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- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR PRAVIN M NAVGIRE  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE Age : 33 Years  
**Collected At** : MAHAVIR NAGAR MAIN BRANCH

**Lab No.** : KGB8690 \*KGB8690\*  
**Reg. Date** : 22-Jul-2023 8:53 am  
**Report Date** : 22-Jul-2023 3:30 pm  
**Print Date** : 25-Jul-2023 5:54 pm

## BIOCHEMISTRY

TEST	RESULT		NORMAL VALUES
Blood Urea Nitrogen (BUN)	14.90		5 - 20 mg/dl
CREATININE	0.98	mg/dl	0.5 - 1.5 mg/dl
Serum Uric Acid	5.40	mg%	Male : 3.4 - 7.0 mg%
Age of the Patient	33		
eGFR	69.47	ml/min	

eGFR calculation based on MDRD guideline 2012  
 REFERENCE RANGE FOR CREATININE CLEARANCE ml/min

AGE	MALES	FEMALES	AGE	MALES	FEMALES
20-29	94-140	72-121	60-69	54-98	45-75
30-39	89-137	71-110	70-79	49-79	37-61
40-49	76-120	50-102	80-89	30-60	27-55
50-59	67-109	50-102	90-99	26-44	26-42

----- End of Report -----

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DR. BHAVINI KAMDAR  
 MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR PRAVIN M NAVGIRE  
 Referred By Dr : MEDIWHEEL  
 Sex : MALE Age : 33 Years  
 Collected At : MAHAVIR NAGAR MAIN BRANCH

Lab No. : KGB8690 \*KGB8690\*  
 Reg. Date : 22-Jul-2023 8:53 am  
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 Print Date : 25-Jul-2023 5:54 pm

## BLOOD GROUP

TEST	RESULT
Blood Group	'B'
Rh Factor	Positive

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR PRAVIN M NAVGIRE  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE Age : 33 Years  
**Collected At** : MAHAVIR NAGAR MAIN BRANCH

**Lab No.** : KGB8690 \*KGB8690\*  
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## BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	84.4	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	119.2	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: >= 200 (on more than one occasion)
URINE SUGAR (Post prandial)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

Comment:

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

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MD (PATH) MUM

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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR PRAVIN M NAVGIRE  
 Referred By Dr : MEDIWHEEL  
 Sex : MALE Age : 33 Years  
 Collected At : MAHAVIR NAGAR MAIN BRANCH

Lab No. : KGB8690 \*KGB8690\*  
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**COMPLETE BLOOD COUNT**

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	16.4	gm %	Male : 13 - 17.0 gm%
Erythrocytes ( Total RBCs)	4.96	mill. / cmm	Male : 4.2 - 5.8mill. / cmm
PCV	48	%	Male : 37 - 51 %
MCV	<b>96.80</b>	fl	80- 96 fl
MCH	<b>33.00</b>	pg	27 - 32 pg
MCHC	34.10	gm%	32 - 37 gm%
RDW	13	%	12 - 14.5
<b>TOTAL WBC COUNT</b>			
TOTAL WBC COUNT	<b>3810</b>	/ cumm	4,000 - 11,000
<b>DIFFERENTIAL COUNT</b>			
Neutrophils	50	%	40 - 75
Lymphocytes	40	%	20 - 40
Eosinophils	06	%	0 - 6
Monocytes	04	%	2 - 8
Platelet count	304000	Lacs/cmm	150000-450000
<b>PERIPHERAL SMEAR</b>			
RBC Morphology	Macro		
WBC Morphology	Leucopenia present		
Platelets Morphology	Adequate		

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DR. BHAVINI KAMDAR  
 MD (PATH) MUM

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR PRAVIN M NAVGIRE

Referred By Dr : MEDIWHEEL

Sex : MALE Age : 33 Years

Collected At : MAHAVIR NAGAR MAIN BRANCH

Lab No. : KGB8690 \*KGB8690\*

Reg. Date : 22-Jul-2023 8:53 am

Report Date : 22-Jul-2023 3:11 pm

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ESR (westergren's method)

7

mm/hr

Male: 0 - 10 mm

Female: 0 - 20 mm

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MD (PATH) MUM

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR PRAVIN M NAVGIRE  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE Age : 33 Years  
**Collected At** : MAHAVIR NAGAR MAIN BRANCH

**Lab No.** : KGB8690 \*KGB8690\*  
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## GLYCOSYLATED HAEMOGLOBIN (HbA1c)

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5.3	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	105.41		
METHOD : NEPHELOMETRY			

### DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%  
 Impaired glucose tolerance: 5.8% to 6.4%  
 Diabetes: 6.5% or more

### CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less  
 Fair control: 7.0% to 8.0%  
 Poor control: More than 8.0%

### Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

----- End of Report -----

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DR. BHAVINI KAMDAR

MD (PATH) MUM

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# HEALTHCARE

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**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE Age : 33 Years  
**Collected At** : MAHAVIR NAGAR MAIN BRANCH

**Lab No.** : KGB8690 \*KGB8690\*  
**Reg. Date** : 22-Jul-2023 8:53 am  
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## LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	172	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	97.3	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	49.6	mg / dl	40 - 60 mg / dl
VLDL	19.46	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	<b>102.94</b>	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl

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# HEALTHCARE

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**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE Age : 33 Years  
**Collected At** : MAHAVIR NAGAR MAIN BRANCH

**Lab No.** : KGB8690 \*KGB8690\*  
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CHOLESTEROL / HDL 3.47 < 5

LDL / HDL 2.08 < 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.  
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL  
 Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR PRAVIN M NAVGIRE  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE Age : 33 Years  
**Collected At** : MAHAVIR NAGAR MAIN BRANCH

**Lab No.** : KGB8690 \*KGB8690\*  
**Reg. Date** : 22-Jul-2023 8:53 am  
**Report Date** : 22-Jul-2023 3:29 pm  
**Print Date** : 25-Jul-2023 5:54 pm

## LIVER FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	0.57	mg / dl	0.5 - 1.0 mg / dl
Bilirubin Direct	0.25	mg / dl	0.1 - 0.3 mg / dl
Bilirubin Indirect	0.32	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	15	U / L	Up to 49 U / L
S.G.O.T.	17.00	U / L	Up to 46 U / L
Alkaline Phosphatase	80.0	U/l	1 - 12 Years: 54 - 369 U/l 20 - 59 Years: 53 - 128 U/l > 60 Years: 56 - 119 U/l
Total Proteins	7.52	gm / dl	6 - 8 gm / dl
Albumin	3.93	gm / dl	3.2 - 5.5 gm / dl
Globulin	<b>3.59</b>	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.09		1.0- 2.3
GGT	25	IU/L	5 - 50 IU/L

----- End of Report -----

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DR. BHAVINI KAMDAR  
MD (PATH) MUM

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR PRAVIN M NAVGIRE  
Referred By Dr : MEDIWHEEL  
Sex : MALE Age : 33 Years  
Collected At : MAHAVIR NAGAR MAIN BRANCH

Lab No. : KGB8690 \*KGB8690\*  
Reg. Date : 22-Jul-2023 8:53 am  
Report Date : 23-Jul-2023 3:33 pm  
Print Date : 25-Jul-2023 5:54 pm

## STOOL ROUTINE & MICROSCOPY

TEST	RESULT
<b>PHYSICAL EXAMINATION</b>	
Colour	Brownish
Form ( Consistency )	Semisolid
Mucus	Absent
Blood (Frank)	Absent
Parasites	Absent
<b>CHEMICAL EXAMINATION</b>	
Reaction	Acidic
Occult Blood	Absent
Reducing Substance	Absent
<b>MICROSCOPIC EXAMINATION</b>	
Red Blood Cells	Not seen
Epithelial Cells	Not seen
Pus Cells	1-2 / hpf
Macrophages	Not seen
Cyst/Ova/Trophozoites	Not seen
Fat globules	Absent

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MD (PATH) MUM

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR PRAVIN M NAVGIRE  
Referred By Dr : MEDIWHEEL  
Sex : MALE Age : 33 Years  
Collected At : MAHAVIR NAGAR MAIN BRANCH

Lab No. : KGB8690 \*KGB8690\*  
Reg. Date : 22-Jul-2023 8:53 am  
Report Date : 23-Jul-2023 3:33 pm  
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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR PRAVIN M NAVGIRE  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE **Age** : 33 Years  
**Collected At** : MAHAVIR NAGAR MAIN BRANCH

**Lab No.** : KGB8690 \*KGB8690\*  
**Reg. Date** : 22-Jul-2023 8:53 am  
**Report Date** : 22-Jul-2023 6:17 pm  
**Print Date** : 25-Jul-2023 5:54 pm

## T3 T4 TSH

TEST	RESULT	UNITS	NORMAL VALUES
T3 [ Tri - iodothyronine ]	172.366	ng/dl	91.14 - 237.61 ng/dl
T4 [ Thyroxine ]	8.618	ug/dl	4.71 - 13.20 ug/dl
TSH [Thyroid Stimulating Hormone]	3.530	uIU/mL	0.3 - 4.3 uIU/mL

METHOD: CLIA

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.
- 4.Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens,Estrogens. O C Pills,Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

----- End of Report -----

\* RECHECKED & CONFIRMED

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR PRAVIN M NAVGIRE  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE Age : 33 Years  
**Collected At** : MAHAVIR NAGAR MAIN BRANCH

**Lab No.** : KGB8690 \*KGB8690\*  
**Reg. Date** : 22-Jul-2023 8:53 am  
**Report Date** : 22-Jul-2023 5:21 pm  
**Print Date** : 25-Jul-2023 5:54 pm

## URINE ROUTINE & MICROSCOPY

TEST	RESULT
<b>PHYSICAL EXAMINATION</b>	
Quantity	15 ml
Colour	Pale yellow
Appearance	Slightly Hazy
Deposit	Absent
pH	Acidic (5.0 )
Specific Gravity	1.010
<b>CHEMICAL EXAMINATION</b>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<b>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</b>	
Red Blood Cells	Absent
Pus Cells	1-2/ hpf /hpf
Epithelial Cells	1-2/ hpf /hpf

