





: Mr.S GOWTHAM

Age/Gender

: 34 Y 10 M 2 D/M

UHID/MR No

: CMAR.0000312372

Visit ID

: CMAROPV668762

Ref Doctor Emp/Auth/TPA ID : Dr.SELF : 9449591971D Collected

: 13/May/2023 09:48AM

Received

: 13/May/2023 01:37PM : 13/May/2023 04:50PM

Reported Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY						
ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324						
Test Name Result Unit Bio. Ref. Range Method						

HAEMOGLOBIN	15.4	g/dL	13-17	Spectrophotometer
PCV	47.50	%	40-50	Electronic pulse & Calculation
RBC COUNT	5.47	Million/cu.mm	4.5-5.5	Electrical Impedence
MCV	86.8	fL	83-101	Calculated
MCH	28.1	pg	27-32	Calculated
MCHC	32.4	g/dL	31.5-34.5	Calculated
R.D.W	13.2	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	13,490	cells/cu.mm	4000-10000	Electrical Impedanc
DIFFERENTIAL LEUCOCYTIC COUNT (D	LC)			
NEUTROPHILS	62.9	%	40-80	Electrical Impedanc
LYMPHOCYTES	24.6	%	20-40	Electrical Impedanc
EOSINOPHILS	4.2	%	1-6	Electrical Impedanc
MONOCYTES	8	%	2-10	Electrical Impedanc
BASOPHILS	0.3	%	<1-2	Electrical Impedanc
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	8485.21	Cells/cu.mm	2000-7000	Electrical Impedanc
LYMPHOCYTES	3318.54	Cells/cu.mm	1000-3000	Electrical Impedanc
EOSINOPHILS	566.58	Cells/cu.mm	20-500	Electrical Impedanc
MONOCYTES	1079.2	Cells/cu.mm	200-1000	Electrical Impedanc
BASOPHILS	40.47	Cells/cu.mm	0-100	Electrical Impedanc
PLATELET COUNT	311000	cells/cu.mm	150000-410000	Electrical impedenc
ERYTHROCYTE SEDIMENTATION RATE (ESR)	18	mm at the end of 1 hour	0-15	Modified Westegrer method
PERIPHERAL SMEAR		OI I HOUI		Illouiou

RBCs: are normocytic normochromic

WBCs: are increased in total number with normal distribution and morphology.

PLATELETS: appear adequate in number.

Page 1 of 12









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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name

Result

Unit

Bio. Ref. Range

Method

HEMOPARASITES: negative

IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE WITH LEUCOCYTOSIS

Page 2 of 12



SIN No:BED230113820







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	DEPARTMENT OF HAEMATOLOGY						
ARCOFEMI - MEDIWHEEL - F	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324						
Test Name	Result	Unit	Bio. Ref. Range	Method			

BLOOD GROUP ABO AND RH FACTOR, WHOLE BLOOD-EDTA					
BLOOD GROUP TYPE	A	Microplate Hemagglutination			
Rh TYPE	Positive	Microplate Hemagglutination			

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: 13/May/2023 01:30PM : 13/May/2023 05:43PM

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: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY							
ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324							
Test Name	Test Name Result Unit Bio. Ref. Range Method						

GLUCOSE, FASTING , NAF PLASMA	134	ma/dL	70-100	HEXOKINASE
GLOGGE, I AGIING , IVAI I LAGIVIA	137	IIIg/aL	70-100	ILACINIVACE

Comment:

As per American Diabetes Guidelines

Fasting Glucose Values in mg/d L	Interpretation	
<100 mg/dL	Normal	6
100-125 mg/dL	Prediabetes	
≥126 mg/dL	Diabetes	

GLUCOSE, POST PRANDIAL (PP), 2	228	mg/dL	70-140	HEXOKINASE
HOURS , NAF PLASMA				

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Ref: Marks medical biochemistry and clinical approach

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DEPARTMENT OF BIOCHEMISTRY ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324 **Test Name** Result Unit Bio. Ref. Range Method

