

**PATIENT NAME : JOHN PAUL KARIPPAI**

**REF. DOCTOR : DR.SINDHU**

**CODE/NAME & ADDRESS :** CA00010147 -  
 MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED  
 F701A, LADO SARAI, NEW DELHI,SOUTH DELHI,  
 DELHI,  
 SOUTH DELHI 110030  
 8800465156

**ACCESSION NO :** **4177XB003158**  
**PATIENT ID :** JOHNM2002914177  
**CLIENT PATIENT ID:**  
**ABHA NO :**

**AGE/SEX :** 33 Years Male  
**DRAWN :**  
**RECEIVED :** 24/02/2024 09:08:20  
**REPORTED :** 24/02/2024 19:59:26

Test Report Status	Final	Results	Biological Reference Interval	Units
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**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**

**OPHTHAL**

OPHTHAL COMPLETED

**TREADMILL TEST**

TREADMILL TEST COMPLETED

**PHYSICAL EXAMINATION**

PHYSICAL EXAMINATION COMPLETED

**JINCY P J**  
**RADIOGRAPHER**



View Details



View Report

**PERFORMED AT :**

DDRC AGILUS PATHLABS LIMITED  
 Room A1, Ground Floor, Sitaram Tejal,  
 Opp.110KV Substation, Ashwini Junction  
 TRICHUR, 680022  
 KERALA, INDIA  
 Tel : 93334 93334  
 Email : customercare.ddrc@agilus.in



**Patient Ref. No. 66600007977416**

<b>PATIENT NAME : JOHN PAUL KARIPPAI</b>		<b>REF. DOCTOR : DR.SINDHU</b>	
<b>CODE/NAME &amp; ADDRESS : CA00010147 -</b> MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI,SOUTH DELHI, DELHI, SOUTH DELHI 110030 8800465156		<b>ACCESSION NO : 4177XB003158</b>	<b>AGE/SEX : 33 Years Male</b>
		<b>PATIENT ID : JOHNM2002914177</b>	<b>DRAWN :</b>
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**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**

**ECG WITH REPORT**

**REPORT**

**COMPLETED**

**USG ABDOMEN AND PELVIS**

**REPORT**

**CANCEL**

**CHEST X-RAY WITH REPORT**

**REPORT**

**CANCEL**

**HAEMATOLOGY**

**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**

**GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD**

HBA1C	4.9	Normal	: 4.0 -	%
			5.6%.	
		Non-diabetic level	: < 5.7%.	
		Diabetic	: >6.5%	

Glycemic control goal  
 More stringent goal : < 6.5 %.  
 General goal : < 7%.  
 Less stringent goal : < 8%.

Glycemic targets in CKD :-  
 If eGFR > 60 : < 7%.  
 If eGFR < 60 : 7 - 8.5%.

MEAN PLASMA GLUCOSE	93.9	< 116.0	mg/dL
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**ASWATHY E S**  
**LAB TECHNOLOGIST**

**DR. SINDHU GEORGE, MBBS, MD**  
**(Reg No TCMC:28380)**  
**QUALITY MANAGER**

**JINCY P J**  
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**BLOOD COUNTS,EDTA WHOLE BLOOD**

HEMOGLOBIN	14.3	13.0 - 17.0	g/dL
RED BLOOD CELL COUNT	4.87	4.5 - 5.5	mil/ $\mu$ L
WHITE BLOOD CELL COUNT	6.37	4.0 - 10.0	thou/ $\mu$ L
PLATELET COUNT	267	150 - 410	thou/ $\mu$ L

**RBC AND PLATELET INDICES**

HEMATOCRIT	44.2	40 - 50	%
MEAN CORPUSCULAR VOL	90.7	83 - 101	fL
MEAN CORPUSCULAR HGB.	29.4	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	32.4	31.5 - 34.5	g/dL
RED CELL DISTRIBUTION WIDTH	12.4	11.6 - 14.0	%
MENTZER INDEX	18.6		
MEAN PLATELET VOLUME	8.1	6.8 - 10.9	fL

**WBC DIFFERENTIAL COUNT**

SEGMENTED NEUTROPHILS	65	40 - 80	%
LYMPHOCYTES	30	20 - 40	%
MONOCYTES	03	2 - 10	%
EOSINOPHILS	02	1 - 6	%
BASOPHILS	00	< 1 - 2	%
ABSOLUTE NEUTROPHIL COUNT	4.14	2.0 - 7.0	thou/ $\mu$ L
ABSOLUTE LYMPHOCYTE COUNT	1.91	1 - 3	thou/ $\mu$ L
ABSOLUTE MONOCYTE COUNT	<b>0.19 Low</b>	0.20 - 1.00	thou/ $\mu$ L
ABSOLUTE EOSINOPHIL COUNT	0.13	0.02 - 0.50	thou/ $\mu$ L
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	2.3		

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Test Report Status **Final**

Results

Units

**ERYTHROCYTE SEDIMENTATION RATE (ESR),EDTA BLOOD**

SEDIMENTATION RATE (ESR) 12 0 - 14 mm at 1 hr

**SUGAR URINE - POST PRANDIAL**

SUGAR URINE - POST PRANDIAL NOT DETECTED NOT DETECTED

**IMMUNOHAEMATOLOGY****MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT****ABO GROUP & RH TYPE, EDTA WHOLE BLOOD**ABO GROUP TYPE AB  
RH TYPE POSITIVE

&lt;b&gt;Interpretation(s)&lt;/b&gt;

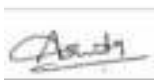
ABO GROUP &amp; RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

**BIO CHEMISTRY****MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT****BUN/CREAT RATIO**

BUN/CREAT RATIO 12.5

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<b>CREATININE, SERUM</b>			
CREATININE		0.80	18 - 60 yrs : 0.9 - 1.3 mg/dL
<b>GLUCOSE, POST-PRANDIAL, PLASMA</b>			
GLUCOSE, POST-PRANDIAL, PLASMA		89	Diabetes Mellitus : > or = 200. mg/dL Impaired Glucose tolerance/ Prediabetes : 140 - 199. Hypoglycemia : < 55.
<b>GLUCOSE FASTING,FLUORIDE PLASMA</b>			
FBS (FASTING BLOOD SUGAR)		92	Diabetes Mellitus : > or = 126. mg/dL Impaired fasting Glucose/ Prediabetes : 101 - 125. Hypoglycemia : < 55.
<b>LIVER FUNCTION TEST WITH GGT</b>			
BILIRUBIN, TOTAL		0.63	General Range : < 1.1 mg/dL
BILIRUBIN, DIRECT		0.23	General Range : < 0.3 mg/dL
BILIRUBIN, INDIRECT		0.40	0.00 - 1.00 mg/dL
TOTAL PROTEIN		7.0	Ambulatory : 6.4 - 8.3 g/dL Recumbant : 6 - 7.8
ALBUMIN		4.7	20-60yrs : 3.5 - 5.2 g/dL
GLOBULIN		2.3	2.0 - 4.1 g/dL
ALBUMIN/GLOBULIN RATIO		2.0	1.0 - 2.0 RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)		12	Adults : < 40 U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)		18	Adults : < 45 U/L

