



Hosp. Reg. No.: TMC - Zone C - 386

INDUSTRIAL HEALTH SERVICES

FITNESS CERTIFICATE

Name: TAMA	LIKA GHO.	SH			
				Medical Date - 💈	23/9/23
Gender: Fema	ie				
AGE: 34					
PHYSICAL EXMINATION		Respiratory	System	Alimentary System	
Height 157	Puls 70	Trachea :	Normal	Liver	NORMAL
Weight 77				Spleen	NORMAL
BMI 31.2	BP 120/80	RR		Kidney	NORMAL
SKIN NAD				Hernia	NO
NOSE NAD	Heart Sound:Normal	RS	NAD	Hydrocele	NO
EAR & Tonsils: NAD					
ECG :- WNC PFT :- NA			Spects	Without Glasses / W	/ith Glasses
Employee Present History	EP100 ~0	w	VISION	RIGHT	LEFT
Employee Present History 140 - 0.800 8000000 6000000 60000000	of otengooi	idisc	NEAR -	N/8	N/ 6
00 5-6	E64 200 U	Isoeve	DISTANT-	6/6	6/8
chale usicació HSAie	, Bygaz An	The side		NORMAKY	nayaka
Employee Family History	÷	USI CINC	Colour Vision		A1
L	oreg]	to to t	000	D Reg	No.TMETIONE-C/386
				12	
ADVICE: U4. C	910, 220	A. R	2472	aine let	Mercon AP
COC REMARK :- Employee is fre	-SULA D	10000	St.		normal duties
				· · ·	
🖓 s	-1, Vedant Complex	, Vartak N	agar, Thane (V	V) 400 606	C

E: ohs.svh@gmail.com W: www.siddhivinayakhospitals.org T.: 022 - 2588 3531 M.: 9769545533

ISO



Name	: Mrs. TAMALIKA GHOSH	Collected On	: 23/9/2023 11:51 an
Lab ID.	: 168434	Received On	23/9/2023 12:01 pn
Age/Sex .	: 34 Years / Female	Reported On	: 24/9/2023 2:13 pm
Ref By	: SIDDHIVINAYAK HOSPITAL CGHS /ESIS	Report Status	: FINAL

			* 1 6 8 4	34*	
	PAP SMEAR REPORT1				
TEST NAME	RESULTS	UNIT	REFERENCE RANGE		
CYTO NUMBER CLINICAL HISTORY NO. OF SMEARS RECEIVED SPECIMEN ADEQUACY CELL TYPE ORGANISM EPITHELIAL CELL ABNORMALITY OTHER NON-NEOPLASTIC FINDINGS FINAL IMPRESION	F/160/23 Routine check up One Adequate Superficial; intermed Absent Nii Few neutrophils Negative for intraepit	iate,squamous me	taplastic cells		

Checked By

DR. SMITA RANVEER. M.B.B.S.M.D. Pathology(Mum) Consultant Histocytopathologist



 Main Center :- 2-3, 'Silver Plaza' E.S.I.S. Hospital Road, Opp. Suryadarshan Tower, Thane (W)-400 604.
 +91 91363 56284

 Collection Center 1 :- Dr. Ajay Vijay Singh, Clinic : Shop No. 19, Jupiter 3, Cosmos Regency CHS Ltd. Waghbil Road, G. B. Road, Thane (W)-400 615.

 Collection Center 2 :- Dantazone, Shop No. 6, Wadhawa Elite Platina 19, Kolshet Road, Thane (W)



Siddhivinayak Hospital



Imaging Department Sonography | Colour Doppler | 3D / 4D USG

ECHOCARDIOGRAM

NAME	MRS. TAMALIKA GHOSH	
AGE/SEX	34 YRS/F	
REFERRED BY	SIDDHIVINAYAK HOSPITAL	
DOCTOR	DR. ANANT MUNDE, DNB, DM (CARDIOLOGY)	
DATE OF EXAMINATION	23/ 09/2023	

