

Medi-Wheel.

R/o → Nagpur.

Dr. Vimmi Goel

Head - Non Invasive Cardiology

Incharge - Preventive Health Care

MBBS, MD (Internal Medicine)

Reg. No: MMC-2014/01/0113

Date: 13/08/22

Name: Mrs Rupali Jamgade

Age: 34 Sex: M/F Weight: 53.9 kg Height: 150 in BMI: 24

BP: 100/60 mmHg Pulse: 76 bpm RBS: _____ mg/dl
SpO2: 100%

LMP: - 10/07/22

34/F

No comorbidities

NO Compl.

NO FH DM

STE

Jup^o

Chc

U

P/A

N.

Adv.

Diet as advised

INW-

Hb- 11.3.

FBS- 111

Dr. VIMMI GOEL

MBBS, MD

Consultant-Non Invasive Cardiology

Reg. No: MMC-2014/01/0113



InBody

Kingsway Hospital

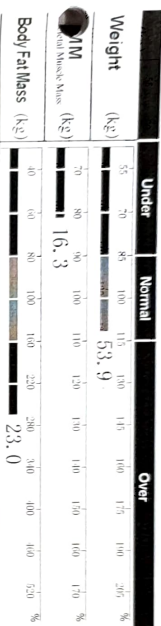
ID 112510 | Height 150cm | Age 34 | Gender Female | Test Date / Time 13.08.2022 09:46

1 | Inbody 270

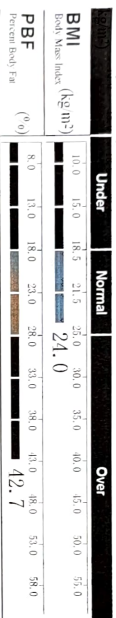
Body Composition Analysis

Total amount of water in my body	Total Body Water (l)	22.6 (21.7 ~ 23.1)
What I need to build muscles	Protein (kg)	6.1 (6.0 ~ 6.0)
What I need for strong bones	Mineral (kg)	2.17 (2.28 ~ 2.78)
Where my excess energy is stored	Body Fat Mass (kg)	23.0 (9.7 ~ 45.5)
Sum of the above	Weight (kg)	53.9 (41.1 ~ 65.7)

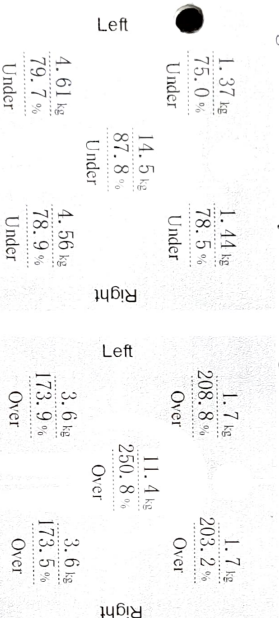
Muscle-Fat Analysis



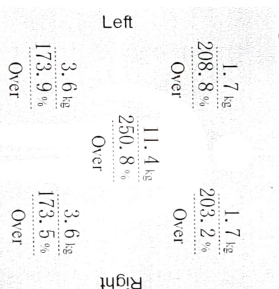
Obesity Analysis



Segmental Lean Analysis



Segmental Fat Analysis



* Segmental fat is estimated

Body Composition History

Weight (kg)	53.9
SMM Skeletal Muscle Mass (kg)	16.3
PBF Percent Body Fat (%)	42.7
Recent Total	13.08.22 09:46

InBody Score

62 / 100 (Rank)

* Total score that reflects the evaluation of body composition. A numerical person name score over 100 points.

Weight Control

Target Weight	48.4 kg
Weight Control	-5.5 kg
Fat Control	-11.9 kg
Muscle Control	+6.4 kg

Obesity Evaluation

BMI	<input checked="" type="checkbox"/> Normal <input type="checkbox"/> Under <input type="checkbox"/> Slightly Over
PBF	<input type="checkbox"/> Normal <input type="checkbox"/> Slightly Over <input checked="" type="checkbox"/> Over

Waist-Hip Ratio



Visceral Fat Level



Research Parameters

Fat Free Mass	30.9 kg
Basal Metabolic Rate	1037 kcal (1177 ~ 1356)
Obesity Degree	111 % (90 ~ 110)
SMM	5.3 kg/m ²
Recomend/calorie intake	1404 kcal

