


## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Deepak Kumari on 25.03.23

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>• Medically Fit</li> </ul>	✓
<ul style="list-style-type: none"> <li>• Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However, the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<div style="border: 1px solid black; padding: 5px; display: inline-block;">             N/A           </div>
<ul style="list-style-type: none"> <li>• Currently Unfit. Review after _____ recommended</li> </ul>	
<ul style="list-style-type: none"> <li>• Unfit</li> </ul>	

  
 Dr. \_\_\_\_\_  
 Medical Officer  
 The Apollo Clinic,

*This certificate is not meant for medico-legal purposes*

**Patient Name** : Mr. DEEPAK KUMAR  
**UHID/MR No.** : FRAN.0000016530  
**Visit Date** : 25-03-2023 16:13  
**Sample Collected on** : 25-03-2023 16:22  
**Ref Doctor** : SELF

**Age / Gender** : 48Y/Male  
**OP Visit No** : FRANOPV32720  
**Reported on** : 25-03-2023 16:36  
**Specimen** : Whole Blood (Edta)  
**Pres Doctor:** :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>COMPLETE BLOOD COUNT</b>			
TOTAL LEUKOCYTE COUNT Method: Automated	6,600	3,500 - 10,000	/Cumm
PLATELET COUNT Method: Automated	1.60	1.5 - 4.5	lakhs/cumm
NEUTROPHIL Method: Automated	53	40 - 73	%
LYMPHOCYTE Method: Automated	41	15 - 45	%
MONOCYTE Method: Automated	03*	4.0 - 12.0	%
EOSINOPHIL Method: Automated	03	0.5 - 7.0	%
BASOPHIL Method: Automated	00	0 - 2	%
HAEMOGLOBIN Method: Automated	14.0	11.5 - 17	gm/dl
RBC COUNT Method: Automated	4.72	3.8 - 5.5	Mil/Cumm
PCV Method: Automated	40.9	35 - 52	%
MCV Method: Automated	86.7	76 - 100	fl
MCH: Method: Automated	29.6	27.0 - 34.0	pg
MCHC Method: Automated	34.2	31.5 - 35	gm/dl
RDW-CV Method: Automated	12.5	11.0 - 17.0	%
RDW-SD Method: Automated	49.6		%
MPV Method: Automated	13.1		fl
PDW Method: Automated	27.6*	11.0 - 22.0	%
PCT Method: Automated	0.21		fl

End of the report

Patient Name : Mr. DEEPAK KUMAR  
 UHID/MR No. : FRAN.0000016530  
 Visit Date : 25-03-2023 09:47  
 Sample Collected on : 25-03-2023 11:11  
 Ref Doctor : SELF  
 Emp/Auth/TPA ID : 170637  
 Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

Age / Gender : 48Y/Male  
 OP Visit No : FRANOPV32680  
 Reported on : 25-03-2023 16:05  
 Specimen : Whole Blood (Edta)  
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLYCOSYLATED HEMOGLOBIN (HBA1C) GLYCOSYLATED HEMOGLOBIN (HBA1C). Method: HPLC	6.5*	Normal < 5.7 Prediabetes 5.7 - 6.4 Diabetes >= 6.5	%
GLUCOSE - ( FASTING ) FASTING BLOOD GLUCOSE Method: GLUCOSE OXIDASE	121.0*	Normal: 70-100 Pre - Diabetes: 100-125 Diabetes: >=126	mg/dL

End of the report

Results are to be correlated clinically

Lab Technician / Technologist  
 PDPL10011



Dr. Bikash Kumar  
 MD (Patho)  
 Senior Consultant Pathologist

**Patient Name** : Mr. DEEPAK KUMAR  
**UHID/MR No.** : FRAN 0000016530  
**Visit Date** : 25-03-2023 09:47  
**Sample Collected on** : 25-03-2023 11:11  
**Ref Doctor** : SELF  
**Emp/Auth/TPA ID** : 170637  
**Sponsor Name** : ARCOFEMI HEALTHCARE LIMITED

