

Health Check up Booking Confirmed Request(bobE22140),Package Code-PKG10000249,
Beneficiary Code-20564

Mediwheel <customercare@policywheel.com>

Sat 12/3/2022 3:08 PM

To: NMC Langford <nmclangford@narayanahealth.org>

Cc: Mediwheel CC <customercare@mediwheel.in>;Mediwheel CC <mediwheelwellness@gmail.com>

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011-41196959

Email:wellness@mediwheel.in

Hi Narayana Hrudayalaya,

Diagnostic/Hospital Location :**Building No. 9,Langford Town,Civil Station, Hosur Road,Langford Town, Shanti Nagar-560025, City:Bangalore**

We have received the confirmation for the following booking .

Beneficiary Name : PKG10000249

Beneficiary Name : MRS. UMMADISETTI SUVARNA LAKSHMI

Member Age : 28

Member Gender : Female

Member Relation : Employee

Package Name : Mediwheel Metro Full Body Health Checkup Female Below 40

Location : BANGALORE,Karnataka-560001

Contact Details : 7416753456

Booking Date : 02-12-2022

Appointment Date : 05-12-2022

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.

COLOUR DOPPLER ECHOCARDIOGRAPHY

Patient Name	Ms SUVARNA LAKSHMI	Reg No	40010000022724
Age	30 YRS	Sex	FEMALE
Ref by	PKG	Date	05/12/22

2D / M MODE MEASUREMENTS

AO : 23 mm LVID(d) : 39 mm IVS(d) : 09 mm
LA : 29 mm LVID (s) : 27 mm PW(d) : 10 mm
EF : 60%

VALVES

MITRAL VALVE : Normal
AORTIC VALVE : Normal
TRICUSPID VALVE : Normal
PULMONARY VALVE : Normal

CHAMBERS

LEFT ATRIUM : Normal
RIGHT ATRIUM : Normal sized
LEFT VENTRICLE : Normal , Normal LV systolic function
RIGHT VENTRICLE : Normal sized , TAPSE – 21 mm , Normal RV Function

SEPTAE

IVS : Intact
IAS : Intact

NARAYANA MEDICAL CENTRE
(A Unit of NHL)
9, Old No. 18, Civil Station,
Hosur Road, Bangalore - 560 025

Patient Name	Ms. SUVARNA LAKSHMI	Reg No	40010000022724
Age	30 Yrs	Sex	Female
Ref by	PKG	Date	05/12/22

Ultrasound Abdomen & Pelvis

FINDINGS:

Liver is normal in size and normal echopattern. No intra or extra hepatic biliary duct dilatation. No focal lesions.

Portal vein is normal in size, course and caliber. CBD is not dilated

Gall bladder Distended well no obvious calculus/sludge seen at the time of scan .

Pancreas Head and body seen appears normal rest is persistently obscured by gaseous bowel.

Spleen is normal in size, shape, contour and echopattern. No evidence of mass or focal lesions.

Kidneys Both Kidneys are normal in size , shape , and position. RK- 9.3 x 1.3 cm ,LK – 9.5 x 1.4 cm . Corticomedullary differentiation is maintained. No evidence of calculi or hydronephrosis at the time of scan.

Urinary Bladder is distended. Wall thickness is normal. No evidence of calculi.

Uterus is anteverted and normal in size.

Endometrium – 6 mm

Both ovaries are normal in size and echogenicity .

Impression:

- **No significant sonological abnormality seen at the time of scan.**

Dr. Naveed Ansar
Consultant Radiologist

Note: Investigations have their limitations. Solitary pathological/Radiological and other investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly. This Report is not for Medico - Legal Purposes.

