



Ref. By : BOB

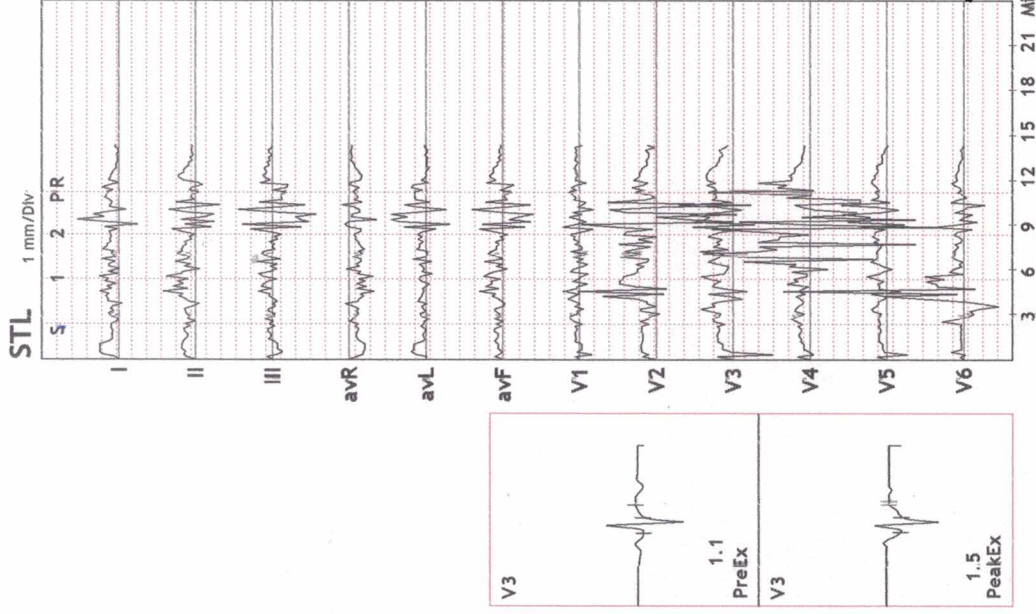
Protocol : BRUICE1

| Stage | Time (Min:Sec) | Phase | Time (Min:Sec) | Speed (mph) | Grade (%) | METs | H.R. (bpm) | BP (mmHg) | R.P.P. (x100) | PVC | Comments |
|----------|----------------|-------|----------------|-------------|-----------|------|------------|-----------|---------------|-----|----------|
| Supine | | | | | | 1.0 | 92 | 120/82 | 0 | - | |
| Standing | | | | | | 1.0 | 93 | 120/82 | 0 | - | |
| HV | | | | | | 1.0 | 98 | 120/82 | 0 | - | |
| ExStart | | | | | | 1.0 | 104 | 120/82 | 0 | - | |
| Stage 1 | 3:00 | | 3:01 | 1.5 | 10.0 | 4.2 | 123 | 136/94 | 167 | - | |
| Stage 2 | 3:00 | | 6:01 | 2.5 | 12.0 | 7.1 | 141 | 148/104 | 208 | - | |
| PeakEx | 2:52 | | 8:53 | 3.5 | 14.0 | 10.3 | 161 | 160/110 | 257 | - | |
| Recovery | 1:00 | | | 1.1 | 0.0 | 1.2 | 122 | 160/110 | 195 | - | |
| Recovery | 2:00 | | | 1.1 | 0.0 | 1.0 | 98 | 162/112 | 158 | - | |
| Recovery | 3:00 | | | 1.1 | 0.0 | 1.0 | 99 | 158/92 | 156 | - | |
| Recovery | 3:06 | | | 1.1 | 0.0 | 1.0 | 99 | 158/92 | 156 | - | |

Findings :

Exercise Time : 8:53 minutes
 Max HR attained : 161 bpm 90% of Max Predictable HR 178
 Max BP : 160/110(mmHg)
 WorkLoad attained : 10.3 (Good Effort Tolerance)
 No significant ST segment changes noted during exercise or recovery.
 No Angina/Arrhythmia/S3/murmur
 Final Impression : Test is negative for inducible ischaemia.
 Maximum Depression: 6:32
 TMT ID: TERMINATED DUE TO FATIGUE

Advice /Comments:



DR. KRISHNA YADAV
 MBBS, MD (Medicine) PGDGM, FID, FCCM
 Reg. No/2007/05/1595
SADGURU HOSPITAL
 OLD ADGAON NAKA, PANCHAVATI,
 NASHIK-422 003



NASHIK
 11525/MR URVASHI KUMARI
 42 Yrs/Male
 70 Kg/149 Cms
 Date: 07-Jul-2022 12:00:00 AM

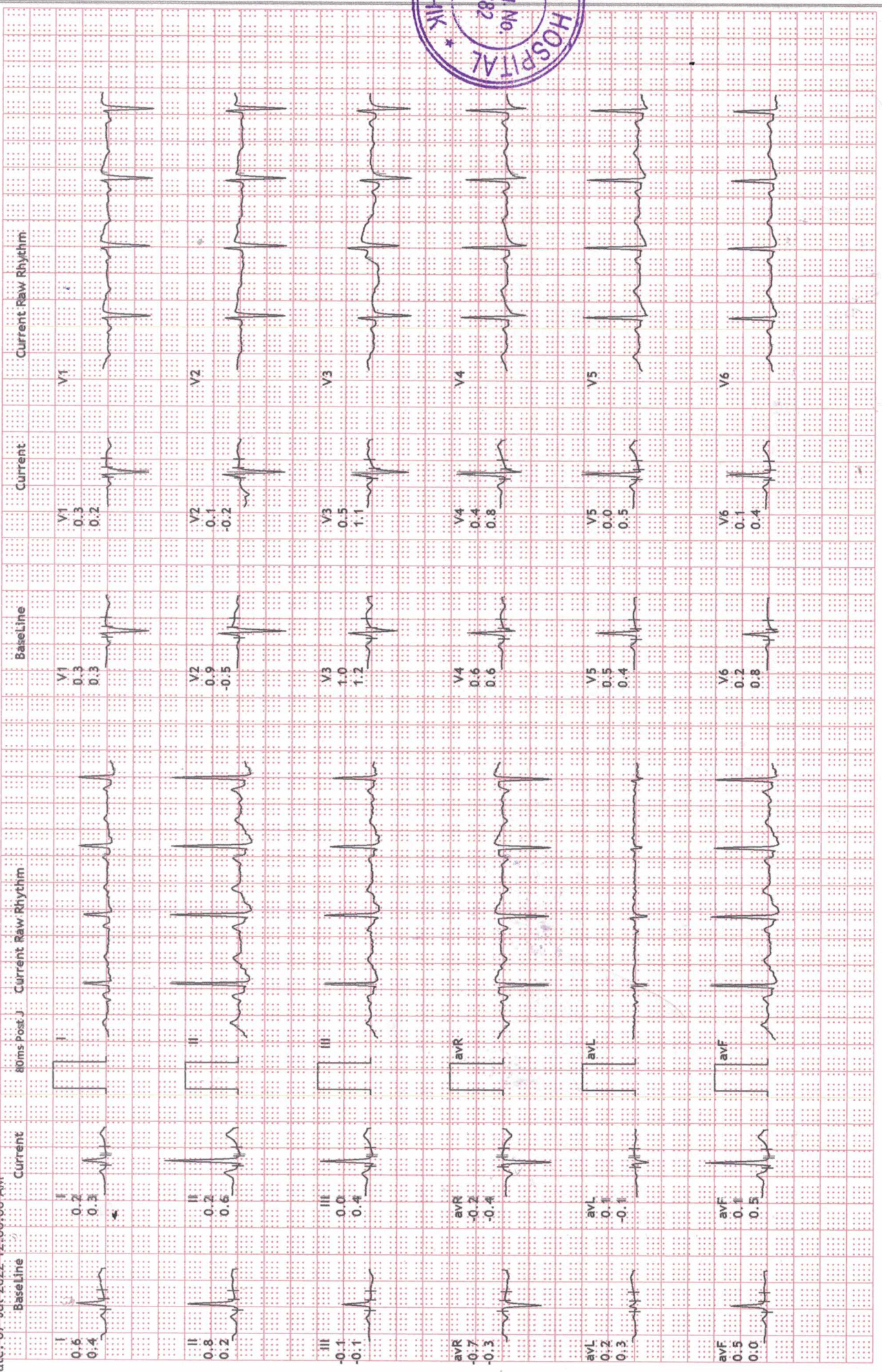
HR: 99 bpm
 METS: 1.0
 BP: 158/92

MPHR: 55% of 178
 Speed: 1.1 mph
 Grade: 0.0%

Raw ECG
 BRUICE1
 (1.0-100)Hz

Ex Time 08:52
 BLC : On
 Notch : On

Recovery : (03:00)
 10.0 mm/mV
 25 mm/Sec.





Recovery : (02:00)
10.0 mm/mV
25 mm/Sec.