**Age / Gender** : 48Y/Male  
**OP Visit No** : FRANOPV32680  
**Reported on** : 25-03-2023 14:13  
**Specimen** : Serum  
**Pres Doctor:** :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>LIPID PROFILE TEST (PACKAGE)</b>			
Cholesterol Method: CHOD - PAP.	181.0	Desirable blood cholesterol : <200 Borderline High : 200 - 239 High : >239	mg/dl
Triglyceride Method: Glycerol Phosphate Oxidase	100.0	Normal : <161 High : 161-199 Hypertriglyceridemic : 200-499 Very high : >499	mg/dl
HDL Method: DIRECT	38.0	MALE : 35.3 - 79.5 Female : 42.0 - 88.0	mg/dl
LDL Method: DIRECT	122.0	Optimal : < 100 Near / Above optimal : 100 - 129 Borderline high : 130 - 159 High : 160 - 189 Very high : > 190	mg/dl
VLDL Method: Calculated	20.0	15 - 45	mg/dl
<b>KFT - RENAL PROFILE-SERUM</b>			
Urea	16.0	13 - 43	mg/dl
Creatinine	0.77	0.55 - 1.3	mg/dl
Uric Acid	6.06	3.4 - 7.0	mg/dl
Sodium(Na):	139.0	135 - 148	meq/L
Potassium(K) :	4.1	3.5 - 5.3	meq/L
Chloride(Cl) :	104.0	98 - 107	meq/L
Calcium:	8.67	8.4 - 10.2	mg/dl
Phosphorus:	3.08	3 - 4.5	mg/dl
<b>LIVER FUNCTION TEST (PACKAGE)</b>			
BILIRUBIN - TOTAL Method: Daizo	0.47	0.1 - 1.2	mg/dL
BILIRUBIN - DIRECT Method: Diazo with DPD	0.18	Adult & Children : < 0.2	mg/dL
BILIRUBIN - INDIRECT Method: Calculated	0.29	0.1 - 1.0	mg/dL
SGPT/ALT Method: Multipoint Rate	31.0	MALE <50 U/L FEMALE <35 U/L	U/L
SGOT /AST Method: Multipoint Rate	24.0	MALE <50 U/L FEMALE <35 U/L	U/L
ALKA-PHOS Method: PNPP-AMP BUFFER	91.0	Child 1-7 years = <390 Adult: 46 -116	U/L

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**Sponsor Name** : ARCOFEMI HEALTHCARE LIMITED

**Age / Gender** : 48Y/Male  
**OP Visit No** : FRANOPV32680  
**Reported on** : 25-03-2023 14:13  
**Specimen** : Serum  
**Pres Doctor:** :

TOTAL-PROTIEN: Method: Photometric UV test	6.83	Adult: 6.6 - 8.8	gm/dL
ALBUMIN: Method: BCG	3.21*	3.5 - 5.2	gm/dL
GLOBULIN :- Method: Calculated	3.62*	2.0 - 3.5	gm/dL
A/G Method: Calculated	0.8*	1.0 - 2.0	
GGT Method: Multipoint Rate	32.0	ADULT 15- 58 U/L FEMALE 12 - 43 U/L MALE 15-73 U/L	U/L

**End of the report**

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Dr. Bikash Kumar  
MD (Patho)  
Senior Consultant Pathologist

**Patient Name** : Mr. DEEPAK KUMAR  
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**Sample Collected on** : 25-03-2023 11:11  
**Ref Doctor** : SELF  
**Emp/Auth/TPA ID** : 170637  
**Sponsor Name** : ARCOFEMI HEALTHCARE LIMITED