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name : MR PRAVIN M NAVGIRE**  
**Referred By Dr : MEDIWHEEL**  
**Sex : MALE Age : 33 Years**  
**Collected At : MAHAVIR NAGAR MAIN BRANCH**

**Lab No. : KGB8690 \*KGB8690\***  
**Reg. Date : 22-Jul-2023 8:53 am**  
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Casts	Not seen	
Crystals	Not seen	/hpf
Yeast	Not seen	
Bacteria	Absent	

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Healthcare Diagnostics &lt;healthcare.medicals@gmail.com&gt;

**Health Check up Booking Confirmed Request(bobE42395),Package Code-PKG10000240, Beneficiary Code-59606**

2 messages

Wellness : Mediwheel : New Delhi <wellness@mediwheel.in>  
To: "healthcare.medicals@gmail.com" <healthcare.medicals@gmail.com>  
Cc: "Customer Care :Mediwheel : New Delhi" <customercare@mediwheel.in>

Wed, Jul 19, 2023 at 12:37 PM



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**011-41195959**

Email:wellness@mediwheel.in

Hi **Healthcare Medical Centre and Diagnostic**,

Diagnostic/Hospital Location :**76/754 Mahavir Suryadarshan Soc., Satyanagar Road, Mahavir Nagar, Kandivali West, Mumbai 400 067 ,City:Mumbai**

We have received the confirmation for the following booking .

**Beneficiary Name** : PKG10000240

**Beneficiary Name** : MR. NAVGIRE PRAVIN MADHUKARRAO

**Member Age** : 31

**Member Gender** : Male

**Member Relation** : Employee

**Package Name** : Medi-Wheel Metro Full Body Health Checkup Male Below 40

**Location** : IGATPURI,Maharashtra-422403

**Contact Details** : 7757900101

**Booking Date** : 18-07-2023

**Appointment Date** : 22-07-2023

**Instructions to undergo Health Check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

**For Women:**

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.

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Government of India

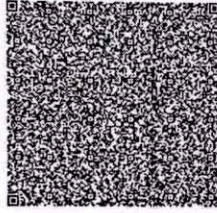
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नोंदणी क्रमांक:/ Enrolment No.: 0648/57013/02103

To  
प्रवीण मधुकरराव नवगिरे  
Pravin Madhukarrao Navgire  
C/O: Madhukar Navgire  
A/304, Charkop Anupam CHSL  
Sec No-8, Plot No-25, RSC 22  
Near Swami Samarth Mandir  
Charkop, Kandivli West  
Mumbai  
Mumbai Suburban Maharashtra - 400067  
7757900101

Signature valid

Digitally signed by Pravin Madhukarrao Navgire  
DN: cn=Pravin Madhukarrao Navgire, o=Unique Identification Authority of India, ou=UIDAI, email=pravin.navgire@uidai.gov.in, c=IN



आपला आधार क्रमांक / Your Aadhaar No. :

**9830 0560 9127**

VID : 9143 9974 7348 6082

माझे आधार, माझी ओळख



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Government of India



प्रवीण मधुकरराव नवगिरे  
Pravin Madhukarrao Navgire  
जन्म तारीख/DOB: 28/02/1989  
पुरुष/ MALE

**9830 0560 9127**

VID : 9143 9974 7348 6082

माझे आधार, माझी ओळख



Government of India



AADHAAR

माहिती / INFORMATION

- आधार हा ओळखीचा पुरावा आहे, नागरिकत्वाचा नाही.
- आधार अद्वितीय आणि सुरक्षित आहे.
- सुरक्षित QR कोड/ ऑफलाइन XML/ ऑनलाइन प्रमाणीकरण वापरून ओळख सत्यापित करा.
- आधार कार्ड, पीव्हीसी कार्ड्स, ईआधार आणि mAadhaar सारखे आधारचे सर्व प्रकार तितकेच वैध आहेत. १२ अंकी आधार क्रमांकाच्या जागी व्हर्चुअल आधार ओळख (VID) देखील वापरली जाऊ शकते.
- 10 वर्षांतून एकदा तरी आधार अपडेट करा.
- आधार तुम्हाला विविध सरकारी आणि गैर-सरकारी लाभ/सेवांचा लाभ घेण्यास मदत करते.
- आधारमध्ये तुमचा मोबाईल नंबर आणि ईमेल आयडी अपडेट ठेवा.
- आधार सेवांचा लाभ घेण्यासाठी स्मार्टफोनवर mAadhaar ॲप डाउनलोड करा.
- सुरक्षितता सुनिश्चित करण्यासाठी लॉक/अनलॉक बायोमेट्रिक्स/आधार या वैशिष्ट्यांचा वापर करा.
- आधारची मागणी करणाऱ्या योग्य संमती संस्थांनी शोध घेणे बंधनकारक आहे.
- Aadhaar is a proof of identity, not of citizenship.
- Aadhaar is unique and secure.
- Verify identity using secure QR code/offline XML/online Authentication.
- All forms of Aadhaar like Aadhaar letter, PVC Cards, eAadhaar and mAadhaar are equally valid. Virtual Aadhaar Identity (VID) can also be used in place of 12 digit Aadhaar number.
- Update Aadhaar at least once in 10 years.
- Aadhaar helps you avail various Government and Non-Government benefits/services.
- Keep your mobile number and email id updated in Aadhaar.
- Download mAadhaar app on smart phones to avail Aadhaar Services.
- Use the feature of lock/unlock Aadhaar/biometrics to ensure security.
- Entities seeking Aadhaar are obligated to seek due consent.

Dr. NUPUR RAJ  
MBBS, DIPLOMA CARDIOLOGY (PDCO)  
Reg. No.. 2018115643

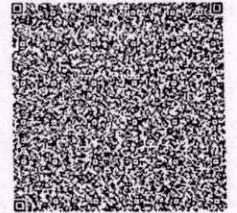


भारतीय विशिष्ट ओळख प्राधिकरण  
Unique Identification Authority of India



पत्ता:  
मार्केट: मधुकर नवगिरे, ए/304, चारकोप अनूपम  
सीएचएसएल, सेक्टर नं-8, प्लॉट नं-25, आरएससी 22,  
स्वामी समर्थ मंदिर जवळ, चारकोप, कांदिवली वेस्ट, मुंबई,  
मुंबई उपनगर,  
महाराष्ट्र - 400067

Address:  
C/O: Madhukar Navgire, A/304, Charkop  
Anupam CHSL, Sec No-8, Plot No-25, RSC 22,  
Near Swami Samarth Mandir, Charkop,  
Kandivli West, Mumbai, Mumbai Suburban,  
Maharashtra - 400067



**9830 0560 9127**

VID : 9143 9974 7348 6082

1947 | help@uidai.gov.in | www.uidai.gov.in

Healthcare  
Mahavir Suryadarshan Soc.  
Satya Nagar Road, Mahavir Nagar,  
Kandivali (W), Mumbai - 400 067  
Tel. No. 2669 7808



- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



<b>NAME:</b>	MR PRAVIN NAVGIRE	<b>DATE:</b>	22/07/2023
<b>HEIGHT:170CMS</b>	<b>WEIGHT:77.5 KGS</b>	<b>AGE:</b>	33YRS
<b>REFERRED BY:</b>	<b>MEDIWHEEL</b>	<b>SEX:</b>	<b>MALE</b>

<b>PRESENT COMPLAIN:</b> NIL	
<b>CURRENT MEDICATION:</b> NIL	
<b>PAST HISTORY:</b> NIL	
<b>FAMIL HISTORY:</b> FATHER:HTN,MOTHER:DM	
<b>ALLERGY:</b> NIL	<b>HABITS:</b> NIL
<b>BLADDER:</b> NAD	<b>BOWEL:</b> NAD
<b>GENERAL EXAMINATION:</b>	<b>ADVICE-</b>
P: 82/min BP:110/70 mm of hg	
<b>ICTERUS:</b> NIL	<b>OEDEMA:</b> NIL
<b>OTHERS:</b> NAD	
<b>RS:</b> NAD	
<b>CVS:</b> NAD	
<b>PA:</b> NAD	
<b>CNS:</b> NAD	
<b>INVESTIGATION:</b>	

*To repeat CBC after 2 weeks.*

*Fit for employment.*

**Dr. NUPUR RAI**  
 MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
 Reg. No. 2010115643  
 [M.D.]

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 Kandivali (W), Mumbai - 400 067  
 Tel. No. 2869 7808

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NAME	MR PRAVIN M NAVGIRE	DATE	22.07.2023
		AGE	33YRS
REF. BY DR.	MEDIWHEEL	SEX	MALE

**REAL TIME ABDOMINAL SONOGRAPHY SHOWS**

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**LIVER :** Liver is normal in size showing increase parenchymal echotexture. There is no evidence of solid or cystic mass. The portal and the hepatic venous system appears normal.

**Gall bladder :** The Gall bladder is well distended .The gall bladder wall of normal thickness . No evidence of gall stones.

