

MER- MEDICAL EXAMINATION REPORT

Date of Examination	23/12/23		
NAME	SMITA KANT PANDAY		
AGE	57	Gender	M
HEIGHT(cm)	169	WEIGHT (kg)	83 B.M.S-29.1
B.P.	120/70		
ECG	Normal		
X Ray	Normal		
Vision Checkup	—		
Present Ailments	None		
Details of Past ailments (If Any)	No		
Comments / Advice : She /He is Physically Fit	Medicinal Rx		

Smita

Signature with Stamp of Medical Examiner
 Dr. Smita Rastogi
 MBBS, DCP
 Reg. No. 37370








 श्री साधु साहू
 Shri Sachidanand Pandey
 जन्म तिथि / DOB: 01/07/1958
 पुरुष / Male




8184 0683 1805

मेरा आधार, मेरी पहचान




Sachin





 श्री साधु साहू
 Shri Sachidanand Pandey, Near
 Kathaula Prol Pump, 3476,
 Vashi Khari, Gomtinagar,
 Gomtinagar, Lucknow, Uttar
 Pradesh, 226010

8184 0683 1805

 147
 sachin@nic.gov.in
 www.nic.gov.in



Dear sir

You have been informed that ent ophthal ,diet consultation facility is not available at our centre.

If you are ready then your test can be start.

2D echo test facility is not available at our centre instead we do TMT test .

A handwritten signature in blue ink, appearing to be 'S. M. S.', written in a cursive style with a long horizontal stroke at the end.



MODERN PATHOLOGY & DIAGNOSTIC CENTRE

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



CLINIC :

1/4A, Vineet Khand, (Opp Jaipuria Management)
Gomti Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877

Date	: 23-Dec-2023		
Name	: Mr. SHIVA KANT PANDEY	Age	: 57 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male
Haemoglobin	15.3	gm%	14 - 17
Total Leucocyte Count	3100	Cells/cumm.	4000-11000
Differential Leucocyte Count			
Polymorphs	61	%	45 - 70
Lymphocytes	28	%	20 - 45
Eosinophils	06	%	0 - 6
Monocytes	05	%	0 - 8
Basophils	00	%	0 - 1
Erythrocyte Sedimentation Rate (Wintrobe)			
ESR	06	mm in 1st Hr.	0 - 9
PCV	45.6	cc%	40 - 52
Corrected ESR	02	mm in 1st Hr.	0 - 9
Platelet Count	1.10	lakh/cumm.	1.5 - 4.0
Red Cells Count	5.07	million/cmm	3.90 to 5.80
Absolute values			
MCV	90.0	fL	77 - 97
MCH	30.2	pg	27 - 31
MCHC	33.6	gm /dl	31 - 34

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Dr. Smita Rastogi
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

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Report needs clinicopathological correlation ♦ Not for Medico Legal Purpose

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Date : 23-Dec-2023

Name : **Mr. SHIVA KANT PANDEY**

Age : 57 Yrs.

Ref.By : APOLLO HEALTH

Sex : Male

General Blood Picture

RBCs	RBCs are Normocytic & Normochromic. No Normoblasts are seen.
WBCs	TLC is reduced. DLC shows normal counts. No immature cells of WBC seen.
PLATELETS	Platelets are reduced in number and morphology.
OTHERS	No haemoparasites are seen.
IMPRESSION	LEUKOPENIA WITH THROMBOCYTOPENIA

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Dr. Smriti Rastogi
M.B.B.S., DCP

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Date	: 23-Dec-2023	Age	: 57 Yrs.
Name	: Mr. SHIVA KANT PANDEY	Sex	: Male
Ref.By	: APOLLO HEALTH		

Urine Sugar (Fasting)	NIL
-----------------------	-----

Urine Sugar (PP)	NIL
------------------	-----

KFT-			
UREA	18.0	mg %	15 - 50
CREATININE	1.09	mg %	0.5 - 1.5
URIC ACID	5.3	mg %	2 - 7
CALCIUM	9.4	mg %	8.8 - 10.0

Blood Group & Rh	"O" Negative
------------------	--------------

Serum Gamma G.T.	18	IU/L	11 - 50
------------------	----	------	---------

Plasma Glucose - F GOD-POD Method	110	mg/dl	70 - 110
--------------------------------------	-----	-------	----------

Plasma Glucose - PP GOD POD Method	118	mg/dl	110 - 170
---------------------------------------	-----	-------	-----------

LFT T&D			
Total Bilirubin	0.52	mg%	0.2 - 1.0
Direct Bilirubin	0.18	mg%	0.0 to 0.40
Indirect Bilirubin	0.34	mg%	0.10 to 0.90
S.G.P.T	34	IU/L	5 - 40
S.G.O.T	28	IU/L	5 - 50
ALP	83	IU/L	40 to 129

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Date : 23-Dec-2023

Name : **Mr. SHIVA KANT PANDEY**

Age : 57 Yrs.

Ref.By : APOLLO HEALTH

Sex : Male

Urine Examination

PHYSICAL

Colour	Straw
Turbidity	Nil
Deposit	Nil
Reaction	Acidic
*Specific Gravity	1.010

CHEMICAL

Protein	Nil
Sugar	Nil
*Bile Salts	Nil
*Bile Pigments	Nil
Phosphate	Nil

MICROSCOPIC

Pus Cells	Nil	/hpf
Epithelial Cells	Occasional	/hpf
Red Blood Cells	Nil	/hpf
Casts	Nil	
Crystals	Nil	
Others	Nil	

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Date	: 23-Dec-2023	Age	: 57 Yrs.
Name	: Mr. SHIVA KANT PANDEY	Sex	: Male
Ref.By	: APOLLO HEALTH		

LIPID PROFILE

Triglycerids	178	mg%	70 - 190
S. Cholestrol S.	198	mg%	130 - 230
S. HDL Cholestrol	44.1	mg%	35 - 75
S. LDL Cholestrol	118.3	mg%	75 - 150
VLDL	35.6	mg%	0 - 34
Chol / HDL factor	4.49		
LDL / HDL Factor	2.68		

COMMENTS

- * Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).
- * LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lower LDL and raise HDL. Raised chol. in females is mostly due to disturbed thyroid function.
- * Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

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Date	: 23-Dec-2023	Age	: 57 Yrs.
Name	: Mr. SHIVA KANT PANDEY	Sex	: Male
Ref.By	: APOLLO HEALTH		

PSA

PSA	0.52	ng/ml
Electro CLIA		
=====		
Expected values and Comments		
=====		
NORMAL :	0.00 to 4.0	
Less than 40 years	0.6 to 1.3	
41 to 50 Years	0.6 to 2.0	
51 to 60 Years	0.8 to 3.0	
61 to 70 Years	1.0 to 4.0	
Over 70 years	1.6 to 4.5	
<ul style="list-style-type: none"> * PSA is a reliable Tumor Marker for already diagnosed Prostatic Carcinomas .Though present in many tissues including breast, salivary glands etc., * PSA production is the glandular epithelium of the prostate gland. PSA is,therefore,remarkably specific for the prostate. * Baseline levels measured prior to therapeutic intervention and followed later by serial, periodical measurements will predict the outcome of the therapy. It also helps in early discovery of recurrences, relapses and metastases. * In general, Tumour Marker levels are directly related to the tumour mass and the stage of the cancer. * However, it i s the rate of change of the tumour marker level which is more important, rather than its absolute value. A 50 % change may be considered clinically significant. * It must be emphasized that PSA may also be elevated in Benign Prostatic Hyperplasia and Inflammatory conditions of the surrounding Genito-Urinary Tract. * PSA may be done along with Free PSA that provides additional information 		

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Date : 23-Dec-2023

Name : **Mr. SHIVA KANT PANDEY**

Age : 57 Yrs.