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ALKALINE PHOSPHATASE		95	Adult(<60yrs) : 40 - 130 U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)		16	Adult (male) : < 60 U/L
<b>TOTAL PROTEIN, SERUM</b>			
TOTAL PROTEIN		7.0	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8 g/dL
<b>URIC ACID, SERUM</b>			
URIC ACID		5.6	Adults : 3.4-7 mg/dL
<b>BLOOD UREA NITROGEN (BUN), SERUM</b>			
BLOOD UREA NITROGEN		10	Adult(<60 yrs) : 6 to 20 mg/dL

**BIOCHEMISTRY - LIPID**

**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**

**LIPID PROFILE, SERUM**

CHOLESTEROL	179	Desirable : < 200 Borderline : 200-239 High : >or= 240	mg/dL
TRIGLYCERIDES	105	Normal : < 150 High : 150-199 Hypertriglyceridemia : 200-499 Very High : > 499	mg/dL
HDL CHOLESTEROL	<b>32 Low</b>	General range : 40-60	mg/dL
LDL CHOLESTEROL, DIRECT	137	Optimum : < 100 Above Optimum : 100-129 Borderline High : 130-159 High : 160-	mg/dL

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NON HDL CHOLESTEROL		189 Very High	mg/dL
VERY LOW DENSITY LIPOPROTEIN		21.0	mg/dL
CHOL/HDL RATIO		5.6 High	
LDL/HDL RATIO		4.3 High	

**SPECIALISED CHEMISTRY - HORMONE**

**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**

**THYROID PANEL, SERUM**

T3	117.16	20-50 yrs : 60-181	ng/dL
T4	8.60	3.2 - 12.6	µg/dl
TSH 3RD GENERATION	0.800	18-49 yrs : 0.4-4.2	µIU/mL

**CLINICAL PATH - URINALYSIS**

**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**

**PHYSICAL EXAMINATION, URINE**

COLOR	PALE YELLOW
APPEARANCE	CLEAR

**CHEMICAL EXAMINATION, URINE**

PH	6.0	4.7 - 7.5
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**SYALMA P THOMAS**  
**LAB TECHNOLOGIST**

**ASWATHY E S**  
**LAB TECHNOLOGIST**



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SPECIFIC GRAVITY		1.015	1.003 - 1.035
PROTEIN		NOT DETECTED	NOT DETECTED
GLUCOSE		NOT DETECTED	NOT DETECTED
KETONES		NOT DETECTED	NOT DETECTED
BLOOD		NOT DETECTED	NOT DETECTED
BILIRUBIN		NOT DETECTED	NOT DETECTED
UROBILINOGEN		NORMAL	NORMAL
NITRITE		NOT DETECTED	NOT DETECTED

**MICROSCOPIC EXAMINATION, URINE**

RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
WBC	1-2	0-5	/HPF
EPITHELIAL CELLS	2-3	0-5	/HPF
CASTS	NOT DETECTED		
CRYSTALS	NOT DETECTED		
BACTERIA	NOT DETECTED	NOT DETECTED	

**SYALMA P THOMAS**  
**LAB TECHNOLOGIST**

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**Patient Ref. No. 66600007977416**



If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee	:	Mr./Mrs./Ms. JOHN PAUL
2. Mark of Identification	:	(Mole/Scar/any other (specify location)): adjacent to @ eye
3. Age/Date of Birth	:	33, 20-2-1991 Gender: F/M
4. Photo ID Checked	:	(Passport/Election Card/PAN Card/Driving Licence/Company ID)

### PHYSICAL DETAILS:

a. Height .....170..... (cms)	b. Weight .....64..... (Kgs)	c. Girth of Abdomen ...81... (cms)
d. Pulse Rate ..... (Min)	e. Blood Pressure:	Systolic Diastolic
	1 <sup>st</sup> Reading	
	2 <sup>nd</sup> Reading	

### FAMILY HISTORY:

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father	68	Good	
Mother	60	Good	
Brother(s) (2)	38, 36	Good	
Sister(s)			

### HABITS & ADDICTIONS: Does the examinee consume any of the following?

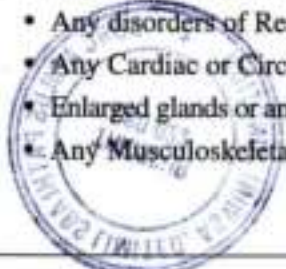
Tobacco in any form	Sedative	Alcohol
No	No	No.

### PERSONAL HISTORY

- |   |   |
|---|---|
| a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. <b>Y/N</b> ✓ | c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? <b>Y/N</b> ✓ |
| b. Have you undergone/been advised any surgical procedure? <b>Y/N</b> ✓   | d. Have you lost or gained weight in past 12 months? <b>Y/N</b> ✓   |

### Have you ever suffered from any of the following?

- |  |   |
|--|---|
| • Psychological Disorders or any kind of disorders of the Nervous System? <b>Y/N</b> ✓ | • Any disorder of Gastrointestinal System? <b>Y/N</b> ✓                               |
| • Any disorders of Respiratory system? <b>Y/N</b> ✓                                    | • Unexplained recurrent or persistent fever, and/or weight loss <b>Y/N</b> ✓          |
| • Any Cardiac or Circulatory Disorders? <b>Y/N</b> ✓                                   | • Have you been tested for HIV/HBsAg / HCV before? If yes attach reports <b>Y/N</b> ✓ |
| • Enlarged glands or any form of Cancer/Tumour? <b>Y/N</b> ✓                           | • Are you presently taking medication of any kind? <b>Y/N</b> ✓                       |
| • Any Musculoskeletal disorder? <b>Y/N</b> ✓   |   |



• Any disorders of Urinary System?

Y/N

• Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin

Y/N

**FOR FEMALE CANDIDATES ONLY**

a. Is there any history of diseases of breast/genital organs?

Y/N

d. Do you have any history of miscarriage/abortion or MTP

Y/N

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)

Y/N

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc

Y/N

c. Do you suspect any disease of Uterus, Cervix or Ovaries?

Y/N

f. Are you now pregnant? If yes, how many months?

Y/N

**CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER**

➤ Was the examinee co-operative?

Y/N

➤ Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job?

Y/N

➤ Are there any points on which you suggest further information be obtained?

Y/N

➤ Based on your clinical impression, please provide your suggestions and recommendations below;

.....  
.....

➤ Do you think he/she is MEDICALLY FIT or UNFIT for employment.