2D/M-MODE ECHOCARDIOGRAPHY

VALVES:	CHAMBERS:
MITRAL VALVE:	LEFT ATRIUM: Normal
AML: Normal	LEFT VENTRICLE: Normal
PML: Normal	RWMA: No
Sub-valvular deformity: Absent	Contraction: Normal
AORTIC VALVE: Normal	RIGHT ATRIUM: Normal
• No. of cusps: 3	RIGHT VENTRICLE: Normal
	RWMA: No
PULMONARY VALVE: Normal	Contraction: Normal
TRICUSPID VALVE: Normal	
GREAT VESSELS:	SEPTAE:
AORTA: Normal	IAS: Intact
PULMONARY ARTERY: Normal	IVS: Intact
CORONARIES: Proximal coronaries normal	VENACAVAE:
	SVC: Normal
CORONARY SINUS: Normal	• IVC: Normal and collapsing >20% with respiration
PULMONARY VEINS: Normal	PERICARDIUM: Normal

MEASUREMENTS:

AORTA		LEFT VENTR	LEFT VENTRICLE STUDY		RIGHT VENTRICLE STUDY	
PARAMETER	OBSERVED VALUE	PARAMETER	OBSERVED VALUE	PARAMETER	OBSERVED VALUE	
Aortic annulus	20 mm	Left atrium	32 mm	Right atrium	mm	
Aortic sinus	mm	LVIDd	40.2 mm	RVd (Base)	mm	
Sino-tubular junction	mm	LVIDs	24.1 mm	RVEF	%	
Ascending aorta	mm	IVSd	8.0 mm	TAPSE	mm	
Arch of aorta	mm	LVPWd	8.0 mm	MPA	mm	
Desc. thoracic aorta	mm	LVEF	70 %	RVOT	mm	
Abdominal aorta	mm	LVOT	mm	IVC	15 mm	







Siddhivinayak Hospital



Imaging Department

Sonography | Colour Doppler | 3D / 4D USG Name - Mrs. Tamalika Ghosh

34 Y/F Age -

Ref by Dr.- Siddhivinayak Hospital

Date - 23/09/2023

USG ABDOMEN & PELVIS

Clinical details:- Routine

The Liver is moderately enlarged in size (RLS -19.5 cm)and shows normal echogenicity. There is no obvious abnormal focal lesion seen. There is no IHBR dilatation seen in both the lobes of the liver.

The CBD and the Portal vein appear normal.

The Gall bladder is well distended & appears normal. No calculi or filling defects are seen. No evidence of Pericholecystic collection. The wall thickness is normal.

Right Kidney measures 11.0 x 4.4 cm & appears normal in shape and position. There is no evidence of hydronephrosis or any calculi seen. Cortico-medullary differentiation is maintained.

Left Kidney measures 10.9 x 4.8 cm & appears normal in shape and position. There is no evidence of hydronephrosis or any calculi seen. Cortico-medullary differentiation is maintained.

The Pancreas is normal in size & shows homogenous echopattern. It shows no focal lesion. The Spleen is normal in size (10.7cm) with homogenous echotexture.

The urinary bladder is adequately distended and appears normal. There is no evidence of any obvious calculi or any mass lesion seen. Both Uretero-vesical junctions appear clear. No abnormal intraluminal lesion noted.

The Uterus is anteverted & measures approximately 8.6 x 4.4 x 5.3 cms with normal homogenous echotexture. The uterine outline is smooth and normal. No abnormal focal lesion noted. Endometrial thickness is normal

Both ovaries are normal in size and echotexture.

Bilateral adnexae appear normal. No focal lesion noted.

No free fluid or obvious lymphadenopathy is seen in abdomen and pelvis. **IMPRESSION:**

- . Moderate Hepatomegaly.
- Mildly Bulky uterus.