Ref.By : APOLLO HEALTH

Sex : Male

THYROID TEST

Tri-iodothyronine (T3)	1.52	nmol/L	0.50 to 2.50
Thyroxine (T4)	7.69	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	1.93	mIU/ ml	0.3 to 6.0

COMMENTS

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels maybe encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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Mob : 7618884441, 9450389932, 8177063877

Date : 23-Dec-2023

Name : **Mr. SHIVA KANT PANDEY**

Age : 57 Yrs.

Ref.By : APOLLO HEALTH

Sex : Male

Glycosylated Haemoglobin

Glycosylated Haemoglobin	5.3	%	4.5 TO 6.0
--------------------------	-----	---	------------

=====

INTERPRETATION AND COMMENTS

=====

NON DIABETIC : 4.5 to 6.0 %
GOOD CONTROL: 6.0 to 7.0
FAIR CONTROLLED 7.0 AND 8.0
UNCONTROLLED 8.0 AND ABOVE

Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.

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Ph.: 0522-4008184, 4308184 ☎ 8112323230
Mob.: 7618884441, 9450389932, 8177063877



TEST REQUEST ID :012312230004	SAMPLE DATE	:23/Dec/2023 08:34AM
NAME :Mr. SHIVAKANT PANDEY	SAMPLE REC. DATE	:23/Dec/2023 08:34AM
AGE/SEX :57 YRS/MALE	REPORTED DATE	:23/Dec/2023 12:35PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01230004

XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

OPINION: NORMAL STUDY.

Please correlate clinically.

*** End Of Report ***

Dr. Sanjay Rastogi
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DR. PANKAJ UPADHYAYA

Dr. Smita Rastogi
M.B.B.S., DCP

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Consultant Radiologist

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Print Date/Time: 23/12/2023 5:26 PM ✉ e-mail : mpdcgn@gmail.com ♦ For online reports - www.modernpath.in

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NAME	:Mr. SHIVAKANT PANDEY	SAMPLE REC. DATE	:23/Dec/2023 08:34AM
AGE/SEX	:57 YRS/MALE	REPORTED DATE	:23/Dec/2023 01:03PM
REFERRED BY	: Apollo Health and Lifestyle Limited.	BARCODE NO	:01230004

USG WHOLE ABDOMEN-MALE

Liver: is normal in size (146 mm). **Parenchymal echogenicity is increased.** No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

Gall Bladder: is well distended. Lumen is anechoic. Wall is of normal thickness.

CBD: is normal in diameter. Portal vein is normal in diameter.

Pancreas: is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

Spleen: is enlarged in size (147 mm), with normal shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

Both Kidneys: are normal in size (RK- 92 x 47 mm & LK -113 x 43 mm), shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst or calculi is seen. Pelvicalyceal systems are not dilated. Ureters are not dilated.

Urinary bladder: is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen.

Prostate: is normal in size (34 x 33 x 32 mms, wt = 19.4 gms), shape and echotexture. No focal echovariant lesion is seen. Prostatic capsule appears to be intact. Median lobe is not projecting in UB lumen. Both seminal vesicles appear normal.

Both iliac fossae are clear. No obvious bowel pathology is noted.
There is no free fluid in peritoneal cavity.

OPINION: - GRADE-I FATTY LIVER
- SPLEENOMEGALY

*** End Of Report ***

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DR. PANKAJ UPADHYAYA
Consultant Radiologist

Dr. Smita Rastogi
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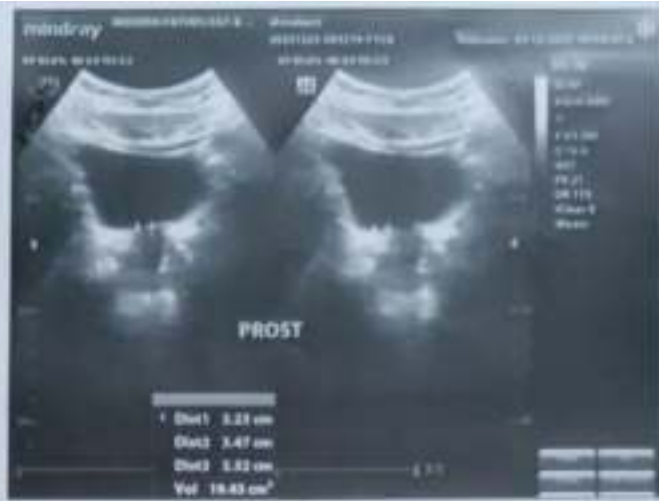
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Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877

Patient name: Mr Shiva Kant pandey
Ref By. Apollo Health

Age/Sex 57/M
23/12/2023

E.C.G. REPORT

1. Rhythm	:	Sinus, Regular
2. Atrial Rate	:	68/mt
3. Ventricular Rate	:	68/mt
4. P – Wave	:	Normal
5. P R Interval	:	Normal
6. Q R S	:	
Axis	:	Normal
R/S Ratio	:	Normal
Configuration	:	Normal
7. Q T c Interval	:	Normal
8. S-T Segment	:	Normal
9. T-Wave	:	Normal

FINAL IMPRESSION

E.C.G. is within normal limits.

Signature of Doctor

MOHAN
MD
Reg. No. 44559

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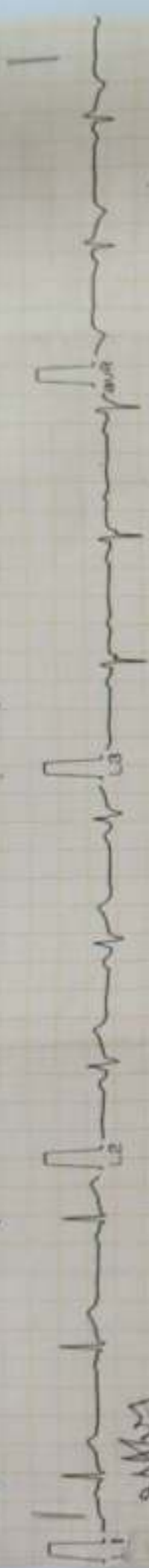
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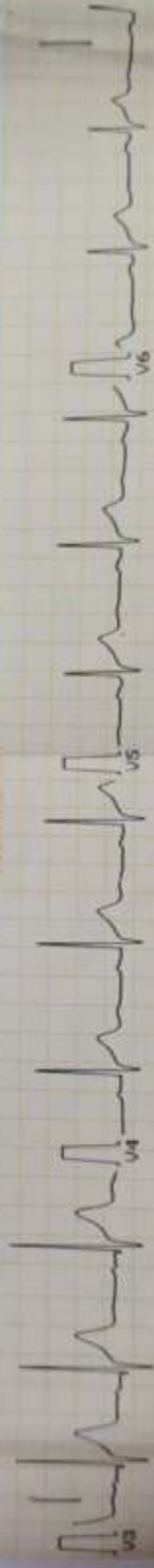
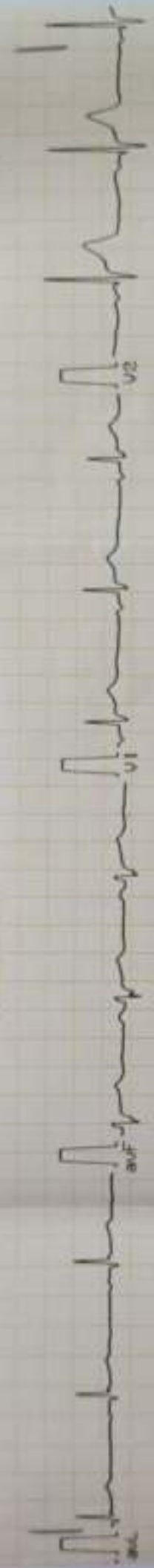
Name Mrs. Shree Kant Pandey Age 35 Yr Sex M/F 25mm/s 10mm/mV 0.1-35 Hz BLD



Handwritten signature

Standard ECG 50-1CH

Dr.