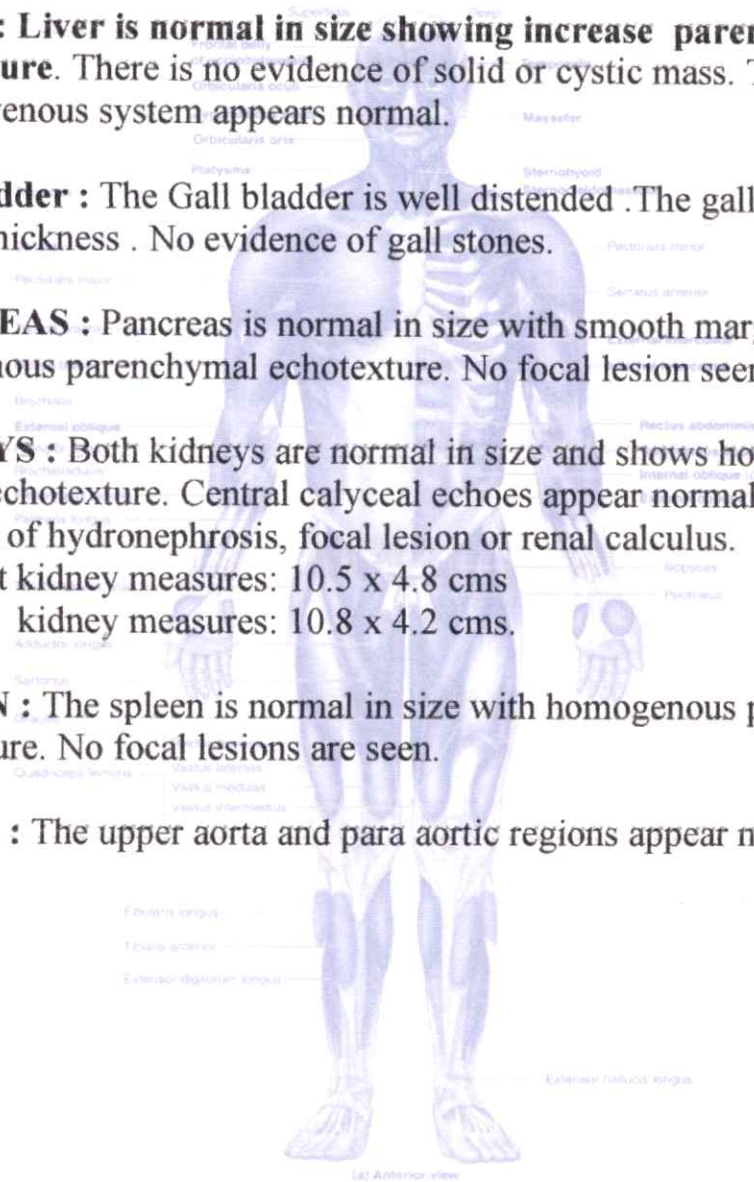
**PANCREAS :** Pancreas is normal in size with smooth margin and homogenous parenchymal echotexture. No focal lesion seen.

**KIDNEYS :** Both kidneys are normal in size and shows homogenous cortical echotexture. Central calyceal echoes appear normal. There is no evidence of hydronephrosis, focal lesion or renal calculus.

- (a) Right kidney measures: 10.5 x 4.8 cms
- (b) Left kidney measures: 10.8 x 4.2 cms.

**SPLEEN :** The spleen is normal in size with homogenous parenchymal echotexture. No focal lesions are seen.

**AORTA :** The upper aorta and para aortic regions appear normal.



- COMPUTED TOMOGRAPHY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
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<b>NAME</b>	<b>MR PRAVIN M NAVGIRE</b>	<b>DATE</b>	<b>22.07.2023</b>
		<b>AGE</b>	<b>33YRS</b>
<b>REF. BY DR.</b>	<b>MEDIWHEEL</b>	<b>SEX</b>	<b>MALE</b>

**URINARY BLADDER :** Urinary bladder is well distended. No evidence of calculus or intraluminal mass seen in the bladder.

**PROSTATE :** Prostate is normal in size & and shows homogenous echopattern. No evidence of focal lesion.

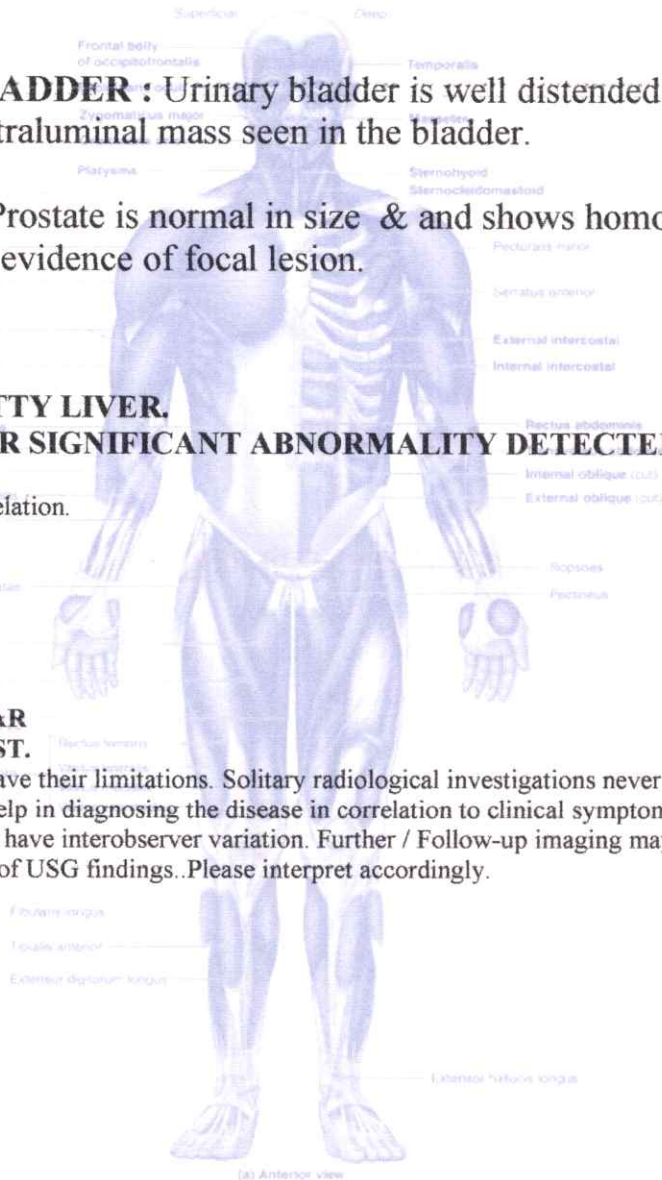
**IMPRESSION :**

- **MILD FATTY LIVER.**
- **NO OTHER SIGNIFICANT ABNORMALITY DETECTED.**

Suggest : Clinical correlation.

*for*  
*SN*  
**DR. SACHIN JADKAR**  
**CONS.RADIOLOGIST.**

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variation. Further / Follow-up imaging may be needed in some cases for confirmation of USG findings..Please interpret accordingly.



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DATE: 22/7/23

TO,

Medihealth

This is regarding your client Miss/Mrs./Mr. Pravin

Shagline Proposal number \_\_\_\_\_

Visited to our centre on 22/7/23 for her/his proposed tests.

All tests are done as scheduled except

Pending/skipped tests: Stool

Reason: will give sample afterwards

We are canceling / will reschedule it as per her/his convenience.

Thank you.

[Signature]

Client's sign

**Healthcare**  
Mahavir Suryadasi Soc.  
Satya Nagar Road, Mahavir Nagar,  
Kandivali (W), Mumbai - 400 067  
Tel. No. 2869 7808

[Signature]

Medical Examiner

**Dr. NUPUR RAI**  
MBBS, DIPLOMA CARDIOLOGY (PGDCG)  
Reg. No.. 2018115643

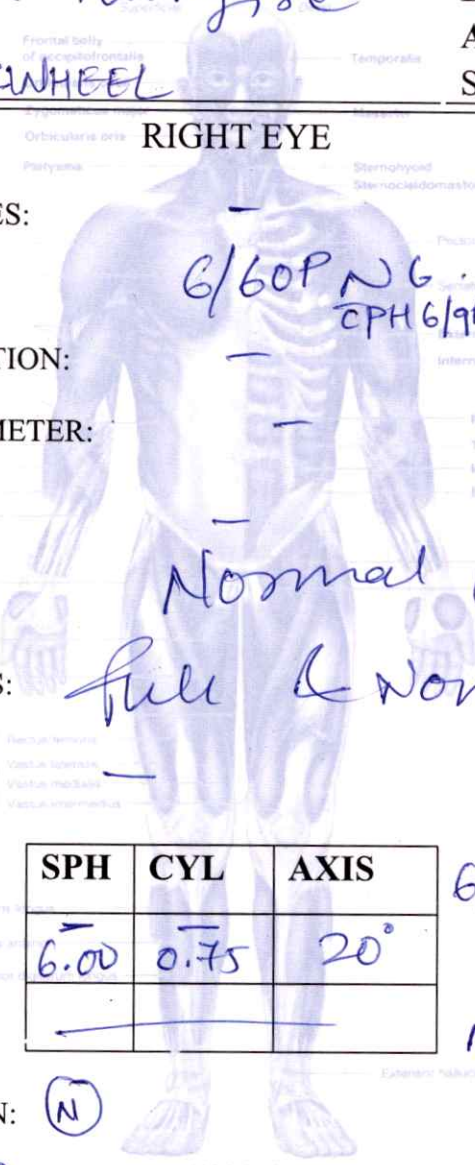
- COMPU. PATHOLOGY • ALLERGY TESTING
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**OPHTHALMIC REPORT**

<b>NAME</b> <i>Pravin Navgire</i>	<b>DATE</b> <i>22/7/28</i>
<b>R-NO</b>	<b>AGE</b> <i>33</i>
<b>REF. BY DR. MEDIWHEEL</b>	<b>SEX</b> <i>Male</i>



**RIGHT EYE**

**LEFT EYE**

V.A. WITHOUT GLASSES: -

V.A. WITH GLASSES: *6/60P NG. CPH 6/9P*

SLIT LAMP EXAMINATION: -

IOP - SCHIOTZ TONOMETER: -

FUNDUS: -

COLOUR VISION: *Normal (BE)*  
(ISHIHARA CHART)

OCULAR MOVEMENTS: *full & normal*

RETINOSCOPY: -

Prescription:

DISTANCE

NEAR

SPH	CYL	AXIS
<i>6.00</i>	<i>0.75</i>	<i>20°</i>
<i>---</i>		

*6/9*

*N6*

SPH	CYL	AXIS
<i>5.00</i>	<i>0.75</i>	<i>160°</i>
<i>---</i>		

*6/9*

*N6*

CLINICAL IMPRESSION: *(N)*

ADVICE: *glasses.*

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Tel. No. 2869 7808

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- CORPORATE HEALTH CHECKUPS



<b>NAME</b>	<b>MR PRAVIN M NAVGIRE</b>	<b>DATE</b>	<b>22.07.2023</b>
		<b>AGE</b>	<b>33YRS</b>
<b>REF. BY DR.</b>	<b>MEDIWHEEL</b>	<b>SEX</b>	<b>MALE</b>

**X-RAY CHEST (PAVIEW).**

The lungs on the either side show equal translucency.