HBA1C, GLYCATED HEMOGLOBIN , WHOLE BLOOD-EDTA	7.0	%	HPLC
ESTIMATED AVERAGE GLUCOSE (eAG) , WHOLE BLOOD-EDTA	154	mg/dL	Calculated

Comment:

Reference Range as per American Diabetes Association (ADA):

REFERENCE GROUP	HBA1C IN %
NON DIABETIC ADULTS >18 YEARS	<5.7
AT RISK (PREDIABETES)	5.7 – 6.4
DIAGNOSING DIABETES	≥ 6.5
DIABETICS	
· EXCELLENT CONTROL	6 – 7
· FAIR TO GOOD CONTROL	7 – 8
· UNSATISFACTORY CONTROL	8 – 10
· POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- 1. A1C test should be performed at least two times a year in patients who are meeting treatment goals (and who have stable glycemic control).
- 2. Lowering A1C to below or around 7% has been shown to reduce microvascular and neuropathic complications of type 1 and type 2 diabetes. When mean annual HbA1c is <1.1 times ULN (upper limit of normal), renal and retinal complications are rare, but complications occur in >70% of cases when HbA1c is >1.7 times ULN.
- 3. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present. Fructosamine may be used as an alternate measurement of glycemic control

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SIN No:PLF01971588,PLP1330063,EDT230046009







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DEPARTMENT OF BIOCHEMISTRY					
ARCOFEMI - MEDIWHEEL - F	ULL BODY ANNUA	L PLUS MALE -	2D ECHO - PAN INDIA	- FY2324	
Test Name Result Unit Bio. Ref. Range Method					

LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	181	mg/dL	<200	CHO-POD
TRIGLYCERIDES	117	mg/dL	<150	GPO-POD
HDL CHOLESTEROL	48	mg/dL	40-60	Enzymatic Immunoinhibition
NON-HDL CHOLESTEROL	133	mg/dL	<130	Calculated
LDL CHOLESTEROL	109.9	mg/dL	<100	Calculated
VLDL CHOLESTEROL	23.4	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.78		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
11 1 11	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations.

NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.

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DEPARTMENT OF BIOCHEMISTRY					
ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324					
Test Name	Result	Unit	Bio. Ref. Range	Method	

LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.58	mg/dL	0.3–1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.12	mg/dL	<0.2	DPD
BILIRUBIN (INDIRECT)	0.46	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	28	U/L	<50	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	18.0	U/L	<50	IFCC
ALKALINE PHOSPHATASE	92.00	U/L	30-120	IFCC
PROTEIN, TOTAL	7.01	g/dL	6.6-8.3	Biuret
ALBUMIN	4.65	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	2.36	g/dL	2.0-3.5	Calculated
A/G RATIO	1.97		0.9-2.0	Calculated

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ARCOFEMI - MEDIWHEEL - F	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324					
Test Name	Result	Unit	Bio. Ref. Range	Method		

RENAL PROFILE/KIDNEY FUNCTION T	T EST (RFT/KFT) , SERU	IM		
CREATININE	0.81	mg/dL	0.72 – 1.18	JAFFE METHOD
UREA	24.50	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	11.4	mg/dL	8.0 - 23.0	Calculated
URIC ACID	6.04	mg/dL	3.5–7.2	Uricase PAP
CALCIUM	9.60	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	3.72	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	138	mmol/L	136–146	ISE (Indirect)
POTASSIUM	4.7	mmol/L	3.5–5.1	ISE (Indirect)
CHLORIDE	102	mmol/L	101–109	ISE (Indirect)

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DEPARTMENT OF BIOCHEMISTRY						
ARCOFEMI - MEDIWHEEL - F	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324					
Test Name	Result	Unit	Bio. Ref. Range	Method		

GAMMA GLUTAMYL TRANSPEPTIDASE	28.00	U/L	<55	IFCC
(GGT), SERUM				

Page 9 of 12









: Mr.S GOWTHAM

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: 13/May/2023 01:39PM : 13/May/2023 03:27PM

