



**BHAILAL AMIN
GENERAL HOSPITAL**

ESTD. 1964



CONCLUSION OF HEALTH CHECKUP

ECU Number	: 4931	MR Number	: 23211602	Patient Name	: MITHIL K MEHTA
Age	: 53	Sex	: Male	Height	: 185
Weight	: 109	Ideal Weight	: 79	BMI	: 31.85
Date	: 14/08/2023				

Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.

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GENERAL HOSPITAL**



ECU Number : 4931 MR Number : 23211602 Patient Name: MITHIL K MEHTA
Age : 53 Sex : Male Height : 185
Weight : 109 Ideal Weight : 79 BMI : 31.85
Date : 14/08/2023

Past H/O : H/O:- HYPERTENSION ON MEDICATION SINCE 15 YRS
 H/O:- DIABETES SINCE 1 YRS

Present H/O : NO MEDICAL COMPLAIN AT PRESENT

Family H/O : MOTHER AND FATHER:- HYPERTENSION AND DIABETES

Habits : NO HABITS
Gen.Exam. : G.C.GOOD
B.P : 140/90 mm Hg
Pulse : 81/MIN REG
Others : S[PO2-98%
C.V.S : NAD
R.S. : NAD
Abdomen : NP
Spleen : NP
Skin : NAD
C.N.S : NAD
Advice :

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BHAILAL AMIN GENERAL HOSPITAL



ECU Number : 4931
Age : 53
Weight : 109
Date : 14/08/2023

MR Number : 23211602
Sex : Male
Ideal Weight : 79

Patient Name: MITHIL K MEHTA
Height : 185
BMI : 31.85

Ophthalmic Check Up :

Right

Left

Ext Exam

NIL

Vision Without Glasses

6/6 - WITH 1.25 SPH

6/6-0.75 SPH

Vision With Glasses

N.6+2.25 D SPH ADD

N.6+2.25 D SPH ADD

Final Correction

NA

NA

Fundus

NORMAL

Colour Vision

NORMAL

Advice

NIL

Orthopaedic Check Up :

Ortho Consultation

Ortho Advice

ENT Check Up :

Ear

Nose

Throat

Hearing Test

ENT Advice

General Surgery Check Up :

General Surgery

Abdominal Lump

Hernia

External Genitals

PVR

Proctoscopy

Any Other

Surgical Advice

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Dietary Assessment

ECU Number : 4931 MR Number : 23211602 Patient Name: MITHIL K MEHTA
Age : 53 Sex : Male Height : 185
Weight : 109 Ideal Weight : 79 BMI : 31.85
Date : 14/08/2023

Body Type : Normal / Underweight / Overweight
Diet History : Vegetarian / Eggetarian / Mixed

Frequency of consuming fried food : / Day / Week or occasional
Frequency of consuming Sweets : / Day / or occasional
Frequency of consuming outside food : / Day / Week or occasional
Amount of water consumed / day : Glasses / liters

Life style assessment :
Physical activity : Active / moderate / Sedentary / Nil
Alcohol intake : Yes / No
Smoking : Yes / No
Allergic to any food : Yes / No
Are you stressed out ? : Yes / No
Do you travel a lot ? : Yes / No

General diet instructions :

- Have small frequent meals.
- Avoid fatty products like oil, ghee, butter, cheese.
- Take salt restricted diet and avoid table salt.
- Consume fibrous food regularly like whole grains, Daliya, Oats, Bajra, Flex seeds, Pulses, Fruits and Salads.
- Keep changing your cooking oil every three months.
- Avoid Maida, Starchy foods and Bakery products.
- Consume 1-2 servings of all fruits and vegetables, For Diabetic patients avoid Mango, Chikoo, Banana, Grapes and Custurd apple
- Dring 3 to 4 liters (12 - 14 glass) of water daily.
- Eat Beetroots, Figs, Almond, Walnut, Dates, Leafy vegetables, roasted Channa and Jeggary (Gur) for Heamoglobin in case of diabetic patient avoid Rasins, Dates and Jeggary
- Drink green Tea or black Coffee once in a day.
- Do brisk walking daily.