The pleural spaces are normal.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

**IMPRESSION :**

**NO EVIDENCE OF PLEURAL OR PARENCHYMAL PATHOLOGY IS NOTED.**

**Correlate clinically .**

*DR*  
**DR,SACHIN JADKAR**  
**Consultant Radiologist**

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly

- COMPU. PATHOLOGY
- DIGITAL X-RAY
- DIGITAL SONOGRAPHY
- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY ( BMD )
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



MEDICAL CENTRE & DIAGNOSTICS

# ELECTROCARDIOGRAM (ECG)

MR PRAVIN M NAVGIRE  
EKGB8690 22-Jul-2023



ECG

PATIENT MR PRAVIN M NAVGIRE AGE 33 SEX M  
 REF. BY DR. MEDIWHEEL DATE 22-07-2023



INTERPRETATION : Normal

Healthcare

Mahavir Suryadarshan Soc.  
 Saiya Nagar Road, Mahavir-Nagar,  
 Mandivali (W), Mumbai - 400 067  
 Tel. No. 2869 7808

Dr. Dr. NIPPUR RAI

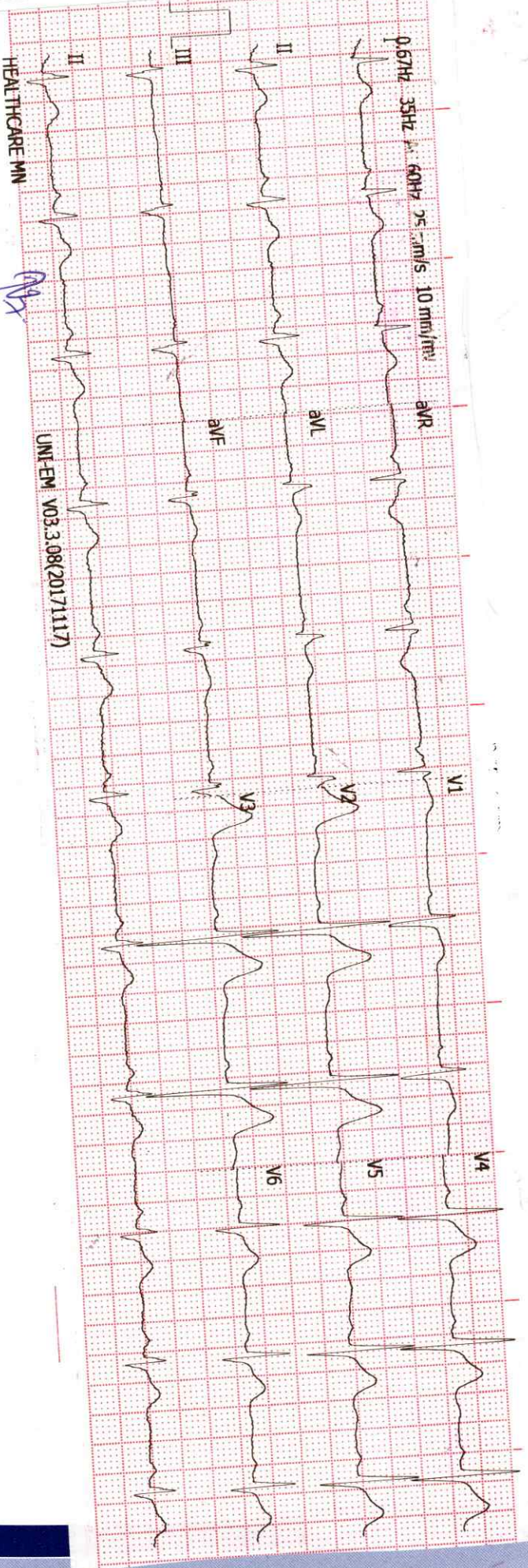
MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
 Reg. No. 2018115643

0.67Hz 35Hz 60Hz 25 mV/s 10 mm/10s

HEALTHCARE MN

UNI-EM V03.3.08(20171117)

*Handwritten signature*





History : .....

B.P. : .....

Drugs : .....

Standard : .....

Auricular Rate : .....

Ventricular Rate : .....

Rhythm : .....

Mechanism : .....

Voltage : .....

Axis : .....

P. Waves : .....

PR Interval : .....

Q. Waves : .....

QRS Interval : .....

ST Sigmoid : .....

T. Waves : .....

QT Interval : .....

Extra Systoles : .....

REMARKS & CONCLUSIONS : .....

Normal

# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MAHAVIR SURYADARSHAN SOC SATYANAGAR ROAD  
MAHAVIR NAGAR KANDIVALI WEST 400068

**MR PRAVIN NAVGIRE**  
ID : 925  
DATE : 22/07/2023  
AGE/SEX : 33 /M  
HT/WT : 170 / 78  
REF. BY : MEDWHEEL

**TREADMILL TEST REPORT**

PROTOCOL : Bruce  
HISTORY : Checkup/Physical fitness,  
INDICATION : HEALTH CHECK UP  
MEDICATION : NONE

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS
								I1	V1	V5	
SUPINE					56	110 / 70	61	2	0.7	2.1	
STANDING					57	110 / 70	62	2.9	0.8	3.6	
HYPERVENT					60.	110 / 70	66	1.9	0.9	2.2	
Stage 1	2:55	2:55	2.7	10	96	120 / 80	115	2.9	0.3	2.5	4.67
Stage 2	5:55	2:55	4	12	115	130 / 90	149	1	0.7	3.1	7.04
Stage 3	8:55	2:55	5.4	14	129	140 / 100	180	1.8	-0.5	2.9	9.92
PK-EXERCISE	11:10	2:10	6.7	16	157	150 / 100	235	2.5	-0.3	3.3	12.89
RECOVERY	12:15	0:55			113	160 / 110	180	4	0.4	4.6	
RECOVERY	13:22	2:2			95	150 / 100	142	3.1	0.8	3.5	
RECOVERY	14:15	2:55			97	140 / 90	135	2.1	0.4	2.1	
RECOVERY	15:2	3:42			83	130 / 80	107	1.7	0.4	2.2	

**RESULTS**

EXERCISE DURATION : 11:10  
MAX HEART RATE : 159 bpm  
MAX BLOOD PRESSURE : 160 / 110 mm Hg  
REASON OF TERMINATION : Achieved THR,  
BP RESPONSE : Normal,  
ARRYTHMIA : None,  
H.R. RESPONSE : Normal Chronotropic Response,

MAX WORK LOAD : 12.89 METS

**IMPRESSIONS**

*From* ~~PK-EXERCISE~~ EFFORT TOLERANCE, NO ANGINA, NO ARRHYTHMIA, NORMAL HR, BP RESPONSE, NO SIGNIFICANT ST CHANGES NOTED DURING TEST AS COMPARED TO BASELINE ECG, STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA,

**Healthcare**  
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Satya Nagar Road, Mahavir Nagar,  
Kandivali (W), Mumbai - 400 067  
Tel. No. 2869 7808

Technician : 1

**DR. NUPUR RAI**  
**PROVIDER (REGD)**  
MBBS, DNB (CARDIOLOGY)  
Reg. No.: 2018115643

# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR PRAVIN NAVGIRE  
 I.D. 925  
 Age 33/M  
 Date 22/07/2023

RATE 56bpm  
 B.P. 110/70

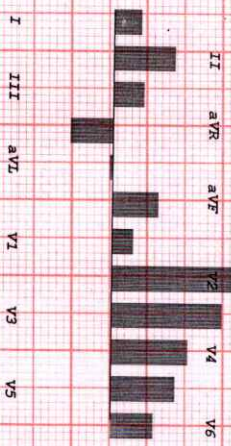
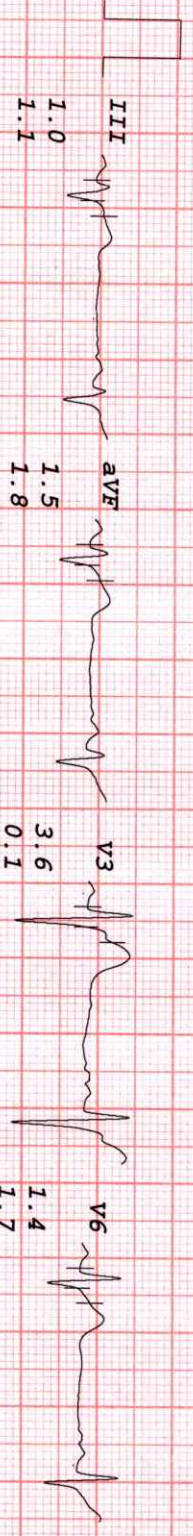
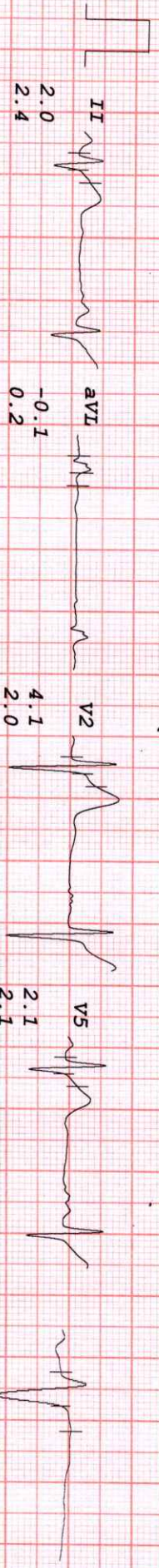
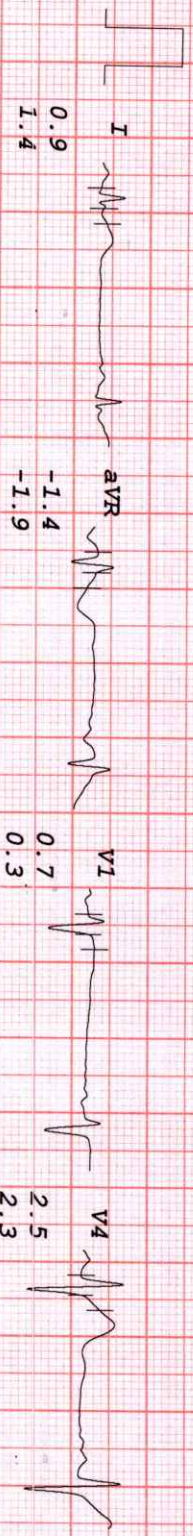
PRETEST  
 SUPINE