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Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY					
ARCOFEMI - MEDIWHEEL - F	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324				
Test Name Result Unit Bio. Ref. Range Method					

THYROID PROFILE TOTAL (T3, T4, TSH), SERUM					
TRI-IODOTHYRONINE (T3, TOTAL)	0.82	ng/mL	0.7-2.04	CLIA	
THYROXINE (T4, TOTAL)	10.14	μg/dL	6.09-12.23	CLIA	
THYROID STIMULATING HORMONE (TSH)	5.143	μIU/mL	0.34-5.60	CLIA	

Comment:

Serum TSH concentrations exhibit a diurnal variation with the peak occurring during the night and the nadir occurring between 10 a.m. and 4 p.m.In primary hypothyroidism, thyroid-stimulating hormone (TSH) levels will be elevated. In primary hyperthyroidism, TSH levels will be low. Elevated or low TSH in the context of normal free thyroxine is often referred to as subclinical hypo- or hyperthyroid-ism, respectively. Physiological rise in Total T3 / T4 levels is seen in pregnancy and in patients on steroid therapy.

Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active.

Note:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

Page 10 of 12

SIN No:SPL23073029



The Apollo Clinic,#673/A,Varthur main road,

Whitefield, Bangalore - 56006

Near Kundanahalii Signal, Opp.shriram samruddhi apts,







: Mr.S GOWTHAM

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: CMAROPV668762

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: 13/May/2023 02:10PM : 13/May/2023 03:05PM

Reported Status

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Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DI	DEPARTMENT OF CLINICAL PATHOLOGY				
ARCOFEMI - MEDIWHEEL - F	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324				
Test Name Result Unit Bio. Ref. Range Method					

COMPLETE URINE EXAMINATION (CUE)	, URINE			
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	HAZY		CLEAR	Visual
рН	5.5		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.025		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFED EHRLICH REACTION
BLOOD	POSITIVE +		NEGATIVE	Peroxidase
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE
CENTRIFUGED SEDIMENT WET MOUN	T AND MICROSCOPY			
PUS CELLS	2-3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1-2	/hpf	<10	MICROSCOPY
RBC	6-8	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

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SIN No:UR2112270











: Mr.S GOWTHAM

Age/Gender

: 34 Y 10 M 2 D/M : CMAR.0000312372

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Emp/Auth/TPA ID

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DEPARTMENT OF CLINICAL PATHOLOGY								
ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324								
Test Name	Result	Unit	Bio. Ref. Range	Method				

URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick	
LIDINE OF HOOSE (EASTING)	NEO A TIVE	I	NECATIVE	Discottale	
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick	

*** End Of Report ***

Result/s to Follow: PERIPHERAL SMEAR

Dr. Prasanna M.B.B.S, M.D

Consultant Pathologist

Dr. Anita Shobha Flynn M.B.B.S MD (Pathology) Consultant Pathologist

Page 12 of 12



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Dear S GOWTHAM .

Namaste Team.

Greetings from Apollo Clinics,

With regards to the below request the below appointment is scheduled at MARATHAHALLI clinic on 2023-05-13 at 08:55-09:00.

Corporate Name	ARCOFEMI HEALTHCARE LIMITED
Agreement Name	ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN INDIA OP AGREEMENT
Package Name	[ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324]

"In view of corona virus precautionary measures, you are requested to take a mandatory check for symptoms & self-declaration at centre. Please cooperate. Thank you."

NOTE: We are not providing the breakfast in view of corona virus. And that customers on their own should carry their breakfast.

Note: Also once appointment is booked, based on availability of doctors at clinics tests will happen, any pending test will happen based on doctor availability and clinics will be updating the same to customers.

Instructions to undergo Health Check:

- 1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
- Bring urine sample in a container if possible (containers are available at the Health Check Centre).
- Please bring all your medical prescriptions and previous health medical records with you.
- Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

- Pregnant Women or those suspecting are advised not to undergo any X-Ray test
- 2. It is advisable not to undergo any Health Check during menstrual cycle.