Calorie Expenditure of Exercise

Golf	95	Gateball	102
Walking	108	Yoga	108
Badminton	122	Table Tennis	122
Tennis	162	Bicycling	162
Boxing	162	Basketball	162
Mountain Climbing	176	Jumping Rope	189
Aerobics	189	Jogging	189
Soccer	189	Swimming	189
Japanese Fencing	270	Racketball	270
Squash	270	Taekwondo	270

* Based on your current weight
* Based on 30 minute duration

Impedance

	RA	LA	TR	RL	LL
Z _{app} 20kHz	151.7	475.1	32.2	536.7	329.9
100kHz	110.0	413.3	28.6	504.9	298.8

Name : Mrs. Rupali Jangade DOB : _____ Date : 13/8/22
Age : 32 Sex : M/F Weight : _____ kg Height : _____ in BMI : _____
BP : _____ mmHg Pulse : _____ bpm

For Health check up

No gynec complaints at present

O/H : Nil, CLS (S)

M/H : LMP = 10/7/22
PAC: 4-5d / 28-30 d / Reg

P/H : Nil

Sx/H : 1 LSCS

M/H : Mother - HTN

USG : ut AFD (N), ET - 7.8mm.
B/C ovaries seen

Adm : PAP smear Test - Not Willing

Breast examination : WNL

P/A : Soft



UHID	KH112540	Order Date & time	13-08-2022
Patient Name	Mrs Rupali Jamgade	Sample Collection Date	13-08-2022 08:54 AM
Age/Gender	34 Y/Female	Acknowledge Date	13-08-2022 09:21 AM
Patient Type	OP	Visit No	OP-74152
Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-156774	Accession Number	0126802

Haematology

Service Name	Result	Unit	Reference Range	Method
Haemogram (CBC with ESR), Whole Blood				
Erythrocytes				
* Haemoglobin	11.3 L	gm/dl	12-15	Photometric Measurement
* RBC count	4.60	millions/cumm	3.8-4.8	Photometric Measurement
* Packed Cell Volume (PCV/HCT)	35.4 L	%	36-46	Calculated
* MCV	77 L	fl	83-101	Calculated
* MCH	24.5 L	pg	27-32	Calculated
* MCHC	31.8	gm/dl	31.5-34.5	Calculated
* RDW	15.9 H	%	11.5-14.0	Calculated
Leucocytes				
* TLC (Total Leukocyte Count)	7900	/cumm	4000-10000	Flow cytometry
* Neutrophils	58.5	%	50-70	
* Lymphocytes	35.1 H	%	25-30	
* Eosinophils	2.6	%	1-5	
* Monocytes	3.8 L	%	5-10	
* Basophils	0.0 L	%	1-2	
* Large Immature Cells	0.0	%		
* Absolute Neutrophil Count	4621.50	/cumm	2000-7000	Calculated
* Absolute Lymphocyte Count	2772.90	/cumm	1000-4800	Calculated
* Absolute Eosinophil Count	205.40	/Cumm	20-500	Calculated
* Absolute Monocyte Count	300.20	/cumm	200-1000	Calculated
* Absolute Basophil Count	0.00 L	/cumm	20-100	Calculated
Platelets				
* Platelet Count	318	10 ³ /cumm	150-450	Impedance
* MPV	9.0	fl	6.0-9.5	Calculated
* PCT (Platelet Hematocrit)	0.29	%	0.2-0.5	
* PDW (Platelet Distribution Width)	15.80	%	9-17	
Peripheral Smear Examination				
RBC Morphology				
* Hypochromia	++ (11%-20%)			
* Microcytosis	++ (11%-20%)			
* Anisocytosis	++ (11%-20%)			
* WBCs	As Above			
* Platelets	Adequate			
* ESR (Westergren)	22 H	mm/hr	<20	Westergren
* Blood Grouping & RH Factor, Whole Blood & Serum	"A" Rh POSITIVE			Column agglutination test