Handwritten signature

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

Gomti Nagar Lucknow

Report



SHIVA KANT PANDEY / 57 Yrs / M / 169 Cms / 83 Kg
 Date: 23 - 12 - 2023 Refd By : APOLLO HEALTH Examined By :

* Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:05	0:05	00.0	00.0	01.0	078	48 %	120/70	093	00	
Standing	00:09	0:04	00.0	00.0	01.0	078	48 %	120/70	093	00	
HV	00:13	0:04	00.0	00.0	01.0	076	47 %	120/70	091	00	
ExStart	00:34	0:21	00.0	00.0	01.0	079	48 %	120/70	094	00	
BRUCE Stage 1	03:34	3:00	02.7	10.0	04.7	125	77 %	120/70	150	00	
BRUCE Stage 2	06:34	3:00	04.0	12.0	07.1	133	82 %	132/84	175	00	
PeakEx	07:03	0:29	05.5	14.0	07.6	140	86 %	136/90	190	00	
Recovery	08:03	1:00	00.0	00.0	01.1	102	63 %	138/92	140	00	
Recovery	09:03	2:00	00.0	00.0	01.0	091	56 %	134/86	121	00	
Recovery	10:03	3:00	00.0	00.0	01.0	107	66 %	130/82	139	00	
Recovery	10:23	3:19	00.0	00.0	01.0	103	63 %	130/82	133	00	

FINDINGS :

Exercise Time : 06:29
 Max HR Attained : 140 bpm 86% of Target 163
 Max BP Attained : 142/94 (mm/Hg)
 Max WorkLoad Attained : 7.6 Fair response to induced stress
 Test End Reasons : Test Complete

REPORT :

CONCLUSIONS:

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.


 Dr. ANANT MOHAN
 M/D
 Reg. No. 41559

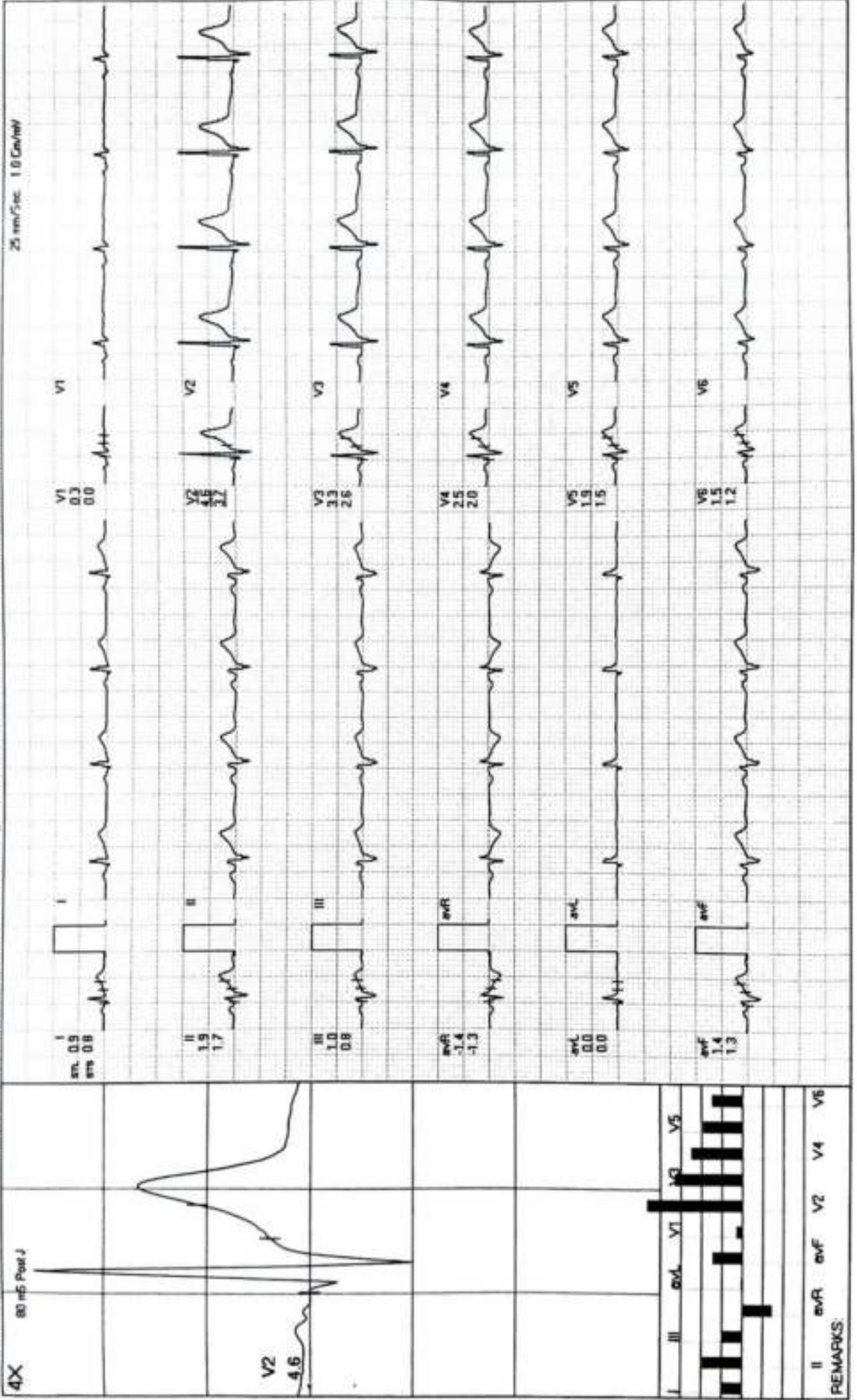
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SHIVA KANT PANDEY / 57 Yrs / M / 169 Cms / 83 Kg / HR : 78

BRUCE:Supine(0:05)



Date: 23-12-2023 METS: 1.0/78 bpm 48% of THR BP: 120/70 mmHg Combined Medians/BLC On/ HF 0.05 Hz/LF 35 Hz Ex Time: 00:00 0.0 Km/ph 0.0%



REMARKS:

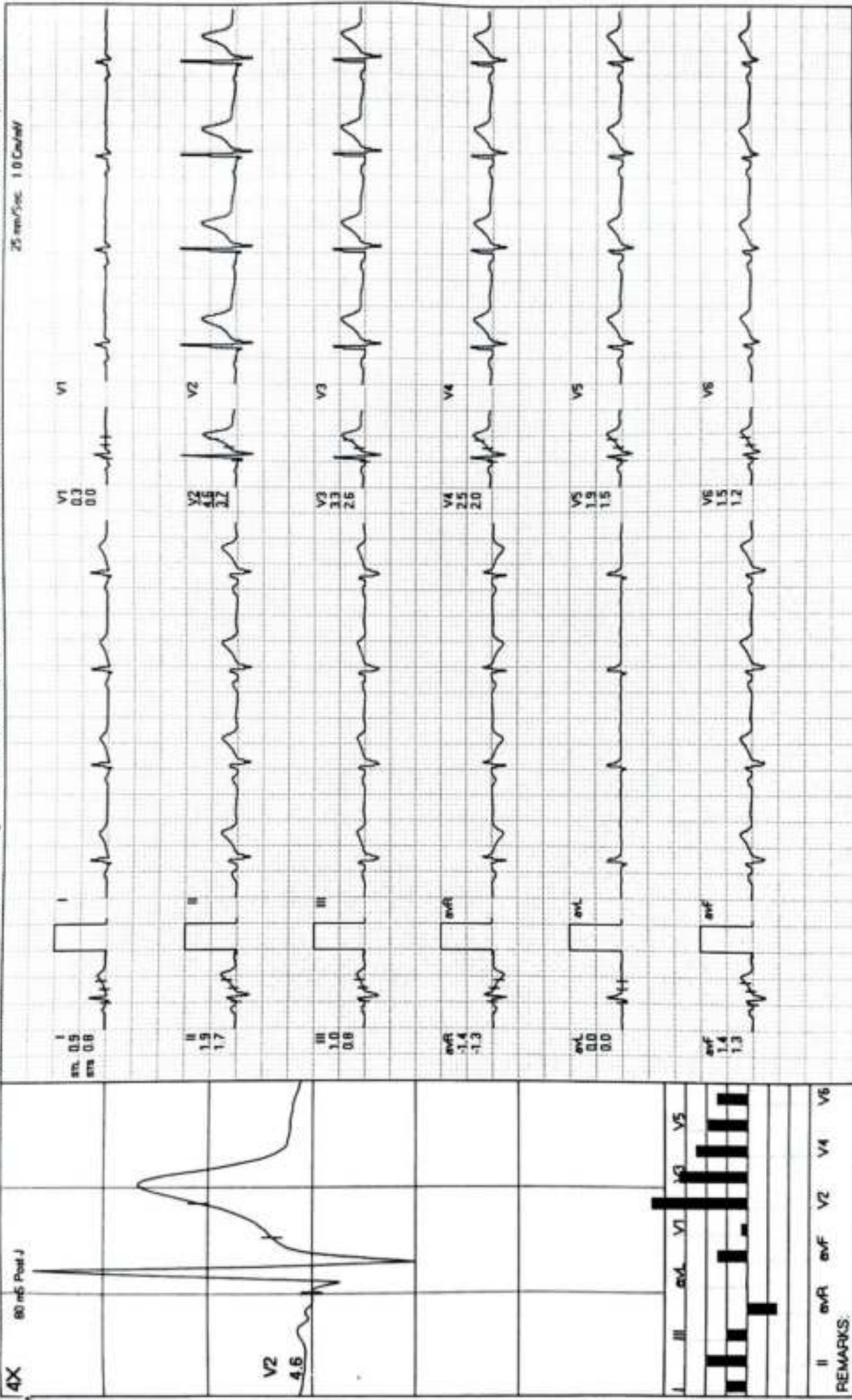
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