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Patient Name : Mr. MITHIL K MEHTA
Gender / Age : Male / 53 Years 8 Months 13 Days
MR No / Bill No. : 23211602 / 241042288
Consultant : Dr. Manish Mittal
Location : OPD

Type : OPD
Request No. : 148625
Request Date : 14/08/2023 08:32 AM
Collection Date : 14/08/2023 08:47 AM
Approval Date : 14/08/2023 12:27 PM

CBC + ESR

Test	Result	Units	Biological Ref. Range
Haemoglobin.			
Haemoglobin	14.4	gm/dL	13 - 17
Red Blood Cell Count (T-RBC)	4.61	mill/cmm	4.5 - 5.5
Hematocrit (HCT)	41.2	%	40 - 50
Mean Corpuscular Volume (MCV)	89.4	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	31.2	pg	27 - 32
MCH Concentration (MCHC)	35.0	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	12.0	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	40.0	fl	39 - 46
Total Leucocyte Count (TLC)			
Total Leucocyte Count (TLC)	5.39	thou/cmm	4 - 10
Differential Leucocyte Count			
Polymorphs	45	%	40 - 80
Lymphocytes	46	%	20 - 40
Eosinophils	03	%	1 - 6
Monocytes	06	%	2 - 10
Basophils	00	%	0 - 2
Polymorphs (Abs. Value)	2.43	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	2.52	thou/cmm	1 - 3
Eosinophils (Abs. Value)	0.14	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	0.27	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.03	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.2	%	1 - 3 : Borderline > 3 : Significant
Platelet Count			
Platelet Count	320	thou/cmm	150 - 410
Smear evaluation	Adequate		
ESR	6	mm/1 hr	0 - 12

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Retest / retest may be requested.

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name	: Mr. MITHIL K MEHTA	Type	: OPD
Gender / Age	: Male / 53 Years 8 Months 13 Days	Request No.	: 148625
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CBC + ESR

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.
Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification. ESR on Ves metric 20, comparable to Westergrens method and in accordance to ICSH reference method.

---- End of Report ----

Dr. Ameer Soni
MD (Path)

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Haematology

Test	Result	Units	Biological Ref. Range
Blood Group			
ABO system	A		
Rh system.	Positive		

By Gel Technology / Tube Agglutination Method

Note :

- This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontro
- This method check`s group both on Red blood cells and in Serum for "ABO" group.

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Fasting Plasma Glucose

Test	Result	Units	Biological Ref. Range
Fasting Plasma Glucose			
Fasting Plasma Glucose	104	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	109	mg/dL	70 - 140

By Hexokinase method on RXL Dade Dimesion

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Complete Lipid Profile

Test	Result	Units	Biological Ref. Range
Complete Lipid Profile			
Appearance	Clear		
Triglycerides (By Lipase / Glycerol dehydrogenase on RXL Dade Dimension < 150 Normal 150-199 Borderline High 200-499 High > 499 Very High)	141	mg/dL	1 - 150
Total Cholesterol (By enzymatic colorimetric method on RXL Dade Dimension <200 mg/dL - Desirable 200-239 mg/dL - Borderline High > 239 mg/dL - High)	154	mg/dL	1 - 200
HDL Cholesterol (By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension < 40 Low > 60 High)	34	mg/dL	40 - 60
Non HDL Cholesterol (calculated) (Non- HDL Cholesterol < 130 Desirable 139-159 Borderline High 160-189 High > 191 Very High)	120	mg/dL	1 - 130
LDL Cholesterol (By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension < 100 Optimal 100-129 Near / above optimal 130-159 Borderline High 160-189 High > 189 Very High)	99	mg/dL	1 - 100
VLDL Cholesterol (calculated)	28.2	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	2.91		2.1 - 3.5
T. Ch./HDL Ch. Ratio (Recent NECP / ATP III Guidelines / Classification (mg/dl) :)	4.53		3.5 - 5

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Liver Function Test (LFT)

Test	Result	Units	Biological Ref. Range
Bilirubin			
Bilirubin - Total	0.52	mg/dL	0 - 1
Bilirubin - Direct	0.15	mg/dL	0 - 0.3
Bilirubin - Indirect	0.37	mg/dL	0 - 0.7
<i>(By Diazotized sulfanilic acid on RXL Dade Dimension.)</i>			
Aspartate Aminotransferase (SGOT/AST)	46	U/L	15 - 40
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alanine Aminotransferase (SGPT/ALT)	86	U/L	16 - 63
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alkaline Phosphatase	48	U/L	56 - 119
<i>(By PNPP AMP method on RXL Dade Dimension.)</i>			
Gamma Glutamyl Transferase (GGT)	44	U/L	15 - 85
<i>(By IFCC method on RXL Dade Dimension.)</i>			
Total Protein			
Total Proteins	7.20	gm/dL	6.4 - 8.2
Albumin	3.60	gm/dL	3.4 - 5
Globulin	3.6	gm/dL	3 - 3.2
A : G Ratio	1		1.1 - 1.6
<i>(By Biuret endpoint and Bromocresol purple method on RXL Dade Dimension.)</i>			

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Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea <i>(By Urease Kinetic method on RXL Dade Dimension)</i>	18	mg/dL	10 - 45
Creatinine <i>(By Modified Kinetic Jaffe Technique)</i>	1.08	mg/dL	0.9 - 1.3
Estimate Glomerular Filtration rate <i>(Ref. range : > 60 ml/min for adults between age group of 18 to 70 yrs. EGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)</i>	More than 60		
Uric acid <i>(By Uricase / Catalase method on RXL Siemens)</i>	7.6	mg/dL	3.4 - 7.2

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HbA1c (Glycosylated Hb)

Test	Result	Units	Biological Ref. Range
HbA1c (Glycosylated Hb)			
Glycosylated Hemoglobin (HbA1c)	6.5	%	
estimated Average Glucose (e AG) *	139.85	mg/dL	

(Method:

By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.

* Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.

Guidelines for Interpretation:

Indicated Glycemic control of previous 2-3 months

HbA1c%	e AG (mg/dl)	Glycemic control
> 8	> 183	Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances
7 - 8	154 - 183	Good
< 7	< 154	Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.
6 - 7	126 - 154	Near Normal
< 6	< 126	Nondiabetic level)

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Gender / Age : Male / 53 Years 8 Months 13 Days
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Thyroid Hormone Study

Test	Result	Units	Biological Ref. Range
------	--------	-------	-----------------------

Triiodothyronine (T3)	1.07	ng/ml	
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(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

Reference interval (ng/ml)

1 - 3 days : 0.1 - 7.4
1-11 months : 0.1 - 2.45
1-5 years : 0.1 - 2.7
6-10 years : 0.9 - 2.4
11-15 years : 0.8 - 2.1
16-20 years : 0.8 - 2.1
Adults (20 - 50 years) : 0.7 - 2.0
Adults (> 50 years) : 0.4 - 1.8
Pregnancy (in last 5 months) : 1.2 - 2.5

(Reference : Tietz - Clinical guide to laboratory test, 4th edition)

Thyroxine (T4)	7.83	mcg/dL	
----------------	------	--------	--

(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

Reference interval (mcg/dL)

1 - 3 days : 11.8 - 22.6
1-2 weeks : 9.8 - 16.6
1 - 4 months : 7.2 - 14.4
4 - 12 months : 7.8 - 16.5
1-5 years : 7.3 - 15.0
5 - 10 years : 6.4 - 13.3
10 - 20 years : 5.6 - 11.7
Adults / male : 4.6 - 10.5
Adults / female : 5.5 - 11.0
Adults (> 60 years) : 5.0 - 10.7

(Reference : Tietz - Clinical guide to laboratory test, 4th edition)

Thyroid Stimulating Hormone (US-TSH)	2.81	microIU/ml	
--------------------------------------	------	------------	--

(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

Reference interval (microIU/ml)

Infants (1-4 days) : 1.0 - 39
2-20 weeks : 1.7 - 9.1
5 months - 20 years : 0.7 - 6.4
Adults (21 - 54 years) : 0.4 - 4.2
Adults (> 55 years) : 0.5 - 8.9
Pregnancy :
1st trimester : 0.3 - 4.5
2nd trimester : 0.5 - 4.6
3rd trimester : 0.8 - 5.2

(Reference : Tietz - Clinical guide to laboratory test, 4th edition)

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Prostate Sp. (Antigen)

Test	Result	Units	Biological Ref. Range
Total PSA	0.851	ng/ml	0 - 4

(Method : Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.

Remark :

Age related reference range for interpretation :

< 40 yrs : 0.21 - 1.72

40 - 49 yrs : 0.27 - 2.19

50 - 59 yrs : 0.27 - 3.42

60 - 69 yrs : 0.27 - 6.16

>69 yrs : 0.21 - 6.77

TPSA may be raised usually mildly in benign prostatic conditions like hyperplasia. Typically 30 % of BPH may show values between 4-10 and 7 % between 10-40.

In Prostatic Malignancy 43 % show values below 4

21 % between 4 to 10

20 % between 10 to 40 &

16 % above 40)

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Urine routine analysis (Auto)

Test	Result	Units	Biological Ref. Range
Physical Examination			
Quantity	30	mL	
Colour	Yellow		
Appearance	Clear		
Chemical Examination (By Reagent strip method)			
pH	6.0		
Specific Gravity	1.015		
Protein	Negative	gm/dL	0 - 5
Glucose	Negative	mg/dL	0 - 5
Ketones	Negative		0 - 5
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Negative		Negative
Leucocytes	Negative		Negative
Nitrite	Negative		Negative
Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex urine sedimentation analyzer UF4000)			
Red Blood Cells	0 - 1	/hpf	0 - 2
Leucocytes	0 - 1	/hpf	0 - 5
Epithelial Cells	1 - 5	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	Absent	/hpf	Absent
Organism	Absent		

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Ultra High Resolution Sonography

Multi-Detector CT Scan

Mammography

Interventional Radiology

Digital Subtraction Angiography

Foetal Echocardiography

Echocardiography

Patient No. : 23211602 Report Date : 14/08/2023

Request No. : 190076070 14/08/2023 8.32 AM

Patient Name : Mr. MITHIL K MEHTA

Gender / Age : Male / 53 Years 8 Months 13 Days

X-Ray Chest AP

Both lung fields are clear.