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Hosur Road, Bangalore - 560 025



NH NarayanaTM

Medical Centre

Unit of Narayana Health

Langford Road

Final Report

DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Ms Suvarna Lakshmi MRN : 40010000022724 Gender/Age : FEMALE , 30y (02/06/1992)

Collected On : 05/12/2022 09:52 AM Received On : 05/12/2022 09:52 AM Reported On : 05/12/2022 12:30 PM

Barcode : N12212050012 Specimen : Plasma Consultant : Dr. Swetha Rajkumar(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7416753456

BIOCHEMISTRY

Test

Result

Unit

Biological Reference Interval

Fasting Blood Sugar (FBS) (Colorimetric - Glucose

81.0

mg/dL

ADA standards 2020

>126 : Diabetes

70 to 99 : Normal

100 to 125 : Pre-diabetes

Oxidase Peroxidase)

--End of Report--

Dr. Vasumathi Kishore

MBBS, DCP

CONSULTANT PATHOLOGIST

Note

Abnormal results are highlighted.

Results relate to the sample only.

Kindly correlate clinically.



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Page 1 of 1



PATIENT HELPLINE

186-0208-0208

Narayana Medical Center

(A Unit of Narayana Hrudayalaya Limited)

(Previously Narayana Hrudayala Pvt, Ltd.,) CIN : L85110KA2000PL C027407



NH NarayanaTM

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Langford Road

Unit of Narayana Health

Patient Name : Ms Suvarna Lakshmi MRN : 4001000022724

Gender/Age : FEMALE , 30y (02/06/1992)

Absolute Neutrophil Count	4.3 L	-	1800.0-8000.0
Absolute Lymphocyte Count	1.7 L	-	990.0-3150.0
Absolute Monocyte Count	0.5	-	-
Absolute Eosinophil Count	1.0	-	-
Absolute Basophil Count	0.1	-	-

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

BLOOD GROUP & RH TYPING

Blood Group	"O"	-	-
RH Typing	POSITIVE	-	-

--End of Report--

Dr. Vasumathi Kishore
MBBS, DCP
CONSULTANT PATHOLOGIST

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Page 2 of 2
PATIENT HELPLINE
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Final Report

DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Ms Suvarna Lakshmi MRN : 40010000022724 Gender/Age : FEMALE , 30y (02/06/1992)
Collected On : 05/12/2022 09:52 AM Received On : 05/12/2022 09:52 AM Reported On : 05/12/2022 12:31 PM

Barcode : N82212050004 Specimen : Urine Consultant : Dr. Swetha Rajkumar(GENERAL MEDICINE)
Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7416753456

CLINICAL PATHOLOGY

Test	Result	Unit	Biological Reference Interval
URINE ROUTINE & MICROSCOPY			
PHYSICAL EXAMINATION			
Volume	30.0	ml	-
Colour	Pale Yellow	-	-
Appearance	Clear	-	-
CHEMICAL EXAMINATION			
pH(Reaction)	6.5	-	4.8-7.5
Sp. Gravity	0.010	-	1.002 - 1.03
Protein	Nil	-	-
Urine Glucose	Nil	-	-
Ketone Bodies	Nil	-	-
Bile Salts	Nil	-	-
Bile Pigment (Bilirubin)	Nil	-	-
Urobilinogen	Normal	-	-
MICROSCOPIC EXAMINATION			
Pus Cells	2-3/hpf	-	-
RBC	Nil	-	-
Epithelial Cells	2-4/hpf	-	-

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Suvarna Lakshmi MRN : 40010000022724 Gender/Age : FEMALE , 30y (02/06/1992)
Collected On : 05/12/2022 09:52 AM Received On : 05/12/2022 09:52 AM Reported On : 05/12/2022 12:30 PM
Barcode : N22212050006 Specimen : Whole Blood - ESR Consultant : Dr. Swetha Rajkumar(GENERAL MEDICINE)
Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7416753456

HAEMATOLOGY

Test	Result	Unit	Biological Reference Interval
Erythrocyte Sedimentation Rate (ESR) (Westergren Method)	12.0	mm/1hr	0.0-12.0

--End of Report--

Dr. Vasumathi Kishore
MBBS, DCP
CONSULTANT PATHOLOGIST

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PATIENT HELPLINE

186-0208-0208

Narayana Medical Center

(A Unit of Narayana Hrudayalaya Limited)

