NAME	Naval SHARMA	STUDY DATE	04-03-2023 11:07:50
AGE / SEX	042Yrs / M	HOSPITAL NO.	MH010822838
REFERRING DEPT	OPD	MODALITY/Procedure	CR /Xray chest PA (CXR)
		Description	
REPORTED ON	04-03-2023 13:51:32	REFERRED BY	Dr. Health Check MHD

X-RAY CHEST - PA VIEW

Findings:

Visualized lung fields appear clear.

Both hilar shadows appear normal.

Cardiothoracic ratio is within normal limits.

Both hemidiaphragmatic outlines appear normal.

Both costophrenic angles are clear.

Kindly correlate clinically

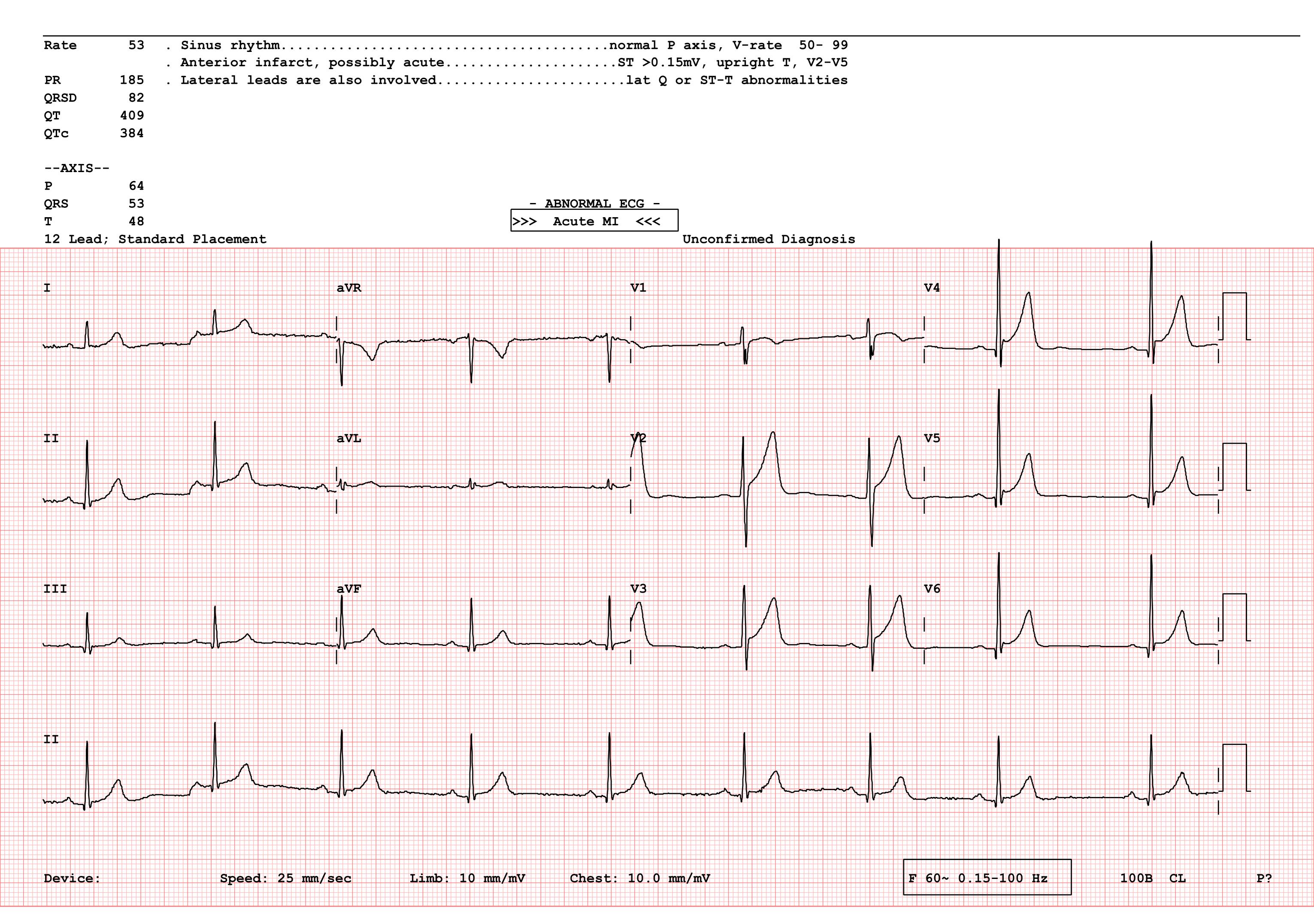
Dr.Pankaj Saini

MD,DHA, DMC reg. no. 15796 Consultant Radiologist

NAME	Naval SHARMA	STUDY DATE	04-03-2023 11:07:50
AGE / SEX	042Yrs / M	HOSPITAL NO.	MH010822838
REFERRING DEPT	OPD	MODALITY/Procedure	CR /Xray chest PA (CXR)
		Description	
REPORTED ON	04-03-2023 13:51:32	REFERRED BY	Dr. Health Check MHD