SHIVA KANT PANDEY / 57 Yrs / M / 169 Cms / 83 Kg / HR : 78

BRUCE: Standing(0:04)



Date: 23-12-2023 METS 1.0/78 bpm 48% of THR BP 120/70 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz Ex Time 00:00 0.0 Kmph 0.0%



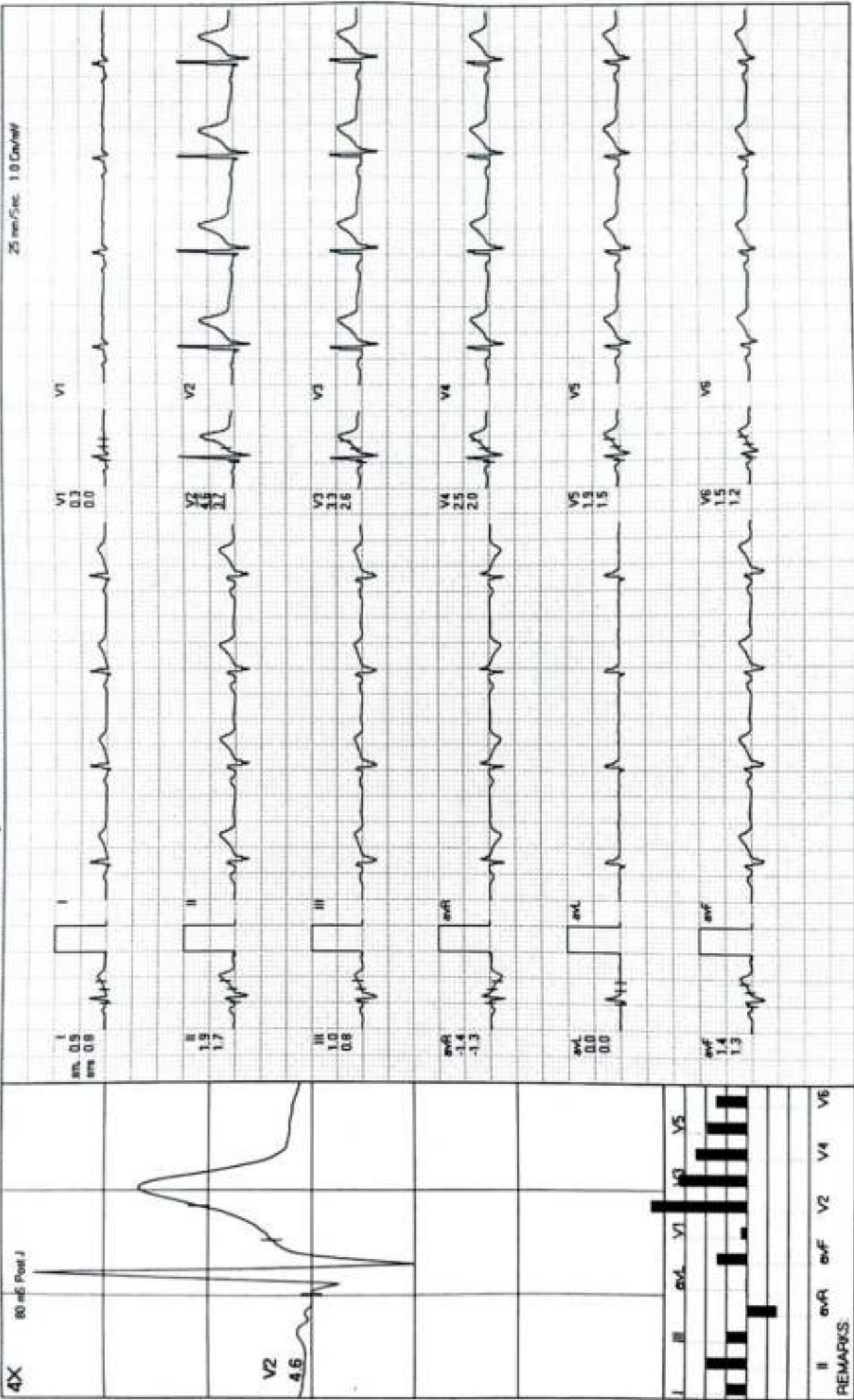
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

SHIVA KANT PANDEY / 57 Yrs / M / 163 Cms / 83 Kg / HR : 76

BRUCE:HV(0:07)



Date 23-12-2023 METS 1.0/76 bpm 47% of THR BP 120/70 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz ExTime 00:00 0.0 Kmph 0.0%