As per agreement terms please carry all relevant documents such as Confirmation mail, valid id proof, company ID card etc.

For further assistance please call us on our Help Line #: 1860 500 7788.

Clinic Address: THE APOLLO CLINIC,#673/A,VARTHUR MAIN ROAD,NEAR KUNDANAHALII SIGNAL,OPP.SHRIRAM SAMRUDDHI APTS,WHITEFIELD,BANGALORE-.

Contact No: (080) 43351444 - 45/.

P.S: Health Check-Up may take 4 - 5hrs for completion on week days & 5 - 6hrs on Saturdays, kindly plan accordingly, Doctor Consultation will be completed after all the Reports are ready.

Note: Speak Freely. Speak Free! Speak to our Doctor from 8:00 PM to 8:00 AM by calling 1860 500 7788 and press #2 on the IVR. Now get all your Health related queries answered by an expert! Service by Apollo Clinic.

Warm Regards, Apollo Team



Apollo Medical
Centre
Expertise. Closer to you

Date

: 13-05-2023

Department

: GENERAL

MR NO

CMAR.0000312372

Doctor

•

Name

: Mr. S GOWTHAM

Registration No

Qualification

Age/ Gender

34 Y / Male

< PO -9701;

Consultation Timing:

09:12

Weight: 79.37

BMI:

Waist Circum :

Height : Temp :

Pulse:

Resp:

B.P :

General Examination / Allergies

History

Clinical Diagnosis & Management Plan

Follow up date:

Doctor Signature

110 bpm	1			
Noom.	3	**************************************		
Location: Order Number: Visit: Indication: Medication 1: Medication 3: Medication 3:		<u>{</u>	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	
13.05.2023 13:13:17 APOLLO MEDICAL CENTRE KUNDALAHALLI BANGALORE Sinus tachycardia Otherwise normal ECG Otherwise normal CG		S	\$\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	
13.0 APOL APOL KUND 328 / 443 ms 130 ms 104 ms 544 / 545 ms 49 / 47 / 58 degrees	#	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\		\{ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \
Male Technician: Ordering Ph: Referring Ph: Attending Ph:				

ARROW CE

Unconfirmed 4x2.5x3_25_R1

50 Hz

0.56-20 Hz

ADS

25 mm/s 10 mm/mV

125L™ v241

1:1

MAC2000

GE







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ARCOFEMI - MEDIWHEE	L - FULL BODY ANNUA	L PLUS MALE	- 2D ECHO - PAN INDIA -	FY2324
	Result	Unit	Bio. Ref. Range	Method

HAEMOGLOBIN	15.4	g/dL	13-17	Spectrophotometer
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MCHC	32.4	g/dL	31.5-34.5	Calculated
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DIFFERENTIAL LEUCOCYTIC COUNT (D	LC)			- N. I.
NEUTROPHILS	62.9	%	40-80	Electrical Impedance
LYMPHOCYTES	24.6	%	20-40	Electrical Impedance
EOSINOPHILS	4.2	%	1-6	Electrical Impedance
MONOCYTES	8	%	2-10	Electrical Impedance
BASOPHILS	0.3	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT		27.1.1		
NEUTROPHILS	8485.21	Cells/cu.mm	2000-7000	Electrical Impedance
LYMPHOCYTES	3318.54	Cells/cu.mm	1000-3000	Electrical Impedance
EOSINOPHILS	566.58	Cells/cu.mm	20-500	Electrical Impedance
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RBCs: are normocytic normochromic

WBCs: are increased in total number with normal distribution and morphology.

PLATELETS: appear adequate in number.