Registered Office: 25R/A, Bommasandra, Bangalore - 560075. CIN : L85110KA2000PLCO27497

DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Ms Suvarna Lakshmi MRN : 4001000022724 Gender/Age : FEMALE , 30y (02/06/1992)
 Collected On : 05/12/2022 09:52 AM Received On : 05/12/2022 09:52 AM Reported On : 05/12/2022 12:43 PM
 Barcode : N12212050014 Specimen : Serum Consultant : Dr. Swetha Rajkumar(GENERAL MEDICINE)
 Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7416753456

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
SERUM CREATININE			
Serum Creatinine (Enzymatic Method (hydrolase, Oxidase, Peroxidase))	0.61	mg/dL	0.6-1.0
eGFR (Calculated)	115.2	mL/min/1.73m ²	Inductive of Renal Impairment:<60 Note:eGFR is inaccurate for Hemodynamically unstable patients. eGFR is not applicable for less than 18 years of age .
Blood Urea Nitrogen (BUN) (Endpoint /Colorimetric - Urease)	10.8	mg/dL	7.0-17.0
Serum Uric Acid (Colorimetric - Uricase,Peroxidase)	5.7	mg/dL	2.5-6.2
LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)			
Cholesterol Total	180.0 L	mg/dL	Both: Desirable: < 200 Both: Borderline High: 200-239 Both: High: > 240
Triglycerides (LPL/GK)	42.0	-	0.0-150.0
HDL Cholesterol (HDLC) (Colorimetric: Non HDL Precipitation Phosphotungstic Acid Method)	53.0	mg/dL	40.0-60.0
Non-HDL Cholesterol	127	-	-
LDL Cholesterol (Colorimetric)	119.0 L ↓	mg/dL	Both: Optimal: < 100 Both: Near to above optimal: 100-129 Both: Borderline High: 130-159 Both: High: 160-189 Both: Very High: > 190
VLDL Cholesterol (Calculated)	8.4	mg/dL	<40.0
Cholesterol /HDL Ratio (Calculated)	3.4	-	0.0-5.0

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PATIENT HELPLINE
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Patient Name : Ms Suvarna Lakshmi MRN : 40010000022724

Gender/Age : FEMALE , 30y (02/06/1992)