Ex Time 08:52
BLC :On
Notch :On

Raw ECG
BRUICE1
(1.0-100)HZ

MPHR:55% of 178
Speed: 1.1 mph
Grade: 0.0%

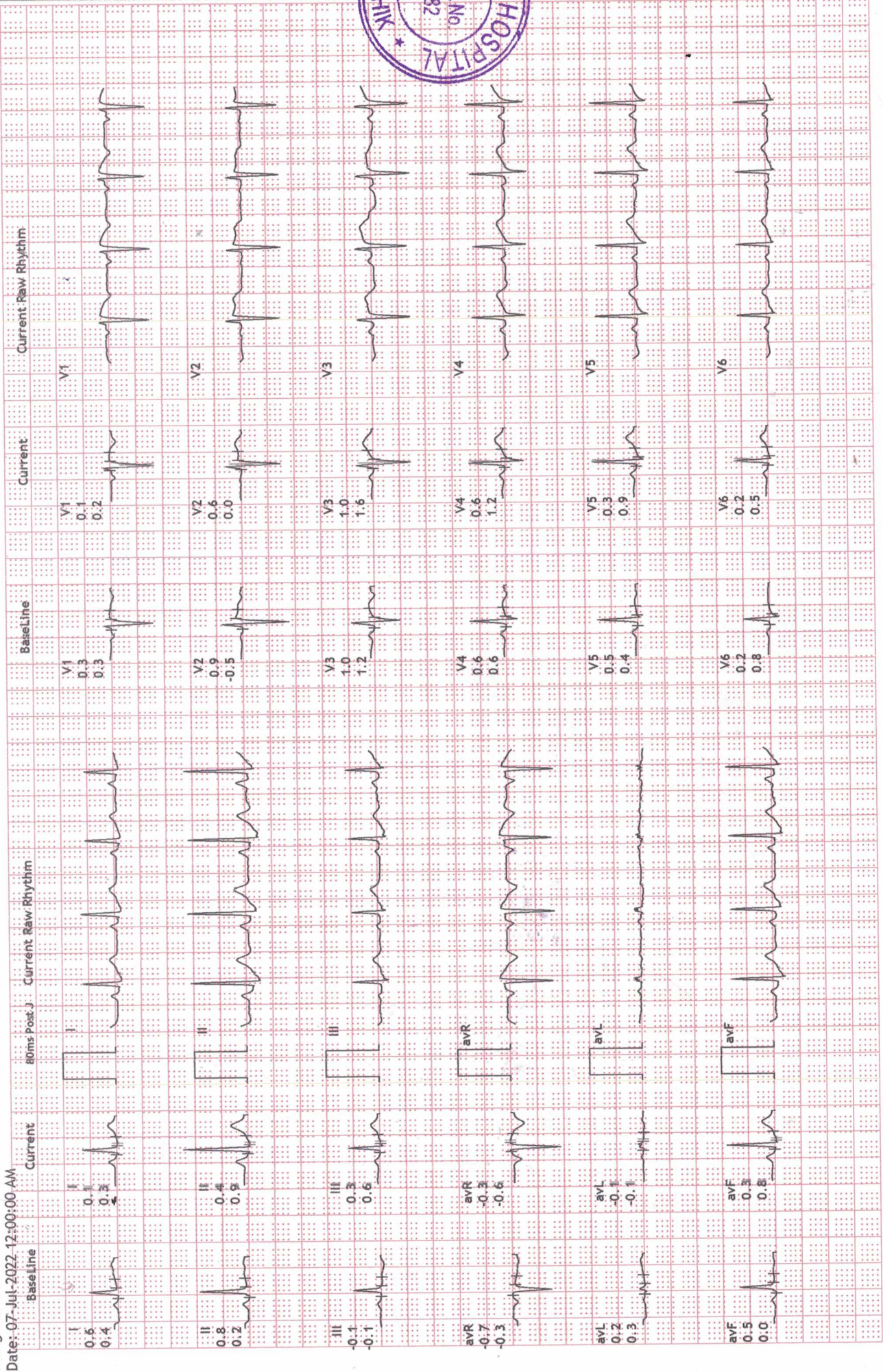
HR: 98 bpm
METS: 1.0
BP: 162/112

12 Lead + Comparison

SADGURU HOSPITAL

NASHIK
11525/MR URVASHI KUMARI
42 Yrs/Male
70 Kg/149 Cms

Date: 07-Jul-2022 12:00:00 AM



NASHIK
 11525/MR URVASHI KUMARI
 42 Yrs/Male
 70 Kg/149 Cms

Date: 07-Jul-2022 12:00:00 AM

HR: 122 bpm
 METS: 1.1
 BP: 160/110

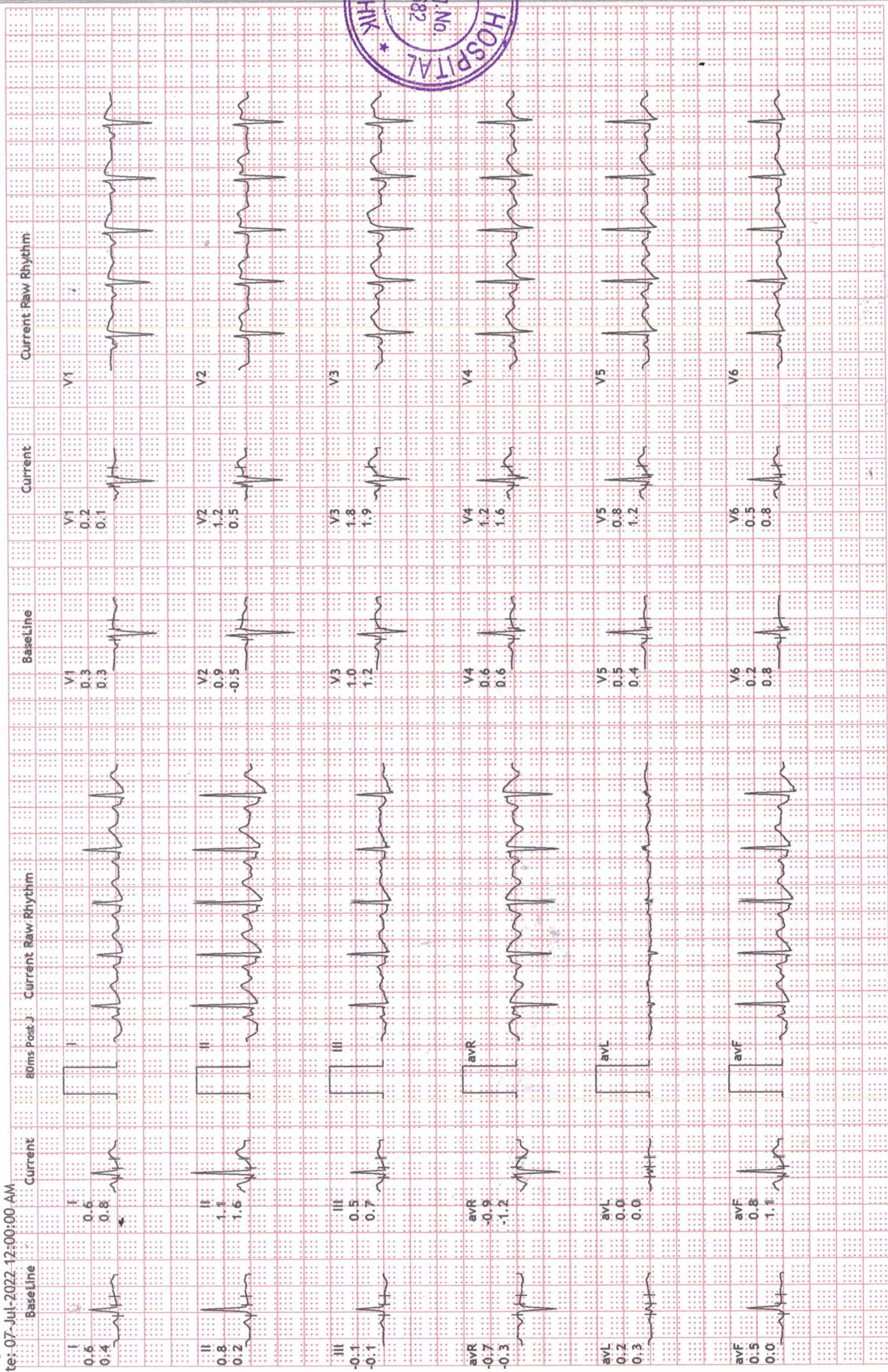
MPHR: 68% of 178
 Speed: 1.1 mph
 Grade: 0.0%

Raw ECG
 BRUICE1
 (1.0-100)Hz

Ex Time 08:52
 BLC : On
 Notch : On

Recovery : (01:00)
 10.0 mm/mV
 25 mm/Sec.