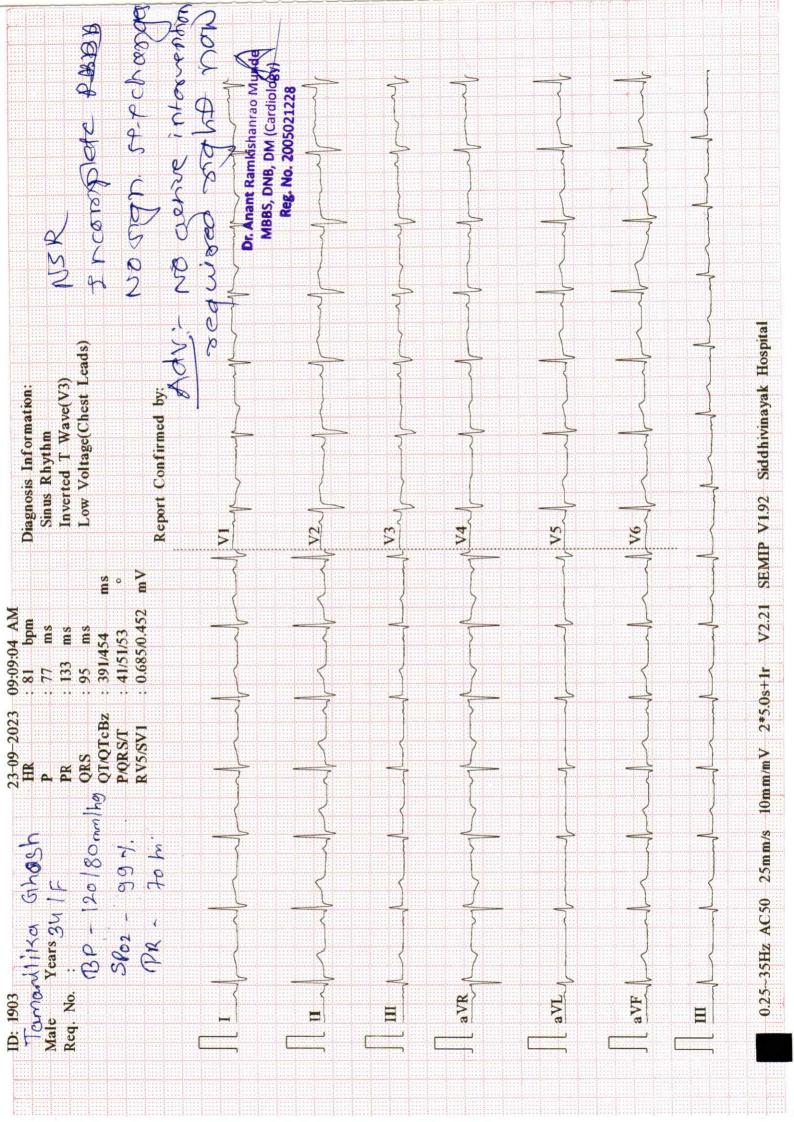
Adv.: Clinical and lab correlation.

DR. MOHAMMAD SOHAIB **MBBS; DMRE** CONSULTANT RADIOLOGIST

Note: The above report represents interpretation of various radiographic / sonographic shadows, and hence has its own limitations. This report has to be co-related clinic-pathologically by the referring / physician and it does NOT represent the sole diagnosis. Second opinion is always advisable.









Siddhivinayak Hospital



Imaging Department ' Sonography | Colour Doppler | 3D / 4D USG

Name – MRS. Tamalika Ghosh	Age - 34 Y/F
Ref by Dr Siddhivinayak Hospital	Date - 23/09/2023

X- Ray chest (PA VIEW)

No obvious active parenchymal lesion seen in both lungs.

Cardiac and aortic shadows appear normal

No evidence of pleural of effusion is seen.

Both domes of diaphragm appear normal.

No obvious bony lesion is seen.

IMPRESSION:

No significant abnormality seen.

Adv.: Clinical and lab correlation.

DR. MOHAMMAD SOHAIB MBBS; DMRE CONSULTANT RADIOLOGIST

Note: The above report represents interpretation of various radiographic / sonographic shadows, and hence has its own limitations. This report has to be co-related clinic-pathologically by the referring / physician and it does NOT represent the sole diagnosis.