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Ordering Doctor		Refer By	Dr Vimmi Goel
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Service Name	Result	Unit	Reference Range	Method
* HbA1c (Glycosylated Haemoglobin), Blood	5.7 H	%	Non-Diabetic: <=5.6 % Pre-Diabetic: 5.7-6.4 % Diabetic >=6.5 %	HPLC

Clinical Biochemistry

Service Name	Result	Unit	Reference Range	Method
Fasting Blood Sugar	111.0 H	mg/dL	<100	GOD/POD, Colorimetric
* Post Prandial Blood Sugar, Plasma	110.0	mg%	<140	GOD/POD, Colorimetric
Lipid Profile, Serum				
Cholesterol	137.00	mg/dL	<200	Enzymatic Method
Triglyceride	66.0	mg/dL	Normal Less than 150 mg/dl Borderline High 150 - 199 mg/dl High 200 - 499 mg/dl Very High More than 499 mg/dl	Enzymatic(Lipase/GK/GPO/POD)
HDL Cholesterol Direct	39.0 L	mg/dL	Major risk factor for Heart disease <40 mg/dl (Males) Major risk factor for Heart disease <50 mg/dl (Female) Negative risk factor for Heart disease >60 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol (Calculated)	86.5	mg/dL	Optimal <100 mg/dl Near optimal 100 - 129 mg/dl Borderline high 130 - 159 mg/dl High 60 - 189 mg/dl Very High >190 mg/dl	Enzymatic
VLDL	13.00	mg/dL	<30	Calculated
Cholesterol/HDL Ratio	4.00		3-5	Calculated
Non HDL	98.00	mg/dL		Calculated
Kidney Function Test (KFT), Serum				
Blood Urea	11.00 L	mg/dL	15-36	Urease with indicator dye
Creatinine	0.54	mg/dL	0.52-1.04	Enzymatic (creatinine amidohydrolase)
eGFR	123.12	mL/min/1.73m ²		Calculated
Sodium	140	mmol/L	136-145	Direct ion selective electrode
Potassium	3.74	mmol/L	3.5-5.1	Direct ion selective electrode
BUN (Blood Urea Nitrogen), Serum	7.0	mg/dL	7-17	Urease with indicator dye
Liver Function test, Serum				
Total Bilirubin	0.47	mg/dL	0.2-1.3	Azobilirubin/Dyphylline
Bilirubin Direct	0.18	mg/dL	0.1-0.3	Calculated
Bilirubin Indirect	0.29	mg/dL	0.1-1.1	Dual wavelength Spectrophotometric
SGOT (AST)	16	U/L	13-35	Kinetic with pyridoxal 5 phosphate
SGPT (ALT)	14	U/L	13-45	Kinetic with pyridoxal 5 phosphate
Alkaline Phosphatase	76.00	U/L	38-126	Pnpp/AMP buffer
Total Protein	7.38	gm/dl	6.3-8.2	Biuret(Alkaline cupric Sulfate)

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Patient Type	OP	Visit No	OP-74152
Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-156774	Accession Number	0126802

Service Name	Result	Unit	Reference Range	Method
Albumin	3.80	gm/dl	3.5-5.0	Bromocresol green dye binding
Globulin	3.58	gm/dl	2-4	Calculated
Albumin/Globulin Ratio	1.06			Calculated
Gamma GT (GGT), Serum	19.0	U/L	12-43	Kinetic Method

Interpretation:

:A high fat meal may cause decreased bilirubin levels by interfering with the clinical reactions. GT activity is elevated in all forms of liver disease. This test is much more sensitive than either the alkaline phosphatase test or the transaminase test (i.e., SGOT, SGPT) in detecting obstructive jaundice, cholangitis, and cholecystitis. It is also indicated in the differential diagnosis of liver disease in children and pregnant women who have elevated levels of LDH and alkaline phosphatase.