12 Lead + Comparison



NASHIK
 11525/MR URVASHI KUMARI
 42 Yrs/Male
 70 kg/149 Cms

Date: 07-Jul-2022 12:00:00 AM

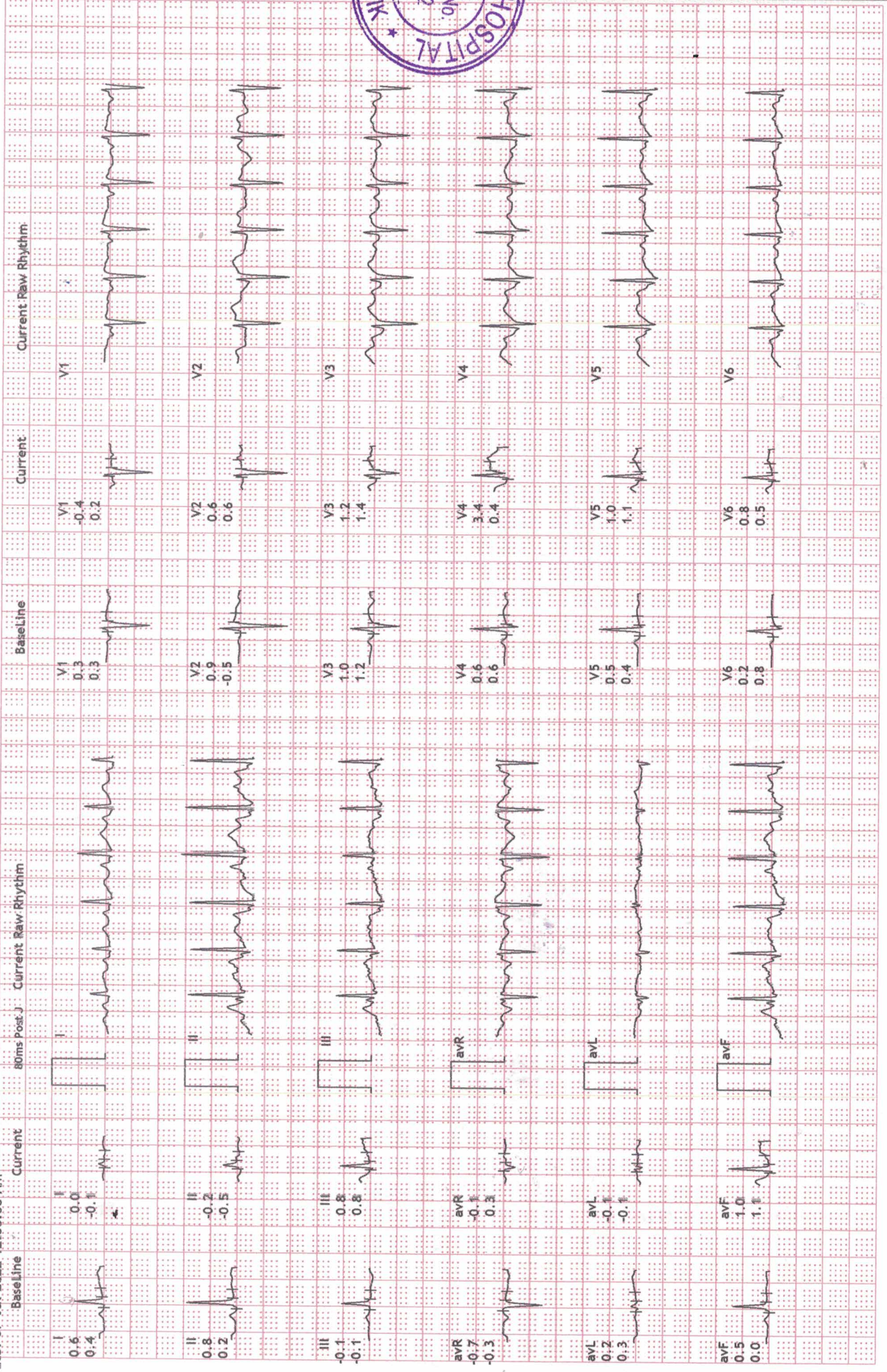
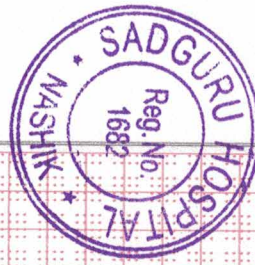
HR: 139 bpm
 METS: 2.8
 BP: 160/110

MPHR: 78% of 178
 Speed: 1.1 mph
 Grade: 0.0%

Raw ECG
 BRUICE1
 (1.0-100)Hz

Ex Time 08:52
 BLC :On
 Notch :On

Peak : (00:43)
 10.0 mm/mV
 25 mm/Sec.





NASHIK
 11525/MR URVASHI KUMARI
 42 Yrs/Male
 70 Kg/149 Cms

HR: 141 bpm
 METS: 7.1
 BP: 148/104

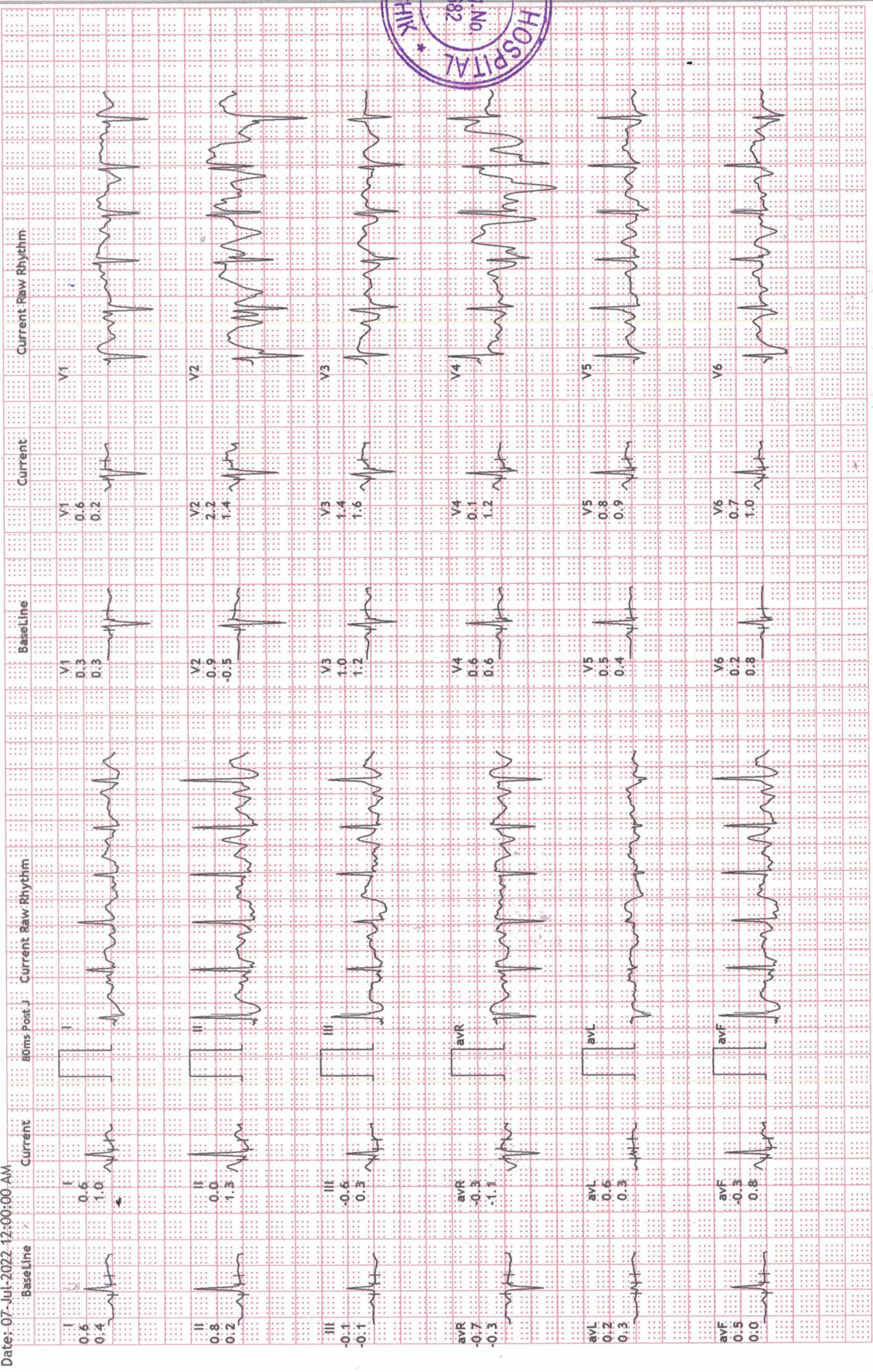
MPHR: 79% of 178
 Speed: 2.5 mph
 Grade: 12.0%