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

MAG. X 2

V1



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR PRAVIN NAVGIRE  
 I.D. 925  
 Age 33/M  
 Date 22/07/2023

RATE 57bpm  
 B.P. 110/70

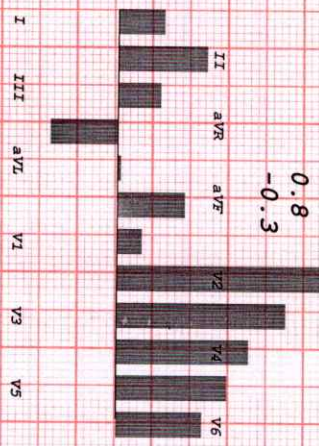
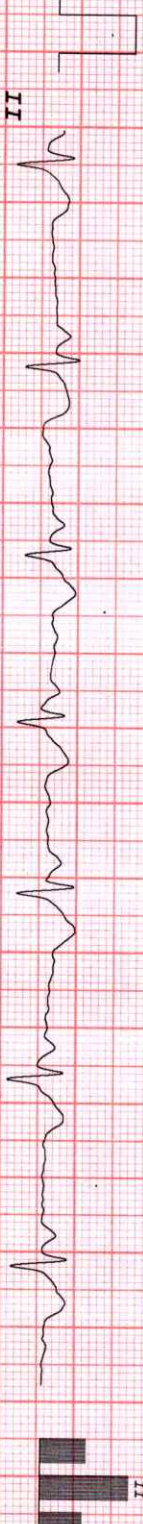
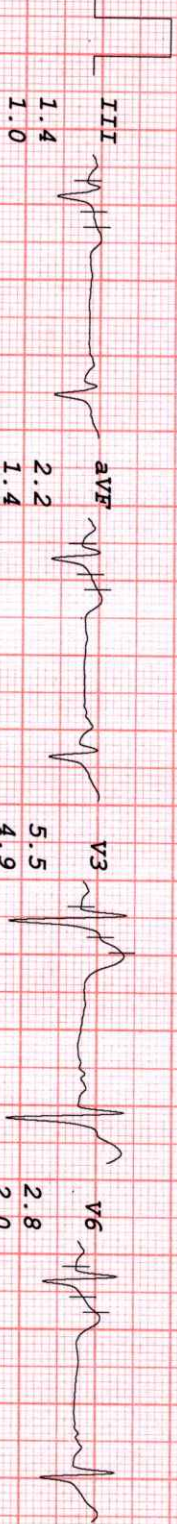
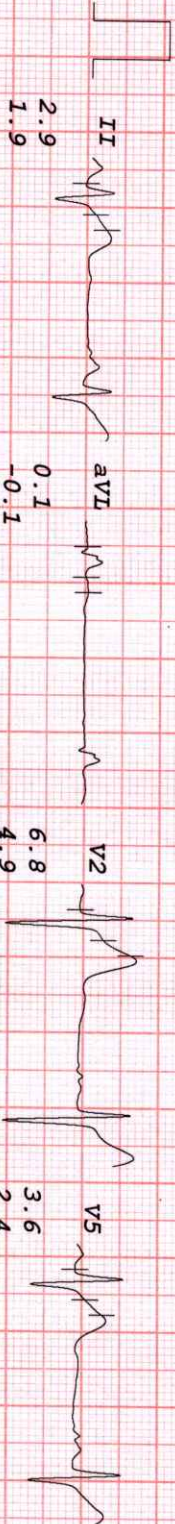
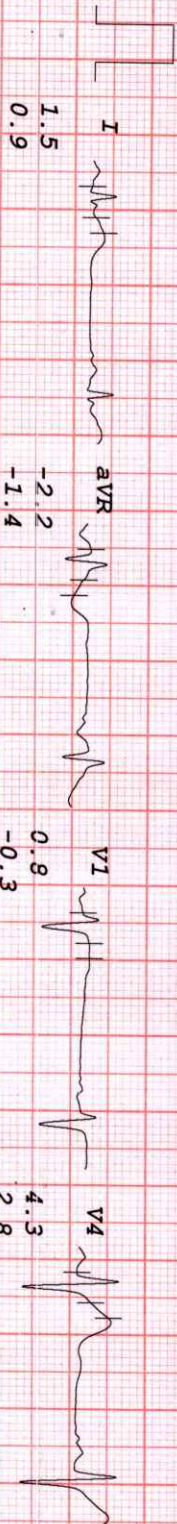
PRETEST  
 STANDING

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR PRAVIN NAVGIRE  
 I.D. 925  
 Age 33/M  
 Date 22/07/2023

RATE 60bpm  
 B.P. 110/70

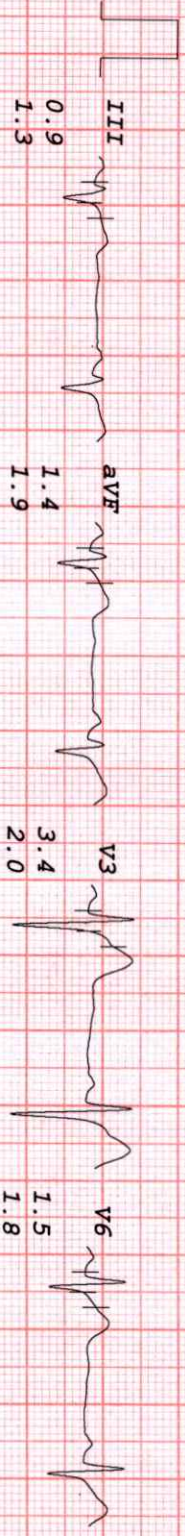
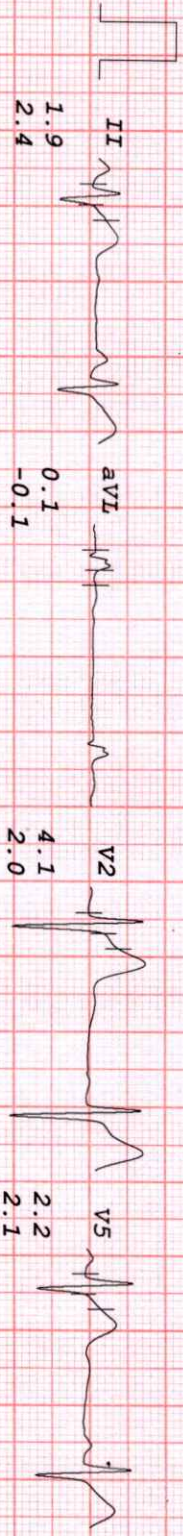
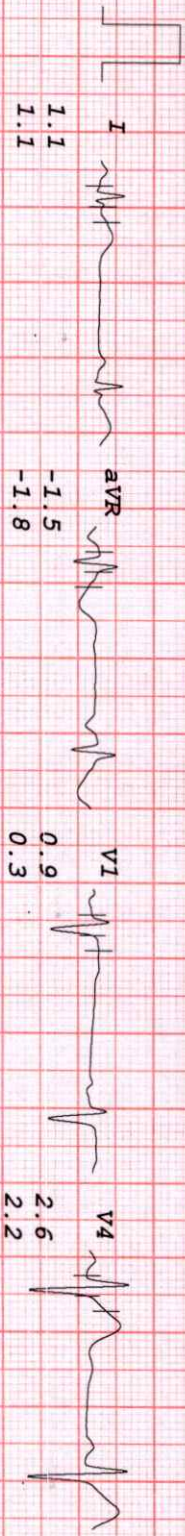
PRETEST  
 HYPERVENT  
 PHASE TIME 0:12