* Uric Acid, Serum	4.29	mg/dL	2.6-6.0	Uricase/Peroxidase (Colorimetric)
Thyroid Function Test (T3,FT4,TSH), Serum				
* T3	1.38	ng/mL	0.55-1.7	Enhanced chemiluminescence
* Free T4	1.28	ng/dL	0.8-1.7	Enhanced chemiluminescence
* Thyroid Stimulating Hormone (TSH)	3.29	uIU/mL	0.5-4.8	Enhanced chemiluminescence

Clinical Pathology

Service Name	Result	Unit	Reference Range	Method
Urine Routine and Microscopy, Urine				
Physical Examination				
Volume	20 ml			
Appearance	Clear			
Colour	Pale Yellow			
PH	6.0	NA	4.6-8.0	
Specific Gravity	1.010 L	NA	1.016-1.022	Iodometric method
Chemical Examination				
Protein	Negative	mg/dL		
Glucose	Negative			
Ketone	Negative			
Bilirubin	Negative			
Urobilinogen	Normal			
Nitrate	Negative			
Microscopic Examination				
Pus Cells	0-1	/ hpf		
Epithelial Cells	0-1	/ hpf		
Red Blood Cells	Absent	/ hpf		
Crystal	Absent			
Cast	Absent	/hpf		
Bacteria	Absent			
Other	-			
Urine Sugar Fasting, Urine	Absent			GOD/POD
Urine Post Prandial Sugar, Urine	Absent			GOD/POD

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Dr Purva Jaiswal
Consultant Pathologist
2018/10/5141



Dr Anuradha Deshmukh
Senior Consultant Microbiologist
2003/07/2620



UHID	KH112540	Patient Name	Mrs Rupali Jamgade
Age	34 Y	Gender	Female
Payer Name	Self	Payer Type	cash
Order Date & time	13-08-2022 12:00 AM	Acknowledge Date	13-08-2022 12:02 PM
Refer By	Dr Vimmi Goel	Accession Number	OPRDAC-12959
DOB		Patient Type	OP
Order Id	ODRID-156774		

X-Ray Chest AP

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

No pleuro-parenchymal abnormality seen.



Dr Naveen Pugalía
Consultant Radiologist
MBBS,MD
76125

UHID	KH112540	Patient Name	Mrs Rupali Jamgade
Age	34 Y	Gender	Female
Payer Name	Self	Payer Type	cash
Order Date & time	13-08-2022 12:00 AM	Acknowledge Date	13-08-2022 11:18 AM
Refer By	Dr Vimmi Goel	Accession Number	OPRDAC-12951
DOB		Patient Type	OP
Order Id	ODRID-156774		

USG Whole Abdomen

LIVER (11.1 cm) is normal in size, shape and echotexture. No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated. PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is well distended. No stones or sludge seen within it. Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size shape and echotexture. No focal lesion seen.

Right kidney measures - 10.3 x 4.0 cm. Left kidney measures - 10.3 x 4.3 cm

Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

URINARY BLADDER is well distended. No calculus or mass lesion seen.

Uterus is anteverted and normal.
No focal myometrial lesion seen.
Endometrial echo-complex appears normal. ET - 7.8 mm.

Both ovaries are seen. No adnexal mass lesion seen.

There is no free fluid seen.

IMPRESSION:

No significant visceral abnormality seen.



Dr Asawari S Lautre
Consultant Radiologist
MBBS,MD (Radio-Diag)

2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name : Mrs. Rupali Jamgade
Age : 34 years / Female
UHID : KH112540
Date : 13/08/2022
Done by : Dr. Vimmi Goel
ECG : NSR, Minor ST-T changes

Impression:

Normal 2D Echocardiography Study

Normal chambers dimensions
No RWMA of LV at rest
Good LV systolic function, LVEF 58%
Normal LV diastolic function
E/A is 1.8
E/E' is 6.8 (Normal filling pressure)
Valves are normal
No pulmonary hypertension
IVC is normal in size and collapsing well with respiration
No clots or pericardial effusion

Comments:

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 58%. Normal LV diastolic function. E Velocity is 89 cm/s, A Velocity is 51 cm/s. E/A is 1.8. Valves are normal. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen. E' at medial mitral annulus is 11.6 cm/sec & at lateral mitral annulus is 15 cm/sec. E/E' is 6.8 (Average).

