



To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	KANTA VERMA
DATE OF BIRTH	18-08-1972
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	25-02-2023
BOOKING REFERENCE NO.	22M51569100041222S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. VERMA BUDDHI PRAKASH
EMPLOYEE EC NO.	51569
EMPLOYEE DESIGNATION	BRANCH HEAD
EMPLOYEE PLACE OF WORK	JAIPUR, JAWAHAR NAGAR
EMPLOYEE BIRTHDATE	10-02-1967

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **09-02-2023** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

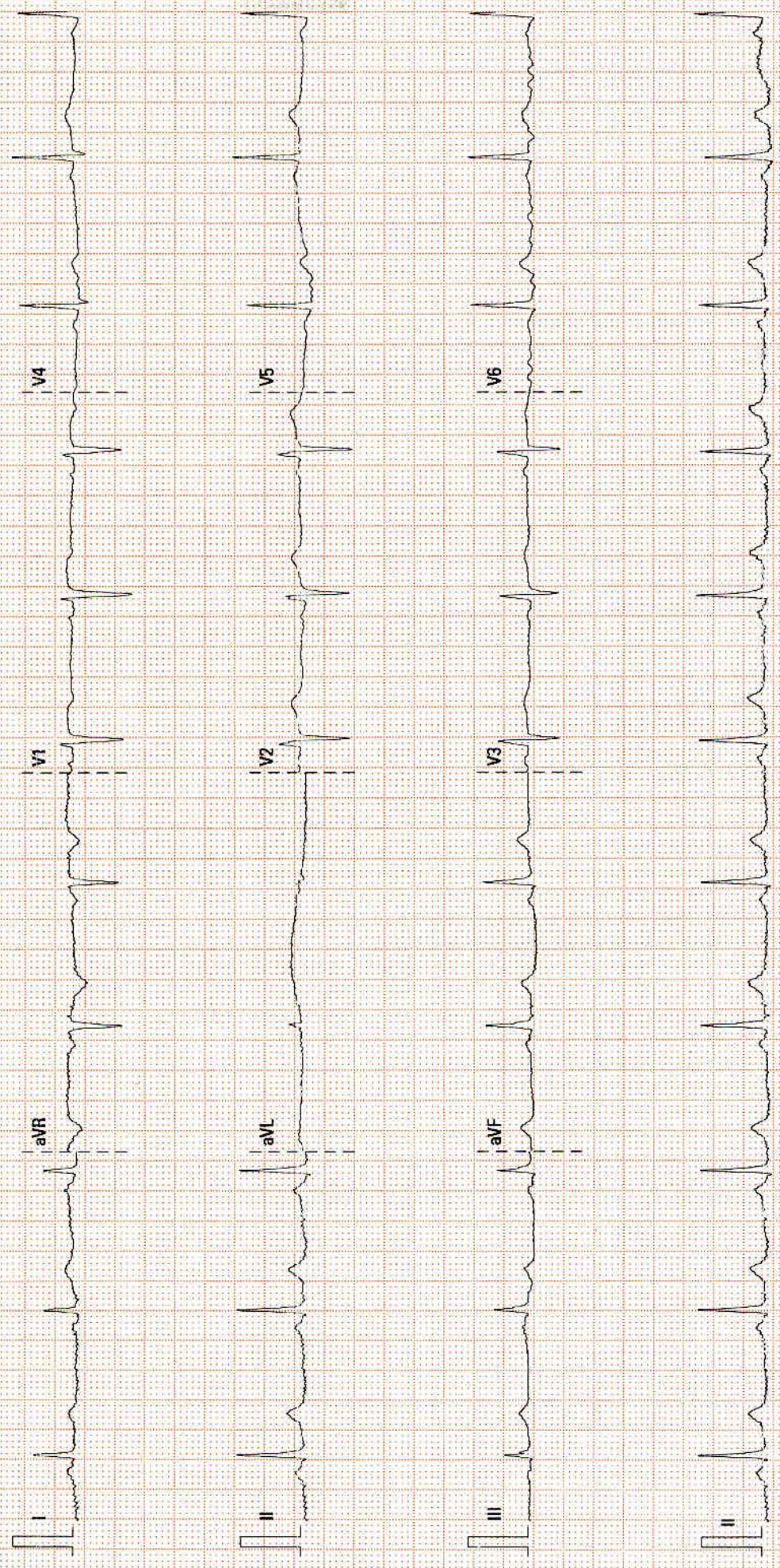
ID: 274900  
Name: KANTA  
Age:  
Gender:

25-02-2023 12:31:36 PM

Vent. Rate 63 bpm  
PR Interval 136 ms  
QRS Duration 86 ms  
QT/QTc Interval 400/405 ms  
P/QRS/T Axes 48/58/56 deg  
QTc: Ridges

Sinus rhythm  
-- Interpretation made without knowing patient's gender/age --  
Lateral T wave abnormality is nonspecific

Borderline ECG  
Unconfirmed Diagnosis.



<b>Patient Name</b>	KANTA VERMA	<b>Requested By</b>	Dr. Sitaram Gupta
<b>MRN</b>	15010000274900	<b>Procedure DateTime</b>	2023-02-25 11:29:44
<b>Age/Sex</b>	50Y 6M / Female	<b>Hospital</b>	NH JAIPUR

**X-RAY CHEST P.A. VIEW**

**Multiple small nodular opacities seen in both lung fields.**

Both CP angles are clear.

Cardiac shadow is within normal limits.

Bony thorax & soft tissue appears normal.

Domes of diaphragm are normally placed.

*Correlate clinically & with other related investigations.*



**Dr. Sunny Maharwal**  
Consultant (Radiology)

This is a digitally signed valid document. Reported Date/Time: 2023-02-25 14:06:33

MRN No: 15010000274900  
PATIENT'S NAME: MRS. KANTA VERMA  
DR. NAME: DR. SITA RAM GUPTA

Date: 25/02/2023  
Age/Sex: 50 Yrs./F

**ULTRASOUND STUDY OF ABDOMEN & PELVIS**

**Liver:** - Normal in size, shape & echotexture. No evidence of any mass lesion is seen. Bilobar Intrahepatic biliary radicals are not dilated.

**Gall Bladder:** - Is distended. Lumen is clear. Wall thickness is normal.

**CBD:** - Normal in calibre. No calculus is seen in visualized part of CBD.

**Portal Vein:** - Normal in calibre.

**Pancreas:** - Normal in size & echotexture. No focal lesion is seen. MPD is not dilated.

**Spleen :** - Normal in size & echotexture. No focal lesion is seen.

**Right Kidney:** - Normal in shape, size & location. Echotexture is normal. Corticomedullary differentiation is maintained. There is no evidence of calculus or hydronephrosis.

**Left Kidney:** - Normal in shape, size & location. Echotexture is normal. Corticomedullary differentiation is maintained. There is no evidence of calculus or hydronephrosis.

**Urinary Bladder:** - is distended. No calculus or mass lesion is seen. Wall thickness is normal.

**Uterus:-** *Post hysterectomy status. No adnexal mass lesion is seen.*


**Others:** - No free fluid is seen in abdomen.

**Impression:** **USG findings are suggestive of: -**

- **No sonographic abnormality is seen.**

**Correlate clinically & with other related investigations.**

Dr. Swati Jain  
Consultant Radiologist

  
Dr. Vijay Kumar Sharma  
Consultant Radiologist

Dr. Sunny Maharwal  
Consultant Radiologist

*This is a preventive health checkup sonography report with no available clinical details and previous records.*

## EXERCISE STRESS TEST REPORT

Patient Name: Mrs. KANTA VERMA,  
Patient ID: 274900  
Height:  
Weight:

DOB: 18.08.1972  
Age: 50yrs  
Gender: Female  
Race: Indian

Study Date: 25.02.2023  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

Referring Physician: DR.SITA RAM GUPTA  
Attending Physician: DR.DEEPAK GARG  
Technician: MS YASHMIN

Medications:  
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Medical History:  
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### Reason for Exercise Test:

Screening for CAD

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:15	0.00	0.00	80	130/80	
	STANDING	00:15	0.00	0.00	80		
	HYPERV.	00:15	0.00	0.00	76		
	WARM-UP	00:32	1.60	0.00	76		
EXERCISE	STAGE 1	03:00	2.70	10.00	102	140/80	
	STAGE 2	03:00	4.00	12.00	141	150/80	
	STAGE 3	03:00	5.50	14.00	166	160/80	
	STAGE 4	00:04	6.80	15.30	166		
RECOVERY		05:01	0.00	0.00	95	150/80	

The patient exercised according to the BRUCE for 9:03 min:s, achieving a work level of Max. METS: 10.30. The resting heart rate of 81 bpm rose to a maximal heart rate of 166 bpm. This value represents 97 % of the maximal, age-predicted heart rate. The resting blood pressure of 130/80 mmHg, rose to a maximum blood pressure of 160/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: ...

Overall impression: ...

### Conclusions

NO ST-T CHANGES SEEN DURING EXERCISE & RECOVERY PERIOD.  
PLEASE CORRELATE CLINICALLY.

Physician \_\_\_\_\_

Technician \_\_\_\_\_

Mrs. KANTA VERMA,

Patient ID 274900

02.2023

Female

12:52:27pm

50yrs Indian

Meds:

Test Reason: Screening for CAD

Medical History:

Ref. MD: DR.SITA RAM GUPTA Ordering MD:

Technician: MS YASHMIN Test Type: Treadmill Stress Test

Comment:

BRUCE: Total Exercise Time 09:03

Max HR: 166 bpm 97% of max predicted 170 bpm HR at rest: 81

Max BP: 160/80 mmHg BP at rest: 130/80 Max RPP: 26240 mmHg\*bpm

Maximum Workload: 10.30 METS

Max. ST: -4.55 mm, 0.00 mV/s in II; EXERCISE STAGE 3 06:30

Arrhythmia: A:7, VBIG:4, PVC:28, PSVC:5, CPLT:1

ST/HR index: 0.88  $\mu$ V/bpm

Reasons for Termination: Target heart rate achieved

Summary: Resting ECG: normal. Functional Capacity: normal. HR Response to

Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate

response. Chest Pain: none. Arrhythmias: none. ST Changes: ... Overall impression: ...

Conclusion: NO ST-T CHANGES SEEN DURING EXERCISE & RECOVERY

PERIOD.

PLEASE CORRELATE CLINICALLY.

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm)	VE (/min)	ST Level (II mm)	Comment
PRETEST	SUPINE	00:15	0.00	0.00	1.0	80	130/80	10400	0	-0.75	
	STANDING	00:15	0.00	0.00	1.0	80			0	-0.80	
	HYPERV.	00:15	0.00	0.00	1.0	76			0	-0.80	
	WARM-UP	00:32	1.60	0.00	1.3	76			0	-1.10	
EXERCISE	STAGE 1	03:00	2.70	10.00	4.6	102	140/80	14280	0	-1.80	
	STAGE 2	03:00	4.00	12.00	7.0	141	150/80	21150	5	-3.50	
	STAGE 3	03:00	5.50	14.00	10.2	166	160/80	26560	0	-1.90	
	STAGE 4	00:04	6.80	15.30	10.3	166			0	-1.65	
RECOVERY		05:01	0.00	0.00	1.0	95	150/80	14250	0	-1.20	

Narayana Multispeciality Hospital  
 (A unit of Narayana Hrudayalaya Limited) CIN: L85110KA2000PLC0274900  
 Registered Office: 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560099  
 Hospital Address: Sector-28, Kumbha Marg, Pratap Nagar, Jaipur 302033  
 Tel: +91 141 7122 233 | Email: info.jp@narayanahospital.org | www.narayanahospital.org  
 GST No. 08AABCN1685J1Z8

1800-309-0309 (Toll Free)  
 99837-32222  
 Emergencies



Unconfirmed

Attending MD: DR.DEEPAK GARG

<b>Patient Name</b>	KANTA VERMA	<b>Requested By</b>	Dr. Sitaram Gupta
<b>MRN</b>	15010000274900	<b>Procedure DateTime</b>	2023-02-25 11:38:52
<b>Age/Sex</b>	50Y 6M / Female	<b>Hospital</b>	NH JAIPUR

**BILATERAL MAMMOGRAPHY**

**FINDINGS:**

*anio-caudal and medio-lateral-oblique views were obtained.*

Both breasts demonstrate BI-RADS - I parenchymal pattern.