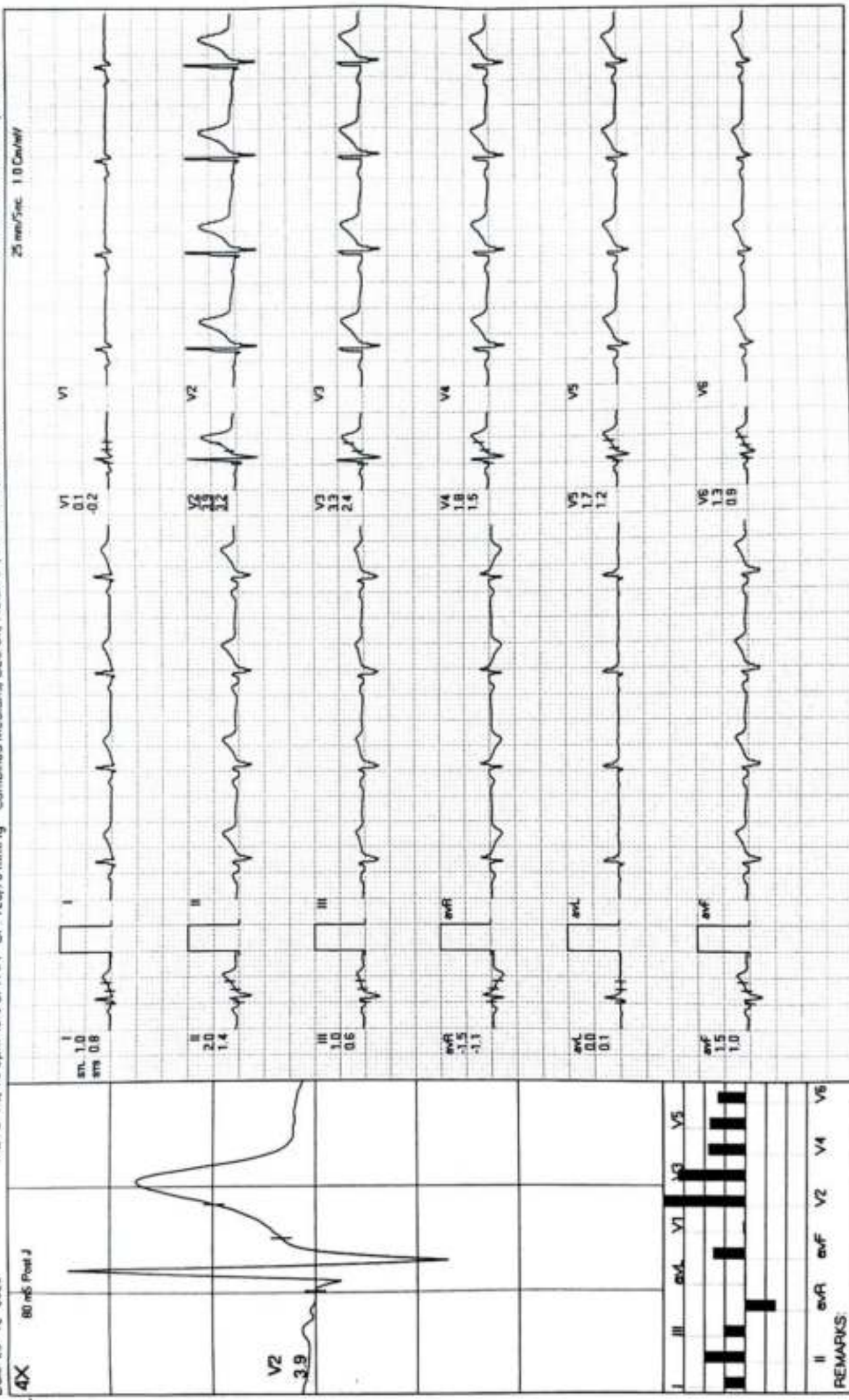
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

SHIVA KANT PANDEY / 57 Yrs / M / 169 Cms / 83 Kg / HR : 79

ExStart



Date: 23-12-2023 METS 1.0/ 79 bpm 48% of THR BP: 120/70 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime 00:00 0.0 Kmph 0.0%



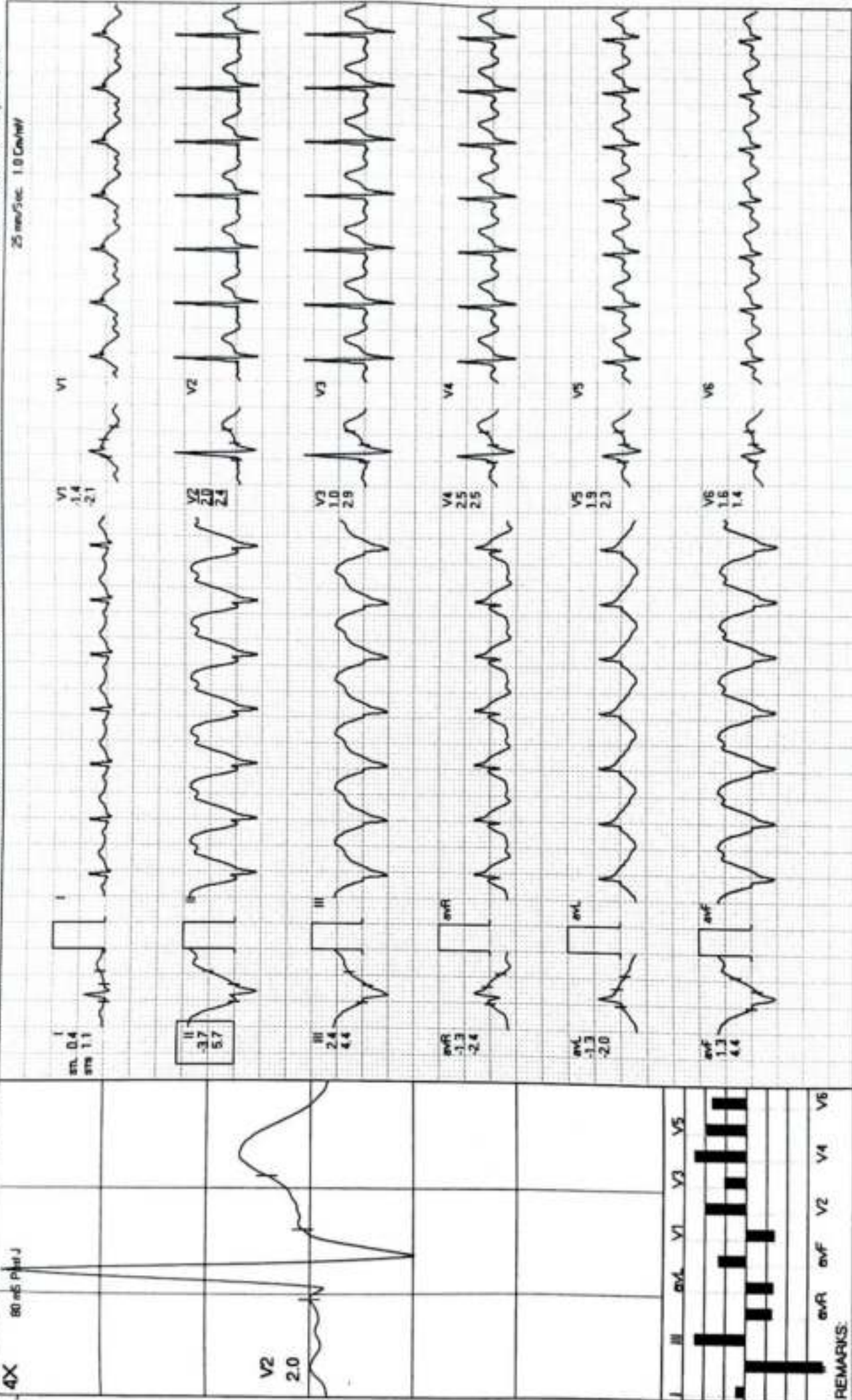
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

SHIVA KANT PANDEY / 57 Yrs / M / 169 Cms / 83 Kg / HR : 125

BRUCE: Stage 1(3:00)



Date: 23-12-2023 METS 4.7/125 bpm 77% of THR BP 120/70 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime 03:00 2.7 Km/pt 10.0%