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Ref By	SIDDHIVINAYAK HOSPITAL CGHS /ESIS	Report Status	: INTERIM
nor by			

*LIPID PROFILE					
TEST NAME	RESULTS	UNIT	REFERENCE RANGE		
TOTAL CHOLESTEROL (CHOLESTEROL OXIDASE,ESTERASE,PEROXIDA SE)	227.0	mg/dL	Desirable blood cholesterol: - <200 mg/dl. Borderline high blood cholesterol: - 200 - 239 mg/dl. High blood cholesterol: - >239 mg/dl.		
S.HDL CHOLESTEROL (DIRECT MEASURE - PEG)	44.5	mg/dL	Major risk factor for heart :<30 mg/dl. Negative risk factor for heart disease :>=80 mg/dl.		
S. TRIGLYCERIDE (ENZYMATIC, END POINT)	260.4	mg/dL	Desirable level : <161 mg/dl. High :>= 161 - 199 mg/dl. Borderline High :200 - 499 mg/dl. Very high :>499mg/dl.		
VLDL CHOLESTEROL (CALCULATED VALUE)	52	mg/dL	UPTO 40		
S.LDL CHOLESTEROL (CALCULATED VALUE)	130	mg/dL	Optimal:<100 mg/dl. Near Optimal: 100 - 129 mg/dl. Borderline High: 130 - 159 mg/dl. High : 160 - 189mg/dl. Very high :>= 190 mg/dl.		
LDL CHOL/HDL RATIO (CALCULATED VALUE)	2.92		UPTO 3.5		
CHOL/HDL CHOL RATIO (CALCULATED VALUE)	5.10		<5.0		
Above reference ranges are as pe 2015).	FADULI IREAIMEN	II PANEL III recomm	nendation by NCEP (May		

Result relates to sample tested, Kindly correlate with clinical findings.

----- END OF REPORT ------

Checked By SHAISTA Q



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	[:] 168434	: 168434 Received On : 34 Years /Female Reported On Benort Status

COMPLETE BLOOD COUNT				
TEST NAME	RESULTS	UNIT	REFERENCE RANGE	
HEMOGLOBIN	12.5	gm/dl	12.0 - 15.0	
HEMATOCRIT (PCV)	37.5	%	36 - 46	
RBC COUNT	4.32	x10^6/uL	4.5 - 5.5	
MCV	87	fl	80 - 96	
МСН	28.9	pg	27 - 33	
МСНС	33	g/dl	33 - 36	
RDW-CV	13.8	%	11.5 - 14.5	
TOTAL LEUCOCYTE COUNT	7250	/cumm	4000 - 11000	
DIFFERENTIAL COUNT				
NEUTROPHILS	56	%	40 - 80	
LYMPHOCYTES	32	%	20 - 40	
EOSINOPHILS	06	%	0 - 6	
MONOCYTES	06	%	2 - 10	
BASOPHILS	00	%	0 - 1	
PLATELET COUNT	251000	/ cumm	150000 - 450000	
MPV	13.5	fl	6.5 - 11.5	
PDW	16.4	%	9.0 - 17.0	
РСТ	0.340	%	0.200 - 0.500	
RBC MORPHOLOGY	Normocytic Normo	chromic		
WBC MORPHOLOGY	Normal			
PLATELETS ON SMEAR	Adequate			

Method : EDTA Whole Blood- Tests done on Automated Six Part Cell Counter.RBC and Platelet count by Electric Impedance ,WBC by SF Cube method and Differential by flow cytometry . Hemoglobin by Cyanide free reagent for hemoglobin test (Colorimetric Method).Rest are calculated parameters.

Result relates to sample tested, Kindly correlate with clinical findings.

----- END OF REPORT ------

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Svam.

168434*

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HEMATOLOGY				
TEST NAME	RESULTS	UNIT	REFERENCE RANGE	
<u>ESR</u> ESR				
ESR	40	mm/1hr.	0 - 20	

METHOD - WESTERGREN

Result relates to sample tested, Kindly correlate with clinical findings.