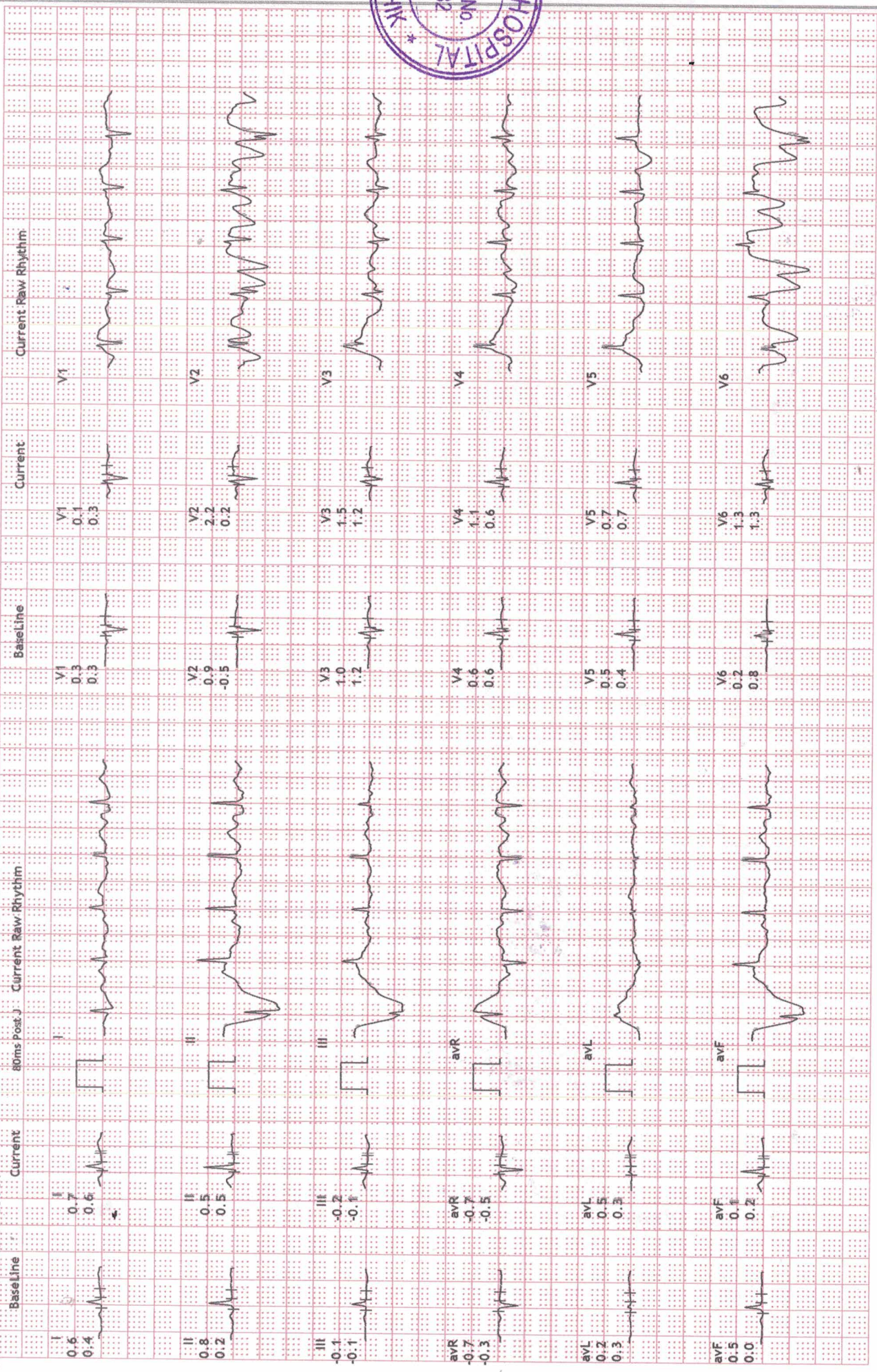
Raw ECG
 BRUICE1
 (1.0-100)Hz

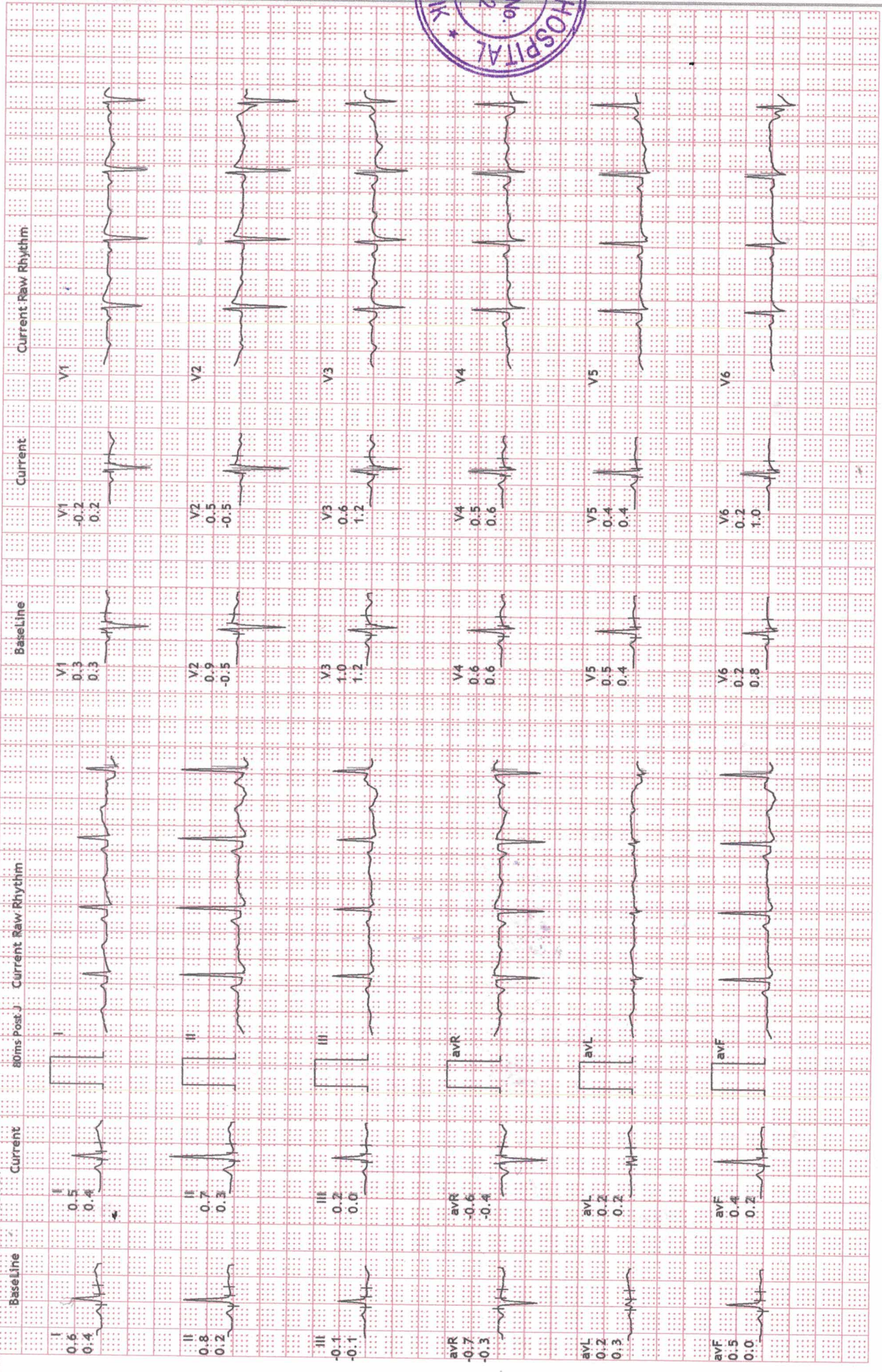
Ex Time 06:00
 BLC :On
 Notch :On

Stage 2 (03:00)
 10.0 mm/mV
 25 mm/Sec.