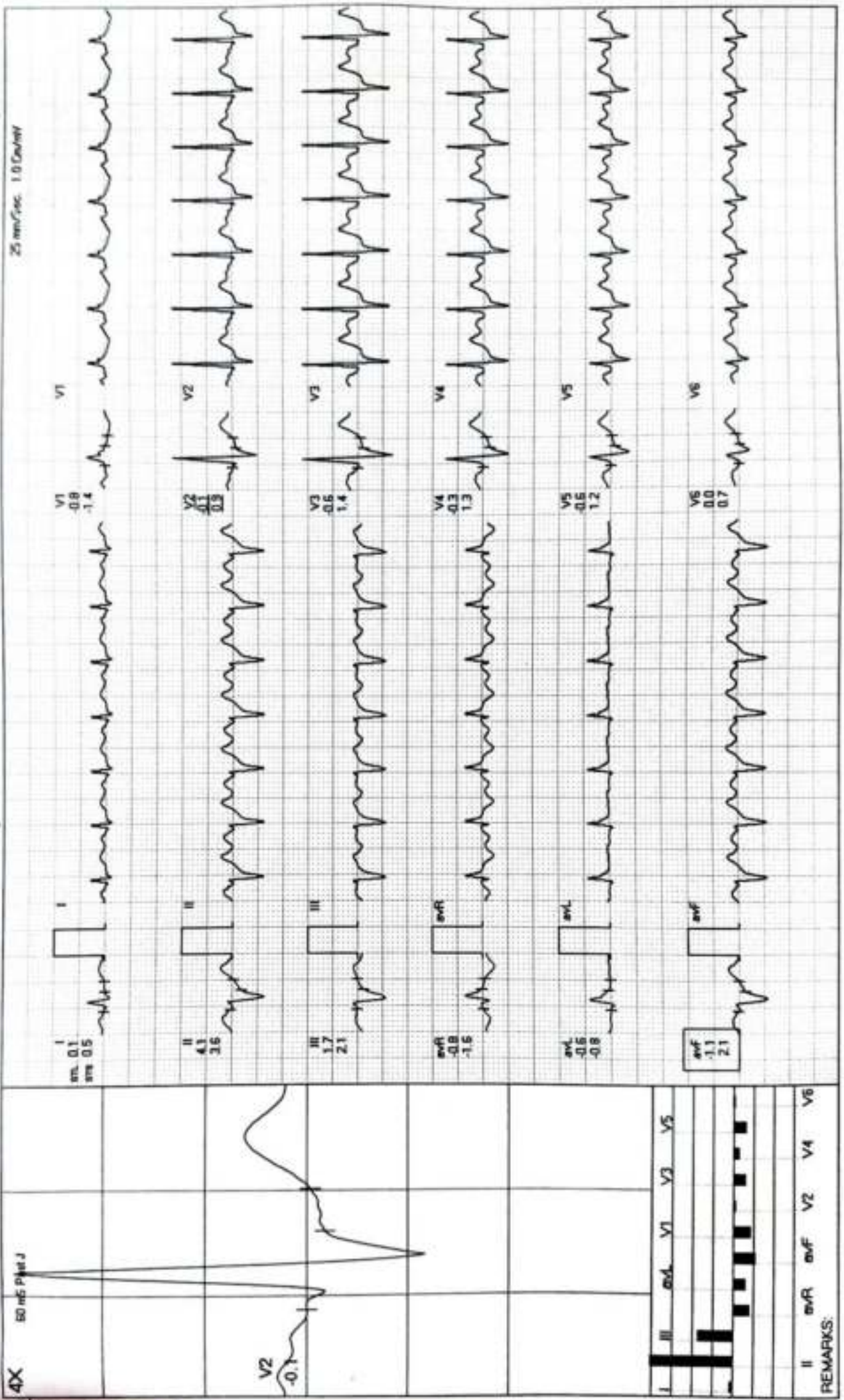
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

BRUCE: Stage 2(3:00)



SHIVA KANT PANDEY / 57 Yrs / M / 169 Cms / 83 Kg / HR : 133

Date 23-12-2023 METS 7.1/133 bpm 82% of THR BP 132/84 mmHg Combined Mediants/ BLC On/ Natch On/ HF 0.05 Hz/ LF 35 Hz ExTime 06:00 4.0 Km/Ph 12.0%



REMARKS:

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

SHIVA KANT PANDEY / 57 Yrs / M / 169 Cms / 83 Kg / HR : 140

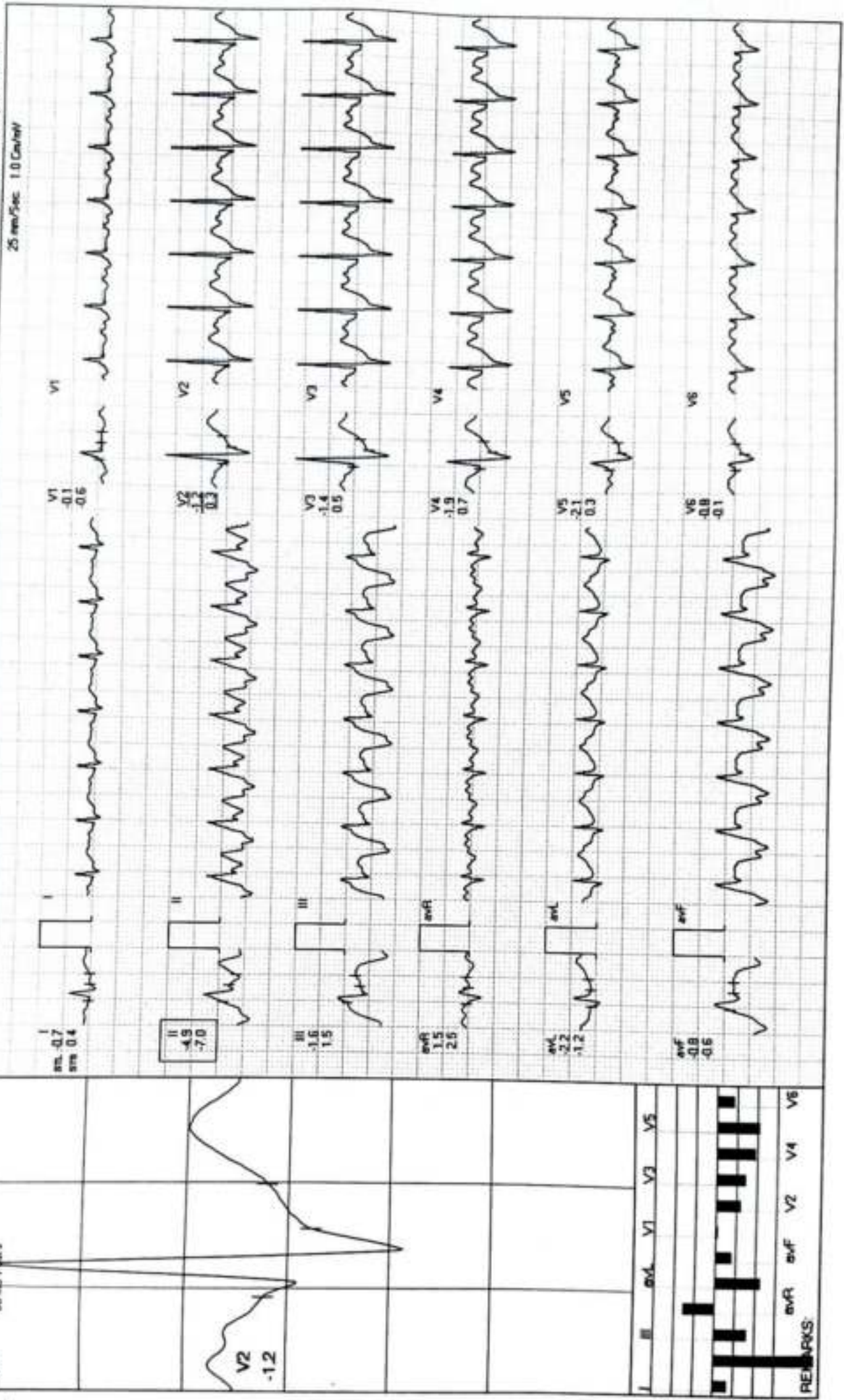
PeakEx



Date 23-12-2023

METS 7.6/140 bpm 86% of THR BP 135/90 mmHg Combined Medians/BLC On/Notch On/HF 0.05 Hz/LF 35 Hz