----- END OF REPORT -----

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URINE ROUTINE EXAMINATION				
TEST NAME	RESULTS	UNIT	REFERENCE RANGE	
URINE ROUTINE EXAMINATION				
PHYSICAL EXAMINATION				
VOLUME	30 ml			
COLOUR	Pale yellow	Text	Pale Yellow	
APPEARANCE	Clear		Clear	
CHEMICAL EXAMINATION				
REACTION	Acidic		Acidic	
(methyl red and Bromothymol blue ind	dicator)			
SP. GRAVITY	1.010		1.005 - 1.022	
(Bromothymol blue indicator)				
PROTEIN	Absent		Absent	
(Protein error of PH indicator)				
BLOOD	Absent		Absent	
(Peroxidase Method)				
SUGAR	Absent		Absent	
(GOD/POD)				
KETONES	Absent		Absent	
(Acetoacetic acid)				
BILE SALT & PIGMENT	Absent		Absent	
(Diazonium Salt)				
UROBILINOGEN	Absent		Normal	
(Red azodye)				
LEUKOCYTES	Absent	Text	Absent	
(pyrrole amino acid ester diazonium s	alt)			
NITRITE	Absent		Negative	
(Diazonium compound With tetrahydrobenzo quinolin 3-phenol)				
MICROSCOPIC EXAMINATION				
RED BLOOD CELLS	Absent			
PUS CELLS	1-2	/ HPF	0 - 5	
EPITHELIAL	1-3	/ HPF	0 - 5	
CASTS	Absent			

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TEST NAME	RESULTS	UNIT	REFERENCE RANGE
CRYSTALS	Absent		
BACTERIA	Absent		Absent
YEAST CELLS	Absent		Absent
ANY OTHER FINDINGS	Absent		Absent
REMARK	Result relates to sample	tested. Kindly cor	relate with clinical findings.
Result relates to sample tested, Kindly correlate with clinical findings.			

----- END OF REPORT ------

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IMMUNO ASSAY					
TEST NAME		RESULTS		UNIT	REFERENCE RANGE
TFT (THYROII	D FUNCTION T	<u>EST)</u>			
SPACE				Space	-
SPECIMEN		Serum			
Т3		105.7		ng/dl	84.63 - 201.8
T4		12.24		µg/dl	5.13 - 14.06
TSH		1.46		µIU/ml	0.270 - 4.20
T3 (Triido Thyr hormone)	onine)	T4 (Thyroxine	e)	TSH(Th	roid stimulating
AGE	RANGE	AGE	RANGES	AGE	RANGES
1-30 days	100-740	1-14 Days	11.8-22.6	0-14 Da	lys 1.0-39
1-11 months	105-245	1-2 weeks	9.9-16.6	2 wks -5	months 1.7-9.1
1-5 yrs	105-269	1-4 months	7.2-14.4	6 montl	ns-20 yrs 0.7-6.4
6-10 yrs	94-241	4 -12 months	7.8-16.5	Pregna	ncy
11-15 yrs	82-213	1-5 yrs	7.3-15.0	1st Trii	nester
0.1-2.5					
15-20 yrs	80-210	5-10 yrs	6.4-13.3	2nd Tri	mester
0.20-3.0					
		11-15 yrs	5.6-11.7	3rd Tr	imester

0.30-3.0

INTERPRETATION :

TSH stimulates the production and secretion of the metabolically active thyroid hormones, thyroxine (T4) and triiodothyronine (T3), by interacting with a specific receptor on the thyroid cell surface. The synthesis and secretion of TSH is stimulated by Thyrotropin releasing hormone (TRH), in response to low levels of circulating thyroid hormones. Elevated levels of T3 and T4 suppress the production of TSH via a classic negative feedback mechanism. Failure at any level of regulation of the hypothalamic-pituitary-thyroid axis will result in either underproduction (hypothyroidism) or overproduction (hyperthyroidism) of T4 and/or T3.

Result relates to sample tested, Kindly correlate with clinical findings.