Date: 07-Jul-2022 12:00:00 AM







11525/MR URVASHI KUMARI
42 Yrs/Male
70 Kg/149 Cms

Date: 07-Jul-2022 12:00:00 AM

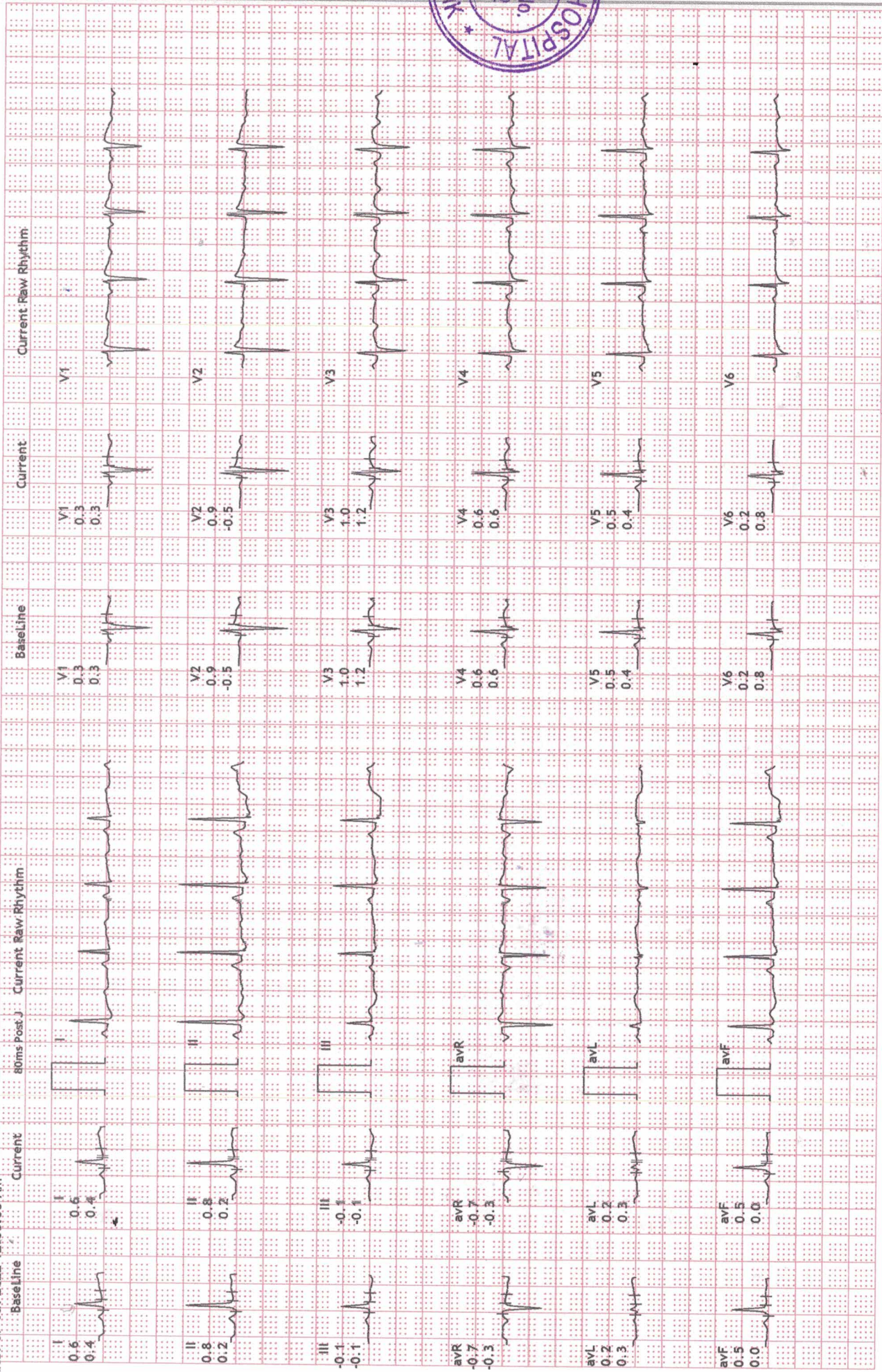
HR: 93 bpm
METS: 1.0
BP: ---/---

MPHR: 52% of 178
Speed: 0.0 mph
Grade: 0.0%

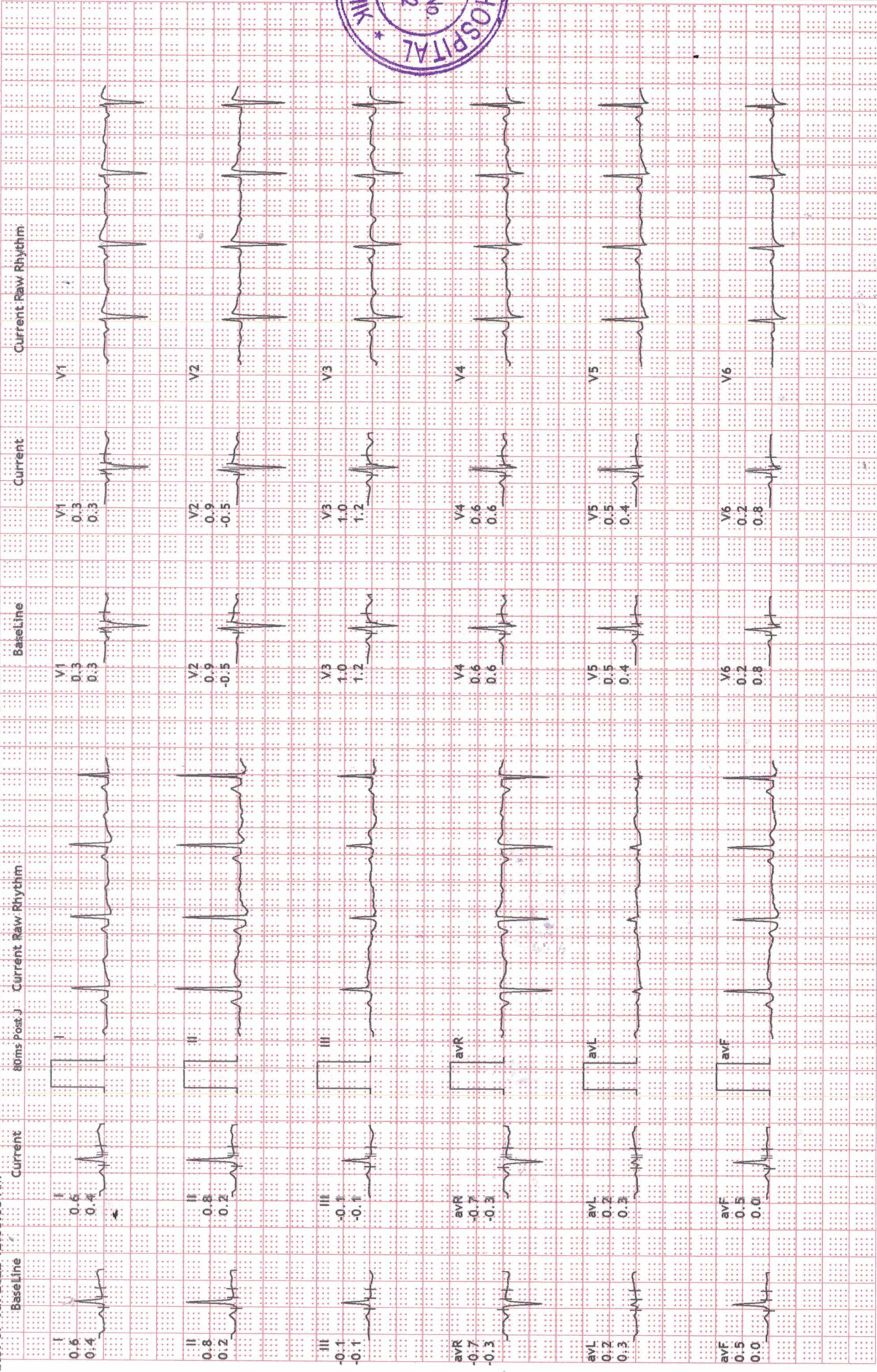
Raw ECG
BRUCE1
(1.0-100)HZ

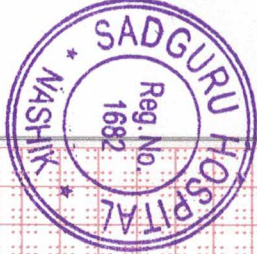
Ex Time 01:12
BLC :On
Notch :On

HV
10.0 mm/mV
25 mm/Sec.