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR PRAVIN NAVGIRE

I.D. 925

Age 33/M

Date 22/07/2023

RATE 96bpm  
B.P. 120/80

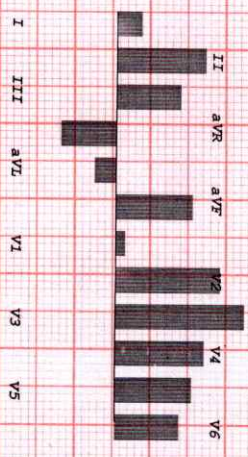
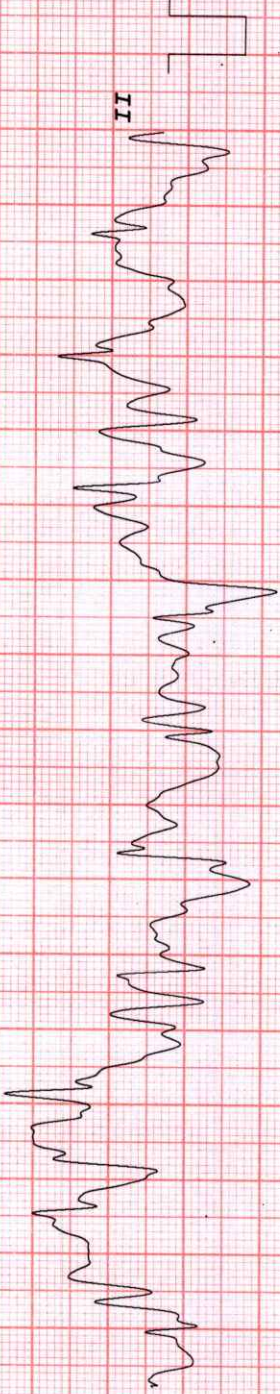
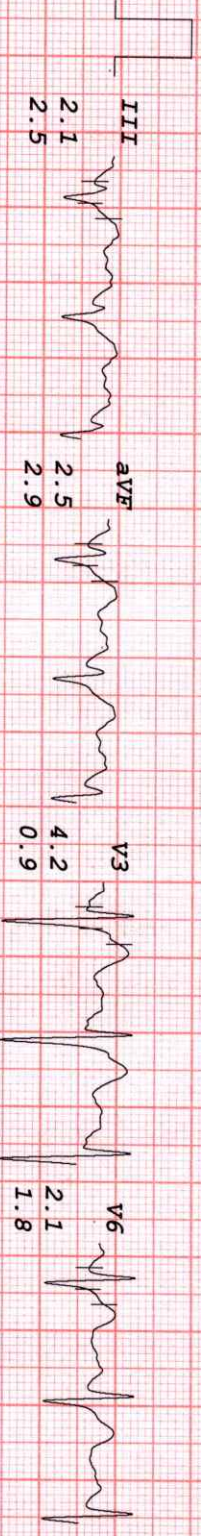
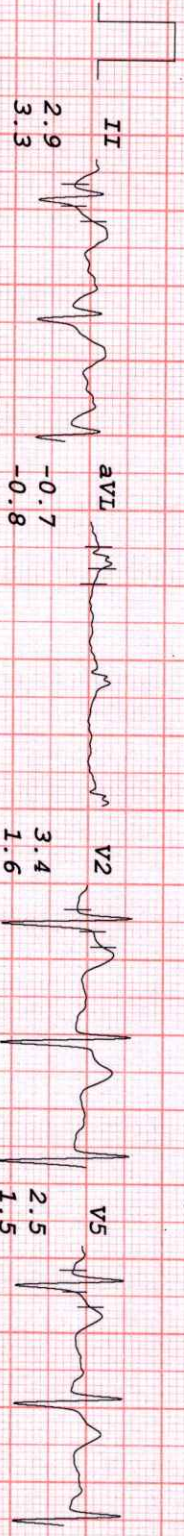
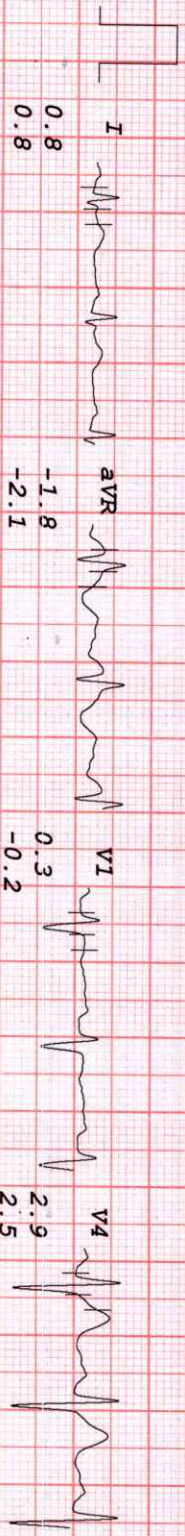
Bruce  
Stage 1  
TOTAL TIME 2:55  
PHASE TIME 2:55

ST @ 10mm/mv  
80ms PostJ  
Speed 2.7 km/hr  
SLOPE 10 %

LINKED MEDIAN

MAG. X 2

V1



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR PRAVIN NAVGIRE  
 I.D. 925  
 Age 33/M  
 Date 22/07/2023

RATE 115bpm  
 B.P. 130/90

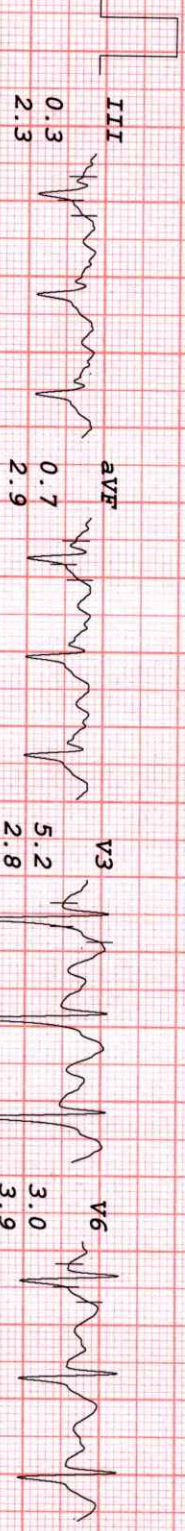
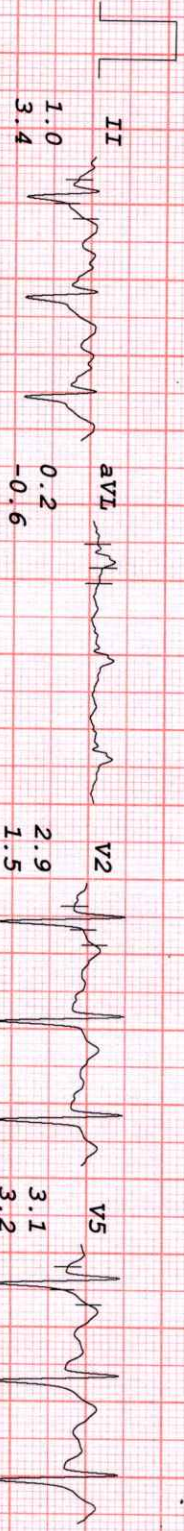
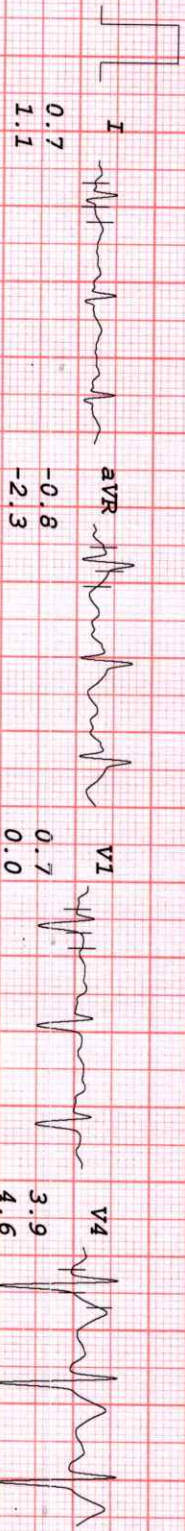
Bruce  
 Stage 2  
 TOTAL TIME 5:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 4 km/hr  
 SLOPE 12 %

LINKED MEDIAN

Mag. X 2

III



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR PRAVIN NAVGIRE  
 I.D. 925  
 Age 33/M  
 Date 22/07/2023

RATE 129bpm  
 B-P. 140/100

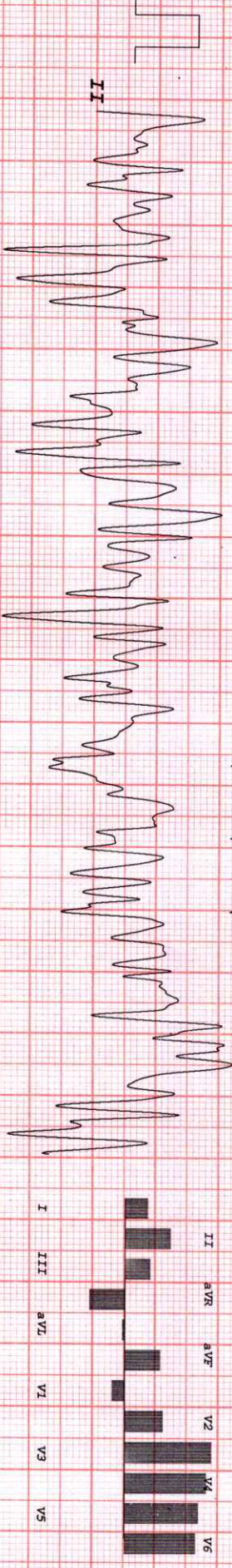
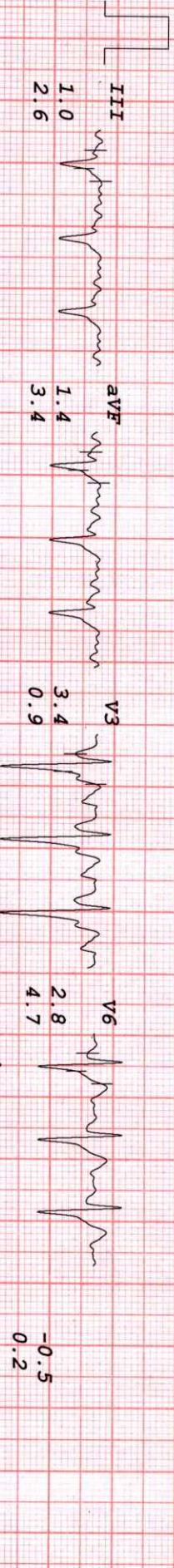
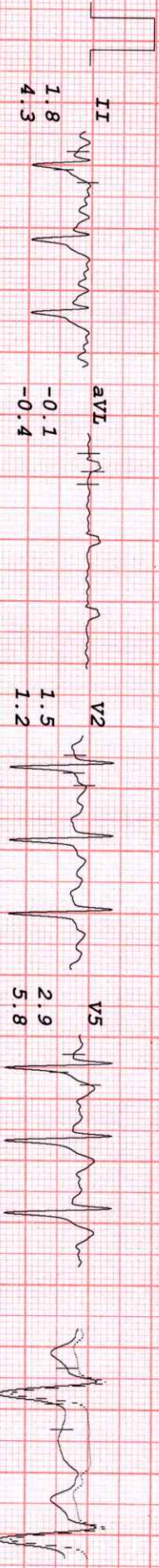
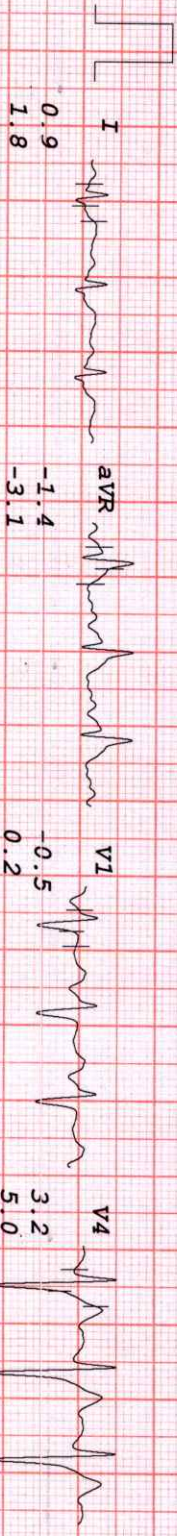
Bruce  
 Stage 3  
 TOTAL TIME 8:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 5.4 Km/hr  
 SLOPE 14 %