FT

**MEDICAL EXAMINER'S DECLARATION**

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner :

Seal of Medical Examiner :

Dr. Srinivas Reddy  
MBBS, MD (Biochemistry)  
Reg. No: 28383  
Consultant Biochemist

Name & Seal of DDRC SRL Branch :

Date & Time :



**DDRC agilus Pathlabs Limited.**

Corp. Office : Express House, Second Floor, Opp. Pothys Silks, Banerjee Road, Kaloor -682017

Contact :- 93334 93334, Web :- www.ddrcagilus.com Email :- info.ddrc@agilus.in





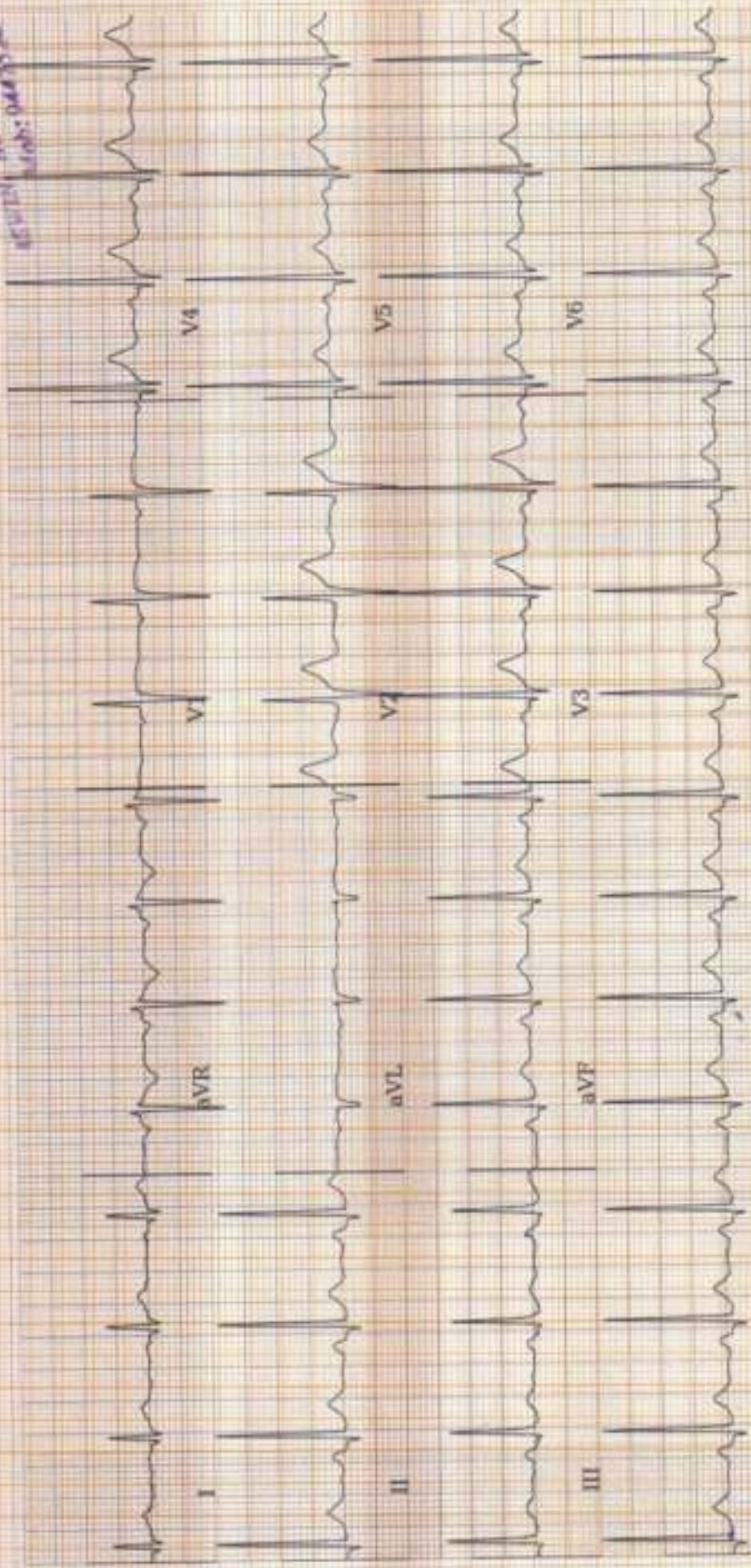
DDRC Agilus thrissur

Age / Gender: 33/Male  
Patient ID: bob  
Patient Name: John paul

Date and Time: 24th Feb 24 8:25 AM

eg wnl  
*[Signature]*

Dr. PRAMOD. V. A  
MD (Medicine), DM (Cardi)  
Reg. No: 27265  
Consultant Cardiologist, Thrissur  
COMMITMENT HOSPITAL, THRISUR  
Phone: 04875 36000



ARR: 92bpm VR: 91bpm QRSD: 88ms QT: 324ms QTcB: 399.02ms

25.0 mm/s 10.0 mm/mV 0-20Hz, 50Hz

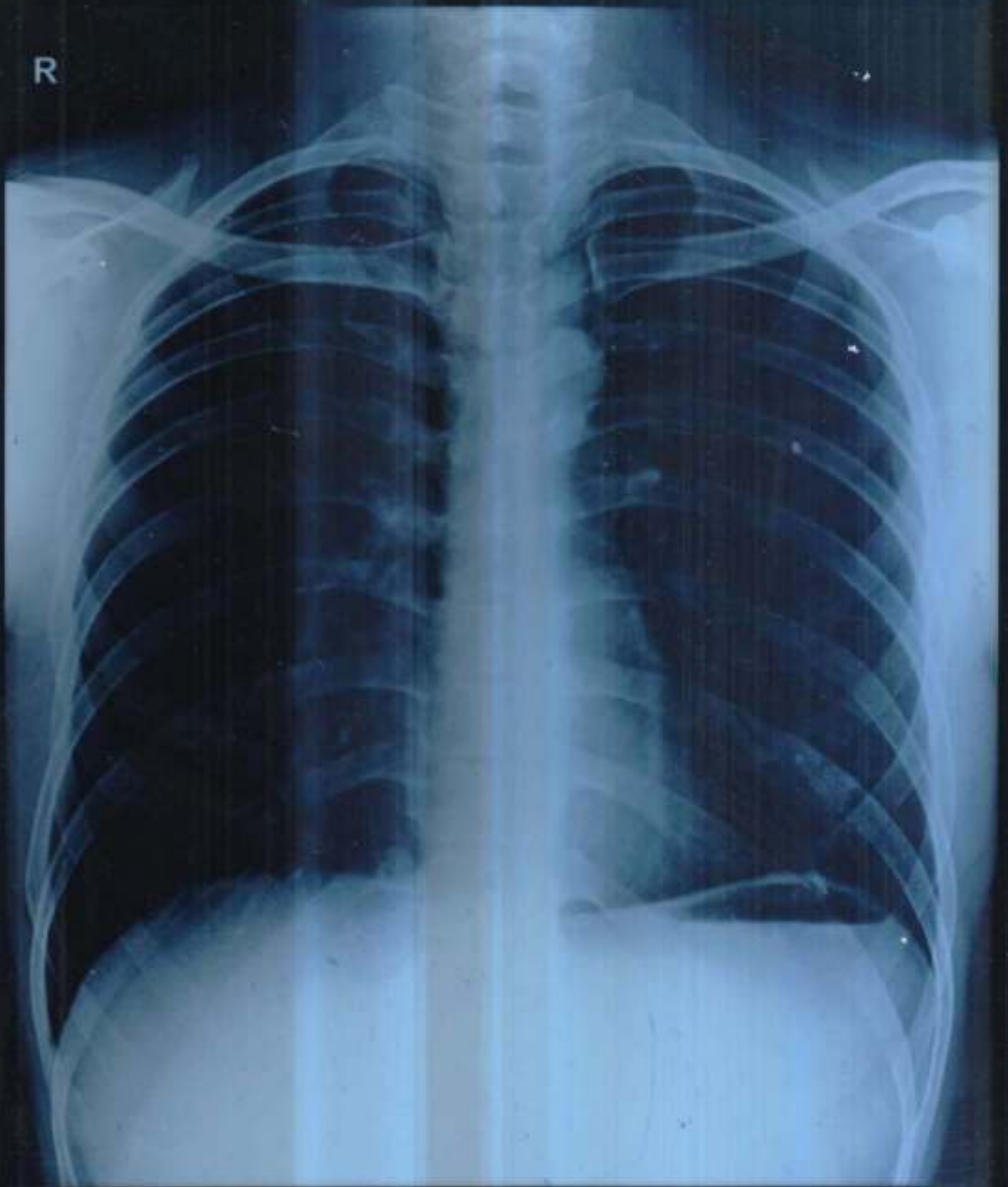
P-R-T: 75° 76° 43°

ECG Within Normal Limits: Sinus Rhythm. Please correlate clinically.