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Age/Gender

: 34 Y 10 M 2 D/M

UHID/MR No

: CMAR.0000312372

Visit ID Ref Doctor : CMAROPV668762

Emp/Auth/TPA ID

: Dr.SELF

: 9449591971D

Collected

: 13/May/2023 09:48AM

Received

: 13/May/2023 01:37PM

Reported

: 13/May/2023 04:50PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

	DEPARTMENT OF	HAEMATOLO	GY	
ARCOFEMI - MEDIWHEE	L - FULL BODY ANNUA	L PLUS MALE	- 2D ECHO - PAN INDIA -	FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method

HEMOPARASITES: negative

IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE WITH LEUCOCYTOSIS









: Mr.S GOWTHAM

Age/Gender

: 34 Y 10 M 2 D/M

UHID/MR No

: CMAR.0000312372

Visit ID Ref Doctor : CMAROPV668762

Emp/Auth/TPA ID

: Dr.SELF : 9449591971D Collected

: 13/May/2023 09:48AM

Received

: 13/May/2023 01:37PM

Reported

: 13/May/2023 06:17PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

	DEPARTMENT OF	HAEMATOLO	GY	
ARCOFEMI - MEDIWHEE	L - FULL BODY ANNUA	L PLUS MALE	- 2D ECHO - PAN INDIA -	FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method

BLOOD GROUP ABO AND RH FACT	FOR , WHOLE BLOOD-EDTA	
BLOOD GROUP TYPE	A	Microplate Hemagglutination
Rh TYPE	Positive	Microplate Hemagglutination

Page 3 of 12



1860 500 7788







: Mr.S GOWTHAM

Age/Gender

: 34 Y 10 M 2 D/M

UHID/MR No

: CMAR.0000312372

Visit ID

: CMAROPV668762

Ref Doctor

: Dr.SELF

Emp/Auth/TPA ID

: 9449591971D

Collected

: 13/May/2023 09:48AM

Received

: 13/May/2023 01:30PM

Reported

: 13/May/2023 05:43PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

	DEPARTMENT OF	BIOCHEMIST	RY	
ARCOFEMI - MEDIWHEE	L - FULL BODY ANNUA	L PLUS MALE	- 2D ECHO - PAN INDIA -	FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method

GLUCOSE, FASTING , NAF PLASMA	134	mg/dL	70-100	HEXOKINASE
2.1				

Comment:

As per American Diabetes Guidelines

Fasting Glucose Values in mg/d L	Interpretation	
<100 mg/dL	Normal	
100-125 mg/dL	Prediabetes	
≥126 mg/dL	Diabetes	

GLUCOSE, POST PRANDIAL (PP), 2	228	mg/dL	70-140	HEXOKINASE	
HOURS , NAF PLASMA		170	3		

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Ref: Marks medical biochemistry and clinical approach

Page 4 of 12







: Mr.S GOWTHAM

Age/Gender

: 34 Y 10 M 2 D/M

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: ARCOFEMI HEALTHCARE LIMITED

	DEPARTMENT OF	BIOCHEMIST	RY	
ARCOFEMI - MEDIWHEE	L - FULL BODY ANNUA	L PLUS MALE	- 2D ECHO - PAN INDIA -	FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method

HBA1C, GLYCATED HEMOGLOBIN , WHOLE BLOOD-EDTA	7.0	%	HPLC
ESTIMATED AVERAGE GLUCOSE (eAG) , WHOLE BLOOD-EDTA	154	mg/dL	Calculated

Comment:

Reference Range as per American Diabetes Association (ADA):

REFERENCE GROUP	HBA1C IN %
NON DIABETIC ADULTS > 18 YEARS	<5.7
AT RISK (PREDIABETES)	5.7 – 6.4
DIAGNOSING DIABETES	≥ 6.5
DIABETICS	
· EXCELLENT CONTROL	6 – 7
· FAIR TO GOOD CONTROL	7 – 8
· UNSATISFACTORY CONTROL	8 – 10
· POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- A1C test should be performed at least two times a year in patients who are meeting treatment goals (and who have stable glycemic control).
- 2. Lowering A1C to below or around 7% has been shown to reduce microvascular and neuropathic complications of type 1 and type 2 diabetes. When mean annual HbA1c is <1.1 times ULN (upper limit of normal), renal and retinal complications are rare, but complications occur in >70% of cases when HbA1c is >1.7 times ULN.
- 3. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present. Fructosamine may be used as an alternate measurement of glycemic control