**Age / Gender** : 48Y/Male  
**OP Visit No** : FRANOPV32680  
**Reported on** : 25-03-2023 15:39  
**Specimen** : Serum(Spl)  
**Pres Doctor:** :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>THYROID PROFILE - I(T3,T4 AND TSH)</b>			
TOTAL T3: TRIIODOTHYRONINE - SERUM: Method: CLIA	1.83*	0.97 - 1.69	ng/ml
TOTAL T4: THYROXINE - SERUM: Method: CLIA	10.9	5.53 - 11.0	g/dL
TSH: THYROID STIMULATING HORMONE - SERUM: Method: CLIA	0.49	0.465 - 4.68	IU/ml
<b>PSA TOTAL</b>			
PSA TOTAL Method: CLIA	2.58	0 - 4.0	ng/mL

End of the report

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Dr. Bikash Kumar  
 MD (Patho)  
 Senior Consultant Pathologist

<b>Patient Name</b>	: Mr. DEEPAK KUMAR	<b>Age / Gender</b>	: 48Y/Male
<b>UHID/MR No.</b>	: FRAN.0000016530	<b>OP Visit No</b>	: FRANOPV32680
<b>Visit Date</b>	: 25-03-2023 09:47	<b>Reported on</b>	: 25-03-2023 15:28
<b>Sample Collected on</b>	: 25-03-2023 11:11	<b>Specimen</b>	: EDTA Blood
<b>Ref Doctor</b>	: SELF	<b>Pres Doctor:</b>	:
<b>Emp/Auth/TPA ID</b>	: 170637		
<b>Sponsor Name</b>	: ARCOFEMI HEALTHCARE LIMITED		

**DEPARTMENT OF LABORATORY MEDICINE**

<b>TEST NAME</b>	<b>RESULT</b>	<b>BIOLOGICAL REFERENCE INTERVALS</b>	<b>UNITS</b>
<b>BLOOD GROUP AND RH TYPE</b>			
"ABO" Typing Method: Slide Test	"O"		
"Rh" Factor Method: Slide Test	POSITIVE		

**End of the report**

*Results are to be correlated clinically*

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PDPL10011



Dr. Bikash Kumar  
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Senior Consultant Pathologist

Patient Name : Mr. DEEPAK KUMAR  
UHID/MR No. : FRAN.0000016530  
Visit Date : 25-03-2023 09:47  
Sample Collected on : 25-03-2023 09:47  
Ref Doctor : SELF  
Emp/Auth/TPA ID : 170637  
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

Age / Gender : 48Y/Male  
OP Visit No : FRANOPV32680  
Reported on : 25-03-2023 16:05  
Specimen : URINE  
Pres Doctor: :


DEPARTMENT OF LABORATORY MEDICINE

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNIT</u>
GLUCOSE - ( FASTING ) URINE FASTING URINE GLUCOSE Dipstick/Benedicts reagent	ABSENT		
GLUCOSE - ( POST PRANDIAL ) URINE GLUCOSE - ( POST PRANDIAL ) URINE Dipstick/Benedicts reagent	ABSENT		

**End of the report**

*Results are to be correlated clinically*

Lab Technician / Technologist  
PDPL10011



Dr. Bikash Kumar  
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Senior Consultant Pathologist



Patient Name : Mr. DEEPAK KUMAR  
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 Visit Date : 25-03-2023 09:47  
 Sample Collected on : 25-03-2023 11:11  
 Ref Doctor : SELF  
 Emp/Auth/TPA ID : 170637  
 Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

Age / Gender : 48Y/Male  
 OP Visit No : FRANOPV32680  
 Reported on : 25-03-2023 16:04  
 Specimen : Urine  
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

URINE ROUTINE EXAMINATION

URINE EXAMINATION TEST REPORT

Test Name	Observed Value	Unit	Reference Range
<b>Urine R/M Examination</b>			
Quantity	30	ml.	Pale Yellow
Colour	Pale Yellow		Clear
Tranparency	Clear		1.005 - 1.030
Urine Specific Gravity	1.015		
Dipstick			5.5 - 7.5
pH	6.0		
Dipstick / pH paper			
<b>Chemical Examination</b>			
Protein	Nil		Nil
Dipstick/Heat & acetic acid			Nil
Sugar	Nil		
Dipstick/Benedicts reagent			Negative
Ketone Bodies	Negative		
Rothera's test/ Reagent strips			Negative
Bile Salts	Negative		
Hay's test			Negative
Bile Pigments	Negative		
Fouchet's test			
<b>Microscopic Examination</b>			
Pus Cells	0-2	/HPF	1-2
RBC'S	Nil	/HPF	Nil
Casts	Nil	/HPF	Nil
Crystals	Nil		Nil
Epithelial Cells	A few	/HPF	1-2
Bacteria	Nil	/HPF	Nil