ExTime 06:29 5.5 Kmph, 14.0%



REMARKS

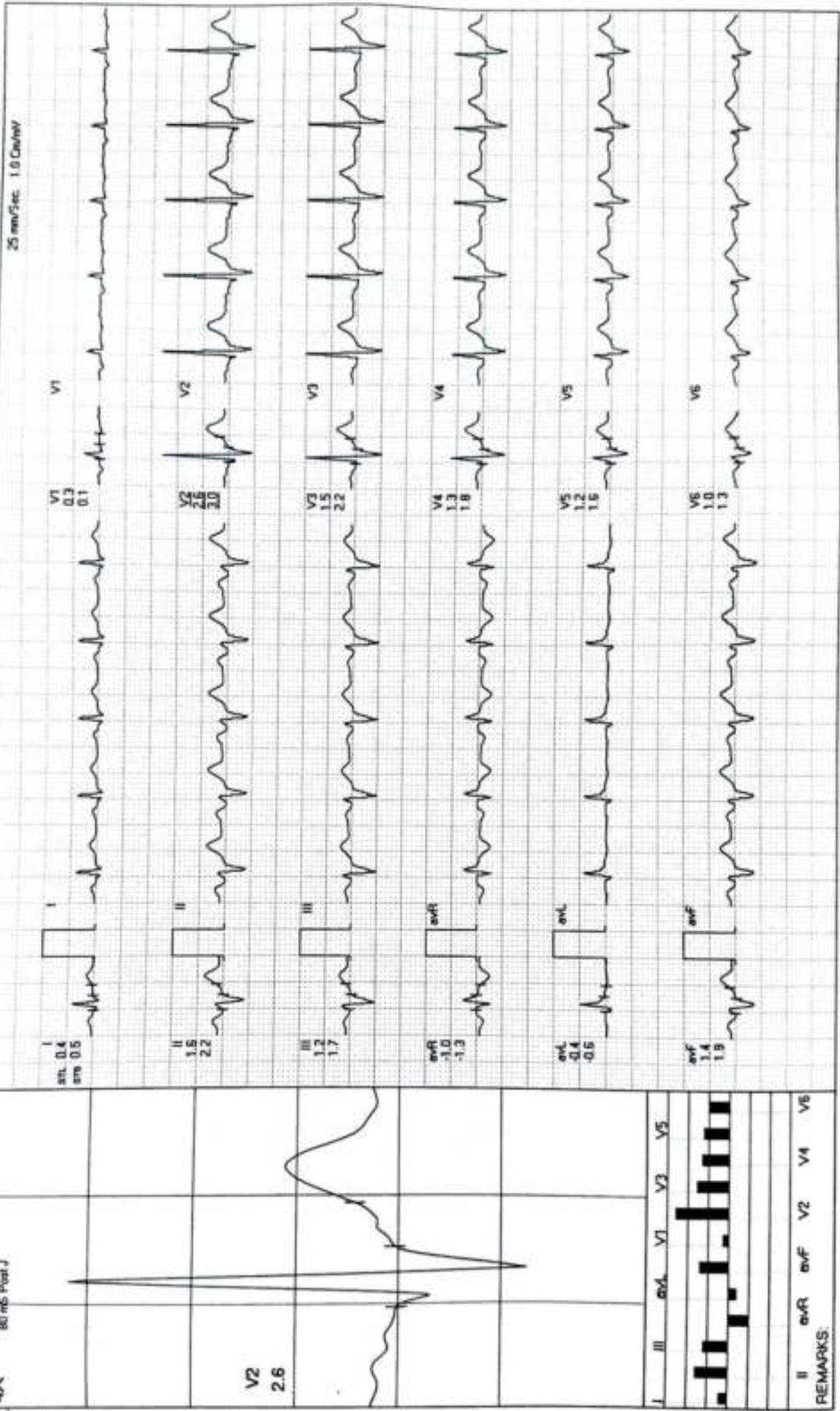
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

SHIVA KANT PANDEY / 57 Yrs / M / 163 Cms / 83 Kg / HR : 102

Recovery(1:00)



Date 23-12-2023 METS 1.1/102 bpm 63% of THR BP 136/92 mmHg Combined Medians/ BLC Ov/ Notch Ov/ HF 0.05 Hz/LF 35 Hz
 4X 80 mS Post J



REMARKS:

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

SHIVA KANT PANDEY / 57 Yrs / M / 169 Cms / 83 Kg / HR : 91

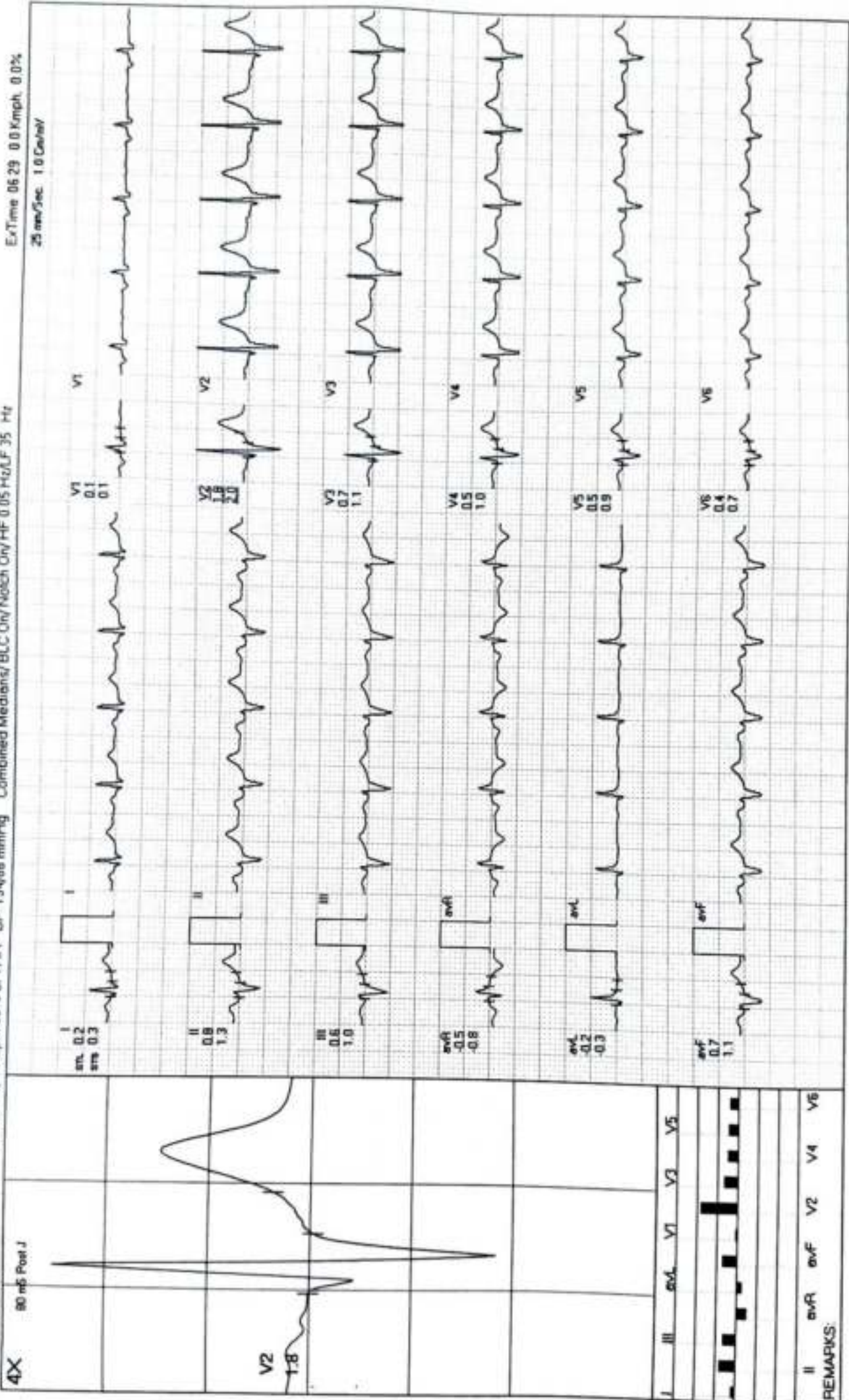
Recovery(2:00)



Date 23-12-2023

METS 1.0/91 bpm 56% of THR BP- 134/86 mmHg Combined Medians/ BLC Ov/ Noch Ov/ HF 0.05 Hz/LF 35 Hz