Disclaimer: Analysis in this report is based on ECG alone and should only be used as an adjunct to clinical history, symptoms and results of other invasive and non-invasive tests, and must be interpreted by a qualified physician.



R



JOHN PAUL KARIPPAL 33Y/M MEDIWHEEL XB 3158 CHEST PA 24-Feb-24 08:17 AM

DDRC AGILUS, THRISSUR PH9446425900

**Name: JOHN PAUL****Date: 24.02.2024****Age/Sex: 33 Y /MALE****CHEST X-RAY (PA View):**

Trachea is central.

Cardiac shadow appears normal in size and configuration.

Both lung fields are clear.

Bilateral costophrenic and cardiophrenic angles are clear.

No focal consolidation, effusion, pulmonary edema or pneumothorax.

Both hila appear normal.

Bony thorax and soft tissues are unremarkable.

**IMPRESSION:**

➤ No significant abnormality detected.



**DR. BHARATH CHANDRAN G.**  
**MBBS, MD-REG NO: 53107(TCMC)**  
**CONSULTANT RADIOLOGIST**

**Dr. BHARATH CHANDRAN G**  
**MBBS, MD**  
**CONSULTANT RADIOLOGIST**  
**Reg. No.: 53107 (TCMC)**



# Drishyam Eye Care Hospital LLP

See The World With Us



## VISION CERTIFICATE

This is to certify that JOHN PAUL (331m) has been examined and results are as follows

	Right Eye	Left Eye
Distant Vision	: 6/6 (unaided)	6/6
Near vision	: NG	NG
IOP(Intra ocular pressure)	: 14 mm of Hg Both eyes	
Anterior segment	: Normal	Normal
Fundus	: Normal	Normal
Squint	: Nil	Nil
Colour Vision	: Normal	Normal

Doctor's Signature

Place : Thrissur

Date : 24/2/2024



Dr. SURYA SURENDRAN

MBBS/DO

Reg. No: 38632

Contact: 0487 22 222 99  
www.drishyameye.com  
info@drishyameye.com

### Drishyam Eye Care Hospital LLP

Opp. BSNL Office, Kovilakathumpadam, Thrissur,  
Kerala -680022 | Mob: +91 7025 11 11 99



Patient Name: Mr. JOHN PAUL	Age: 33 Y	Sex: Male
Ref. Consultant :	AC No:	Date: 24.02.2024
Clinical details: Health check up		

### USG ABDOMEN AND PELVIS

Liver measures 12.3 cm, normal in size and echotexture. No focal lesions seen. PV and CBD are normal in course and calibre. No dilatation of intrahepatic biliary radicals seen. Subphrenic spaces are normal.

Gall bladder is distended and appears normal.

Spleen measures 9.4 cm, normal in size and echotexture. No focal or diffuse lesions seen.

Pancreas (head & body) is normal in size and echotexture. No focal lesions seen. No duct dilatation or calcification seen. Tail is obscured.

Right kidney measures 9 x 3.9 cm. Normal in size and cortical echogenicity. Cortico medullary differentiation is maintained. No calculus or mass seen. No dilatation of pelvicalyceal system.

Left kidney measures 10.3 x 4.8 cm. Normal in size and cortical echogenicity. Cortico medullary differentiation is maintained. No calculus or mass seen. No dilatation of pelvicalyceal system.

Urinary bladder is distended. Wall appears normal. No calculus or mass seen.

Prostate measures 11.5 cc, normal

No ascites. Upper para aortic area normal. No significant bowel wall thickening noted.

### IMPRESSION

➤ No significant abnormalities detected in the present study.

Dr. BHARATH CHANDRAN G  
 MBBS, MD  
 CONSULTANT RADIOLOGIST  
 Reg. No. : 53107 (TCMC)

DR. BHARATH CHANDRAN G  
 MBBS, MD-REG NO: 53107(TCMC)  
 CONSULTANT RADIOLOGIST

Thanks for your referral. Ultrasound reports need not be fully accurate. It has to be correlated clinically and with relevant investigations.





**INDIAN UNION**  
**KERALA STATE**  
**DRIVING LICENCE**

No. 45/8783/2009 Date: 29/09/2009  
Name: JOHN PAUL KARIPPAI  
S/WO of: PAUL  
Address: KARIPPAI HOUSE  
KUTTIKAD P.O  
TSR

Date of Birth: 20/02/1991  
Blood Group: \_\_\_\_\_  
Category: \_\_\_\_\_  
Non-Transport: Valid from 29/09/2009 Valid To 28/09/2014  
Transport: \_\_\_\_\_



JOHN PAUL



9875971200





JOHN PAUL, (33 M)

DDRC Agilus Thrissur

Bruce Protocol

ID: 1364

Date: 24-02-2024

HR: 93 bpm

STTreck(mm) STSlope(mV/s)

Stage: Supine

Speed: 0 km/h

Exec Time : 0:00:00

Stage Time: 00:22

BP: 120/80 mmHg

STTreck(mm) STSlope(mV/s)

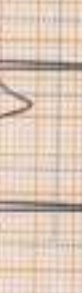
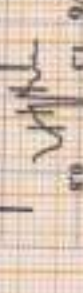
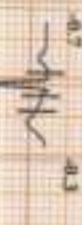
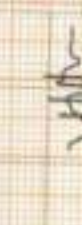
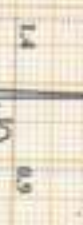


Chart Speed: 25 mm/sec    Amplitude: 10mm/mV    Filter: 50Hz    Mark: 5mm/5s    DC: 0.1mV    E: 1.0mV    Speed: 0.05mm/s



**JOHN PAUL (33 M)**

**DDRC Agilus Thrissur**

Bruce Protocol

ID: 3364

Date: 24-02-2024

Exec Time: 0:00:00

Stage Time: 00:37

STL:evtl(m) STSI:opct(mV%)

Stage: Standing

Speed: 0

Slope: 0 %

THR: 158 bpm

**HR: 95 bpm**

BP: 120/80 mmHg

STL:evtl(m) STSI:opct(mV%)