End of the report

Results are to be correlated clinically

Lab Technician / Technologist  
 PDPL10011



Dr. Bikash Kumar  
 MD (Patho)  
 Senior Consultant Pathologist

Patient / Exam Information

Date of Exam: 25.03.2023

Patient ID	16530	Height
Name	DEEPAK KUMAR	Weight
DOB, Age	48	BSA
Sex	Male	HR

Perf. Phys.	Ref. Phys.	Sonographer
Comment	Indication	

M-Mode Measurements	Value	m1	m2	m3	m4	m5	m6	Meth.
<b>AV/IA</b>								
Ao Root Diam.	2.65 cm	2.65						avg.
LA Diam.	3.34 cm	3.34						avg.
<b>Left Ventricle</b>								
IVSd	1.65 cm	1.65						avg.
LVDd	4.24 cm	4.24						avg.
LVPWd	1.85 cm	1.85						avg.
IVSs	1.90 cm	1.90						avg.
LVDs	2.60 cm	2.60						avg.
LVPWs	2.35 cm	2.35						avg.
EDV (Teich)	80.358 ml	80.358						
EDV (Cubed)	76.225 ml	76.225						
ESV (Teich)	24.606 ml	24.606						
ESV (Cubed)	17.576 ml	17.576						
SV (Teich)	55.752 ml	55.752						
SV (Cube)	58.649 ml	58.649						
EF (Teich)	69.38 %	69.38						
EF (Cube)	76.94 %	76.94						
Fract. Short.	38.68 %	38.68						
LV Mass	389.36 g	389.36						
<b>Mitral Valve</b>								
D-E Slope	0.359 m/s	0.359						avg.
D-E Ampl.	2.40 cm	2.40						avg.
E-F Slope	-0.150 m/s	-0.150						avg.

Doppler Measurements	Value	m1	m2	m3	m4	m5	m6	Meth.
<b>Mitral Valve</b>								
Peak E	0.829 m/s	0.829						max

1 / 2  
25.03.2023 11:07:10 AM

Doppler Measurements	Value	m1	m2	m3	m4	m5	m6	Meth.
<b>Mitral Valve</b>								
Peak A	0.399 m/s	0.399						max
Peak PG	2.75 mmHg	2.75						
MV E/A	2.08	2.08						
<b>Aortic Valve</b>								
Vmax	-1.381 m/s	-1.381						max
Peak PG	7.63 mmHg	7.63						

**Comment**

NORMAL LV SIZE 2D EF-51%.  
NO RWMA SEEN.  
NO CLOT SEEN.  
NORMAL VALVES AND PERICARDIUM.

IMP-NORMAL STUDY.

*DR NIRAJ PRASAD*

Date: **25.03.2023**

Perf. Physician: \_\_\_\_\_

Sonographer: \_\_\_\_\_

<b>Patient Name</b>	DEEPAK KUMAR	<b>Age</b>	48 YRS
<b>UHID NO</b>	FRAN0000016530	<b>Sex</b>	M
<b>Date</b>	25.03.2023	<b>Refrd By</b>	SELF

### **USG WHOLE ABDOMEN**

Liver: is enlarged in size (~ 15.2 cm) and show grade II fatty infiltration . No definite focal mass lesion is seen. The intrahepatic biliary radicles are not dilated. Portal vein is of normal calibre.

Gall Bladder: is normally distended. No intraluminal calculi or mass is seen. The gall bladder wall thickness is within normal limits. CBD is normal in appearance.