Rate - L-glutamyl-p-nitroanilide (Szasz Method)) 17.0

--End of Report--

Dr. Vasumathi Kishore
MBBS, DCP
CONSULTANT PATHOLOGIST

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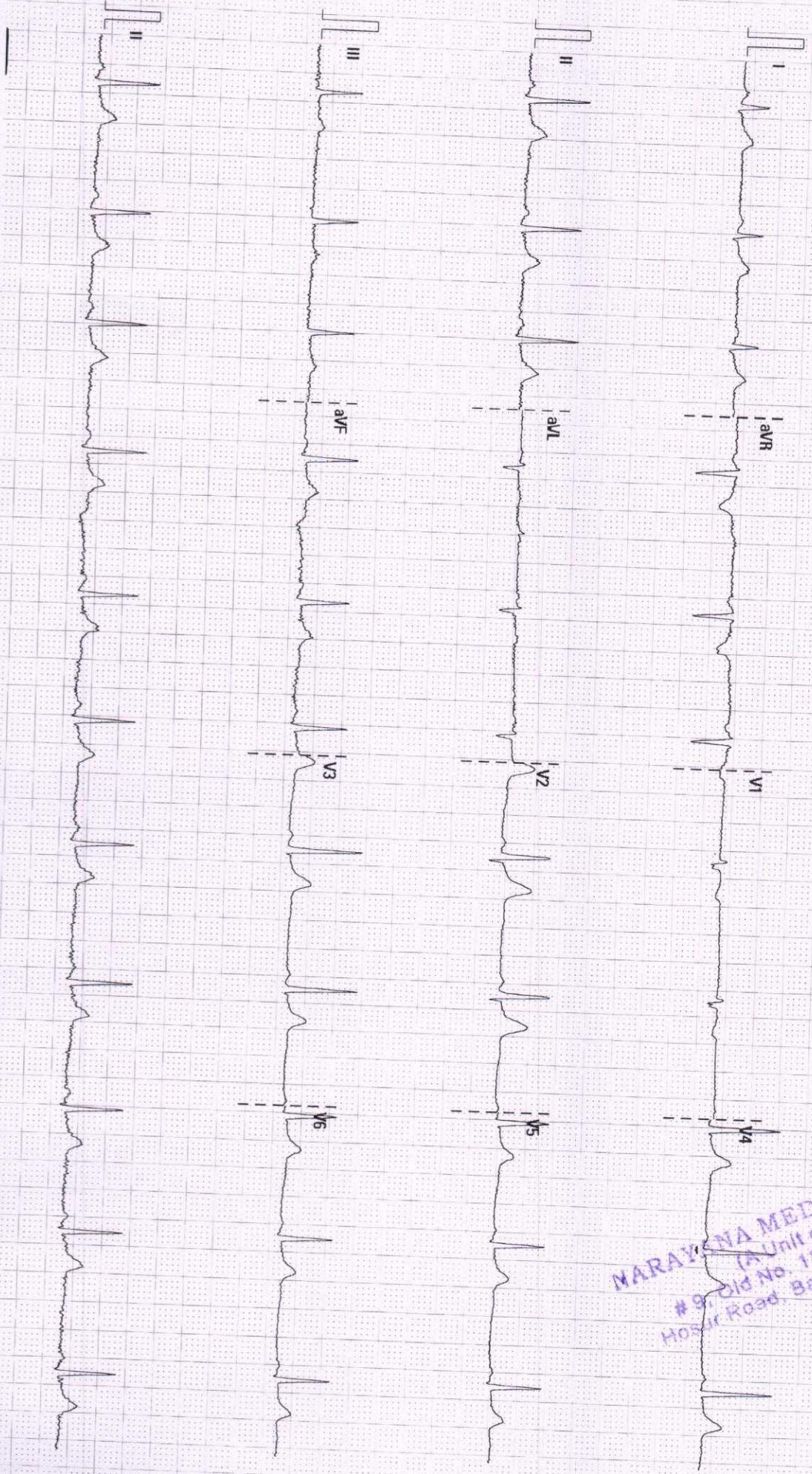
ID: 0
 Name: SUVARNA LAKSHMI
 Age: 30 Years
 Gender: Female

05-12-2022 11:51:04 AM

70.824

CEGROCORITO MADE IN ITALY

Vent. Rate	63 bpm	Sinus rhythm
PR Interval	106 ms	Short PR interval
QRS Duration	88 ms	Borderline ECG
QT/QTc Interval	382/387 ms	
P/QRS/T Axes	42/76/59 deg	
QTc/QTd		



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Unconfirmed Diagnosis

Patient Name	MS.SUVARNA LAKSHMI	Requested By	PKG
MRN	40010000022724	Procedure DateTime	05-12-2022 09:47
Age/Sex	30Y/Female	Hospital	NH-LANGFORD

CHEST RADIOGRAPH (PA VIEW)

CLINICAL DETAILS: For health checkup.

FINDINGS:

- The lung fields and bronchovascular markings appear normal.
- The cardiac size is within normal limits.
- Mediastinum and great vessels are within normal limits.
- Trachea is normal and is central. The hilar shadows are unremarkable.
- The costo-phrenic angles are clear. No evidence of pleural effusion or pneumothorax.
- The visualized bones and soft tissue structures appear normal.
- Both the diaphragmatic domes appear normal.

IMPRESSION:

- No significant abnormality detected.