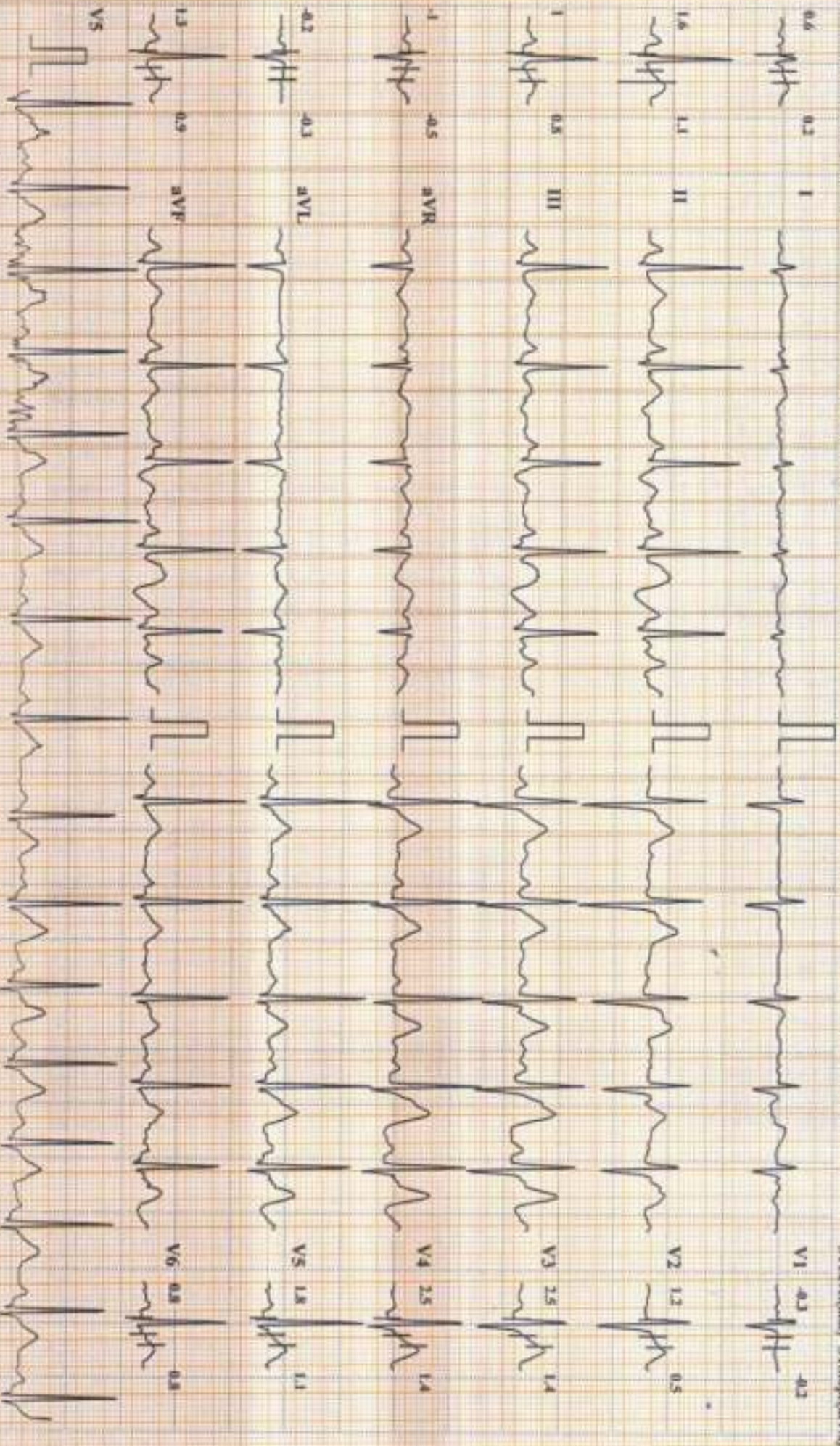


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz

Mode: TDR ON

STL:evtl(m) STSI:opct(mV%)

Scale: 10mm/mV







**JOHN PAUL (33 M)**

**DDRC Agilus Thrissur**

Bruce Protocol

ID: 3364

Date: 24-02-2024

Exec Time: 0:03:00

Stage Time: 03:00

**HR: 124 bpm**

ST1(ecd/mm) ST3(slope/V/s)

Stage: 1

Speed: 2.7 kmph

Slope: 10 %

THR: 158 bpm

BP: 124/84 mmHg

ST1(ecd/mm) ST3(slope/V/s)

