

Name : Mr. DEBASISH ROY (59 /M)

Date : 13/01/2024

Address :

Examined by:

UHID : AMHL.0002279798

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS WITH TMT MALE HCK

AHC No : AMHLAH191820



CHIEF COMPLAINTS

For corporate health checkup

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Thyroid
disorder, Heart disease,
Asthma



DRUG ALLERGY

NO KNOWN ALLERGY

:13/01/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Central nervous system

- Nil Significant

Eyes

Vision - normal

ENT

- Nil Significant

Musculoskeletal system

Spine and joints

- Nil Significant

Skin

- Nil Significant



Past medical history

Past medical history - nil significant



Personal history

Marital status - Married

No. of children - 1

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild

- yoga



Family history

Father - has expired

Mother - has expired

Coronary artery
disease - none

Cancer - None

PHYSICAL EXAMINATION



General

Build - over weight

Height - 169

Weight - 73

BMI - 25.56

Pallor - No

Oedema - no



Cardiovascular system

Heart rate (Per minute) - 72

Rhythm - Regular

- B.P. Sitting

Systolic(mm of Hg) - 160

Diastolic(mm of Hg) - 100

Heart sounds - S1S2+

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Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No

Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/18 LE:6/9p
NVA:RE:N8P LE:N8P
OCULAR MOVEMENT:WNL
ANT.SEG:BE EARLY
CHANGES
ACCPT: SPECTACLE PWR
RE:-1.25X80*(6/18)
LE:-1.00X85*(6/9)
ADD(BE):+2.75DSPH(N6)
ADVICE:*Glass Rx.*Review
after 1yr/SOS

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	15.3	g/dl	●	13.0-17.0
RBC COUNT	5.02	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	43.7	%	●	41-53
MCV	87.0	fl	●	83-101
MCH	30.4	pg	●	27-32
MCHC	35.0 *	%	●	31.5-34.5
RDW	14.4 *	%	●	11.8-14.0
WBC Count	8100	/cu mm	●	4000-10000
Platelet Count	1.56	lacs/cu mm	●	1.5-4.0
Neutrophils	82 *	%	●	40-80
Lymphocytes	12 *	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	00	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	4	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.005			
pH:	5.5			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			
Epithelial Cells	Occasional/hpf			

Casts: Not Found
Crystals: Not Found

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	AB			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	31	U/L	●	0-50
ALBUMIN - SERUM	4.6	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	114	U/L	●	43-115

AST (SGOT) - SERUM	24	U/L	●	0-50
BILIRUBIN TOTAL - SERUM	1.2	mg/dL	●	0.3-1.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	147	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8 *	mg/dL	●	0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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GGTP: GAMMA
GLUTAMYL
TRANSPEPTIDASE -
SERUM

25 U/L ● 0-55

TOTAL T4:
THYROXINE - SERUM

7.48 µg/dL ● 5.48-14.28

GLUCOSE - PLASMA (FASTING)

Test Name **Result** **Unit** **Level** **Range**
GLUCOSE - PLASMA
(FASTING)

92 mg/dL ● 70-99

**HBA1C (GLYCOSYLATED
HAEMOGLOBIN)-WHOLE BLOOD**

Test Name **Result** **Unit** **Level** **Range**
HBA1C
(GLYCOSYLATED
HAEMOGLOBIN)-WHO
LE BLOOD

5.4 % ● Nondiabetic : 4
- 5.6 %
Prediabetics :
5.7 - 6.4%
Diabetes :
>= 6.5%
ADA
Therapeutic goal
: <7%

LIPID PROFILE TEST (PACKAGE)

Test Name **Result** **Unit** **Level** **Range**
HDL CHOLESTEROL -
SERUM

39 mg/dL ● 30-70

LDL CHOLESTEROL
-SERUM

100 mg/dL ● Optimal: <100

VLDL CHOLESTEROL -
SERUM (Calculated)

8 mg/dL ● 0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name **Result** **Unit** **Level** **Range**
PROTEIN TOTAL -
SERUM

7.1 g/dL ● 6.4-8.3

GLOBULIN:
(CALCULATED) -
SERUM

2.5 g/dL ● 1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name **Result** **Unit** **Level** **Range**
TOTAL T3: TRI
IODOTHYRONINE -
SERUM

1.15 ng/ml ● 0.87-1.78

LIPID PROFILE TEST (PACKAGE)

Test Name **Result** **Unit** **Level** **Range**
TRIGLYCERIDES -
SERUM

177 * mg/dL ● 0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name **Result** **Unit** **Level** **Range**
TSH: THYROID
STIMULATING
HORMONE - SERUM

2.64 µIU/mL ● 0.38-5.33

URIC ACID - SERUM

Test Name **Result** **Unit** **Level** **Range**
URIC ACID - SERUM

6.5 mg/dL ● 2.6-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name **Result** **Unit** **Level** **Range**
BILIRUBIN
CONJUGATED
(DIRECT) - SERUM

0.2 mg/dL ● 0.0-0.2

**PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) -
SERUM**

Test Name **Result** **Unit** **Level** **Range**
PROSTATIC SPECIFIC
ANTIGEN (PSA TOTAL)
- SERUM

10.77 * ng/mL ● 0.00-6.50

BUN (BLOOD UREA NITROGEN)

Test Name **Result** **Unit** **Level** **Range**
BUN (BLOOD UREA
NITROGEN)

9.4 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name **Result** **Unit** **Level** **Range**
A/G - RATIO

1.8 ● 1.0-2.0

BUN/CREATININE RATIO

Test Name **Result** **Unit** **Level** **Range**
BUN/CREATININE
RATIO

11.1

ECG

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NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade I fatty liver.

* Prostatomegaly with significant post void residual urine volume.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.

Dr. ARKADEEP DEY

DNB RESIDENT

In consultation with

X-RAY CHEST PA

*Chest skiagram does not reveal any significant abnormality.

DR. ARKADEEP DEY

DNB RESIDENT

In consultation with



Within Normal Range



Borderline High/Low



Out of Range

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

8

ACCEPTABLE SCORE

9

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515