LINKED MEDIAN

Mag. X 2

V1



*Handwritten signature*



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR PRAVIN NAVGIRE  
 I.D. 925  
 Age 33/M  
 Date 22/07/2023

RATE 157bpm  
 B.P. 150/100

Bruce  
 PK-EXERCISE  
 TOTAL TIME 11:10  
 PHASE TIME 2:10

ST @ 10mm/mV  
 80ms PostJ  
 Speed 6.7 km/hr  
 SLOPE 16 %

LINKED MEDIAN

Mag. X 2

V1

I  
 1.1  
 1.1

aVR  
 -1.8  
 -3.2

V1  
 -0.3  
 -0.9

V4  
 3.6  
 5.5

II  
 2.5  
 5.3

aVL  
 -0.2  
 -1.6

V2  
 1.5  
 1.5

V5  
 3.3  
 5.1

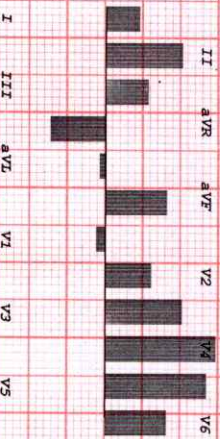
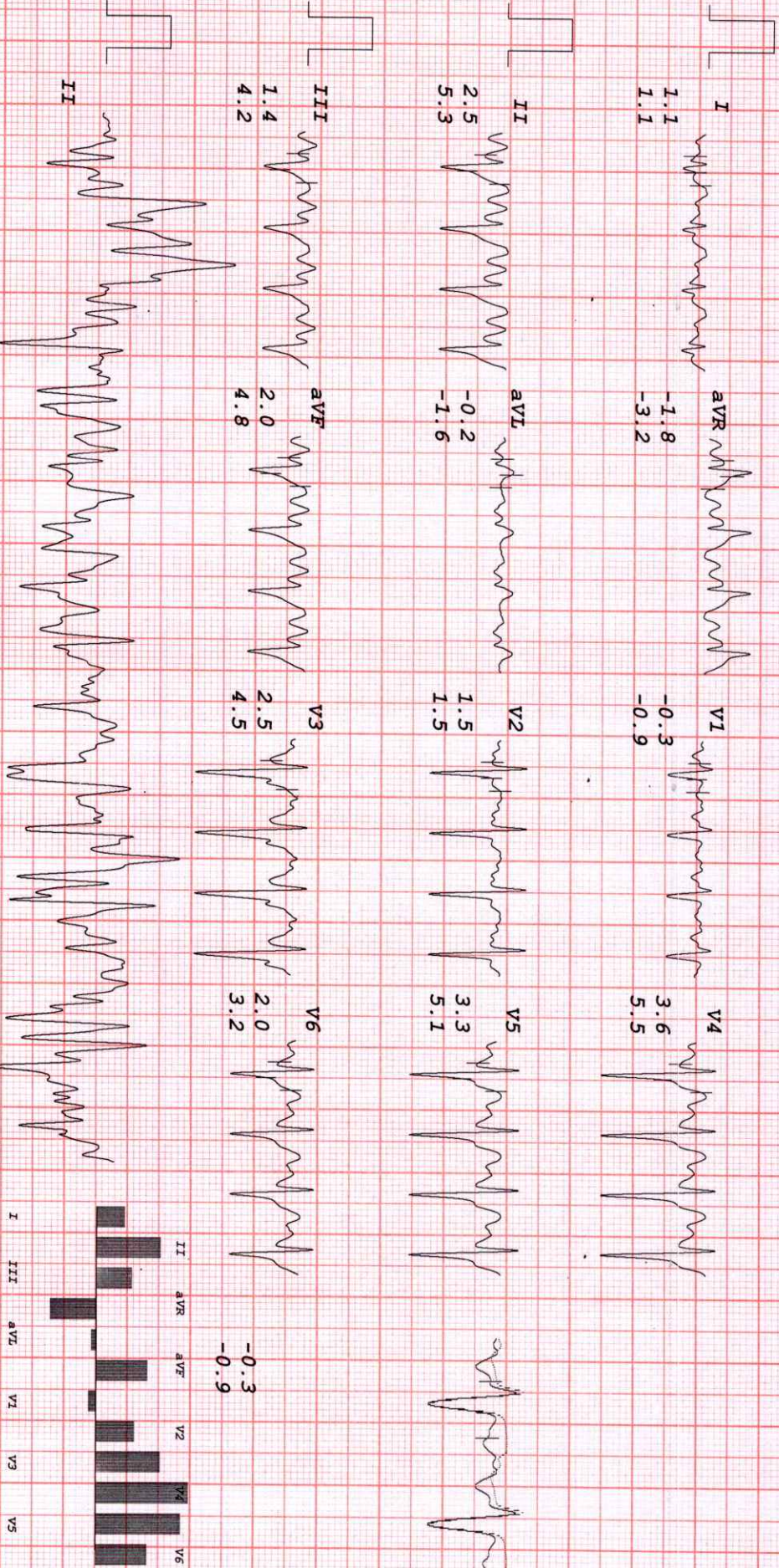
III  
 1.4  
 4.2

aVF  
 2.0  
 4.8

V3  
 2.5  
 4.5

V6  
 2.0  
 3.2

II



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR PRAVIN NAVGIRE  
 I.D. 925  
 Age 33/M  
 Date 22/07/2023

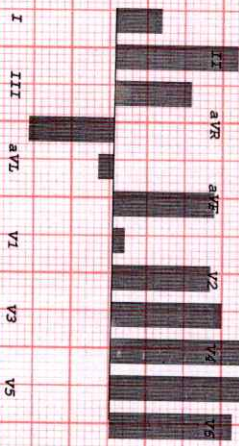
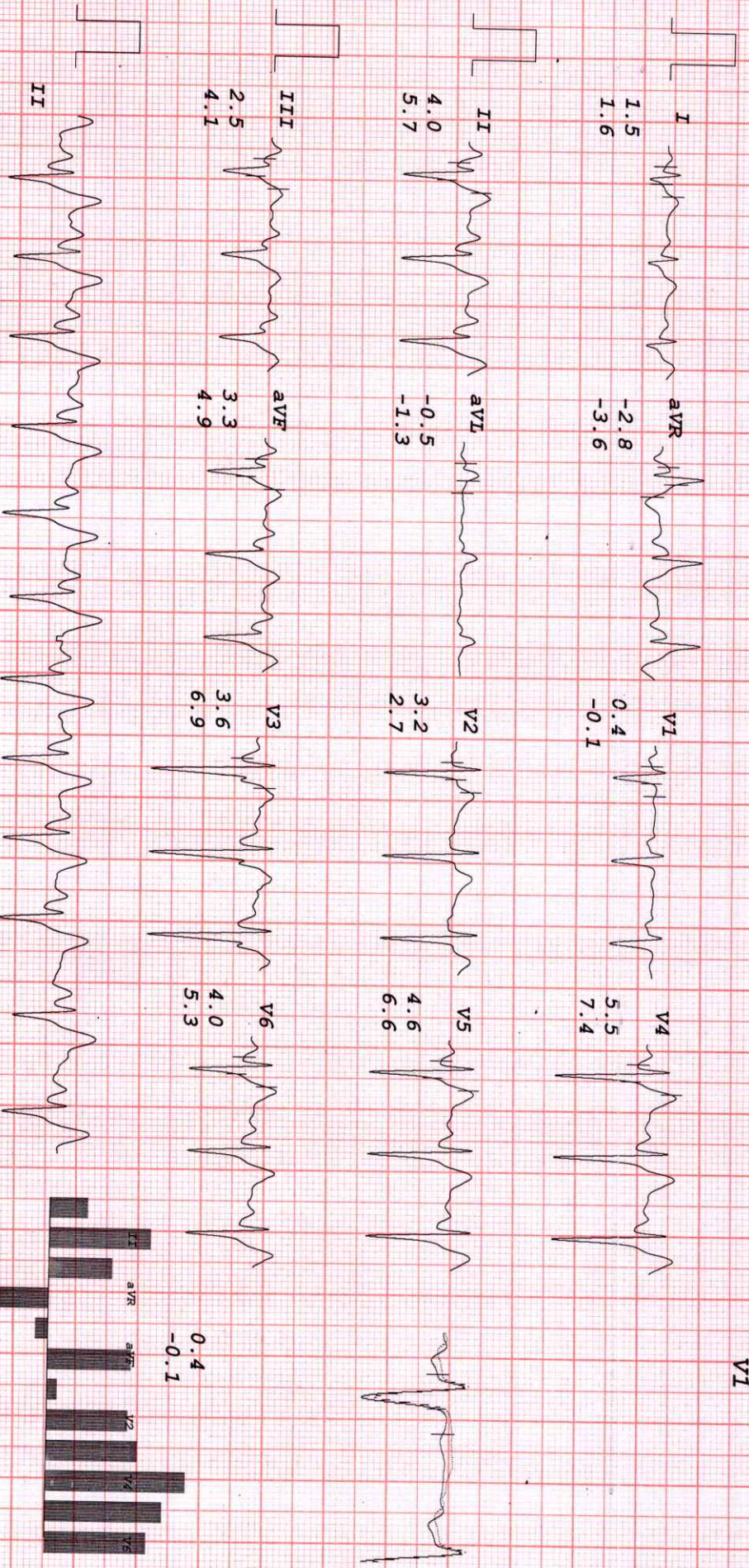
RATE 113bpm  
 B.P. 160/110