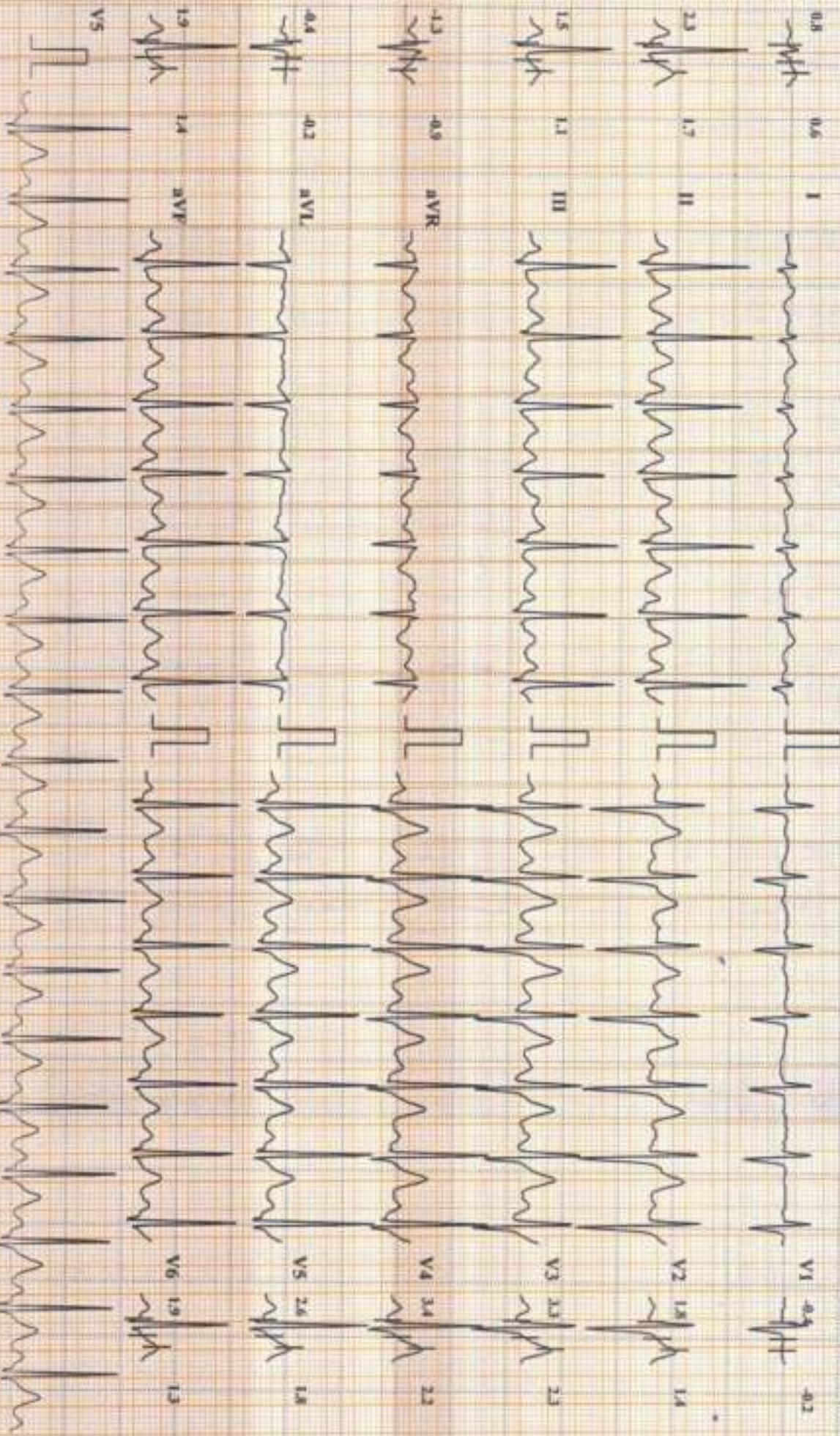


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV (THIR: 25mm, Vmax: 10mm, Vmin: 0mm)

Filter: 0.5 Hz (THIR: 0.5 Hz, Vmax: 0.5 Hz, Vmin: 0.5 Hz)

Scale: 1mm/mV (THIR: 1mm, Vmax: 1mm, Vmin: 1mm)



**JOHN PAUL (33 M)**

**DDRC Agilus Thrissur**

Bruce Protocol

STL:erdium) STSlope(mV/s)

ID: 3364  
Stage: 2

Date: 24-02-2024  
Speed: 4 kmph

Exec Time : 0:06:00  
Slope: 12 %

Stage Time: 03:00  
THR: 158 bpm

**HR: 152 bpm**

BP: 128/88 mmHg  
STL:erdium) STSlope(mV/s)

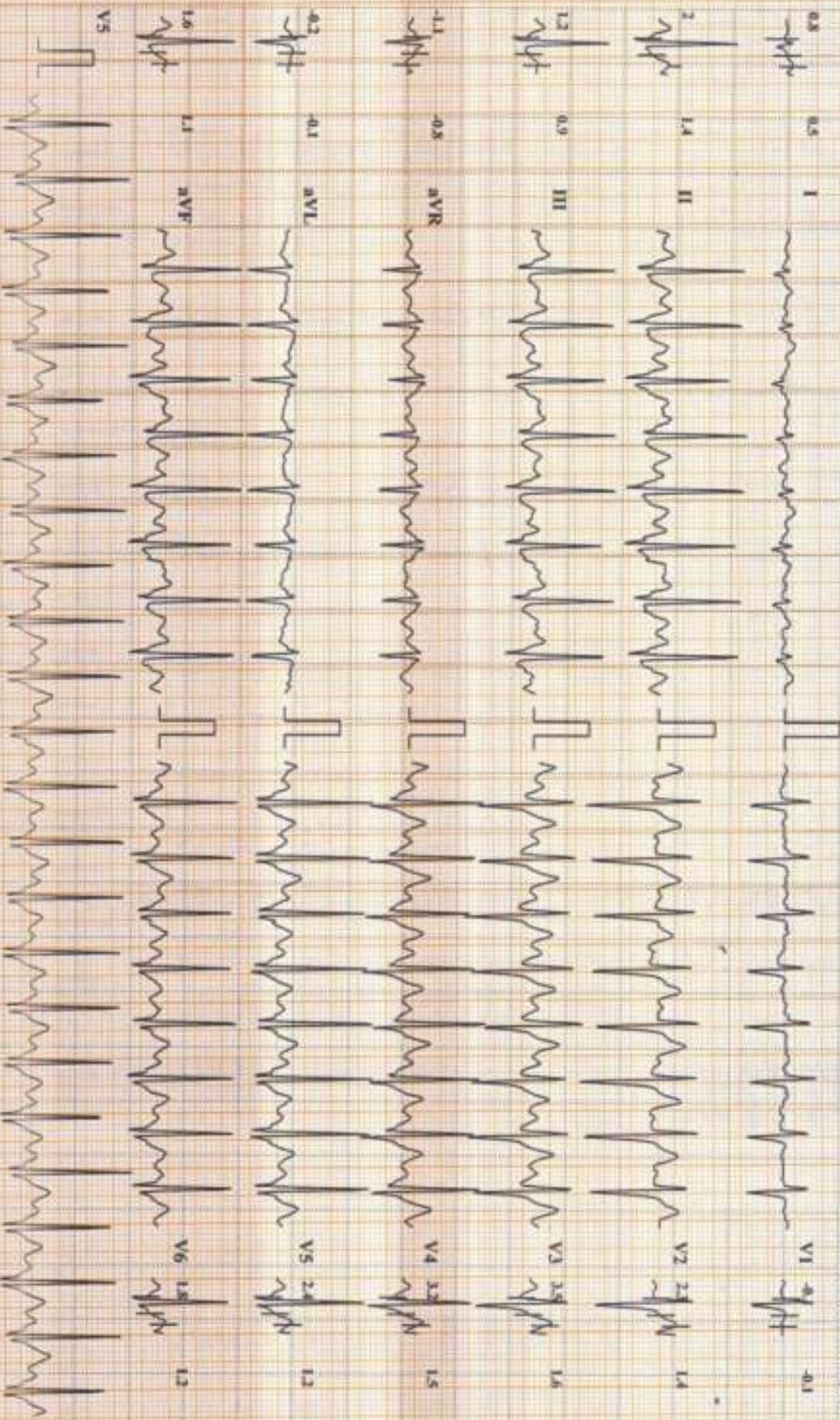


Chart Speed: 25 mm/sec Magnitude: 10mm/mV Filter: 30Hz Max. Time: 00:00:00 Date: 24-02-2024 10:00:00



**JOHN PAUL (33 M)**

**DDRC Agilus Thrissur**

Bruce Protocol

ID: 3364

Date: 24-02-2024

Exec Time : 0:06:31

Stage Time: 00:31

**HR: 163 bpm**

STLevel(mm) STSlope(V/s)

Stage: 3 Peak Exercise

Speed: 5.5 kmph

Slope: 14 %

THR: 158 bpm

BP: 134/94 mmHg

STLevel(mm) STSlope(V/s)