ExTime 06:29 0.0 Kmph 0.0%
25 mm/Sec 1.0 Cm/mV

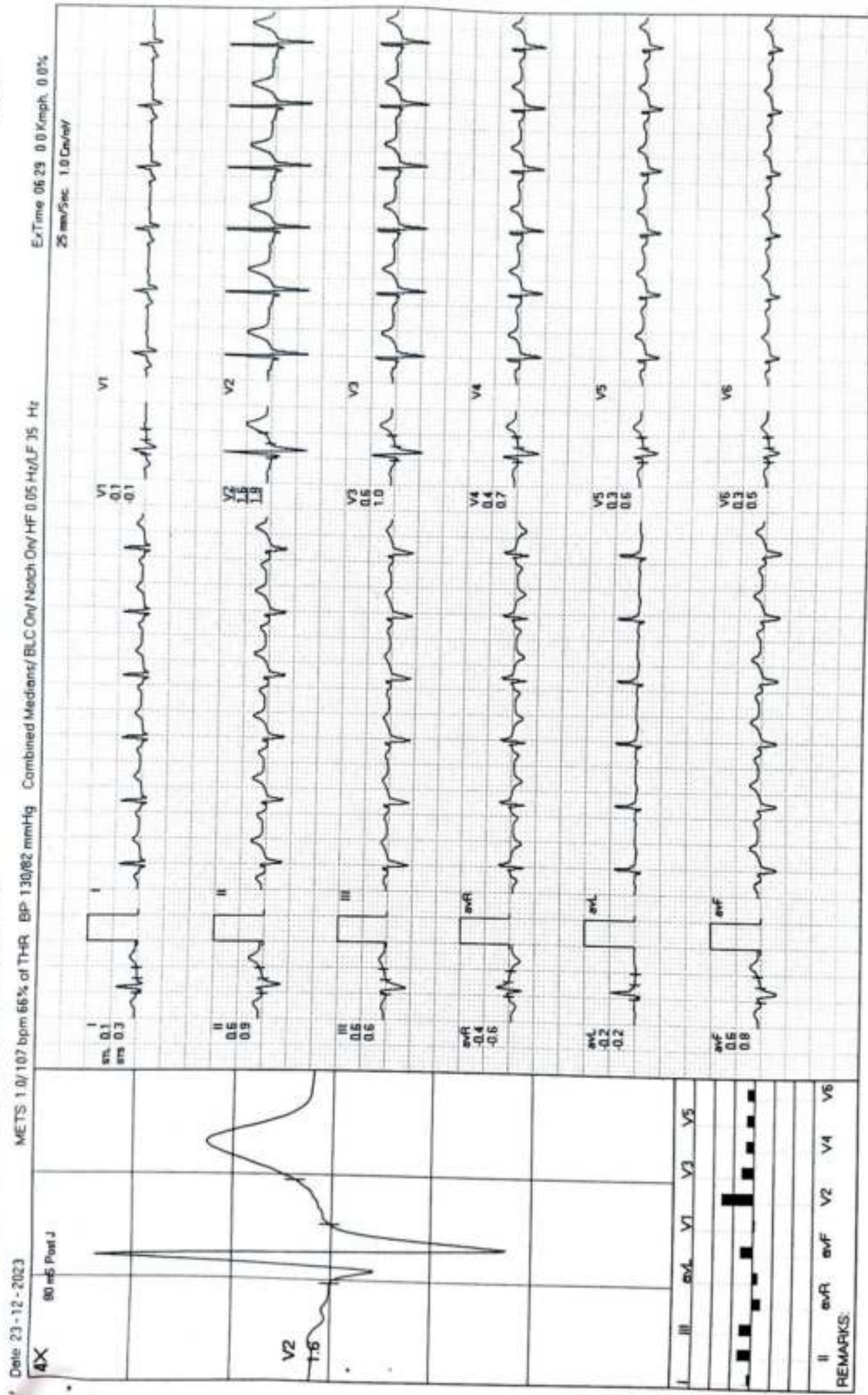


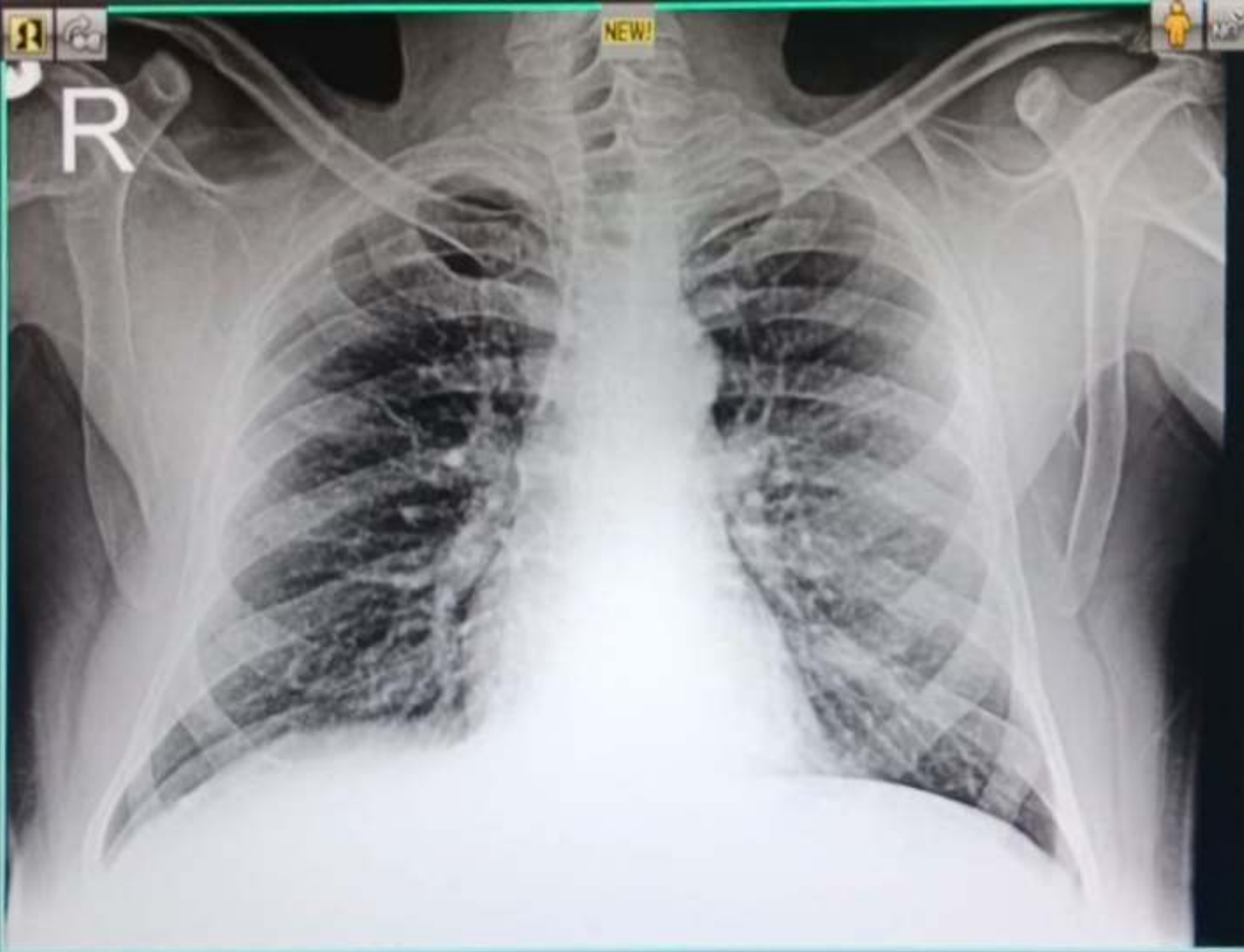
REMARKS:
II aVR aVF V2 V4 V6

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

SHIVA KANT PANDEY / 57 Yrs / M / 169 Cms / 83 Kg / HR : 107

Recovery(3:00)





23122302924 MR SHIVAKANT PANDEY 57 YRS M DR SELF CHEST PA
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