XL

Dr. Tanuj Gupta MBBS, DMRD, DNB
Lead and Senior Consultant Radiologist

* This is a digitally signed valid document. Reported Date/Time: 05-12-2022 10:41

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This report has been generated from **NH Teleradiology 24/7**, a service of Narayana Health

-- End of Report --

Page 1 of 1

GREAT ARTERIES

AORTA : Normal sized , Normal arch

PULMONARY ARTERY : Normal

DOPPLER DATA

MITRAL VALVE : E : 0.8 m/s , A : 0.5 m/s, MR – Trivial

AORTIC VALVE : Pgr – 10 mmHg

TRICUSPID VALVE : TR – Trivial, PASP – 25 mmHg

PULMONARY VALVE : Pgr – 4 mmHg

WALL MOTION ABNORMALITIES : NO RWMA

PERICARDIUM : Nil

VEGETATION/THROMBUS : Nil

OTHER FINDINGS :

HR : 94 bpm (Sinus Rhythm)

IVC : 14 mm , Normal Sized, Collapsing, Normal RA pressure

FINAL DIAGNOSIS

NORMAL CHAMBER DIMENSIONS

NORMAL VALVES

NORMAL PA PRESSURE

NO RWMA

NORMAL RV AND LV FUNCTION

LVEF- 60%

Done by : SHABRIN TAJ
CARDIAC SONOGRAPHER

Signature

Final Report

DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Ms Suvarna Lakshmi MRN : 4001000022724 Gender/Age : FEMALE , 30y (02/06/1992)

Collected On : 05/12/2022 12:18 PM Received On : 05/12/2022 12:18 PM Reported On : 05/12/2022 12:55 PM

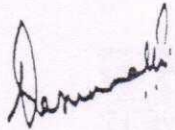
Barcode : N12212050022 Specimen : Plasma Consultant : Dr. Swetha Rajkumar(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7416753456

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Post Prandial Blood Sugar (PPBS) (Colorimetric - Glucose Oxidase Peroxidase)	101.0	-	ADA standards 2020 >200 : Diabetes 70 to 139 : Normal 140 to 199 : Pre-diabetes

--End of Report--



Dr. Vasumathi Kishore
MBBS, DCP
CONSULTANT PATHOLOGIST

Note

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Kindly correlate clinically.



Patient Name : Ms Suvarna Lakshmi MRN : 40010000022724 Gender/Age : FEMALE , 30y (02/06/1992)

THYROID PROFILE (T3, T4, TSH)

Tri Iodo Thyronine (T3) (Chemiluminescence Immuno Assay (CLIA))	1.42	ng/mL	0.97-1.69
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Interpretations:

Thyroid hormone binding protein can profoundly affect total T3 and total T4 levels especially in pregnancy and in patients on steroid therapy.
Unbound fractions of T3 and T4 (FT3, FT4) of thyroid hormones are biologically active forms and correlate more closely with clinical status of the patient.

Thyroxine (T4) (Chemiluminescence Immuno Assay (CLIA))	7.30	ug/dl	5.53-11.0
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TSH (Thyroid Stimulating Hormone) (Chemiluminescence Immuno Assay (CLIA))	2.18	μU/mL	0.4-4.049
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Interpretations:

TSH levels are subject to circadian variation, reaching peak levels between 2-4 a.m. and minimum between 6-10 p.m. The variation is of the order of 50%, hence time of the day has influence on the measured serum TSH concentration.

LIVER FUNCTION TEST(LFT)

Bilirubin Total (Colorimetric -Diazo Method)	0.3	mg/dL	0.2-1.3
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Conjugated Bilirubin (Direct) (Dual Wavelength - Reflectance Spectrophotometry)	0.1	mg/dL	0.0-0.4
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Unconjugated Bilirubin (Indirect) (Calculated)	0.2	-	-
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Total Protein (Colorimetric - Biuret Method)	7.8	gm/dL	6.3-8.2
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Serum Albumin (Colorimetric - Bromo-Cresol Green)	4.9	gm/dL	3.5-5.0
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Serum Globulin (Calculated)	2.9	gm/dL	2.0-3.5
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Albumin To Globulin (A/G)Ratio (Calculated)	1.69	-	1.0-2.1
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SGOT (AST) (Multipoint-Rate With P-5-P (pyridoxal-5-phosphate))	19.0	U/L	14.0-36.0
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SGPT (ALT) (Multipoint-Rate With P-5-P (pyridoxal-5-phosphate))	19.0	U/L	<35.0
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Alkaline Phosphatase (ALP) (Multipoint-Rate - P-nitro Phenyl Phosphate, AMP Buffer)	99.0	U/L	38.0-126.0
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Gamma Glutamyl Transferase (GGT) (Multipoint)		U/L	12.0-43.0
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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Suvarna Lakshmi MRN : 4001000022724 Gender/Age : FEMALE , 30y (02/06/1992)
Collected On : 05/12/2022 09:52 AM Received On : 05/12/2022 09:52 AM Reported On : 05/12/2022 12:30 PM
Barcode : N02212050001 Specimen : Urine Consultant : Dr. Swetha Rajkumar(GENERAL MEDICINE)
Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7416753456