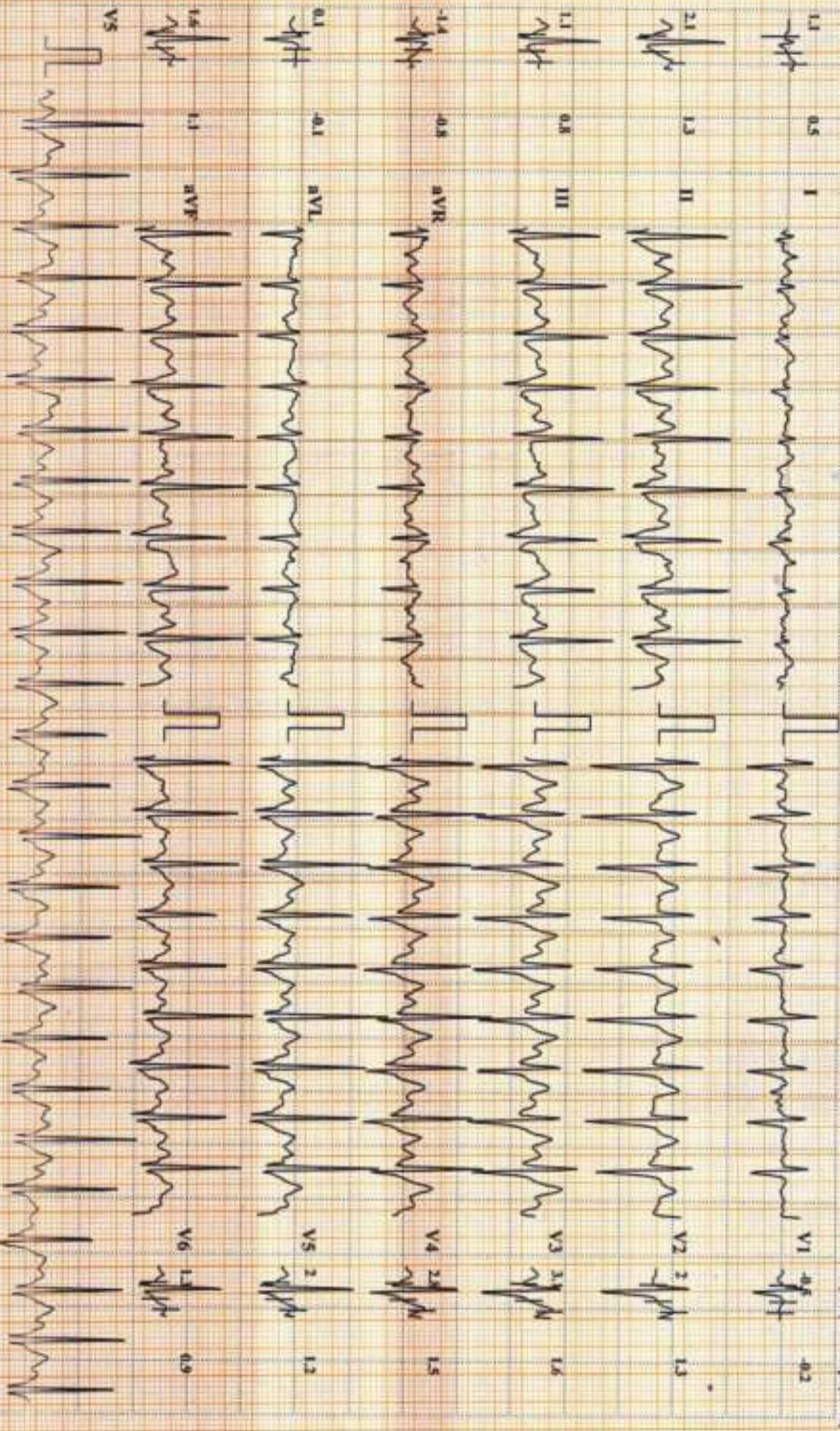


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Paper: 35 Hz Medical Paper ON

Printed on: 24-02-2024 at 10:00 AM

Printer: CardioCare for Ventilator 3.5











JOHN PAUL (33 M)

DDRC Agilus Thrissur

Bruce Protocol

ID: 3364

Date: 24-02-2024

Exec Time: 00:00

Stage Time: 02:00

HR: 99 bpm

STLevel(mm) STSlope(mV/s)

Stage: Recovery/3

Speed: 0 kmph

Slope: 0 %

THR: 158 bpm

BP: 120/80 mmHg

STLevel(mm) STSlope(mV/s)

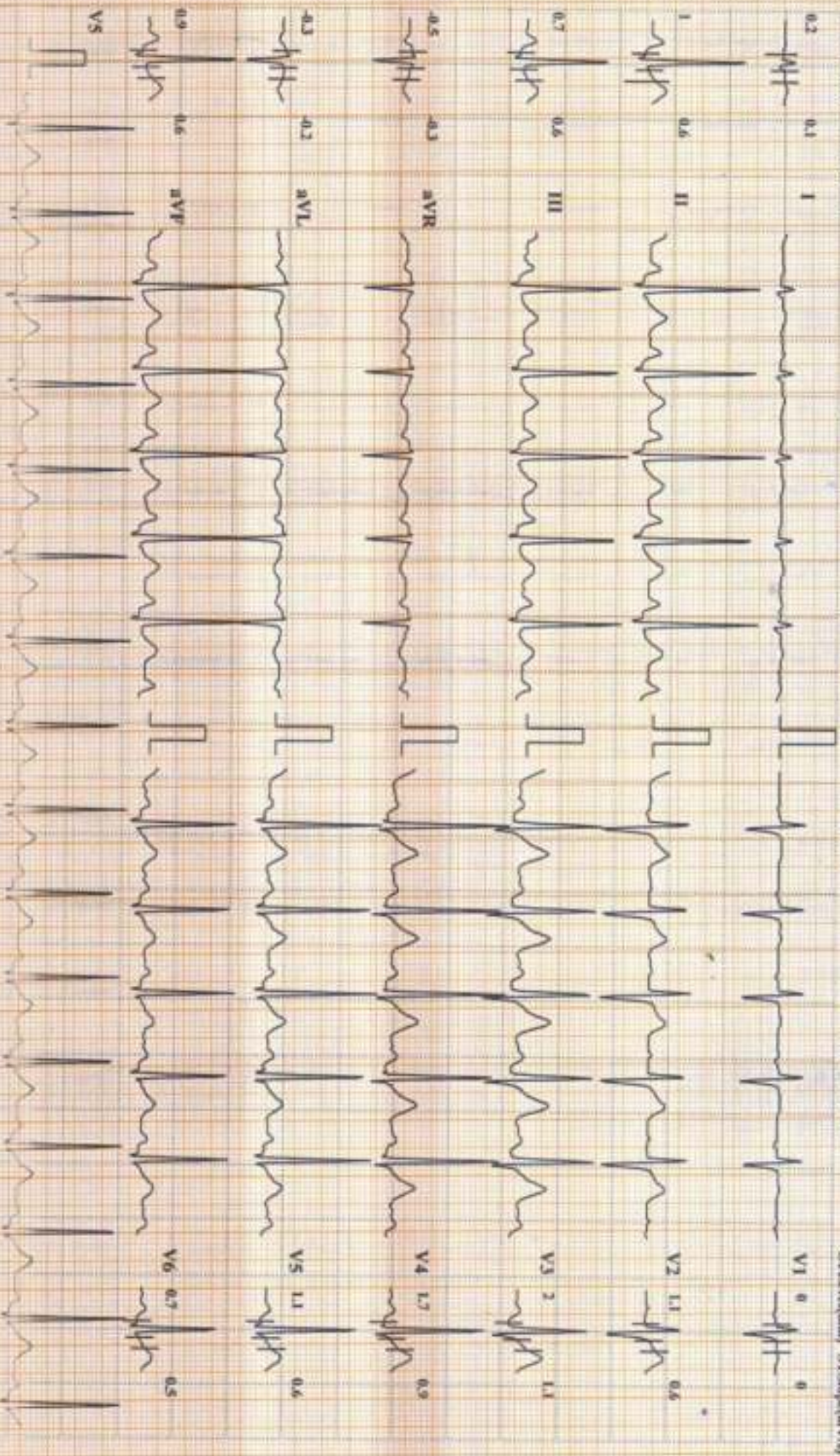


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Time: 35:11

Module: ECG ON

pos: R - 40mm, L - R + 40mm, V1 (J) + 20mm

Exceller Cardiosci (S.10) Version 3.5



**JOHN PAUL (33 M)**

**DDRC Agilus Thirissur**

Bruce Protocol

ID: 3364

Date: 24-02-2024

Exec Time: 00:00

Stage Time: 00:06

HR: 99 bpm

STISlope(mV) STISlope(mV/s)