Page 5 of 12









: Mr.S GOWTHAM

Age/Gender

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: 9449591971D

: Dr.SELF

Collected

: 13/May/2023 09:48AM

Received

: 13/May/2023 01:32PM

Reported

: 13/May/2023 03:20PM

Status Sponsor Name : Final Report

: ARCOFEMI HEALTHCARE LIMITED

	DEPARTMENT OF	BIOCHEMIST	RY	
ARCOFEMI - MEDIWHEE	L - FULL BODY ANNUA	L PLUS MALE	- 2D ECHO - PAN INDIA -	FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method

TOTAL CHOLESTEROL	181	mg/dL	<200	CHO-POD
TRIGLYCERIDES	117	mg/dL	<150	GPO-POD
HDL CHOLESTEROL	48	mg/dL	40-60	Enzymatic Immunoinhibition
NON-HDL CHOLESTEROL	133	mg/dL	<130	Calculated
LDL CHOLESTEROL	109.9	mg/dL	<100	Calculated
VLDL CHOLESTEROL	23.4	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.78		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60		Language and the same of the s	
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations.

NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.

Page 6 of 12



1860 500 7788







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ARCOFEMI - MEDIWHEE	L - FULL BODY ANNUA	L PLUS MALE	- 2D ECHO - PAN INDIA -	FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method

BILIRUBIN, TOTAL	0.58	mg/dL	0.3-1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.12	mg/dL	<0.2	DPD
BILIRUBIN (INDIRECT)	0.46	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	28	U/L	<50	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	18.0	U/L	<50	IFCC
ALKALINE PHOSPHATASE	92.00	U/L	30-120	IFCC
PROTEIN, TOTAL	7.01	g/dL	6.6-8.3	Biuret
ALBUMIN	4.65	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	2.36	g/dL	2.0-3.5	Calculated
A/G RATIO	1.97		0.9-2.0	Calculated

Page 7 of 12









: Mr.S GOWTHAM

Age/Gender

: 34 Y 10 M 2 D/M

UHID/MR No.

Ref Doctor

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: ARCOFEMI HEALTHCARE LIMITED

	DEPARTMENT OF	BIOCHEMIST	RY	
ARCOFEMI - MEDIWHEE	L - FULL BODY ANNUA	L PLUS MALE	- 2D ECHO - PAN INDIA - I	FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method

CREATININE	0.81	mg/dL	0.72 - 1.18	JAFFE METHOD
UREA	24.50	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	11.4	mg/dL	8.0 - 23.0	Calculated
URIC ACID	6.04	mg/dL	3.5-7.2	Uricase PAP
CALCIUM	9.60	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	3.72	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	138	mmol/L	136-146	ISE (Indirect)
POTASSIUM	4.7	mmol/L	3.5-5.1	ISE (Indirect)
CHLORIDE	102	mmol/L	101-109	ISE (Indirect)

Page 8 of 12









: Mr.S GOWTHAM

Age/Gender

: 34 Y 10 M 2 D/M

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Status

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Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

	DEPARTMENT OF	BIOCHEMIST	RY	
ARCOFEMI - MEDIWHEE	I - FULL BODY ANNUA	L PLUS MALE	- 2D ECHO - PAN INDIA -	FY2324
ALCOI CIIII - IIICDITTICE			[] [[[[[[[[[[[[[[[[[[

GAMMA GLUTAMYL TRANSPEPTIDASE	28.00	U/L	<55	IFCC
BETTER STOCK TO THE STOCK AND THE STOCK AS A STOCK OF THE STOCK AS A STOCK OF THE S	=52.00.7			
(GGT), SERUM				