Both costophrenic sinuses appear clear.

Heart size is normal.

Hilar shadows show no obvious abnormality.

Aorta is normal.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
• NOT VALID FOR MEDICO-LEGAL PURPOSES
• CLINICAL CORRELATION RECOMMENDED

Dr. Priyanka Patel, MD
Consultant Radiologist





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- Ultra Sensitive Colour Doppler
- Ultra High Resolution Sonography
- Multi-Detector CT Scan
- Mammography
- Interventional Radiology
- Digital Subtraction Angiography
- Foetal Echocardiography
- Echocardiography

Patient No. : 23211602 Report Date : 14/08/2023
Request No. : 190076051 14/08/2023 8.32 AM
Patient Name : Mr. MITHIL K MEHTA
Gender / Age : Male / 53 Years 8 Months 13 Days

USG : Screening for Abdomen (excluding Pelvis) Or Upper Abdomen

Liver is mild enlarged in size (15.7cm) and shows increased echopattern. No mass lesion identified. The hepatic veins are clear and patent.

Gall bladder shows no obvious abnormality. Common bile duct not dilated.

Pancreas shows no obvious abnormality. Tail obscured.

Spleen is normal in size and echopattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.

No ascites.

COMMENT:

**Mild hepatomegaly with Grade I fatty liver.
Otherwise no obvious abnormality seen.**

Kindly correlate clinically.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
 • NOT VALID FOR MEDICO-LEGAL PURPOSES
 • CLINICAL CORRELATION RECOMMENDED

**Dr. Ravij Patel, M.D (RADIO
DIAGNOSIS)**
Consultant Radiologist



H-2015-0207

MC-3004

E-2021-0037

1 Page of 1

Patient No. : 23211602 Report Date : 14/08/2023
Request No. : 190076092 14/08/2023 8.32 AM
Patient Name : Mr. MITHIL K MEHTA
Gender / Age : Male / 53 Years 8 Months 13 Days

Echo Color Doppler

MITRAL VALVE : NORMAL, NO MR, NO MS
AORTIC VALVE : NORMAL, NO AR, NO AS
TRICUSPID VALVE : NORMAL, TRIVIAL TR, NO PAH
PULMONARY VALVE : NORMAL
LEFT ATRIUM : NORMAL
AORTA : NORMAL
LEFT VENTRICLE : NORMAL LV SIZE AND SYSTOLIC FUNCTION LVEF -- 60%, NO
REGIONAL WALL MOTION ABNORMALITY
RIGHT ATRIUM : NORMAL
RIGHT VENTRICLE : NORMAL
I.V.S. : 1.40cm, HYPERTROPHIED, INTACT
I.A.S. : INTACT
PULMONARY ARTERY : NORMAL
PERICARDIUM : NORMAL
COLOUR/DOPPLER FLOW MAPPING : NO MR, TRIVIAL TR, NO PAH

FINAL CONCLUSION:

1. CONCENTRIC LV HYPERTROPHIED
2. NORMAL LV SYSTOLIC FUNCTION, LVEF -- 60%
3. NO RESTING REGIONAL WALL MOTION ABNORMALITY
4. GRADE I LV DIASTOLIC DYSFUNCTION
5. NORMAL CARDIAC VALVES, NO MITRAL // AORTIC STENOSIS
6. NORMAL RIGHT HEART SIZE AND RV PRESSURES
7. NO PERICARDIAL EFFUSION, CLOT OR VEGETATION SEEN, SR+.


Dr. KILLOL KANERIA, D.M., CARD.

Name: **Mithil K mehra**
Patient ID: **Ecu 23211692**

14.08.2023 10:03:45
Standard 12-Lead

Age: **Male**
Gender: **Male**
Height: **Undefined**
Weight: **Unknown**
Ethnicity: **Unknown**
Pacemaker: **Unknown**

HR: **74 bpm**
P axis: **43°**
QRS axis: **0°**
T axis: **-4°**

RR: **811 ms**
P: **112 ms**
PR: **153 ms**
QRS: **137 ms**
QT: **427 ms**
QTcB: **474 ms**

Indication:
Remark:

Unconfirmed report

Handwritten: m
KSS



25 mm/s, 10 mm/mV

Sequential

LP 25Hz, AC 50Hz

25 mm/s, 10 mm/mV

AT-102 (2.1.2.0) (1080.011030)

Printed on 14.08.2023 10:03:57

LP 25Hz, AC 50Hz

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SCHEER

Part No: 2.157048HW

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