Pancreas: is normal in size, shape and echogenicity. No evidence of any focal lesion or peri-pancreatic collection is seen.

Spleen: is normal in size, shape and echogenicity. It measures ~8.7 cm.

Both kidney are normal in size, shape and reflectivity. They show normal parenchymal echogenicity and cortico medullary differentiation. No evidence of any calculus or hydronephrosis is seen.

Right kidney measures: ~ 9.9 x 4.1 cm.

Left kidney measures: ~ 9.7 x 4.7 cm.

Urinary Bladder: is partially distended and appears normal.

Prostate: is normal in size and measures ~ 13.8 cc in volume/weight (in grams).

No ascites seen.

**Impression:** USG whole abdomen reveals

- Mild hepatomegaly with grade II fatty infiltration .

Suggest clinical correlation.

**Radiologist**

**Dr. Narendra Kumar**  
**MBBS, DVD, DMRD, DNB(T)**

*We regret typographical errors, if any. Please contact us for corrections.*



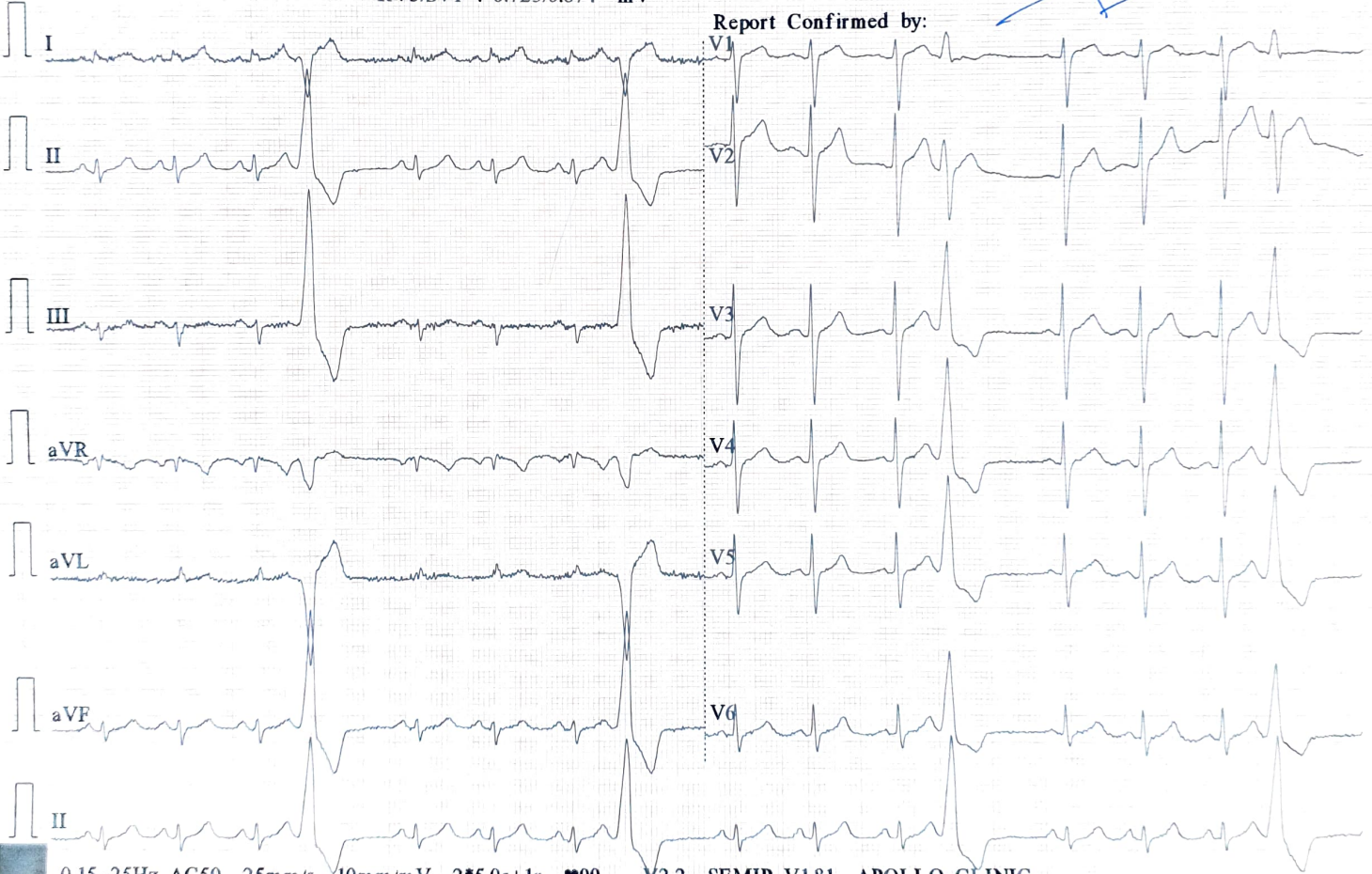
ID: 16530  
MR. DEEPAK KUMAR  
Male 48Years