Page 9 of 12









: Mr.S GOWTHAM

Age/Gender

: 34 Y 10 M 2 D/M

UHID/MR No

: CMAR.0000312372

Visit ID Ref Doctor : CMAROPV668762

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: 9449591971D

: Dr.SELF

Collected

: 13/May/2023 09:48AM

Received

: 13/May/2023 01:39PM

Reported

: 13/May/2023 03:27PM

Status Sponsor Name : Final Report

: ARCOFEMI HEALTHCARE LIMITED

	DEPARTMENT O	F IMMUNOLOG	SY	
ARCOFEMI - MEDIWHEE	L - FULL BODY ANNUA	L PLUS MALE	- 2D ECHO - PAN INDIA -	FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method

TRI-IODOTHYRONINE (T3, TOTAL)	0.82	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	10.14	µg/dL	6.09-12.23	CLIA
THYROID STIMULATING HORMONE (TSH)	5.143	μIU/mL	0.34-5.60	CLIA

Comment:

Serum TSH concentrations exhibit a diurnal variation with the peak occurring during the night and the nadir occurring between 10 a.m. and 4 p.m.In primary hypothyroidism, thyroid-stimulating hormone (TSH) levels will be elevated. In primary hyperthyroidism, TSH levels will be low. Elevated or low TSH in the context of normal free thyroxine is often referred to as subclinical hypo- or hyperthyroid-ism, respectively. Physiological rise in Total T3 / T4 levels is seen in pregnancy and in patients on steroid therapy.

Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active.

Note:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)			
First trimester	0.1 - 2.5			
Second trimester	0.2 - 3.0			
Third trimester	0.3 - 3.0			

Page 10 of 12









Patient Name Age/Gender : Mr.S GOWTHAM

UHID/MR No

: 34 Y 10 M 2 D/M : CMAR.0000312372

Visit ID

: CMAROPV668762

Ref Doctor

: Dr.SELF

Emp/Auth/TPA ID

: 9449591971D

Collected

: 13/May/2023 09:47AM

Received

: 13/May/2023 02:10PM

Reported

: 13/May/2023 03:05PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

	DEPARTMENT OF CL	INICAL PATHO	LOGY	
ARCOFEMI - MEDIWHEE	L - FULL BODY ANNUA	L PLUS MALE	- 2D ECHO - PAN INDIA -	FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method

PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	HAZY		CLEAR	Visual
pH	5.5		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.025		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION		7		163
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFED EHRLICH REACTION
BLOOD	POSITIVE +		NEGATIVE	Peroxidase
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE
CENTRIFUGED SEDIMENT WET MO	OUNT AND MICROSCOPY			
PUS CELLS	2-3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1-2	/hpf	<10	MICROSCOPY
RBC	6-8	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

Page 11 of 12











: Mr.S GOWTHAM

Age/Gender

: 34 Y 10 M 2 D/M

UHID/MR No

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Visit ID Ref Doctor : CMAROPV668762

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: Dr.SELF

Collected

: 13/May/2023 09:47AM

Received

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Reported

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Status

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Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

	DEPARTMENT OF CL	INICAL PATHO	LOGY	
ARCOFEMI - MEDIWHEE	L - FULL BODY ANNUA	L PLUS MALE	- 2D ECHO - PAN INDIA -	FY2324

URINE GLUCOSE(POST PRANDIAL)	NEGATIVE	NEGATIVE	Dipstick
URINE GLUCOSE(FASTING)	NEGATIVE	NEGATIVE	Dipstick

*** End Of Report ***

Result/s to Follow: PERIPHERAL SMEAR

Dr. Prasanna M.B.B.S, M.D

Consultant Pathologist

Dr. Anita Shobha Flyrin M.B.B.S MD(Pathology) Consultant Pathologist

Page 12 of 12



: Mr. S GOWTHAM

UHID

: CMAR.0000312372

Reported on

: 13-05-2023 17:53

Adm/Consult Doctor

Age

: 34 Y M

OP Visit No

: CMAROPV668762

Printed on

: 13-05-2023 21:49

Ref Doctor

: SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal.

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear.

Both diaphragms are normal in position and contour.

Thoracic wall and soft tissues appear normal.