MOLECULAR DIAGNOSTICS

Test

Urine For Sugar (Post Prandial)

Result	Unit
NIL	-

--End of Report--

Dr. Vasumathi Kishore
MBBS, DCP
CONSULTANT PATHOLOGIST

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Kindly correlate clinically.





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Langford Road

Patient Name : Ms Suvarna Lakshmi MRN : 40010000022724 Gender/Age : FEMALE , 30y (02/06/1992)

Others

Nil

--End of Report--

Dr. Vasumathi Kishore

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Page 2 of 2



PATIENT HELPLINE

186-0208-0208

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Ms Suvarna Lakshmi MRN : 4001000022724 Gender/Age : FEMALE , 30y (02/06/1992)
 Collected On : 05/12/2022 09:52 AM Received On : 05/12/2022 09:52 AM Reported On : 05/12/2022 12:32 PM
 Barcode : N12212050013 Specimen : Whole Blood Consultant : Dr. Swetha Rajkumar(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7416753456

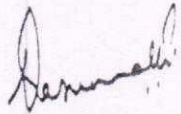
BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
HBA1C	5.3	%	Normal: 4.0-5.6 Prediabetes:5.7-6.4 Diabetes:>6.5 (ADA Recommendation 2017)
HbA1c			
Estimated Average Glucose	105.41	%	

Interpretation:

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

--End of Report--



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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Suvarna Lakshmi MRN : 4001000022724 Gender/Age : FEMALE , 30y (02/06/1992)

Collected On : 05/12/2022 09:52 AM Received On : 05/12/2022 09:52 AM Reported On : 05/12/2022 12:38 PM

Barcode : N22212050007 Specimen : Whole Blood Consultant : Dr. Swetha Rajkumar(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7416753456

HAEMATOLOGY

Test	Result	Unit	Biological Reference Interval
COMPLETE BLOOD COUNT (CBC)			
Haemoglobin (Hb%) (Photometric Measurement)	14.48 ✓	g/dL	12.0-15.0
Red Blood Cell Count (Electrical Impedance)	4.93 H	Million/ul	3.8-4.8
PCV (Packed Cell Volume) / Hematocrit (Calculated)	41.7	%	36.0-46.0
MCV (Mean Corpuscular Volume) (Derived)	84.6	fL	80.0-100.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	29.4	pg	27.0-32.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	34.7 H	%	31.5-34.5
Red Cell Distribution Width (RDW) (Derived)	14.6 H	%	11.6-14.0
Platelet Count (Electrical Impedance Plus Microscopy)	172.6	Thous/ μ L	150.0-450.0
Total Leucocyte Count(WBC) (Electrical Impedance)	7.40	Thous/ μ L	4.0-10.0
DIFFERENTIAL COUNT (DC)			
Neutrophils (VCS Technology Plus Microscopy)	57.54	%	40.0-75.0
Lymphocytes (VCS Technology Plus Microscopy)	22.79	%	20.0-40.0
Monocytes (VCS Technology Plus Microscopy)	5.77	%	2.0-10.0
Eosinophils (VCS Technology Plus Microscopy)	13.44 H	%	1.0-6.0
Basophils (VCS Technology Plus Microscopy)	0.46	%	0.0-2.0

Page 1 of 2



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