12 Lead + Comparison





NASHIK
 11525/MR URVASHI KUMARI
 42 Yrs/Male
 70 Kg/149 Cms

Date: 07-Jul-2022 12:00:00 AM

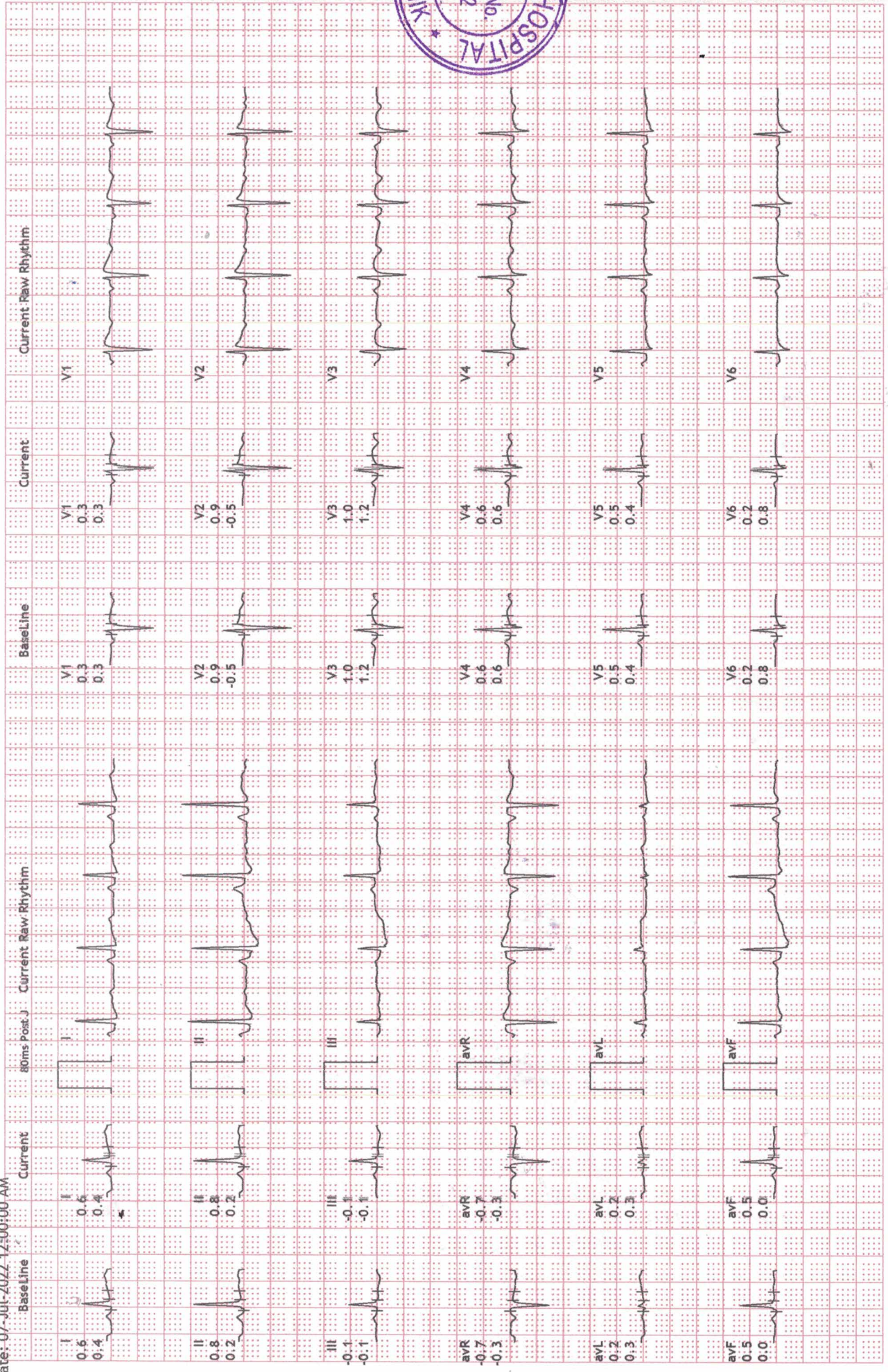
HR: 97 bpm
 METS: 1.0
 BP: ---/---

MPHR: 54% of 178
 Speed: 0.0 mph
 Grade: 0.0%

Raw ECG
 BRUICE1
 (1.0-100)Hz

SUPINE
 10.0 mm/mV
 25 mm/Sec.

Ex Time 01:09
 BLC : On
 Notch : On



6884 5472 0538

आधार — सामान्य माणसाचा अधिकार



भारत सरकार
GOVERNMENT OF INDIA



उर्वशी कुमारी
Urvashi Kumari

जन्म वर्ष / Year of Birth : 1979
स्त्री / Female



6884 5472 0538

आधार — सामान्य माणसाचा अधिकार



MEDICAL EXAMINATION REPORT (FITNESS)

| | | | | | | | |
|---|--------------------------|-------------------------|-----------------------------------|--|------------|---------------------------|-----------|
| Application Number <u>BOB513557</u> | | Date <u>08/07/22</u> | | Referred by | | Location <u>NASHIK</u> | |
| Name of Examinee <u>URVASHI KUMARI</u> | | Age <u>42</u> | | Sex <u>female</u> | | Contact No. | |
| Height (c.m.) <u>147cm</u> | Weight (Kg) <u>70</u> | BMI <u>32.4</u> | Pulse /bpm <u>84/bpm</u> | Blood Pressure [mm of Hg] | | | |
| | | | | Systolic | <u>120</u> | Diastolic | <u>70</u> |
| Family History | | <u>NA</u> | | | | | |
| Past History | | <u>NA</u> | | | | | |
| Present Complaints | | <u>NA</u> | | | | | |
| Clinical Examination (General) | | General Condition: | | | | | |
| | | Anemia: | Positive <input type="checkbox"/> | Negative <input checked="" type="checkbox"/> | | | |
| | | Jaundice: | Positive <input type="checkbox"/> | Negative <input checked="" type="checkbox"/> | | | |
| | | Cyanosis: | Positive <input type="checkbox"/> | Negative <input checked="" type="checkbox"/> | | | |
| | | Lymphadenopathy: | Positive <input type="checkbox"/> | Negative <input checked="" type="checkbox"/> | | | |
| | | Oedema | Present <input type="checkbox"/> | Absent <input checked="" type="checkbox"/> | | | |
| Clinical Examination (Systemic) | | Respiratory System: | | <u>AE BE clear</u> | | | |
| | | Central Nervous System: | | <u>conscious oriented</u> | | | |
| | | Cardiovascular System: | | <u>S, S ~ Normal</u> | | | |
| | | Per Abdominal: | | <u>Soft Non Tender</u> | | | |



| | |
|---------------------------------|-------------------------|
| Pathology investigations | <i>Reports Attached</i> |
| ECG | |
| Stress Test / 2D-Echo | |
| Chest X-Ray | |
| USG | |
| Vision / Ophthalmic check up | |
| Audiometry | |
| Spirometry | |
| Gynecologist Checkup | |
| Diet & Nutrition Consultation | |
| ENT Check up | |
| Dental check up | |



He / She is Physically Fit / Unfit for the Job

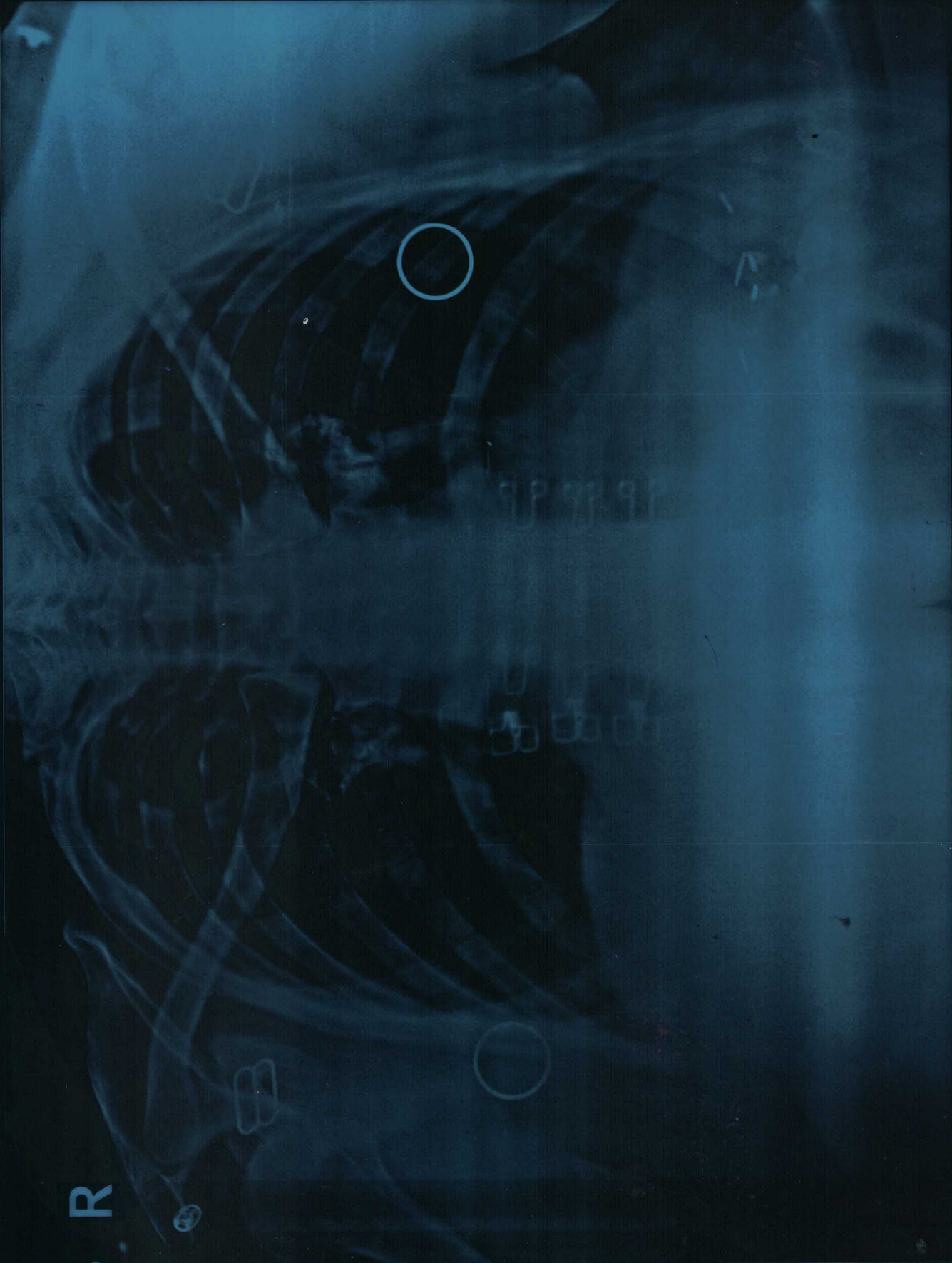
Comment / Advise:

(Audit & Verification Stamp)

MSK
DR. NISHANT GAWALE
MBBS, ORTHOPEDIC SURGEON
SIGNATURE OF MEDICAL EXAMINER
Reg. No. 2003/08/3347
SADGURU HOSPITAL
OLD ADGAON NAKA, PANCHAVATI,
NASHIK-422 003

Fujifilm

R



MRS URVASHI KUMARI 42Y HEALTH CHEST PA 08-Jul-22

SADGURU HOSPITAL NASHIK

- MULTI SPECIALITY
- CRITICAL CARE
- TRAUMA CARE CENTER

| | |
|--|-------------------------|
| PATIENT'S NAME : MRS URVASHI KUMARI | AGE :42Y |
| SEX:F | |
| REFERRED BY :SADGURU HOSPITAL | DATE: 08/07/2022 |

Thanks for reference.

CHEST X-RAY (PA VIEW)

Both lung fields appear normal.
No infiltration is seen on either side.
Pleural spaces are clear.
Both CP angles are clear.
Both hila appear normal.
Cardiac size appears normal.
The domes of diaphragm are normal in position & show smooth outline.
Bony thorax is normal.

IMPRESSION: No significant abnormality seen.

Suggest : Clinical correlation



Dr. Santosh Bharat Rathod
MBBS, DNB
Consultant Radiologist



Maple Diagnostics

Name : MRS. URVASHI KUMARI

Age/Sex : 42 YEARS/F

Ref By : SADGURU HOSPITAL

Date : 08 Jul 2022

SONOMAMMOGRAPHY

Sonomammography performed with 7.5-10 MHz linear high-resolution probe.

H/O Surgery for Carcinoma left breast.

Normal fibro-glandular breast parenchyma is seen on both sides.

No obvious solid/cystic focal lesion seen in breast parenchyma.

No duct dilatation or calcifications seen.

No focal collection or subcutaneous thickening is seen.

Multiple thin, linear (8 mm) hyperechoic foci seen in left breast at surgical site predominantly in subcutaneous planes with posterior acoustic shadowing.

No axillary lymphadenopathy noted.

CONCLUSION:

→ No obvious solid/cystic focal lesion seen in breast parenchyma.

→ No obvious collection or focal inflammation seen.

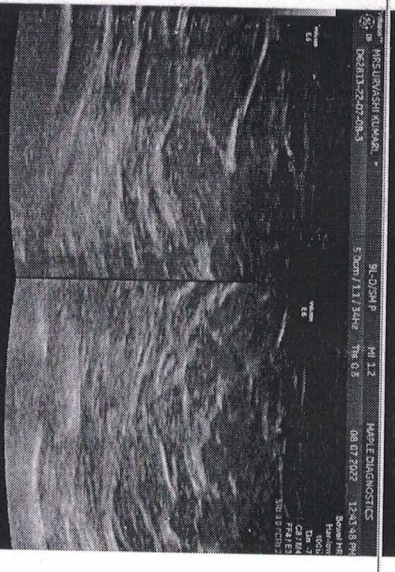
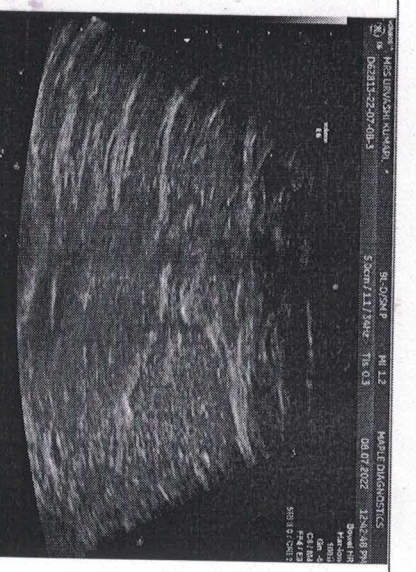
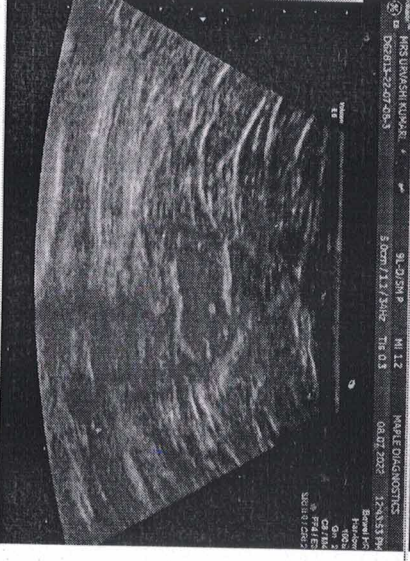
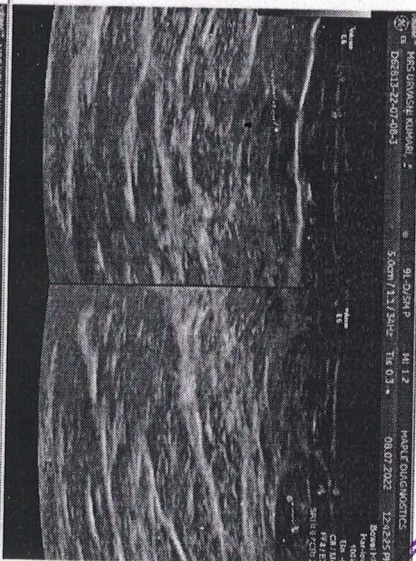
→ No axillary lymphadenopathy noted.

→ Multiple thin, linear (8 mm) hyperechoic foci seen in left breast at surgical site predominantly in subcutaneous planes with posterior acoustic shadowing. Metallic surgical clips likely.

DR. HARDIK PATEL
DNB Radiodiagnosis



MRS URVASHI KUMARI, : US From



Patient ID : 015 UHID No. : 5980722-MEDI-WHEEL
Patient Name : MRS. URVASHI KUMARI Regn/Sample Date : 08-Jul-2022 10.45 AM
Age / Sex : 42 Years / Female Report Date : 08-Jul-2022 12.16 PM
Referred By : SADGURU HOSPITAL Sample Type : Whole Blood
Barcode



COMPLETE BLOOD COUNT

| Investigation | Result | Unit | Bio. Ref. Range |
|--------------------------------------|--------|---------------------|-----------------|
| Haemoglobin (HB) | 13.0 | gm/dl | 12-16 |
| RBC | 4.54 | 10 ⁶ /uL | 4.2-5.4 |
| PCV | 40.0 | % | 37-47 |
| MCV | 88.1 | fl | 70-100 |
| MCH | 28.6 | pg | 27-31 |
| MCHC | 32.5 | g/dl | 32-36 |
| RDW-CV | 14.0 | % | 11.5-14.5 |
| Platelet count | 239000 | /cumm | 150000-450000 |
| Total Leucocytes Count | 8600 | /cumm | 4000-11000 |
| DIFFERENTIAL LEUCOCYTES COUNT | | | |
| Neutrophils | 68 | % | 44-76 |
| Lymphocytes | 30 | % | 20-40 |
| Monocytes | 01 | % | 2-10 |
| Eosinophils | 01 | % | 1-6 |
| Basophils | 00 | % | 0-2 |


END OF REPORT

PPtaog
sadguru_Admin

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Page 1 of 7



Dr. Pravin Bagul
(MD Path
Consulting Pathologist)

| | | | |
|--------------|------------------------------|------------------|--|
| Patient ID | : 015 | UHID No. | : 5980722-MEDI-WHEEL |
| Patient Name | : MRS. URVASHI KUMARI | Regn/Sample Date | : 08-Jul-2022 10.45 AM |
| Age / Sex | : 42 Years / Female | Report Date | : 08-Jul-2022 12.16 PM |
| Referred By | : SADGURU HOSPITAL | Sample Type | : Whole Blood |
| | | Barcode |  * 0 1 5 * |

HAEMATOLOGY.