There is symmetrical distribution of glandular components in both breasts.

Subareolar ductal opacities are within normal limits.

No evidence of mass lesion or microcalcification.

No axillary lymphadenopathy is seen.

Nipple and skin over the breasts are within normal limits.

**IMPRESSION:**

- **Normal mammographic appearances of both breasts (BI-RADS - I).**

**RECOMMENDATION: Correlate clinically and with sonomammogram.**



**Dr. Sunny Maharwal**  
Consultant (Radiology)

This is a digitally signed valid document. Reported Date/Time: 2023-02-25 14:06:57

**DEPARTMENT OF LABORATORY MEDICINE**

Final Report

Patient Name : Mrs KANTA VERMA MRN : 15010000274900 Gender/Age : FEMALE , 50y (18/08/1972)

Collected On : 25/02/2023 09:44 AM Received On : 25/02/2023 09:45 AM Reported On : 25/02/2023 10:32 AM

Barcode : 412302250050 Specimen : Whole Blood Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-004 Patient Mobile No : 7073544767

**HAEMATOLOGY**

Test	Result	Unit	Biological Reference Interval
<b>COMPLETE BLOOD COUNT (CBC)</b>			
Haemoglobin (Hb%) (Photometric Measurement)	13.6	g/dL	12.0-16.0
Red Blood Cell Count (Electrical Impedance)	4.19	millions/ $\mu$ L	3.8-5.8
PCV (Packed Cell Volume) / Hematocrit (Calculated)	36.9	%	36.0-48.0
MCV (Mean Corpuscular Volume) (Derived)	88	fL	78.0-100.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	32.3	pg	32.0-35.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	<b>36.7 H</b>	g/L	25.0-32.0
Red Cell Distribution Width (RDW)	14.7	%	12.0-18.0
Platelet Count (Electrical Impedance Plus Microscopy)	272	Thousand / $\mu$ L	150.0-400.0
Total Leucocyte Count(WBC) (Electrical Impedance / Flow Cytometric)	6.1	Thous/cumm	4.0-10.0
<b>DIFFERENTIAL COUNT (DC)</b>			
Neutrophils	69.1	%	40.0-75.0
Lymphocytes	24.0	%	15.0-45.0
Monocytes	<b>1.1 L</b>	%	4.0-13.0
Eosinophils	4.8	%	0.5-7.0
Basophils	1.0	%	0.0-2.0

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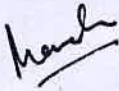


Patient Name : Mrs KANTA VERMA MRN : 15010000274900 Gender/Age : FEMALE , 50y (18/08/1972)

Absolute Neutrophil Count	4.22	Thousand / $\mu$ L	1.5-7.0
Absolute Lymphocyte Count	1.47	Thousand / $\mu$ L	1.0-4.0
Absolute Monocyte Count	<b>0.07 L</b>	Thousand / $\mu$ L	0.2-0.8
Absolute Eosinophil Count	<b>0.3 H</b>	Thousand / $\mu$ L	0.0-0.2
Absolute Basophil Count	0.07	Thousand / $\mu$ L	0.0-0.2

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

--End of Report--



Dr. Manisha Agarwal  
MBBS, DNB Pathology and DCP  
Consultant

**Note**

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



**DEPARTMENT OF LABORATORY MEDICINE**

Final Report

Patient Name : Mrs KANTA VERMA MRN : 15010000274900 Gender/Age : FEMALE , 50y (18/08/1972)

Collected On : 25/02/2023 09:44 AM Received On : 25/02/2023 09:45 AM Reported On : 25/02/2023 10:58 AM

Barcode : 402302250082 Specimen : Plasma Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-004 Patient Mobile No : 7073544767

**BIOCHEMISTRY**

Test	Result	Unit	Biological Reference Interval
<b>Fasting Blood Sugar (FBS)</b> (Colorimetric (Glucose Oxidase Hydrogen Peroxidase))	94	mg/dL	65.0-110.0

--End of Report--

*Anil*

Dr. Anil Sharma  
MBBS , MD ( Microbiology )  
Senior Consultant

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- Kindly correlate clinically.



