

Name : Mr. GOURDAS SAHA (57 /M)

Date : 14/06/2023

Address : RAMKRISHNA PALLY, TAKI ROAD, PS-BARASAT, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by: Dr .SHARMISTHA MALLIK

UHID : AGHL.0001468183

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH176334



## CHIEF COMPLAINTS

For corporate health checkup

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Stroke, Asthma, COPD  
Hypertension Since - 25 yrs; Medication  
- regular



## DRUG ALLERGY

NO KNOWN ALLERGY :01/07/2022



## SYSTEMIC REVIEW

### Cardiovascular system

High blood pressure - yes; Medication - yes

### Respiratory system

- Nil Significant

### Oral and dental

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

Frequency - normal; Dysuria/burning micturition -  
no; Urgency - yes; Incontinence - intermittent

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes; Glasses  
for - refractive error

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
Neck - pain

### Skin

- Nil Significant

### Weight

- stable



### Past medical history

Past medical history - nil significant



### Personal history

Marital status - Married  
No. of children - 2  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild



### Family history

Father - has expired  
Mother - has expired  
Brothers - 3  
Sisters - 3  
Diabetes - sister  
Hypertension - father, mother, sister  
Coronary artery  
disease - mother  
Cancer - None

## PHYSICAL EXAMINATION



### General

Build - over weight  
Height - 162  
Weight - 72

Name : Mr. GOURDAS SAHA (57 /M)

UHID : AGHL.0001468183

Date : 14/06/2023

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH176334

---

BMI - 27.43  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 60  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 164  
Diastolic(mm of Hg) - 90  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Normal

### Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/6 LE:6/6  
BCVA:RE:N6 LE:N6  
OCULAR MOVEMENT:WNL  
ANT.SEG:WNL  
ADVICE:\*To continue  
present glass Rx\*Detail  
dilated Funduscopy\*Review  
after 1yr/SOS

Printed By : Benazir Begaum

Name : Mr. GOURDAS SAHA (57 /M)

UHID : AGHL.0001468183

Date : 14/06/2023

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH176334

### COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	14.8	g/dl	●	13.0-17.0
RBC COUNT	5.07	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	44.0	%	●	41-53
MCV	86.8	fl	●	83-101
MCH	29.3	pg	●	27-32
MCHC	33.7	%	●	31.5-34.5
RDW	13.3	%	●	11.8-14.0
WBC Count	8000	/cu mm	●	4000-10000
Platelet Count	2.21	lacs/cu mm	●	1.5-4.0
Neutrophils	74	%	●	40-80
Lymphocytes	19 *	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	11	mm/1st hr	●	0-15

### STOOL ROUTINE

Test Name	Result	Unit	Level	Range
Colour:	Yellow			
Consistency :	Semi Solid			
Mucus:	Present			
Reaction:	Acidic			
Frank Blood	Absent			
Pus Cells	0-1	/hpf		
RBC:	Not found			
Ova:	Not Found			
Cysts:	Not Found			
PARASITE	Not Found			

### URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
-----------	--------	------	-------	-------

Volume:	30	mL
Colour:	Pale Straw	
Appearance	Slightly Turbid	
Specific Gravity	1.005	
pH:	6.0	
Albumin:	Not Detected	
Glucose	Not Detected	
Ketone:	Not Detected	
Bile Pigments	Not Detected	
RBC	Nil	/hpf
Pus Cells	Occasional/hpf	
Epithelial Cells	Occasional/hpf	
Casts:	Not Found	
Crystals:	Not Found	

### URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

### URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

### BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	30	U/L	●	10-40
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	82	U/L	●	53-128

● Within Normal Range      ● Borderline High/Low      ● Out of Range

Name : Mr. GOURDAS SAHA (57 /M)

UHID : AGHL.0001468183

Date : 14/06/2023

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH176334

AST (SGOT) - SERUM	22	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	1.8 *	mg/dL	●	0.0-1.0

LDL CHOLESTEROL -SERUM	127	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	21	mg/dL	●	0-35

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	193	mg/dL	●	0-200

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.2	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	2.7	g/dL	●	1.8-3.6

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.1	mg/dL	●	0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	30	U/L	●	7-64

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	11.6	µg/dL	●	5.1-14.1

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	96	mg/dL	●	70-99

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	130	mg/dL	●	0-150

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	101	mg/dL	●	70-140

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	0.812	µIU/mL	●	0.270-4.200

**HBA1C (GLYCOSYLATED**

**HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.3	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.9	mg/dL	●	3.5-7.2

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.3 *	mg/dL	●	0.0-0.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	45	mg/dL	●	30-70

**PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM**

Test Name	Result	Unit	Level	Range
-----------	--------	------	-------	-------

● Within Normal Range    ● Borderline High/Low    ● Out of Range

Name : Mr. GOURDAS SAHA (57 /M)

UHID : AGHL.0001468183

Date : 14/06/2023

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH176334

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM 0.62 ng/mL ● 0.00-6.50

### BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	6.8 *	mg/dL	●	7.0-18.0

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.7		●	1.0-2.0

### ECG

SINUS BRADYCARDIA.  
LEFT AXIS DEVIATION.  
NONSPECIFIC T WAVE CHANGES IN INFERIOR LEADS.

### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Grade-I fatty liver with borderline hepatomegaly.  
\* Prostatomegaly.

Dr. ARJUN ROY  
DNB RESIDENT  
Seen in consultation with

### X-RAY CHEST PA

Descriptive.

Dr. ARJUN ROY  
DNB RESIDENT  
In consultation with

● Within Normal Range    ● Borderline High/Low    ● Out of Range

**Name** : Mr. GOURDAS SAHA (57 /M)

**UHID** : AGHL.0001468183

**Date** : 14/06/2023

**Package** : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH TMT/ECHO)

**AHC No** : AMHLAH176334

---

**Printed By** :

**Dr.SHARMISTHA MALLIK**  
AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.