Stage: Recovery-4

Speed: 0 kmph

Slope: 0 %

THR: 158 bpm

BP: 120/80 mmHg

STISlope(mV) STISlope(mV/s)

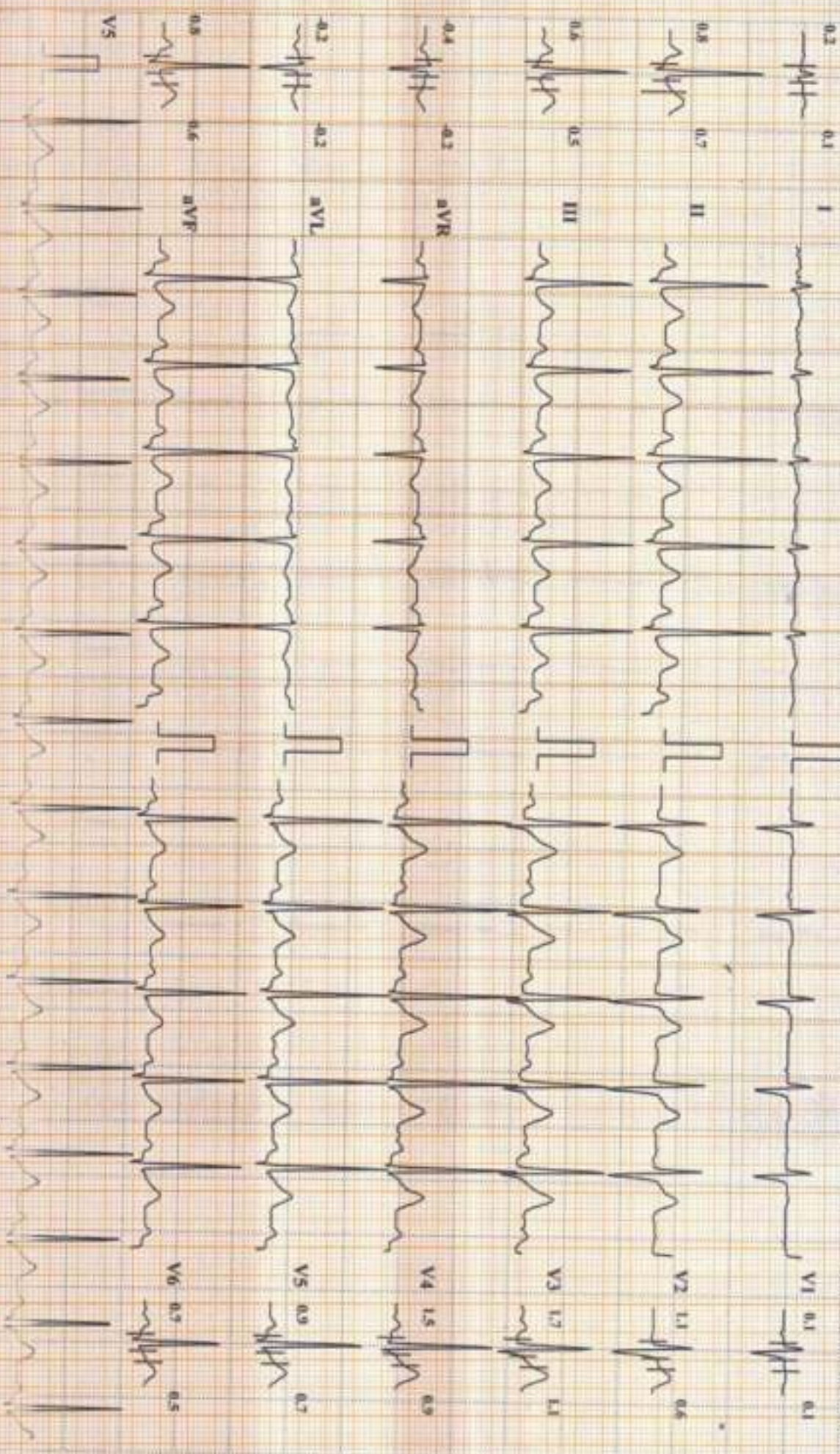


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

TRAC: 55TLE

MR: PRIN: ON

Printer: 11-11-2024 11:11:11

Software: GraphLab ECG-10 Version: 1.0



## DDRC Agilus Thrissur

**Name: JOHN PAUL**

Date: 24-02-2024 Time: 12:02

Age: 33

Gender: M

Height: 170 cms

Weight: 64 Kg

ID: 3364

Clinical History:

Medications:

### Test Details:

Protocol: Bruce

Predicted Max HR: 187

Target HR: 158 (85% of MHR)

Exercise Time: 0:06:31

Achieved Max HR: 163 (87% of Pr. MHR)

Max BP: 134/94

Max BP x HR: 21842

Max Mets: 7.3

Test Termination Criteria:

### Protocol Details:

Stage Name	Stage Time	METS	Speed kmph	Grade %	Heart Rate bpm	BP mmHg	RPP	Max ST Level mm	Max ST Slope
Supine	00:22	1	0	0	93	120/80	13160	2.6 V3	1.5
Standing	00:37	1	0	0	95	120/80	11400	2.5 V3	1.5
PreTest	00:15	1	1.6	0	90	120/80	10800	2.8 V4	1.5
Stage: 1	03:00	4.7	2.7	10	124	124/84	15376	3.4 V4	2.5
Stage: 2	03:00	7	4	12	152	128/88	19456	3.5 V3	1.5
Peak Exercise	00:31	7.3	5.5	14	163	134/94	21842	3.1 V3	1.5
Recovery1	02:00	1	0	0	113	126/86	14238	2.4 V3	2.5
Recovery2	02:00	1	0	0	104	124/84	12896	1.7 V3	1.5
Recovery3	02:00	1	0	0	99	120/80	11880	2 V3	1.5
Recovery4	00:06	1	0	0	99	120/80	11880	1.7 V3	1.5

### Interpretation

Exercised upto 6 minutes 31 sec

No angina

No arrhythmias

No ST depression

Tms negative for readable isbemo



**Dr. PRAMOD. V. R.**

MD (Medicine), DM (Card)

Reg. No: 27265

Consultant Cardiologist

ASWINI HOSPITAL, THRISSUR

Ref. Doctor: —

Doctor: —

**SCHILLER**

The Art of Diagnostics

(Summary Report edited by User)

Cardiofit CS-10 Version: 3.5

DDRC AGILUS PATHLABS LTD.