**DEPARTMENT OF LABORATORY MEDICINE**

Final Report

Patient Name : Mrs KANTA VERMA MRN : 15010000274900 Gender/Age : FEMALE , 50y (18/08/1972)

Collected On : 25/02/2023 09:44 AM Received On : 25/02/2023 10:34 AM Reported On : 25/02/2023 01:15 PM

Barcode : 482302250019 Specimen : Urine Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-004 Patient Mobile No : 7073544767

**CLINICAL PATHOLOGY**

Test	Result	Unit	Biological Reference Interval
<b>URINE ROUTINE &amp; MICROSCOPY</b>			
<b>PHYSICAL EXAMINATION</b>			
Volume	30 H	ml	0.0-0.0
Colour	Pale Yellow	-	-
Appearance	Clear	-	0-36500
<b>CHEMICAL EXAMINATION</b>			
pH(Reaction)	6.5	-	4.5-9.0
Sp. Gravity	<=1.005	-	1.002-1.03
Protein	Negative	-	0-0
Urine Glucose	Negative	-	0-0
<b>MICROSCOPIC EXAMINATION</b>			
Pus Cells	0-2	/hpf	-
RBC	Nil	/hpf	-
Epithelial Cells	0-2	/hpf	-
Crystals	Nil	-	-
Casts	Nil	-	-

--End of Report--

Patient Name : Mrs KANTA VERMA MRN : 15010000274900 Gender/Age : FEMALE , 50y (18/08/1972)

*Manish*

Dr. Manisha Agarwal  
MBBS, DNB Pathology and DCP  
Consultant

**Note**

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- Results relate to the sample only.
- Kindly correlate clinically.



DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mrs KANTA VERMA MRN : 15010000274900 Gender/Age : FEMALE , 50y (18/08/1972)

Collected On : 25/02/2023 09:44 AM Received On : 25/02/2023 09:45 AM Reported On : 25/02/2023 10:39 AM

Barcode : 402302250084 Specimen : Whole Blood Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-004 Patient Mobile No : 7073544767

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
<b>HBA1C</b>			
HbA1c	5.1	%	<= 5.7%-NORMAL 5.7-6.4% - PREDIABETES >=6.5% - DIABETES
Estimated Average Glucose	99.67	mg/dL	<140.0

Interpretation:

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

--End of Report--



Dr. Anil Sharma  
MBBS , MD ( Microbiology )  
Senior Consultant

Note

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- Kindly correlate clinically.



Page 1 of 1

**DEPARTMENT OF LABORATORY MEDICINE**

Final Report

Patient Name : Mrs KANTA VERMA MRN : 15010000274900 Gender/Age : FEMALE , 50y (18/08/1972)

Collected On : 25/02/2023 09:44 AM Received On : 25/02/2023 09:45 AM Reported On : 25/02/2023 11:57 AM

Barcode : 412302250051 Specimen : Whole Blood - ESR Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-004 Patient Mobile No : 7073544767

**HAEMATOLOGY**

Test	Result	Unit	Biological Reference Interval
<b>Erythrocyte Sedimentation Rate (ESR)</b> (Westergren Method)	18	mm/hr	0.0-19.0

--End of Report--

Dr. Manisha Agarwal  
MBBS, DNB Pathology and DCP  
Consultant

**Note**

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- Results relate to the sample only.
- Kindly correlate clinically.



**DEPARTMENT OF LABORATORY MEDICINE**

Final Report

Patient Name : Mrs KANTA VERMA MRN : 15010000274900 Gender/Age : FEMALE , 50y (18/08/1972)

Collected On : 25/02/2023 12:53 PM Received On : 25/02/2023 12:53 PM Reported On : 25/02/2023 01:51 PM

Barcode : 402302250278 Specimen : Plasma Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-004 Patient Mobile No : 7073544767

**BIOCHEMISTRY**

Test	Result	Unit	Biological Reference Interval
Post Prandial Blood Sugar (PPBS) (GOD/POD)	106	mg/dL	70.0-139.0

--End of Report--

*Anil*

Dr. Anil Sharma  
MBBS , MD ( Microbiology )  
Senior Consultant

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- Kindly correlate clinically.

