

Name : Mr. KOUSHIK SARKAR (31 /M)

Date : 29/06/2023

Address : VILL-BHADDATOR,PS-MALLARPUR,BIRBHUM, BIRBHUM, BIRBHUM, WEST BENGAL, INDIA

Examined by :

UHID : AMHL.0002050837

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH177258



## CHIEF COMPLAINTS

For corporate health checkup  
Shortness of breath  
Acidity,Bloating,Flatulance  
Generalised tiredness

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Thyroid  
disorder, Heart disease



## DRUG ALLERGY

NO KNOWN ALLERGY

:26/11/2022



## SYSTEMIC REVIEW

### Cardiovascular system

Chest pain - on and off; Breathing difficulty - yes;  
Exacerbated by - moderate exertion

### Respiratory system

- Nil Significant

### Gastrointestinal system

Abdominal pain - no; Dyspepsia - yes; Nature -  
intermittent; Symptoms - acidity, flatulence

### Genitourinary system

- Nil Significant

### Central nervous system

- Nil Significant

### Eyes

- Nil Significant

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints

- Nil Significant

### Skin

- Nil Significant



## Past medical history

Past medical history - nil significant  
Covid 19 - No



## Personal history

Marital status - Married  
Diet - Non Vegetarian  
Alcohol - consumes alcohol  
occasionally  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild



## Family history

Father - alive  
Mother - alive  
Brothers - 1  
Hypertension - mother  
Coronary artery  
disease - none  
Cancer - None

## PHYSICAL EXAMINATION



### General

Build - normal  
Height - 156  
Weight - 57  
BMI - 23.42  
Pallor - No  
Oedema - no



## Cardiovascular system

Heart rate (Per minute) - 80  
Rhythm - Regular

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Systolic(mm of Hg) - B.P. Sitting  
- 124  
Diastolic(mm of Hg) - 86  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Organomegaly - No  
Tenderness - No



### Central nervous system

- No neurological deficit

### Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/6 LE:6/6  
NVA:RE:N6 LE:N6 -  
OCULAR  
MOVEMENT:WNL  
ANT.SEG:WNLACCPT:  
SPECTACLE  
PWRRE:-0.50x80\*  
(6/6,N6)LE:-0.75x80\*  
(6/6,N6)ADVICE:\*Glass  
Rx.\*Review after 1yr/SOS

Printed By : Benazir Begaum

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	15.4	g/dl	●	13.0-17.0
RBC COUNT	5.54 *	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	47.2	%	●	41-53
MCV	85.2	fl	●	83-101
MCH	27.9	pg	●	27-32
MCHC	32.7	%	●	31.5-34.5
RDW	13.2	%	●	11.8-14.0
WBC Count	7500	/cu mm	●	4000-10000
Platelet Count	1.51	lacs/cu mm	●	1.5-4.0
Neutrophils	74	%	●	40-80
Lymphocytes	18 *	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	02	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.005			
pH:	7.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	2-4	/hpf		
Epithelial Cells	2-4	/h.p.f /hpf		

Casts: Not Found

Crystals: Not Found

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	29	U/L	●	10-40
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	117	U/L	●	53-128

AST (SGOT) - SERUM	30	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.6	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	182	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.9	mg/dL	●	0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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● Within Normal Range
 ● Borderline High/Low
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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 21 U/L ● 7-64

TOTAL T3: TRI IODOTHYRONINE - SERUM 1.0 ng/ml ● 0.8-2

TOTAL T4: THYROXINE - SERUM 8.8 µg/dL ● 5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 90 mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 170 \* mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 89 mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 2.5 µIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.2 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 5.4 mg/dL ● 3.5-7.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 36 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 119 mg/dL ● Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated) 27 mg/dL ● 0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 9.2 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.9 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.6 g/dL ● 1.8-3.6

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.2 ● 1.0-2.0

ECG

SINUS RHYTHM. NONSPECIFIC T WAVE CHANGES IN INFERO-LATERAL LEADS.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

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**ULTRASOUND SCREENING WHOLE ABDOMEN**

\* No significant abnormalities seen.

**X-RAY CHEST PA**

No significant abnormalities seen.

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

**Haematology**

STOOL ROUTINE



Within Normal Range



Borderline High/Low



Out of Range

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Printed By :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.