N.B.: This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

10822838 mr naval
42 Years Male





Registered Office: Sector-6, Dwarka, New Delhi- 110075

 Name
 :
 MR NAVAL SHARMA
 Age
 :
 42 Yr(s) Sex :Male

 Registration No
 :
 MH010822838
 Lab No
 :
 32230301490

 Patient Episode
 :
 H03000052629
 Collection Date :
 04 Mar 2023 10:35

Referred By : HEALTH CHECK MHD Reporting Date : 04 Mar 2023 11:48

Receiving Date : 04 Mar 2023 10:58

BIOCHEMISTRY

Test Name	Result	Unit	Biological Ref. Interval
Lipid Profile (Serum)			
TOTAL CHOLESTEROL (CHOD/POD)	195	mg/dl	[<200] Moderate risk:200-239
			High risk:>240
TRIGLYCERIDES (GPO/POD)	154 #	mg/dl	[<150]
			Borderline high:151-199
			High: 200 - 499
			Very high:>500
HDL - CHOLESTEROL (Direct)	43	mg/dl	[30-60]
VLDL - Cholesterol (Calculated)	31	mg/dl	[10-40]
LDL- CHOLESTEROL	121 #	mg/dl	[<100]
			Near/Above optimal-100-129
			Borderline High: 130-159
			High Risk:160-189
T.Chol/HDL.Chol ratio	4.5		<4.0 Optimal
			4.0-5.0 Borderline
			>6 High Risk
LDL.CHOL/HDL.CHOL Ratio	2.8		<3 Optimal
			3-4 Borderline
			>6 High Risk

Note:

Reference ranges based on ATP III Classifications.
Recommended to do fasting Lipid Profile after a minimum of 8 hours of overnight fasting.

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Registered Office: Sector-6, Dwarka, New Delhi- 110075

Name : MR NAVAL SHARMA 42 Yr(s) Sex: Male Age MH010822838 Lab No 32230301490

Registration No Patient Episode H03000052629 **Collection Date:** 04 Mar 2023 10:35

: HEALTH CHECK MHD 04 Mar 2023 11:49 Referred By **Reporting Date:**

Receiving Date : 04 Mar 2023 10:58

BIOCHEMISTRY

Test Name	Result	Unit	Biological Ref. Interval
LIVER FUNCTION TEST (Serum)			
BILIRUBIN-TOTAL (mod.J Groff) **	0.36	mg/dl	[0.10-1.20]
BILIRUBIN - DIRECT (mod.J Groff)	0.13	mg/dl	[<0.2]
BILIRUBIN - INDIRECT (mod.J Groff)	0.23	mg/dl	[0.20-1.00]
SGOT/ AST (P5P, IFCC)	24.30	IU/L	[5.00-37.00]
SGPT/ ALT (P5P, IFCC)	22.30	IU/L	[10.00-50.00]
ALP (p-NPP, kinetic) *	127	IU/L	[45-135]
TOTAL PROTEIN (mod.Biuret)	7.6	g/dl	[6.0-8.2]
SERUM ALBUMIN (BCG-dye)	4.7	g/dl	[3.5-5.0]
SERUM GLOBULIN (Calculated)	2.9	g/dl	[1.8-3.4]
ALB/GLOB (A/G) Ratio	1.62	-	[1.10-1.80]

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^{**}NEW BORN: Vary according to age (days), body wt & gestation of baby