M Mode echocardiography and dimension:

	Normal range (mm)		Observed (mm)
	(adults)	(children)	
Left atrium	19-40	7-37	28
Aortic root	20-37	7-28	18
LVIDd	35-55	8-47	37
LVIDs	23-39	6-28	26
IVS (d)	6-11	4-8	07
LVPW (d)	6-11	4-8	09
LVEF %	~ 60%	~60%	58%
Fractional Shortening			29%

Dr. Vimmi Goel
MD, Sr. Consultant
Non-invasive Cardiology

P.T.O



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CIN U74999MH2018PTC303510

13-Aug-22 9:39:04 AM

Kingsway Hospital (Cardiology)

MRS. RUPALI JAMGADE

Female

KH112540
34 Years

Rate 74 . Sinus rhythm.....Normal P axis, V-rate 50- 99
 PR 122 . Left axis deviation.....QRS axis (-30,-90)
 QRS 87 . Low voltage, extremity leads.....all extremity leads <0.5mV
 QT 356
 QTc 395

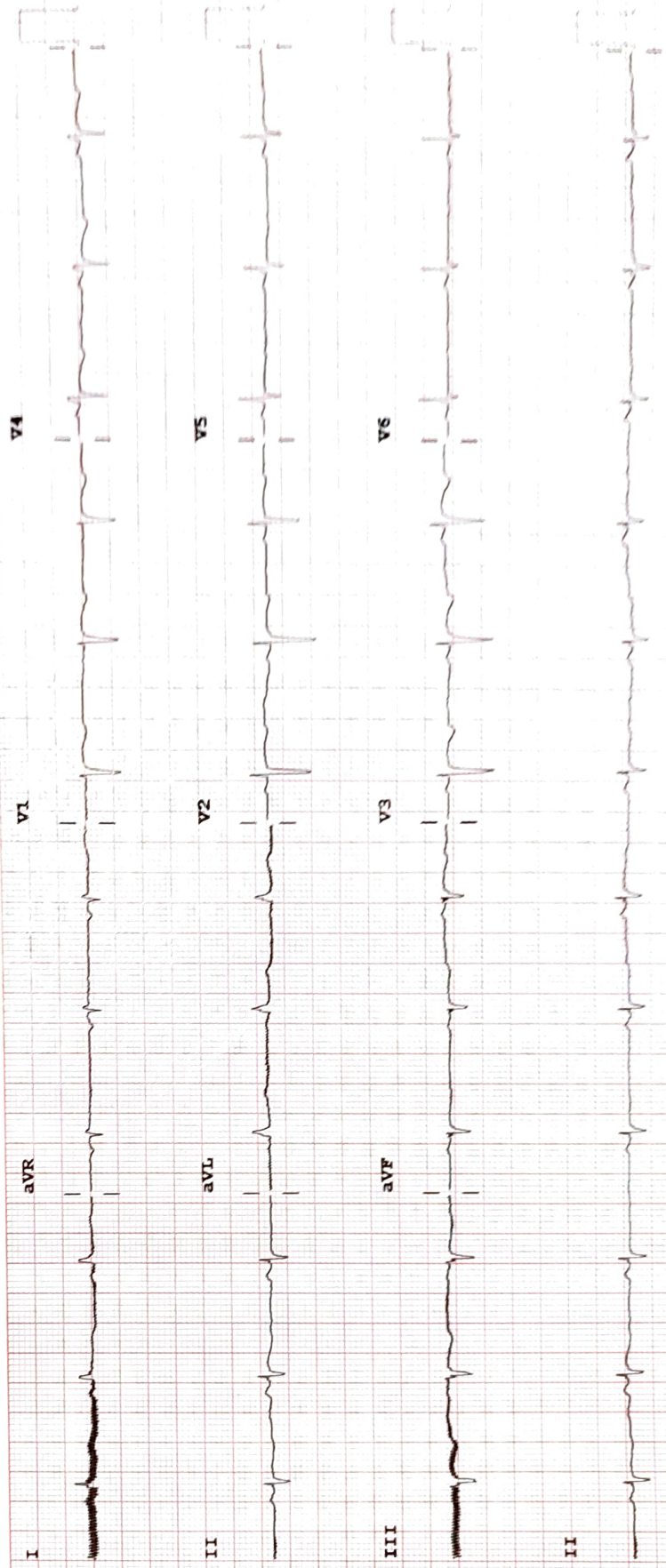
--AXIS--

P 45
 QRS -42
 T -31

12 Lead; Standard Placement

- OTHERWISE NORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50- 0.50-150 Hz

100S

P2