CONCLUSION:

No obvious abnormality seen

Printed on:13-05-2023 17:53

---End of the Report---

Dr. NAVEEN KUMAR K

Dr. NAVEEN KUMAR K
MBBS, DMRD Radiology, (DNB)
Radiology





: Mr. S GOWTHAM

UHID

: CMAR.0000312372

Reported on

: 13-05-2023 12:20

Adm/Consult Doctor

Age : 34 Y M

OP Visit No

: CMAROPV668762

Printed on

: 13-05-2023 15:09

Ref Doctor

: SELF

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

LIVER: Appears normal in size (15.4 cm), shape and shows diffuse increase in echopattern. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

GALLBLADDER: Partially distended.No definite calculi identified in this state of distension. No evidence of abnormal wall thickening noted.

SPLEEN: Appears normal in size, and shows normal echopattern. No focal parenchymal lesions identified.

PANCREAS: Head and body appears normal. Rest obscured by bowel gas.

KIDNEYS: Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis on either side.

Right kidney measures 9.9 cm and parenchymal thickness measures 1.7 cm.

Left kidney measures 10.5 cm and parenchymal thickness measures 1.8 cm.

URINARY BLADDER: Partially distended and appears normal. No evidence of abnormal wall thickening noted.

PROSTATE: Prostate is normal in size and echo-pattern.

No free fluid or lymphadenopathy is seen.

Visualized bowel loops appears normal.

IMPRESSION:

GRADE I FATTY LIVER.

NO SIGNIFICANT SONOGRAPHIC ABNORMALITY DETECTED.

Suggested clinical correlation and further evaluation if needed.

Report disclaimer:





Patient Name : Mr. S GOWTHAM Age : 34 Y M

UHID : CMAR.0000312372 OP Visit No : CMAROPV668762

Reported on : 13-05-2023 12:20 Printed on : 13-05-2023 15:09

Adm/Consult Doctor : Ref Doctor : SELF

1.Not all diseases/ pathologies can be detected in USG due to certain technical limitation, obesity, bowel gas, patient preparation and organ location.

- 2. USG scan being an investigation with technical limitation has to be correlated clinically; this report is not valid for medicolegal purpose
- 3 .please note: non obstructing ureteric calculi; small renal/ ureteric calculi may not always be detected on USG; a CT KUB is advised if symptoms persist .
- 4. Printing mistakes should immediately be brought to notice for correction.

5. This is USG Abdomen screening.

Printed on:13-05-2023 12:20 --- End of the Report---

Dr. NAVEEN KUMAR K
MBBS, DMRD Radiology, (DNB)
Radiology

Nauen. C



: CMAROPV668762

: 13-05-2023 18:43

Patient Name : Mr. S GOWTHAM Age/Gender : 34 Y/M

UHID/MR No.

: CMAR.0000312372

Sample Collected on

: RAD1997655

Ref Doctor

LRN#

: SELF

Emp/Auth/TPA ID : 9449591971D

DEPARTMENT OF RADIOLOGY

OP Visit No

Reported on

Specimen

X-RAY CHEST PA

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Both diaphragms are normal in position and contour.

Thoracic wall and soft tissues appear normal.

CONCLUSION:

No obvious abnormality seen

Dr. NAVEEN KUMAR K MBBS, DMRD Radiology, (DNB)

Nauem. 10

Radiology



Patient Name : Mr. S GOWTHAM Age/Gender : 34 Y/M

Sample Collected on : Reported on : 13-05-2023 12:22

Ref Doctor : SELF

Emp/Auth/TPA ID : 9449591971D

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

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- 2. USG scan being an investigation with technical limitation has to be correlated clinically; this report is not valid for medicolegal purpose
- 3 .please note: non obstructing ureteric calculi; small renal/ ureteric calculi may not always be detected on USG; a CT KUB is advised if symptoms persist .
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Namen. 10

Dr. NAVEEN KUMAR KMBBS, DMRD Radiology, (DNB)

Radiology