^{*}New born: 4 times the adult value



Registered Office: Sector-6, Dwarka, New Delhi- 110075

: MR NAVAL SHARMA 42 Yr(s) Sex: Male Name Age

Registration No MH010822838 Lab No 32230301490

Patient Episode H03000052629 **Collection Date:** 04 Mar 2023 10:35

: HEALTH CHECK MHD Referred By **Reporting Date:** 04 Mar 2023 11:48

Receiving Date : 04 Mar 2023 10:58

BIOCHEMISTRY

Test Name	Result	Unit	Biological Ref. Interval
KIDNEY PROFILE (Serum)			
BUN (Urease/GLDH)	11.00	mg/dl	[8.00-23.00]
SERUM CREATININE (mod.Jaffe)	0.95	mg/dl	[0.80-1.60]
SERUM URIC ACID (mod.Uricase)	6.4	mg/dl	[3.5-7.2]
SERUM CALCIUM (NM-BAPTA)	9.8	mg/dl	[8.6-10.0]
SERUM PHOSPHORUS (Molybdate, UV)	3.1	mg/dl	[2.3-4.7]
SERUM SODIUM (ISE)	139.0	mmol/l	[134.0-145.0]
SERUM POTASSIUM (ISE)	4.43	mmol/l	[3.50-5.20]
SERUM CHLORIDE (ISE / IMT)	104.8	mmol/l	[95.0-105.0]
eGFR	98.3	ml/min/1.73s	[>60.0]

Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis / Icterus / Lipemia.

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-----END OF REPORT----

Dr. Neelam Singal CONSULTANT BIOCHEMISTRY











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Registered Office: Sector-6, Dwarka, New Delhi-110075

: MR NAVAL SHARMA **:** 42 Yr(s) Sex :Male Name Age

Registration No : MH010822838 Lab No 32230301491

Patient Episode : H03000052629 **Collection Date:** 04 Mar 2023 14:59

: HEALTH CHECK MHD Referred By **Reporting Date:** 04 Mar 2023 20:38

Receiving Date : 04 Mar 2023 16:17

BIOCHEMISTRY

Specimen Type : Plasma PLASMA GLUCOSE - PP

mg/dl Plasma GLUCOSE - PP (Hexokinase) [70-140]

Note : Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying,

brisk glucose absorption , post exercise

Specimen Type : Serum/Plasma

Plasma GLUCOSE-Fasting (Hexokinase) 87 mq/dl [70-100]

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-----END OF REPORT------

Dr. Neelam Singal

CONSULTANT BIOCHEMISTRY











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Registered Office: Sector-6, Dwarka, New Delhi-110075

: MR NAVAL SHARMA 42 Yr(s) Sex: Male Name Age

Registration No MH010822838 Lab No 33230300875

Patient Episode H03000052629 **Collection Date:** 04 Mar 2023 10:35

Referred By : HEALTH CHECK MHD **Reporting Date:** 04 Mar 2023 13:02

Receiving Date : 04 Mar 2023 11:06

HAEMATOLOGY

ERYTHROCYTE SEDIMENTATION RATE (Automated) Specimen-Whole Blood

ESR 16.0 # /1sthour [0.0-10.0]

Interpretation :

Erythrocyte sedimentation rate (ESR) is a non-specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants (e.g. pyogenic infections, inflammation and malignancies). The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week postpartum.

ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives).

It is especially low (0 -1mm) in polycythemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis or sickle cells.

Test Name COMPLETE BLOOD COUNT (EDTA Blood)	Result	Unit Bio	ological Ref. Interval
WBC Count (Flow cytometry)	4860	/cu.mm	[4000-10000]
RBC Count (Impedence)	4.21 #	million/cu.mm	[4.50-5.50]
Haemoglobin (SLS Method)	13.4	g/dL	[13.0-17.0]
Haematocrit (PCV)	39.7 #	8	[40.0-50.0]
(RBC Pulse Height Detector Method)			
MCV (Calculated)	94.3	fL	[83.0-101.0]
MCH (Calculated)	31.8	pg	[25.0-32.0]
MCHC (Calculated)	33.8	g/dL	[31.5-34.5]
Platelet Count (Impedence)	200000	/cu.mm	[150000-410000]
RDW-CV (Calculated)	13.5	8	[11.6-14.0]
DIFFERENTIAL COUNT			
Neutrophils (Flowcytometry)	53.1	90	[40.0-80.0]
Lymphocytes (Flowcytometry)	30.2	%	[20.0-40.0]





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Registered Office: Sector-6, Dwarka, New Delhi- 110075

Name : MR NAVAL SHARMA Age : 42 Yr(s) Sex :Male

Referred By: HEALTH CHECK MHD Reporting Date: 04 Mar 2023 11:55

Receiving Date : 04 Mar 2023 11:06

HAEMATOLOGY

Monocytes (Flowcytometry)	10.5 #	9	9	[2.0-10.0]
Eosinophils (Flowcytometry)	5.6	9	9	[1.0-6.0]
Basophils (Flowcytometry)	0.6 #	9	96	[1.0-2.0]
IG	0.20	9	9	
Neutrophil Absolute(Flouroscence	flow cytometry)	2.6	/cu mm	$[2.0-7.0] \times 10^{3}$
Lymphocyte Absolute(Flouroscence	flow cytometry)	1.5	/cu mm	$[1.0-3.0] \times 10^{3}$
Monocyte Absolute (Flouroscence fl	ow cytometry)	0.5	/cu mm	$[0.2-1.2] \times 10^{3}$
Eosinophil Absolute(Flouroscence	flow cytometry)	0.3	/cu mm	$[0.0-0.5] \times 10^{3}$
Basophil Absolute (Flouroscence fl	ow cytometry)	0.0	/cu mm	$[0.0-0.1] \times 10^{3}$