----- END OF REPORT ------

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CLINICAL	DIAGNOSTIC	CENTRE
COMPLETE	PATHOLOGICAL	SOLUTION

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HAEMATOLOGY				
TEST NAME	RESULTS	UNIT	REFERENCE RANGE	
BLOOD GROUP				
SPECIMEN	WHOLE BLOOD E	DTA & SERUM		
* ABO GROUP	'A'			
RH FACTOR POSITIVE				
Method: Slide Agglutination and Tube Method (Forward grouping & Reverse grouping) Result relates to sample tested, Kindly correlate with clinical findings.				

----- END OF REPORT ------

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*BIOCHEMISTRY				
TEST NAME	RESULTS	UNIT	REFERENCE RANGE	
BLOOD UREA	22.6	mg/dL	13 - 40	
(Urease UV GLDH Kinetic)				
BLOOD UREA NITROGEN	10.56	mg/dL	5 - 20	
(Calculated)				
S. CREATININE	0.62	mg/dL	0.6 - 1.4	
(Enzymatic)				
S. URIC ACID	6.6	mg/dL	2.6 - 6.0	
(Uricase)				
S. SODIUM	140.7	mEq/L	137 - 145	
(ISE Direct Method)				
S. POTASSIUM	4.82	mEq/L	3.5 - 5.1	
(ISE Direct Method)				
S. CHLORIDE	103.2	mEq/L	98 - 110	
(ISE Direct Method)				
S. PHOSPHORUS	4.16	mg/dL	2.5 - 4.5	
(Ammonium Molybdate)				
S. CALCIUM	10.1	mg/dL	8.6 - 10.2	
(Arsenazo III)				
PROTEIN	6.91	g/dl	6.4 - 8.3	
(Biuret)				
S. ALBUMIN	4.32	g/dl	3.2 - 4.6	
(BGC)				
S.GLOBULIN	2.59	g/dl	1.9 - 3.5	
(Calculated)				
A/G RATIO	1.67		0 - 2	
calculated				
NOTE	BIOCHEMISTRY T ANALYZER.	EST DONE ON FULLY A	UTOMATED (EM 200)	

Result relates to sample tested, Kindly correlate with clinical findings.

----- END OF REPORT -----

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	[:] 168434 : 34 Years /Female	¹ 168434 Received On 2 34 Years /Female Reported On Report Status

Peripheral smear examination

TEST NAME	RESULTS
SPECIMEN RECEIVED	Whole Blood EDTA
RBC	Normocytic Normochromic
WBC	Total leucocyte count is normal on smear.
	Neutrophils:58 %
	Lymphocytes:30 %
	Monocytes:07 %
	Eosinophils:05 %
	Basophils:00 %
PLATELET	Adequate on smear.
HEMOPARASITE	No parasite seen.
Result relates to sample tested,	Kindly correlate with clinical findings.
	END OF REPORT

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LIVER FUNCTION TEST				
TEST NAME	RESULTS	UNIT	REFERENCE RANGE	
TOTAL BILLIRUBIN	0.85	mg/dL	0.0 - 2.0	
(Method-Diazo)				
DIRECT BILLIRUBIN	0.31	mg/dL	0.0 - 0.4	
(Method-Diazo)				
INDIRECT BILLIRUBIN	0.54	mg/dL	0 - 0.8	
Calculated				
SGOT(AST)	21.4	U/L	0 - 37	
(UV without PSP)				
SGPT(ALT)	22.7	U/L	UP to 40	
UV Kinetic Without PLP (P-L-P)				
ALKALINE PHOSPHATASE	54.0	U/L	42 - 98	
(Method-ALP-AMP)				
S. PROTIEN	6.91	g/dl	6.4 - 8.3	
(Method-Biuret)				
S. ALBUMIN	4.32	g/dl	3.5 - 5.2	
(Method-BCG)				
S. GLOBULIN	2.59	g/dl	1.90 - 3.50	
Calculated				
A/G RATIO	1.67		0 - 2	
Calculated				

Result relates to sample tested, Kindly correlate with clinical findings.

