	ED 6-10(mm)
Posterior Wall thickness diastole	08	ED 6-10(mm)
End Diastolic Volume	160	
End Systolic Volume	106	
LV Ejection Fraction (%)	35%	55%-75%

2D EXAMINATION DESCRIPTION

2D and M Mode examination done in multiple views revealed fair movement of both mitral leaflets. Aortic valve has three cusps & cusps are normal. Tricuspid valve leaflets move normally. Pulmonary valve is normal. Ascending Aorta is normal. Interatrial septum and interventricular septum are intact.

Dimension of left atrium is normal and left ventricle is dilated. Generalized global LV hypokinesia. Global LVEF is 35%. No intracardiac mass or thrombus seen.

Dr. Anand PandeySr. Consultant & Head
Cardiologist**Dr. Sajal Gupta**

Consultant Cardiologist

Dr. Amrendra Pandey

Consultant Cardiology

Dr. Rakesh Bachloo

Consultant - Cardiology

Note:- This is a professional opinion based on imaging finding and not the diagnosis. Not valid for medico-legal purposes. In case of any discrepancy due to machine error or typing error, please get it rectified immediately.