Complete Blood Count is used to evaluate wide range of health disorders, including anemia, infection, and leukemia. Abnormal increase or decrease in cell counts as revealed may indicate that an underlying medical condition that calls for further evaluation.

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-----END OF REPORT-----

Dr.Lakshita singh











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www.manipalhospitals.com E info@manipalhospitals.com P +91 11 4967 4967 Home sample collection: +91 74 2876 9482 Pharmacy Home Delivery: +91 84 4848 6472 Name: NAVAL SHARMA Hospital No: MH010822838

Age: 42 Sex: M Episode No: H03000052629

Doctor: Health Check MHD Result Date: 06 Mar 2023 11:14

Order: Tread Mill Test

EXERCISE STRESS TEST REPORT (TMT)

Findings:

Baseline ECG Nil Premedications Nil

Protocol	Bruce	MPHR	178
Duration of exercise	12 Minutes 49 sec	85% OF MPHR	151
Reason for termination	THR achieved	METS	15.60
Peak achieved	160	%of MPHR achieved	89%

Stage	Time	Heart rate (bpm)	BP (mmHg)	ECG(ST/T changes/arrhythmia)	Sympto
Control	0.00	60	110/70	No ST-T changes	Nil
Stage I	3.00	83	110/70	No ST-T changes	Nil
Stage II	3.00	100	120/70	No ST-T changes	Nil
Stage III	3.00	123	130/70	No ST-T changes	Nil
Stage IV	3.00	146	140/70	No ST-T changes	Nil
Stage V	0.49	157	150/70	No ST-T changes	Nil
Recovery	3.00	87	140/70	No ST-T changes	Nil

Result:

- Normal heart rate and BP response
- No significant ST-T changes were seen during exercise or recovery period.
- No symptomatic of angina/ chest pain during the test
- No significant arrhythmia during the test

FINAL IMPRESSION.

- Exercise stress test is **Negative** for reversible myocardial Ischemia.
- Excellent effort tolerance.

Name: NAVAL SHARMA Hospital No: MH010822838

Age: 42 Sex: M Episode No: H03000052629

Doctor: Health Check MHD Result Date: 06 Mar 2023 11:14

Order: Tread Mill Test

Sur,

DR. SAMANJOY MUKHERJEE MD, DM CONSULTANT CARDIOLOGIST

DR. (MAJ) J S KHATRI MBBS, PGDCC, FNIC SPECIALIST (NON-INVASIVE CARDIOLOGY)

Health Check MHD CONSULTANT

NAME	Naval SHARMA	STUDY DATE	04-03-2023 12:45:16
AGE / SEX	042Yrs / M	HOSPITAL NO.	MH010822838
REFERRING DEPT	OPD	MODALITY/Procedure	US /Ultrasound abdomen n pelvis
REPORTED ON	04-03-2023 15:15:02	REFERRED BY	Dr. Health Check MHD

USG WHOLE ABDOMEN SCREENING

Liver is normal in size and echopattern. No focal intra-hepatic lesion is detected. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in calibre.

Gall bladder is adequately distended and appears echofree with normal wall thickness. Common bile duct is normal in calibre.

Pancreas is normal in size and echopattern.

Spleen is normal in size and echopattern.

Both kidneys are normal in position, size and outline. Cortico-medullary differentiation of both kidneys is maintained. Central sinus echoes are compact. No focal lesion or calculus seen in either kidney. Bilateral pelvicalyceal systems are not dilated.

Urinary bladder is optimally distended with normal in wall thickness and clear contents. No significant intra or extraluminal mass is seen.

Prostate is normal in size and shows uniform echopattern. It weighs ~20.7 gms.

No significant free fluid is detected.

IMPRESSION: No salient abnormality is detected.

Kindly correlate clinically.

Simson

Dr.Simran Singh DNB, FRCR(UK), DMC Reg. no. 36404 Consultant Radiologist

N.B.: This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

NAME	Naval SHARMA	STUDY DATE	04-03-2023 12:45:16
AGE / SEX	042Yrs / M	HOSPITAL NO.	MH010822838
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