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Sum

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BIOCHEMISTRY				
TEST NAME	RESULTS	UNIT	REFERENCE RANGE	
GLYCOCELATED HEMOGLOBIN (HBA1C)				
HBA1C (GLYCOSALATED HAEMOGLOBIN)	7.3	%	Hb A1c > 8 Action suggested < 7 Goal < 6 Non - diabetic level	
AVERAGE BLOOD GLUCOSE (A. B.	162.8	mg/dL	65.1 - 136.3	

G.) METHOD

Particle Enhanced Immunoturbidimetry

HbA1c : Glycosylated hemoglobin concentration is dependent on the average blood glucose concentration which is formed progressively and irreversibly over a period of time and is stable till the life of the RBC/erythrocytes. Average Blood Glucose (A.B.G) is calculated value from HbA1c : Glycosylated hemoglobin concentration in whole Blood. It indicates average blood sugar level over past three months.

BLOOD GLUCOSE FASTING & PP

BLOOD GLUCOSE FASTING	127.5	mg/dL	70 - 110
BLOOD GLUCOSE PP	180.6	mg/dL	70 - 140

Method (GOD-POD). DONE ON FULLY AUTOMATED ANALYSER (EM200).

1. Fasting is required (Except for water) for 8-10 hours before collection for fasting speciman. Last dinner should consist of bland diet.

2. Don't take insulin or oral hypoglycemic agent until after fasting blood sample has been drawn

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Lab ID.	[:] 168434	Received On	_: 23-Sep-2023 12:01 PM
Age/Sex	: 34 Years /Female	Reported On	: 23-Sep-2023 7:58 PM
Ref By	: SIDDHIVINAYAK HOSPITAL CGHS /ESIS	Report Status	: INTERIM

			* 1 0 0 4 5 4 *	
	BIOCHEMI	STRY		
TEST NAME	RESULTS	UNIT	REFERENCE RANGE	
INTERPRETATION				
- Normal glucose tolerance	e : 70-110 mg/dl			
- Impaired Fasting glucose				
- Diabetes mellitus : >=12				
POSTPRANDIAL/POST GLU	COSE (75 grams)			
- Normal glucose tolerance	,			
- Impaired glucose toleran				
- Diabetes mellitus : >=20				
CRITERIA FOR DIAGNOSIS	OF DIABETES MELLITUS			
- Fasting plasma glucose >	=126 mg/dl			
- Classical symptoms +Rar	ndom plasma glucose >=200 mg/dl			
- Plasma glucose >=200 m	ng/dl (2 hrs after 75 grams of glucose)			
- Glycosylated haemoglobi	n > 6.5%			
***Any positive criteria sh	ould be tested on subsequent day with	same or othe	r criteria.	
GAMMA GT	45.0	U/L	5 - 55	
Result relates to same	ble tested, Kindly correlate with clinical	findings.		

----- END OF REPORT ------

Checked By SHAISTA Q



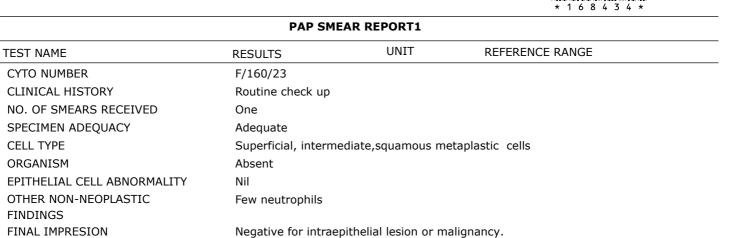
168434*

DR. SMITA RANVEER. M.B.B.S.M.D. Pathology(Mum) **Consultant Histocytopathologist**

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Name	: Mrs. TAMALIKA GHOSH	Collected On	: 23/9/2023 11:51 am
Lab ID.	[:] 168434	Received On	23/9/2023 12:01 pm
Age/Sex	: 34 Years / Female	Reported On	: 24/9/2023 2:13 pm
Ref By	SIDDHIVINAYAK HOSPITAL CGHS /ESIS	Report Status	: FINAL



----- END OF REPORT ------

Checked By Dr_smita.ranveer



DR. SMITA RANVEER. M.B.B.S.M.D. Pathology(Mum) Consultant Histocytopathologist

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