25-03-2023 10:07:02 AM  
HR : 99 bpm  
P : 119 ms  
PR : 153 ms  
QRS : 92 ms  
QT/QTc : 338/434 ms  
P/QRS/T : 73/-42/39 °  
RV5/SV1 : 0.723/0.874 mV

Diagnosis Information:  
Sinus Rhythm  
Prolonged P-wave  
Frequent Premature Ventricular Contraction  
Low Voltage(Limb Leads)

Report Confirmed by:

VPCs



**DR. SHILPA SONI**

BDS (KU), DENTAL SURGEON  
9534200013; 18001209666

NAME: Mr. Deepak Kumar  
AGE : 48/M  
UHID : 16530  
DATE: 24/08/2018

to Pratik Dental  
check-up.

O/E: - RS ——— 878  
DC ——— 6.  
Chronic gingivitis.

~~W/M~~  
Not reported

Adv: - I.O.P.A f & brach.  
————— 6  
————— 678  
P

Re

18

**DR. NIBHA NIHARIKA KUMAR**

MBBS, MS (OTO- RHINO- LARYNGOLOGY- HEAD & NECK SURGERY)

Otolaryngologist (ENT SPECIALIST), KASTURBA MEDICAL COLLEGE MANIPAL UNIVERSITY

9534200013; 18001209666

PATIENT NAME: MR. Deepak Kumar

UHID: 16530

AGE: 48 Y/M

DATE: 25-3-2023

No specific complaints related to Ear, Nose  
Throat. (H/o surgery - everted)

O/E - Nose - BLIN 1+1+

oral cavity - WNL

Ear - BL 2m WNL

Routine ENT Examination - WNL



**FEES VALID FOR 14 DAYS ONLY**

**PRANIC DIAGNOSTICS PRIVATE LIMITED**

Ground Floor, Mahal Residency, Opp SDA Mission Hospital,  
Bariyatu-Booty Road, Ranchi-834009, Jharkhand  
Mail id : apolloranchi@pranikgroup.com

GSTIN : 20AAJCP8691A1ZJ  
PAN : AAJCP8691A



**Helpline**  
**1800 1209 666**  
**9534200013/33**

www.pranikgroup.com

# DR. RAJEEV RANJAN LAL

MBBS (Hons), M.D.  
(Medicine) AIIMS, New Delhi  
Ex-senior Resident AIIMS, Delhi  
Consultant Physician  
9910498623, 9534200013

PATIENT NAME: Mr. Deepak Kumar  
UHID: 16530  
AGE: 48y / M  
DATE: 25.03.23

BP - 120/70 mmHg  
pulse - 94/min  
SpO2 - 96%

Gr - 16 - fatty liver

T. 100.4 - 4 hrs - 125

MA - 61 mmHg



**FEES VALID FOR 14 DAYS ONLY**

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PAN : AAJCP8691A



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**9534200013/33**

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