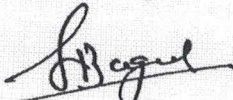
| Investigation | Result |
|--|---|
| BLOOD GROUP ABO & RH TYPING (EDTA Whole Blood) | |
| Blood group (ABO Typing) | B |
| RhD Factor (Rh typing) | NEGATIVE |
| Method | Manual Slide Hemagglutination |
| Note | Kindly recheck Blood Group before blood transfusion |
| ESR (Wintrobe) (EDTA Whole Blood) | 13 mm/1hr. 0-19 |

END OF REPORT




sadguru Admin

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Dr. Pravin Bagul
(MD Path
Consulting Pathologist)

| | | | |
|---------------------|------------------------------|------------------|--|
| Patient ID | : 015 | UHID No. | : 5980722-MEDI-WHEEL |
| Patient Name | : MRS. URVASHI KUMARI | Regn/Sample Date | : 08-Jul-2022 10.45 AM |
| Age / Sex | : 42 Years / Female | Report Date | : 08-Jul-2022 12.16 PM |
| Referred By | : SADGURU HOSPITAL | Sample Type | : SERUM |
| | | Barcode |  * 0 1 5 * |

LIVER FUNCTION TEST

| Investigation | Result | Unit | Bio. Ref. Range |
|---|--------|-------|-----------------|
| LIVER FUNCTION TEST | | | |
| SGOT (AST) (Serum,IFCC) | 25.1 | U/L | Upto 40 |
| SGPT (ALT) (Serum,IFCC) | 20.3 | U/L | Upto 40 |
| Bilirubin-Total (Serum,Diazo) | 1.00 | mg/dL | 0.1-1.2 |
| Bilirubin-Direct (Serum,Diazo) | 0.40 | mg/dL | 0.0-0.5 |
| Bilirubin- Indirect | 0.60 | mg/dL | 0.1-1.0 |
| Alkaline Phosphatase (Serum, ALP-AMP) | 122.4 | U/L | 54-306 |
| Total Protein (Serum, Modified Biuret) | 6.90 | g/dl | 6.0-8.5 |
| Albumin (Serum,Bromocresol green) | 4.00 | g/dl | 3.0-5.4 |
| Globulin | 2.90 | g/dl | 1.8-3.6 |
| A/G Ratio (Calculated) | 1.38 | | 1.1-2.2 |

----- END OF REPORT -----




R.P. Tawar
sadguru_Admin

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Dr. Pravin Bagul

Dr. Pravin Bagul
(MD Path
Consulting Pathologist)

| | |
|---|---|
| Patient ID : 015 | UHID No. : 5980722-MEDI-WHEEL |
| Patient Name : MRS. URVASHI KUMARI | Regn/Sample Date : 08-Jul-2022 10.45 AM |
| Age / Sex : 42 Years / Female | Report Date : 08-Jul-2022 12.16 PM |
| Referred By : SADGURU HOSPITAL | Sample Type : SERUM |
| | Barcode  |

BIOCHEMISTRY

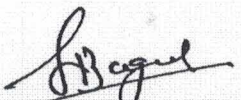
| Investigation | Result | Unit | Bio. Ref. Range |
|---|--------|-------|-----------------|
| Fasting Blood Glucose (Plasma-F,GOD-POD) | 77.8 | mg/dL | 60-110 |
| Parallel Urine Glucose | NIL | | |
| Gamma GT (GGTP) (Serum, Enzymatic) | 15.6 | U/L | 9-36 |
| Sr. Uric Acid (Serum, Uricase Peroxidase) | 4.8 | mg/dL | 2.5-6.0 |
| Sr. Blood Urea (Serum,Urease) | 23.6 | mg/dL | 10-50 |
| Remark : In blood, Urea is usually reported as BUN and expressed in mg/dl. BUN mass units can be converted to urea mass units by multiplying by 2.14. | | | |
| BLOOD UREA NITROGEN (BUN) | | | |
| Sr. Blood Urea (Serum,Urease) | 23.6 | mg/dL | 10-50 |
| BUN-Blood Urea Nitrogen | 11 | mg/dL | 8-23 |
| Remark : In blood, Urea is usually reported as BUN and expressed in mg/dl. BUN mass units can be converted to urea mass units by multiplying by 2.14. | | | |
| Sr. Creatinine (Serum,Picrate Alcalin) | 0.90 | mg/dL | 0.5-1.2 |

----- END OF REPORT -----



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Dr. Pravin Bagul
(MD Path
Consulting Pathologist)

| | | | |
|---------------------|------------------------------|------------------|--|
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| Referred By | : SADGURU HOSPITAL | Sample Type | : SERUM |
| | | Barcode |  * 0 1 5 * |

LIPID PROFILE

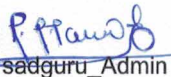
| Investigation | Result | Unit | Bio. Ref. Range |
|--|-------------|-------|---|
| Nature Of Sample (Serum, Enzymatic) | Fasting | | |
| Serum Cholesterol -Total | 198.6 | mg/dL | Desirable - Upto 200 Borderline High - 200-239 High - Above 240 |
| Serum Triglycerides | 143.0 | mg/dL | Normal: Below 150 Borderline High :150-199 High : 200-499 Very High : >= 500 |
| HDL Cholesterol | 40.9 | mg/dL | Major risk factor for heart disease: < 40 Negative risk factor for heart disease: >=60 |
| LDL Cholesterol | 129 | mg/dL | Optimal: < 100 Near Optimal/Above Optimal: 100-129 Borderline High: 130-159 High : 160-189 Very High : >= 190 |
| VLDL Cholesterol | 29 | mg/dL | Upto 40 |
| CHOL/HDL Ratio | 4.86 | Ratio | 0-4.5 |
| LDL / HDL Ratio | 3.2 | Ratio | 1.5-3.5 |

Note: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

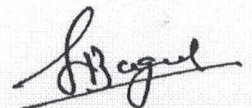
VLDL,CHOL/HDL Ratio, LDL/HDL Ratio, LDL Cholesterol,serum, are calculated parameter

----- END OF REPORT -----





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Dr. Pravin Bagul
(MD Path
Consulting Pathologist)

| | | | |
|---------------------|------------------------------|------------------|--|
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| Referred By | : SADGURU HOSPITAL | Sample Type | : Whole Blood |
| | | Barcode |  * 0 1 5 * |

BIOCHEMISTRY.

| Investigation | Result | Unit | Bio. Ref. Range |
|--------------------------|--------------|-------|---|
| HbA1C | 5.0 | % | Non-diabetic: <= 5.8 Pre-diabetic: 5.9-6.4 Diabetic: = >6.4 |
| Mean Blood Glucose level | 97 | mg/dL | |
| Method | Nephelometry | | |

INTERPRETATION :

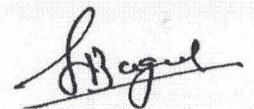
- 1] HbA1c is used for monitoring diabetic control . It reflects the estimated average glucose (eAG) .
- 2] HbA1c has been endorsed by clinical groups & ADA(American Diabetes Association) guidelines 2012 , for diagnosis of diabetes using a cut- off point of 6.5%. ADA defined biological reference range for HbA1c is 4% - 6%. Patient with HbA1c value between 6.0% to 6.5% are considered at risk for developing diabetes in the future .
- 3] Trends in HbA1c are a better indicator of diabetes control than a solitary test .
- 4] In known diabetic patients, following values can be considered as a tool for monitoring the glycemic control. Excellent Control - 6 to 7 % , Fair to Good Control - 7 to 8 % , Unsatisfactory Control - 8 to 10 % and Poor Control - More than 10 % .

----- END OF REPORT -----



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Dr. Pravin Bagul
(MD Path
Consulting Pathologist)

| | | | |
|--------------|-----------------------|------------------|--|
| Patient ID | : 015 | UHID No. | : 5980722-MEDI-WHEEL |
| Patient Name | : MRS. URVASHI KUMARI | Regn/Sample Date | : 08-Jul-2022 10.45 AM |
| Age / Sex | : 42 Years / Female | Report Date | : 08-Jul-2022 12.16 PM |
| Referred By | : SADGURU HOSPITAL | Sample Type | : URINE |
| | | Barcode |  * 0 1 5 * |

REPORT ON URINE ROUTINE

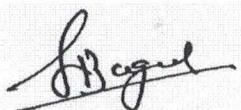
| Investigation | Result |
|--------------------------------|-------------|
| Specimen Name | Urine |
| PHYSICAL EXAMINATION | |
| Nature of specimen | Random |
| Colour | Pale Yellow |
| Transparency (Appearance) | Clear |
| Reaction (pH) | Acidic |
| Quantity | 15 ml |
| Deposits | Absent |
| Specific Gravity | 1.010 |
| CHEMICAL EXAMINATION | |
| Urine Protein (Albumin) | Absent |
| Urine Glucose (Sugar) | Absent |
| Urine Ketones (Acetone) | Absent |
| Bile pigments | Absent |
| Bile Salt | Absent |
| MICROSCOPIC EXAMINATION | |
| Red blood cells | Not Seen |
| Pus Cells (WBCs) | 2-4/hpf |
| Epithelial cells | 2-3/hpf |
| Crystals | Not seen |
| Cast | Not seen |
| Bacteria | Absent |

END OF REPORT


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Dr. Pravin Bagul
(MD Path
Consulting Pathologist)



2022.07.08 10:40