BRUCE  
 RECOVERY  
 TOTAL TIME 12:15  
 PHASE TIME 0:55

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

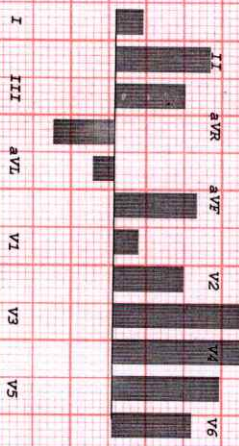
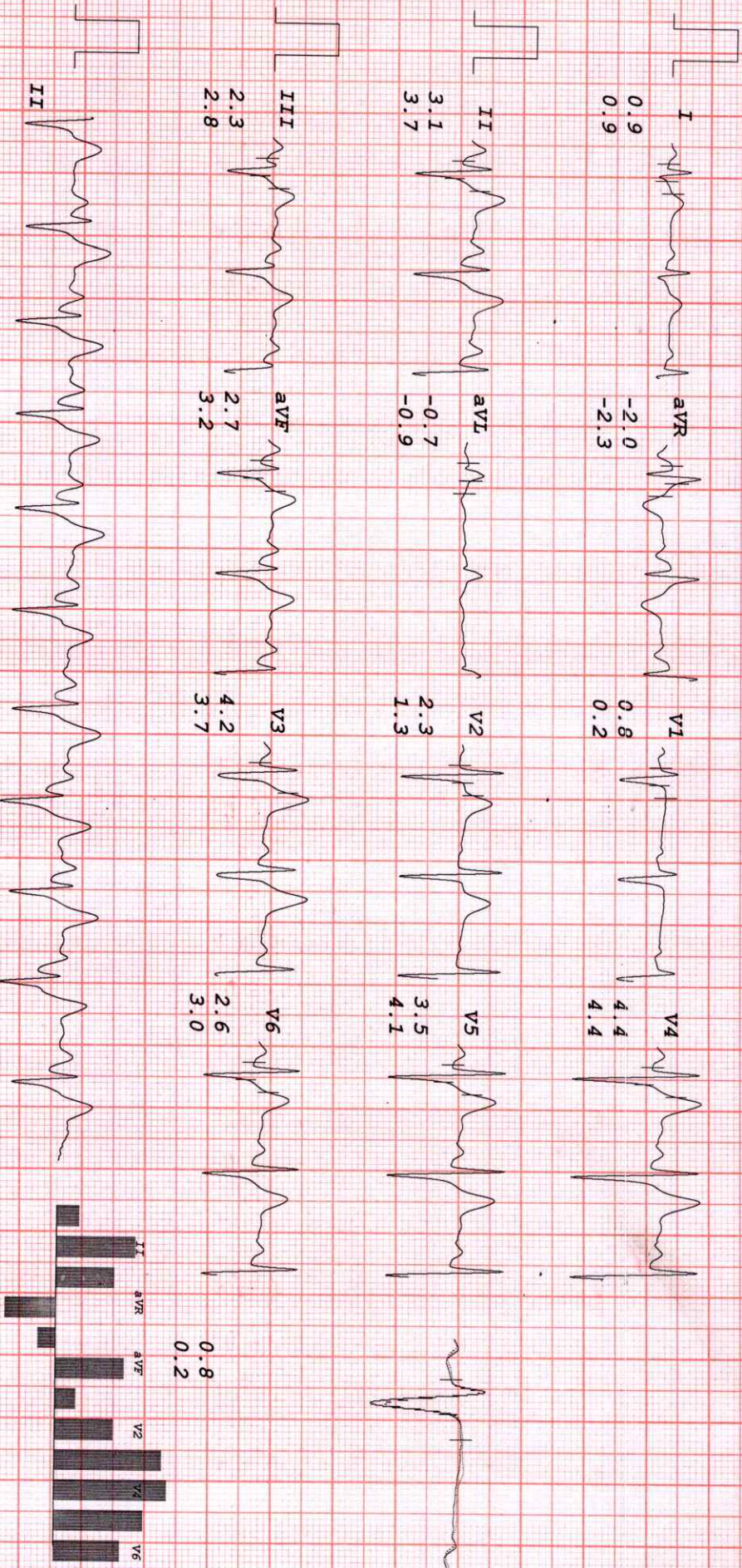
MR PRAVIN NAVGIRE  
 I.D. 925  
 Age 33/M  
 Date 22/07/2023

RATE 95bpm  
 B.P. 150/100  
 Bruce  
 RECOVERY  
 TOTAL TIME 13:22  
 PHASE TIME 2:02

ST @ 10mm/mV  
 80ms Post J

LINKED MEDIAN

Mag. X 2



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR PRAVIN NAVGIRE  
 I.D. 925  
 Age 33/M  
 Date 22/07/2023

RATE 97bpm  
 B.P. 140/90

Bruce  
 RECOVERY  
 TOTAL TIME 14:15  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

V1

I 0.5  
 aVR -1.3  
 -1.6

V1 0.4  
 -0.1

V4 2.9  
 2.8

II 2.1  
 aVL -0.5  
 -0.8

V2 2.5  
 1.2

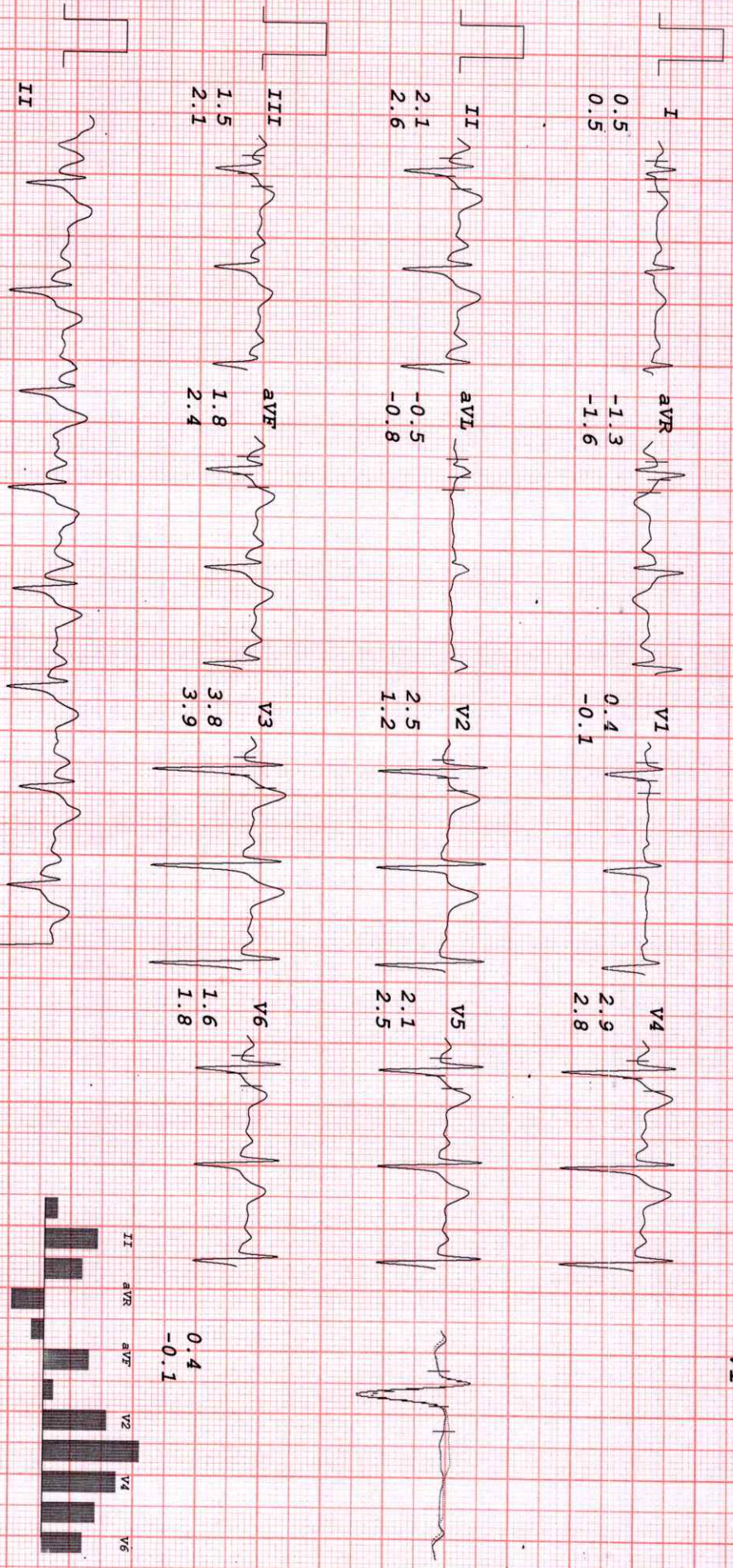
V5 2.1  
 2.5

III 1.5  
 aVF 1.8  
 2.4

V3 3.8  
 3.9

V6 1.6  
 1.8

0.4  
 -0.1



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR PRAVIN NAVGIRE  
 I.D. 925  
 Age 33/M  
 Date 22/07/2023

RATE 83bpm  
 B.P. 130/80

Bruce  
 RECOVERY  
 TOTAL TIME 15:02  
 PHASE TIME 3:42

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

MAG. X 2

V1

